

Working notes

ORIS ORIS



Anahata chakra
(Aigllilliaa-lissiidi)



Author: Oris Oris (Tsvelev Sergey Vasilievich)

Translation sponsored by: Astiyraalls

Design and layout: Astiyraalls

TABLE OF CONTENTS

<u>Excerpts from the book “Chakrams”</u>	<u>4</u>
<u>Complete catalogue of books written by Oris Oris</u>	<u>22</u>
<u>Contacts</u>	<u>94</u>



EXCERPTS FROM THE BOOK “CHAKRAMS”

The reason for entering **ANY** state of Consciousness including the one which we usually attribute to the activity of energies of the ‘first Anahata’ levels of the Ethereal World reality, is the **CONSTANT** mental Thoughtforms which have been developed by **THIS** humanity during its whole Evolution. These Thoughtforms usually constitute the foundation of all our moral, ethical, moral, religious and social laws by which we all live, socialize and coexist within the community we have created. These Thoughtforms are embedded in our Consciousness since childhood with ready-made axiomatic attitudes like: “this cannot be done because...”, “this cannot be thought this way because...”, “this should be feared because...”, etc.

For centuries and millennia, since the day of his birth, the surrounding society has imposed on every human being all sorts of rules and laws which he has been obliged to follow and by which he has had to structure his entire earthly existence. From the very birth, all of us, in one way or another, have been inculcated with the belief in many “taboos” – prohibitions. Thus, an immutable installation took root in everybody’s mind since childhood: if one violates any of the “taboos”, he must be punished. And punishments, in one form or another, do follow violations because they are attracted by those irresistible vibrations of inner fear that involuntarily arise in us whenever we consciously do something (or think, feel) which we should not do (or think, feel) because...

From my own extensive experience of astral research, I know that the **TRUE** cause of death of many people who have **EVER** died for no reason, knowingly violated one or another of the moral and ethical social taboos, was precisely this forbidding **MENTAL** attitude. The physical cause of Death could be anything: some “unfortunate accident”, a technical failure or accident, a sudden “massive heart attack”, someone’s negligence, oversight or simply “a brick falling on the head”. But the real cause was rooted in that never-ending and all-destroying mental process which the deceased was constantly experiencing within himself, struggling between his own choices, desires, Thoughts and all those “taboos” with which society had so carefully and cautiously surrounded him.

Exactly the same (but only positively affirming!) **MENTAL** attitudes underlie the so-called “**FIRST-ANAHATA**” energies, through which chakram personalities from the astral realities of the **FIRST** Anahata level try to pull their fellow inhabitants of the low-quality Muladhara-Manipura realities to a higher range

of existence. This is why the Thoughtforms which form the mental-sensual basis of the **FIRST** Anahata energies are extremely simple, particular and do not bind the Consciousness to any “higher matter”, drawing all its attention to the most positive side of that material particularity which fills all our earthly existence.

Thus, for example, the thoughtform of “motherly love” inspires every woman with thoughts and desires for her self-realization as a **MOTHER**, thus directing all her mental and sensual activities not to the egoistic desire “to survive at any cost”, but to the understanding (even at a primitive level!) of the evolutionary need for manifestations of basic self-sacrifice and altruism, directed at least towards her own children to begin with. Gradually stepping up, taking root and expanding in the Consciousness (based on a more profound process of self-knowledge), these energies will involve not only your own children into the sphere of their activity, but also, by comparing them to your own, to other children, followed by animals, nature, the closest relatives, some category of alien but simply **GREAT** adults, etc. Thus, constantly modifying and expanding to new levels of understanding and perception of the surrounding reality, synthesizing with higher levels of Knowledge being processed in the Mind, the original qualities of the first Anahata energies automatically **TRANSMUTE** into energies of higher vibrations. This synthetic process (simultaneous enhancement of the qualities of thinking and feeling) opens up the following karmic channels along the spiral “Divine Love-Wisdom”, enabling the Anahata Teachers (chakram personalities) from higher astral realities to be actively involved in the creative activities of the incarnate person.

Consequently, when we say that “one is **ON THE FIRST ANAHATA**,” this should by no means be understood as a **STATE OF GREAT ALTRUISM AND SOMETHING**, because this state of Consciousness is not yet purely cordial, as it involves a huge amount of, though **POSITIVE**, but still mid-Manipura vibrations, excited by astral axiomatic Thoughtforms such as: “you must love your children because they are your children”; “you must love your parents because they are your parents”; “you must love your people because you are part of them”; “you must love your country because it is your homeland”, etc. д.

This can be called “primitive communal” or “primitive altruism”, which is embedded in us on a genetic level and is characteristic of even highly evolved animals. This is the minimal basis without which no community of sentient beings, be it ants, bees, birds, packs of animals, humans or whales and dolphins, can form. Therefore, when we speak of the **ANAHATA** state, we do not mean the **FIRST ANAHATA** level, as this **FIRST** or borderline range of vibration in quality is more suited to the concept of “high moral mental-sensitive selfishness”.

For example, on the first Anahata level the mother loves her child **BUT**, in

her turn, she also wants to feel the same emotions towards **HER**; the child loves her parents **BUT** only as long as she feels their sacrificial and cordial attention; our close relatives are also interesting only as long as their relationship does not cause us any discomfort, etc. This is all an example of a primal Anahata relationship, in which selfishness is easily modelled both upwards (Anahata levels) and downwards (Manipura levels).

In this connection we want to elaborate on some common but very important points of interpersonal relations, misunderstanding of which threatens you not only with physical health problems, but also with significant additional problems manifesting in your personal Life. Once again it's about those opportunities and numerous loopholes in the human mind which are actively used by the fragmented Consciousnesses of the three lower centers for additional connection (for more active self-realization) to the factorial temporal axes of other incarnate personalities.

For example, a very sick, very unhappy or troubled person has come to you personally for particular help. Wouldn't you help them if you could? Of course **YOU HAVE TO HELP THEM! But!!!**

So that you **DO NOT HAVE** hurt yourself or someone who needs it due to your suffering, you need to keenly **FEEL** all the subtleties of your own psychological (emotional and emotional) state and, most importantly, **KNOW** all the karmic nuances of interpersonal relations. The easiest of all is to habitually put the burden of "everyone who asks for anything" on one's own "karmic shoulders" and to carry it along with all one's own (and more often – not one's own) karmic belongings, meritoriously (and more often unmeritoriously) taking upon oneself all the additional sufferings, illnesses, emotional distresses, life's troubles, adversities and many-many other things that are closely associated with low-quality energy brought into our energy-informational system by each of the extraneous chakram personalities that penetrated it.

It has already been noted here many times that **EVERY DESTRUCTION** (illness, mental trauma, stress, conflict, life failure or significant material loss) is caused by the **SUSTAINABLE** presence in our astrosome of energies of certain quality, which form in the space around us of identical vibrations all that has just been listed in parentheses. Whether they are your "own" energies or not is not important for the Archons of Destiny who form and model your personal Life depending on the **QUALITY** of the energies that compose your subtle body-shells.

Yes, you would be right to say that you would only want to be responsible for what you yourself are guilty of, that is, for **YOUR OWN** thoughts, feelings and actions. Yes, that would be fair! But when in the process of any of your momentary choices, due to your **INVISIBILITY** or **UNKNOWN** or simply an insufficiently **HIGH LEVEL OF DEVELOPMENT**, you **WILLINGLY** allow other

people's chakram personalities (and along with them other people's **KARMIC** energies) to dwell in your astrosome, you do not even think about the negative consequences that will fall on you together with these seemingly harmless astral "newcomers".

Harmless, because they usually appear to you as "wretched old ladies", shaking with outstretched hands here and there, resentful of everyone, from God to their children; a multitude of such sweet, but seriously ill and grieving people, begging and crying for your help; The "innocently suffering" and "fortune-neglected" rascals and weasels; the alcoholics and drug addicts who are "drunk with grief", "on the drink" or "on the needle"; the "unlucky life" pissed off at everyone; the poor and sad "bums" who steal, rape and kill "not for evil, but out of need to survive", etc.

