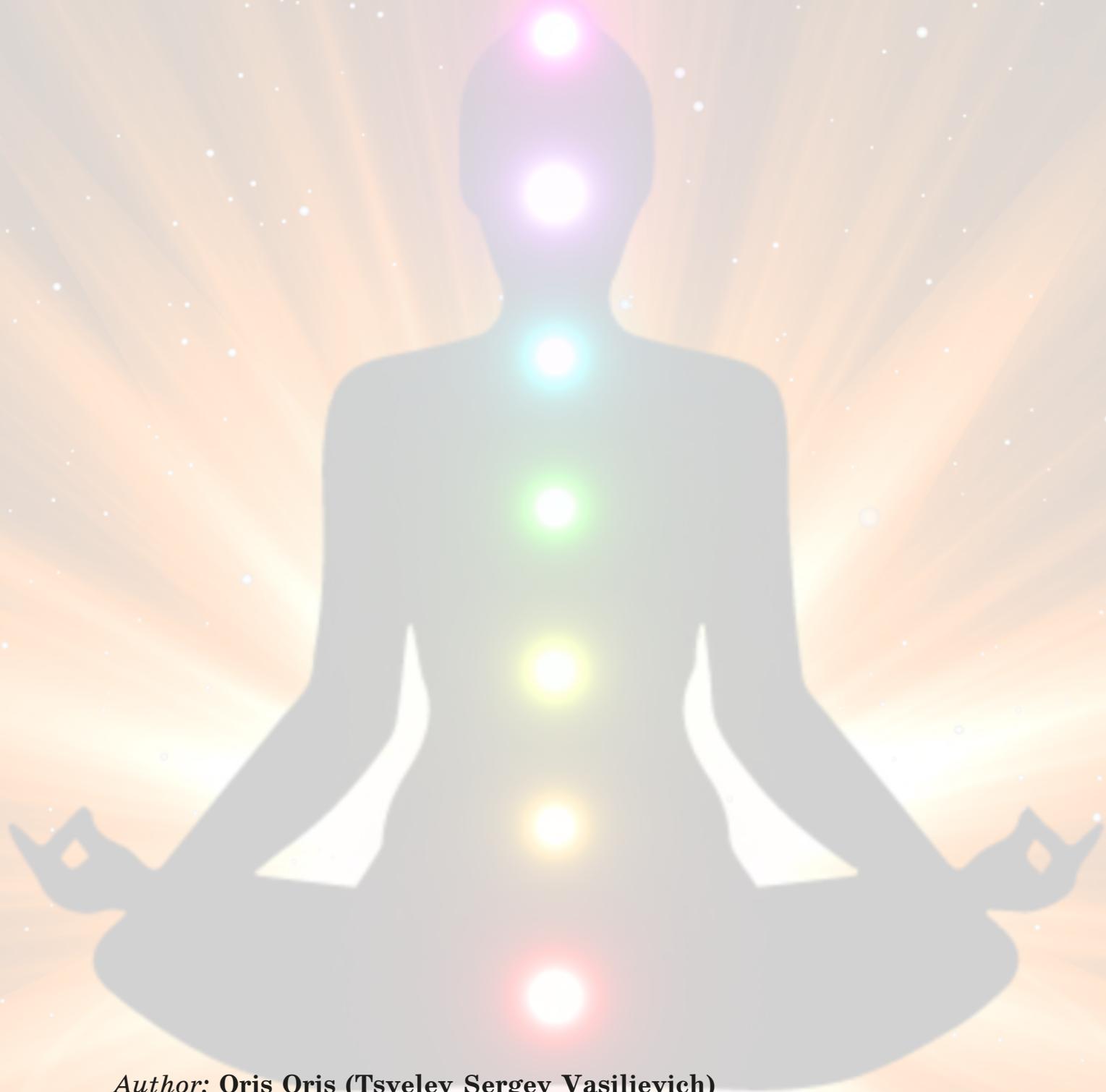


Working notes

ORIS ORIS



Svadhishthana chakra



Author: Oris Oris (Tsvelev Sergey Vasilievich)

Translation sponsored by: Astiyraalls

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SVADHISTHANA-CHAKRA (INGLIMILISSA-ISSIIDI)

Before we begin our detailed talk about the principles of energy arrangement and creative action of **THIS** chakram centre, let us remind you that practically all world religions (with the exception of Tantrism and Taoism) as well as the already published Epistles of the so-called “Ascended Masters” clearly state that sex is a sin and that is the only reason why any manifestations of sexuality in the human psyche are unconditionally considered by public morality. “Therefore, any manifestations of sexuality in the human psyche are unreservedly referred by public morality and morality to something dirty, coarse, disgusting and definitely leading to evil, to “devilish temptations”, “satanic orgies”, “witches’ Sabbaths”, etc.

Since we all create our astral and physical reality through the forceful and deliberate limitation of all our thoughts and feelings, by giving sex the most unworthy place, people have reduced this matter, highly spiritual in its energy-informational essence, to filthy animal debauchery, associating it only with all kinds of pathological perversions and mental egoism, which put man on the same level as animals.

Of course, this kind of primitive-pathological “sex” is categorically rejected not only by all spiritual Teachers, but also by any sane person. But in the world’s religions the sinfulness of sexual relations between a man and a woman is most often motivated by the fact that they led the so-called “first people of the earth” to the so-called “fall into sin”, which led to the unfortunate “expulsion from paradise”.

But in their violent and crushing attacks the ardent champions of public morals always deliberately omit the fact that the real cause of all sexual offences lies not in sex itself, but in the fact that people (including the zealous “guardians of purity of morals” themselves! Rarely do they actively activate their higher, spiritual self during sexual intimacy, and generally they content themselves with vulgar and crudely egoistic forms of sexual gratification.

The costs of our sex education have led to the fact that most people, even if they experience deep sensual attraction, instead of beginning a heartfelt spiritual exploration of each other in the process of becoming intimate and gaining sexual energy, instead close their heart centres and turn the unique opportunity for highly sensual admiration into a trivial sexual act.

They should, at such moments of intimacy, fully reveal all their inner riches, manifesting themselves in all their sensual Beauty. The main purpose of this article is to express the love of God, the love of God, the love of life, the love of the human person as a whole, the love of God for all human beings, the love of God for all people in this world.

Until recently I myself was deeply convinced of the spiritual legitimacy of unshakable religious dogmas that for thousands of years have been menacingly guarding public morality and morality and fiercely branding **ALL** forms of sex as “devilishness” and “Satanism”. However after the spiritual Teachers of Humanity, through the Buddhist levels of my Consciousness, began transmitting the basics of the “Teaching about Chakram Personalities” in the year 2000, many frames of reference of my own world-view have greatly expanded and much of what previously seemed so convincing and natural has shed the mask of its false authority and turned into something like a naive childish fairy tale about a “white bull”.

On the eve of the greatest for the whole cosmic Universe spiritual achievements, our Teachers want to teach us to look at each of the manifestations of the world around us on a much larger scale, much broader and less complex, trying to see behind each obvious manifestation **WHAT IS HIDEBY** hidden behind each of these “habitual” vibrations. Only thus, and in no other way! – Only thus will we be able to learn to integrate each of these separate frequencies in Space and Time into the whole which is the Higher Spiritual “I” of each of us.

And on the contrary: behind every outward generalisation one should try if not to see then at least to guess the multifarious creative activity of the infinite multitude of spiritual beings, who each in their own way realize through our collective Consciousnesses the Will of the Creator and implement on their own levels of the United Reality the common Plan of Evolution.

Since this section will deal with very specific (in their influence on the collective consciousness) energies, we (the collective consciousness representing the totality of the Anahat-Buddhich chakram personalities of Oris) right away want to emphasize **OUR CONVINCED** position on this subject: Sexual energies are the most important informational link for any embodied personality, orienting and projecting fragmented Consciousnesses from the more material levels of Reality to its more spiritual Planes. These energies are directly related to the possibility of cosmic identification of every incarnate Person with his or her so called ‘Higher I’ and ‘Universal I’”.

Unfortunately it is very much to the advantage of the creators of the gross-as-tral and dense-material types of Reality that the prevailing majority of people totally misunderstand and pervert the very essence of **SEXUAL INTERACTION**, as a spiritual intimate process which, if properly understood, will bring a person-

ality more deeply into contact with his inner Being, more deeply and soulfully expressing him among people on earth. This selfish interest of imperfect cosmic creators is the main reason why the collective Consciousness of the humanity incarnated in this type of the Earth's Reality is too "crowded" and limited by various false interpretations of this powerful and perspective spiritual process, whose true evolutionary role is revealed nowadays to the part of the humanity, that is **EVOLUTIONALLY READY FOR SPIRITUAL TRANSFORMATION**, being intensively renewed by the currents of Divine Love.

Love is the real Symbol of the coming Age of Transformation on Earth! And the mysterious "sacred key" to the Gate of Spiritual Transformation is not somewhere in the cosmic infinity and unfathomable unknown, beyond our psychic capabilities, but quite "nearby", or rather, in our own heart centre **AIGL-LILLIAA**, filled with the highest vibrations of Love literally to every manifest aspect of Life around us, including the most powerful of all – the sexual.

Only through Love, this inexhaustible reservoir of highly spiritual feelings, one may open up to new vibrational levels of one's own consciousness and to comprehend the highest, spiritual qualities of sexual energies.

This means that with the help of intensive **OBJECTIVE** realization of the energy which people are used to classifying as "sexual", one can make a quick transition of the Co-cognition to existence on higher vibration levels. After all, directly through the organs of feeling of the physical body a man cannot "see with his eyes" comprehend the reality of the spiritual worlds, and only through intimate intimacy, through high sexuality, increase of the levels of sensitivity of the astrosome, and total cordial openness at the moment of orgasm it is possible to quickly and easily reconnect with his spiritual beginning.

Based on my own experience as an astrologer, I can also say that by specifically trans-forming the concentrated flow of this energy (orgasm) through the psychic channels of the nervous system, one can quite easily learn to actually go beyond the physical body or to connect informatively with higher levels of their chakram personalities with the most active part of their aggregate Consciousness (in the etheric shell).

You are reminded that **TRUE** sexuality is practically the only vibration frequency of all transmuted alleles of human **DNA** which during the last 300000 years of human Evolution has not been subjected to artificial genetic alterations and cosmic mutations by the Creator-Creators of all types of astral-physical realities on Earth!

The roots of the common condemnation of sexual desires and the widespread

conviction of people that sex is the root cause not only of sin but also of all the ills of mankind, can be traced back to our deep past. In those distant times the activity of the aggregate Consciousness of 99% of people was still on such a primitive level that it did not allow incarnating Souls to apply the excess potential of the sexual energy for quick spiritual growth with the greatest evolutionary benefit, allowing men and women to experience fully the sweet feeling of Freedom and Joy of total spiritual Oneness.

But this attitude to spiritual interaction of two combined Consciousnesses at a high level of sexual energies has not always existed among earthlings. Before the creators of **THIS** earthly mankind had split to the level of two chromosomes the twelve-nitrogen biocomponent (**DNA+RNA**) of man, the early Atlanteans, by means of **CURRENT** electromagnetic modulation of various ranges of the Divine Love Stream, very rapidly promoted, with the help of the **LAANGH-KRUUM** forces, the liberated energy of the sexual centre towards the **AIGLLILLIAA-Iissiidi**. Thus with the help of sexual energies they easily enough overcame their negative states and quickly attained the highest peaks of self-cognition, attaining such highly spiritual levels that allowed them to exist simultaneously in several types of reality.

During such sensual intercourse something remotely resembling orgasm was also experienced, but this **NOTHING**, being the main sensual guide for the positive spiritual orientation of the Atlanteans in their self-knowledge and development, was able, by its duration, level of emotional receptivity and strength of sensuality, to take Consciousnesses of men and women far beyond the limits of purely physical relations.

*(Note that even today there are many such loving couples who achieve practically the same, putting into their sex only highly sensual impulses, desires to love immensely and tenderly **PHYSICALLY** possess literally every cell of the physical form of the beloved person, each of its fine lines and magnificent sensual curves, revel in all kinds of physically embodied Beauty and striving to caress all this Divine Perfection, pouring out on it their most exquisite feelings and emotions. Boundlessly loving each other on Anahata levels, they do not think at all about what is “good” and what is “bad” in **THEIR** bed, about what can be done and what cannot be done. They simply, consciously and purposefully, turn every sexual intimacy into sublime **LOVE PLAY OF TWO VIBRATIONS** Souls, mutually enjoying the harmony of their most complete sensual manifestation in dense physical form.)*

But the creators of the humanity of that time did not benefit from such a quick pace of the spiritual elevation of people due to the too easy way of overcoming the negative factors of the earthly development. The sex, with its all-consuming positivity, practically nullified all the efforts of creators for self-development of earthlings in the range of the coarsest vibrations of

Matter – in aggression, envy, ambition, pride, etc. The self-knowledge of the Atlanteans in these energies was too superficial and without a strong anchoring in the Consciousness in the form of a rich and varied negative experience.

For the universal practice of cosmic coexistence this was unacceptable, because such superficial self-knowledge of the Entities incarnating on Earth did not expand to the necessary extent their adaptation capabilities and did not develop in them superpowers for survival (and self-reproduction) in systems of existence with particularly extreme and aggressive conditions. The fast “jumping” of Atlanteans (through positive sensuality and sex) from Muladhara range to Anahata levels of Reality deprived many crude-primitive civilisations of the so-called “Dark Ring” of the opportunities of active self-realisation (through aggregate Consciousnesses of incarnated people on Earth). The ‘Light Ring’ did not create any real energy-information prerequisites for active synthesis of the energies of the Divine Love quality inherent in them with various aspects of the Divine Will quality of the Mind.

That is, to put it simply, the next training system created by the creators of humanity for the evolutionary selection of diverse cosmic civilizations, was inefficient because it didn’t meet the main conditions of the experiment: thorough “mixing” of diverse consciousnesses for the purpose of joint accumulation of wide experience for searching various ways of joint constructive co-existence and working out new Principles of cosmic evolutionary development of the two diverse systems at once.

So the creators of humanity made a decision of additional “castration” in biological form of twelve-letter **DNA** personalities incarnating on the Earth. After that the spiritual development of the Atlanteans slowed down drastically, and the rapid rebirth of the chakram personalities of the Anti-World into the bodies of people with a simplified set of **DNA** very soon led to the fact that people of the Earth finally lost their former (spiritual) human image.

To prevent the rapid growth of spirituality through the opening of the heart-centres, to maintain their control over the masses, to keep them ignorant and submissive, the post-Atlantic priests have taken every step to turn the highly sexual intercourse of two incarnate Souls into miserable carnal coitus, Everything that could be characterized as High Erotica, inspiring and spiritualizing loving people for even more qualitative manifestation of their subtle feelings not only towards each other but also towards people around them, was excluded from that process.

That’s why the generally accepted nowadays concept “sexuality” is applied only as a negative characteristic of a human being, implying under it the main reason of creation of millions of “Sodom and Gomor”, flooding the fallen human society with filth of base feelings, horror of pathological perversions and nightmare of sexual violence. However the true sex has nothing to do with it.

Everything depends on the quality of the use of the sexual energy liberated by man for the coarse destruction of everything human and highly sensual, or for the subtle emotional psychical creation of Spiritual Beauty and Harmony inside oneself.

Love, as altruistic feeling, although informationally based on the qualities of realities forming the karmic channels of the heart centre **AIGLLILLIAA-Iis-siidi**, but the energies of the synthesis of this chakram are continuously fed “from below” by the powerful forces of **INGLIMILISSA**, whose main sensual characteristic are all qualities in one way or another associated with the so-called “sexuality”.

All the sensual-emotional manifestation in a human being can acquire its highest meaning only when the person consciously transforms it through the purification energy structures of the heart chakra which is the very link that allows people to transform in the high-spiritual creativity all the lower energies of the descending current of Divine Love.

And there is **ABSOLUTELY NOTHING** so called “destructive” and “chaotic” that the Heart cannot cleanse, transmute, order and spiritualize. Therefore, in order to acquire and cultivate the quality of **FULL POSITIVISM**, you must first learn to place Love in the centre of **EVERY** one of your experiences, including sexual ones. After all, if at the moment of intimacy your Heart remains closed to energy exchange, how can the forces of the sexual chakra rush freely to your spiritual beginning?

The vibrations of the Grid of the Christ Consciousness permeating the entire physical Space of the Earth consist of the highest (for the Earth!) levels of energy of the Divine Love-Wisdom Stream coming from the Creator and **SPECIFICALLY** retransmitted through the Heart Center of our Solar Logos to everything living and developing in all types of the Reality of our system. Refracting through an infinite set of spatial prisms which form worlds of astral-material levels, these vibrations get to us in an unrecognizably modified qualitative state: in the form of overwhelming desires of sexuality, lust, pleasure of the body, the flesh, etc.

The task facing any evolving Cosmic Entity is to finally teach each of the personalities it incarnates into a given type of Reality to successively reverse the process along this chain of refraction, so that through thorough cleansing of these perverted energies it may gradually attain the pure energies of the astral levels of the Christ Consciousness. And this cannot be done without active and purposeful activation of absolutely **ALL** vibrations of the Divine Love range into which you can choose and weave all the being by using your own understanding of Love and expanding it infinitely.

This is why true sexuality, as the most effective way of spiritual self-perfection, is the shortest way of a spiritual return to the Primordial Source. But

the realization of this path requires the **MUST** condition – presence of two spiritually aspiring and identically vibrating Souls in sensual resonance, between which a reliable and deep psychic connection is established through all Anahata-Svadhithana karmic channels.

Only then the sexuality of two lovers can become for them a Key to the Mysteries of the Higher Worlds, because when many karmic channels of two Souls are inseparably interwoven into one closed Stream of energies, and most parameters of their spiritual frequencies are very close in quality, once a resonance effect must occur between them, which facilitates an intensive spiritual development of both people in love.

The priests of the ancient temples of Atlantis were well informed about it; they actively used the energy of woman's origin for spiritual purposes. Even today no artist, musician, writer or poet is likely to create a masterpiece without the energetic flow of sexual energies coming from a woman. If for some reason this flow begins to dry up, then the ability of men to create very high art is severely reduced. We can even say that the quality of their creativity is directly dependent on the quality of sexual energies that are fed to them **EXTREMELY** and Sincerely by the women who love them...

In its realization essence this is the so called "Path of paired spiritual evolution", which is always conditioned by powerful karmic roots that go back to hundreds or even thousands of joint incarnations (and not only terrestrial!) of two Souls-aspects. About personalities embodied by **THOSE** Souls it is simply impossible to specify precisely where one ends and the other begins – so closely intertwined are all the jointly processed chakram personalities.

At one of my meetings with readers in Moscow, I was asked to talk about the essence of the so-called "twin flames" referred to in the Profits books.

I was not able to get acquainted with any of the books by these authors, but I think that in this case it is exactly about the above-mentioned "Path of paired spiritual evolution", which cannot be achieved without sincere unconditional Love between two incarnating Souls that gives to their incarnate personalities the feeling of total altruism, on which only high-spiritual sex between two "twin flames" infinitely in love with each other can be based".

