

# Working notes

# ORIS ORIS



Muladhara chakra



*Author: Oris Oris (Tsvelev Sergey Vasilievich)*

*Translation sponsored by: Astiyraalls*

*Design and layout: Astiyraalls*



# **TABLE OF CONTENTS**

<b>MULADHARA-CHAKRA (ARGLLAAMUNI-IISSIIDI)</b>	<b>4</b>
<b>The colors, hues, and swirl sounds of Argllaamuni</b>	<b>6</b>
<b>The influence of the Chakram mantra     on the consciousness and life of a person</b>	<b>9</b>
<b>Influence of word and music vibrations on consciousness</b>	<b>11</b>
<b>PECULIARITIES OF THE GEOMETRY OF ARGLLAAMUNI SPACE</b>	<b>20</b>
<b>The “Lord” of the Chakram</b>	<b>26</b>
<b>The specifics of the relationship of an incarnate person     with the fragmented consciousnesses of the Argllaamuni-Iissiidi</b>	<b>27</b>
<b>QUALITATIVE CHARACTERISTICS OF THE LEVELS OF FRAGMENTED CONSCIOUSNESSES ARGLLAAMUNI-IISSIIDI FROM FIRST THROUGH SEVENTH QUALITATIVE LEVELS OF ARGLLAAMUNI ENERGIES</b>	<b>31</b>
<b>Consciousnesses of the first qualitative level     of Argllaamuni energies</b>	<b>34</b>
<b>Consciousnesses of the second qualitative level     of Argllaamuni energies</b>	<b>38</b>
<b>Consciousnesses of the third qualitative level     of Argllaamuni energies</b>	<b>40</b>
<b>Consciousnesses of the fourth qualitative level     of Argllaamuni energies</b>	<b>41</b>
<b>Consciousnesses of the fifth qualitative level     of Argllaamuni energies</b>	<b>44</b>
<b>Consciousnesses of the sixth qualitative level     of Argllaamuni energies</b>	<b>46</b>
<b>Consciousnesses of the seventh qualitative level     of Argllaamuni energies</b>	<b>48</b>
<b>WORK METHODOLOGY WITH ARGLLAAMUNI IISSIIDI CHAKRAM PERSONALITY</b>	<b>50</b>
<b>About the discharge of negative emotions</b>	<b>60</b>
<b>Complete catalogue of books written by Oris Oris</b>	<b>74</b>
<b>Contacts</b>	<b>146</b>

# MULADHARA-CHAKRA (ARGLLAAMUNI-ISSIIDI)

*“All people either rise or fall; either create or destroy. If you are not collecting precious grains, you are throwing them away... You people, do not deceive yourselves in thought: your hearts are known.*

*Hypocrisy poisons the soul like the breath of Beelzebub. The sincere wicked one is more honored by the guardians of the Soul than the insincere pious one. A restrained curse is poison to the insides of man, and if you swallow it, it will never be digested and will poison every atom of your Soul...*

*If you sin against the Holy Spirit by neglecting him when he wants to open the doors of Life to you; by closing the windows of the Soul when he wants to pour the light of love into your hearts and purify them with God’s fire – your guilt will not be washed away in this life or in the life to come. Opportunity will no longer return and you will have to wait until the ages have passed.*

*Then the Holy Spirit will breathe on your fires of life again and fan them into a living flame. Sometimes he will open the door again and you can let him in to be with you forever, or you can neglect him once more and then again”.*

***Gospel. Jesus Christ of the Age of Aquarius, 105:25-38.***

According to the ancient traditions of Eastern esotericism, in the main mandala of this “root” energy centre its symbolic attributes are represented by a yellow square (or cube), symbolizing the quality of the energies of the First Element “EARTH”. In the centre of the square of the mandala of ARGLLAAMUNI is depicted LINGAM, whose Body of manifestation in the outer world is one of the traditional forms of Light.

The light-giving Body of LINGAM is coiled in three and a half turns, the Serpent (Fire) of the Kundalini (LAANGH-KRUUM). LAANGH-KRUUM is a “coiled-ring-Force Creator of the World”, which in the process of manifestation of the Universe consequently separated from itself all other centres and centres of Forces.



This four-flame 'earth chakram' is located in the perineum and 'corresponds' physiologically to the sacral nerve plexus. It is most closely associated with the male genital organs as well as the intestines (the rectum and colon sections). It is also the most associated with the sensory organs, such as the nose and feet. This is the only chakram, the Padma of which is situated differently in the physical organism of different sexes: for men it is situated at the very base of the spine, in the perineum between the anal opening and the scrotum (prostate gland), while for women it is located between the ovaries and projects to the back wall of the vagina with its rear vortex.

Functionally, Argllaamuni is closely related to the psychological capacities of the physical body, which ensure survival of the physical body and protection of man against adverse external influences. A big role in activation of the whole immune system belongs to this lower centre. Its normal functioning gives a sense of physical health, well-being, self-confidence and stability.

On the contrary, misbalance and all kinds of Muladhara "breakdowns" in Aura that result in a constant outflow of these energies may cause self-doubt, deep depression, helplessness, a sharp decline and exhaustion of energy, increased soreness in the lower and middle parts of the body, despondency and melancholy. This is particularly characteristic of those who have not yet opened the karmic channels of the heart centre or they are very weakly activated to switch the human being completely to the higher, spiritual levels of feeling and thinking. In such cases a man loses the purpose of his Life, as if losing his roots, and, purely intuitively, by giving in to the consciousnesses of the organs and systems of the physical body, completely gives himself to satisfying his own lower desires in order to replenish in this way the energies of Argllaamuni.

If suddenly, simultaneously and from all sides, troubles, failures, accidents and "earthly" diseases started falling on you, it means that in your collective Co-knowledge you for a long time are concentrated on the coarse energies of the Argllaamuni realities, and all your wishes, convictions, aspirations and your very thinking are directed not towards the spiritual existence, but only towards sustaining the foundations of your physical and low-sensible Life.

On the psychic level imbalance of this centre is manifested in frequent and sudden outbursts of anger, extreme greed, petty resentment, arrogance, pride and vindictiveness, aggressive striving to impose one's limited views and delusions on others, demonstrative calculativeness, gross sensuality and lustfulness, eagerness for avarice and hoarding. When this centre is misbalanced on the psychophysiological plane there may appear such "earthly" diseases as hemorrhoids, constipation, sciatica, prostatitis, ulcers and inflammations of various parts of intestines, stomach and liver, deposition of sand and stones in kidneys and gall-bladder. To get rid of all these ailments completely, one must constantly develop and cultivate in oneself openness, cordiality, soulfulness, compassion, unselfish care, kindness and good-naturedness.

# THE COLORS, HUES, AND SWIRL SOUNDS OF ARGLLAAMUNI

The colours of the energies of the Argllaamuni differ sharply from those of all other centres in their depressing heaviness and dirty cherry dullness, in the depths of which toxic green and blood-black hues, carefully intermingled with muddy earthy and dirty grey tones, flow in thin flowing threads. You can read in great detail about the qualities that condition each colour and hue in a human being in the book *Transmutation Diary*".

In the meantime, let's note that white is traditionally associated with the forces of light; blue describes a person whose self-control is based on solid knowledge and firm convictions; green represents charm, the ability to be tactful and polite, the ability to adapt easily to changing circumstances; golden yellow – striving for inner harmony through comprehension of Knowledge (science, technology, medicine) and mastering of various kinds of fine arts; orange – sensuality, emotionality, plasticity; red – sensual love; purple – religion, ritual wisdom, science of the Life of the Universe.

But if you will try to find in yourself even one of these colours in its pure form, you will understand that it is simply impossible, as all of them are clogged up with dirty shades of coarse energies of lower passions: hatred, envy, egoism, jealousy and fear. All the qualities and attributes are pure in themselves, but when they refract in the Consciousness of man, polluted with egoism and ignorance, they lose their initial purity and brightness and turn into muddy and tarnished streams. To bring them to the initial divine state of Purity and Harmony it is necessary first of all to try to purify oneself from the lower passions, vices, prejudices, criticism and to transform your feelings into a source of cordial Joy and peacefulness which will abundantly fill the atmosphere of your entire Life.

As for the so-called "pure" (i.e. without any impurities in the energies of the other two chakras which caused the outburst of negativity) energies of the Muladhara realities, they have **EXACTLY** the following astral appearance:

*The **FIRST**, the lowest quality level (of SEVEN!) is coloured in bright blood-red-black tones and all their many dull tones;*

***SECOND** – in bright bloody cherry colours with a small proportion of enveloping dirty grey shades with tarry black flecks in the form of numerous "dots" or "dashes";*

***THIRD** – in cherry black with toxic dark green and blood red flecks on a*

*light, dark smoky background;*

***FOURTH** is cherry-dark brown with whitish-muddy streaks;*

***FIFTH** is dark brown with many dark cherry streaks;*

***SIX**, brownish-white with dark grey-green streaks;*

***SECOND** in dark mustard-greenish and earthy-grey tones.*

**BUT!** To distinguish the individual energies of each of the levels in the general flow of the constantly rotating vortex of the Argllaamuni is practically impossible, as at every moment there is a certain prevalence of certain colours and shades which depend upon more or less activity of the chakram personalities from some particular levels of reality of this quality. In order to describe to you the above mentioned colour features of each of the seven Muladhara levels, I had to leave my physical body consistently in the reality of each of these levels in order to generalize and record their characteristic colour features.

Besides, the colours of energies of this vortex are greatly influenced by the colours of energies of the lowest levels of the other two centres, Inghimilissa and Orlaaktor. For example, if the cause of anger or resentment is unsatisfied sexual desires or rejected sexual aspirations, then in the general vortex of Argllaamuni there will certainly be bright orange or fiery red flecks, whose configuration and density largely depend on the nature and intensity of the offence caused.

If the cause of negativism was a hurtful criticism of an activity, a heated scientific argument, or a heated political debate, this is indicated by the many dirty-yellow blotches that are clearly characteristic of each type of emotional discussion. If the reason for anger or fanatical hatred was based on a religious dispute, look at the number and configuration of dark blue and dull purple flecks. The rage of people militantly defending animals and the environment has flecks of dark green.

In turn, each of the above mentioned combinations of Muladhara colours and their hues, when used in clothing, pictures, wallpaper, everyday objects, influence our collective Consciousness in a **SUGGESTIVE** and **IDENTICAL** way, stimulating and activating those levels of it to which these vibrations are inherent. Those who therefore purposely employ **ANY** means for spiritual self-improvement must take great care and exercise particular care in the colours and shades that constantly appear around them at home, at work, in the street, and especially in their clothing. If you strive to bring Light, Joy and Love to other people, then you yourself should strengthen your positive influence through your outward appearance as much as possible by using only evolutionary colours even in your everyday life and work clothes.



Notice that when you are wearing black, or dark brown, or dark blood-red clothing, how much harder it is for you to enter into a stable state of unconditional Joy, Love and Luminosity than, say, if you are wearing white, blue, amethyst, blue or violet colours. For women, the colours pink and lilac set up pure feelings of love for a man, evoking the same feelings and desires in men. While bright scarlet combined with white also stimulates high **SEXUAL** feelings, when combined with black it can provoke the lowest, lustful desires, all the way down to the coarsest Argllaamuni vibrations.

The same is true for practically all other pure colours: in combinations with white they can activate the highest karmic channels, and in combination with black they can activate the lowest qualitative levels of the first three chakras. The combinations of white with light green, emerald, turquoise, and blue activate the channels of **AIGLLILLIAA**. **ULGLUU** is activated by using rich and vivid blue and blue-violet colours, while **SSAASSFATI** reveals its abilities in combinations of bright amethyst and violet.

The same applies to **SURROUND**. Each sound we utter, in its various configurations and combinations of letters, represents a specific quality of reality of a strictly defined type, whose energies are actively resonating in that particular sound wave. Thus, for example, the sound formula that helps to purposefully arouse the Forces and Consciousnesses existing within the vibration range of the twelve qualitative energy-information levels of the Argllaamuni (by opening its karmic channels) is Mantra “**GLLA-AMM**”. Let us add that in the Eastern yoga tradition it is commonly believed that activation of each of the four petals of this centre’s padma can be purposefully intensified by repeated repetition of the following mantras: “**VA-AM**”, “**GA-AM**”, “**SHA-AM**” and “**SA-AM**”.

Focusing on this chakra leads to a strengthening of vital energy, increases resistance to illness, gives vigour and stamina, as well as determination in solving worldly problems. It is through purposeful activation of the higher levels of the energies of Argllaamuni that one begins to develop outstanding physical abilities, which help athletes to achieve high record results in sports, and representatives of other professions – increased physical endurance and exceptional capacity for work.

# THE INFLUENCE OF THE CHAKRAM MANTRA ON THE CONSCIOUSNESS AND LIFE OF A PERSON

According to information recently obtained by me from our Pleiadian Brother Proogusktr, the energy-informational feeding of a man's Consciousness from the realities of any of the centres is also facilitated by pronouncing his true name repeatedly and separately. For example: "AA-RR-G"... "L-A-A-A-MM"... "UU-NI-I"... But in relation to the lower centres, our Teachers by no means advise us to do this, because a whole bunch of the most primitive thought-forms can manifest in your Consciousness at such **REAL** invocation and then nothing can divert you to the more spiritual sides of this reality.

This can only be done in the most extreme cases, on the verge of Life and Death, by those who have already reached the limit of their **PHYSICAL** capabilities due to long periods of stress, great physical exertion or prolonged serious illnesses. As soon as the replenishment of vitality has taken place, the invocations should immediately cease and try to switch to higher quality states of mind.

We constantly emphasize the importance of the quality of thinking on the Path of spiritual self-development so that you get used to thinking about every word you utter, knowing that not a single word can be thrown into the World around you with impunity. Because our entire earthly Life, as well as our entire cosmic Existence, is an eternal movement along the Spiral of Qualities, created and realized by the Thought.

When we spoke about the meaning of the Tone Names we emphasized that each word is not merely a combination of letters but rather powerful vibrational Codes through which and through which a number of various Cosmic Forces representing all the various aspects of the Pure Cosmic Qualities realize themselves and involve in this realization each of the chakram personalities composing our Consciousness. Even if you know nothing about the Forces which somehow manifest themselves through your combined Consciousness and have no idea what volcanoes of passions can be created and what outrages of madness can be awakened by a single word, a single Thought – even then you will not go unpunished for any of the tragic consequences of your thinking activity, nor for a single word carelessly thrown by you.

The modern man should not forget that not only "incantation" words and mantras require careful treatment, but also ordinary everyday speech, which also needs to be controlled. The belief among the Indo-European peoples is still

alive that words of good wishes and greetings (zdravitsiy) bring happiness, health, success in affairs to those to whom they are sincerely said, and, on the contrary, words of curse or evil wishes bring ruin, disease and all kinds of misfortune.

Our ancient ancestors were well aware of the great power of words, they knew that a word can bring a dead man back to life or kill him. You now know that even petty quarrels give rise in the Ethereal plane to a thought-form of resentment which does not disappear after a reconciliation, but rather gradually, with each new conflict, becomes stronger and stronger until it reaches a critical mass and produces a destructive effect.

According to the popular belief, a curse that has been pronounced is carried in Space for seven years, and at any moment it may fall upon the one to whom it was addressed. An evil word, if not spoken with care, but with strong emotion, by a person who does not intend that it should come true, is never without bad consequences, unless the one to whom it is addressed lives spiritually in higher frequencies of vibration.

Therefore beware of any idle gossip and negative criticism, avoid showing your irritation and discontent not only in words, but even in thoughts, trying not to reproach people for their occasional mistakes, minor blunders or annoying unfairness, but always seek some justification for their offences. Try not to inflate a conflict out of nothing on every opportunity, but try, at least for the time of your presence, to establish peace and rest in their souls with a kind word and a cordial attitude. None of us knows for certain why someone acts the way he or she does, or the real reason for their own actions. What, then, can we understand about the destinies unfolding before us?



# INFLUENCE OF WORD AND MUSIC VIBRATIONS ON CONSCIOUSNESS

“In the beginning was the Word, and God had the Word, and the Word was **GOD...**”. The principle of wave vibration (oscillation) is fundamental to all Creation as well as to everything that exists in It, including words, thought and music. All the manifested and not manifested Worlds are created and capable of self-development only because of the fact that in their common basis are embedded vibrations of different frequency and nature.

A word is a particular combination of sounds to express and specify some form, to convey to a person the meaning of the thought, intention or motivation he is expressing. Some words heal, ennoble and spiritualise us, while others can severely traumatise our psyche and even destroy us morally. For example, a coarse swearing, when used constantly, destroys the harmonious wave programs of the organism and considerably lowers the activity levels of the aggregate Consciousness. And it does not matter which language the word itself is pronounced in – what matters is the **WORD** implicit in its vibration and intonation. When speaking about the word’s effect on the **QUALITY** of our Consciousness, it should be noted that there are many things that we Traditionally think of as **POSITIVELY** affecting energies, but which **AT ALL** can push our Consciousness into destructive energy levels.

Let me explain this with a quick example. Recently the whole world mourned for the thousands of victims of the brutal terrorist attack in the **US** on September 11, 2001. There was an extensive wave of specially organised Meditations, prayers and “moments of silence” in memory of the innocent dead all over the planet. During those days I very often went with my astrosome to the lower levels of the Astral plane to help people who had just disembodied to enter the state of ‘inner’ psychic harmony and balance, to help them bring the Consciousness of their ‘new’ etheric bodies to the highest evolutionary level and in accordance with the vibrations of their most evolved chakram personalities. Many subtle-material Forces and former chakram personalities (from among the people who disembodied long ago) were involved in this **OVERALL** process for the Ethereal plane.

But that’s not what we’re talking about now; we’re talking about the fact that when the mass Meditations and Prayers began, nothing (!!!) significant happened on the **ANAHATA** levels of the Astral. In none of these realities was there any noticeable movement, which is so characteristically and colourfully manifested by powerful and qualitative energetic feeding by the emanations of living people, nor any qualitative changes at all. True, very powerful destruc-

tive ‘hurricanes’, all sweeping ‘whirlwinds’ and abundant energy ‘rains’ fell upon the lower levels of the Astral. Let me note that destructive (Muladhara) vibrations of these very levels qualitatively correspond to such human emotions as hatred, bitterness, depression, fear, sadness, discouragement, regret... And even such seemingly traditionally “Anahata” feelings as compassion, empathy and sympathy, superimposed in the aggregate Human Consciousness on the vibrations of fear, indignation, resentment and an uncontrollable thirst to “punish the guilty sooner”, have qualitatively lowered their vibrations to 6-7 Muladhara and 2-3 Manipura levels.

In addition, a huge role in all this ‘energy redistribution’ was also played by the states in which the Meditations were conducted, and by the **VIBRATIONS** of the prayers used in the prayers ‘for the repose of the souls of the deceased’. There were no traditional prayers feeding the deceased with heart energies (Anahata realities) to arouse the activity of the Consciousnesses of the Anahata chakram personalities in them. Any of the prayers recited, along with compassion and sympathy, are filled with discouragement, neglect, sorrow, regret, ‘heart lamentation’, grief and many other **INVOLUNTARY** level vibrations. The powerful surge of all these energies which rushed down to the Astral Plan from the Consciousnesses of hundreds of millions of people and caused that coarse energetic squall which I had to observe in the ‘days of sorrow’. People naively thought that in this way they helped the dead...

You may ask, “**HOW** should you have acted? In order to do the right thing, you have to be able to have a **DEEP** (not superficial!) **UNDERSTANDING** of any process going on around you (and with you). And in order to have **DEEP UNDERSTANDING**, you have to have a **KNOWLEDGE** of a **REALLY** high level. Understanding the true essence of what is going on (by the way, explained in detail by me on the “**FORUM**” page of the American website [www.lightin.com](http://www.lightin.com) in a post of September 13, 2001) would bring Consciousness to more evolutionary (Anahata- Ajna) levels and would make Meditation “on **LIGHT**”, “on the **WAVE OF LIGHT** and **LOVE**” and other similar practices possible.

If at least a million people could do it simultaneously, the effect of such feeding of the Collective Consciousness of our planet would be equal to a “small quantum jump”. But since the level of Consciousness (and high-quality Knowledge) of 90% of mankind still leaves much to be desired, all mental and sensual activity of mankind is **SCIENTIFICALLY** regulated by powerful astral beings of demonic lineage who excite, direct and distribute among themselves all our imperfect psychic emanations. As they say in Russia: “We wanted to do the best, but it turned out to be the same as always”...

With this example, I wanted to show you how the vibrations of words, song lyrics and prayers, invocations and mantras can greatly influence the state of intensity of certain levels of our aggregate Consciousness. But a word is just a highly simplified, for convenience, mental differentiation of sensuality and

emotionality conveyed by our ancient ancestors through the medium of musical sounds. Therefore music has a much greater power and spectrum of influence on the surrounding Space, including all the conscious elements within it.

Speaking of sounds and their importance in our inner life I cannot, at least in a few words, touch upon the influence of the quality of music on activation of various levels of our aggregate Consciousness. Because the **QUALITY** of combination of sounds, being a universal language not only on the Physical plane, but also in numerous realities of Astral and Mental, influences very strongly all psychophysiological processes going on in the human (and not only in it!) organism, starting from subtle intellectual and emotional, to such physiological that we call “unconditioned”. Through words and music, man has learned to express his inner world, transmitting to others its harmonious or disharmonious qualities. It is through music that one can express emotionally and feel intuitively what cannot be described and conveyed by any words, no matter how rich and colourful the language of the people may be.