Everyone of them has become **EXACTLY** what he is, not because of some universal injustice but because of that qualitative state which the **UNIVERSAL SPIRIT** has managed to reach in the given incarnation and which has spiritualized this particular physical form that we call "man". **THE** Necessity of this stage in the individual evolution of **EVERYONE OF US** needs to be properly **UNDERSTANDED** and deeply grasped, not only its inevitability, but also all its **SPIRITUAL** usefulness.

Everyone of us, while walking on the Path of self-discovery in many incarnations, could not avoid hard sufferings, stressful situations and critical experiences. But always **INSIDE US** there were **SPIRITUAL** Powers helping us to overcome all these life's difficulties and personal peripetias, allowing us to Cognize both ourselves and Life in all its nuances and aspects. All these many and countless conditions – sickness, unsettlement, resentment, bad luck, lack of acceptance, etc., are not the result of some error or mistake. – are not the result of some mistake or injustice, but the **SPIRITUAL LESSONS** of **INDIVIDUAL EVOLUTION** manifested through the multifaceted particularity of **SPECIFIC** earthly Existence.

Both for the incarnate person and for the people who live and interact with her, these are the Lessons for the development and assimilation of some particular qualities missing in their spiritual Essence, such as tolerance, compassion, kindness, cordiality, purposefulness, persistence, honesty, lovingkindness, unselfishness, cordiality, openness, loyalty, etc. Each of these qualities is not acquired without a reason, but only through **MULTIPLE** experiences of particular life situations, allowing something to "happen" in our life that would allow us either to express ourselves in this particular quality, or to be convinced by this example that we do not have what we want (or on the contrary, do not want).

In one of the posts on **OUR FORUM** (see website <http://www.lightin.net/>), one of the Sisters complained that every time she tries to send help to an ac-

quaintance who is an alcoholic; she is both mentally and physically drained. She sought advice from the “Magician’s Forum” where she was advised “not to go near this person again, because she will get a lot of nastiness from him”.

I advised her, if she **REALLY** feels the mental need to help not only that person but also other people, to continue this help, **BUT ONLY WHEN SHE IS IN A ANAHATA STATE (!!!)**. Because in that case, none of the self-serving or simply Substandard energies (in the form of thought, feeling, desire) will allow the Muladhara-Manipura chakram personalities to take over the factor temporal axes in her astrosome structure to energetically feed off her, affecting her aggregate Consciousness accordingly.

In my advice, I completely failed to take into account one important detail that is so natural to me, but which is beyond the comprehension of many people. The fact is that many of you understand by “**ANAHATA CONSENT**” only the usual human emotions, such as **PERSONAL** sympathy, complicity, assistance, sympathy, empathy, etc. Seeing an unhappy, struggle-weary, painful and suffering-depleted human being, **NOT an EVOLUTIONAL, EVOLUTIONAL COSMIC BEING (!), STRONGLY WANTING TO KNOW HIMSELF FULLY, WHETHER IT WOULD BE**, you immediately descend into a relationship with an ordinary selfish person who wants neither spiritual growth, nor self-knowledge, nor anything else keeping her in this painful, suffering or simply unsettled state. And if she does want to be perfected spiritually she wishes this process to be as quiet, pleasant, painless as possible, for example while reading a book on the sofa or meditating with friends over a cup of aromatic coffee in the kitchen.

No way! It does not work like that! Cognition of each of the many aspects of Qualities is achieved through a long **EXPERIENCE** of not only this aspect but also of all its opposites. Only thus, and in no other way, can the synthesis of various energy types take place, which is the main energy-informational basis of the spiritual process we call the “self-knowledge”.

Most often our compassion and sympathy is aroused by people who are seriously ill and suffering from constant physical pain. Let us, at least briefly, dwell on the study of the true causes causing such negative states in our bodies in order to be more aware of the level of our personal relations to the person in such cases of energy-informational (and, hence, chakram-personal mutual exchange).

Thus we have mentioned more than once that a man attracts mental vibrations to himself by the fact that he generates, preserves and retains in his Consciousness thoughts (feelings) of a certain quality and direction. If we generally think of something cheerful and upbeat, i.e. have an optimistic outlook on Life in general, we only attract identical thoughtforms from the space around us and soon notice that cheerful and uplifting thoughts are already flowing into our consciousness from all sides, overflowing us and wanting to go out so as

to charge other people with the same optimism and joy.

Conversely, if our Consciousness is immersed in gloomy and pessimistic Thoughts, then we open the appropriate levels of it to the active penetration and rooting in us of exactly the same quality Thought-energies emanating from other people. Angry, hateful or jealous Thoughts attract exactly the same other people's emanations.

And since every type of energy carries some specific qualities, together with the energies other chakram personalities also penetrate our time field and feed the flames of anger, hatred and jealousy raging in a man by all means available to them, supporting the astral fire of these base feelings. Loving and kind Thoughts also attract exactly the same altruistic Thoughts of other people's chakram personalities which fill us with Love and Light.

Other people's Thoughts do not only act on us in this way. Our (and not our) chakram personalities, through various levels of our aggregate Consciousness, tend to reproduce within us identical moods, mental disturbances, shades of Thoughts and feelings of other people, expressed through their posture, appearance, facial expressions, intonation and so on. If we, while communicating with gloomy and morbid people, gradually lower ourselves in our Consciousness to their vibration level, then, by opening ourselves up to the energy exchange on this negative level, we actually run the risk of being "infected" with their imperfect chakram personalities and along with them with mental anxiety, tension, diseases typical of this type of energies. In the same way a cheerful, cheerful mood has a contagious effect on us, and if in the company of cheerful people we relax, temporarily forgetting the problems weighing on us, we very soon begin to behave accordingly as well.

In addition, chakram personalities, by provoking us with their energies, have a strong influence on our health as well. A clear, cheerful and happy mood of mind creates the normal functioning of the physical body. A depressed state, melancholy, anguish, fear, hatred, jealousy and anger also affect the body and cause energy disharmony in it, the usual consequence of which is various diseases.

Thoughts of oppression and depression, indoctrinated into us by Muladhara personalities, affect the intensity of blood circulation, the slowing of which, in turn, affects every part of the body, depriving it of normal nourishment. The activity of the chakram personalities, who produce the coarsest types of energy (anger, jealousy, greed, envy and hatred) into our Aura from their realities, leads to accumulation and concentration (materialization) in the Muladhara activity zone of various destructive conditions, which in our organism manifest in form of unbearable physical pains and sufferings (kidney and gallbladder stones, inflammations of appendages, blockages, adhesions etc., The body can also develop malignant growths such as cancer and cirrhosis).

Without seeing all this inner struggle and without knowing the **TRUE** reasons that caused such diseases in a person, we are very often inclined to blame anyone and anything else for all his suffering: bad living conditions, money difficulties, poor nutrition, heartlessness of officials and relatives, cruelty of Life, injustice of God and, finally, Karma. When we look at someone who is quite harmless, suffering from illness and overwhelmed by life's problems, we rarely wonder **WHY** so many other people who are literally living side-by-side with them are not experiencing similar restrictions and hardships. Because the **WHY** he suffers is not in the external circumstances of his life, but in himself, in the quality of his thinking and feeling and in the very principles of his coexistence.

Influence of low-Manipura chakram personalities, expressed in constant pressurization of human Consciousness by rambling, chaotic and disorderly Thoughts, leads to headaches, mental instability, appetite disturbance, due to which the body is not properly fed and blood deteriorates in its quality. This also leads to metabolic disturbances, gastrointestinal diseases, up to and including the creation of favourable conditions in the body for the formation of malignant tumours.

On the contrary, cheerful and optimistic Thoughts instilled by high-Manipura and Anahata chakram personalities promote digestion, improve appetite, help circulation and strengthen the whole body.