When sexual relations of **THAT** couple are motivated by a mutual, irrepressible and natural desire to merge into each other as fully and completely as possible to form a single **WHOLE**, which is an amplified resonator for transforming the energy of lower centres into a qualitatively different, higher frequency type of vibrations, the **SEX OF THAT** Pair always positively influences the spiritual growth of both personalities, because by transmuting the accumulations of low-quality energies into higher-quality spiritual structures of **AIGLLILLIAA**, it gives each of these personalities an opportunity to occupy a higher point of equilibrium in the levels of their aggregate Consciousness.

THIS Sex is capable of reuniting in high sensual ecstasy two loving Spiritual Beings with powerful identical vibrations on higher levels of realities of their Divine Source, revealing in the aggregate Consciousness of each of them higher quality knowledge about themselves, thus accelerating the process of their self-cognition. The climax of the entire multi-level and manifold love game of two persons – an orgasm – will be the very moment that connects at least for a moment the incarnate personality with the more real of its spiritual Essences that we used to call “Man of heaven”.

The purposeful development of highly sensitive sexuality is one of the most effective ways of perceiving the Light as a means of gradual awareness and proper use of the energy of Love in your Life. It is the perfect tool for inner creativity and your capacity to perceive the Light will grow every day if you learn to use sex not for purely animal satisfaction but to live more consciously on Earth among the Light and to be the Light itself.

By filling your sexuality with clear and pure Light of Love you can rather quickly learn to use the Light correctly and easily bring its numerous flows in your Heart to Harmony. Thus through the Beauty of true sex you will soon be able to reach the highest point of balance of the light currents flowing through your astral body which, in its turn, will enable you to considerably expand your Consciousness with a new understanding of spirituality and sensually enrich your Life.

I can already imagine how much outrage some of my readers will feel after reading my information about sex. For many of the inhibited and narrow-minded Consciousnesses, even the word itself causes a contemptuous twist of the face, as something disgusting and dirty, which one does not even want to read about, so as not to get dirty.

If you **REALLY** want to speed up the process of your spiritual growth, then, while starting the methods of transmutation of the sexual energies into the Anahata ones that we have described, be patient, because your primitive ideas about ‘spiritual advancement’ in no way coincide with the actual state of things going on at this time on the Ethereal plane. Trust your own intuition more often and rely more on your inner feeling, even if you don’t see any logical sense in this.

For at the beginning it may seem that you have opened a hatch into a bottomless and filthy cesspool, and everything that you had so defiantly scorned, sharply criticized and mercilessly condemned in others immediately gushed out and poured into your Consciousness. Now that you have seen the **SAME** thing inside you without any naive self-deception, you are **AS** levelled with them, and you may often feel uncomfortable with this “monstrous” fact.

Well, it’s difficult, but it is the beginning of the spiritual process of true

transmutation, because **ONLY IN STRESS IS THE TRUTH BORN**. And if you desperately resist and are afraid to look at yourselves from **THIS** unsightly side you may never be able to get into your spiritual stress, which means that all your spiritual awakenings will remain unrealized, existing on the level of false and intellectual speculations, even at the most intellectual, but nevertheless.

I repeat: Having discovered something “terribly depraved”, “downright demonic” and “terribly lustful” in your sexual desires, you must not force yourself to be disgusted and squeamish about it all, otherwise you will push this unknown part of yourself even deeper and continue to self-deceive about it. Realisation only happens when you get **TRUE ENJOY** from your action (mental-astral or physical)!

In all other cases, when you **FORCE** yourself to do something that you **DESERVEDLY DON'T** want, you are either missing an opportunity to transmute your sexual accumulations, or you **HAVE NO** energies of this quality in your aggregate Consciousness. This means that you should try to look for something else in your desires, something from the realisation of which you would get true sexual pleasure.

When you realise in fantasies (or physically) your most secret, most forbidden and “shameful” sexual desires, you may come out to emotions and sensations completely unknown to you, which will awaken in you even more “dirty” and depraved stream of irrepressible fantasies, persistent reveries and intrusive dreams. Do not be discouraged or frightened by this abundance of suddenly discovered lust and “filth” in you, because the sooner you get to the deepest recesses of your sexuality, the easier it will be for you to navigate all its diversity and the less you will be dangerously deluded about yourself.

You shouldn't be afraid of it, but be **HAPPY** that you have managed to **RECOGNIZE** something in yourself that you didn't even know about. And now, because you know that you also have **THIS** in you, you will be able to begin to look at it from all sides and methodically **WORK** with this karmic legacy. It would be worse if you **DIDN'T KNOW** yourself in this desire and continued to think of yourself within your own “holiness” and moral “purity”, blaspheming and despising those unworthy of you.

When you purposefully **WORK** in sexual meditation, do not dwell for a long time on the coarsest energies, but after having an orgasm direct these energies into the Bowl of the Heart and cultivate (synthesize) **THAT** way in your Consciousness the energies of the Body of Light. Learn to Consciously use the sexual energy of your most lustful desires for your **SPIRITUAL** appointments, going more and more often beyond your former capabilities, boldly sweeping aside all frames and prohibitions hampering your spiritual development.

Only in this way, by a purposeful and methodical freeing from centuries-old blockages and involuntarily attitudes, will you one day come to an explosion

of Consciousness, realising in yourself the One who you have always been. Trust more in your “inner voice”, remembering that your Thought exists on the Ethereal plane and has the ability to actively create. By transmuting your sexual accumulations into the Heart with the help of the Thought and Feeling energies you will be able to actively create yourself as you would like to see yourself on the Spiritual plane.

You are reminded that each of our **EXACT** thoughts correlates in quality with a particular one of our many separate parallel worlds modelled by **OUR** senses and ways of thinking. Our multiple fragmented Consciousnesses also exist in some such realities, manifesting through our sexual centre. These coexist in parallel (and in concert) with our collective Consciousness. But we will only be able to perceive both them (all the diversity of our sexual desires) and the worlds in which they develop (specific circumstances and situations) if our aggregate Consciousness enters into **QUALITY** resonance with the specific energy-information layer of one of those worlds.

This effect of sensory resonance creates in our Consciousness the desires and pictures appropriate to this quality, which are specific to this particular reality. If there is no such resonance at all, that is if the quality of your thinking and feeling is far outside the given frequency range, you will not be able to perceive perceptibly either your fragmented Consciousnesses existing in this range or the parallel worlds of this quality created by the Thoughts and Desires of all people who ever lived on Earth.

MANDALA OF INGLIMILISSA AND ITS COSMIC ESSENCE

In many ancient oriental practices, in order to facilitate visualisation of work with psychic centres, certain symbolic attributes are very often used, of which **MANDALAS** are the most common. We have already briefly mentioned them when we looked at the properties of the **ARGLLAAMUNI-ISSIIDI**.

Mandalas are peculiar geometric images, κ They are not so much mental representations, but a reflection of the mental combinations of lines and patterns, reflect not so much the psychic the mental associations associated with the functioning of a given centre, but rather people's original conceptions of the forces that enable these functions and the causes that cause them.

The yogis, for example, use the words 'chakram' and 'mandala' as synonyms. The effectiveness of the identification of the geometrical pattern of mandala with the qualities of the corresponding chakram is explained first of all by the power of specific astral Thoughtforms and Thought Symbols accumulated during many thousands of years, which energy-informationally connect different objects of Ethereal and material planes, both separately and as a whole.

Every drawing that has been mentally worked out in details is capable to modify (i.e. either further distort and deform or, on the contrary, even out and harmonize) the internal geometry and the delicate structure of the Space-Time that surrounds it. This is especially true for the traditional depictions of some ancient esoteric symbols with powerful mental loadings and deeply penetrated energies of sensual empathy of millions of people for these esoteric meanings on each of their lines.

It is on this feature of symbolic drawings that the effectiveness of not only mandalas, but also all kinds of graphic talismans, amulets and symbols such as crosses, stars of various configurations or other esoteric figures is based and realized. By specifically affecting one of the temporal ordinates of the given 'point' of Space-time, the mandala can also either enhance or suppress manifestation, at the given 'point' of objective reality, of elevated activity of

energies of a strictly defined type and level of vibration.

Usually behind each of such energetic manifestations quite definite and particular cosmic Forces (collective egregorial Essences) are “bound” (connected) in this or that degree to the graphic image of each mandalas (or icon, amulet, symbol) conditionally fixed in the Space-Time. Thus through Egregors a two-way energy-information link is created between various levels of the aggregate Consciousness of every person incarnated on the Earth and the subtle-material forms of the Cosmic Mind.

The Mandala serves as a kind of astral and mental hook for the Mind of a man who wishes to consciously and purposefully go to the level of one or another of the activated psychic centres or to any given energy-informational level of the cumulative Consciousness. The fact is that our Mind cannot actively exist and act effectively in this world without more or less specific connections to something material, which it can visually touch, sensually analyze and comprehend in detail.

We have already mentioned the extremely powerful influence of the quality of sound vibrations on the human brain and energy structure, but one should not underestimate the importance of visually perceived images, pictures, pictures, etc. You see, they are material carriers of the vibrations of a certain range and level. For example, when you admire some kind of a masterpiece of fine art, your psychic state immediately changes towards harmonization and enlightenment as if intrinsically coming into contact with the psychic and emotional state of the author of the material creation.

And on the contrary, faced with vivid images of acts of brutal violence, low lust, bloodthirstiness and aggressiveness, we immediately “shrink” as if trying to protect ourselves internally from the destructive wave that has suddenly permeated us. Because if we, at least purely inertially, “enter” with our psyche into the state of described events, as if “merging” into one with the observed image, we will not even notice how our general level of consciousness sinks down to the vibration range of the artist when he created his artistic work.

One may not “see” or “feel” anything on the Astral plane, but by means of his imagination and identification of an imaginary non-material object (like a chakram) with a visible material object (like a drawing of a mandala) he can quite effectively influence with his Mind many invisible and intangible processes, including so called “internal”, psychosomatic processes.

The power of any such thought-form and its potential of psychic influence on the appropriate levels of the aggregate Consciousness of a man is determined by the duration and intensity of concentration of the Consciousnesses of millions of meditators (in fact the practice of Meditation on the chakrams has been used for many millennia!) on the **INSPIRATION** attributes of the

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About the author

During his creative life Oris has written about 100 books on spiritual-philosophical and esoteric topics, as well as on the mental and spiritual relationship between the human energy-structure and the energy-structure of the universe.

A large part of Oris's life is devoted to spiritual creativity through writing books on cosmological subjects. In them the author uncovers such matters, which no one has ever touched so deeply and in such detail before. As early as 1996 Oris managed to find his Spiritual Mission, which he is tirelessly pursuing to the present day.



Oris was born on 25 January 1954 in small Ukrainian village of Maryinka in the Donetsk region in the family of a miner and a nurse.

From an early age (at the age of three) Oris developed an intuitive gift for writing poetry. Oris read out his first poem «Zhen-shen» at the age of 3 to his mother, who wrote it down, because he couldn't write yet.

He also possessed medial abilities from an early age: he could spontaneously «see» dynamic pictures of events and episodes from other people's personal lives, the authenticity of which was often later proven.

As a preschooler, Oris would periodically warn the children of impending contingencies when they were up to some mischief, and at school he knew who would be called to the blackboard and warned his classmates about it. He also knew in advance which boys and girls would be sympathetic to one another and which not.

Oris's first poems, from the age of 6, were published in the Maryinsky district



newspaper. In addition, Oris was good at drawing: 14 portraits of Ukrainian and Russian writers, which he painted in the 3rd grade, decorated the walls of the school corridor.

In 1971, Oris graduated from the 10th grade, worked as an instructor of physical education in Maryinsky Raypotrebsoyuz, and in 1973 he entered the Faculty of Agronomy of the Crimean Agricultural Institute, graduating in 1978. After 4 years of professional activity on the South Coast of Crimea (Yalta), he became the director of sports and recreation base (village of Ponizovka), belonging to two Moscow research and production associations - «Measuring Equipment» and «Energy», serving the space industry. He resigned in 1990 to pursue his literary career.

As a teenager, Oris became very interested in martial arts: karate (Kyokushinkai), kung fu (dim mak - «the art of the poisonous hand», Wing Chun, Zui Quan), judo, sambo and others. Later, in 1975 he achieved a black belt in martial arts and in 1979 in Yalta at the Ministry of Internal Affairs he opened a martial arts section and hand-to-hand fighting.

From this period (1975), while still a student at the Institute, he worked for 15 years on writing several books series about martial arts. Three volume textbook on karate and Dim-Mak Art titled «Karate Way - from Student to Master» was colourfully designed and published in Moscow in 1992. During these years a separate book «Dim Mak - the art of poisonous hand» was published in Moscow. A second cycle consisting of more than 20 books under the general title «Initiation or the Path of a warrior» was written during this period, but it was not published in the USSR because the author had no higher physical education. For this reason in 1982 Oris entered Simferopol State University, but in the 4th year he left the University for family reasons (due to the birth of his son Yaroslav in 1983) and because of perestroika.

During his work on the book cycle 'Initiation or the Path of a Warrior', Oris (in a state of deep meditation) first inadvertently came into Contact with his Spiritual Teachers, after which he regularly received the information that formed the basis of the most unique book series 'Life between Live's and all the books subsequently written by him.

Then begins a more intense Spiritual Path for Oris, marked by a turning point in his life due to the urgent need arising in his Consciousness to find Himself and his Spiritual role in life.

He went as a hermit to a cave in 1996 from which he had no plans to return. There, in the cave, deep Spiritual revelations came to him, as well as information about his past (parallel) lives. Some of these inner experiences Oris described in poems, which have been published in a separate collection. On the basis of the contacts with his Spiritual Teachers during this period (after 40 days of taking only water), having learned his Purpose in life, he returns home with a renewed Self-consciousness, after which a new Spiritual phase begins in his life: within four years he writes more than 40 books, which are combined into several cycles with the following



titles: «Life Between Lives», «The Art of Dying» and «Extraterrestrial Contacts».

After 2000 he began to write texts to the melodies of Soviet hit songs, in which he expressed the whole quintessence of his spiritual conclusions and thoughts, emphasizing the role of Love, Kindness, Mercy and all Human qualities and feelings, which people so often forget in their everyday life.

Also after 4 consecutive Spiritual Initiations (from 1996 to 2000) Oris gets access to more true and authentic information about the structure of the Universe and the role of human in it, which he reveals in the book series called «lissiidi», «The Great Message», «Immortality is available to everyone» and «lissiidiology Fundamentals». These book series are written as the quality of information that Oris received becomes more and more complex because it comes from deeper and deeper levels of the collective Subconsciousness. These more profound and insightful conceptions form basis of his own Self-Consciousness and he begins to find answers to complex cosmological questions that until then were expected to remain unanswered for people for many decades to come.

A more detailed and complete list of all books written by Oris is set out below. They are presented in chronological order as books were written.

All Oris's books in all available languages can be downloaded for free from **www.orisbooks.ru**.

**Compilation and preparation of material,
layout design, translation: Astiyraalls**



1992



Three-volume book «The karate Path - from apprentice to Master»

Moscow, 1992

Pages: 759

For the first time in our country is being taken an attempt to summarize the personal experience of the author, who gave most of his life to the study of the theory and practice of martial arts. The original materials concerning the psycho-physical training of adepts of martial arts are being presented. This books also touches the moral problems, traces the philosophical origins of karate-do, which have their origin in the teaching of Buddha. Even with the most detailed textbook it is impossible to become a master of karate. For this you need a Teacher. Then what is this book about? It contains the information, without which you cannot become a Master.

The author has for many years been seriously and deeply involved in the study of oriental martial arts: karate, judo, kung fu, dim mak (the art of delayed death). This three-volume book covers all stages of karate training - from the basics to the highest mastery, including dim mak and no-touch kicks (energy blows). It is an encyclopedic edition in three volumes. The basic techniques of defensive movements, hand and foot strikes are presented in detail. Also are being analyzed the mechanics of each movement, internal mental components, technique of passing relaxation phases and the concentration of energy. The book contains numerous photographs, diagrams and engravings.

VOLUME 1, CONTENTS:

- SECTION 1. The Path of Buddhism
- SECTION 2. The path of developing Eastern martial arts
- SECTION 3. Breath exercises in martial arts systems
- SECTION 4. Martial arts training systems
- SECTION 5. Theory and practice of basic karate and kung fu postures
- SECTION 6. A brief overview of some of the major natural weapons and how they are used

VOLUME 2, CONTENTS:

- SECTION 1. Theory and practice of «Uke-Waza» - defense techniques
- SECTION 2. Theory and practice of hand striking techniques
 - «Zuki-Waza» the technique of penetrating punches with hands
 - «Uchi-Waza» the technique for delivering chopping punches with hands



SECTION 3. The theory and practice of «Geri-Waza» — techniques of making leg kicks

Kick forward — «mae-geri»

Side kick — «mawashi-geri»

Kick to the side — «yoko-geri»

Kick backwards — «ushiro-geri»

VOLUME 3, CONTENTS:

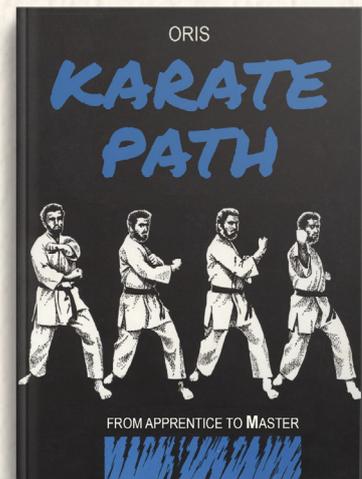
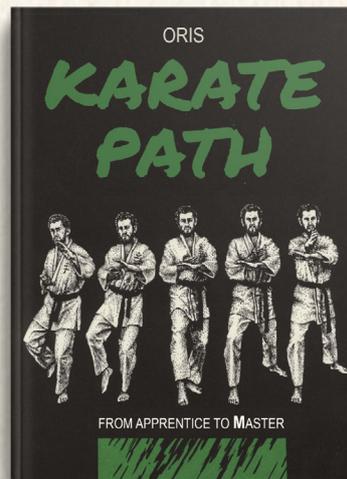
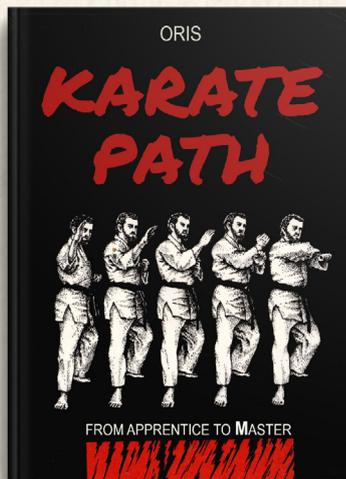
SECTION 1. Practicing combat with multiple opponents

SECTION 2. Pre-hospital care in karate classes

SECTION 3. Some ways to increase athlete's performance

SECTION 4. The Path from «the touch of delayed death» — to no-touch kicking

A brief glossary of basic terms, names, and designations



1996



«Dim Mak - the art of the poisonous hand»

Moscow, 1996

Pages: 211

The uniqueness of this book lies in the fact that it is the first attempt to combine the basics of energetics of martial arts, as well as a very specific technique of influence onto human nerve centers and the energy defeat of enemy at a distance.