Animals and birds do not express themselves, their desires and intentions, with words, but with sound. To realize their aggressive intentions, carnivores resort to barking, growling and other loud and piercing sounds, while peaceful animals use more harmonious sound combinations. It is these various combinations of sounds of beasts and birds that can have both positive and negative effects on the many Consciousnesses that populate Creation and implement themselves therein.

Music is inextricably linked to rhythm, which in turn fills our entire Life – both internal, mental and external – the Life of Nature around us. And if one were to learn to understand Nature through the character of sound and rhythm, one would be able to use music to heal one’s physical body and to open up higher levels of one’s Consciousness, to control the activities of the Mind, etc.

There are certain levels of sounds and types of rhythms, some of which negatively or even fatally affect the entire psychobiological system of a person, while others, on the contrary, have a restorative and healing effect. For example, not every classical work is beneficial, as is commonly believed, for our mental centres, central nervous and cardiovascular systems. If a piece of music (or any other!) was written in a state of confusion, discouragement, depression or frustration with Life, then it can affect those who perform or listen to it in exactly the same way.

Bach, Chopin, Beethoven, Liszt, Rachmaninoff, Prokofiev, Haydn, Schubert, Tchaikovsky... For example, out of several dozens of organ works of Ludwig van Beethoven I have listened to, only two were in harmony with the first and second levels of the heart centre. The attitude of the society towards the non-traditional sexual orientation of Tchaikovsky and the anguish of his soul because of it, imprinted very clearly on the nature of the negative impact of



some of his famous compositions. Even W. A. Mozart has similar masterpieces, created by him under the influence of resentment, frustration or excessive sexual excitement. There is also no doubt that each performer also imposes on the musical (or literary, stage, film, dance, etc.) work he is performing those mental vibrations, which are either characteristic of him in general (or at the time of performance) or artificially experienced in his role (cinema, theatre, concert, etc.).

Needless to say that 99.9% of modern pop singers are totally incapable of giving the listener Anahata or at least high quality Svadhithana energies. At the very “best” case you can get from listening to modern “hits” either unwinding (forced activation) of 3-4 levels of sexual vortex, or 2-3 Manipura levels, or 1-2 Anahata levels (very rarely!). Usually, the current variety “works” exclusively on 1-5 Muladhara and 1-3 Svadhithana levels of psychic centres. The same applies to cinema, video, television, which have now become the most zealous propagandists and disseminators of NEW-anthemia ideology, politics, morals, fashion, tastes, carefully adapted to the traditions of human relations.

Rhythm is also capable of influencing selectively the activity of our lower centres to a great extent, thus exciting the activity of those of the chakram personalities that exist in the vibrations of a given rhythm. For example, famous and once very popular dances like samba, rumba, cha-cha-cha, lambada, cancan and many others are able to activate in us very quickly Consciousnesses of chakram personalities 1-3; tango, jive and passable – 4-5; padegras and waltz – 6-7 Svadhithana levels. Very often Indian and African peoples use the rhythmic beating of drums for the same purpose, Asians use tambourines, Spaniards use rosary beads, Gypsies use tambourines.

In contrast to these, purely Svadhithana melodies, there are melodies with much higher quality combinations of sound vibrations, capable of inspiring people to altruism and an unstoppable desire to bring Light, Love, Joy and Harmony into the world around them. The sublime rhythms that overflow these melodies, combined with the vibrations of the words that turn every melody into a song, are simply amazingly capable of affecting the Anahata- Vishuddha levels of Consciousness of the people who heartily sing these songs or listen to them with deep heartfelt participation. Such music, written on well-known prayers and psalms, includes many pieces traditionally sung in Orthodox and Catholic churches. But even among the ordinary songs there are also many that simply “grab your heart”.

Here is an example. From August 8 to 21, 2001, a meeting of the readers of my books was held in Yalta, which was attended by 40 people from Russia, Ukraine, Switzerland and the United States. Apart from constant communication with each of the participants and answering their innumerable questions, I also wrote poems to the melodies of some popular songs powerfully activating

the Anahata vibrations in the aggregate Consciousness (18 such songs were written in total and then included in the first issue of the collection “Songs of the Age of Aquarius”).

So, when we all sat in a small circle and began to sing these **NEW** songs one after another, amazingly beautiful and stunningly effective energetic things began to happen on the Astral Plan which I was constantly reviewing. It began with several bright and lush energy currents, sparkling with emerald, amethyst and silvery blue, emanating from the top of my Aura and slowly enveloping all the participants in the chant. Thus, as I became more and more “involved” in the chanting process, a rather wide, smoothly moving energy “ring” gradually formed around all of us, into which identical individual streams of energy, colored in gold, light green, and even turquoise, began to flow from one or the other participant’s Auras.

After a few songs, the colour of the “ring” gradually changed: blue, amethyst, and violet streams began to be intensively incorporated into it, and they enveloped the bodies of each participant and, right before my astral gaze, produced wondrous changes and transformations in their structures that defy any description. Those whose Aura before the singing began was not the best of spectacles began to change literally before my eyes: the activity of the lower centres almost instantly disappeared, the energies of dirty shades as if drawn into the lower Chakrams or disappeared altogether, and the whole Aura of the singing person was lit up with either flickering or radiant glow dominated by a single bright colour: light-golden, emerald, turquoise, or bluish-silvery.

My repeated observations showed that this luminescence was retained by each of the participants for quite a long time (in their own way) after the chanting, 1-3 hours, and for some even much longer. Moreover, from singing to singing this effect became stronger, and the duration of colour glow in the Aura, and also the intensity and saturation of the Light, increased. And it was also noticeable that those who were not part of the chanting circle were somehow bypassed by the flow without enveloping their bodies. When I told them about it and they joined into the general process of singing, the ‘ring’ gradually spread its influence to them.

Of course, a huge role in intensifying this evolutionary process was also played by the meaning and quality of the lyrics to the music, the vibrations of which I tried not to fall below the second Anahata level, and some lyrics were written at the Ajna-Vishuddha level. Consequently, each of the songs I wrote carries in itself very high mental encodings which, by resonating with their vibrations with the highest quality levels of the astral and mental bodies, contribute to the activation of 5 or 6 pairs of chromosomes in the **DNA**.

There are sounds that, due to their specific vibrations, stimulate activity of

**This book costs less,  
than your cup of coffee.**





# Complete catalogue of books written by Oris Oris

Books are available in the following languages:



russian



english



german



bulgarian



## About the author

During his creative life Oris has written about 100 books on spiritual-philosophical and esoteric topics, as well as on the mental and spiritual relationship between the human energy-structure and the energy-structure of the universe.

A large part of Oris's life is devoted to spiritual creativity through writing books on cosmological subjects. In them the author uncovers such matters, which no one has ever touched so deeply and in such detail before. As early as 1996 Oris managed to find his Spiritual Mission, which he is tirelessly pursuing to the present day.



Oris was born on 25 January 1954 in small Ukrainian village of Maryinka in the Donetsk region in the family of a miner and a nurse.

From an early age (at the age of three) Oris developed an intuitive gift for writing poetry. Oris read out his first poem «Zhen-shen» at the age of 3 to his mother, who wrote it down, because he couldn't write yet.

He also possessed medial abilities from an early age: he could spontaneously «see» dynamic pictures of events and episodes from other people's personal lives, the authenticity of which was often later proven.

As a preschooler, Oris would periodically warn the children of impending contingencies when they were up to some mischief, and at school he knew who would be called to the blackboard and warned his classmates about it. He also knew in advance which boys and girls would be sympathetic to one another and which not.

Oris's first poems, from the age of 6, were published in the Maryinsky district





newspaper. In addition, Oris was good at drawing: 14 portraits of Ukrainian and Russian writers, which he painted in the 3rd grade, decorated the walls of the school corridor.

In 1971, Oris graduated from the 10th grade, worked as an instructor of physical education in Maryinsky Raypotrebsoyuz, and in 1973 he entered the Faculty of Agronomy of the Crimean Agricultural Institute, graduating in 1978. After 4 years of professional activity on the South Coast of Crimea (Yalta), he became the director of sports and recreation base (village of Ponizovka), belonging to two Moscow research and production associations - «Measuring Equipment» and «Energy», serving the space industry. He resigned in 1990 to pursue his literary career.

As a teenager, Oris became very interested in martial arts: karate (Kyokushinkai), kung fu (dim mak - «the art of the poisonous hand», Wing Chun, Zui Quan), judo, sambo and others. Later, in 1975 he achieved a black belt in martial arts and in 1979 in Yalta at the Ministry of Internal Affairs he opened a martial arts section and hand-to-hand fighting.

From this period (1975), while still a student at the Institute, he worked for 15 years on writing several books series about martial arts. Three volume textbook on karate and Dim-Mak Art titled «Karate Way - from Student to Master» was colourfully designed and published in Moscow in 1992. During these years a separate book «Dim Mak - the art of poisonous hand» was published in Moscow. A second cycle consisting of more than 20 books under the general title «Initiation or the Path of a warrior» was written during this period, but it was not published in the USSR because the author had no higher physical education. For this reason in 1982 Oris entered Simferopol State University, but in the 4th year he left the University for family reasons (due to the birth of his son Yaroslav in 1983) and because of perestroika.

During his work on the book cycle 'Initiation or the Path of a Warrior', Oris (in a state of deep meditation) first inadvertently came into Contact with his Spiritual Teachers, after which he regularly received the information that formed the basis of the most unique book series 'Life between Live's and all the books subsequently written by him.

Then begins a more intense Spiritual Path for Oris, marked by a turning point in his life due to the urgent need arising in his Consciousness to find Himself and his Spiritual role in life.

He went as a hermit to a cave in 1996 from which he had no plans to return. There, in the cave, deep Spiritual revelations came to him, as well as information about his past (parallel) lives. Some of these inner experiences Oris described in poems, which have been published in a separate collection. On the basis of the contacts with his Spiritual Teachers during this period (after 40 days of taking only water), having learned his Purpose in life, he returns home with a renewed Self-consciousness, after which a new Spiritual phase begins in his life: within four years he writes more than 40 books, which are combined into several cycles with the following





titles: «Life Between Lives», «The Art of Dying» and «Extraterrestrial Contacts».

After 2000 he began to write texts to the melodies of Soviet hit songs, in which he expressed the whole quintessence of his spiritual conclusions and thoughts, emphasizing the role of Love, Kindness, Mercy and all Human qualities and feelings, which people so often forget in their everyday life.

Also after 4 consecutive Spiritual Initiations (from 1996 to 2000) Oris gets access to more true and authentic information about the structure of the Universe and the role of human in it, which he reveals in the book series called «lissiidi», «The Great Message», «Immortality is available to everyone» and «lissiidiology Fundamentals». These book series are written as the quality of information that Oris received becomes more and more complex because it comes from deeper and deeper levels of the collective Subconsciousness. These more profound and insightful conceptions form basis of his own Self-Consciousness and he begins to find answers to complex cosmological questions that until then were expected to remain unanswered for people for many decades to come.

A more detailed and complete list of all books written by Oris is set out below. They are presented in chronological order as books were written.

All Oris's books in all available languages can be downloaded for free from **[www.orisbooks.ru](http://www.orisbooks.ru)**.

**Compilation and preparation of material,  
layout design, translation: Astiyraalls**





# 1992



## Three-volume book «The karate Path - from apprentice to Master»

Moscow, 1992

Pages: 759

For the first time in our country is being taken an attempt to summarize the personal experience of the author, who gave most of his life to the study of the theory and practice of martial arts. The original materials concerning the psycho-physical training of adepts of martial arts are being presented. This books also touches the moral problems, traces the philosophical origins of karate-do, which have their origin in the teaching of Buddha. Even with the most detailed textbook it is impossible to become a master of karate. For this you need a Teacher. Then what is this book about? It contains the information, without which you cannot become a Master.

The author has for many years been seriously and deeply involved in the study of oriental martial arts: karate, judo, kung fu, dim mak (the art of delayed death). This three-volume book covers all stages of karate training - from the basics to the highest mastery, including dim mak and no-touch kicks (energy blows). It is an encyclopedic edition in three volumes. The basic techniques of defensive movements, hand and foot strikes are presented in detail. Also are being analyzed the mechanics of each movement, internal mental components, technique of passing relaxation phases and the concentration of energy. The book contains numerous photographs, diagrams and engravings.

### **VOLUME 1, CONTENTS:**

- SECTION 1. The Path of Buddhism
- SECTION 2. The path of developing Eastern martial arts
- SECTION 3. Breath exercises in martial arts systems
- SECTION 4. Martial arts training systems
- SECTION 5. Theory and practice of basic karate and kung fu postures
- SECTION 6. A brief overview of some of the major natural weapons and how they are used

### **VOLUME 2, CONTENTS:**

- SECTION 1. Theory and practice of «Uke-Waza» - defense techniques
- SECTION 2. Theory and practice of hand striking techniques
  - «Zuki-Waza» the technique of penetrating punches with hands
  - «Uchi-Waza» the technique for delivering chopping punches with hands





SECTION 3. The theory and practice of «Geri-Waza» — techniques of making leg kicks

Kick forward — «mae-geri»

Side kick — «mawashi-geri»

Kick to the side — «yoko-geri»

Kick backwards — «ushiro-geri»

**VOLUME 3, CONTENTS:**

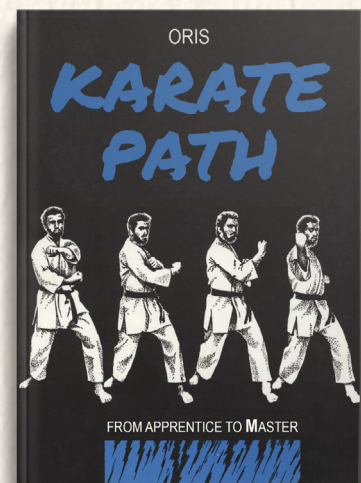
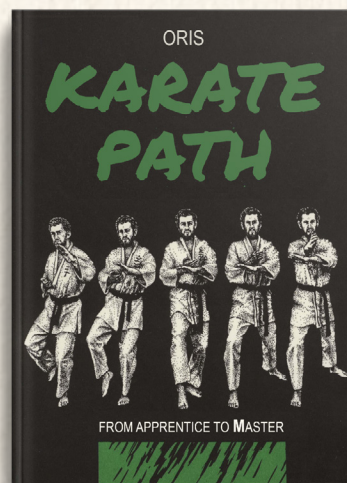
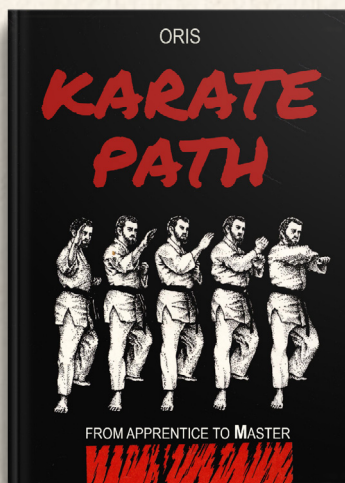
SECTION 1. Practicing combat with multiple opponents

SECTION 2. Pre-hospital care in karate classes

SECTION 3. Some ways to increase athlete's performance

SECTION 4. The Path from «the touch of delayed death» — to no-touch kicking

A brief glossary of basic terms, names, and designations





# 1996



## «Dim Mak - the art of the poisonous hand»

Moscow, 1996

Pages: 211

The uniqueness of this book lies in the fact that it is the first attempt to combine the basics of energetics of martial arts, as well as a very specific technique of influence onto human nerve centers and the energy defeat of enemy at a distance.

The psychological, reflex-therapeutic and mechanical methods of increasing the athlete's capacity for work under increased loads are discussed in great detail.

Extensive Russian-Japanese and Japanese-Russian dictionaries are designed for masters who communicate with Japanese karatekas.

### **CONTENTS:**

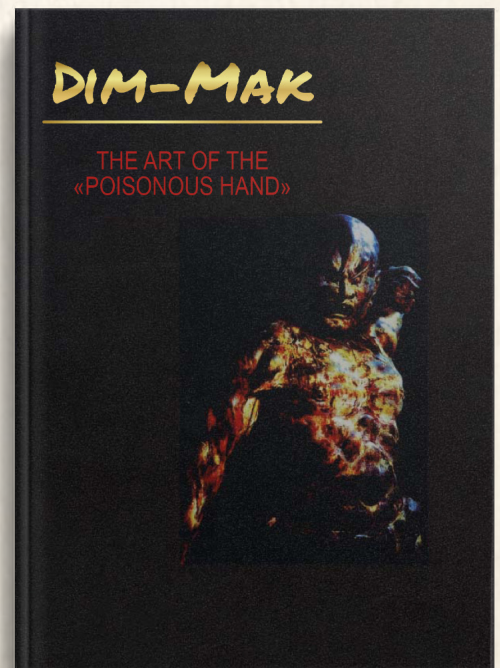
SECTION 1. Practicing combat with multiple opponents

SECTION 2. Pre-hospital care in karate classes

SECTION 3. Some ways to increase athlete's performance

SECTION 4. The Path from «the touch of delayed death» - to no-touch kicking

A brief glossary of basic terms, names, and designations





# Book series «Initiation or the Path of a Warrior»

This series of books about «The Art of Dim Mak - the Art of Delayed Death» was written by the author in order to reveal all the nuances and details associated with the Kung Fu - Dim Mak fighting style, which previously in such depth and detail have not been described anywhere else.

**«The Path of the Warrior and the Spirit of Initiation»**

**«The Spirit of Thought and the path to Meditation»**

**«Sickness and its healing with a Thought»**

**«The Spirit of sound»**

**«Healing with sound»**

**«The Spirit of Energy»**

**«Healing with Energy»**

**«The Spirit of breath»**

**«Healing with breath»**

**«The Spirit of movement»**

**«Healing with movement»**

*Yalta, 1991-1996*





# Separate books



## «Wandering of the Soul» or «Life between Lives»

*Moscow, Kiev, 1996*



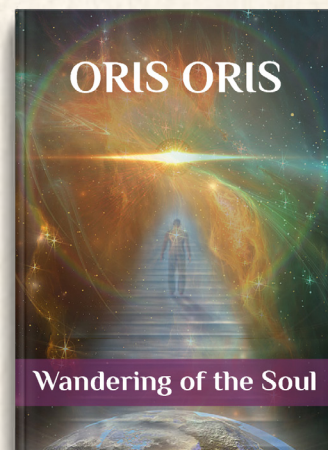
Pages:



The book not only introduces the reader to the problem of Death, but also considers the place of human in the Cosmic Hierarchy. You will learn about the Path of warrior and his attitude to Death, about the septenary composition of a human, about the overcoming the fear of Death, about the relationship between man and Egregors, about chakrams as natural channels of communication with other worlds. The book contains techniques and methods of entry into inner spaces and transition to other worlds.

### **CONTENTS:**

Foreword  
 Other Worlds  
 Warrior and Death  
 Meditation is «Death»  
 Fear of Death  
 The Art of Dying  
 Human - Space  
 Space and Time. Guide to other Worlds  
 The Material Universe  
 Man and Egregor  
     Non-humans  
 Cleansing from evil during life-time  
 Journey in Time and Space  
     Technique for entering inner spaces  
 Methods of transition to other worlds  
     Auto- or self- hypnosis  
     Conscious dreaming  
     The second way of exit  
 Chakrams - natural channels of communication with other Worlds  
     Muladhara  
     Svadhithana  
     Manipura  
     Anahata  
     Vishuddha  
     Ajna  
     Sahasrara  
 Composition of the human  
 The septenary composition of human  
 From the author







## A collection of poems «40 days of Hermitage»

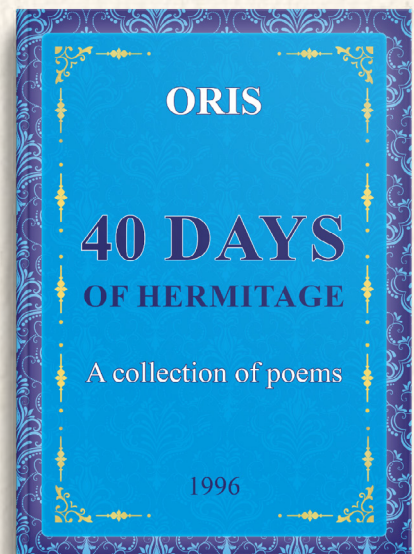
Yalta, 1996

Pages: 47

All poems in this book were written by Oris in 1996 in the Ai-Petri mountains, when he voluntarily took a vow of silence and lived for 40 days in a mountain forest, in a small space dug with a tin can between two rocks supporting each other, completely refusing food and any communication with people.

His inner reason for going to the mountains was the pressing, unyielding need in his Soul to try to cognize the Meaning of his present existence as deeply as possible and, if possible, to try to find the Essence of his own Spiritual Destination by conducting an inner dialog with his «Higher Self» and seeking opportunities to understand himself...

This book also contains an audio recording of these poems, which Oris recorded onto a tape recorder during this act of hermitage.





# 1997-2000



## Thought and Meditation

Yalta, 1997



Pages:



Thoughts, unlike objects, do not belong to you: they come from somewhere else all the time, stay and interact with your Consciousness for a while, and then imperceptibly disappear to somewhere. Your thinking is the process of continuously synthesizing in your reality newer and newer Forms from the already known to you mental and sensual experience. Therefore for you the thinking process represents the «beginning» and the «end» of absolutely all of your desires - from getting some material benefits to achieving «higher» (according to your concepts) spiritual goals.

By mastering the art of mental transformations, you will have an absolutely real means of consciously controlling the material conditions of your earthly existence. By improving in this direction, your mentality can reach the point where it becomes possible to control the powerful factors of the natural elements of Nature, influencing not only the weather, but also such destructive phenomena as tornadoes, tornadoes, earthquakes, tsunamis with the power of your Mind...