Unfortunately, for two thousand years, people have not been able to appreciate the profound Wisdom and psychotherapy of the words of Jesus Christ: "Love your neighbour as yourself. Loving one's neighbor is beneficial not only spiritually, but also physically – freeing oneself from hatred, anger, envy, thus freeing oneself from illness, from life's failures and sufferings, from stressful situations and insoluble problems. In the flow of constant and sincere **POSITIVISM**, your entire personal life changes for the better – your health improves, your personal relationships flourish, your well-being grows, which in turn gives you the opportunity to express yourself in a better creative way. And all of this happens without the slightest bit of effort or tearing on your part.

When we wholeheartedly love and respect not only ourselves, but also others, we model a certain organisation of our feeling and thinking through high-Manipura and Anahata chakram personalities, which allows us to enhance our relationships not only with the people around us, but also with the world around us.

The main diseases of the twentieth century, from banal fatigue to cancer, we call psychosomatic, diseases of the soul, that is, when the disease is manifested by the suffering of an internal organ or system, and the "trigger" of the disease is a negative mental state of the person, caused by long-term persistent negative experiences and reflected on the body.

Let's say a certain person suffers from a stomach ulcer. They say to him,

“You haven’t been eating right...” – and they prescribe him a diet, refer him to a mineral water treatment and so on. However, the cause of his illness is not that he ate on the go, wherever and whenever he could, but mainly in the difficulties of his personal life, in his worries, and the stomach ulcer itself is already the materialised product of his fixed, unrelenting worries. Without knowing the true cause of the disease, neither you nor anyone else can help him to get rid of it, and he who has found the false cause will follow the wrong path, leading to the next, more complicated disease or to an even greater aggravation of the first one.

Very few diseases of the physical body originate in the body itself. Some originate directly in the etheric body (25%), most illnesses originate in the emotional body (50%) and the rest in the mental body. Therefore, even though there may be accidents that result in unexpected physical misfortune, yet each of you must understand that in absolutely all cases, illness must be begun to be treated by Thoughtforms affecting the etheric body.

Such Thoughtforms built up in Meditation directly influence the pranic channels of which the etheric body, that delicate tissue of which the circulatory system of the dense physical body is a counterpart, is composed. It is in them that many causes of the present illnesses of this body nest, either directly or as a defensive reaction of the etheric body to causes generated on the emotional plane.

There are three such causes. Firstly, there is **FURIOUS EMOTION** and **INSTABILITING, DESTRUCTIVE VIBRATION**. Each emotion experienced by a man, each Thought arising in the depths of his Consciousness is instantly reflected at all levels of body functioning: psychological, physiological, biochemical, bioenergetical, molecular – determining the state of internal organs, affecting activity and quality of blood circulation, cellular metabolism and metabolism, immune system condition, etc. And ultimately determining the condition that we call ‘well-being’ and ‘health’.

Truly Christ’s Spiritual Guidance is priceless: “Love your enemies, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you. (Gospel of Matthew 5:44).

If you constantly suppress negative emotions, indoctrinated by unbridled and uncontrolled by the Mind activity of the Muladhara chakram personalities, it will eventually have a destructive effect on your entire nervous system. While firmly inhibited by the **WILL** alone, and not by the ever-present educational work of the Mind (the work of the high-Manipura chakram Teachers), prolonged inner negativism is just as harmful, can cause liver problems, bile overflow, an accumulation of poisons in the system, and can result in certain blood infections, skin infections and certain forms of anemia.

Second in danger and severity of manifestation are such indoctrinated by

Muladhara personalities as **STRANGE AND HUSPENSION OF A** certain danger, **WARNING AND DEPRESSION**. These now very common emotions are a kind of “astral viruses” affecting the human psyche and, through it, the entire organism. Gloomy, negatively coloured feelings and Thoughts have an overall debilitating effect on all the systems of the body and lead to reduction of its vitality, slowing down of the functioning of organs and to many incomprehensible diseases of the nervous system, brain and spinal column.

Fear is the starting point of most mental illnesses; it can be called outright the “life feeling of the day”. Fears can relate to certain objects, personalities or situations, e.g. fear of spiders or exams, fear of the future, etc.

Physiologically, the fear intensely imposed on your Consciousness by the Muladhara personalities manifests in the excitation of a part of your autonomic nervous system, which prepares you for a situation of great mental strain. You feel **PHYSICAL** excitement, tension, nervousness and discomfort.

Mentally, fear is expressed in repetitive thinking, disordered thinking, self-blaming and thoughts of failure. Panic, helplessness, feelings of threat, anxiety and confusion arise. Fear symptoms are expressed in most cases in a reaction of escape and evasion of the situation (suicide).

Everyone knows that the lack of meaning in life, self-loathing and frustration are related to the big problem of our time – stress. The daily and nightly mental stress of modern man is primarily related to his mental worries, uncertainty, work, dissatisfaction and dissatisfaction with his Life. Stress and strain can also have a stimulating effect, but most often it leads to illnesses, first of all of the subtle bodies, and then of the physical body.

During a stressful situation an alarm reaction occurs in the body: the sympathetic nervous system, the main part of the involuntary autonomic nervous system, becomes highly excited. The endocrine glands, whose hormones affect metabolism, are activated. The whole energy potential of the body is as if concentrated in one point (navel area) and the body is tuned to achieve the maximum result. This reaction is undoubtedly necessary and sensible for survival, but in modern conditions it often only brings the body harm, not benefit.

Being discouraged, irritated or, as they say, “out of spirits”, constantly thinking about their grievances, sorrows, failures, weaken the body’s defenses and unconsciously program themselves to feel badly and fail next time. And vice versa: opposing despondency with optimism, hopelessness with faith in success, hatred with love and kindness, one creates for oneself a powerful psychological support and protection against penetration of alien chakram personalities. Ever since ancient times, all sages have possessed the ability to forgive offenders, enemies and turn them into their friends and associates. This state of mind enabled them not only to keep their composure and peace of mind, but also to be in good physical health.

Besides, the type of stress also matters: if it leads to cardinal changes in your life, which you, **WHATEVER THEY ARE**, regard in advance only positively, then physical reactions develop according to a certain positive pattern (stress reactions). Such stresses are easier on the psyche and better tolerated than negative influences. Ultimately, it is the strength and duration of the stresses that matter: They determine whether you can overcome everyday mental stresses or whether they will cause illnesses, which are all the more likely the more frequent and severe the negative stresses to which you are subjected. It is these that lead to physical changes that adversely affect the activity of the whole body.

There is virtually no health disorder in which stress is not in some way or another to blame. By weakening the body's resistance, it thus opens the door to illness and disease, and causes changes in the autonomic nervous system, in the hormonal glands and in metabolism.

And the third reason is the sexual emotions, which run the gamut from repressed sexual emotion to pathological depravity and sexomania, expressed in violent orgies and vices.

With proper methods of transmutation, which we will go into great detail about a little later, the astral body can be significantly cleared of emotional blockages, which will result in opening up of karmic channels with higher quality energies, releasing of previously unused vital reserves and forces for individual creativity, which will start to circulate again easily, regulating all systems and clearing all organs affected by blockages.

But along with the aforementioned, there are also diseases of the mental body that are much more difficult to cure than those of the first two bodies, the etheric and astral. This is for two reasons, one is that the collective consciousness of mankind, in its present form, is not yet actively polarised on the high quality levels of the mental plane of the Earth. It is still much easier for modern man to contact and manipulate his dense body and his lower needs rather than on the spiritual level because the centre of Consciousness of most people is still in the physical, or in the 'best' case, in the lower levels of Consciousness of the astral body.

The causes of illnesses and ailments in the mental body may arise within the mind itself as its karmic legacy, or they may originate in the emotional plane and recoil in the mental body. For example, a person may experience an emotional storm. If he is in this state for too long, a similar vibration may be transmitted to the mental body. This vibration, in turn, can take root, upsetting the energy balance between the two subtle bodies and leading to a persistent malaise that can cause a **VERY** serious illness. "Not that which enters the mouth defiles the person; but that which comes out of the mouth defiles the person... What goes out of the mouth comes out of the heart... For out of the heart come evil

thoughts, murder, adultery, fornication, theft, false testimony, blasphemy. These things defile a man. (Gospel of Matthew 15:11-20).