The psychological, reflex-therapeutic and mechanical methods of increasing the athlete's capacity for work under increased loads are discussed in great detail.

Extensive Russian-Japanese and Japanese-Russian dictionaries are designed for masters who communicate with Japanese karatekas.

CONTENTS:

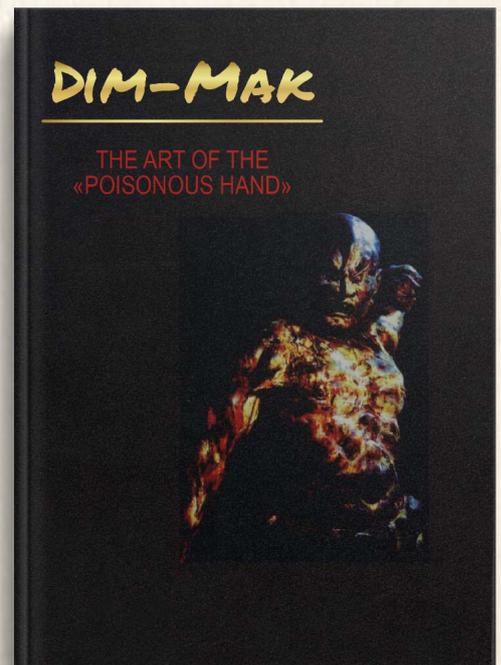
SECTION 1. Practicing combat with multiple opponents

SECTION 2. Pre-hospital care in karate classes

SECTION 3. Some ways to increase athlete's performance

SECTION 4. The Path from «the touch of delayed death» - to no-touch kicking

A brief glossary of basic terms, names, and designations



Book series «Initiation or the Path of a Warrior»

This series of books about «The Art of Dim Mak - the Art of Delayed Death» was written by the author in order to reveal all the nuances and details associated with the Kung Fu - Dim Mak fighting style, which previously in such depth and detail have not been described anywhere else.

«The Path of the Warrior and the Spirit of Initiation»

«The Spirit of Thought and the path to Meditation»

«Sickness and its healing with a Thought»

«The Spirit of sound»

«Healing with sound»

«The Spirit of Energy»

«Healing with Energy»

«The Spirit of breath»

«Healing with breath»

«The Spirit of movement»

«Healing with movement»

Yalta, 1991-1996



Separate books



«Wandering of the Soul» or «Life between Lives»

Moscow, Kiev, 1996



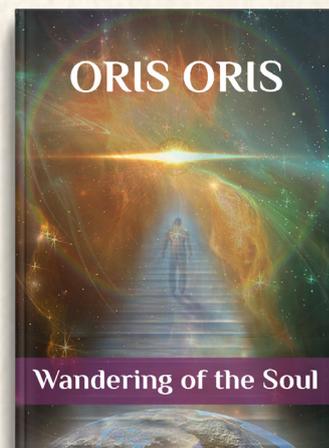
Pages:



The book not only introduces the reader to the problem of Death, but also considers the place of human in the Cosmic Hierarchy. You will learn about the Path of warrior and his attitude to Death, about the septenary composition of a human, about the overcoming the fear of Death, about the relationship between man and Egregors, about chakrams as natural channels of communication with other worlds. The book contains techniques and methods of entry into inner spaces and transition to other worlds.

CONTENTS:

Foreword
 Other Worlds
 Warrior and Death
 Meditation is «Death»
 Fear of Death
 The Art of Dying
 Human - Space
 Space and Time. Guide to other Worlds
 The Material Universe
 Man and Egregor
 Non-humans
 Cleansing from evil during life-time
 Journey in Time and Space
 Technique for entering inner spaces
 Methods of transition to other worlds
 Auto- or self- hypnosis
 Conscious dreaming
 The second way of exit
 Chakrams - natural channels of communication with other Worlds
 Muladhara
 Svadhithana
 Manipura
 Anahata
 Vishuddha
 Ajna
 Sahasrara
 Composition of the human
 The septenary composition of human
 From the author





A collection of poems «40 days of Hermitage»

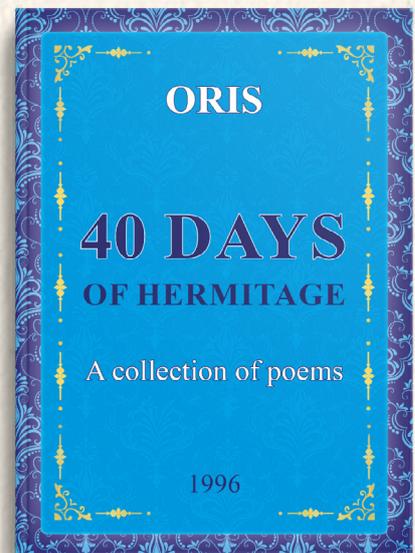
Yalta, 1996

Pages: 47

All poems in this book were written by Oris in 1996 in the Ai-Petri mountains, when he voluntarily took a vow of silence and lived for 40 days in a mountain forest, in a small space dug with a tin can between two rocks supporting each other, completely refusing food and any communication with people.

His inner reason for going to the mountains was the pressing, unyielding need in his Soul to try to cognize the Meaning of his present existence as deeply as possible and, if possible, to try to find the Essence of his own Spiritual Destination by conducting an inner dialog with his «Higher Self» and seeking opportunities to understand himself...

This book also contains an audio recording of these poems, which Oris recorded onto a tape recorder during this act of hermitage.



1997-2000



Thought and Meditation

Yalta, 1997



Pages:



Thoughts, unlike objects, do not belong to you: they come from somewhere else all the time, stay and interact with your Consciousness for a while, and then imperceptibly disappear to somewhere. Your thinking is the process of continuously synthesizing in your reality newer and newer Forms from the already known to you mental and sensual experience. Therefore for you the thinking process represents the «beginning» and the «end» of absolutely all of your desires - from getting some material benefits to achieving «higher» (according to your concepts) spiritual goals.

By mastering the art of mental transformations, you will have an absolutely real means of consciously controlling the material conditions of your earthly existence. By improving in this direction, your mentality can reach the point where it becomes possible to control the powerful factors of the natural elements of Nature, influencing not only the weather, but also such destructive phenomena as tornadoes, tornadoes, earthquakes, tsunamis with the power of your Mind...

CONTENTS:

Life is a product of the creative movement of thought

Every thought is material

Working with Thoughts

The Adept's teaching

How to become an observer

About conducting concentration classes

In life, we build everything with our Thoughts and Consciousness

About the practice of dream formation

Thought is a product of time

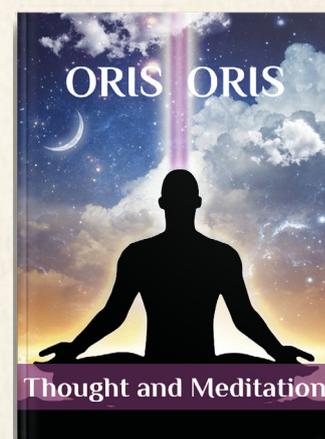
A technique for opening the «third eye»

Everyone lives in the world of their own dreams

How to go beyond Thought

About the creation of a Thought Form in Meditation

Practice





«Soul in the Zodiac»

Moscow, 1999



Pages:



The book «Soul in the Zodiac» continues and develops the subjects, raised in the book «Wandering of the Soul». In this book the author tells about his experience of Contacts with extraterrestrial civilizations, considers the model of the structure of the universe, in particular the worlds of spirits, hellish worlds, worlds of the solar system and other worlds and hierarchies.

The existence of the Soul in the transition between worlds, the archetypes of the astral and subtle worlds are covered in detail. In this book the reader will find the most complete answers to the eternal questions of human Existence.

CONTENTS:

Part One. Worlds of the Solar System

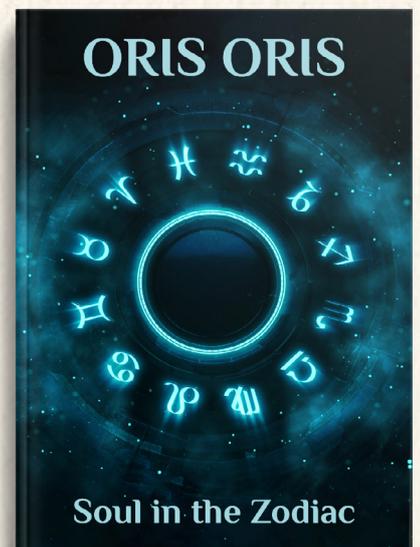
- Worlds of Religions
- Worlds of vedanta
- Worlds according to Buddhism
- The worlds of human
- Descending Worlds
- Ascending Middle Worlds
- Worlds of «doubles»
- The World of perfect Spirits

Part Two. Extraterrestrial Civilizations

- Civilization from the planet «Ceres»
- Civilization from the constellation Andromeda
- Civilization from the constellation Pleiades
- Civilization of silver «humanoids-balls»
- Civilization of green «humanoids-balls»
- Star Spirit Christ
- Guardian Angels

Part Three. The physical world

- Etheric layer
- Physical body
- Etheric body
- Animal community archetypes
- Astral body
- The Astral
- Aura of the Soul
- Evolution of the Spirit



Book series «Life between Lives»

Yalta, 1997-1998

What Oris writes about in this book series is the most detailed description ever written by human about the entire sequence of events undergone by the Consciousness of a dead person when he returns to his Heavenly Home, which has so many «abodes» that it is impossible for an ordinary person to even imagine.

Oris, using his many years of individual experience of astral travel, describes in detail the Astral and Mental realities he has explored, transforming the Incomprehensibly-Cognizable Existence into Knowledge that is comprehensible to almost every person, which leads readers to a gradual realization of the immutable Truth of their infinite Cosmic Existence.

Book 1. «Life without death» («The spirit of death»)

Yalta, 1997



Pages:

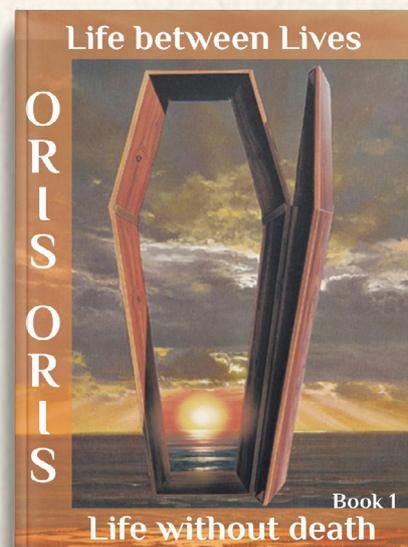


Who are you? How and why did you come to this cruel and alien world? Where will you go and how will you live after your loved ones have said good-buy to you on this earth? And will you really exist after that? These are constant questions. But they have answers. The secret of life and death irresistibly draws man to the realization of what he has long known, but what has remained a mystery and unknown.

If you need answers to these eternal questions, if you can no longer live without understanding them, then this source of knowledge is for you.

CONTENTS:

Death is the beginning of Life
 Death and religion
 Life is the path to immortality
 Death is the form of Life
 Dialogue with the Teacher
 Warrior and Death
 Warrior and suicide
 The fear of Death



Book 2. «Soul and the Cosmos»

Yalta, 1997

 Pages:

 When confronted with the constant choice between Good and Evil, man is lost and does not always think about whom exactly with his every choice and action he serves: God or Satan? To help the reader to choose, the author tells in details about Egregors - astral entities, adapted to living in both as in positive so and in negative poles of Existense, which are mainly determined by the nature of Egregor itself.

 The author helps to understand all the subtleties of this topic, showing using examples the activity of «devil's Egregors», explains to what can lead the spiritual ignorance and thoughtless worship of material symbols, which all lower the human consciousness to the level of sorcerers, magicians and so-called non-humans.

How can we cleanse ourselves from the astral dirt of our own ignorance, which degrades our spiritual Essence and puts us on the same level as wild animals? How can we in Life take care of favorable conditions of our postmortem existence? This and much more is discussed by Oris in his second book «Soul and the Cosmos».

CONTENTS:

From the author

Man - Cosmos

Space-Time

Time is a thought

River of Time

Time factors

«Black holes» - sources of Matter of the Anti-World

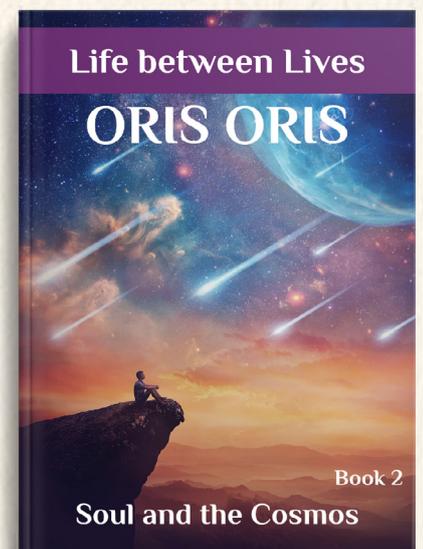
Material Universe

The Soul in the Egregor

Egregors and people

The Devil and his demonic Egregors

Egregors and the Soul





Book 3. «Soul in other Worlds»



Yalta, 1997

Pages:



Always when people speak of «other cosmic thinking civilizations» they usually mean either the intelligent populations of other planets, the so-called «brothers in mind» or something very abstract and vague. But for some reason no one ever thought that these very «thinking civilizations» could be OURSELF, but only OURSELF located at other levels of OUR development, in other conditions of Existence, in the past or future space-time structure, in other circles of OUR human civilization's time field.

All so-called «other worlds» should not be perceived as something alien and unknown. There is no dividing barrier between «this World» and the many «other Worlds». On the contrary, all that exists is one single Divine Being.

You will learn about this and much more from the third book «Soul in other Worlds».

CONTENTS:

From the author

Worlds of Solar systems

Worlds of Religions

Worlds of Vedanta

Worlds of human

Worlds of Heaven

The worlds of those who listen to the voice

Worlds of self-directed to enlightenment

Bodhisattva's Worlds

Buddhas 's Worlds

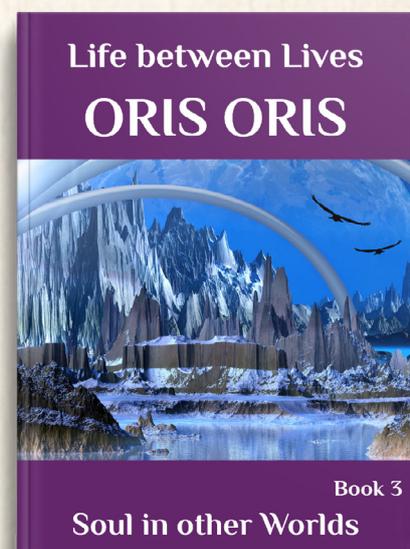
Descending Worlds

Hell Worlds

Ascending Middle Worlds

Worlds of «doubles»

The World of perfect Spirits



Book 4. «Aliens»

Yalta, 1998

 Pages:

 This book may seem unbelievable and dreamy to the reader, but those who have ears to hear will find confirmation of their thoughts and hopes and proof that we are not the only people in the cosmos.

The time has come to meet those who have been invisibly present around us for millions of years, sending signals of their invisible existence. May each of you perceive this book the way he or she feels! For some, it may be perceived as a fairy tale, and for others, as information for reflection or as a guide. In this way, the main goal of this book will be achieved, because you will know the Truth, and what to do with that Truth is everyone's personal choice.

This book represents the least amount of information about the author's many Contacts with other cosmic civilizations and the information that has been received from Those whom the author calls The Universal Teachers.

CONTENTS:

From the author

Message from the Demiurge of the World

Humanoids of the constellation Regulus

Civilization from the planet Ceres

Civilization from the constellation Andromeda

Civilization from the constellation Pleiades

An urgent message to earthlings from representatives
of the constellation of Pleiades

Ora's Message to the Earthlings

Aalan informs the people

Civilization of silver «humanoids-balls»

The Tunguska Mystery or once again about non-humans

Civilization of green «humanoids-balls»

A message from Lord Maitreya

Christ the Superstar

Aliens testify

Albellic's Messages

Ramasanta reports

Makkearland reports

Araaragot reports

Oris's dialogue with Allaagor the
andromedian

Guardian Angels

Message from Archangel Michael

Message from ELOCHEM to the

People of the Earth

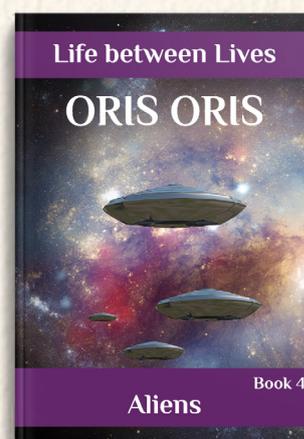
Message from Archangel Uriil

Message from Archangel Gabriel

Message from Archangel Metatron

Message from the God of the Sun

Ascending worlds



Book 5. «The technique of Astro-Travel. Chakrams»

Yalta, 1998



Pages:



In this book the author continues his exploration of the world around us and tries to unravel one of the most unexplored mysteries of nature – the human. After all, only by knowing ourselves we can come closer to knowing God and His Mysteries.

Who are you and what are you doing on this planet? What is the point of your being here? Where will you go after people say about you, «He's dead...»? And in general, will there be anything left after Death other than the memory of you? All these questions will be answered through the author of this book by his Teacher, who has undertaken the mission to give a thorough introduction to the mankind on Earth to the problem of so called «post-death existence» of a human.

CONTENTS:

The double of human and the Earth's Noosphere

The travel in Time and Space

Techniques for Entering Inner Spaces

Methods of Consciousness Transition to Other Worlds

Relaxation

Auto- or self- hypnosis

General scheme of self-hypnosis

Conscious dreaming

The second way of exit

Danger of possession during astro-travel

Chakrams are natural channels of communication with other

Worlds

Muladhara

Vishuddha

Svadhithana

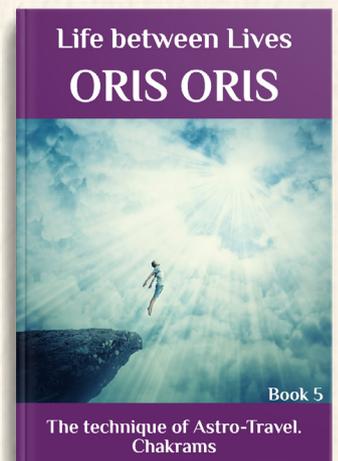
Ajna

Manipura

Sahasrara

Anahata

Composition of human



Book 6 «Man and his Soul»

Yalta, 1998

CONTENTS:

Composition of the human

Etheric Body

The septenary composition of human

Archetypes of the Ethereal World

The physical World

Archetypes of animal communities

Etheric layer

The Astral Body

Physical body

The Astral





Book 7. «Soul in the Zodiac»

Yalta, 1998



Pages:



In this book the author tells us that the entire world around us is a single system, and the parts of which are in very close relationships and interconnections, and that the entire Universe is subject to unified rhythms and unified cycles. Some of these cycles began at the creation of the Worlds and determine the Evolution of the Universe as a whole. Others determine the course of geological processes that change the face of our planet and, in turn, also affect the development of all mankind, the emergence and collapse of terrestrial civilizations.