### **CONTENTS:**

Life is a product of the creative movement of thought

Every thought is material

Working with Thoughts

The Adept's teaching

How to become an observer

About conducting concentration classes

In life, we build everything with our Thoughts and Consciousness

About the practice of dream formation

Thought is a product of time

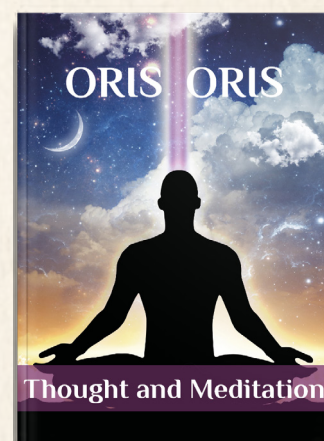
A technique for opening the «third eye»

Everyone lives in the world of their own dreams

How to go beyond Thought

About the creation of a Thought Form in Meditation

Practice







## «Soul in the Zodiac»

Moscow, 1999



Pages:



The book «Soul in the Zodiac» continues and develops the subjects, raised in the book «Wandering of the Soul». In this book the author tells about his experience of Contacts with extraterrestrial civilizations, considers the model of the structure of the universe, in particular the worlds of spirits, hellish worlds, worlds of the solar system and other worlds and hierarchies.

The existence of the Soul in the transition between worlds, the archetypes of the astral and subtle worlds are covered in detail. In this book the reader will find the most complete answers to the eternal questions of human Existence.

### **CONTENTS:**

#### Part One. Worlds of the Solar System

- Worlds of Religions
- Worlds of vedanta
- Worlds according to Buddhism
- The worlds of human
- Descending Worlds
- Ascending Middle Worlds
- Worlds of «doubles»
- The World of perfect Spirits

#### Part Two. Extraterrestrial Civilizations

- Civilization from the planet «Ceres»
- Civilization from the constellation Andromeda
- Civilization from the constellation Pleiades
- Civilization of silver «humanoids-balls»
- Civilization of green «humanoids-balls»
- Star Spirit Christ
- Guardian Angels

#### Part Three. The physical world

- Etheric layer
- Physical body
- Etheric body
- Animal community archetypes
- Astral body
- The Astral
- Aura of the Soul
- Evolution of the Spirit





# Book series «Life between Lives»


*Yalta, 1997-1998*


What Oris writes about in this book series is the most detailed description ever written by human about the entire sequence of events undergone by the Consciousness of a dead person when he returns to his Heavenly Home, which has so many «abodes» that it is impossible for an ordinary person to even imagine.

Oris, using his many years of individual experience of astral travel, describes in detail the Astral and Mental realities he has explored, transforming the Incomprehensibly-Cognizable Existence into Knowledge that is comprehensible to almost every person, which leads readers to a gradual realization of the immutable Truth of their infinite Cosmic Existence.

## **Book 1. «Life without death» («The spirit of death»)**

*Yalta, 1997*

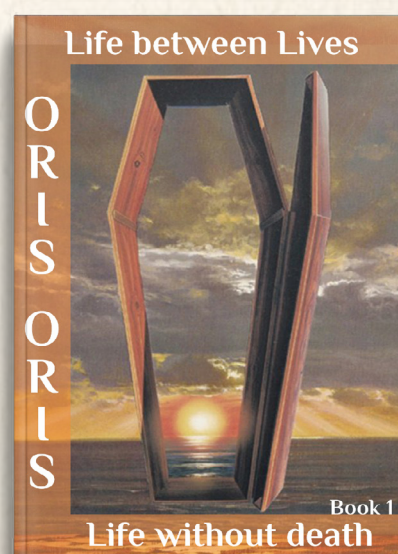
 **Pages:**

 Who are you? How and why did you come to this cruel and alien world? Where will you go and how will you live after your loved ones have said good-buy to you on this earth? And will you really exist after that? These are constant questions. But they have answers. The secret of life and death irresistibly draws man to the realization of what he has long known, but what has remained a mystery and unknown.

If you need answers to these eternal questions, if you can no longer live without understanding them, then this source of knowledge is for you.

### **CONTENTS:**


Death is the beginning of Life  
 Death and religion  
 Life is the path to immortality  
 Death is the form of Life  
 Dialogue with the Teacher  
 Warrior and Death  
 Warrior and suicide  
 The fear of Death







## Book 2. «Soul and the Cosmos»

*Yalta, 1997*

 Pages:

 When confronted with the constant choice between Good and Evil, man is lost and does not always think about whom exactly with his every choice and action he serves: God or Satan? To help the reader to choose, the author tells in details about Egregors - astral entities, adapted to living in both as in positive so and in negative poles of Existense, which are mainly determined by the nature of Egregor itself.

 The author helps to understand all the subtleties of this topic, showing using examples the activity of «devil's Egregors», explains to what can lead the spiritual ignorance and thoughtless worship of material symbols, which all lower the human consciousness to the level of sorcerers, magicians and so-called non-humans.

How can we cleanse ourselves from the astral dirt of our own ignorance, which degrades our spiritual Essence and puts us on the same level as wild animals? How can we in Life take care of favorable conditions of our postmortem existence? This and much more is discussed by Oris in his second book «Soul and the Cosmos».

### **CONTENTS:**

From the author

Man - Cosmos

Space-Time

Time is a thought

River of Time

Time factors

«Black holes» - sources of Matter of the Anti-World

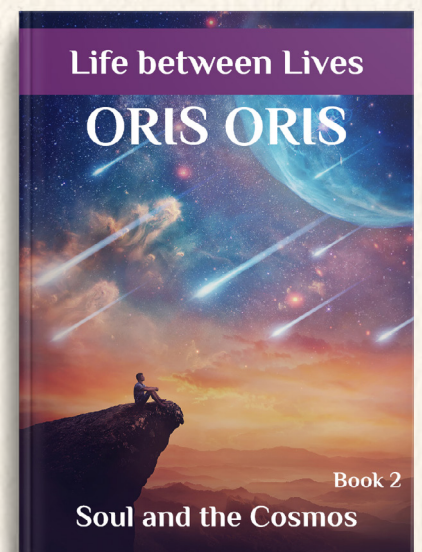
Material Universe

The Soul in the Egregor

Egregors and people

The Devil and his demonic Egregors

Egregors and the Soul







## Book 3. «Soul in other Worlds»



Yalta, 1997

Pages:



Always when people speak of «other cosmic thinking civilizations» they usually mean either the intelligent populations of other planets, the so-called «brothers in mind» or something very abstract and vague. But for some reason no one ever thought that these very «thinking civilizations» could be OURSELF, but only OURSELF located at other levels of OUR development, in other conditions of Existence, in the past or future space-time structure, in other circles of OUR human civilization's time field.

All so-called «other worlds» should not be perceived as something alien and unknown. There is no dividing barrier between «this World» and the many «other Worlds». On the contrary, all that exists is one single Divine Being.

You will learn about this and much more from the third book «Soul in other Worlds».

### **CONTENTS:**

From the author

Worlds of Solar systems

Worlds of Religions

Worlds of Vedanta

Worlds of human

Worlds of Heaven

The worlds of those who listen to the voice

Worlds of self-directed to enlightenment

Bodhisattva's Worlds

Buddhas 's Worlds

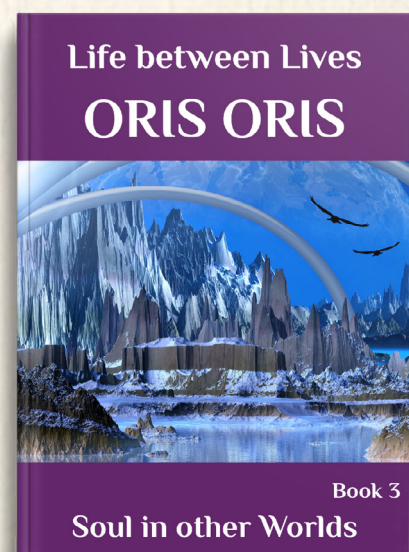
Descending Worlds

Hell Worlds

Ascending Middle Worlds

Worlds of «doubles»


The World of perfect Spirits






## Book 4. «Aliens»

Yalta, 1998

 Pages:

 This book may seem unbelievable and dreamy to the reader, but those who have ears to hear will find confirmation of their thoughts and hopes and proof that we are not the only people in the cosmos.

The time has come to meet those who have been invisibly present around us for millions of years, sending signals of their invisible existence. May each of you perceive this book the way he or she feels! For some, it may be perceived as a fairy tale, and for others, as information for reflection or as a guide. In this way, the main goal of this book will be achieved, because you will know the Truth, and what to do with that Truth is everyone's personal choice.

This book represents the least amount of information about the author's many Contacts with other cosmic civilizations and the information that has been received from Those whom the author calls The Universal Teachers.

### **CONTENTS:**

From the author

Message from the Demiurge of the World

Humanoids of the constellation Regulus

Civilization from the planet Ceres

Civilization from the constellation Andromeda

Civilization from the constellation Pleiades

An urgent message to earthlings from representatives of the constellation of Pleiades

Ora's Message to the Earthlings

Aalan informs the people

Civilization of silver «humanoids-balls»

The Tunguska Mystery or once again about non-humans

Civilization of green «humanoids-balls»

A message from Lord Maitreya

Christ the Superstar

Aliens testify

Albellic's Messages

Ramasanta reports

Makkearland reports

Araaragot reports

Oris's dialogue with Allaagor the andromedian

Guardian Angels

Message from Archangel Michael

Message from ELOCHEM to the

People of the Earth

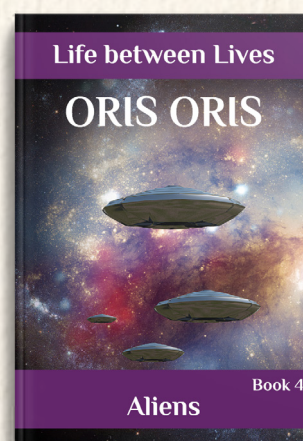
Message from Archangel Uriil

Message from Archangel Gabriel

Message from Archangel Metatron

Message from the God of the Sun

Ascending worlds





## **Book 5. «The technique of Astro-Travel. Chakrams»**

*Yalta, 1998*



**Pages:**



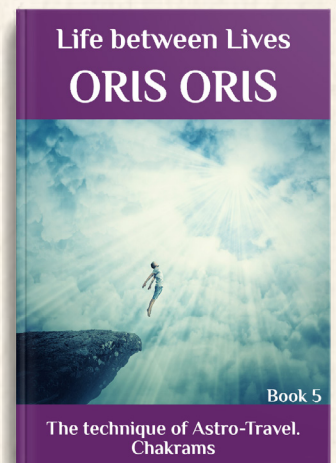
In this book the author continues his exploration of the world around us and tries to unravel one of the most unexplored mysteries of nature – the human. After all, only by knowing ourselves we can come closer to knowing God and His Mysteries.

Who are you and what are you doing on this planet? What is the point of your being here? Where will you go after people say about you, «He's dead...»? And in general, will there be anything left after Death other than the memory of you? All these questions will be answered through the author of this book by his Teacher, who has undertaken the mission to give a thorough introduction to the mankind on Earth to the problem of so called «post-death existence» of a human.

### **CONTENTS:**

The double of human and the Earth's Noosphere  
 The travel in Time and Space  
 Techniques for Entering Inner Spaces  
 Methods of Consciousness Transition to Other Worlds  
     Relaxation  
     Auto- or self- hypnosis  
     General scheme of self-hypnosis  
     Conscious dreaming  
     The second way of exit  
 Danger of possession during astro-travel  
 Chakrams are natural channels of communication with other  
 Worlds

Muladhara	Vishuddha
Svadhithana	Ajna
Manipura	Sahasrara
Anahata	Composition of human



## **Book 6 «Man and his Soul»**

*Yalta, 1998*

### **CONTENTS:**

Composition of the human	Etheric Body
The septenary composition of human	Archetypes of the Ethereal World
The physical World	Archetypes of animal communities
Etheric layer	The Astral Body
Physical body	The Astral







## Book 7. «Soul in the Zodiac»

Yalta, 1998



Pages:



In this book the author tells us that the entire world around us is a single system, and the parts of which are in very close relationships and interconnections, and that the entire Universe is subject to unified rhythms and unified cycles. Some of these cycles began at the creation of the Worlds and determine the Evolution of the Universe as a whole. Others determine the course of geological processes that change the face of our planet and, in turn, also affect the development of all mankind, the emergence and collapse of terrestrial civilizations.

The nature of all these influences, both global and individual rhythms, on the objects of the World is determined by the laws of the Zodiac, whose symbolism is much deeper than many novice astrologers think. In addition, in each cycle we can distinguish twelve basic and twelve current phases or micro-cycles, the characteristics of which are also associated with the passage of the Soul along different qualities and with the zodiac symbolism.

This book, as well as all the other books by Oris, is intended for those readers who seriously, deeply and with a sincere desire want to understand on their own everything that relates to the problems of Life and Death, who see in their impending Death not the most terrible and dangerous enemy, but on the contrary, a reliable adviser and a friend.

With Oris's books, Death is transformed from a frightening adversary, from an unfortunate failure or fatal mistake in the Universe into one more, another Transfiguration, to which we have already been subjected more than once.

### **CONTENTS:**

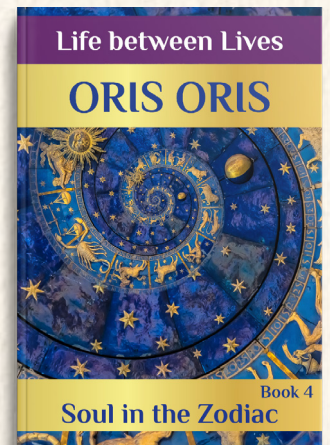
Soul in the Zodiac

*The Fiery face of God:* Leo, Sagittarius, Aries

*The Airy face of God:* Aquarius, Libra, Gemini

*The Watery face of God:* Scorpio, Cancer, Pisces

*The Earthly face of God:* Taurus, Virgo, Capricorn



## Book 8. «The art of dying»



This book consists of 5 parts.



Pages:

The author has tried to give the most detailed answers to specific questions through his many years of experience of independent out-of-body explorations of the Ethereal World: how to die correctly? How to learn to accept your death in time? How the transformation of subtle bodies takes place during the post-mortem transition?

This book, describing in the most detailed way the changing state of a person's Consciousness during the process called «dying» and his Soul's presence in various





vibrations of the energies of the Astral, is also a kind of manual of religious therapy and eschatological psychosurgery, carried out through the most detailed texts of “Instructions” read by relatives for the dying ones or an already dead person in order to strengthen and awaken his Consciousness before the Transition to the Other World.

Among other things, this book can safely be classified as one of the most detailed travel guides to the many realms and spheres of the Ethereal World, which we commonly refer to as the «afterlife».

### «The art of dying-1»

*Yalta, 1998*

Pages:

#### **CONTENTS:**

The Author’s Foreword  
 Meditation on Death  
 Meditation on Dying  
     Jati Smaran Introduction  
     Jati Smaran Meditation  
 The Astrosome and Meditation

### «The art of dying-2»

*Yalta, 1998*

Pages:

#### **CONTENTS:**

The Author’s Foreword  
 The Mystery of Death  
 The Postmortal Path  
 The Egyptian Book of the Dead  
 The Tibetan Book of the Dead  
 «Mors certa, hora incerta»  
 The Fear of Death  
 Overcoming the Fear of Death

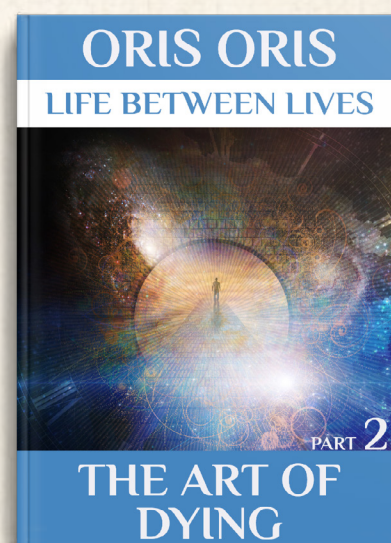
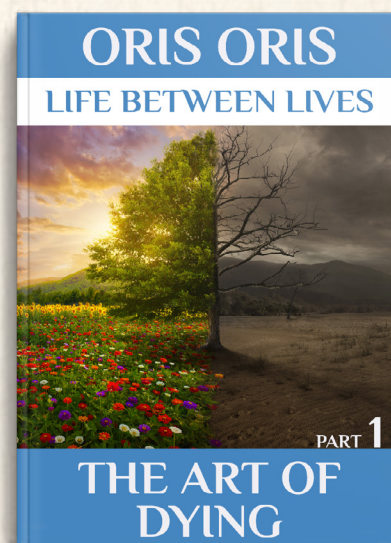
### «The art of dying-3»

*Yalta, 1998*

Pages:

#### **CONTENTS:**

The Author’s Foreword  
 Metamorphosis of Death  
 The Preparation for Death  
 Nobody Dies





## Dying

Stages of dying

The moment of death

Signs of the coming of Death

A conversation with the Teacher

## «The art of dying-4»

*Yalta, 1998*

Pages:

**CONTENTS:**

A Brief review of the diversity of Forms and types of dying

Dying is a completion of the Earth's form of suffering

Death is not the end of dying but the beginning of a new Life

Death of the non-humans

The Soul and its impulse Ring

The first phase of the transition: «The point of silence»

The second phase of transition: The tunnel effect, the bright light

The Assistants

Gradual awakening

Parting words to the dying person

For the dying one

The following text may be read for the one who has deceased

The funeral

The prayer for the deceased

The prayer for the release of the Soul

The prayer for the after the release of the Soul

## «The art of dying-5»

*Yalta, 1998.*

Pages:

**CONTENTS:**

The first steps of the soul in its postmortal life

Planes and levels «of the other World»

Some peculiarities of Existence «in the other World»

Meetings with my mother

Love «beyond the veil»

Spiritual Families

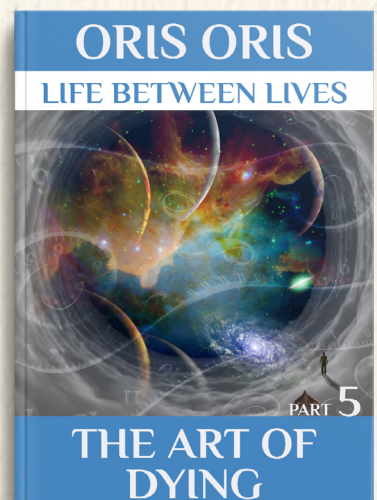
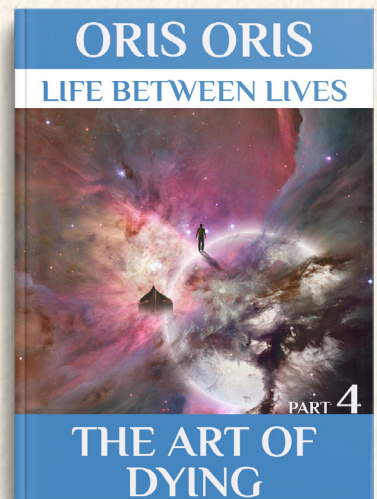
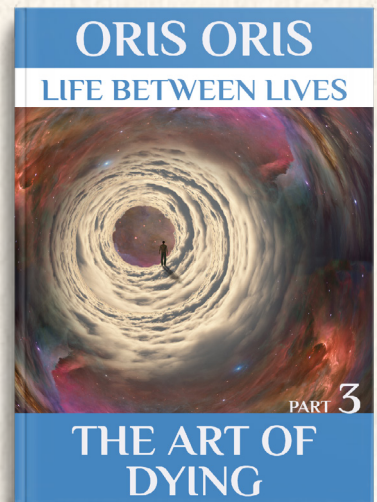
The description of «a City of Light»

What do the deceased do?

Awakening

First hours after death

Death is the return to God, return to Love







## Book 9. «Soul in the Astral»



Yalta, May 1999

Pages:



Although much has been written about the Ethereal Worlds, none of it corresponds to even a thousandth of what these levels of ethereal reality actually represent, where the human soul also enters after its final release from the heavy anchor of the physical body. It took Oris years of Life to begin more or less freely navigate among the countless realities of the so-called “other World”.



The author generously shares these observations and out-of-body explorations of the Astral World with readers on the pages of this book.

### **CONTENTS:**

Realities of the Ethereal World

The Mobius sphere and wave length

Thought and Reality

Structure of the Astral

Inhabitants of the Astral

The thought-sensory basis of the Astral

Structure of the Earth's Astral

Inferior parallel worlds

Types of possessions

The Demonic army of the Astral

Demons

Incubi and Succubi

Lilith

Imps

Golem

Dubbuk

Homunculus

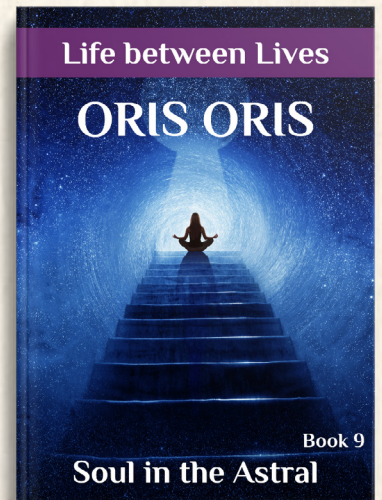
Mermaids

Gremlins

Vampires

Werewolves

Astral Activity of the ones who are alive



## Book 10. «Inhabitants of the Astral»

Yalta, May 1999

### **CONTENTS:**

Elementals

Elementers

The Thought-Forms





## Book 11. «The evolution of humanity»

*Yalta, May 1999*



## Book 12. «Anti-Worlds and Purgatory»

*Yalta, April 1999*



**Pages:**



In our truly apocalyptic and mind-blowing age of an unprecedented crisis of conscience in the spiritually and morally bankrupt humanity, which is writhing and fooling around on the fire-breathing volcano of the Transfiguration of the Earth, Ori's books about the immortality of the human Soul act as a sobering and saving call, trying to wake the dormant hearts.