Mental ailments can run the gamut from mere irritation for no apparent reason, to deadly brain diseases: cancer, tumors, insanity, etc. Keep in mind that with your negative Thoughts, you expose not only yourself, but also others to whom your Muladhara chakram personalities will impose identical conditions. Just as waves from a stone thrown into a pond reach the shore, so does every Thought, word and action generate invisible waves in the Space which spread in all directions, permeating with their vibrations everything they encounter on their way. Even if a man changes his Thought, the trace of his psychoenergetical message will still pervade the Space. Even when a man has already forgotten the Thought he has given birth to, it will still be hovering over him, lighting or obscuring the Path.

Thoughts come in active and passive forms. The first are those that are controlled by the Will of the person. Passive thoughts are those that appear without any effort of will. Man not only does not control them, but is wholly dependent upon them and often cannot get rid of them. Passive negative thoughts can lead to obsessive pathological Ideas and manic states.

Every Thought is made up of quanta of energy. When a person thinks, his brain generates bio-electromagnetic waves into Space. Depending on the nature and quality of his Thoughts, this energy becomes negatively or positively charged, affecting either negatively or positively, respectively. All negative Thoughts and feelings physically destroy the nervous system by self-releasing products of its endocrine reactions. Therefore a man, who cares of his health, should above all and most of all take care of the purity of his Thoughts. Pure, bright, elevated feelings and thoughts are beneficial, healing. They purify the blood, strengthen the energy potential of the organism and increase one's spirituality. If you are overshadowed by pernicious passions: pride, covetousness, envy, vindictiveness, anger, if you are not abstinent, not satisfied, you exhaust yourself and each of your pernicious passions turns into your hump, into your future disease.

Pessimistic worries, 'pessimistic gumption' and gloom, if persistent, are dangerous by intoxicating the body with bitterness. And the poison of bitterness then penetrates all your vital organs and systems: your stomach, your lungs, your liver and kidneys, your eye expression and facial expression, your posture, posture and even your gait. People will start avoiding you because you can infect them with the bitterness of your energy, and this will further aggravate your negative mental state.

One must always remember the tragic consequences of irritability and anger when working in the Ethereal World. For anger is not a human attribute. It is the lowest kind of ignorance instilled and imposed upon us by low-astral beings

that have nothing in common (yet) with what we consider to be “Man”. In his anger the incarnate personality immediately sinks down to the level of these **NOT**-humans and their animal state, with all the ensuing consequences. If all kinds of passions hinder one’s ascent on the Path, then anger, like a red-hot iron, burns out all the previous acquisitions of your Soul-aspect. The product of irritation is a special poison, imperil, which is deposited on all the walls of the nerve channels, poisoning the whole organism. Even the very breath impregnated with anger is harmful. We know that irritation produces various kinds of physical poisons in the body and that saliva can also become poisonous under certain mental conditions. Similarly, breathing can also become physically deadly. A person under the active influence of Muladhara personalities is in the fullest sense a source and vector of dangerous contagion because even all the secretions of his body (faeces, urine, sweat, saliva) are also contagious and carry a real danger to the physical health of normal people. В гневе и раздражении человек считает себя сильным.

On the Ethereal plane, however, an irritated person appears particularly powerless as he attracts to himself (on the factorial temporal axes of his astrosome) many elemental entities feeding on the emanations of anger. Furthermore, it opens up to them not only energetically, but also mentally, allowing the lower astral entities to influence the quality of their Thoughts. Therefore, the state of irritation is not only unacceptable as a self-producing poison-imperil, but also as a way of the easiest introduction into your astrosome and penetration into your Consciousness by alien lower Muladhara entities.

So we have discovered that with our imperfect Thoughts and selfish feelings, man creates not only headaches, colds or fevers, but also really serious biological problems like ulcers, heart attacks and cancer. But the Energy of Thought can not only destroy but also create and heal. Just as our whole Life with all its vicissitudes, so the state of our health is a mirror reflection of our inner, state of mind, an indicator of the quality of our outlook.

Any disease means that the vibrations of the astral or mental body have fallen out of the state of general Harmony with the space around. Each organ has its own characteristic vibration and it is constantly operating in it and maintaining its normal functioning. When this vibration changes, the organ becomes diseased.

The change can come at different levels, both mental and astral. By cultivating negative Thoughts or desires in oneself, one disturbs the harmonious vibration of one’s subtle bodies – astral and mental – in unison with the surrounding Nature, which leads to manifestation of psychosomatic diseases.

Avicenna wrote: “Know that there are diseases that pass into other diseases, the latter being expelled, and in this there is good; thus, one disease gives cure to (several) other diseases. That is, one disease can not only protect the body

**This book costs less,
than your cup of coffee.**



Complete catalogue of books written by Oris Oris

Books are available in the following languages:



russian



english



german



bulgarian

About the author

During his creative life Oris has written about 100 books on spiritual-philosophical and esoteric topics, as well as on the mental and spiritual relationship between the human energy-structure and the energy-structure of the universe.

A large part of Oris's life is devoted to spiritual creativity through writing books on cosmological subjects. In them the author uncovers such matters, which no one has ever touched so deeply and in such detail before. As early as 1996 Oris managed to find his Spiritual Mission, which he is tirelessly pursuing to the present day.



Oris was born on 25 January 1954 in small Ukrainian village of Maryinka in the Donetsk region in the family of a miner and a nurse.

From an early age (at the age of three) Oris developed an intuitive gift for writing poetry. Oris read out his first poem «Zhen-shen» at the age of 3 to his mother, who wrote it down, because he couldn't write yet.

He also possessed medial abilities from an early age: he could spontaneously «see» dynamic pictures of events and episodes from other people's personal lives, the authenticity of which was often later proven.

As a preschooler, Oris would periodically warn the children of impending contingencies when they were up to some mischief, and at school he knew who would be called to the blackboard and warned his classmates about it. He also knew in advance which boys and girls would be sympathetic to one another and which not.

Oris's first poems, from the age of 6, were published in the Maryinsky district



newspaper. In addition, Oris was good at drawing: 14 portraits of Ukrainian and Russian writers, which he painted in the 3rd grade, decorated the walls of the school corridor.

In 1971, Oris graduated from the 10th grade, worked as an instructor of physical education in Maryinsky Raypotrebsoyuz, and in 1973 he entered the Faculty of Agronomy of the Crimean Agricultural Institute, graduating in 1978. After 4 years of professional activity on the South Coast of Crimea (Yalta), he became the director of sports and recreation base (village of Ponizovka), belonging to two Moscow research and production associations - «Measuring Equipment» and «Energy», serving the space industry. He resigned in 1990 to pursue his literary career.

As a teenager, Oris became very interested in martial arts: karate (Kyokushinkai), kung fu (dim mak - «the art of the poisonous hand», Wing Chun, Zui Quan), judo, sambo and others. Later, in 1975 he achieved a black belt in martial arts and in 1979 in Yalta at the Ministry of Internal Affairs he opened a martial arts section and hand-to-hand fighting.

From this period (1975), while still a student at the Institute, he worked for 15 years on writing several books series about martial arts. Three volume textbook on karate and Dim-Mak Art titled «Karate Way - from Student to Master» was colourfully designed and published in Moscow in 1992. During these years a separate book «Dim Mak - the art of poisonous hand» was published in Moscow. A second cycle consisting of more than 20 books under the general title «Initiation or the Path of a warrior» was written during this period, but it was not published in the USSR because the author had no higher physical education. For this reason in 1982 Oris entered Simferopol State University, but in the 4th year he left the University for family reasons (due to the birth of his son Yaroslav in 1983) and because of perestroika.

During his work on the book cycle 'Initiation or the Path of a Warrior', Oris (in a state of deep meditation) first inadvertently came into Contact with his Spiritual Teachers, after which he regularly received the information that formed the basis of the most unique book series 'Life between Live's and all the books subsequently written by him.

Then begins a more intense Spiritual Path for Oris, marked by a turning point in his life due to the urgent need arising in his Consciousness to find Himself and his Spiritual role in life.