The nature of all these influences, both global and individual rhythms, on the objects of the World is determined by the laws of the Zodiac, whose symbolism is much deeper than many novice astrologers think. In addition, in each cycle we can distinguish twelve basic and twelve current phases or micro-cycles, the characteristics of which are also associated with the passage of the Soul along different qualities and with the zodiac symbolism.

This book, as well as all the other books by Oris, is intended for those readers who seriously, deeply and with a sincere desire want to understand on their own everything that relates to the problems of Life and Death, who see in their impending Death not the most terrible and dangerous enemy, but on the contrary, a reliable adviser and a friend.

With Oris's books, Death is transformed from a frightening adversary, from an unfortunate failure or fatal mistake in the Universe into one more, another Transfiguration, to which we have already been subjected more than once.

CONTENTS:

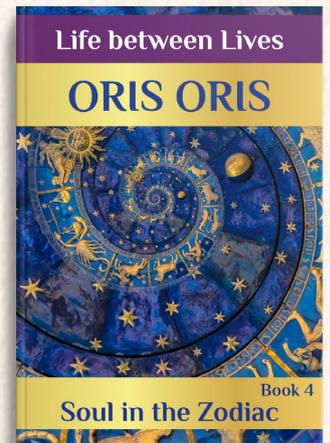
Soul in the Zodiac

The Fiery face of God: Leo, Sagittarius, Aries

The Airy face of God: Aquarius, Libra, Gemini

The Watery face of God: Scorpio, Cancer, Pisces

The Earthly face of God: Taurus, Virgo, Capricorn



Book 8. «The art of dying»



This book consists of 5 parts.



Pages:

The author has tried to give the most detailed answers to specific questions through his many years of experience of independent out-of-body explorations of the Ethereal World: how to die correctly? How to learn to accept your death in time? How the transformation of subtle bodies takes place during the post-mortem transition?

This book, describing in the most detailed way the changing state of a person's Consciousness during the process called «dying» and his Soul's presence in various



vibrations of the energies of the Astral, is also a kind of manual of religious therapy and eschatological psychosurgery, carried out through the most detailed texts of “Instructions” read by relatives for the dying ones or an already dead person in order to strengthen and awaken his Consciousness before the Transition to the Other World.

Among other things, this book can safely be classified as one of the most detailed travel guides to the many realms and spheres of the Ethereal World, which we commonly refer to as the «afterlife».

«The art of dying-1»

Yalta, 1998

Pages:

CONTENTS:

The Author’s Foreword
 Meditation on Death
 Meditation on Dying
 Jati Smaran Introduction
 Jati Smaran Meditation
 The Astrosome and Meditation

«The art of dying-2»

Yalta, 1998

Pages:

CONTENTS:

The Author’s Foreword
 The Mystery of Death
 The Postmortal Path
 The Egyptian Book of the Dead
 The Tibetan Book of the Dead
 «Mors certa, hora incerta»
 The Fear of Death
 Overcoming the Fear of Death

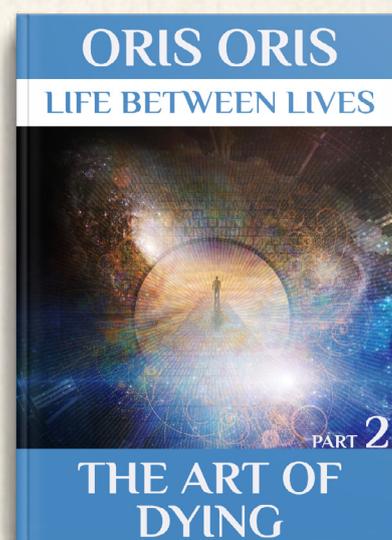
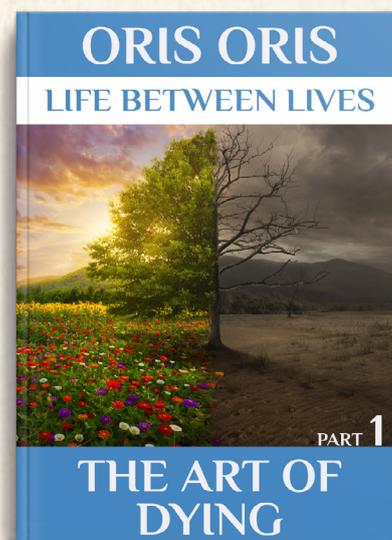
«The art of dying-3»

Yalta, 1998

Pages:

CONTENTS:

The Author’s Foreword
 Metamorphosis of Death
 The Preparation for Death
 Nobody Dies



Dying

Stages of dying

The moment of death

Signs of the coming of Death

A conversation with the Teacher

«The art of dying-4»

Yalta, 1998

Pages:

CONTENTS:

A Brief review of the diversity of Forms and types of dying

Dying is a completion of the Earth's form of suffering

Death is not the end of dying but the beginning of a new Life

Death of the non-humans

The Soul and its impulse Ring

The first phase of the transition: «The point of silence»

The second phase of transition: The tunnel effect, the bright light

The Assistants

Gradual awakening

Parting words to the dying person

For the dying one

The following text may be read for the one who has deceased

The funeral

The prayer for the deceased

The prayer for the release of the Soul

The prayer for the after the release of the Soul

«The art of dying-5»

Yalta, 1998.

Pages:

CONTENTS:

The first steps of the soul in its postmortal life

Planes and levels «of the other World»

Some peculiarities of Existence «in the other World»

Meetings with my mother

Love «beyond the veil»

Spiritual Families

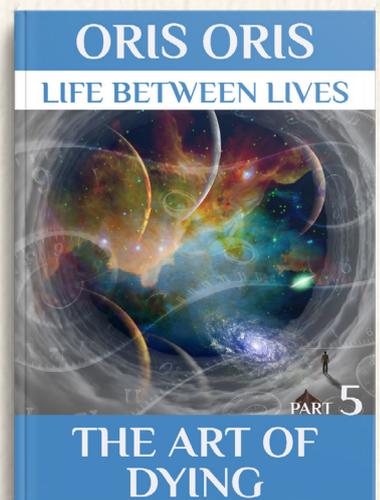
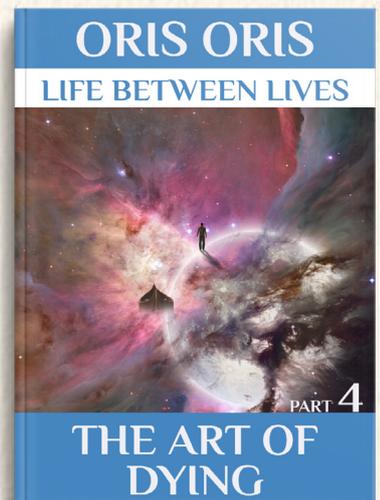
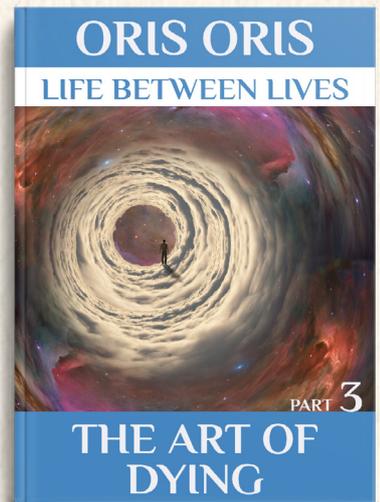
The description of «a City of Light»

What do the deceased do?

Awakening

First hours after death

Death is the return to God, return to Love





Book 9. «Soul in the Astral»



Yalta, May 1999

Pages:



Although much has been written about the Ethereal Worlds, none of it corresponds to even a thousandth of what these levels of ethereal reality actually represent, where the human soul also enters after its final release from the heavy anchor of the physical body. It took Oris years of Life to begin more or less freely navigate among the countless realities of the so-called “other World”.



The author generously shares these observations and out-of-body explorations of the Astral World with readers on the pages of this book.

CONTENTS:

Realities of the Ethereal World

The Mobius sphere and wave length

Thought and Reality

Structure of the Astral

Inhabitants of the Astral

The thought-sensory basis of the Astral

Structure of the Earth's Astral

Inferior parallel worlds

Types of possessions

The Demonic army of the Astral

Demons

Incubi and Succubi

Lilith

Imps

Golem

Dubbuk

Homunculus

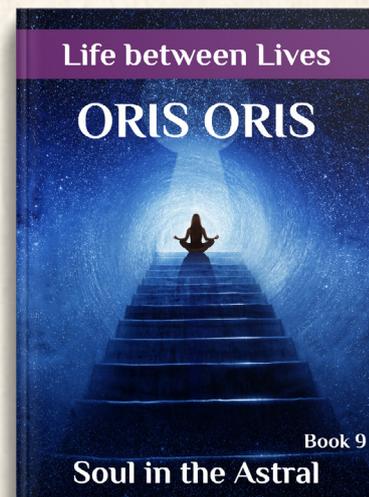
Mermaids

Gremlins

Vampires

Werewolves

Astral Activity of the ones who are alive



Book 10. «Inhabitants of the Astral»

Yalta, May 1999

CONTENTS:

Elementals

Elementers

The Thought-Forms



Book 11. «The evolution of humanity»

Yalta, May 1999



Book 12. «Anti-Worlds and Purgatory»

Yalta, April 1999



Pages:



In our truly apocalyptic and mind-blowing age of an unprecedented crisis of conscience in the spiritually and morally bankrupt humanity, which is writhing and fooling around on the fire-breathing volcano of the Transfiguration of the Earth, Ori's books about the immortality of the human Soul act as a sobering and saving call, trying to wake the dormant hearts.

On the pages of this book you will find for yourself spiritual pearls with the simplest and clearest answers to many eternal questions about man's true place in the Universe and about the higher meaning of human existence on Earth.

This book talks about the nature of the Earth's anti-Worlds and their inhabitants.

CONTENTS:

The Anti-Worlds

Hoahs and Ungs

Structure of the Anti-World

Hierarchy of the Anti-World

Administration of the Anti-World

Demons - the masters of Nature

Demons of local influence

Realities of the Anti-World

Features of the Anti-World

The races of Antics

Distinguishing Characteristics of Incarnated Ungs

Magic of the Anti-World

Purgatory

Maflocks are the fallen spirits

Spheres of the Hell

Spheres of the anger and rage



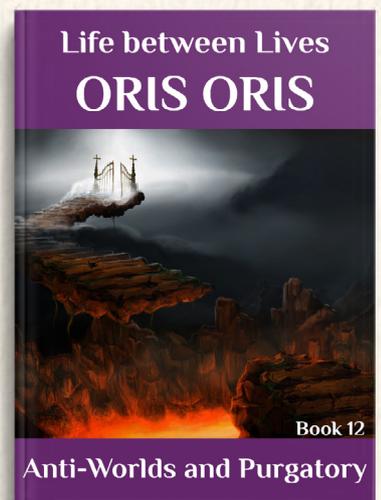
Book 13. «Ordeal of the Soul»

Yalta, August 1999



Pages:

As long as man is alive, he gives little thought to WHAT awaits him, perhaps in the next second: after all, how many beautiful lines broke off in mid-sentence, and how many good deeds were not destined to come true only because people in their busy every-day life keep putting off all the best and the most necessary,

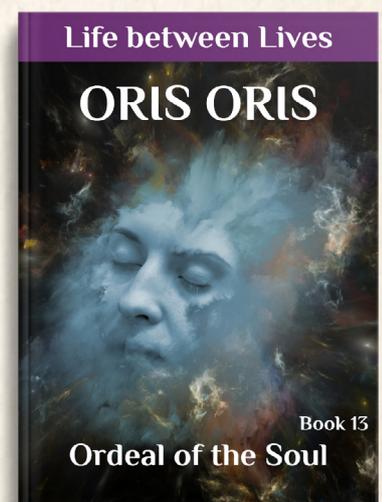


forgetting that in the next moment they may not have that «later» at all. How many lost opportunities for the most simple manifestation of Kindness and Love towards each other have never been realized, and how many unspoken beautiful words have fallen into nothing!

This book is not about Death, but rather about HOW to restructure your whole life now, immediately, so that you can meet every next moment of your earthly existence without disappointment, despair and grief.

CONTENTS:

Peculiarities of reincarnation
 Peculiarities of thinking
 The Sphere hungry spirits
 The post-mortem fate of gluttons
 The post-mortem fate of drunks
 The post-mortem fate of vivisectors and flayers
 The post-mortem fate of women who had abortions
 The post-mortem existence among the mafloks
 Suiciders and the victims of «accidents»
 The history of suicide
 The nature of suicide
 The post-mortem fate of accident victims
 The principles of exiting Hell
 The Neutral Zone
 Collective animal Souls
 The World of «Doubles». The mafits
 The Fourth Division of the Astral. The mahoits
 The Third Division of the Astral. The lamites
 The Second Division of the Astral
 The First Division of the Astral



Book 14. «Hell and Purgatory»

Yalta, 1999

Pages:

CONTENTS:

The Soul in the Nine Circles of Hell
 Inhabitants of Hell
 The mafloks
 The mafits
 The machoites
 The lamites
 The Neutral Zone
 Collective animal souls





Book 15. «Soul in the Higher Worlds»



Yalta, August 1999



Pages:

What Oris writes about in the book series «Life Between Lives» is the most detailed description, ever written by man, of the entire sequence of events undergone by the Consciousness of a dead person when he returns to his Heavenly Home, which has so many «abodes» that it is impossible for an ordinary person to even imagine.

Oris, using his many years of individual experience as an astrologer, describes in detail the Astral and Mental realities that he has explored, transforming the Incomprehensible-Cognizable Existence into Knowledge that is comprehensible to virtually every person and leads to a gradual realization of the immutable Truth of human's infinite Cosmic Existence.

CONTENTS:

Harmonious Realities of the Mental

The Paradise

Life activity and thought-creativity in the Paradise

The energy structure of the MENTAL BODY

Characteristics of people with an underdeveloped mental body

Characteristics of people with a moderately developed mental body

Spatial «geography» of the area of a specific thought

Prototypes of terrestrial forms

Mental compensation levels

The «Second Heaven» of Christians

Characteristics of the main Energy-Informational Spheres of the Mental

The seventh sphere (outer)

The sixth sphere (preparatory)

The fifth sphere (balancing)

The fourth sphere (central)

Realities of the levels of abstract thought

The «Third Heaven»

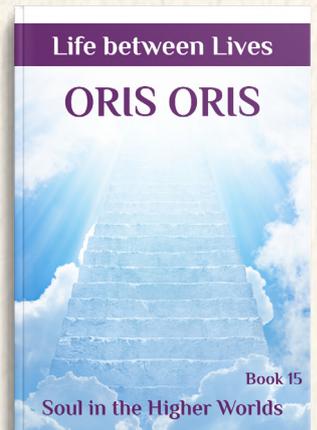
The Cities of Light

Descriptions of some of the Cities of Light

Higher causal realities of the Second and Third Earth

Globes of the Earth

Afterword



Book 16. «Soul's preparation for a new incarnation»

Yalta, 1999



Book 17. «Apocalypse»

Yalta, August 1999

СОДЕРЖАНИЕ:

Earth's future until 2147

Cataclysms

The coming of the Forerunner and the Antichrist to the Earth

The Fate of Russia

The Golden age

The Sixth human Race



Book 18. «Humans and Non-Humans»

Yalta, 1998



Pages:



Never before has the Mystery of the Creation of our World and the tragic role that Lucifer, one of the most highly spiritual First Consciousnesses of the Logos of our Universe, played in the history of the birth and development of mankind on our planet in such detail been revealed to people.



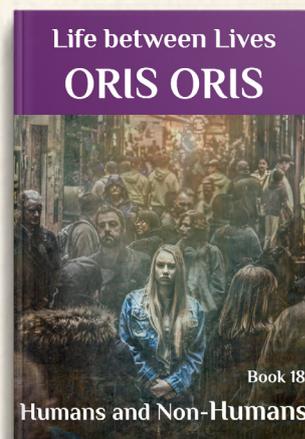
The purpose of this book is to give you the Knowledge which will help you to understand who is the God and what place in Him belongs to the forces which people call «Satan», «devil», etc. What energy-informational niche do they occupy in the Earth's Space and what form do they take (and if they have a form?) in reality?

CONTENTS:

Non-humans

The Mystery and Tragedy of Lucifer

Cleansing from evil during life-time



Book 19. «Soul in Hell»

Yalta, 1998

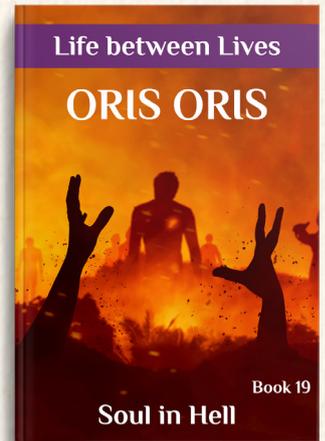


Pages:

Fear of Death is the individual's fear of losing himself, the fear of the need for further evolution. Man is most afraid of the unknown, but it is the unknown that makes a man to conquer his fear again and again. Many people are totally unaware of the infinite variety of levels of Consciousness in their own nature and whatever the author of this book may say to them about it, it will still not help them to understand it.



But there is still a small, even a tiny one-thousandth part of humanity which is the reason why all this knowledge about the true picture of Existence after Death is given. For the Transfiguration of this small part of mankind a small group of Star-Born Ones have specially incarnated and agreed to become conductors between the awakening Consciousnesses of the Earth and the Consciousnesses of the spiritual Teachers from Sirius and Pleiades. To each thousandth of the incarnate Earth's humanity Oris addresses in his books.



CONTENTS:

Life of the Soul on Different Planets

Pluto
Uranus
Moon
Mars
Neptune

The Hell and Purgatory

«Astral shells» and ghosts

The Hell

The «geography» of hell

The Nine Circles of Hell

Soul in the first circle
Soul in the second circle
Soul in the third circle
Soul in the fourth circle
Soul in the fifth circle
Soul in the sixth circle
Soul in the seventh circle
Soul in the eighth circle
Soul in the ninth circle



Book 20. «Soul in Other Worlds 2»



Yalta, 1998

Pages:



CONTENTS:

Stereotypical worlds of the Astral («maklaks», «vergons», «Glumids» and «mafits»)

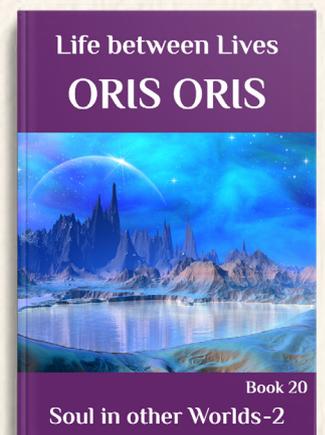
The fourth division of the Astral («shorts», «kloks», «glepmins» and «mahoints»)

The third subdivision of the Astral («pravinians», «eldonians», «kakrikons» and «lamites»)

The second sub-division of the Astral. First Heaven

The first sub-plane of the Astral. Second Heaven

Jupiter
Saturn
Mercury
Venus
Proserpine
The Mental
Laws of the mental



Book series

«Extraterrestrial Contacts»

In today's world there is a lot of information about UFOs, about the meetings of individuals and even whole governments with aliens, as well as materials of telepathic Contacts with representatives of various extraterrestrial civilizations, etc. Unfortunately this information, while passing through different dimensions to us, in our three-dimensional world, is often subject to very strong distortions and is very often misunderstood by us due to the specifics of our three-dimensional way of thinking.