On the pages of this book you will find for yourself spiritual pearls with the simplest and clearest answers to many eternal questions about man's true place in the Universe and about the higher meaning of human existence on Earth.

This book talks about the nature of the Earth's anti-Worlds and their inhabitants.

### **CONTENTS:**

#### The Anti-Worlds

Hoahs and Ungs

Structure of the Anti-World

#### Hierarchy of the Anti-World

#### Administration of the Anti-World

Demons - the masters of Nature

Demons of local influence

#### Realities of the Anti-World

#### Features of the Anti-World

The races of Antics

Distinguishing Characteristics of Incarnated Ungs

Magic of the Anti-World

#### Purgatory

Maflocks are the fallen spirits

Spheres of the Hell

Spheres of the anger and rage



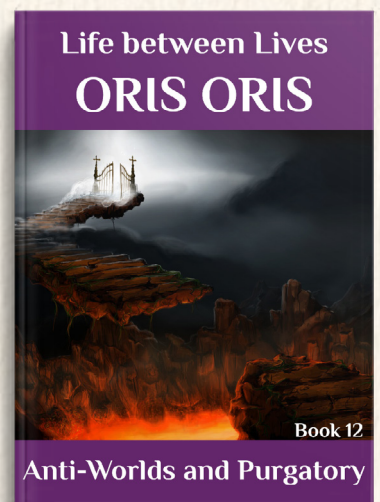
## Book 13. «Ordeal of the Soul»

*Yalta, August 1999*



**Pages:**

As long as man is alive, he gives little thought to WHAT awaits him, perhaps in the next second: after all, how many beautiful lines broke off in mid-sentence, and how many good deeds were not destined to come true only because people in their busy every-day life keep putting off all the best and the most necessary,





forgetting that in the next moment they may not have that «later» at all. How many lost opportunities for the most simple manifestation of Kindness and Love towards each other have never been realized, and how many unspoken beautiful words have fallen into nothing!

This book is not about Death, but rather about HOW to restructure your whole life now, immediately, so that you can meet every next moment of your earthly existence without disappointment, despair and grief.

### **CONTENTS:**

Peculiarities of reincarnation

Peculiarities of thinking

The Sphere hungry spirits

    The post-mortem fate of gluttons

    The post-mortem fate of drunks

    The post-mortem fate of vivisectors and flayers

    The post-mortem fate of women who had abortions

    The post-mortem existence among the mafloks

Suiciders and the victims of «accidents»

    The history of suicide

    The nature of suicide

    The post-mortem fate of accident victims

    The principles of exiting Hell

The Neutral Zone

    Collective animal Souls

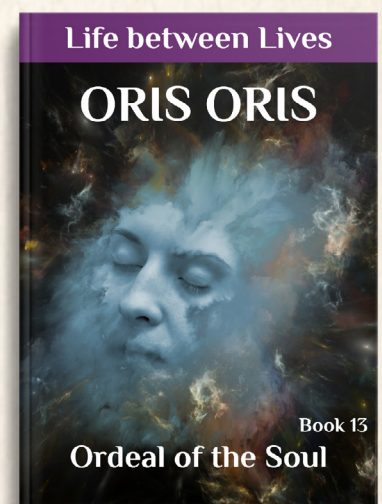
The World of «Doubles». The mafits

The Fourth Division of the Astral. The mahoits

The Third Division of the Astral. The lamites

The Second Division of the Astral

The First Division of the Astral



## **Book 14. «Hell and Purgatory»**

*Yalta, 1999*

**Pages:**

### **CONTENTS:**

The Soul in the Nine Circles of Hell

Inhabitants of Hell

The mafloks

The mafits

The machoites

The lamites

The Neutral Zone

Collective animal souls







## Book 15. «Soul in the Higher Worlds»



Yalta, August 1999



Pages:

What Oris writes about in the book series «Life Between Lives» is the most detailed description, ever written by man, of the entire sequence of events undergone by the Consciousness of a dead person when he returns to his Heavenly Home, which has so many «abodes» that it is impossible for an ordinary person to even imagine.

Oris, using his many years of individual experience as an astrologer, describes in detail the Astral and Mental realities that he has explored, transforming the Incomprehensible-Cognizable Existence into Knowledge that is comprehensible to virtually every person and leads to a gradual realization of the immutable Truth of human's infinite Cosmic Existence.

### **CONTENTS:**

Harmonious Realities of the Mental

The Paradise

Life activity and thought-creativity in the Paradise

The energy structure of the MENTAL BODY

Characteristics of people with an underdeveloped mental body

Characteristics of people with a moderately developed mental body

Spatial «geography» of the area of a specific thought

Prototypes of terrestrial forms

Mental compensation levels

The «Second Heaven» of Christians

Characteristics of the main Energy-Informational Spheres of the Mental

The seventh sphere (outer)

The sixth sphere (preparatory)

The fifth sphere (balancing)

The fourth sphere (central)

Realities of the levels of abstract thought

The «Third Heaven»

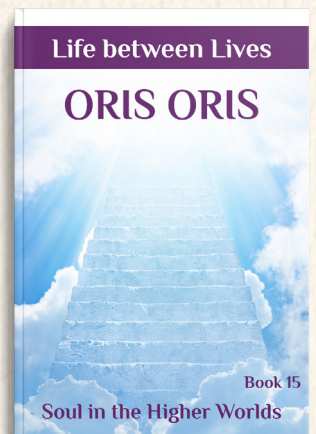
The Cities of Light

Descriptions of some of the Cities of Light

Higher causal realities of the Second and Third Earth

Globes of the Earth

Afterword



## Book 16. «Soul's preparation for a new incarnation»

Yalta, 1999





## Book 17. «Apocalypse»

*Yalta, August 1999*

### **СОДЕРЖАНИЕ:**

Earth's future until 2147

Cataclysms

The coming of the Forerunner and the Antichrist to the Earth

The Fate of Russia

The Golden age

The Sixth human Race



## Book 18. «Humans and Non-Humans»

*Yalta, 1998*



Pages:



Never before has the Mystery of the Creation of our World and the tragic role that Lucifer, one of the most highly spiritual First Consciousnesses of the Logos of our Universe, played in the history of the birth and development of mankind on our planet in such detail been revealed to people.



The purpose of this book is to give you the Knowledge which will help you to understand who is the God and what place in Him belongs to the forces which people call «Satan», «devil», etc. What energy-informational niche do they occupy in the Earth's Space and what form do they take (and if they have a form?) in reality?

### **CONTENTS:**

Non-humans

The Mystery and Tragedy of Lucifer

Cleansing from evil during life-time



## Book 19. «Soul in Hell»

*Yalta, 1998*



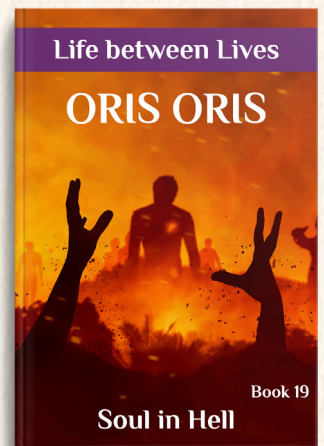
Pages:

Fear of Death is the individual's fear of losing himself, the fear of the need for further evolution. Man is most afraid of the unknown, but it is the unknown that makes a man to conquer his fear again and again. Many people are totally unaware of the infinite variety of levels of Consciousness in their own nature and whatever the author of this book may say to them about it, it will still not help them to understand it.





But there is still a small, even a tiny one-thousandth part of humanity which is the reason why all this knowledge about the true picture of Existence after Death is given. For the Transfiguration of this small part of mankind a small group of Star-Born Ones have specially incarnated and agreed to become conductors between the awakening Consciousnesses of the Earth and the Consciousnesses of the spiritual Teachers from Sirius and Pleiades. To each thousandth of the incarnate Earth's humanity Oris addresses in his books.



### **CONTENTS:**

Life of the Soul on Different Planets

Pluto  
Uranus  
Moon  
Mars  
Neptune

The Hell and Purgatory

«Astral shells» and ghosts

The Hell

The «geography» of hell

The Nine Circles of Hell

Soul in the first circle  
Soul in the second circle  
Soul in the third circle  
Soul in the fourth circle  
Soul in the fifth circle  
Soul in the sixth circle  
Soul in the seventh circle  
Soul in the eighth circle  
Soul in the ninth circle



## **Book 20. «Soul in Other Worlds 2»**



*Yalta, 1998*

Pages:



### **CONTENTS:**

Stereotypical worlds of the Astral («maklaks», «vergons», «Glumids» and «mafits»)

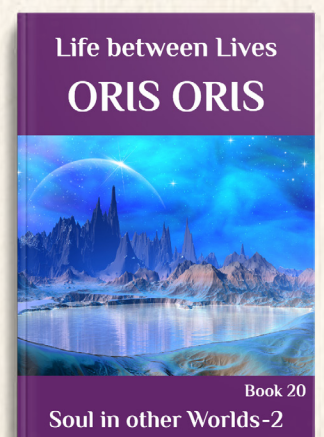
The fourth division of the Astral («shorts», «kloks», «glepmins» and «mahoints»)

The third subdivision of the Astral («pravinians», «eldonians», «kakrikons» and «lamites»)

The second sub-division of the Astral. First Heaven

The first sub-plane of the Astral. Second Heaven

Jupiter  
Saturn  
Mercury  
Venus  
Proserpine  
The Mental  
Laws of the mental





# Book series

## «Extraterrestrial Contacts»

In today's world there is a lot of information about UFOs, about the meetings of individuals and even whole governments with aliens, as well as materials of telepathic Contacts with representatives of various extraterrestrial civilizations, etc. Unfortunately this information, while passing through different dimensions to us, in our three-dimensional world, is often subject to very strong distortions and is very often misunderstood by us due to the specifics of our three-dimensional way of thinking.

Offered to you materials of Oris's Contacts with the commanders and crew members of the Sirius-A and Sirius-B starships, as well as with other extraterrestrial Consciousnesses and Civilizations, including the Consciousness of Christ, Lord Maitreya, God of the Sun (the Logos of our Solar System), Elohim (the Creators of our Universe), and the four Archangels (Michael, Uriil, Gabriel and Metatron), are unique because they are literally received «first-hand» and contain very valuable information, useful for all humanity, which lives on the eve of the Transfiguration of the Earth.

The Pleadians and Siriusians, who are the true spiritual Teachers of Earth's humanity, are happy to share with us the knowledge without which we earthlings cannot emerge from the endless series of earthly incarnations and join as equals the extraterrestrial civilizations that are part of the «Commonwealth of the Light Ring» on the expanses of Cosmic and Galactic Creativity.

About this and much more you can learn from this book series called «Extraterrestrial Contacts».







## Book 1. «Teachers from Pleiades report»

Yalta, 1998



Pages:



Such concepts as «Cosmos», «Higher Intelligence», «UFOs», «aliens», etc. have now firmly established in our Consciousness, and we can no longer imagine ourselves, our planet and our entire existence in isolation from the rest of the universe, from the hope of a promising direct contact with brothers in Mind.

Who are they, our teachers, what do they teach, what do they look like, and what do they want from us? In this book you will find answers to these and many other questions.

### **CONTENTS:**

From the author

Teachers from Pleiades report

First Appeal of The Demiurge of the World

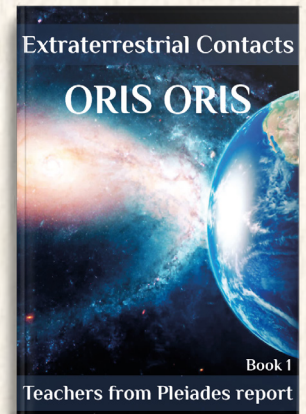
Appeal to earthlings from representatives of the Constellation of Pleiades

Ora's Appeal to the earthlings

Aalan's Appeal to people

Albellic's first Message

Albellic's second Message



## Book 2. «The crew of the Starship Sirius-A reports»

Yalta, 1998



Pages:



In this book, the Pleiadians and Siriusians, who are the true spiritual Teachers of mankind, gladly share their knowledge with us, without which we, the earthlings, would not be able in the very short time that remains before the Transfiguration to come out of the many thousands of years of hibernation and to make the necessary number of timeless passages in the impermeable thickness of the Collective Consciousness, necessary for the so called «shift of the paradigm».

### **CONTENTS:**

The crew of the starship «Sirius-A» reports

Albellic's third Message

Ramasanta's first Message

Ramasanta's second Message

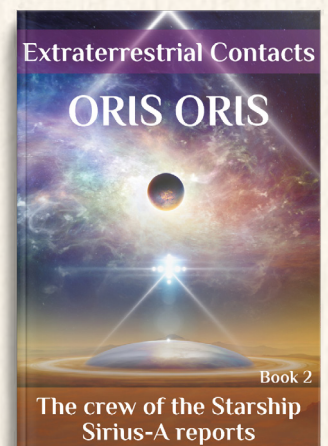
The First Universal Law of Cosmos

The Second Universal Law of Cosmos

The Third Universal Law of Cosmos

The Fourth Universal Law of Cosmos

Albellic's fourth Message





## **Book 3. «The crew of the Starship Sirius-B reports»**

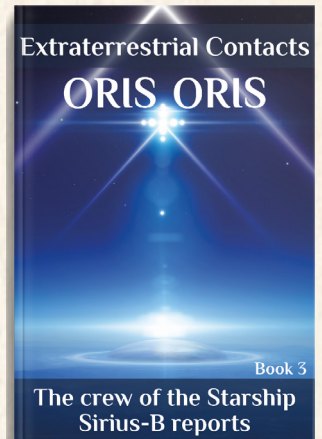
*Yalta, 1998*



**Pages:**



The next ten to fifteen years are predicted by extraterrestrials to be very informative and interesting for humanity. We will see how our so-called «unshakable reality» will begin to be rapidly turned upside down before our very eyes. Already the world does not seem as solid and unbreakable as it once did. And very soon we will all be witnesses and direct participants in a worldwide spectacle of Chaos and Confusion. The foundations of all our cultural, religious, philosophical, and scientific Paradigms, which have served us so far invariably as an image of the «real» World, in a matter of years, will crack and begin to crumble before our very eyes.



The reality of the New Age is within us, and main changes that we have to make must affect primarily our inner content, which, by freeing the Divine Light of our Souls from the millennia-old oppression of the Matter, will turn the mustiness and decay of our earthly cities into the unearthly glow of Beauty, which overflows the Cities of Light of the new, transfigured Earth.

### **CONTENTS:**

The crew of the starship «Sirius-B» reports

- First Makkearland's message
- Second Makkearland's message
- Third Makkearland's message
- Fourth Makkearland's message
- Fifth Makkearland's message
- Sixth Makkearland's message
- Seventh Makkearland's message
- Eighth Makkearland's message

## **Book 4. «The Teachers of the humanity report»**

*Yalta, 1998*



**Pages:**



Throughout all the history the humanity has been narrowing its perception of the Worlds from multidimensional, which includes all the subtle-material Spheres of the Astral, to three-dimensional, rough-material Level, thus not only limiting itself in the better understanding of the world around, but also completely destroying the possibility of free contact with the Consciousnesses of hundreds of thousands of other space civilizations, who actively create and work in the Cosmos.

Representatives of many of these Intelligent Civilizations have practically never left our planet, while other Higher Entities have been incarnated among people only for several millennia.





They have voluntarily shared and continue to share with us all the burdens of earthly incarnations and the very heavy human Karma, only to help with their Knowledge of the Truth and their personal experience, so that the people of Earth could more rapidly climb the steep steps of the Evolution Stairs.

### **CONTENTS:**

The Teachers of the humanity report

Araaragot reports

Oris's Dialogue with Allaagor the Andromedian

The «Wanderer» reports

The first Message of the Wanderer

The second Message of the Wanderer

The third Message of the Wanderer

First Message of Christ, Lord Maitreya

Message from the God of the Sun

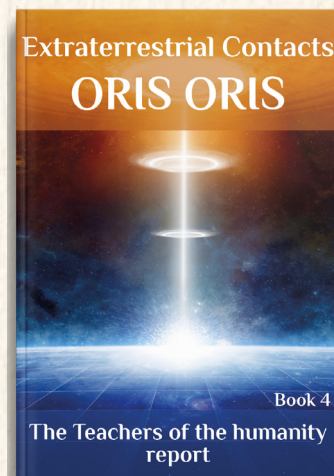
Message from Elohim to the people of Earth

Message from Archangel Michael

Message from Archangel Uriil

Message from Archangel Gabriel

Message from Archangel Metatron



## **Book 5. «Extraterrestrials»**

*Yalta, 1998*



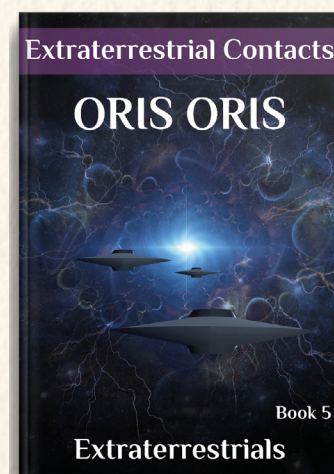
**Pages:**



They, the extraterrestrials, are working on our planet neither to conquer nor to enslave it, but with one single goal in mind: to slow down our rapid fall into the abyss of self-destruction, trying to bring to our Consciousnesses the moral, spiritual, social and scientific values accepted in the civilized Cosmos.

Those few people who are able to perceive their Word of Truth do everything possible, even impossible, to bring it to the half-asleep Consciousnesses of the rest of mankind.

Many «extraterrestrials» from Pleiades, Sirius, Andromeda and other civilizations of the «Light Ring» have been living among us for thousands of years, voluntarily giving up being in the Worlds of higher dimensions, just so that we, people of Earth, did not remain completely cut off from the Source, from Which all of us have come out, and to illuminate with the Knowledge of Truth the Path of spiritual ascent for Consciousnesses who no longer wish to





abide in the sleep of illusion and the darkness of ignorance. The Books of Oris are an example of this Service.

### **CONTENTS:**

Extraterrestrials

Humanoids from the constellation Regulus

Mars and Martians

Civilization from the planet Ceres

Civilization from the constellation Andromeda

Civilization from the constellation Pleiades

Civilization of silver «humanoids-balls»

The mystery of Tunguska or once more about the non-humans

Civilization of green «humanoids-balls»

Christ the Superstar



## **Book 6. «On the eve of Armageddon»**

*Yalta, August 1998*



**Pages:**



This book, in its uniqueness and value of the information it contains, is on par with the other Oris's books, continuing the subject of Contacts with Representatives of Worlds of Higher Levels of Existence.

Does The Christ Himself communicate with many people on the eve of the so-called «Last Judgment» transmitting specific recommendations? Has the Mother of God appeared to many to show them the way to salvation through Her Word in these terrible days of the approaching disasters and cataclysms? You just stop for a minute and delve into the rank of Those Who appeal to you – the Christ and the Queen of Heaven!

To ignore this information would be to close one's eyes, on the edge of the precipice, at the risk of being crushed to death. Is that what you want? Then read carefully, absorb and, opening the eyes of your Heart, draw your own conclusions.

### **CONTENTS:**

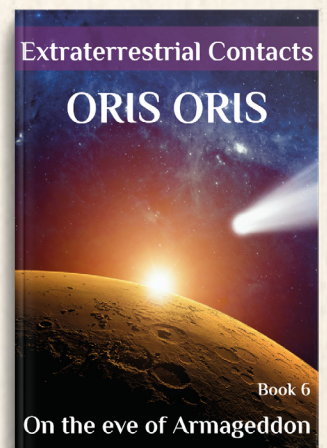
On the Eve of Armageddon

Second Message of Christ, Lord Maitreya

Commandments of Christ

The Word of the Queen of Heaven to the Adam's family

Oris's answers to the questions of the Swiss group of Star-Born







## Book 7. «The beginning of Armageddon»

Yalta, September 1998



Pages:



The beginning of the Age of Aquarius. Nostradamus wrote: «I see a reborn and renewed Christ coming. And then there will come a long peace, unity and harmony among the generations of several races».

The process of division of people depending on the quality of their Consciousness has already begun rapidly around the world. It will soon lead to the final separation of mankind not by national, religious or party affiliation, but by the quality of their spiritual vibrations. People had more than enough time to change their lives for the better. But now there is no time even for a reflection.

Very soon there will be the first cataclysm of an unprecedented force, which will not only change the circumference of the Earth, but will also shift its magnetic poles. The Earth's axis, which is already in an unbalanced state, will change

and all this will cause continuous, endless cataclysms. Earthquakes and floods will become a common thing, and long and extensive fires will engulf the entire planet.

Today we are no longer «slipping into the abyss» or «standing on its edge», as economists and politicians reassure us; we are already flying into the abyss with great acceleration, and no one gave us wings to wave and soar upward to avoid death, or rather, God in fact did, but we have all forgotten about them.