He went as a hermit to a cave in 1996 from which he had no plans to return. There, in the cave, deep Spiritual revelations came to him, as well as information about his past (parallel) lives. Some of these inner experiences Oris described in poems, which have been published in a separate collection. On the basis of the contacts with his Spiritual Teachers during this period (after 40 days of taking only water), having learned his Purpose in life, he returns home with a renewed Self-consciousness, after which a new Spiritual phase begins in his life: within four years he writes more than 40 books, which are combined into several cycles with the following



titles: «Life Between Lives», «The Art of Dying» and «Extraterrestrial Contacts».

After 2000 he began to write texts to the melodies of Soviet hit songs, in which he expressed the whole quintessence of his spiritual conclusions and thoughts, emphasizing the role of Love, Kindness, Mercy and all Human qualities and feelings, which people so often forget in their everyday life.

Also after 4 consecutive Spiritual Initiations (from 1996 to 2000) Oris gets access to more true and authentic information about the structure of the Universe and the role of human in it, which he reveals in the book series called «lissiidi», «The Great Message», «Immortality is available to everyone» and «lissiidiology Fundamentals». These book series are written as the quality of information that Oris received becomes more and more complex because it comes from deeper and deeper levels of the collective Subconsciousness. These more profound and insightful conceptions form basis of his own Self-Consciousness and he begins to find answers to complex cosmological questions that until then were expected to remain unanswered for people for many decades to come.

A more detailed and complete list of all books written by Oris is set out below. They are presented in chronological order as books were written.

All Oris's books in all available languages can be downloaded for free from **www.orisbooks.ru**.

**Compilation and preparation of material,
layout design, translation: Astiyraalls**



1992



Three-volume book «The karate Path - from apprentice to Master»

Moscow, 1992

Pages: 759

For the first time in our country is being taken an attempt to summarize the personal experience of the author, who gave most of his life to the study of the theory and practice of martial arts. The original materials concerning the psycho-physical training of adepts of martial arts are being presented. This books also touches the moral problems, traces the philosophical origins of karate-do, which have their origin in the teaching of Buddha. Even with the most detailed textbook it is impossible to become a master of karate. For this you need a Teacher. Then what is this book about? It contains the information, without which you cannot become a Master.

The author has for many years been seriously and deeply involved in the study of oriental martial arts: karate, judo, kung fu, dim mak (the art of delayed death). This three-volume book covers all stages of karate training - from the basics to the highest mastery, including dim mak and no-touch kicks (energy blows). It is an encyclopedic edition in three volumes. The basic techniques of defensive movements, hand and foot strikes are presented in detail. Also are being analyzed the mechanics of each movement, internal mental components, technique of passing relaxation phases and the concentration of energy. The book contains numerous photographs, diagrams and engravings.

VOLUME 1, CONTENTS:

- SECTION 1. The Path of Buddhism
- SECTION 2. The path of developing Eastern martial arts
- SECTION 3. Breath exercises in martial arts systems
- SECTION 4. Martial arts training systems
- SECTION 5. Theory and practice of basic karate and kung fu postures
- SECTION 6. A brief overview of some of the major natural weapons and how they are used

VOLUME 2, CONTENTS:

- SECTION 1. Theory and practice of «Uke-Waza» - defense techniques
- SECTION 2. Theory and practice of hand striking techniques
 - «Zuki-Waza» the technique of penetrating punches with hands
 - «Uchi-Waza» the technique for delivering chopping punches with hands



SECTION 3. The theory and practice of «Geri-Waza» — techniques of making leg kicks

Kick forward — «mae-geri»

Side kick — «mawashi-geri»

Kick to the side — «yoko-geri»

Kick backwards — «ushiro-geri»

VOLUME 3, CONTENTS:

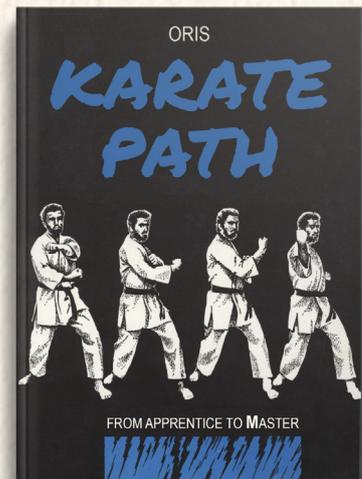
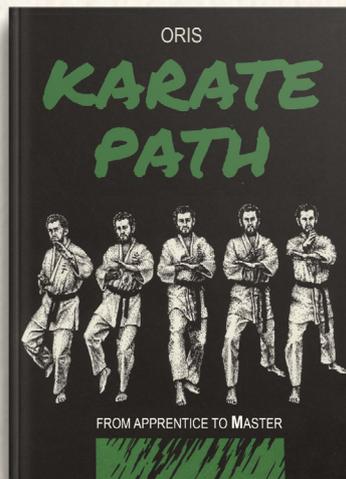
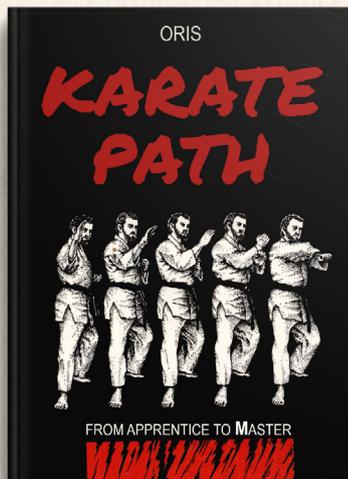
SECTION 1. Practicing combat with multiple opponents

SECTION 2. Pre-hospital care in karate classes

SECTION 3. Some ways to increase athlete's performance

SECTION 4. The Path from «the touch of delayed death» — to no-touch kicking

A brief glossary of basic terms, names, and designations



1996



«Dim Mak - the art of the poisonous hand»

Moscow, 1996

Pages: 211

The uniqueness of this book lies in the fact that it is the first attempt to combine the basics of energetics of martial arts, as well as a very specific technique of influence onto human nerve centers and the energy defeat of enemy at a distance.

The psychological, reflex-therapeutic and mechanical methods of increasing the athlete's capacity for work under increased loads are discussed in great detail.

Extensive Russian-Japanese and Japanese-Russian dictionaries are designed for masters who communicate with Japanese karatekas.

CONTENTS:

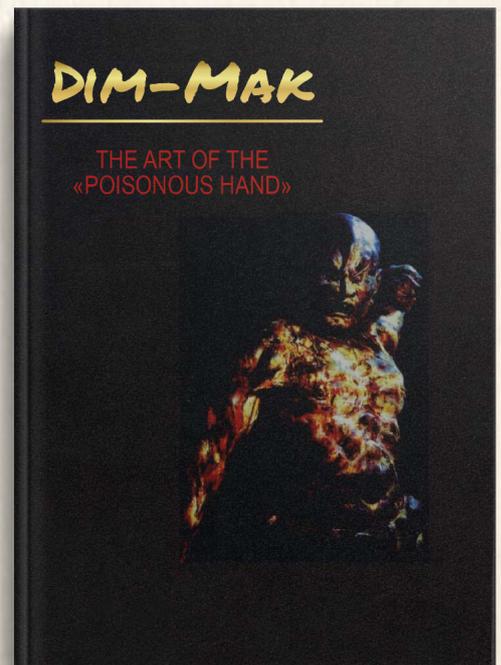
SECTION 1. Practicing combat with multiple opponents

SECTION 2. Pre-hospital care in karate classes

SECTION 3. Some ways to increase athlete's performance

SECTION 4. The Path from «the touch of delayed death» - to no-touch kicking

A brief glossary of basic terms, names, and designations



Book series «Initiation or the Path of a Warrior»

This series of books about «The Art of Dim Mak - the Art of Delayed Death» was written by the author in order to reveal all the nuances and details associated with the Kung Fu - Dim Mak fighting style, which previously in such depth and detail have not been described anywhere else.