Offered to you materials of Oris's Contacts with the commanders and crew members of the Sirius-A and Sirius-B starships, as well as with other extraterrestrial Consciousnesses and Civilizations, including the Consciousness of Christ, Lord Maitreya, God of the Sun (the Logos of our Solar System), Elohim (the Creators of our Universe), and the four Archangels (Michael, Uriil, Gabriel and Metatron), are unique because they are literally received «first-hand» and contain very valuable information, useful for all humanity, which lives on the eve of the Transfiguration of the Earth.

The Pleadians and Siriusians, who are the true spiritual Teachers of Earth's humanity, are happy to share with us the knowledge without which we earthlings cannot emerge from the endless series of earthly incarnations and join as equals the extraterrestrial civilizations that are part of the «Commonwealth of the Light Ring» on the expanses of Cosmic and Galactic Creativity.

About this and much more you can learn from this book series called «Extraterrestrial Contacts».





Book 1. «Teachers from Pleiades report»

Yalta, 1998



Pages:



Such concepts as «Cosmos», «Higher Intelligence», «UFOs», «aliens», etc. have now firmly established in our Consciousness, and we can no longer imagine ourselves, our planet and our entire existence in isolation from the rest of the universe, from the hope of a promising direct contact with brothers in Mind.

Who are they, our teachers, what do they teach, what do they look like, and what do they want from us? In this book you will find answers to these and many other questions.

CONTENTS:

From the author

Teachers from Pleiades report

First Appeal of The Demiurge of the World

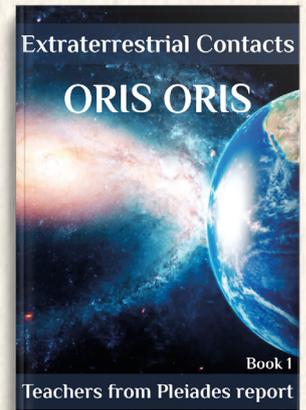
Appeal to earthlings from representatives of the Constellation of Pleiades

Ora's Appeal to the earthlings

Aalan's Appeal to people

Albellic's first Message

Albellic's second Message



Book 2. «The crew of the Starship Sirius-A reports»

Yalta, 1998



Pages:



In this book, the Pleiadians and Siriusians, who are the true spiritual Teachers of mankind, gladly share their knowledge with us, without which we, the earthlings, would not be able in the very short time that remains before the Transfiguration to come out of the many thousands of years of hibernation and to make the necessary number of timeless passages in the impermeable thickness of the Collective Consciousness, necessary for the so called «shift of the paradigm».

CONTENTS:

The crew of the starship «Sirius-A» reports

Albellic's third Message

Ramasanta's first Message

Ramasanta's second Message

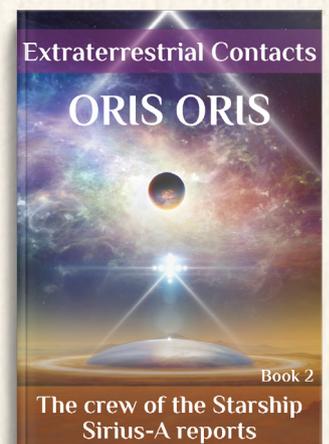
The First Universal Law of Cosmos

The Second Universal Law of Cosmos

The Third Universal Law of Cosmos

The Fourth Universal Law of Cosmos

Albellic's fourth Message



Book 3. «The crew of the Starship Sirius-B reports»

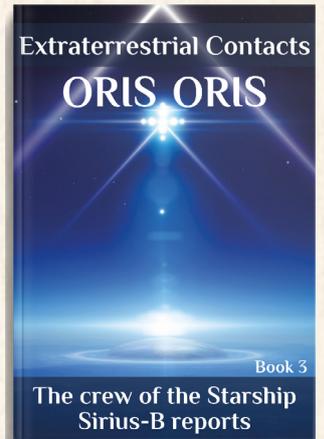
Yalta, 1998



Pages:



The next ten to fifteen years are predicted by extraterrestrials to be very informative and interesting for humanity. We will see how our so-called «unshakable reality» will begin to be rapidly turned upside down before our very eyes. Already the world does not seem as solid and unbreakable as it once did. And very soon we will all be witnesses and direct participants in a worldwide spectacle of Chaos and Confusion. The foundations of all our cultural, religious, philosophical, and scientific Paradigms, which have served us so far invariably as an image of the «real» World, in a matter of years, will crack and begin to crumble before our very eyes.



The reality of the New Age is within us, and main changes that we have to make must affect primarily our inner content, which, by freeing the Divine Light of our Souls from the millennia-old oppression of the Matter, will turn the mustiness and decay of our earthly cities into the unearthly glow of Beauty, which overflows the Cities of Light of the new, transfigured Earth.

CONTENTS:

The crew of the starship «Sirius-B» reports

- First Makkearland's message
- Second Makkearland's message
- Third Makkearland's message
- Fourth Makkearland's message
- Fifth Makkearland's message
- Sixth Makkearland's message
- Seventh Makkearland's message
- Eighth Makkearland's message

Book 4. «The Teachers of the humanity report»

Yalta, 1998



Pages:



Throughout all the history the humanity has been narrowing its perception of the Worlds from multidimensional, which includes all the subtle-material Spheres of the Astral, to three-dimensional, rough-material Level, thus not only limiting itself in the better understading of the world around, but also completely destroying the possibility of free contact with the Consciousnesses of hundreds of thousands of other space civilizations, who actively create and work in the Cosmos.

Representatives of many of these Intelligent Civilizations have practically never left our planet, while other Higher Entities have been incarnated among people only for several millennia.



They have voluntarily shared and continue to share with us all the burdens of earthly incarnations and the very heavy human Karma, only to help with their Knowledge of the Truth and their personal experience, so that the people of Earth could more rapidly climb the steep steps of the Evolution Stairs.

CONTENTS:

The Teachers of the humanity report

Araaragot reports

Oris's Dialogue with Allaagor the Andromedian

The «Wanderer» reports

The first Message of the Wanderer

The second Message of the Wanderer

The third Message of the Wanderer

First Message of Christ, Lord Maitreya

Message from the God of the Sun

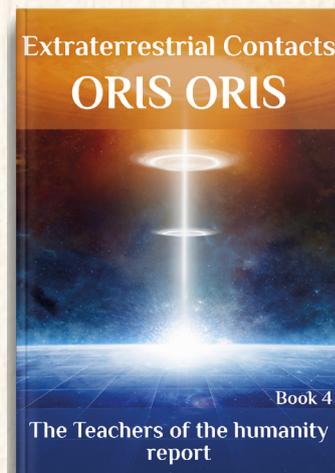
Message from Elohim to the people of Earth

Message from Archangel Michael

Message from Archangel Uriil

Message from Archangel Gabriel

Message from Archangel Metatron



Book 5. «Extraterrestrials»

Yalta, 1998



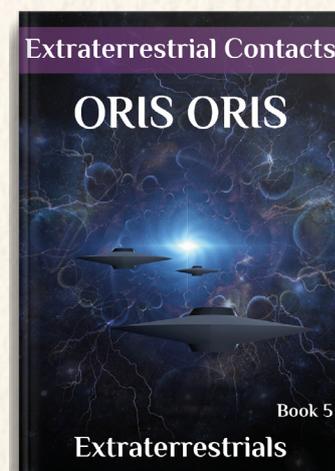
Pages:



They, the extraterrestrials, are working on our planet neither to conquer nor to enslave it, but with one single goal in mind: to slow down our rapid fall into the abyss of self-destruction, trying to bring to our Consciousnesses the moral, spiritual, social and scientific values accepted in the civilized Cosmos.

Those few people who are able to perceive their Word of Truth do everything possible, even impossible, to bring it to the half-asleep Consciousnesses of the rest of mankind.

Many «extraterrestrials» from Pleiades, Sirius, Andromeda and other civilizations of the «Light Ring» have been living among us for thousands of years, voluntarily giving up being in the Worlds of higher dimensions, just so that we, people of Earth, did not remain completely cut off from the Source, from Which all of us have come out, and to illuminate with the Knowledge of Truth the Path of spiritual ascent for Consciousnesses who no longer wish to



abide in the sleep of illusion and the darkness of ignorance. The Books of Oris are an example of this Service.

CONTENTS:

Extraterrestrials

Humanoids from the constellation Regulus

Mars and Martians

Civilization from the planet Ceres

Civilization from the constellation Andromeda

Civilization from the constellation Pleiades

Civilization of silver «humanoids-balls»

The mystery of Tunguska or once more about the non-humans

Civilization of green «humanoids-balls»

Christ the Superstar



Book 6. «On the eve of Armageddon»

Yalta, August 1998



Pages:



This book, in its uniqueness and value of the information it contains, is on par with the other Oris's books, continuing the subject of Contacts with Representatives of Worlds of Higher Levels of Existence.

Does The Christ Himself communicate with many people on the eve of the so-called «Last Judgment» transmitting specific recommendations? Has the Mother of God appeared to many to show them the way to salvation through Her Word in these terrible days of the approaching disasters and cataclysms? You just stop for a minute and delve into the rank of Those Who appeal to you – the Christ and the Queen of Heaven!

To ignore this information would be to close one's eyes, on the edge of the precipice, at the risk of being crushed to death. Is that what you want? Then read carefully, absorb and, opening the eyes of your Heart, draw your own conclusions.

CONTENTS:

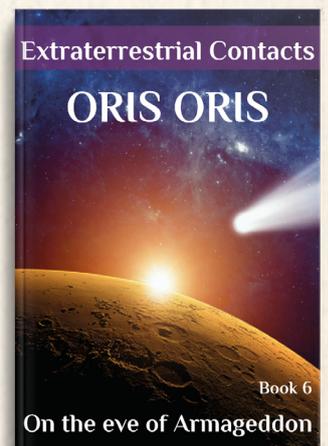
On the Eve of Armageddon

Second Message of Christ, Lord Maitreya

Commandments of Christ

The Word of the Queen of Heaven to the Adam's family

Oris's answers to the questions of the Swiss group of Star-Born





Book 7. «The beginning of Armageddon»

Yalta, September 1998



Pages:



The beginning of the Age of Aquarius. Nostradamus wrote: «I see a reborn and renewed Christ coming. And then there will come a long peace, unity and harmony among the generations of several races».

The process of division of people depending on the quality of their Consciousness has already begun rapidly around the world. It will soon lead to the final separation of mankind not by national, religious or party affiliation, but by the quality of their spiritual vibrations. People had more than enough time to change their lives for the better. But now there is no time even for a reflection.

Very soon there will be the first cataclysm of an unprecedented force, which will not only change the circumference of the Earth, but will also shift its magnetic poles. The Earth's axis, which is already in an unbalanced state, will change

and all this will cause continuous, endless cataclysms. Earthquakes and floods will become a common thing, and long and extensive fires will engulf the entire planet.

Today we are no longer «slipping into the abyss» or «standing on its edge», as economists and politicians reassure us; we are already flying into the abyss with great acceleration, and no one gave us wings to wave and soar upward to avoid death, or rather, God in fact did, but we have all forgotten about them.

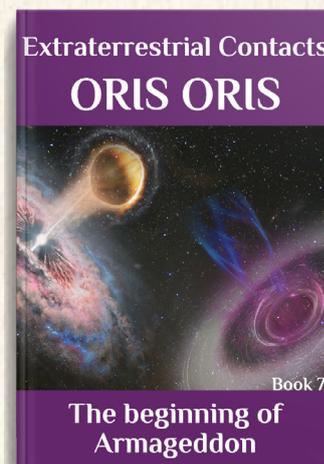
CONTENTS:

The Beginning of Armageddon

Ramasanta's third Message

Albellic's fifth Message

Oris's answers to questions from the Swiss group of Star-Born



Book 8. «Quo Vadis»

Yalta, January 1999

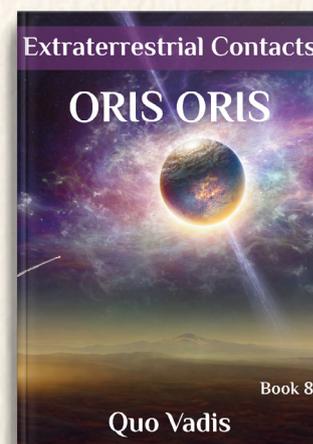


Pages:



The crew commander of the Sirius-A starship Albellic continues to share with humanity on Earth through Oris the knowledge about the last times of the physical incarnation of the Planetary Entity and its preparation for the spiritual Transfiguration.

By answering Oris's questions, Albellic describes in detail WHAT a human being really is, what are his true capabilities and what



are his immediate prospects on this planet.

CONTENTS:

Quo Vadis

Albellic's sixth Message

Albellic's seventh Message

From Oris's letters to the incarnate Star-Born



Book 9. «The Word of Transfiguration»

Yalta, 1999

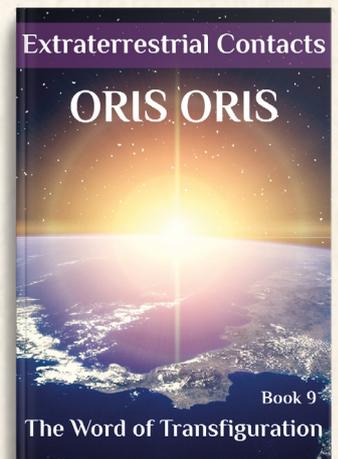


Pages:



Holy Mother of God, save us! - This is what the prayer to the Blessed Virgin asks for. But the same people disbelieve and slander, avoid and remain indifferent when the Living Virgin herself speaks to them and tells them about the ways of their salvation. «Hypocrites», says the Queen of Heaven to them, «get to know what Heaven looks like, and why do you not know the signs of the times? Prepare yourselves, people, as truly the day and hour of the Judgment of this world has already come».

In August Our Lady transmitted the first part of Her «WORD» through Oris, and on January 13 and 19, 1999, through the same channel She transmitted the next two parts and commanded to compose from Her «Word» a supranational «Gospel of Transfiguration», which was published as a separate book «The Gospel of Transfiguration by the Mother of God» (see below).



CONTENTS:

The Word of Transfiguration

The Word of Proclamation of the Mother of God

The Word of Transfiguration of the Mother of God

Second Message of the Demiurge of the World

From the prophecies of the end times



Book 10. «The New Earth»

Yalta, June 1999



Pages:



After the release of previous books in this series, letters to Oris from all over Russia, Belarus, Ukraine, and after the publication of his books in German and English - from Europe, England and the United States, come in an endless stream.

Because of lack of time, the author is not able to answer all of the numerous questions asked by readers. But the more important questions are answered in



this and the following books of this series.

Also in this book the author publishes the Third Message of Christ-Maitreya on the eve of the Transfiguration of the Earth.

CONTENTS:

The New Earth

Third Message of Christ, Lord Maitreya

Oris's Answers about the Transfiguration

Immediate perspectives of humanity

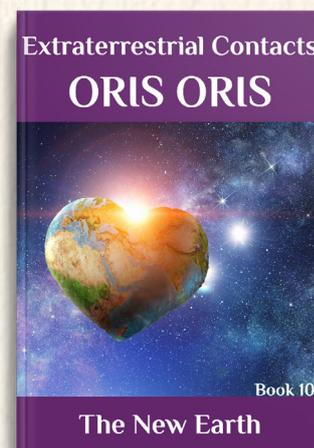
Physical atlas of the New Earth

Analogies of human death with Earth's Transfiguration Processes

Meditative practice of working with the elements

The genetic diversity of humanity

Questions and answers



Book 11. «Messages from Heaven»

Yalta, July 1999



Pages:



This book by Oris introduces the reader to another set of Messages from the Representatives of the Supreme Cosmic Mind on Earth - Lord Christ-Maitreya and the Commander of the crew of the Sirius-A starship Albellic.

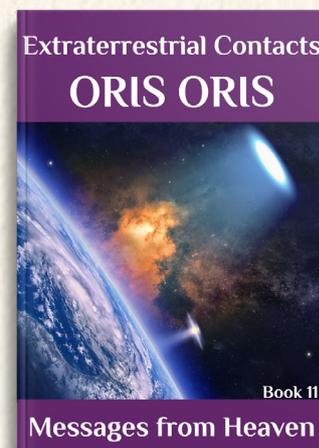
This is the most recent material of Oris's Contacts, received by him on the eve of his departure, along with six other Star-Born, for a 44-day Meditation and purification of body (the energy conductors) with the water on the Ai-Petri Plateau.

CONTENTS:

Messages from Heaven

Fourth Message of Christ, Lord Maitreya

Albellic's eighth message



Book 12. «The Transmutation Diary»

This book consists of four parts.



Pages:



From 7.07 to 19.08.1999 a group of Star-Born Consciousnesses under the leadership of Oris, implementing specific recommendations received from Albellic during Oris's Contacts with Him (choice of place, modes of accommodation, stay and meals, exercises, themes and methods of work in Astral, etc.), was in Crimea, on the plateau Ai-Petri, to conduct general Meditations and joint work on the Subtle Plane with Jupiterians – Intermediaries of the First Order from the Pleiadeans side.

This diary was kept by Firoxanta and thoroughly edited by Oris before publication.

About what happened to them during this period, about transmutation, about the incredible events that happened on the Ethereal Plane, you will learn from this Diary.

«The Transmutation Diary. Part 1»

Yalta, 1999

Pages:

Tells about the events that took place from 07.07.1999 to 19.07.1999.

«The Transmutation Diary. Part 2»

Yalta, 1999

Pages:

Tells about the events that took place from 20.07.1999 to 31.07.1999.

«The Transmutation Diary. Part 3»

Yalta, 1999

Pages:

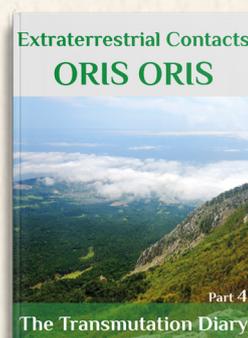
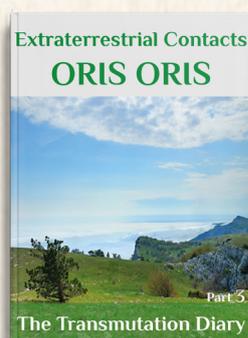
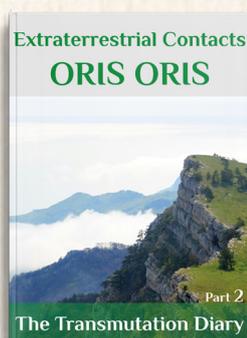
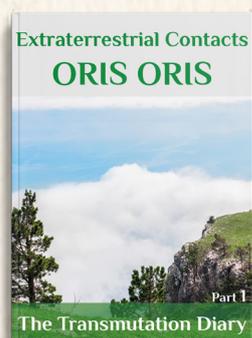
Tells about the events that took place from 08.01.1999 to 13.08.1999.