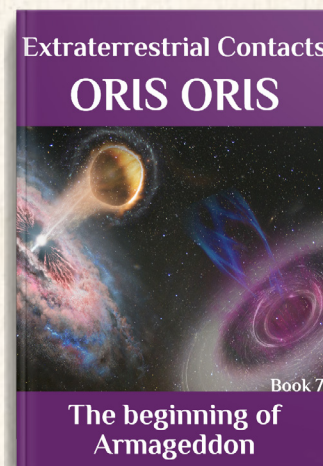
### **CONTENTS:**

The Beginning of Armageddon

Ramasanta's third Message

Albellic's fifth Message

Oris's answers to questions from the Swiss group of Star-Born



## Book 8. «Quo Vadis»

Yalta, January 1999

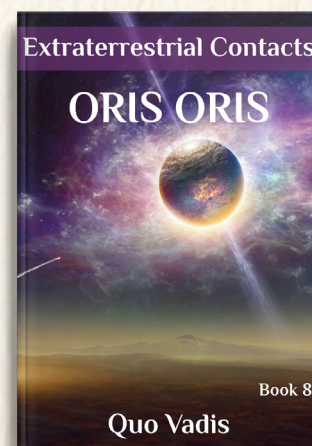


Pages:



The crew commander of the Sirius-A starship Albellic continues to share with humanity on Earth through Oris the knowledge about the last times of the physical incarnation of the Planetary Entity and its preparation for the spiritual Transfiguration.

By answering Oris's questions, Albellic describes in detail WHAT a human being really is, what are his true capabilities and what





are his immediate prospects on this planet.

### **CONTENTS:**

Quo Vadis

Albellic's sixth Message

Albellic's seventh Message

From Oris's letters to the incarnate Star-Born



## **Book 9. «The Word of Transfiguration»**

*Yalta, 1999*

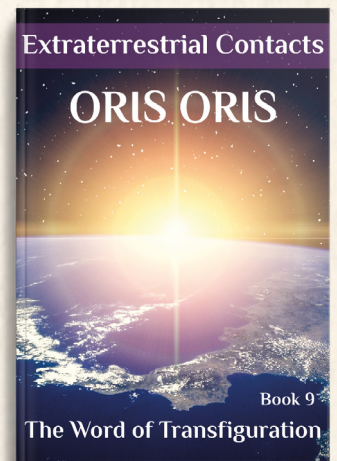


Pages:



Holy Mother of God, save us! - This is what the prayer to the Blessed Virgin asks for. But the same people disbelieve and slander, avoid and remain indifferent when the Living Virgin herself speaks to them and tells them about the ways of their salvation. «Hypocrites», says the Queen of Heaven to them, «get to know what Heaven looks like, and why do you not know the signs of the times? Prepare yourselves, people, as truly the day and hour of the Judgment of this world has already come».

In August Our Lady transmitted the first part of Her «WORD» through Oris, and on January 13 and 19, 1999, through the same channel She transmitted the next two parts and commanded to compose from Her «Word» a supranational «Gospel of Transfiguration», which was published as a separate book «The Gospel of Transfiguration by the Mother of God» (see below).



### **CONTENTS:**

The Word of Transfiguration

The Word of Proclamation of the Mother of God

The Word of Transfiguration of the Mother of God

Second Message of the Demiurge of the World

From the prophecies of the end times



## **Book 10. «The New Earth»**

*Yalta, June 1999*



Pages:



After the release of previous books in this series, letters to Oris from all over Russia, Belarus, Ukraine, and after the publication of his books in German and English - from Europe, England and the United States, come in an endless stream.

Because of lack of time, the author is not able to answer all of the numerous questions asked by readers. But the more important questions are answered in





this and the following books of this series.

Also in this book the author publishes the Third Message of Christ-Maitreya on the eve of the Transfiguration of the Earth.

**CONTENTS:**

The New Earth

Third Message of Christ, Lord Maitreya

Oris's Answers about the Transfiguration

Immediate perspectives of humanity

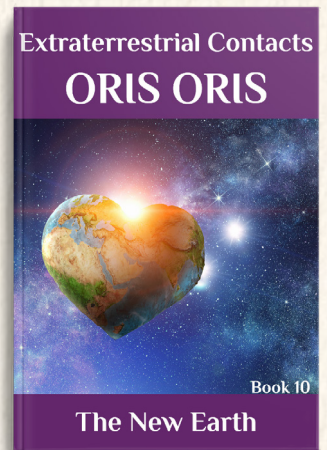
Physical atlas of the New Earth

Analogies of human death with Earth's Transfiguration Processes

Meditative practice of working with the elements

The genetic diversity of humanity

Questions and answers



**Book 11. «Messages from Heaven»**

*Yalta, July 1999*



**Pages:**



This book by Oris introduces the reader to another set of Messages from the Representatives of the Supreme Cosmic Mind on Earth - Lord Christ-Maitreya and the Commander of the crew of the Sirius-A starship Albellic.

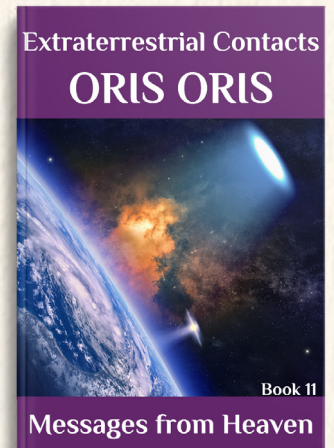
This is the most recent material of Oris's Contacts, received by him on the eve of his departure, along with six other Star-Born, for a 44-day Meditation and purification of body (the energy conductors) with the water on the Ai-Petri Plateau.

**CONTENTS:**

Messages from Heaven

Fourth Message of Christ, Lord Maitreya

Albellic's eighth message





## **Book 12. «The Transmutation Diary»**

This book consists of four parts.



Pages:



From 7.07 to 19.08.1999 a group of Star-Born Consciousnesses under the leadership of Oris, implementing specific recommendations received from Albellic during Oris's Contacts with Him (choice of place, modes of accommodation, stay and meals, exercises, themes and methods of work in Astral, etc.), was in Crimea, on the plateau Ai-Petri, to conduct general Meditations and joint work on the Subtle Plane with Jupiterians – Intermediaries of the First Order from the Pleiadeans side.

This diary was kept by Firoxanta and thoroughly edited by Oris before publication.

About what happened to them during this period, about transmutation, about the incredible events that happened on the Ethereal Plane, you will learn from this Diary.

### «The Transmutation Diary. Part 1»

*Yalta, 1999*

Pages:

Tells about the events that took place from 07.07.1999 to 19.07.1999.

### «The Transmutation Diary. Part 2»

*Yalta, 1999*

Pages:

Tells about the events that took place from 20.07.1999 to 31.07.1999.

### «The Transmutation Diary. Part 3»

*Yalta, 1999*

Pages:

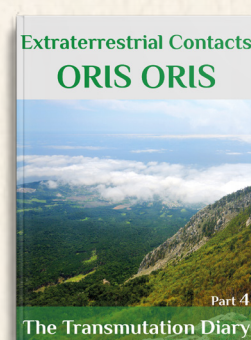
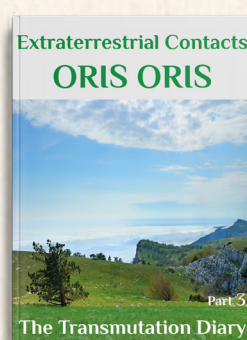
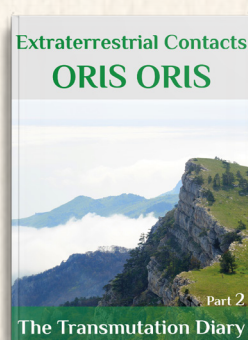
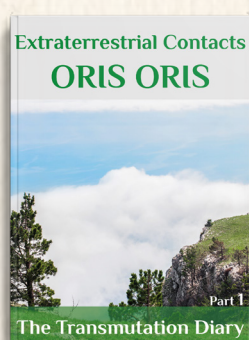
Tells about the events that took place from 08.01.1999 to 13.08.1999.

### «The Transmutation Diary. Part 4»

*Yalta, 1999*

Pages:

Tells about the events that took place from 14.08.1999 to 19.08.1999.







## Book 13. «All Contacts»

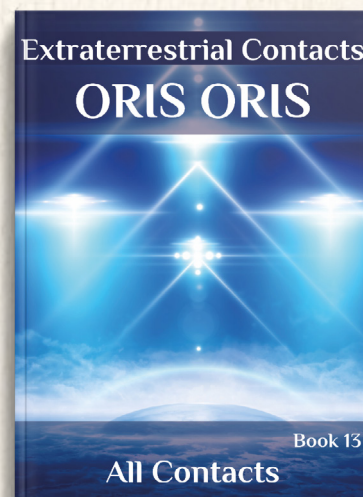


*Yalta, 1999*

Pages:



Out of all the huge number of Extraterrestrial Contacts made by the author, this collection contains the most relevant Contacts, in the author's opinion.



## A collection of poems «40 days of Spiritual Solitude»

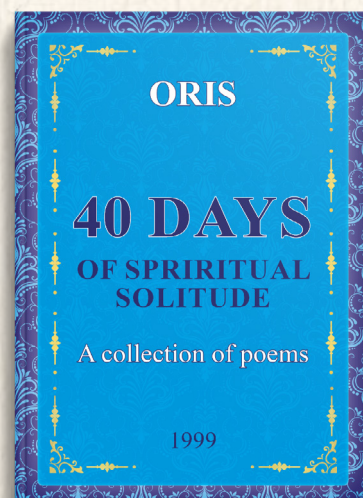
*Yalta, 1999*

Pages: 20

Poems presented in this collection are written by Oris during the period from the 7th of June until the 19th of August 1999, when he was on Ai-Petri Plateau with six other like-minded people, having once again taken a vow of silence and physical fasting.

This period is described in great detail in the book series consisting of 4 books under the general title «Transmutation Diary».

This book also contains an audio recording of these poems recited by Oris onto a tape recorder during this very act of Spiritual Solitude.





# Book series «The Gospels»



## «The Gospel of the Transfiguration from the Mother of God»

Yalta, 2002



Pages:

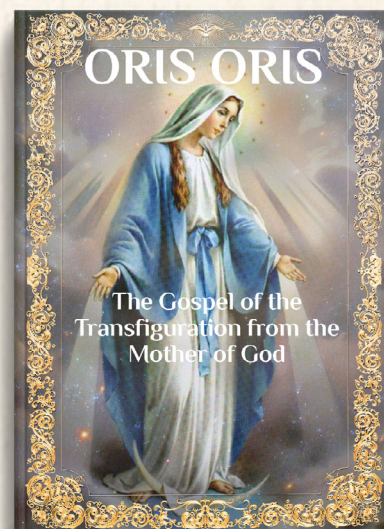


The word of the «Gospel of Transfiguration» was dictated to Oris by the Living Blessed Virgin Mary herself during Oris's meditations on January 13 and 19, 1999.

### **CONTENTS:**

The Gospel of the Transfiguration from the Mother of God

The Word about enemies  
 The Word about murmur  
 The Word about Compassion  
 The Word about Repentance  
 The Word to My faithful ones  
 The Word about Love  
 The Word about infirmity  
 The Word about Antichrist  
 The Eve of the Last Judgment  
 The Last Judgment  
 The Beginning of the Last Judgment  
 The Word of Proclamation  
 The Crying of Our Holy Lady  
 The Transfigured World



## «The Gospel of the Transfiguration from the Christ»

Yalta, 2002



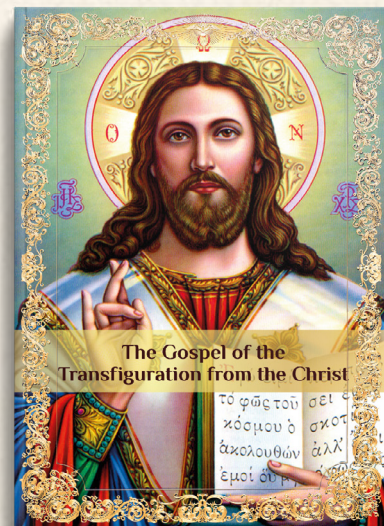
Pages:



Information received by Oris during direct Contact with the Christ Consciousness on August 19, 2000 and published by him on January 7, 2002

### **CONTENTS:**

God's Word about the Transfiguration  
 God's Word about Love  
 God's Word about Wisdom  
 God's Word about Death  
 God's Word about the enemy of the human race  
 God's Word about suffering  
 God's Word about non-judgment  
 God's Word about Faith  
 God's Word about Repentance  
 God's Word to My faithful ones  
 God's Word about the Salvation of the Soul





# 2000 – 2008

## Book series «Working notes»

In this book series are being published Oris's working notes made during his work on the book series called «lissiidi». Most of information outlined in these 4 books did not eventually make it into the final version of «lissiidi» series, hence it was decided to publish it separately.



### «Chakram personalities and their influence on incarnated consciousness»



*Yalta, 2000*



Pages:



The author describes the essence of the concept of «Chakram personalities» and their influence on human consciousness through the psychic centers (chakras).

#### **CONTENTS:**

Chakram personalities and their influence on the consciousness of incarnated person

Padma and flames

A person's time field and the structure of his bilateral connection with chakram personalities

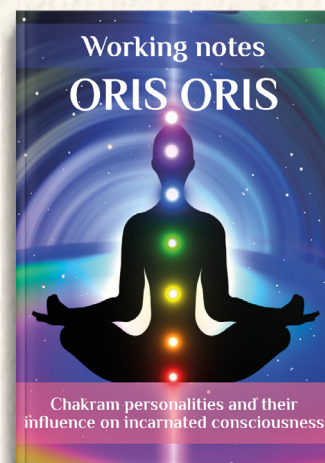
«You will not die, but you will change»

A new view on the human physical body

Spiritual and cosmic essence of a human

Significance of the vibrations of the tone names of the star-born for the acceleration of spiritual development

Chakram meditation



### «Muladhara chakra (Argllaamuni-lissiidi)»



*Yalta, 2000*



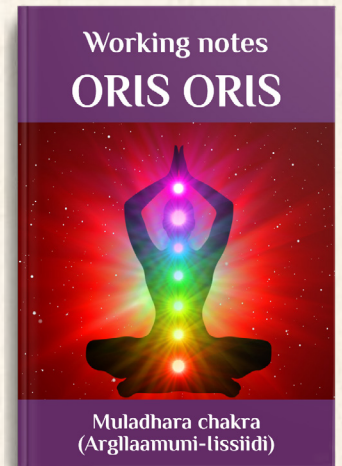
Pages:

Functionally, the Argllaamuni-center (Muladhara) is closely connected with the psychological abilities of the physical body, which provide survival of the physical body and protection of a person from unfavorable external influences. A big role in the activation of the whole immune system belongs to this lower center. Its normal functioning gives a sense of physical health, well-being, self-confidence and stability.





Imbalance and all kinds of muladhara «breakdowns» in the Aura, lead to the constant outflow of these energies and can cause a feel of insecurity, deep depression, lack of willpower, a sharp decline and energy loss, increased soreness in the lower and middle parts of the body, despondency and melancholy. This is particularly typical for those, who have not yet opened the karmic channels of the heart center or if karmic channels of the heart center are very weakly activated, which in order to switch the person to completely higher, spiritual levels of feeling and thinking. In such cases a person loses the purpose of his Life, as if he loses his roots and, purely intuitively, following the consciousnesses of the organs and body systems, completely surrenders himself to the satisfaction of his own lower desires in order to replenish the energies of the Argllaamuni center.



### **CONTENTS:**

#### Muladhara chakra (Argllaamuni-lissiidi)

The colors, hues, and swirl sounds of Argllaamuni

The influence of the chakram mantra onto the consciousness and life of a person

Influence of word and music vibrations onto consciousness

#### Peculiarities of the geometry of Argllaamuni space

The «Lord» of the chakram

The specifics of the relationship of an incarnate person with the fragmented consciousnesses of the Argllaamuni-lissiidi

#### Qualitative Characteristics of the Levels of Fragmented Consciousnesses of Argllaamuni- lissiidi from first through seventh qualitative levels of Argllaamuni energies

Consciousnesses of the First Qualitative Level of Argllaamuni Energies

Consciousnesses of the Second Qualitative Level of Argllaamuni Energies

Consciousnesses of the Third Qualitative Level of Argllaamuni Energies

Consciousnesses of the Fourth Qualitative Level of Argllaamuni Energies

Consciousnesses of the Fifth Qualitative Level of Argllaamuni Energies

Consciousnesses of the Sixth Qualitative Level of Argllaamuni Energies

Consciousnesses of the Seventh Qualitative Level of Argllaamuni Energies

#### Work Methodology with Argllaamuni-lissiidi Chakram Personality

About the discharge of negative emotions







## «Svadhithana chakra (Inglimilissa-lissiidi)»

Yalta, 2000



Pages:



The weaknesses of our sex education have led to the fact that most people, even if they feel a deep sensual attraction, instead of beginning a heartfelt spiritual exploration of each other in the process of intimate interaction and accumulation of sexual energy, instead, close their heart centers and turn the unique opportunity of highly sensual admiration into a trivial sexual act.

Unfortunately, the creators of the lower-astral and dense-material types of Reality benefit greatly from the fact that the prevailing majority of people completely incorrectly and perversely understand the very essence of SEXUAL INTERACTION. Sexual interaction in fact is a spiritual intimate process which, if properly understood, contributes to a stronger contact between a person and his inner Essence and contributes to a more highly-sensual and deeply soulful manifestation of the person.

Love is the real Symbol of the Age of Transfiguration that is coming on Earth! And the mysterious «sacred key» to the Gate of Spiritual Transformation is not somewhere in the cosmic infinity and unfathomable unknown, beyond our psychic capabilities, but in fact is located quite «nearby», or rather, in our own heart center AIGLILLIA, which is filled with the highest vibrations of Love literally towards every manifested aspect of the Life around us, including the strongest of all – the sexual one.

### **CONTENTS:**

Svadhithana-chakra (Inglimilissa-lissiidi)

Mandala of Inglimilissa and its cosmic essence

Twelve-year chakram cycles

Sex and Astro-travel

Some notes for the section «Interaction of the sexes»

Some notes for the section «Sex and the pathological features of individual physiology»

Family, Sex and Spiritual Development

The technique of sexual-hearty transmutation of chakram energies

Sexual transmutation without a partner

Sexual transmutation with any partner

Sexual transmutation through watching erotic movies

Sexual transmutation with a loved one

A brief description of the main qualities of fragmented Consciousnesses Inglim-





ilissa-lissiidi from first through seventh Energy-Informational Levels of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the FIRST Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the SECOND Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the THIRD Energy-Informational Level of Realities of Inglmilissa-lissiidi

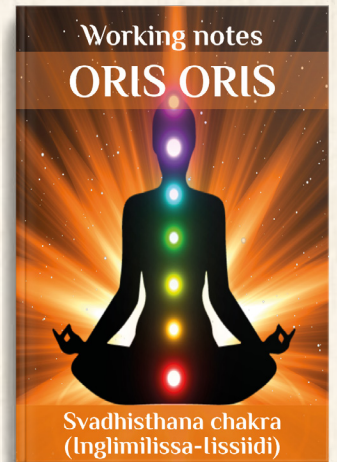
A Brief Characteristic of the Basic Qualities of Fragmented Consciousnesses of the FOURTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the FIFTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the SIXTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of Fragmented Consciousnesses of the SEVENTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

Methods for sustained alienation of self-embedded Chakram Consciousnesses from own astrosome



## «Anahata chakra (Aigllilliaa-lissiidi)»

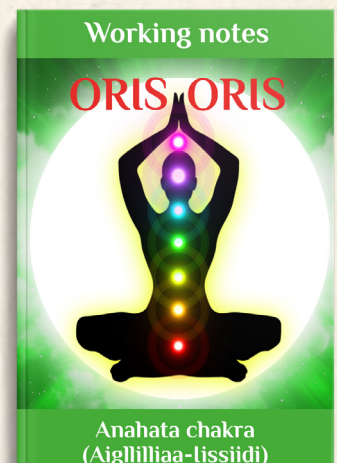


*Yalta, 2000*

Pages:



Oris describes his reflections about the so-called Anahat states and deepens the concepts of Kindness and Love, revealing their different shades depending on the presence of a greater or lesser selfish component in each of such manifestations.





## Book series «ISSIIDL»

This series of books, from the first to the last pages, includes the most unique in meaning and the most important information, accepted by Oris after the year 2000 during his next direct Contacts with the Creators of Humanity: Algellis (Argllaamuni and Inglmilissa iissiidi centers), lillgmmii-I, (Aigllilliaa and Orlaaktor iissiidi) Lua-Andis (Ulgluu and Ssaassfati iissiidi), Greyli-Vin (Olgoolloni and Aani lissiidi), Slliangsmiii (Raaklima and Uluuguma lissiidi), Sslaaiingsa (Svaagali and Eyyaaa lissiidi) and Ssniillgsa. These Cosmic Entities represent personal Interpretations of Oris at the levels of the collective Subconsciousness, Supraconsciousness, Ultraconsciousness, Superconsciousness, Hyperconsciousness, Proconsciousness and Protoconsciousness. The detailed Knowledge of such a high Buddhist level, for many evolutionary reasons, has never before was accessible to humans or even the spiritual Initiates of the 3-4 Planetary Initiations.


Only because of the spiritual transformations which have intensively begun on Earth and because of the preparation of the collective Consciousness of mankind for the act of Transfiguration this Knowledge is now being transmitted to those of earthmen who are ALREADY spiritually mature for its proper understanding and comprehension and who are eager to use it to continue their further Path of mastering and accumulating the entire experience of incarnated earthly existence as swiftly and as effectively as possible.

In none of the astral or written sources on our planet there is even a mention or a distant analogy of this Teaching, because the degree of admission to it requires from the spiritual seeker an active self-discovery and prolonged experience of conscious existence at the causal-buddhich level, as well as an experience of being outside the physical shell for long time.


Oris deliberately integrated all the Knowledge he received - the «Teaching about chakram personalities» - only onto the highest ajna-vishuddha levels of the collective Consciousness of the planet, because further adaptation of these highly spiritual codes to the generally accessible understanding would lead to a significant decrease in their degree of authenticity. Therefore this information can be productively assimilated only by people with actively developed over diaphragmatic psychic centers. For them and ONLY FOR THEM the Spiritual Teachers from Pleiades transmit this newest spiritual Teaching.