«The Path of the Warrior and the Spirit of Initiation»

«The Spirit of Thought and the path to Meditation»

«Sickness and its healing with a Thought»

«The Spirit of sound»

«Healing with sound»

«The Spirit of Energy»

«Healing with Energy»

«The Spirit of breath»

«Healing with breath»

«The Spirit of movement»

«Healing with movement»

Yalta, 1991-1996



Separate books



«Wandering of the Soul» or «Life between Lives»



Moscow, Kiev, 1996

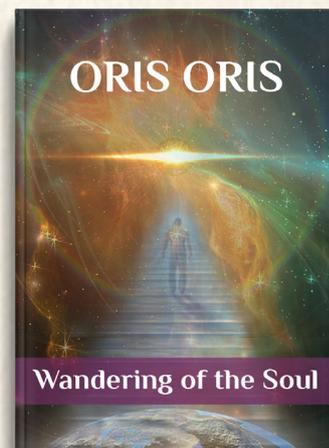


Pages:

The book not only introduces the reader to the problem of Death, but also considers the place of human in the Cosmic Hierarchy. You will learn about the Path of warrior and his attitude to Death, about the septenary composition of a human, about the overcoming the fear of Death, about the relationship between man and Egregors, about chakrams as natural channels of communication with other worlds. The book contains techniques and methods of entry into inner spaces and transition to other worlds.

CONTENTS:

Foreword
 Other Worlds
 Warrior and Death
 Meditation is «Death»
 Fear of Death
 The Art of Dying
 Human - Space
 Space and Time. Guide to other Worlds
 The Material Universe
 Man and Egregor
 Non-humans
 Cleansing from evil during life-time
 Journey in Time and Space
 Technique for entering inner spaces
 Methods of transition to other worlds
 Auto- or self- hypnosis
 Conscious dreaming
 The second way of exit
 Chakrams - natural channels of communication with other Worlds
 Muladhara
 Svadhithana
 Manipura
 Anahata
 Vishuddha
 Ajna
 Sahasrara
 Composition of the human
 The septenary composition of human
 From the author





A collection of poems «40 days of Hermitage»

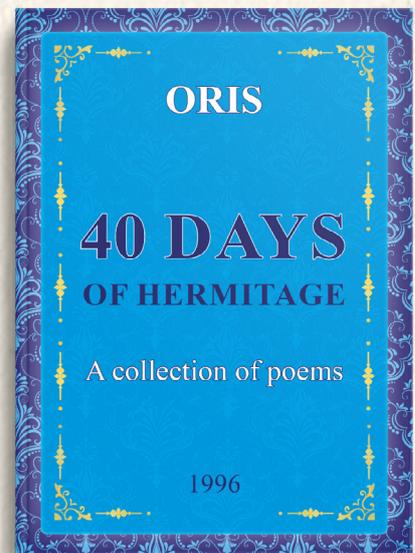
Yalta, 1996

Pages: 47

All poems in this book were written by Oris in 1996 in the Ai-Petri mountains, when he voluntarily took a vow of silence and lived for 40 days in a mountain forest, in a small space dug with a tin can between two rocks supporting each other, completely refusing food and any communication with people.

His inner reason for going to the mountains was the pressing, unyielding need in his Soul to try to cognize the Meaning of his present existence as deeply as possible and, if possible, to try to find the Essence of his own Spiritual Destination by conducting an inner dialog with his «Higher Self» and seeking opportunities to understand himself...

This book also contains an audio recording of these poems, which Oris recorded onto a tape recorder during this act of hermitage.



1997-2000



Thought and Meditation

Yalta, 1997



Pages:



Thoughts, unlike objects, do not belong to you: they come from somewhere else all the time, stay and interact with your Consciousness for a while, and then imperceptibly disappear to somewhere. Your thinking is the process of continuously synthesizing in your reality newer and newer Forms from the already known to you mental and sensual experience. Therefore for you the thinking process represents the «beginning» and the «end» of absolutely all of your desires - from getting some material benefits to achieving «higher» (according to your concepts) spiritual goals.

By mastering the art of mental transformations, you will have an absolutely real means of consciously controlling the material conditions of your earthly existence. By improving in this direction, your mentality can reach the point where it becomes possible to control the powerful factors of the natural elements of Nature, influencing not only the weather, but also such destructive phenomena as tornadoes, earthquakes, tsunamis with the power of your Mind...

CONTENTS:

Life is a product of the creative movement of thought

Every thought is material

Working with Thoughts

The Adept's teaching

How to become an observer

About conducting concentration classes

In life, we build everything with our Thoughts and Consciousness

About the practice of dream formation

Thought is a product of time

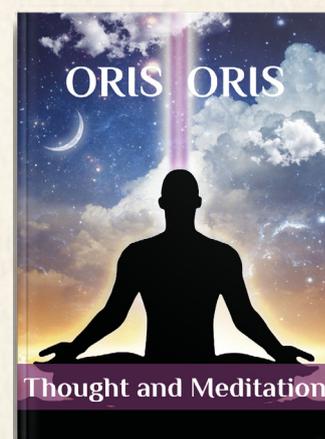
A technique for opening the «third eye»

Everyone lives in the world of their own dreams

How to go beyond Thought

About the creation of a Thought Form in Meditation

Practice





«Soul in the Zodiac»

Moscow, 1999



Pages:



The book «Soul in the Zodiac» continues and develops the subjects, raised in the book «Wandering of the Soul». In this book the author tells about his experience of Contacts with extraterrestrial civilizations, considers the model of the structure of the universe, in particular the worlds of spirits, hellish worlds, worlds of the solar system and other worlds and hierarchies.

The existence of the Soul in the transition between worlds, the archetypes of the astral and subtle worlds are covered in detail. In this book the reader will find the most complete answers to the eternal questions of human Existence.

CONTENTS:

Part One. Worlds of the Solar System

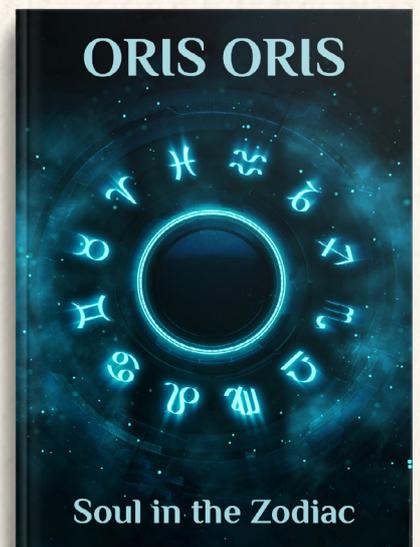
- Worlds of Religions
- Worlds of vedanta
- Worlds according to Buddhism
- The worlds of human
- Descending Worlds
- Ascending Middle Worlds
- Worlds of «doubles»
- The World of perfect Spirits

Part Two. Extraterrestrial Civilizations

- Civilization from the planet «Ceres»
- Civilization from the constellation Andromeda
- Civilization from the constellation Pleiades
- Civilization of silver «humanoids-balls»
- Civilization of green «humanoids-balls»
- Star Spirit Christ
- Guardian Angels

Part Three. The physical world

- Etheric layer
- Physical body
- Etheric body
- Animal community archetypes
- Astral body
- The Astral
- Aura of the Soul
- Evolution of the Spirit



Book series «Life between Lives»

Yalta, 1997-1998

What Oris writes about in this book series is the most detailed description ever written by human about the entire sequence of events undergone by the Consciousness of a dead person when he returns to his Heavenly Home, which has so many «abodes» that it is impossible for an ordinary person to even imagine.

Oris, using his many years of individual experience of astral travel, describes in detail the Astral and Mental realities he has explored, transforming the Incomprehensibly-Cognizable Existence into Knowledge that is comprehensible to almost every person, which leads readers to a gradual realization of the immutable Truth of their infinite Cosmic Existence.