«The Transmutation Diary. Part 4»

Yalta, 1999

Pages:

Tells about the events that took place from 14.08.1999 to 19.08.1999.





Book 13. «All Contacts»

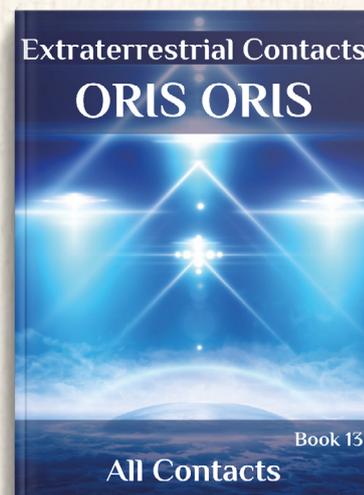


Yalta, 1999

Pages:



Out of all the huge number of Extraterrestrial Contacts made by the author, this collection contains the most relevant Contacts, in the author's opinion.



A collection of poems «40 days of Spiritual Solitude»

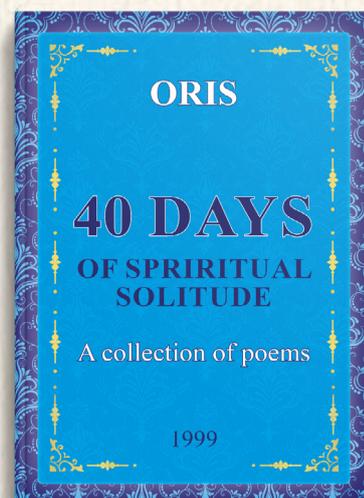
Yalta, 1999

Pages: 20

Poems presented in this collection are written by Oris during the period from the 7th of June until the 19th of August 1999, when he was on Ai-Petri Plateau with six other like-minded people, having once again taken a vow of silence and physical fasting.

This period is described in great detail in the book series consisting of 4 books under the general title «Transmutation Diary».

This book also contains an audio recording of these poems recited by Oris onto a tape recorder during this very act of Spiritual Solitude.



Book series «The Gospels»



«The Gospel of the Transfiguration from the Mother of God»

Yalta, 2002



Pages:

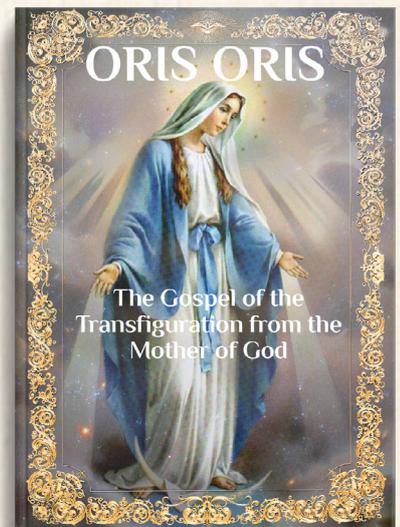


The word of the «Gospel of Transfiguration» was dictated to Oris by the Living Blessed Virgin Mary herself during Oris's meditations on January 13 and 19, 1999.

CONTENTS:

The Gospel of the Transfiguration from the Mother of God

The Word about enemies
 The Word about murmur
 The Word about Compassion
 The Word about Repentance
 The Word to My faithful ones
 The Word about Love
 The Word about infirmity
 The Word about Antichrist
 The Eve of the Last Judgment
 The Last Judgment
 The Beginning of the Last Judgment
 The Word of Proclamation
 The Crying of Our Holy Lady
 The Transfigured World



«The Gospel of the Transfiguration from the Christ»

Yalta, 2002



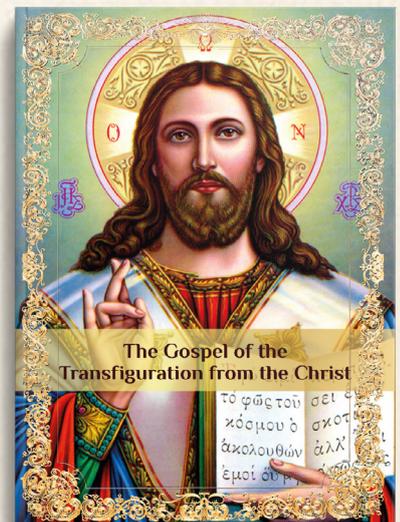
Pages:



Information received by Oris during direct Contact with the Christ Consciousness on August 19, 2000 and published by him on January 7, 2002

CONTENTS:

God's Word about the Transfiguration
 God's Word about Love
 God's Word about Wisdom
 God's Word about Death
 God's Word about the enemy of the human race
 God's Word about suffering
 God's Word about non-judgment
 God's Word about Faith
 God's Word about Repentance
 God's Word to My faithful ones
 God's Word about the Salvation of the Soul



2000 – 2008

Book series «Working notes»

In this book series are being published Oris's working notes made during his work on the book series called «lissiidi». Most of information outlined in these 4 books did not eventually make it into the final version of «lissiidi» series, hence it was decided to publish it separately.



«Chakram personalities and their influence on incarnated consciousness»



Yalta, 2000



Pages:



The author describes the essence of the concept of «Chakram personalities» and their influence on human consciousness through the psychic centers (chakras).

CONTENTS:

Chakram personalities and their influence on the consciousness of incarnated person

Padma and flames

A person's time field and the structure of his bilateral connection with chakram personalities

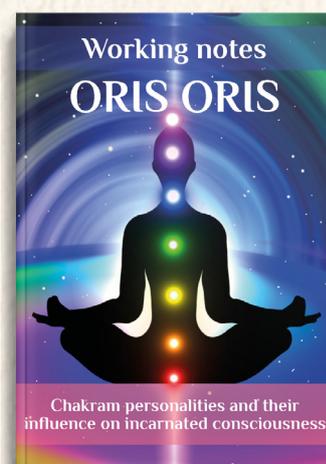
«You will not die, but you will change»

A new view on the human physical body

Spiritual and cosmic essence of a human

Significance of the vibrations of the tone names of the star-born for the acceleration of spiritual development

Chakram meditation



«Muladhara chakra (Argllaamuni-lissiidi)»



Yalta, 2000

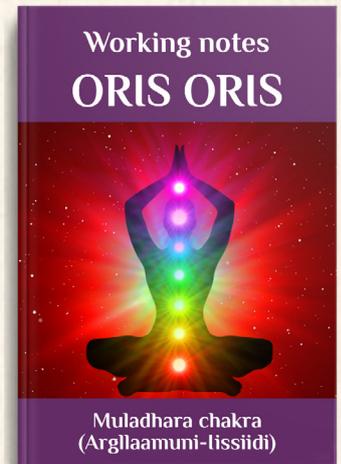


Pages:

Functionally, the Argllaamuni-center (Muladhara) is closely connected with the psychological abilities of the physical body, which provide survival of the physical body and protection of a person from unfavorable external influences. A big role in the activation of the whole immune system belongs to this lower center. Its normal functioning gives a sense of physical health, well-being, self-confidence and stability.



Imbalance and all kinds of muladhara «breakdowns» in the Aura, lead to the constant outflow of these energies and can cause a feel of insecurity, deep depression, lack of willpower, a sharp decline and energy loss, increased soreness in the lower and middle parts of the body, despondency and melancholy. This is particularly typical for those, who have not yet opened the karmic channels of the heart center or if karmic channels of the heart center are very weakly activated, which in order to switch the person to completely higher, spiritual levels of feeling and thinking. In such cases a person loses the purpose of his Life, as if he loses his roots and, purely intuitively, following the consciousnesses of the organs and body systems, completely surrenders himself to the satisfaction of his own lower desires in order to replenish the energies of the Argllaamuni center.



CONTENTS:

Muladhara chakra (Argllaamuni-lissiidi)

The colors, hues, and swirl sounds of Argllaamuni

The influence of the chakram mantra onto the consciousness and life of a person

Influence of word and music vibrations onto consciousness

Peculiarities of the geometry of Argllaamuni space

The «Lord» of the chakram

The specifics of the relationship of an incarnate person with the fragmented consciousnesses of the Argllaamuni-lissiidi

Qualitative Characteristics of the Levels of Fragmented Consciousnesses of Argllaamuni- lissiidi from first through seventh qualitative levels of Argllaamuni energies

Consciousnesses of the First Qualitative Level of Argllaamuni Energies

Consciousnesses of the Second Qualitative Level of Argllaamuni Energies

Consciousnesses of the Third Qualitative Level of Argllaamuni Energies

Consciousnesses of the Fourth Qualitative Level of Argllaamuni Energies

Consciousnesses of the Fifth Qualitative Level of Argllaamuni Energies

Consciousnesses of the Sixth Qualitative Level of Argllaamuni Energies

Consciousnesses of the Seventh Qualitative Level of Argllaamuni Energies

Work Methodology with Argllaamuni-lissiidi Chakram Personality

About the discharge of negative emotions





«Svadhithana chakra (Inglimilissa-lissiidi)»

Yalta, 2000



Pages:



The weaknesses of our sex education have led to the fact that most people, even if they feel a deep sensual attraction, instead of beginning a heartfelt spiritual exploration of each other in the process of intimate interaction and accumulation of sexual energy, instead, close their heart centers and turn the unique opportunity of highly sensual admiration into a trivial sexual act.

Unfortunately, the creators of the lower-astral and dense-material types of Reality benefit greatly from the fact that the prevailing majority of people completely incorrectly and perversely understand the very essence of SEXUAL INTERACTION. Sexual interaction in fact is a spiritual intimate process which, if properly understood, contributes to a stronger contact between a person and his inner Essence and contributes to a more highly-sensual and deeply soulful manifestation of the person.

Love is the real Symbol of the Age of Transfiguration that is coming on Earth! And the mysterious «sacred key» to the Gate of Spiritual Transformation is not somewhere in the cosmic infinity and unfathomable unknown, beyond our psychic capabilities, but in fact is located quite «nearby», or rather, in our own heart center AIGLILLIA, which is filled with the highest vibrations of Love literally towards every manifested aspect of the Life around us, including the strongest of all – the sexual one.

CONTENTS:

Svadhithana-chakra (Inglimilissa-lissiidi)

Mandala of Inglimilissa and its cosmic essence

Twelve-year chakram cycles

Sex and Astro-travel

Some notes for the section «Interaction of the sexes»

Some notes for the section «Sex and the pathological features of individual physiology»

Family, Sex and Spiritual Development

The technique of sexual-hearty transmutation of chakram energies

Sexual transmutation without a partner

Sexual transmutation with any partner

Sexual transmutation through watching erotic movies

Sexual transmutation with a loved one

A brief description of the main qualities of fragmented Consciousnesses Inglim-



ilissa-lissiidi from first through seventh Energy-Informational Levels of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the FIRST Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the SECOND Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the THIRD Energy-Informational Level of Realities of Inglmilissa-lissiidi

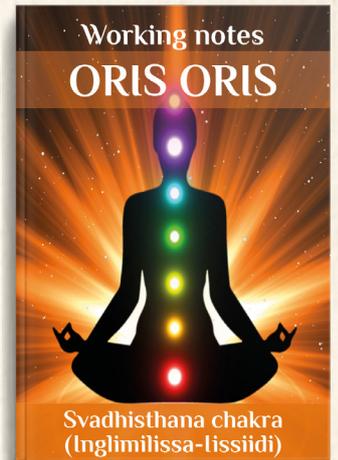
A Brief Characteristic of the Basic Qualities of Fragmented Consciousnesses of the FOURTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the FIFTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the SIXTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of Fragmented Consciousnesses of the SEVENTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

Methods for sustained alienation of self-embedded Chakram Consciousnesses from own astrosome



«Anahata chakra (Aigllilliaa-lissiidi)»

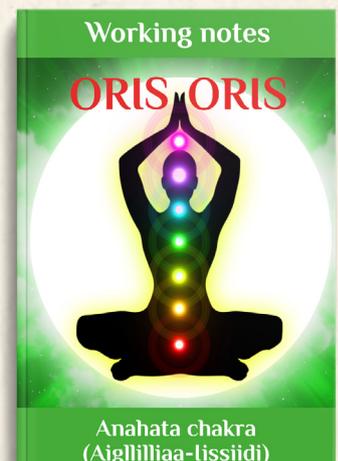


Yalta, 2000

Pages:



Oris describes his reflections about the so-called Anahat states and deepens the concepts of Kindness and Love, revealing their different shades depending on the presence of a greater or lesser selfish component in each of such manifestations.



Book series «ISSIIDL»

This series of books, from the first to the last pages, includes the most unique in meaning and the most important information, accepted by Oris after the year 2000 during his next direct Contacts with the Creators of Humanity: Algellis (Argllaamuni and Inglmilissa iissiidi centers), lillgmmii-I, (Aigllilliaa and Orlaaktor iissiidi) Lua-Andis (Ulgluu and Ssaassfati iissiidi), Greyli-Vin (Olgoolloni and Aani lissiidi), Slliargsmiii (Raaklima and Uluuguma lissiidi), Sslaaiingsa (Svaagali and Eyyaaa lissiidi) and Ssniillgsa. These Cosmic Entities represent personal Interpretations of Oris at the levels of the collective Subconsciousness, Supraconsciousness, Ultraconsciousness, Superconsciousness, Hyperconsciousness, Proconsciousness and Protoconsciousness. The detailed Knowledge of such a high Buddhist level, for many evolutionary reasons, has never before was accessible to humans or even the spiritual Initiates of the 3-4 Planetary Initiations.

Only because of the spiritual transformations which have intensively begun on Earth and because of the preparation of the collective Consciousness of mankind for the act of Transfiguration this Knowledge is now being transmitted to those of earthmen who are ALREADY spiritually mature for its proper understanding and comprehension and who are eager to use it to continue their further Path of mastering and accumulating the entire experience of incarnated earthly existence as swiftly and as effectively as possible.

In none of the astral or written sources on our planet there is even a mention or a distant analogy of this Teaching, because the degree of admission to it requires from the spiritual seeker an active self-discovery and prolonged experience of conscious existence at the causal-buddhich level, as well as an experience of being outside the physical shell for long time.

Oris deliberately integrated all the Knowledge he received - the «Teaching about chakram personalities» - only onto the highest ajna-vishuddha levels of the collective Consciousness of the planet, because further adaptation of these highly spiritual codes to the generally accessible understanding would lead to a significant decrease in their degree of authenticity. Therefore this information can be productively assimilated only by people with actively developed over diaphragmatic psychic centers. For them and ONLY FOR THEM the Spiritual Teachers from Pleiades transmit this newest spiritual Teaching.





Book 1. «The teaching of what does not exist, but what is the most real»



Yalta, 2001
Pages: 159

CONTENTS:

From the author
 Illusions and metamorphosis of the Universe
 Objective realities of the Earth
 «There is a lot of us, but we are one»
 Chakrams of the Soul
 The twelve energy-informational levels
 Twelve types of Energy-Matter
 The twelve main Chakrams
 Spiritual-synthesizing role of Kundalini energies
 The Cosmic-transforming essence of the «Nadi» channels



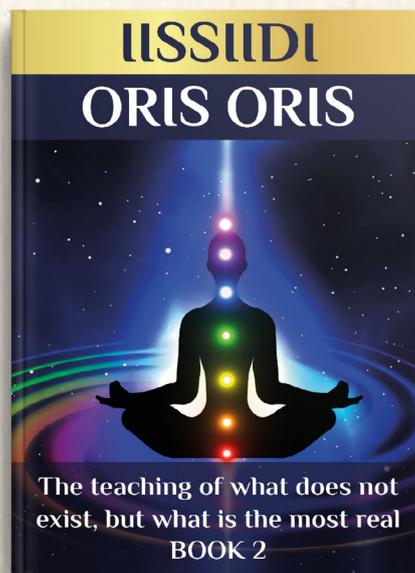
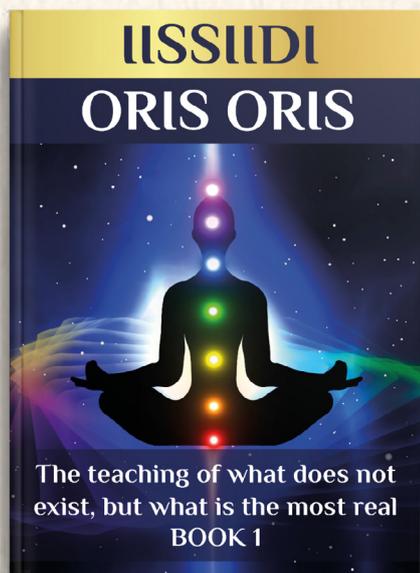
Book 2. «The teaching of what does not exist, but what is the most real»



Yalta, 2003
Pages: 137

CONTENTS:

The Spiritual-Cosmic Essence of human
 Chakram personalities and their influence on human Consciousness
 Padma and flames



 **ИССИДИ. «The teaching of what does not exist, but what is the most real». Dictionary**

Yalta, 2003

Pages: 150

 **ИССИДИ. «The teaching of what does not exist, but what is the most real». Dictionary. Annex**

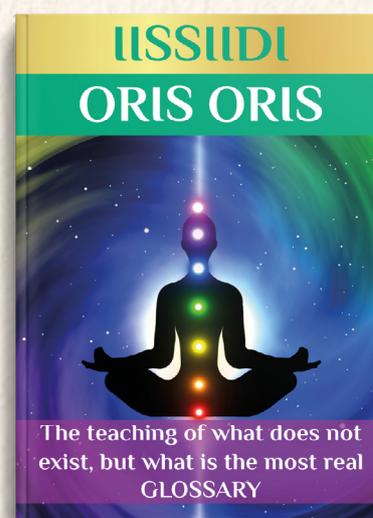
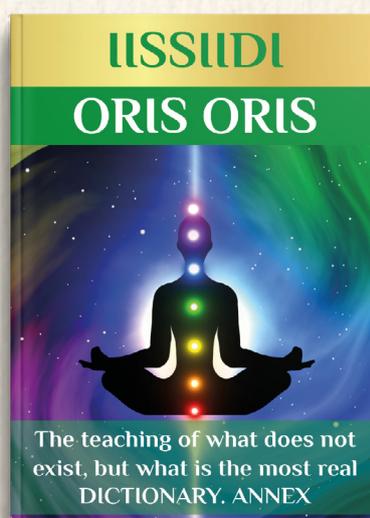
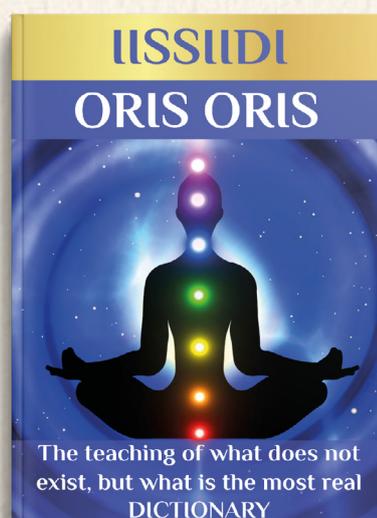
Yalta, 2003

Pages: 55

 **ИССИДИ. «The teaching of what does not exist, but what is the most real». Glossary**

Yalta, 2003

Pages: 25



«The Great Message»

In 2006 two volumes of Oris's books were published, reflecting the results of his further Contacts with the Teachers of Humanity, which represent the highest personal Interpretations of his Ultraconsciousness and Superconsciousness, under the general title «The Great Message». Its contents marked the beginning of the creative stage of work with information of a principally new, more qualitative level.