## Book 1. «The teaching of what does not exist, but what is the most real»



*Yalta, 2001*  
Pages: 159

### **CONTENTS:**

From the author  
 Illusions and metamorphosis of the Universe  
 Objective realities of the Earth  
 «There is a lot of us, but we are one»  
 Chakrams of the Soul  
 The twelve energy-informational levels  
 Twelve types of Energy-Matter  
 The twelve main Chakrams  
 Spiritual-synthesizing role of Kundalini energies  
 The Cosmic-transforming essence of the «Nadi» channels



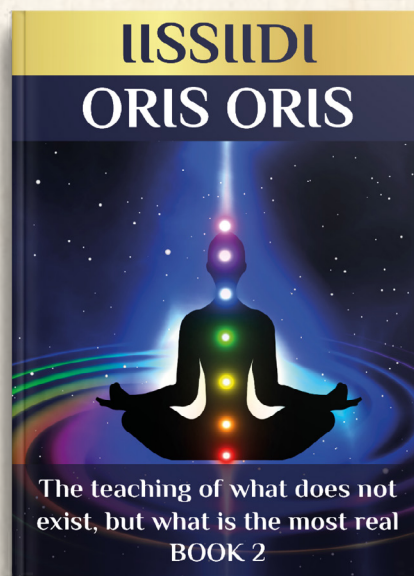
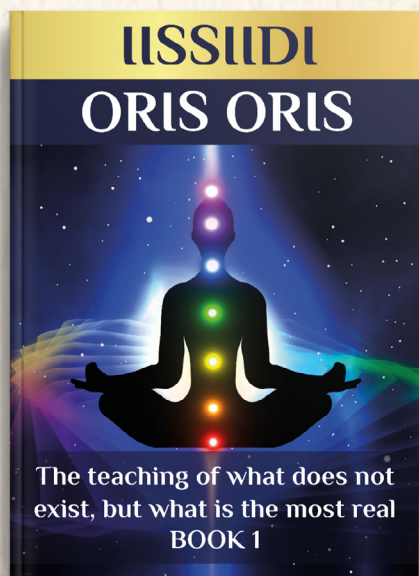
## Book 2. «The teaching of what does not exist, but what is the most real»




*Yalta, 2003*  
Pages: 137

### **CONTENTS:**

The Spiritual-Cosmic Essence of human  
 Chakram personalities and their influence on human Consciousness  
 Padma and flames






 **ИССИДИ. «The teaching of what does not exist, but what is the most real». Dictionary**


*Yalta, 2003*

Pages: 150

 **ИССИДИ. «The teaching of what does not exist, but what is the most real». Dictionary. Annex**

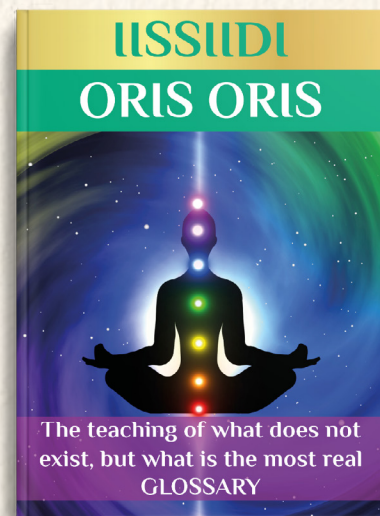
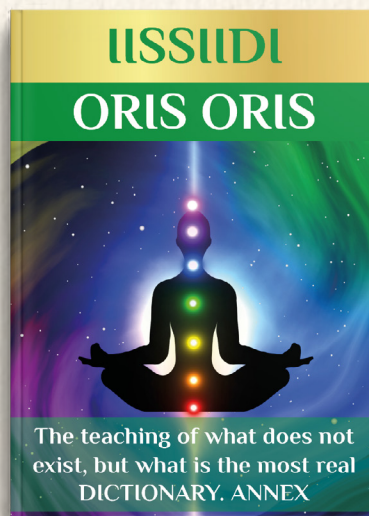
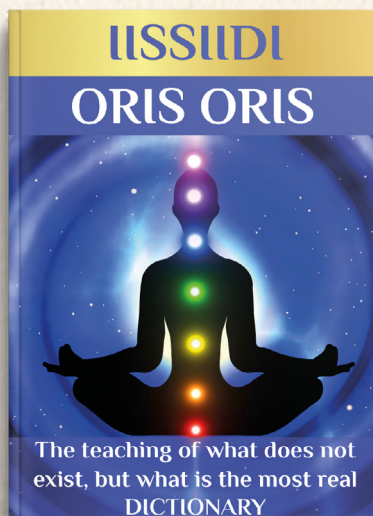
*Yalta, 2003*

Pages: 55

 **ИССИДИ. «The teaching of what does not exist, but what is the most real». Glossary**

*Yalta, 2003*

Pages: 25



## «The Great Message»

In 2006 two volumes of Oris's books were published, reflecting the results of his further Contacts with the Teachers of Humanity, which represent the highest personal Interpretations of his Ultraconsciousness and Superconsciousness, under the general title «The Great Message». Its contents marked the beginning of the creative stage of work with information of a principally new, more qualitative level.

As a result of numerous answers to reader's questions on the materials of these volumes a new series of books «Immortality is accessible to everyone» was published as part of the Issiidiological Knowledge - the newest spiritual-cosmological conceptions about the Universe and the human being.







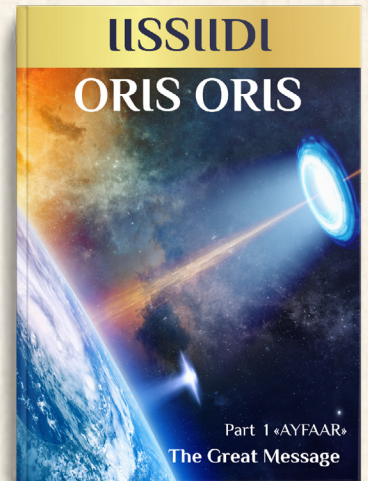
## The Great Message – Part 1 «AYFAAR»

Yalta, 2006

Pages: 507

### **CONTENTS:**

Connecting Consciousness to the «ISSIIDI Teaching»  
 Illusions and metamorphosis of the Universe  
 DDIIUYI (The Universe)  
 The energy-plasmic and space-time structure of the Universe  
 Ayfaar (The Higher Intelligence of the DDIIUYI)  
 TLAASSMA-A (The Cosmic Spirit)  
 SSMYIYSMAA-A (The «Soul-Analogue» of Cosmic Spirit)  
 GOOLGAMAA-A (The Soul-Aspect)  
 LLUU-VVU («human personality»)



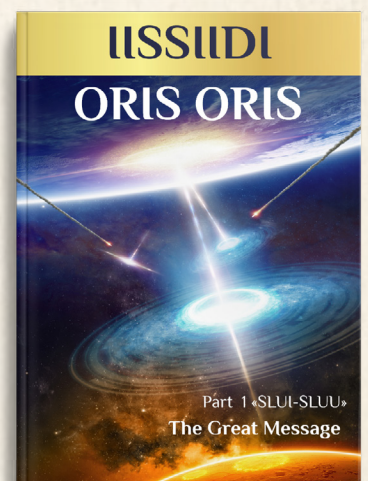
## The Great Message – Part 2 «SLUI-SLUU»

Yalta, 2007

Pages: 498

### **CONTENTS:**

Connecting Consciousness to the «ISSIIDI Teachings»  
 Illusions and metamorphosis of the Universe  
 Universal Cosmic Laws  
 All-Unity of Multiplicity  
 Individual Forms of creative «personalities» SLUI-SLUU, realized through  
 ISSIIDI-Centers of AIY-YYA  
 Cosmic Classification of the Forms of Creative Realization AIY-YYA  
 Brief Characteristics of Some Forms of Creative Realization  
 of LLUU-VVU  
 Brief Characteristics of Some Forms of Creative Realization  
 of AIY-YYA  
 LLAA-GRUAA, FFLATTMA, and GLOA  
 ILLGRII-TO-O  
 LAANGH-KRUUM, UUN-GLIIRIDA, OOL-GOO-LTR





# Book series «My Covenant»

(New title - Volumes 7 and 8 of the series «lissidiology Fundamentals»)

Pages: 1,469

From 2001 to 2022 Oris has written over 1600 song lyrics to popular tunes of the 20th and 21st centuries. The first 555 songs were combined in two collections called «My Testament». The lyrics of all subsequent songs are published on the Ayfaar Songs website [ayfaarpesni.org](http://ayfaarpesni.org).

These songs tune to a positive perception of life circumstances, an altruistic way of life and unconditional love for everything, as well as a deep understanding of the fact that everything that happens to a person as a good thing.



## My Covenant 1

Yalta, 2002

### **CONTENTS:**

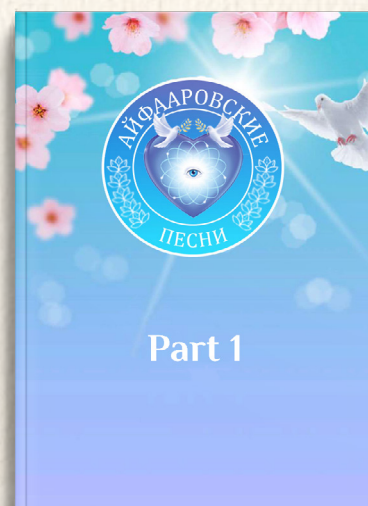
A word from the author

Texts to the most popular songs of the 20th century

Let's Sing a Song in Love and Light!

Songs that revive the Star Memory

Let the Songs of Ayfaar be heard!



## My Covenant 2

Yalta, 2002

### **CONTENTS:**

Preface

Texts to the most popular tunes of the 20th century

Songs that revive the Star Memory

Let the Songs of Ayfaar be heard!





# 2009 – 2022

## Book series «lissiidiology»

From 2009 to the present, Oris has been working on the book series called «lissiidiology».

This series consists of the following books:

- lissiidiology Fundamentals (Volumes 1-6)
- Texts of Ayfaar Songs (Volumes 7-8, previously published under the general title «My Covenant»)
- Dictionary of terms (Volume 9)
- «Immortality is Available to Everyone» (Volumes 10-15),
- «Commentaries to the Fundamentals» (vols. 16-20), which were compiled from the author's written answers to reader's questions
- «Kollokviums on Fundamental Concepts» (volumes 21-22), compiled from the author's oral answers to various lissiidiology questions

This book series is being continually updated with new Oris's answers to reader's questions, which are being subsequently formed into new lissiidiology volumes or added to existing volumes according to their subject.

This series of books reflects the author's latest iissiidiological insights, which deepen, expand and supplement the information published in the previous book series «lissiidi».



# LISSIIDIOLGY







## Volume 9. Glossary of terms

Moscow, 2010

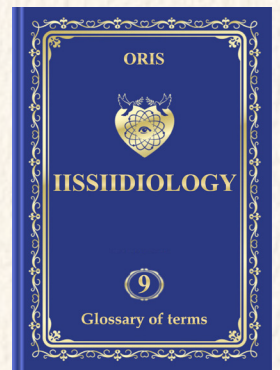
Pages: 725

IISSIIDIOLOGY terminology has its own individual specificity of spelling.

Also, each of the terms includes a much deeper meaning than might seem at first glance, because it is rooted in more qualitative levels of this Knowledge, which, without sufficiently developed extrasensory abilities, is not yet available for access to the current creative dynamics of the Self-Consciousness of an average person.

This publication contains only short vocabulary articles to facilitate the process of understanding the material, at least at the most elementary level. More detailed information on each of the terms can be found in other lissidiology books.

Some terms are very difficult to describe and have absolutely no analogues in the habitual human associative perception, so it is an extremely difficult task for the Author to formulate a dictionary article within the limits of an ordinary person's comprehension.



## Volume 10. Immortality is accessible to everyone. «Fundamental Principles of Immortality»



Moscow, 2010

Pages: 521



In this book, Oris continues to give full answers to inmost and fundamental questions of cosmic and human existence: about Earth and universal destinies, the nature of life and death, Soul and God, good and evil, about our relations with one another, the nature of Space-Time and how the entire visible and invisible-to-us reality is formed. The Universal Knowledge given by Oris offers the fundamentals of a new and unique world view for all of us. It allows us to penetrate the mystery of eternal existence to an extent inaccessible before, reasonably and substantially solving the problems therein, offering convincing answers which are not available in any religious world view, philosophical movement or scientific theory. Oris's Information expands the limits of human experience and perception literally to infinity!

### **CONTENTS:**

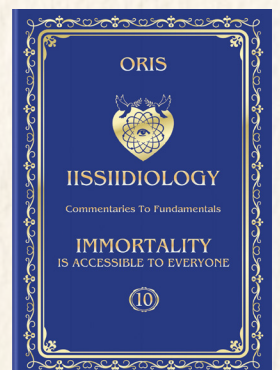
Preface. About IISSIIDIOLOGY

Editor's Foreword

Proofreader's Foreword

SECTION I. Fundamental principles of Immortality in the system of «personalized» Perception

SECTION II. The newest spiritual-cosmological Conceptions of the Universe and the human being





- SECTION III. A brief description of the main principles of energy-information structuring of multidimensional creative dynamics of the variable ethereal component of LLUU-VVU-Forms
- SECTION IV. The newest Conceptions of dynamics of energy-information structures of Creation
- SECTION V. Each of us has a great number of Destinies
- SECTION VI. Peculiarities of functioning of space-time and energy-information structures of «personalized» Self-Consciousness



## Volume 11. Immortality is accessible to everyone.



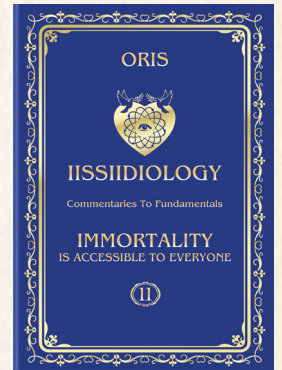
### «Energy and biological mechanisms of refocusing of Self-Consciousness»

Moscow, 2010



Pages: 691

In the first Chapter of Volume, Oris describes in detail functioning of Formo-Creators of the brain, how the memory is accessed, how biological structures of the brain are associated with energy-informational structures of Self-Consciousness, how various Self-Consciousness Levels are differentiated and reprojected at the moment of so-called «Death». This Chapter also describes functioning of «the intestinal brain», how it becomes possible to cure at a distance (the technique of ethereal projection), gives the meaning of the esoteric term the «Astral Plane» from the point of view of lissidiology.



The second Chapter tells us that biological Forms can exist in different Continuums and explains the interrelationship between our lifespan and quality of active Levels of our Self-Consciousness. It also provides information on the following subjects: it is possible to «live one's Life many times» in higher-quality scenarios, cycles of changing male and female manifestations within the structure of a multi-dimensional human Form, physical principles of organization of higher-frequency levels of the Universal Reality with a detailed description of the nature of boson and fermion fields, and types of particles that are carriers of such interaction.

#### **CONTENTS:**

Preface

- SECTION VII. Objective mechanisms of a phenomenal manifestation of the Illusion of «Death» of any «personality» in the dynamics of Formo-systems of the Worlds
- SECTION VII. Duration of existence of «a human personality» as the continuous dynamics of manifestation of different-qualitative NUU-VVU-Forms in Space-Time





## **Volume 12. Immortality is accessible to everyone.** **«The Noo-time dynamics of the Universal Focus of Self-Consciousness»**

*Moscow, 2011*

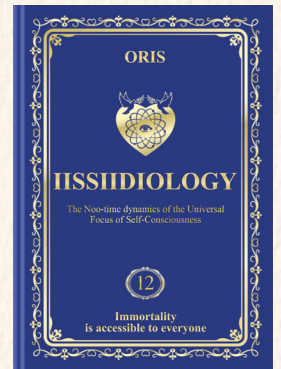
**Pages: 733**

Volume 12 is devoted to the diversity of the Self-consciousness manifestation forms in the infinite variety of the Form-Systems of the Worlds. Tell me, what do you know about the universal properties of Space and Time? About the illusory nature of our existence? About the Essence of «development» of each «personality»? It's not easy to answer any of these age-old questions.

But Oris, with all possible detail and thoroughly, goes on to answer not only these, but many other equally urgent and vital questions that trouble us and compel every seeker to learn, to give up something, and to gain something...

### **CONTENTS:**

- SECTION IX. Possibilities of extending Life through another Form
- SECTION X. UU-VVU and Stereo-Types of LLUU-VVU-Forms
- SECTION XI. Interrelationships of a «personality», UU-VVU-Forms and their Form-Copies in the Form-Systems of Worlds and OL-LACT-DRUOTMM-Systems



## **Volume 13. Immortality is accessible to everyone.** **«Psychogenetic conditionality of the manifestation of the «human» form»**

*Moscow, 2011*

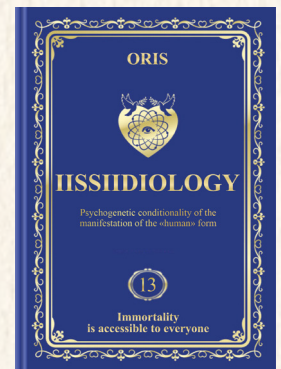
**Pages: 700**

In the 13th volume of the commentaries, Oris answers the vital questions of mental and physical health, medicine, psychology, psychiatry, genetics, somnology, pharmacology, and reveals the psychogenetic features of the manifestation of the «human» Form.

Our biological Existence is a continuous process - when we feel, think and experience something, we immediately become part of those groups of the Worlds, Realities and Continuums whose synthetic dynamics correspond exactly to the quality of these infinite processes.

### **CONTENTS:**

- SECTION XII. The influence of the fear of «Death» on the effectiveness and quality of Self-Consciousness Refocuses
- SECTION XIII. The different-qualitative Dynamics of the Form-Creators of Self-Consciousness is the main Principle of Refocusing





SECTION XIV. Form-copies, UU-VVU conglomerates, factor Axes and DNA

SECTION XV. The experience of subjective experience of «terminal» illnesses, preagonal states and dreams

## **Volume 14. Immortality is accessible to everyone.** **«The Principles of rezonance of Self-Consciousness structures»**

*Moscow, 2011*

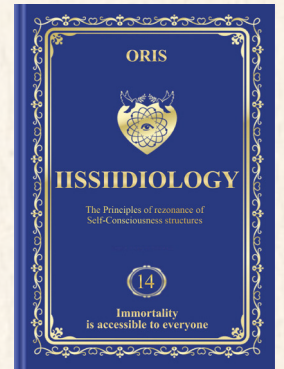
**Pages: 798**

In this volume the author allows the reader to delve into the subtlest and most complex mechanisms of its manifestation details of synthetic formation processes not only in the three-dimensional range of Energy Plasma, but also in all the multidimensionality of energy-information structures of the universe.

Every reader with an inquisitive mind and an appetite for knowledge will discover the mysteries of the physical laws of our material reality and the mechanisms of dimensional formation of spatial and temporal structures of the inertial ranges of the universe.

### **CONTENTS:**

- SECTION XVI. The synthetic dynamics of Thought-Forms, Sense-Forms, and SFUURMM-Forms (unstable Karmo-Forms)
- SECTION XVII. Influence of causal processes of Self-consciousness onto the dynamics of the manifestation of the Forms of the surrounding reality
- SECTION XVIII. GLEIIYO- and UDDVOO-types of dimensions, Worlds, their antipodes and «anti-Worlds»

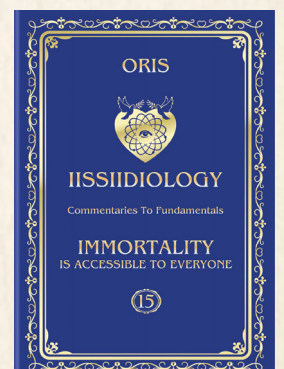


## **Volume 15. Immortality is accessible to everyone.** **«The Conscious Path to Human Worlds of «personal» Immortality»**

*Moscow, 2012*

**Pages: 648**

«The Conscious Path to the Human Worlds of «personal» Immortality» - this is the name of the new volume from ORIS book cycle «Immortality is accessible to everyone». At first glance, this may seem like an invitation to a philosophical contemplation. But by appealing to his devoted readers, the author hopes for the consideration and perception of this issue in a broader or, if you like, deeper understanding. Philosophical concepts offer to us only sensory-contemplative,





mostly associative images regarding a particular issue. The author, however, presents in this work, as a logical continuation of previous volumes, a detailed consideration of the practical prospects for the development of a personality into a true Human, who explores his own spirituality.

In addition to the mechanisms of working with own Self-Consciousness, which will lead people as Humans to «personal» conscious Immortality, ORIS describes the «Worlds of our Future», the prospects for the manifestation of the coming times. And in order for everyone to develop an understanding of their own Path, a comprehension of the choice of their spiritual development, the author not only describes «bright» prospects, but also specifies in detail the obstacles that each of us may face and, by not noticing or not determining the nature of which, to unconsciously, under the influence of particular reasons, deviate from the development in the Human direction.

With the help of this book, you will be able to determine the qualities that are truly inherent in people, and you can finally figure out how to form in yourself these qualities that are truly Human - with a capital letter. Having experienced what a highly sensual Intellect is, you will then understand why only with the help of highly intellectual Altruism you can find the Path to the cherished Goal of your spiritual future!