Book 1. «Life without death» («The spirit of death»)

Yalta, 1997



Pages:

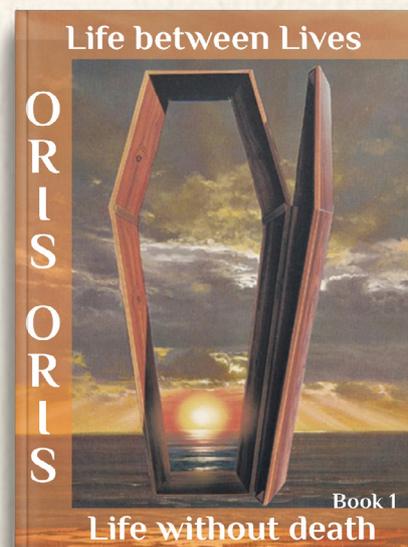


Who are you? How and why did you come to this cruel and alien world? Where will you go and how will you live after your loved ones have said good-buy to you on this earth? And will you really exist after that? These are constant questions. But they have answers. The secret of life and death irresistibly draws man to the realization of what he has long known, but what has remained a mystery and unknown.

If you need answers to these eternal questions, if you can no longer live without understanding them, then this source of knowledge is for you.

CONTENTS:

Death is the beginning of Life
 Death and religion
 Life is the path to immortality
 Death is the form of Life
 Dialogue with the Teacher
 Warrior and Death
 Warrior and suicide
 The fear of Death



Book 2. «Soul and the Cosmos»

Yalta, 1997

 Pages:

 When confronted with the constant choice between Good and Evil, man is lost and does not always think about whom exactly with his every choice and action he serves: God or Satan? To help the reader to choose, the author tells in details about Egregors - astral entities, adapted to living in both as in positive so and in negative poles of Existense, which are mainly determined by the nature of Egregor itself.

 The author helps to understand all the subtleties of this topic, showing using examples the activity of «devil's Egregors», explains to what can lead the spiritual ignorance and thoughtless worship of material symbols, which all lower the human consciousness to the level of sorcerers, magicians and so-called non-humans.

How can we cleanse ourselves from the astral dirt of our own ignorance, which degrades our spiritual Essence and puts us on the same level as wild animals? How can we in Life take care of favorable conditions of our postmortem existence? This and much more is discussed by Oris in his second book «Soul and the Cosmos».

CONTENTS:

From the author

Man - Cosmos

Space-Time

Time is a thought

River of Time

Time factors

«Black holes» - sources of Matter of the Anti-World

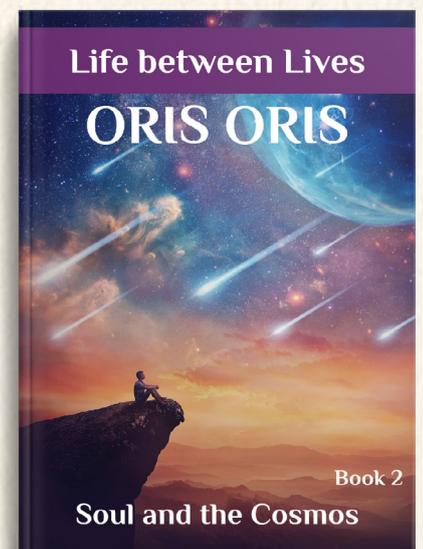
Material Universe

The Soul in the Egregor

Egregors and people

The Devil and his demonic Egregors

Egregors and the Soul





Book 3. «Soul in other Worlds»



Yalta, 1997

Pages:



Always when people speak of «other cosmic thinking civilizations» they usually mean either the intelligent populations of other planets, the so-called «brothers in mind» or something very abstract and vague. But for some reason no one ever thought that these very «thinking civilizations» could be OURSELF, but only OURSELF located at other levels of OUR development, in other conditions of Existence, in the past or future space-time structure, in other circles of OUR human civilization's time field.

All so-called «other worlds» should not be perceived as something alien and unknown. There is no dividing barrier between «this World» and the many «other Worlds». On the contrary, all that exists is one single Divine Being.

You will learn about this and much more from the third book «Soul in other Worlds».

CONTENTS:

From the author

Worlds of Solar systems

Worlds of Religions

Worlds of Vedanta

Worlds of human

Worlds of Heaven

The worlds of those who listen to the voice

Worlds of self-directed to enlightenment

Bodhisattva's Worlds

Buddhas 's Worlds

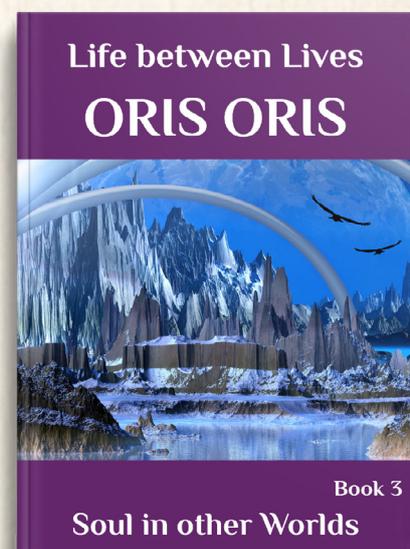
Descending Worlds

Hell Worlds

Ascending Middle Worlds

Worlds of «doubles»

The World of perfect Spirits



Book 4. «Aliens»

Yalta, 1998

 Pages:

 This book may seem unbelievable and dreamy to the reader, but those who have ears to hear will find confirmation of their thoughts and hopes and proof that we are not the only people in the cosmos.

The time has come to meet those who have been invisibly present around us for millions of years, sending signals of their invisible existence. May each of you perceive this book the way he or she feels! For some, it may be perceived as a fairy tale, and for others, as information for reflection or as a guide. In this way, the main goal of this book will be achieved, because you will know the Truth, and what to do with that Truth is everyone's personal choice.

This book represents the least amount of information about the author's many Contacts with other cosmic civilizations and the information that has been received from Those whom the author calls The Universal Teachers.

CONTENTS:

From the author

Message from the Demiurge of the World

Humanoids of the constellation Regulus

Civilization from the planet Ceres

Civilization from the constellation Andromeda

Civilization from the constellation Pleiades

An urgent message to earthlings from representatives
of the constellation of Pleiades

Ora's Message to the Earthlings

Aalan informs the people

Civilization of silver «humanoids-balls»

The Tunguska Mystery or once again about non-humans

Civilization of green «humanoids-balls»

A message from Lord Maitreya

Christ the Superstar

Aliens testify

Albellic's Messages

Ramasanta reports

Makkearland reports

Araaragot reports

Oris's dialogue with Allaagor the
andromedian

Guardian Angels

Message from Archangel Michael

Message from ELOCHEM to the

People of the Earth

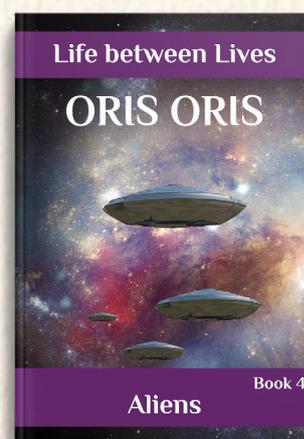
Message from Archangel Uriil

Message from Archangel Gabriel

Message from Archangel Metatron

Message from the God of the Sun

Ascending worlds



Book 5. «The technique of Astro-Travel. Chakrams»

Yalta, 1998



Pages:



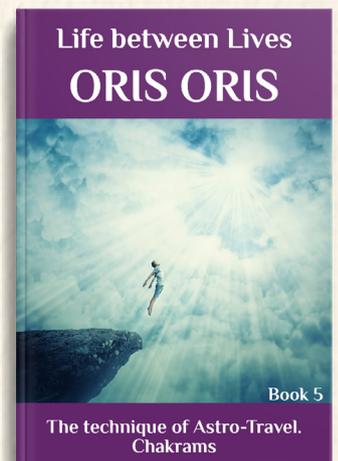
In this book the author continues his exploration of the world around us and tries to unravel one of the most unexplored mysteries of nature – the human. After all, only by knowing ourselves we can come closer to knowing God and His Mysteries.

Who are you and what are you doing on this planet? What is the point of your being here? Where will you go after people say about you, «He's dead...»? And in general, will there be anything left after Death other than the memory of you? All these questions will be answered through the author of this book by his Teacher, who has undertaken the mission to give a thorough introduction to the mankind on Earth to the problem of so called «post-death existence» of a human.