As a result of numerous answers to reader's questions on the materials of these volumes a new series of books «Immortality is accessible to everyone» was published as part of the Issiidiological Knowledge - the newest spiritual-cosmological conceptions about the Universe and the human being.





The Great Message – Part 1 «AYFAAR»

Yalta, 2006

Pages: 507

CONTENTS:

Connecting Consciousness to the «ISSIIDI Teaching»

Illusions and metamorphosis of the Universe

DDIUYI (The Universe)

The energy-plasmic and space-time structure of the Universe

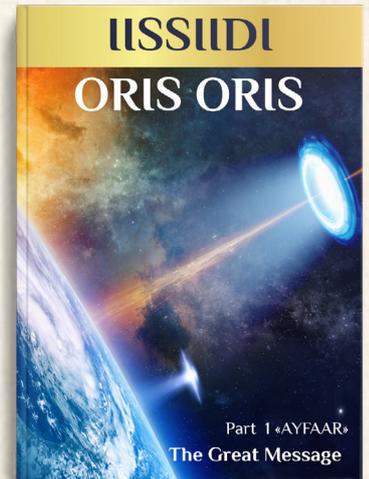
Ayfaar (The Higher Intelligence of the DDIUYI)

TLAASSMA-A (The Cosmic Spirit)

SSMYYSMAA-A (The «Soul-Analogue» of Cosmic Spirit)

GOOLGAMAA-A (The Soul-Aspect)

LLUU-VVU («human personality»)



The Great Message – Part 2 «SLUI-SLUU»

Yalta, 2007

Pages: 498

CONTENTS:

Connecting Consciousness to the «ISSIIDI Teachings»

Illusions and metamorphosis of the Universe

Universal Cosmic Laws

All-Unity of Multiplicity

Individual Forms of creative «personalities» SLUI-SLUU, realized through

ISSIIDI-Centers of AIY-YYA

Cosmic Classification of the Forms of Creative Realization AIY-YYA

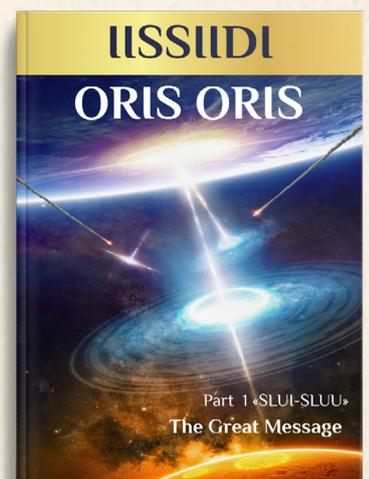
Brief Characteristics of Some Forms of Creative Realization
of LLUU-VVU

Brief Characteristics of Some Forms of Creative Realization
of AIY-YYA

LLAA-GRUAA, FFLATTMA, and GLOA

ILLGRII-TO-O

LAANGH-KRUUM, UUN-GLIIRIDA, OOL-GOO-LTR



Book series «My Covenant»

(New title - Volumes 7 and 8 of the series «lissidiology Fundamentals»)

Pages: 1,469

From 2001 to 2022 Oris has written over 1600 song lyrics to popular tunes of the 20th and 21st centuries. The first 555 songs were combined in two collections called «My Testament». The lyrics of all subsequent songs are published on the Ayfaar Songs website ayfaarpesni.org.

These songs tune to a positive perception of life circumstances, an altruistic way of life and unconditional love for everything, as well as a deep understanding of the fact that everything that happens to a person as a good thing.



My Covenant 1

Yalta, 2002

CONTENTS:

A word from the author

Texts to the most popular songs of the 20th century

Let's Sing a Song in Love and Light!

Songs that revive the Star Memory

Let the Songs of Ayfaar be heard!



My Covenant 2

Yalta, 2002

CONTENTS:

Preface

Texts to the most popular tunes of the 20th century

Songs that revive the Star Memory

Let the Songs of Ayfaar be heard!



2009 – 2022

Book series «lissiidiology»

From 2009 to the present, Oris has been working on the book series called «lissiidiology».

This series consists of the following books:

- lissiidiology Fundamentals (Volumes 1-6)
- Texts of Ayfaar Songs (Volumes 7-8, previously published under the general title «My Covenant»)
- Dictionary of terms (Volume 9)
- «Immortality is Available to Everyone» (Volumes 10-15),
- «Commentaries to the Fundamentals» (vols. 16-20), which were compiled from the author's written answers to reader's questions
- «Kollokviums on Fundamental Concepts» (volumes 21-22), compiled from the author's oral answers to various lissiidiology questions

This book series is being continually updated with new Oris's answers to reader's questions, which are being subsequently formed into new lissiidiology volumes or added to existing volumes according to their subject.

This series of books reflects the author's latest iissiidiological insights, which deepen, expand and supplement the information published in the previous book series «lissiidi».



LISSIIDIOLGY



Volume 9. Glossary of terms

Moscow, 2010

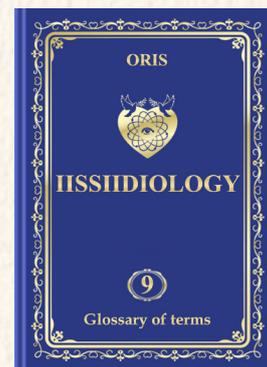
Pages: 725

IISSIIDIOLOGY terminology has its own individual specificity of spelling.

Also, each of the terms includes a much deeper meaning than might seem at first glance, because it is rooted in more qualitative levels of this Knowledge, which, without sufficiently developed extrasensory abilities, is not yet available for access to the current creative dynamics of the Self-Consciousness of an average person.

This publication contains only short vocabulary articles to facilitate the process of understanding the material, at least at the most elementary level. More detailed information on each of the terms can be found in other lissidiology books.

Some terms are very difficult to describe and have absolutely no analogues in the habitual human associative perception, so it is an extremely difficult task for the Author to formulate a dictionary article within the limits of an ordinary person's comprehension.



Volume 10. Immortality is accessible to everyone. «Fundamental Principles of Immortality»

Moscow, 2010

Pages: 521

In this book, Oris continues to give full answers to inmost and fundamental questions of cosmic and human existence: about Earth and universal destinies, the nature of life and death, Soul and God, good and evil, about our relations with one another, the nature of Space-Time and how the entire visible and invisible-to-us reality is formed. The Universal Knowledge given by Oris offers the fundamentals of a new and unique world view for all of us. It allows us to penetrate the mystery of eternal existence to an extent inaccessible before, reasonably and substantially solving the problems therein, offering convincing answers which are not available in any religious world view, philosophical movement or scientific theory. Oris's Information expands the limits of human experience and perception literally to infinity!

CONTENTS:

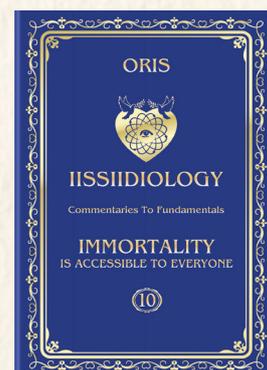
Preface. About IISSIIDIOLOGY

Editor's Foreword

Proofreader's Foreword

SECTION I. Fundamental principles of Immortality in the system of «personalized» Perception

SECTION II. The newest spiritual-cosmological Conceptions of the Universe and the human being



- SECTION III. A brief description of the main principles of energy-information structuring of multidimensional creative dynamics of the variable ethereal component of LLUU-VVU-Forms
- SECTION IV. The newest Conceptions of dynamics of energy-information structures of Creation
- SECTION V. Each of us has a great number of Destinies
- SECTION VI. Peculiarities of functioning of space-time and energy-information structures of «personalized» Self-Consciousness



Volume 11. Immortality is accessible to everyone.



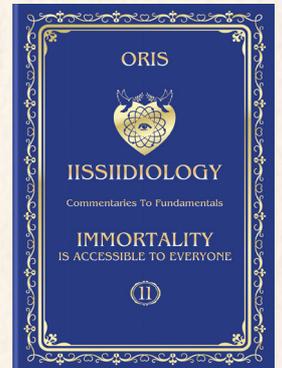
«Energy and biological mechanisms of refocusing of Self-Consciousness»

Moscow, 2010



Pages: 691

In the first Chapter of Volume, Oris describes in detail functioning of Formo-Creators of the brain, how the memory is accessed, how biological structures of the brain are associated with energy-informational structures of Self-Consciousness, how various Self-Consciousness Levels are differentiated and reprojected at the moment of so-called «Death». This Chapter also describes functioning of «the intestinal brain», how it becomes possible to cure at a distance (the technique of ethereal projection), gives the meaning of the esoteric term the «Astral Plane» from the point of view of lissidiology.



The second Chapter tells us that biological Forms can exist in different Continuums and explains the interrelationship between our lifespan and quality of active Levels of our Self-Consciousness. It also provides information on the following subjects: it is possible to «live one's Life many times» in higher-quality scenarios, cycles of changing male and female manifestations within the structure of a multi-dimensional human Form, physical principles of organization of higher-frequency levels of the Universal Reality with a detailed description of the nature of boson and fermion fields, and types of particles that are carriers of such interaction.

CONTENTS:

Preface

- SECTION VII. Objective mechanisms of a phenomenal manifestation of the Illusion of «Death» of any «personality» in the dynamics of Formo-systems of the Worlds
- SECTION VII. Duration of existence of «a human personality» as the continuous dynamics of manifestation of different-qualitative NUU-VVU-Forms in Space-Time



Volume 12. Immortality is accessible to everyone. **«The Noo-time dynamics of the Universal Focus of Self-Consciousness»**

Moscow, 2011

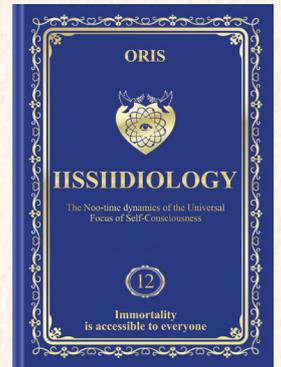
Pages: 733

Volume 12 is devoted to the diversity of the Self-consciousness manifestation forms in the infinite variety of the Form-Systems of the Worlds. Tell me, what do you know about the universal properties of Space and Time? About the illusory nature of our existence? About the Essence of «development» of each «personality»? It's not easy to answer any of these age-old questions.

But Oris, with all possible detail and thoroughly, goes on to answer not only these, but many other equally urgent and vital questions that trouble us and compel every seeker to learn, to give up something, and to gain something...

CONTENTS:

- SECTION IX. Possibilities of extending Life through another Form
- SECTION X. UU-VVU and Stereo-Types of LLUU-VVU-Forms
- SECTION XI. Interrelationships of a «personality», UU-VVU-Forms and their Form-Copies in the Form-Systems of Worlds and OL-LACT-DRUOTMM-Systems



Volume 13. Immortality is accessible to everyone. **«Psychogenetic conditionality of the manifestation of the «human» form»**

Moscow, 2011

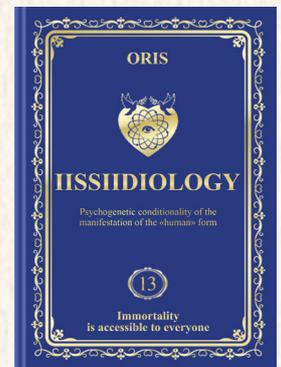
Pages: 700

In the 13th volume of the commentaries, Oris answers the vital questions of mental and physical health, medicine, psychology, psychiatry, genetics, somnology, pharmacology, and reveals the psychogenetic features of the manifestation of the «human» Form.

Our biological Existence is a continuous process - when we feel, think and experience something, we immediately become part of those groups of the Worlds, Realities and Continuums whose synthetic dynamics correspond exactly to the quality of these infinite processes.

CONTENTS:

- SECTION XII. The influence of the fear of «Death» on the effectiveness and quality of Self-Consciousness Refocuses
- SECTION XIII. The different-qualitative Dynamics of the Form-Creators of Self-Consciousness is the main Principle of Refocusing



SECTION XIV. Form-copies, UU-VVU conglomerates, factor Axes and DNA

SECTION XV. The experience of subjective experience of «terminal» illnesses, preagonal states and dreams

Volume 14. Immortality is accessible to everyone. **«The Principles of rezonance of Self-Consciousness structures»**

Moscow, 2011

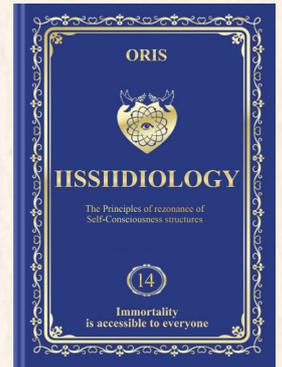
Pages: 798

In this volume the author allows the reader to delve into the subtlest and most complex mechanisms of its manifestation details of synthetic formation processes not only in the three-dimensional range of Energy Plasma, but also in all the multidimensionality of energy-information structures of the universe.

Every reader with an inquisitive mind and an appetite for knowledge will discover the mysteries of the physical laws of our material reality and the mechanisms of dimensional formation of spatial and temporal structures of the inertial ranges of the universe.

CONTENTS:

- SECTION XVI. The synthetic dynamics of Thought-Forms, Sense-Forms, and SFUURMM-Forms (unstable Karmo-Forms)
- SECTION XVII. Influence of causal processes of Self-consciousness onto the dynamics of the manifestation of the Forms of the surrounding reality
- SECTION XVIII. GLEIIYO- and UDDVOO-types of dimensions, Worlds, their antipodes and «anti-Worlds»

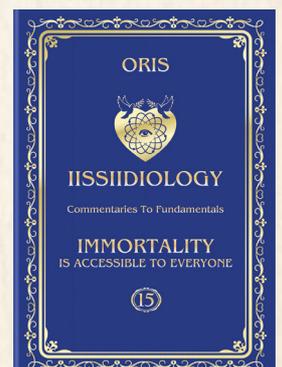


Volume 15. Immortality is accessible to everyone. **«The Conscious Path to Human Worlds of «personal» Immortality»**

Moscow, 2012

Pages: 648

«The Conscious Path to the Human Worlds of «personal» Immortality» - this is the name of the new volume from ORIS book cycle «Immortality is accessible to everyone». At first glance, this may seem like an invitation to a philosophical contemplation. But by appealing to his devoted readers, the author hopes for the consideration and perception of this issue in a broader or, if you like, deeper understanding. Philosophical concepts offer to us only sensory-contemplative,



mostly associative images regarding a particular issue. The author, however, presents in this work, as a logical continuation of previous volumes, a detailed consideration of the practical prospects for the development of a personality into a true Human, who explores his own spirituality.

In addition to the mechanisms of working with own Self-Consciousness, which will lead people as Humans to «personal» conscious Immortality, ORIS describes the «Worlds of our Future», the prospects for the manifestation of the coming times. And in order for everyone to develop an understanding of their own Path, a comprehension of the choice of their spiritual development, the author not only describes «bright» prospects, but also specifies in detail the obstacles that each of us may face and, by not noticing or not determining the nature of which, to unconsciously, under the influence of particular reasons, deviate from the development in the Human direction.

With the help of this book, you will be able to determine the qualities that are truly inherent in people, and you can finally figure out how to form in yourself these qualities that are truly Human - with a capital letter. Having experienced what a highly sensual Intellect is, you will then understand why only with the help of highly intellectual Altruism you can find the Path to the cherished Goal of your spiritual future!

CONTENTS:

- SECTION XIX. Obstacles on the path of realization of «individual» Immortality
- SECTION XX. The Specific States of uoldmiism (high-sensual Intellect) and stollmiism (High-Intellectual Altruism) synthesized in the Human (lluuvvumic) development Direction
- SECTION XXI. Specificities of lluuvvumic transformation of human features
- SECTION XXII. Our «future» Worlds. Perspectives of the approaching times



Volume 1. lissidiology Fundamentals.



«Interaction of Information and Energy as the Primary Cause for origination of the Creative Activity of Self-Consciousness Focus and the Macrocosmos in whole»



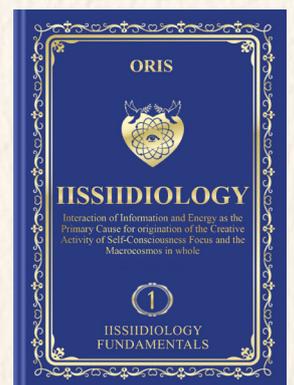
Moscow 2013



Pages: 312

This book presents the beginning of an overall 20-volume information series titled «The Great Message», which consists of «IIS-SIIDIOLOGY. Fundamentals», «Commentaries to Fundamentals» and author's Song lyrics with a highly-spiritual content written to popular and all-loved melodies.

From the very beginning, the author pinpoints the reader's atten-



tion upon fundamental notions of IISSIIDIOLOGY starting from basic, axiomatic Conceptions. The book contains the newest interpretation of formation of the outer reality based on the Self-Consciousness's Focus Dynamics as the main functional mechanism of the Macrocosmos's Creative Activity. A detailed comparison of the author's hypotheses with existing scientific conceptions allows to draw parallels with the current worldviews about nature, space, time, energy and to find the ways for their radical transformation and potential development.

In this volume, the author introduces the conceptual foundation necessary for an adequate understanding of all other IISSIIDIOLOGY books of this series. Hierarchy of Self-Consciousness Levels, dimensional differentiation of manifestation Forms, classification of elementary (and other) particles as structural components of the Universal Plasmic-Differentiation Emission, information theory of the formation of Energy in the Macrocosmos are described in order to form necessary notions that will serve as the basis for further more complex iissiidiological Categories: Universal Cosmic Laws and their Principles, Diapasons of Plasmic Forces, Evolutional and Involutional Branches of development, and many others. The first volume of Fundamentals is the required minimum for any reader who wants to thoroughly study iissiidiological conceptions.

CONTENTS:

Intuition and its role in scientific cognition

iissiidiology, its goals, objectives and perspectives in the development of humankind

Author's Foreword

SECTION I. Integral concepts that form the basis of iissiidiological Notions

SECTION II. The multilevel structure of Self-Consciousness

SECTION III. Energy and different-qualitative Levels of manifestation of Self-Consciousnesses Forms that form various types of «materiality» (...doollses — waves — flakses...)