### **CONTENTS:**

- SECTION XIX.       Obstacles on the path of realization of «individual» Immortality
- SECTION XX.       The Specific States of uoldmiism (high-sensual Intellect) and stollmiism (High-Intellectual Altruism) synthesized in the Human (lluuvvumic) development Direction
- SECTION XXI.       Specificities of lluuvvumic transformation of human features
- SECTION XXII.     Our «future» Worlds. Perspectives of the approaching times



## **Volume 1. lissiiology Fundamentals.**



### **«Interaction of Information and Energy as the Primary Cause for origination of the Creative Activity of Self-Consciousness Focus and the Macrocosmos in whole»**



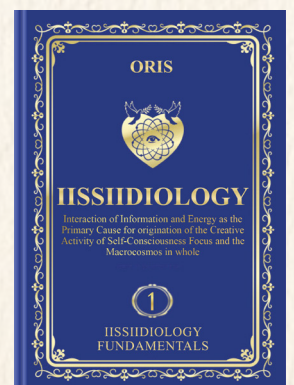
*Moscow 2013*



**Pages: 312**

This book presents the beginning of an overall 20-volume information series titled «The Great Message», which consists of «IIS-SIIDIOLGY. Fundamentals», «Commentaries to Fundamentals» and author's Song lyrics with a highly-spiritual content written to popular and all-loved melodies.

From the very beginning, the author pinpoints the reader's atten-





tion upon fundamental notions of IISSIIDIOLOGY starting from basic, axiomatic Conceptions. The book contains the newest interpretation of formation of the outer reality based on the Self-Consciousness's Focus Dynamics as the main functional mechanism of the Macrocosmos's Creative Activity. A detailed comparison of the author's hypotheses with existing scientific conceptions allows to draw parallels with the current worldviews about nature, space, time, energy and to find the ways for their radical transformation and potential development.

In this volume, the author introduces the conceptual foundation necessary for an adequate understanding of all other IISSIIDIOLOGY books of this series. Hierarchy of Self-Consciousness Levels, dimensional differentiation of manifestation Forms, classification of elementary (and other) particles as structural components of the Universal Plasmic-Differentiation Emission, information theory of the formation of Energy in the Macrocosmos are described in order to form necessary notions that will serve as the basis for further more complex iissiidiological Categories: Universal Cosmic Laws and their Principles, Diapasons of Plasmic Forces, Evolutional and Involutional Branches of development, and many others. The first volume of Fundamentals is the required minimum for any reader who wants to thoroughly study iissiidiological conceptions.

### **CONTENTS:**

Intuition and its role in scientific cognition

iissiidiology, its goals, objectives and perspectives in the development of humankind

Author's Foreword

SECTION I. Integral concepts that form the basis of iissiidiological Notions

SECTION II. The multilevel structure of Self-Consciousness

SECTION III. Energy and different-qualitative Levels of manifestation of Self-Consciousnesses Forms that form various types of «materiality» (...doollses — waves — flakses...)

SECTION IV. Energy-Plasma as a transcendental basis of interaction between Energy and Information within the structures of the Macrocosmos



## **Volume 2. iissiidiology Fundamentals.**



### **«Cosmic Qualities as the Basis for energy-informational manifestation of all the Form-systems of Macrocosmos»**



*Moscow, 2013*

Pages: 662

Many scientists may consider this volume of «Fundamentals of IISSIIDIOLOGY», as well as all the other books of this twenty-volume series titled «The Great Message», no more than «science fiction» — each of us has the right to believe in what is the most convincing. However, every intelligent person who possesses at least





the rudiments of cognitive intuition can discover in this information those more Qualitative characteristics of the objective truth, thanks to which continuous eglleroliftive Amplification of all Self-Consciousnesses Forms is carried out.

Catastrophism periodically appearing in the process of human self-cognition is always accompanied by the radical breaking of many old Conceptions, which by its radicalism surpasses greatly all theoretical forecasts. Fanatical belief in dogmas and postulates established once, as well as the clear tendency for idolatry — these are obvious characteristics of degradation and regression that converge modern academic science with paganish religion. Yet, the eglleroliftive Amplification process and harmonious evolution both of a separate personality and human population in general is impossible without breaking down old stereotypes and establishing — on the basis of deep cognition of Wisdom of previous and future generations — much more universal conceptions about ourselves and our surrounding reality.

This uneasy, but grandiose on its depth and scale Task of prompt and Qualitative transformation of human community is assigned by the Evolution Itself to the universal knowledge of IISSIIDIOLOGY, absolutely new to people, which is received for the first time and entirely by one person only by means of the intuitive way of cognition. We offer you to find out more about its newest fundamental Conceptions in the second volume.

Besides, the IISSIIDIOLOGY offers to Collective Consciousness of humankind a totally new paradigm that gives new and fresh view of the multitude of clinical phenomena studied by psychotherapists. It gives a theoretical model for understanding the changes in the mentality of a patient and the hope on clarifying mechanisms of effectiveness of psychotherapeutic method.

### **CONTENTS:**

About lissiidiology

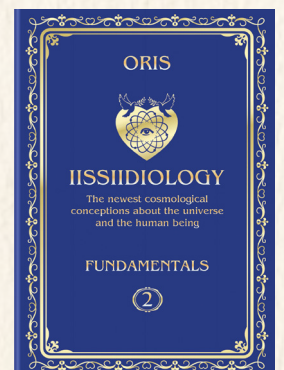
lissiidiology: From a Cell to a Universe

SECTION V. Transcendental nature of Cosmic Qualities and Principles of Their transmutation into Creative Cosmic States

SECTION VI. Sll oogrent interconnections of Form-systems of personal Worlds with Universums of Macrococosmos

SECTION VII. Universal rhythms of Focus Dynamics of The Highest Cosmic Intelligence AYFAAR

SECTION VIII. Eglleroliftive tendencies of Universes. Universal Focus Effect of Self-Consciousness or the newest viewpoint on the Big Bang theory







## Volume 3. ISSIIDIOLGY Fundamentals.



### «Variety of Forms of Creative Realization of the Cosmic Human»



Moscow, 2014

Pages: 780



The third volume of «ISSIIDIOLGY Fundamentals» allows readers to go deeper into yet completely unexplored by us structures that provide functioning of human Self-Consciousness and its interconnections with Self-Consciousnesses Forms focused by it. First two volumes of «ISSIIDIOLGY Fundamentals» thoroughly describe the deep Nature of Causes and Mechanisms of Creative Activity of everything manifested in multidimensional and different-Qualitative Macrocosmos, including also qualitative Basis of Focus Dynamics of Form-Creators of Universal Structures. The third volume in its turn focuses on the detailed description of basic Principles of exiberation of Human and other Self-Consciousnesses Forms in all the diversity of different-dimensional diapasons of the Tertiary Illusion.

To allow the reader to fully comprehend the essence of the notion «Self-Consciousness Form,» the author describes realization functions of these structures at the example of subjective formation — as a result of life creativity of every personality — of so called personalistic Worlds, which goes far beyond existing scientific notions about the surrounding reality and peculiarities of interaction between Forms structuring it, whether it is a human, a planet, or an elementary particle. Furthermore, he describes different-dimensional variety of Forms of Iluuvvumic Direction of development and characteristics of focal realization of Humankind Collective Cosmic Intelligence as a unified the LLUU-VVU-Entity.

The third volume ends with a detailed description of multi-level manifestation of Plasmic Forces Diapasons of our Universe, which are described from a position of their subjective interpretation through the specific peculiarities of human Perception systems. Endless inner transformations of Universal Illusion, as mechanisms of evolutional growth of the Cosmic Human on its Way to its Universal Future, lets inquisitive readers to form in their Self-Consciousness own highly intuitive conceptions about endless varieties of all possible variants of development, where goes the process of eternal multidimensional Existence of every human personality.

#### **CONTENTS:**

- SECTION IX. Personalistic World as Self-Consciousness Form
- Chapter 1. Multitude of personalistic Worlds and sensibleness of Perception
  - Chapter 2. The realization Principle of the Mechanism of NUU-VVU-Form-Types wave analog's exiberation from f-Configurations of doolls and flaks Self-Consciousnesses Forms
  - Chapter 3. The Principles of exiberation of different-Qualitative





SFUURMM-Forms in 3–4-dimensional World's Form-systems

- Chapter 4. Implementation of surrounding us subjective Reality is carried out through generations of Self-Consciousnesses Forms of elementary particles
- Chapter 5. Integration of rotational Cycles and formation of unified World's Form-system
- Chapter 6. Quantum of Energy-Information. The Principles of interaction of personalistic Worlds through Focus Dynamics of different «personalities»
- Chapter 7. Self-Consciousness is the Mechanism of realization of properties of Energy-Plasma through peculiarities of personalistic Worlds
- Chapter 8. Sporadic Worlds
- Chapter 9. Influence of SFUURMM-Forms of sporadic Worlds on the process of formation of SFUURMM-Forms of personalistic World
- Chapter 10. Formation of different Directions of development in the groups of human STCs based on different-Qualitative interactions between SFUURMM-Forms of all the multitude of personalistic Worlds
- Chapter 11. The Mechanisms of the formation of stable illusion of surrounding reality in Focus Dynamics of Self-Consciousness of «personality»

SECTION X. Influence of the Diffuzgentness Principle on the process of Focus Dynamics formation of Form-Creators of the Iluuvvumic Synthesis Scheme

- Chapter 1. Vibrational different-leveled Nature of Energy-Plasma
- Chapter 2. Variety of Self-Consciousnesses Forms structuring Iluuvvumic birvularity type
- Chapter 3. Info-Creators and Form-Creators of aiyyaiaic birvularity type
- Chapter 4. Subterransive classification of LLUUVVU-Form
- Chapter 5. Characteristics of the Primogenitive Transcendent Constituent

SECTION XI. LLUU-VVU as integration of realizational Focus Dynamics of the multitude of different-Qualitative Self-Consciousnesses Forms

- Chapter 1. Info-Creators of Ethereal (informational) Component of FLAAGG-TUU
- Chapter 2. Characteristics of amitsissimal and confective SSS-States
- Chapter 3. United Idiopathic SS-TOO-IIYS-SSS-Ingredient of Macrocosmos
- Chapter 4. Some subjective criteria of affiliation of Self-Consciousnesses





Forms to simultaneous focal realization of Collective Cosmic Intelligence of the LLUU-VVU-Entity

Chapter 5. Form-differentiating Temporal shells of NUU-VVU-Form-Types

Chapter 6. Astropasmic lital temporal ethereal constituent of NUU-VVU-Form-Types FDTs (SVUULLMII-SVUU-VVU)

Chapter 7. Mental-plasmic lital temporal ethereal constituent of NUU-VVU-Form-Types FDTs (LUUDMII-SVUU-VVU)

Chapter 8. Other ampliative Bodies and Forms of the LLUU-VVU-Entity

SECTION XII. Ethereal-focal structure of Plasmic Forces Diapasons

Chapter 1. Complex-Plans, Plan-Levels, Plan Overtones, and interconnections between them

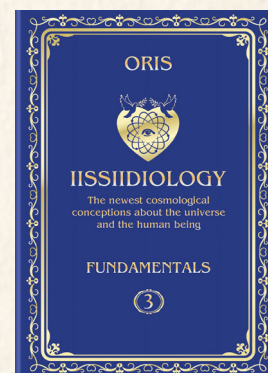
Chapter 2. Interconnections between Cosmic Qualities at manifestation in different Levels of Energy-Plasma

Chapter 3. «SECTORS,» «SUB-SECTORS,» «FLOWS,» and «RAYS» of combinations of Pure Cosmic Qualities. The General Principle of the formation of Universal Karma

Chapter 4. Inter-Galactic e Complex-Plans. SSUU-SS-VUU-Creativity Spheres of AIY-YYA-Entity

Chapter 5. Cosmic Plan-Levels. NAA-GLLII-UU-Creativity Spheres of AIY-YYA-Entity

Chapter 6. Plan-Overtones of Fields-Consciousnesses. The simplest focal-ethereal «projections» of EIYG-SS-MII- Creativity Sphere of AIY-YYA-Entity



## Volume 4. lissidiology Fundamentals.



### «Structure and Laws of implementation of Macrocosmos skrruullerrt system energy-informational dynamics»

Moscow, 2015

Pages: 748

In the beginning of the volume, the author recalls generation principles and mechanisms of the human subjective Realities, explains interconnections between the Tertiary and the Secondary Illusions Form-Creators, while describing thoroughly Fields-Consciousnesses structure, defines birvulyarity and its Qualitativeness types conception. The main part of the volume is devoted to description of the Reasons and principles of the Universe Cosmic Entity Focus Dynamics, various energo-informational structures of Its Self-Consciousness, and also to disclosure of SFUURMM-Forms human-type realization process and Form-Creators Focus Dynamics amplificalional aggradation process.

This volume concludes with summarizing, integration of everything described





— with Information about Universal Cosmic Laws and Their Principles providing fundamental basis for generation of all Self-Consciousnesses Forms in Macrocosmos Tertiary, the Secondary, and the Primary Illusions.

### **CONTENTS:**

- SECTION XIII. From Plan-Overtones of Fields-Consciousnesses to Form-Types of collective subjective Realities
- Chapter 1. The skrruullerrt system interstitial states between USIP-Initiation of Information and Its confectusness
  - Chapter 2. The different-Qualitative Process of amplificational Self-Cognition of all Collective Cosmic Intelligences and Their Self-Consciousnesses Forms
  - Chapter 3. Functional interconnections among various Cosmic Form-structures and Creators-PLASMOIDS
  - Chapter 4. Functional interconnections between Form-Creators of Self-Consciousnesses Forms of Plan-Overtones and Subplan-Overtones of Fields-Consciousnesses
  - Chapter 5. Physical Plan-Overtone of Fields-Consciousnesses (TRUURR-GURRDT)
  - Chapter 6. Astral (DLLAABLLA-SVUULLMII-I) and Mental (ASSFOLL-FOLDTS-UOLDMII-I) Plan-Overtones of Fields-Consciousnesses
  - Chapter 7. Overtones of Fields-Consciousnesses (VAALL-VAA-KKAA)
  - Chapter 8. Subovertones of Fields-Consciousnesses and principles of subterransive formation of collective subjective Realities
  - Chapter 9. Duplex-Spheres as the fundamental informational base for generation of collective subjective Realities
  - Chapter 10. About simultaneous implementation of different-Qualitative development Directions in multipolarization of Focus Dynamics
- SECTION XIV. The Universe is the result of focal realization of SFUURMM-Forms of Self-Consciousness of DDIIUYI-Entity
- Chapter 1. Three main constituent parts of Energy-Plasma forming Focus Dynamics of Form-Creators
  - Chapter 2. Complex-structured Nature of multiple manifestation of human personality
  - Chapter 3. Photoreductive Ether role in providing unpacking abilities of Focus Dynamics of heterogeneous Form-Creators
  - Chapter 4. Unity of the Main Life Forces as the base for consummatizational processes in Macrocosmos
  - Chapter 5. Thoughts, Feelings, and Desires informational Nature and their silloogrent implementation through Ideas
  - Chapter 6. Formation principles of the causal base of Space-Time in the Tertiary Universal Illusion exhibition conditions





Chapter 7. Eglleroliftive convergence mechanism of Focus Dynamics of Karmo-Forms

Chapter 8. Amitsirational reciprocity principle between Focus Dynamics of Form-Creators of various dimension Levels

SECTION XV. The nature of Universal Cosmic Entity

Chapter 1. Basic understanding of diverse Interpretations of an infinite variety of different-Qualitative Universal Entities

Chapter 2. Twenty-four conditional Branches of multipolarizational development of CCI of Amplificational and Qualitational Vectors

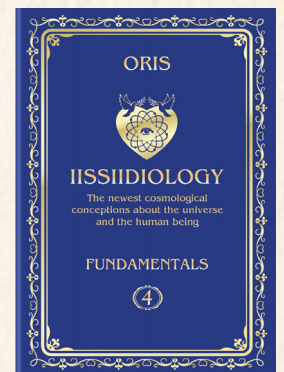
Chapter 3. Internous interconnections of Idiopathic TLAASSMA-A-Ingredient of DDIIUYYI-Entity with Its SSMIIYSMAA-A- and GOOL-GAMAA-A-Ingredients



Chapter 4. The organization of Holochrone transmission and modificational supplerization of Form-Creators Focus Dynamics of all Levels of Universal Illusion exhibition

SECTION XVI. Universal Cosmic Laws and Their Principles (SL-LOGSSLLOGS and SLLOOYYS-SLLOO)

Chapter 1. «Laws» and Principles multiform manifestation Transcendent Nature

Chapter 2. Some of the Cosmic «Laws» and Their Principles specification, Which provide universal organization of Focus Dynamics of Form-Creators in Iluuvvumic birvulyarity type

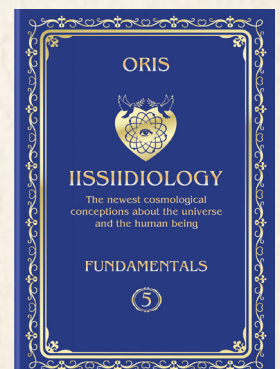


 **Volume 5. IISSIDIOLGY Fundamentals.**  
**«Basic creative possibilities of the realization of Iluuvvumic Creators in mixtum NUU-VVU Forms»**  


*Moscow, 2017*

Pages: 791

Thoughtful study of this material allows the reader to get a more objective idea of the material basis of idealism by developing, in particular, quantum theory of Consciousness on the example of «microtubule concept». The reader will also learn about chakram determinacy of Focus Dynamics of all Self-consciousness Forms, will get an understanding of primary connections of thought formation, will get unique information about informational-energy conditionality of ontogenesis and embryogenesis, pathogenesis in general and hereditary diseases in particular, and finally will discover the universal etiological model of one of the most complex human feelings - the feeling of love.





**CONTENTS:**

- SECTION XVII. Informational structures of human being as the biogenetic mechanisms basis of his Evolution
- Chapter 1. Vivaxes, Parvulas and other NTC's ethereal Constructions. Their role in the Experience transfer at different types of Self-Consciousnesses Form's revitalizations
  - Chapter 2. Genome, heredity, and the beginning of human embryo's Parvula formation
  - Chapter 3. Neurofibrils as the connecting functional basis between Info-Creators, «subterransive ODS», and biochemical activity of CNS bio-Creators
  - Chapter 4. The formation process of a «new» human's Parvula
  - Chapter 5. Parvula formation peculiarities in difficult pathology cases while fetation
  - Chapter 6. Functional role of vivaxes and vitalitases in energy-informational formation of the human «personality's» organism
  - Chapter 7. FATTMA-NAA-A-Articles and the other ethereal Ingredients as the main Source of amplificalional Self-Cognition
- SECTION XVIII. Energy-informational structures of human as the basis of his convergent Focus Dynamics
- Chapter 1. The IISSIIDI-Centers as the energy-informational basis of any human «personality's» Perception system functioning
  - Chapter 2. VLOOOMOOT and NNAASSMM are the realizational foundation for manifestation of any «personality's» Focus Dynamics
  - Chapter 3. SLUI-SLUU, SFUURMM-Forms, and Mechanism of their manifestation through functions of biological organism's Form-Creators of mixtum NUU-VVU-Form-Types
  - Chapter 4. Functionality of Creators of separate brain areas at «personality's» Focus of Close Attention dynamics organization
  - Chapter 5. The role of factor noo-time «axes» in the structure of causal «Channels» of the IISSIIDI-Centers
  - Chapter 6. Metamorphoses of subjective perception of slloogrent holochronness of the present: the «past» and the «future»
- SECTION XIX. Joint realization of Creators of the ARGLLAAMUNI- and INGLI-MILISSA-Centers through bio-Creators of human organism
- Chapter 1. Non-local Creative Activity of Self-Consciousnesses Form-Creators in the formation of biological Forms and their World's Form-systems
  - Chapter 2. Diffuzgent interchange of Conceptions as the cause of high protoformity in realizations of Form-Creators of the first pair of the IISSIIDI-Centers





- Chapter 3. Formation of LLUU-VVU-Entity's Synthesis Schemes on the basis of the LAANGH-KRUUM communication mechanism
- Chapter 4. Differences in bio-Creator's functions at realizations through unconscious and subconscious Levels of «personalized» Self-Consciousness
- Chapter 5. The role of DNA in creative activity organization of Form-Creators of the ARGLLAAMUNI-Center
- Chapter 6. Regulatory and interpreting functions of Gene Creators
- Chapter 7. Organization of biochemical interconnections between «personality's» psychic states and functions of Creators of separate brain structures
- Chapter 8. The role of the enteral nervous system Creators in formation of psychosomatics of mixtum Forms
- Chapter 9. Causal «Channels» of the first pair of the IISSIIDII-Centers
- Chapter 10. The biogenetic task of INGLIMILISSA-Center Creators in mixtum NUU-VVU-Form-Types
- Chapter 11. The role of hormones and transmitters in formation of social and «interpersonal» relationships
- Chapter 12. Biochemical and energy-informational principles of production of Thoughts, Feelings, and Desires

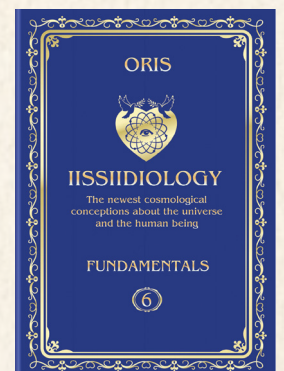
 **Volume 6. lissidiology Fundamentals.**  
 **«Bioenergy processes of Self-Consciousness Focus Dynamics formation»**

*Moscow, 2017*

**Pages: 772**

This new volume of the series «lissidiology Fundamentals» is a reasonable consequence of consideration of biological mixtum NUU-VVU-Form-Types that was started in the previous volume. For our deeper understanding, it draws our attention even more at iissidiological approach to the matters, which are related discretely by contemporary scientific community to philosophic anthropology in general and to behavior theories of personality in particular.

At more objective, transcendent, gabitual (primordial, objectively deep) discussion, it becomes clear that the given material leads a reader maximally to objectivization of own conceptions about relations among personalized, unconscious, and subconscious levels of Self-Consciousness at the background of developing invizusal (imperceptible by our sensor systems and measuring devices) mechanisms of anatomy and brain neurophysiology, accompanied by dominant dynamics of





the first IISSIIDI-Centers pair.

### **CONTENTS:**

Introduction.

- SECTION XX. Neuronal mechanisms of the interpretation of the Creative Activity of Form-Creators of Self-Consciousness in the CNS of biological human Forms
- Chapter 1. Biochemical activity of neuronal structures in organisms – the basis of Focus Dynamics ampliatization in the Iluuvvumic development Direction
  - Chapter 2. The specificity of the manifestation of mixtum NUU-VVU-Forms in the nutational conditions from the positions of interactions of brain neuronal structures
  - Chapter 3. Qualitative characteristics of various CNS parts
  - Chapter 4. Cortical layers of the brain
  - Chapter 5. Integrative sense of cognitive operations in the brain. Functional role of the frontal lobe
  - Chapter 6. Prefrontal cortex. General representation
  - Chapter 7. Orbitofrontal part of the prefrontal cortex
  - Chapter 8. Dorsomedial part of the prefrontal cortex
  - Chapter 9. Ventromedial part of the prefrontal cortex
  - Chapter 10. Dorsolateral area of the prefrontal cortex
  - Chapter 11. Ventrolateral area of the prefrontal cortex
  - Chapter 12. Temporal lobes of the cortex
  - Chapter 13. Cingular cortex
  - Chapter 14. Cerebellum
  - Chapter 15. Basal ganglia
  - Chapter 16. Mechanisms of generation of subjective recollections. Connection of Creators of the brain with the «subterransive ODS» and FLC
- SECTION XXI. The functional role of Form-Creators of the 3,4th and the highest pairs of the IISSIIDI-Centers in the development of our subterransive Self-Consciousness in various sub-Structures of the AIY-YYA-Entity
- Chapter 1. The functioning features of the Form-Creator's Focus Dynamics of the highest Planetary IISSIIDI-Centers
  - Chapter 2. The subcenter compensators system and its role in the Planetary IISSIIDI-Centers functioning
  - Chapter 3. The functioning features of the IISSIIDI-Center's Super-Planetary analogues





- SECTION XXII. Level-wise influence of GROOMPF-Creator's Fields Consciousnesses of ARGLLAAMUNI-IISSIID I on our Focus Dynamics
- Chapter 1. Significance of GROOMPF- and PLIISSMA-Entities in formation of «human personality's» Interests
  - Chapter 2. Qualitative characteristics of the Levels of ARGLLAAMUNI-IISSIID I's fragmented Consciousnesses
  - Chapter 3. Influence of fragmented Fields-Consciousnesses of the ARGLLAAMUNI-IISSIID I first qualitative Level on the Focus Dynamics
  - Chapter 4. Influence of fragmented Fields-Consciousnesses of the ARGLLAAMUNI-IISSIID I second qualitative Level on the Focus Dynamics
  - Chapter 5. Influence of fragmented Fields-Consciousnesses of the ARGLLAAMUNI-IISSIID I third qualitative Level on the Focus Dynamics
  - Chapter 6. Influence of fragmented Fields-Consciousnesses of the ARGLLAAMUNI-IISSIID I fourth qualitative Level on the Focus Dynamics
  - Chapter 7. Influence of fragmented Fields-Consciousnesses of the ARGLLAAMUNI-IISSIID I fifth qualitative Level on the Focus Dynamics
  - Chapter 8. Influence of fragmented Fields-Consciousnesses of the ARGLLAAMUNI-IISSIID I sixth qualitative Level on the Focus Dynamics
  - Chapter 9. Influence of fragmented Fields-Consciousnesses of the ARGLLAAMUNI-IISSIID I seventh qualitative Level on the Focus Dynamics
  - Chapter 10. The procedure of purposeful work on the decrease of influence on the part of ungs
  - Chapter 11. About methods of release from negative emotions
- SECTION XXIII. Level-by-level influence of Form-Creators of INGLIMILISSA IISSIID I on our Focus Dynamics
- Chapter 1. The problem of irresponsible and ignorant attitude to human sexuality in the society
  - Chapter 2. The INGLIMILISSA-IISSIID I first qualitative Level fragmented Fields-Consciousnesse's influence on the Focus Dynamics
  - Chapter 3. The INGLIMILISSA-IISSIID I second qualitative Level fragmented Fields-Consciousnesse's influence on the Focus Dynamics
  - Chapter 4. The INGLIMILISSA-IISSIID I third qualitative Level fragmented Fields-Consciousnesse's influence on the Focus Dynamics
  - Chapter 5. The INGLIMILISSA-IISSIID I fourth qualitative Level fragmented Fields-Consciousnesse's influence on the Focus Dynamics





- Chapter 6. The INGLIMILISSA-IISSIID I fifth qualitative Level fragmented Fields-Consciousness's influence on the Focus Dynamics
- Chapter 7. The INGLIMILISSA-IISSIID I sixth qualitative Level fragmented Fields-Consciousness's influence on the Focus Dynamics
- Chapter 8. The INGLIMILISSA-IISSIID I seventh qualitative Level fragmented Fields-Consciousness's influence on the Focus Dynamics
- Chapter 9. The methods of conscious «transformation» and «transmutation» of Energy-Information of the lower Levels of the INGLIMILISSA-Center to the higher Levels of Self-Consciousness



## Volume 16. Commentaries to lissidiology Fundamentals. «Self-development»

*Crimea, 2018*

Pages: 535

This volume contains Oris's written answers to reader's questions on the subject of spiritual self-improvement.

### **CONTENTS:**

- SECTION I. Living under the illusion of death
- Question 80. Why are we subject to aging and death?
  - Question 35. Can we refocus someone to somewhere?
  - Question 22. Will we observe the revitalization of our relatives?
  - Question 72. Is it possible to trace own revitalizations?
  - Question 55. Dissociative states. Memory of events in meditation
  - Question 38. The analogue of sub-personality in lissidiology
- SECTION II. Evolution of the Lower Fields of Consciousness
- Question 89. Transformation of primitive Inglmilissa Levels of Self-Consciousness
  - Question 70. Transmutation and transformation of Self-Consciousness
  - Question 58. How does the act of inter-qualitative synthesis occur?
- SECTION III. The benchmarks of the human development direction
- Question 30. Personalistic Worlds. Is it necessary to be interested in what is happening in the world?
  - Question 40. About RHIO (responsibility, honesty, initiative, openness) and other qualities
  - Question 17. The states of humanitarian freedom and immunitant





responsibility

Question 18. How is «personal» self-consciousness interconnected with other levels of self-consciousness?

Question 15. Relationships of higher and lower levels in the self-consciousness of an individual

Question 92. The conflict between interests and necessity

Question 79. The principle of positivism in spiritual development.  
Background Synthesis

Question 88. The principle of radical refocusing

Question 16. What is spiritual self-sacrifice?

Question 81. What is an enlightenment?

#### SECTION IV. Dynamic and meditative modes of brain activity

Question 25. Energy filling when meditating on sound cosmic codes

Question 84. Methods for stopping the internal dialogue

Question 100. About the practice of silence (Blitz-28)

Question 101. About the practice of being in the dark (Blitz-29)

Question 87. About pride

Question 31. How does inner mental 'mess that tears apart' affect the quality of refocusing?

Question 93. Formation of formo-images in dreams

Question 32. How fully do we use our brain?

Question 52. About the mode of brain usage

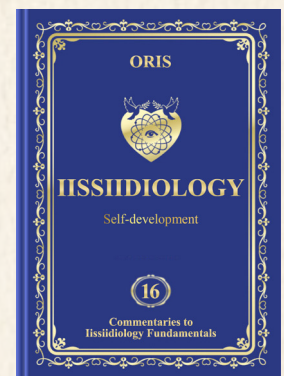
Question 6. Interaction between strategic and current interests (in a person)

Question 28. About breatharians

Question 65. Mind, intellect, intuition

Question 63. Ampliatiation (development) of the brain, future professions

Question 76. What knowledge is in demand in our future?







## Volume 17. Commentaries to Iissidiology Fundamentals. «Biochemistry of mixtum Forms»

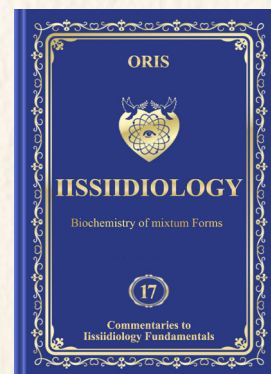
Crimea, 2018

Pages: 275

This volume contains Oris's written answers to reader's questions about the biochemistry of physical human forms.

### **CONTENTS:**

- SECTION I. The Creators of the Genome and the Etheric Structures of Self-Consciousness
- Question 10. Nuclear Genome Creators and the Structure of karmotions
  - Question 33. Connection of vivaxes to the formo-structures of our brain
  - Question 36. Point of localization of the Creators-regulators of the nuclear genome
  - Question 44. Wave mode of transmission
  - Question 60. Realization of vivaxes through biochemical processes
  - Question 83. About the inability to avoid the obtainment of a protoformic (non-human) Experience
  - Question 91. Mechanisms of weakening the Creative Activity of ungs and ssvoouns in the Focus Dynamics of Self-Consciousness
  - Question 85. The role of nuclear Creators-interpreters and regulators in the unpacking of information by vivaxes
  - Question 90. Consistency of the Creative Activity of the Creators-Regulators and the Creators-Interpreters
  - Question 27. Stability of mit-DNA compared to nuclear DNA
- SECTION II. DNA, Brain and Meditation
- Question 67. About the chromosome set of a human
  - Question 12. Interrelationships of the Thalamus Creators and the cerebral cortex
  - Question 77. The author's way of transmitting Formo-images from deep meditation
  - Question 102. About the transmission of mental states through audio and video recordings







## Volume 18. Commentaries to lissidiology Fundamentals. «Cosmological aspects of lissidiology»

Crimea, 2018

Pages: 404

This volume contains Oris's written answers to reader's questions about the cosmological aspects of lissidiology.

### **CONTENTS:**

#### SECTION I. Multi-World Organization of Formo-Structures of Reality

Question 51. Why to desire to self-develop spiritually, if every variation of reality already exists?

Question 53. About the geometry of space. Feng Shui

Question 54. Why predictions sometimes come true?

Question 23. The frequency of rotational cycle and operation of the CNS

Question 59. The mechanism of manifestation of Stereo-Types at every moment of time

Question 64. Comparison of time parameters in different dimensions

Question 78. The dimension of manifestation of the Collective Intelligence of our Stellar Entity

Question 82. The level of development of 2-3-dimensional beings. The concept of dimension

#### SECTION II. Global Cosmic Mechanisms of SSIP

Question 1. About the essence of «Divine Manifestations»

Question 7. Is the SSIP a God?

Question 5. A Form of Self-Consciousness as an aggregate of Collective Intelligences

Question 21. Where do Focuses come from if Everything is already balanced?

Question 43. NTC and the Creative Activity of SSIP

Question 99. The difference between the Noo-time Continuum and the Noo-time Conversum (blitz-22)

Question 56. About the Akashic records

Question 9. Why do inglimilins perform an informational role?

Question 49. Simultaneity and Holochronness

Question 71. Infinity is the cyclic Evolution of the SSIP?

Question 37. The Karmoid Creators and the SSIP

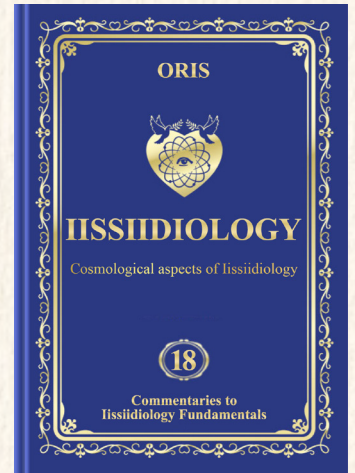
Question 62. Who are the Form-Creators

#### SECTION III. The subjectivism of Reality quantization





- Question 19. What is the frequency of oscillations
- Question 42. The nature of p-waves
- Question 45. Quantum of self-consciousness
- Question 46. Collective Consciousnesses of Atoms  
(molecules, elemental particles)
- Question 50. Wave influence of the planets on a  
human. Doollses and physics
- Question 61. Where is the energy of elementary  
particles hidden?
- Question 68. The reasons for the hypothetical ex-  
pansion of the universe
- Question 86. Short blitz-answers



## Volume 19. Commentaries to Iissidiology Fundamentals. «Cosmic evolution of human»

*Crimea, 2019*

Pages: 619

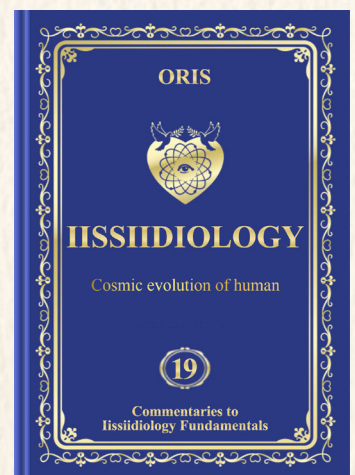
### **CONTENTS:**

#### SECTION I. The realization NUU-VVU-Formo-Type

- Question 57. What does the notion of «civilization of Creators»  
mean?
- Question 41. Variations of NUU-VVU civilizations
- Question 47. About the Diversity of Self-Consciousness Forms of  
GREIYSLIIS

#### SECTION II. Peculiarities of ampliative refocusing

- Question 2. Disidentification with the Form. Luta and hhrystal  
«bodies»
- Question 3. Amitsiration into dimidiomittense and translucense  
Forms
- Question 4. About the Curator Levels of Self-Con-  
sciousness
- Question 24. To act in accordance with the Cos-  
mic Laws
- Question 39. All about Tone Names and more  
Subquestion 39.2. About the Distribution of  
Mental Energy in Multi-  
plex Convexitation
- Question 48. Refocusings of bioplasmic Forms





Question 73. What are planetary 12-year periods for?

Subquestion 73.3. «The mandala effect»

### SECTION III. Our Future Legacy

Question 34. The Star Home of human

Question 69. The specifics of manifestation of Physical Globes of Stellar and Planetary Entities

Question 66. The origin of crop circles



## Volume 20. Commentaries to lissidiology Fundamentals. «Coarddiirffology»

*Crimea, 2019*

Pages: 585

This volume contains Oris's written answers to reader's questions about karmic relationships.

### **CONTENTS:**

#### SECTION I. The resonation nature of karmic interactions

##### Chapter 114. Subterransive (individual) Karma. NNAASSMM

Sub-question 114.1. How to correct karma if a person has died.  
How karma is unleashed

Sub-question 114.2. Our parents, our children are us. The essence of karma is in ambigular relationships

Sub-question 114.3. The subtle mechanism of «retribution» in karma

Sub-question 114.4. Does a wise man have more activated ASTMAI-RAA-Parvula cells?

Sub-question 114.5. Young and old karma

Sub-question 114.6-1. Identical ambigular interactions extinguish karma. The concept of oklouts

Sub-question 114.6-2. The influence of duvuyllerrt p-Interpretations on our Choices

Sub-question 114.6-3. Gratitude diary

Sub-question 114.7. The communication of all Formo-Types through the genome. Is it possible to meet your Stereo Types?

Sub-question 114.36. About the skuulls-Matrix and the Soul

Sub-question 114.8. Karma is the scenario resonance to our





vibrations. The example with a soldier and a murderer. The functioning principle of Ostkkolfa

- Sub-question 114.9. How can simplisparentive Forms interact with us?
- Sub-question 114.10. The formation of high-frequency karma with the Curators
- Sub-question 114.28. About the formation of karma of a wise man
- Sub-question 114.11. About the role of rellgnissma in Aura
- Sub-question 114.12. Building the willpower
- Sub-question 114.13. The causal black mark in NNAASSMM
- Sub-question 114.14. Proper nutrition changes the Configuration and «personal scenario»
- Sub-question 114.15. The Role of Motivations in the Formation of Karma
- Sub-question 114.16. The Role of Meditations in the redemption of Karma
- Sub-question 114.27. About the influence of various events on the Karma of a blood-line lineage
- Sub-question 114.17. Important subtleties of the karma-forming process
- Sub-question 114.23. The difference between an ampliative and an amplificational choice
- Sub-question 114.18. The Nature of Karma and the Nature of Time
- Sub-question 114.19. Do Form-Creators perceive the death of a «person» in a «scenario»?
- Sub-question 114.20. An example of an old man who decided to die
- Sub-question 114.21. Why do people die differently?
- Sub-question 114.22. To what extent does the environment influence the quality of «personality» choices?
- Sub-question 114.26. About the causality of intra-blood line karmic relationships. Axioms of Karma
- Sub-question 114.29. The effectiveness of the practice of non-violence in Eastern religions, self-flagellation
- Sub-question 114.30. Influence of motivations on the formation of karma among participants of conflict situations





Sub-question 114.31. About the amplification of your sexual karma with the help of the image of a loved one

Sub-question 114.32. About the formation of Karma of historical «personalities»

Sub-question 114.33. About the karma of the donor and recipient

Sub-question 114.35. About spontaneity and karma

## SECTION II. Sllloogrent mechanisms of organization of karmic interactions

Subquestion 114.24. About the egregor principle of the formation of Ayfaar Karma

Subquestion 114.25. About the energy-informational «AYFAAR» Matrix - the Planetary Program of the implementation of the Idea of spreading Cosmic lluuvvumism

Question 116.1. Interrelation of spiritual and material egregors

Subquestion 114.34. About the interaction between okkloutes egregors

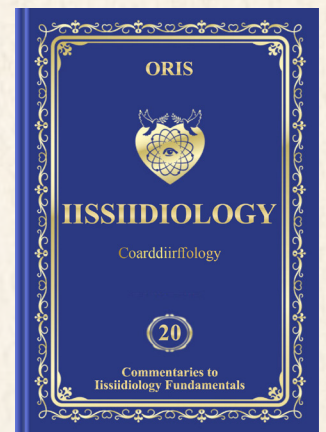
Question 125. What is behind the term «Stereo-Form»

Subquestion 125.1. Mode and the principle of implementation of the process of simultaneous exhiberation of NNU-VVU-Formo-Types

Question 128. About the «normality and abnormality of a Focus Dynamics»

Part 1. Influence of the Resonance Principle on the Formation of Focus Dynamics

Part 2. About the Factors affecting the FD's stability of exhiberated NNU-VVU-Formo-Types







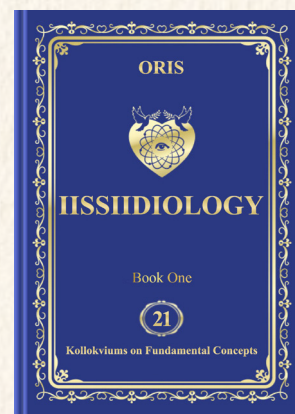
## Kollokviums on fundamental concepts. Book One

Crimea, 2018

Pages: 707

### **CONTENTS:**

- SECTION I. SSS-States of Information. Single Super-Universal Impulse Potential
- SECTION II. Universal Plasma Differential Radiation (UPDR)
- SECTION III. Plasma Force Ranges (PFR)
- SECTION IV. DDIIUYYI-Entity, Supreme Collegial Cosmic Intelligence (SCCI) Ayfaar, Collective Cosmic Intelligences (CCIs)
- SECTION V. Energo-Plasma. Ethereal Ingredients GOOLGAMAA-A, SSMIIYS-MAA-A, TLAASSMA-A
- SECTION VI. The concept of dimensionality
- SECTION VII. Mechanisms of Space-Time and Gravity Formation
- SECTION VIII. Mercavgnation. Properties of Information
- SECTION IX. Slloogrentness and its Principles: Multipolarization, Diffuzgentness, Duvuyllerrtness, Rotationness



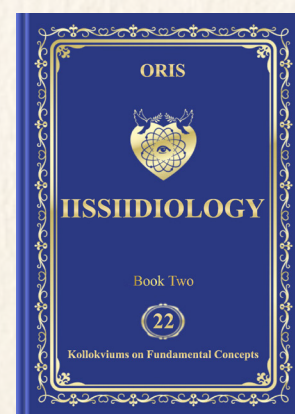
## Volume 22. Kollokviums on fundamental concepts. Book Two

Crimea, 2019

Pages: 456

### **CONTENTS:**

- Chapter I. Pure Cosmic Qualities (PCQ). OO-UU-, TOU-UU-, SVOO-UU-Entities
- Chapter II. Synthesis Schemes, types of birvulyarity
- Chapter III. Combined PCQs and developmental Branches
- Chapter IV. Creative Cosmic States (CCS)
- Chapter V. OODDMII-, SVUULLII-, IISSTLLII-, and AAYLLII-Entities
- Chapter VI. Svlgsons, konfektions and their analogues
- Chapter VII. RRGLUU-VVU and factor axes. Duplex-Spheres





# CONTACTS

## **Orisoris.com**

Here you will find all Oris's books in all available languages and formats which can be downloaded for free.

On this website you can also ask the author himself any question in relation to any information mentioned in his books.

## **Ayfaar.org**

This website is dedicated to the overview of the Spiritual Idea of building the Human Community based on Iissidiological Knowledge and building many «Ayfaars» on Earth.

## **Ayfaarpesni.org**

The website "Ayfaar Songs" which are written by Oris cultivate highest Human qualities in the most educated people, and promote effective Spiritual self-development. Ayfaar Songs are the second part of the Iissidiological Knowledge and greatly assist in its productive study.

As at the end of 2022 Oris has written over 1600 songs.