SECTION IV. Energy-Plasma as a transcendental basis of interaction between Energy and Information within the structures of the Macrocosmos



Volume 2. iissiidiology Fundamentals.



«Cosmic Qualities as the Basis for energy-informational manifestation of all the Form-systems of Macrocosmos»



Moscow, 2013

Pages: 662

Many scientists may consider this volume of «Fundamentals of IISSIIDIOLOGY», as well as all the other books of this twenty-volume series titled «The Great Message», no more than «science fiction» — each of us has the right to believe in what is the most convincing. However, every intelligent person who possesses at least



the rudiments of cognitive intuition can discover in this information those more Qualitative characteristics of the objective truth, thanks to which continuous eglleroliftive Amplification of all Self-Consciousnesses Forms is carried out.

Catastrophism periodically appearing in the process of human self-cognition is always accompanied by the radical breaking of many old Conceptions, which by its radicalism surpasses greatly all theoretical forecasts. Fanatical belief in dogmas and postulates established once, as well as the clear tendency for idolatry — these are obvious characteristics of degradation and regression that converge modern academic science with paganish religion. Yet, the eglleroliftive Amplification process and harmonious evolution both of a separate personality and human population in general is impossible without breaking down old stereotypes and establishing — on the basis of deep cognition of Wisdom of previous and future generations — much more universal conceptions about ourselves and our surrounding reality.

This uneasy, but grandiose on its depth and scale Task of prompt and Qualitative transformation of human community is assigned by the Evolution Itself to the universal knowledge of IISSIIDIOLOGY, absolutely new to people, which is received for the first time and entirely by one person only by means of the intuitive way of cognition. We offer you to find out more about its newest fundamental Conceptions in the second volume.

Besides, the IISSIIDIOLOGY offers to Collective Consciousness of humankind a totally new paradigm that gives new and fresh view of the multitude of clinical phenomena studied by psychotherapists. It gives a theoretical model for understanding the changes in the mentality of a patient and the hope on clarifying mechanisms of effectiveness of psychotherapeutic method.

CONTENTS:

About lissiidiology

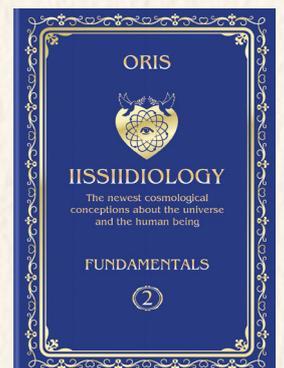
lissiidiology: From a Cell to a Universe

SECTION V. Transcendental nature of Cosmic Qualities and Principles of Their transmutation into Creative Cosmic States

SECTION VI. Sll oogrent interconnections of Form-systems of personal Worlds with Universums of Macrococosmos

SECTION VII. Universal rhythms of Focus Dynamics of The Highest Cosmic Intelligence AYFAAR

SECTION VIII. Eglleroliftive tendencies of Universes. Universal Focus Effect of Self-Consciousness or the newest viewpoint on the Big Bang theory





Volume 3. ISSIIDIOLGY Fundamentals.



«Variety of Forms of Creative Realization of the Cosmic Human»



Moscow, 2014

Pages: 780



The third volume of «ISSIIDIOLGY Fundamentals» allows readers to go deeper into yet completely unexplored by us structures that provide functioning of human Self-Consciousness and its interconnections with Self-Consciousnesses Forms focused by it. First two volumes of «ISSIIDIOLGY Fundamentals» thoroughly describe the deep Nature of Causes and Mechanisms of Creative Activity of everything manifested in multidimensional and different-Qualitative Macrocosmos, including also qualitative Basis of Focus Dynamics of Form-Creators of Universal Structures. The third volume in its turn focuses on the detailed description of basic Principles of exiberation of Human and other Self-Consciousnesses Forms in all the diversity of different-dimensional diapasons of the Tertiary Illusion.

To allow the reader to fully comprehend the essence of the notion «Self-Consciousness Form,» the author describes realization functions of these structures at the example of subjective formation — as a result of life creativity of every personality — of so called personalistic Worlds, which goes far beyond existing scientific notions about the surrounding reality and peculiarities of interaction between Forms structuring it, whether it is a human, a planet, or an elementary particle. Furthermore, he describes different-dimensional variety of Forms of Iluuvvumic Direction of development and characteristics of focal realization of Humankind Collective Cosmic Intelligence as a unified the LLUU-VVU-Entity.

The third volume ends with a detailed description of multi-level manifestation of Plasmic Forces Diapasons of our Universe, which are described from a position of their subjective interpretation through the specific peculiarities of human Perception systems. Endless inner transformations of Universal Illusion, as mechanisms of evolutional growth of the Cosmic Human on its Way to its Universal Future, lets inquisitive readers to form in their Self-Consciousness own highly intuitive conceptions about endless varieties of all possible variants of development, where goes the process of eternal multidimensional Existence of every human personality.

CONTENTS:

- SECTION IX. Personalistic World as Self-Consciousness Form
- Chapter 1. Multitude of personalistic Worlds and sensibleness of Perception
 - Chapter 2. The realization Principle of the Mechanism of NUU-VVU-Form-Types wave analog's exiberation from f-Configurations of doolls and flaks Self-Consciousnesses Forms
 - Chapter 3. The Principles of exiberation of different-Qualitative



- SFUURMM-Forms in 3–4-dimensional World's Form-systems
- Chapter 4. Implementation of surrounding us subjective Reality is carried out through generations of Self-Consciousnesses Forms of elementary particles
- Chapter 5. Integration of rotational Cycles and formation of unified World's Form-system
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- Chapter 7. Self-Consciousness is the Mechanism of realization of properties of Energy-Plasma through peculiarities of personalistic Worlds
- Chapter 8. Sporadic Worlds
- Chapter 9. Influence of SFUURMM-Forms of sporadic Worlds on the process of formation of SFUURMM-Forms of personalistic World
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- Chapter 1. Vibrational different-leveled Nature of Energy-Plasma
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- Chapter 3. Info-Creators and Form-Creators of aiyyaiaic birvularity type
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- Chapter 2. Characteristics of amitsissimal and confective SSS-States
- Chapter 3. United Idiopathic SS-TOO-IIYS-SSS-Ingredient of Macrocosmos
- Chapter 4. Some subjective criteria of affiliation of Self-Consciousnesses



Forms to simultaneous focal realization of Collective Cosmic Intelligence of the LLUU-VVU-Entity

Chapter 5. Form-differentiating Temporal shells of NUU-VVU-Form-Types

Chapter 6. Astropasmic lital temporal ethereal constituent of NUU-VVU-Form-Types FDTs (SVUULLMII-SVUU-VVU)

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Chapter 8. Other ampliative Bodies and Forms of the LLUU-VVU-Entity

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Chapter 1. Complex-Plans, Plan-Levels, Plan Overtones, and interconnections between them

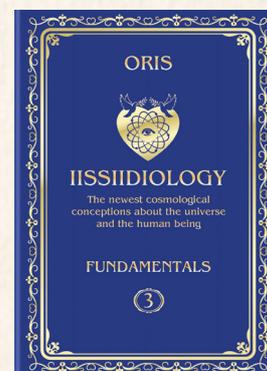
Chapter 2. Interconnections between Cosmic Qualities at manifestation in different Levels of Energy-Plasma

Chapter 3. «SECTORS,» «SUB-SECTORS,» «FLOWS,» and «RAYS» of combinations of Pure Cosmic Qualities. The General Principle of the formation of Universal Karma

Chapter 4. Inter-Galactic e Complex-Plans. SSUU-SS-VUU-Creativity Spheres of AIY-YYA-Entity

Chapter 5. Cosmic Plan-Levels. NAA-GLLII-UU-Creativity Spheres of AIY-YYA-Entity

Chapter 6. Plan-Overtones of Fields-Consciousnesses. The simplest focal-ethereal «projections» of EIYG-SS-MII- Creativity Sphere of AIY-YYA-Entity



Volume 4. Iissidiology Fundamentals.



«Structure and Laws of implementation of Macrocosmos skrruullerrt system energy-informational dynamics»

Moscow, 2015

Pages: 748

In the beginning of the volume, the author recalls generation principles and mechanisms of the human subjective Realities, explains interconnections between the Tertiary and the Secondary Illusions Form-Creators, while describing thoroughly Fields-Consciousnesses structure, defines birvulyarity and its Qualitativeness types conception. The main part of the volume is devoted to description of the Reasons and principles of the Universe Cosmic Entity Focus Dynamics, various energo-informational structures of Its Self-Consciousness, and also to disclosure of SFUURMM-Forms human-type realization process and Form-Creators Focus Dynamics amplificalional aggradation process.

This volume concludes with summarizing, integration of everything described



— with Information about Universal Cosmic Laws and Their Principles providing fundamental basis for generation of all Self-Consciousnesses Forms in Macrocosmos Tertiary, the Secondary, and the Primary Illusions.

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 - Chapter 2. The different-Qualitative Process of amplificational Self-Cognition of all Collective Cosmic Intelligences and Their Self-Consciousnesses Forms
 - Chapter 3. Functional interconnections among various Cosmic Form-structures and Creators-PLASMOIDS
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- SECTION XIV. The Universe is the result of focal realization of SFUURMM-Forms of Self-Consciousness of DDIIUYYI-Entity
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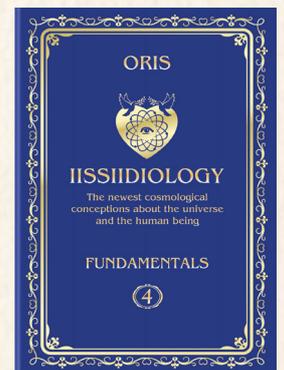
Chapter 3. Internous interconnections of Idiopathic TLAASSMA-A-Ingredient of DDIIUYYI-Entity with Its SSMIIYSMAA-A- and GOOL-GAMAA-A-Ingredients

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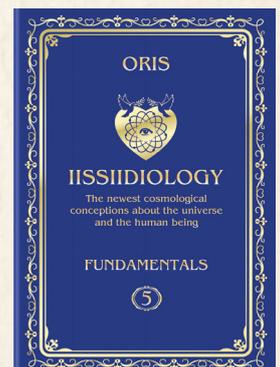


 **Volume 5. IISSIDIOLGY Fundamentals.**
«Basic creative possibilities of the realization of Iluuvvumic Creators in mixtum NUU-VVU Forms»


Moscow, 2017

Pages: 791

Thoughtful study of this material allows the reader to get a more objective idea of the material basis of idealism by developing, in particular, quantum theory of Consciousness on the example of «microtubule concept». The reader will also learn about chakram determinacy of Focus Dynamics of all Self-consciousness Forms, will get an understanding of primary connections of thought formation, will get unique information about informational-energy conditionality of ontogenesis and embryogenesis, pathogenesis in general and hereditary diseases in particular, and finally will discover the universal etiological model of one of the most complex human feelings - the feeling of love.



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- Chapter 1. Vivaxes, Parvulas and other NTC's ethereal Constructions. Their role in the Experience transfer at different types of Self-Consciousnesses Form's revitalizations
 - Chapter 2. Genome, heredity, and the beginning of human embryo's Parvula formation
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- Chapter 3. Formation of LLUU-VVU-Entity's Synthesis Schemes on the basis of the LAANGH-KRUUM communication mechanism
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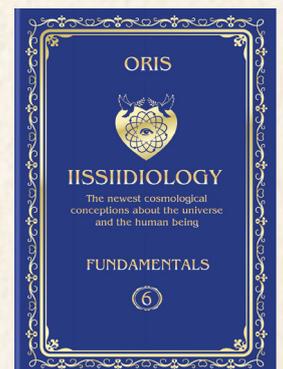
 **Volume 6. lissidiology Fundamentals.**
 **«Bioenergy processes of Self-Consciousness Focus Dynamics formation»**

Moscow, 2017

Pages: 772

This new volume of the series «lissidiology Fundamentals» is a reasonable consequence of consideration of biological mixtum NUU-VVU-Form-Types that was started in the previous volume. For our deeper understanding, it draws our attention even more at iissidiological approach to the matters, which are related discretely by contemporary scientific community to philosophic anthropology in general and to behavior theories of personality in particular.

At more objective, transcendent, gabitual (primordial, objectively deep) discussion, it becomes clear that the given material leads a reader maximally to objectivization of own conceptions about relations among personalized, unconscious, and subconscious levels of Self-Consciousness at the background of developing invizusal (imperceptible by our sensor systems and measuring devices) mechanisms of anatomy and brain neurophysiology, accompanied by dominant dynamics of



the first IISSIIDI-Centers pair.

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- Chapter 1. The functioning features of the Form-Creator's Focus Dynamics of the highest Planetary IISSIIDI-Centers
- Chapter 2. The subcenter compensators system and its role in the Planetary IISSIIDI-Centers functioning
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- SECTION XXII. Level-wise influence of GROOMPF-Creator's Fields Consciousnesses of ARGLLAAMUNI-IISSIID I on our Focus Dynamics
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Volume 16. Commentaries to lissidiology Fundamentals. «Self-development»

Crimea, 2018

Pages: 535

This volume contains Oris's written answers to reader's questions on the subject of spiritual self-improvement.

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- SECTION I. Living under the illusion of death
- Question 80. Why are we subject to aging and death?
 - Question 35. Can we refocus someone to somewhere?
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- Question 89. Transformation of primitive Inglmilissa Levels of Self-Consciousness
 - Question 70. Transmutation and transformation of Self-Consciousness
 - Question 58. How does the act of inter-qualitative synthesis occur?
- SECTION III. The benchmarks of the human development direction
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 - Question 40. About RHIO (responsibility, honesty, initiative, openness) and other qualities
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Question 18. How is «personal» self-consciousness interconnected with other levels of self-consciousness?

Question 15. Relationships of higher and lower levels in the self-consciousness of an individual

Question 92. The conflict between interests and necessity

Question 79. The principle of positivism in spiritual development.
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Question 88. The principle of radical refocusing

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Question 81. What is an enlightenment?

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Question 25. Energy filling when meditating on sound cosmic codes

Question 84. Methods for stopping the internal dialogue

Question 100. About the practice of silence (Blitz-28)

Question 101. About the practice of being in the dark (Blitz-29)

Question 87. About pride

Question 31. How does inner mental 'mess that tears apart' affect the quality of refocusing?

Question 93. Formation of formo-images in dreams

Question 32. How fully do we use our brain?

Question 52. About the mode of brain usage

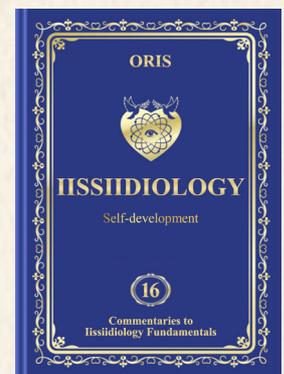
Question 6. Interaction between strategic and current interests (in a person)

Question 28. About breatharians

Question 65. Mind, intellect, intuition

Question 63. Ampliatiation (development) of the brain, future professions

Question 76. What knowledge is in demand in our future?





Volume 17. Commentaries to Iissidiology Fundamentals. «Biochemistry of mixtum Forms»

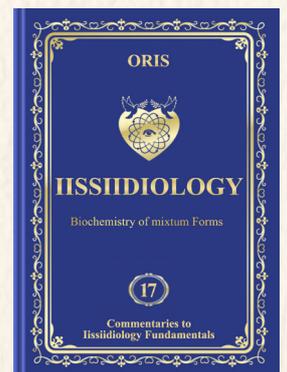
Crimea, 2018

Pages: 275

This volume contains Oris's written answers to reader's questions about the biochemistry of physical human forms.

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- Question 67. About the chromosome set of a human
 - Question 12. Interrelationships of the Thalamus Creators and the cerebral cortex
 - Question 77. The author's way of transmitting Formo-images from deep meditation
 - Question 102. About the transmission of mental states through audio and video recordings





Volume 18. Commentaries to lissidiology Fundamentals. «Cosmological aspects of lissidiology»

Crimea, 2018

Pages: 404

This volume contains Oris's written answers to reader's questions about the cosmological aspects of lissidiology.

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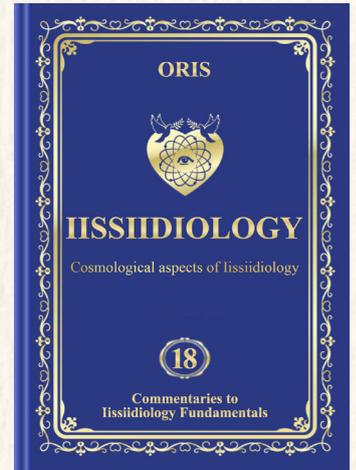
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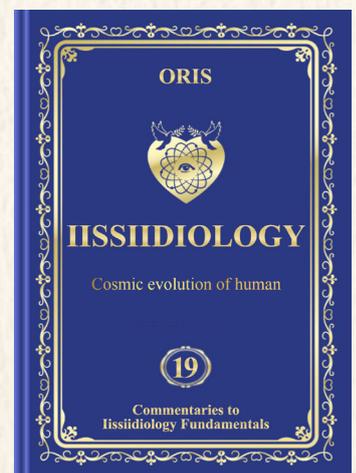
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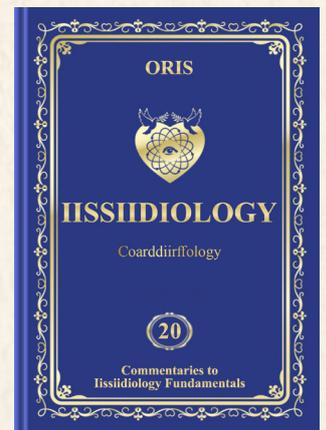
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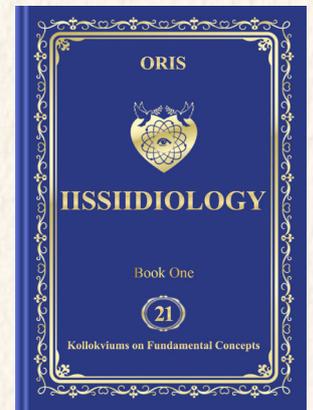
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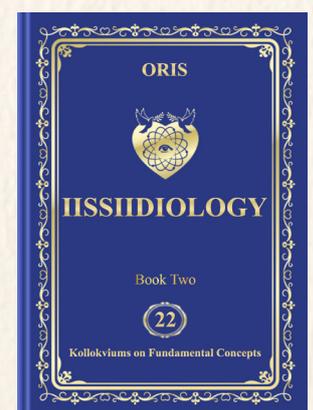
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On this website you can also ask the author himself any question in relation to any information mentioned in his books.

Ayfaar.org

This website is dedicated to the overview of the Spiritual Idea of building the Human Community based on Iissidiological Knowledge and building many «Ayfaars» on Earth.

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The website "Ayfaar Songs" which are written by Oris cultivate highest Human qualities in the most educated people, and promote effective Spiritual self-development. Ayfaar Songs are the second part of the Iissidiological Knowledge and greatly assist in its productive study.

As at the end of 2022 Oris has written over 1600 songs.