CONTENTS:

The double of human and the Earth's Noosphere
 The travel in Time and Space
 Techniques for Entering Inner Spaces
 Methods of Consciousness Transition to Other Worlds
 Relaxation
 Auto- or self- hypnosis
 General scheme of self-hypnosis
 Conscious dreaming
 The second way of exit
 Danger of possession during astro-travel
 Chakrams are natural channels of communication with other
 Worlds

Muladhara	Vishuddha
Svadhithana	Ajna
Manipura	Sahasrara
Anahata	Composition of human



Book 6 «Man and his Soul»

Yalta, 1998

CONTENTS:

Composition of the human	Etheric Body
The septenary composition of human	Archetypes of the Ethereal World
The physical World	Archetypes of animal communities
Etheric layer	The Astral Body
Physical body	The Astral





Book 7. «Soul in the Zodiac»

Yalta, 1998



Pages:



In this book the author tells us that the entire world around us is a single system, and the parts of which are in very close relationships and interconnections, and that the entire Universe is subject to unified rhythms and unified cycles. Some of these cycles began at the creation of the Worlds and determine the Evolution of the Universe as a whole. Others determine the course of geological processes that change the face of our planet and, in turn, also affect the development of all mankind, the emergence and collapse of terrestrial civilizations.

The nature of all these influences, both global and individual rhythms, on the objects of the World is determined by the laws of the Zodiac, whose symbolism is much deeper than many novice astrologers think. In addition, in each cycle we can distinguish twelve basic and twelve current phases or micro-cycles, the characteristics of which are also associated with the passage of the Soul along different qualities and with the zodiac symbolism.

This book, as well as all the other books by Oris, is intended for those readers who seriously, deeply and with a sincere desire want to understand on their own everything that relates to the problems of Life and Death, who see in their impending Death not the most terrible and dangerous enemy, but on the contrary, a reliable adviser and a friend.

With Oris's books, Death is transformed from a frightening adversary, from an unfortunate failure or fatal mistake in the Universe into one more, another Transfiguration, to which we have already been subjected more than once.

CONTENTS:

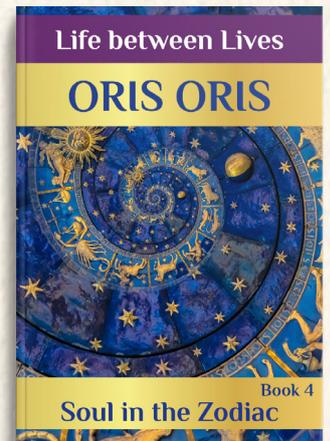
Soul in the Zodiac

The Fiery face of God: Leo, Sagittarius, Aries

The Airy face of God: Aquarius, Libra, Gemini

The Watery face of God: Scorpio, Cancer, Pisces

The Earthly face of God: Taurus, Virgo, Capricorn



Book 8. «The art of dying»



This book consists of 5 parts.



Pages:

The author has tried to give the most detailed answers to specific questions through his many years of experience of independent out-of-body explorations of the Ethereal World: how to die correctly? How to learn to accept your death in time? How the transformation of subtle bodies takes place during the post-mortem transition?

This book, describing in the most detailed way the changing state of a person's Consciousness during the process called «dying» and his Soul's presence in various



vibrations of the energies of the Astral, is also a kind of manual of religious therapy and eschatological psychosurgery, carried out through the most detailed texts of “Instructions” read by relatives for the dying ones or an already dead person in order to strengthen and awaken his Consciousness before the Transition to the Other World.

Among other things, this book can safely be classified as one of the most detailed travel guides to the many realms and spheres of the Ethereal World, which we commonly refer to as the «afterlife».

«The art of dying-1»

Yalta, 1998

Pages:

CONTENTS:

The Author’s Foreword
 Meditation on Death
 Meditation on Dying
 Jati Smaran Introduction
 Jati Smaran Meditation
 The Astrosome and Meditation

«The art of dying-2»

Yalta, 1998

Pages:

CONTENTS:

The Author’s Foreword
 The Mystery of Death
 The Postmortal Path
 The Egyptian Book of the Dead
 The Tibetan Book of the Dead
 «Mors certa, hora incerta»
 The Fear of Death
 Overcoming the Fear of Death

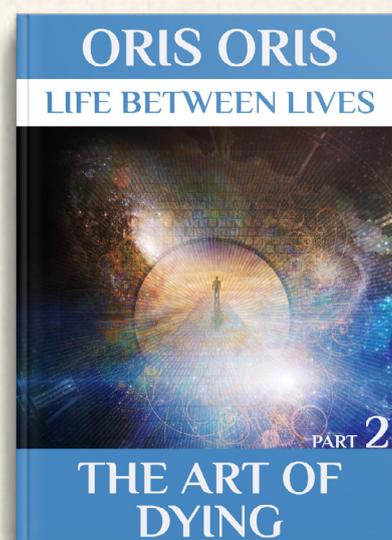
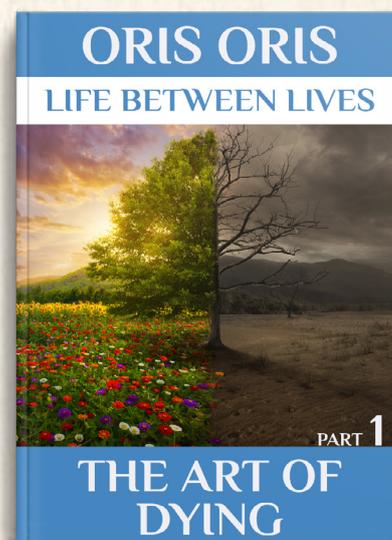
«The art of dying-3»

Yalta, 1998

Pages:

CONTENTS:

The Author’s Foreword
 Metamorphosis of Death
 The Preparation for Death
 Nobody Dies



Dying

Stages of dying

The moment of death

Signs of the coming of Death

A conversation with the Teacher

«The art of dying-4»

Yalta, 1998

Pages:

CONTENTS:

A Brief review of the diversity of Forms and types of dying

Dying is a completion of the Earth's form of suffering

Death is not the end of dying but the beginning of a new Life

Death of the non-humans

The Soul and its impulse Ring

The first phase of the transition: «The point of silence»

The second phase of transition: The tunnel effect, the bright light

The Assistants

Gradual awakening

Parting words to the dying person

For the dying one

The following text may be read for the one who has deceased

The funeral

The prayer for the deceased

The prayer for the release of the Soul

The prayer for the after the release of the Soul

«The art of dying-5»

Yalta, 1998.

Pages:

CONTENTS:

The first steps of the soul in its postmortal life

Planes and levels «of the other World»

Some peculiarities of Existence «in the other World»

Meetings with my mother

Love «beyond the veil»

Spiritual Families

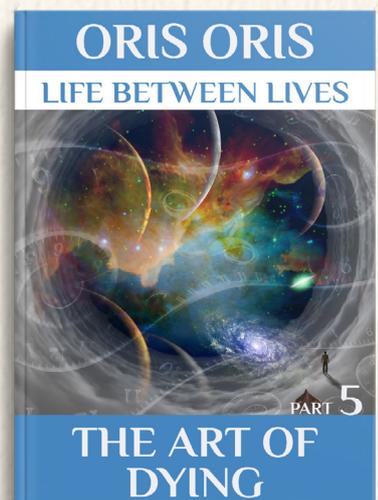
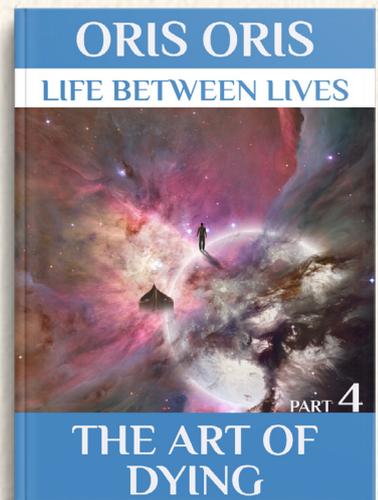
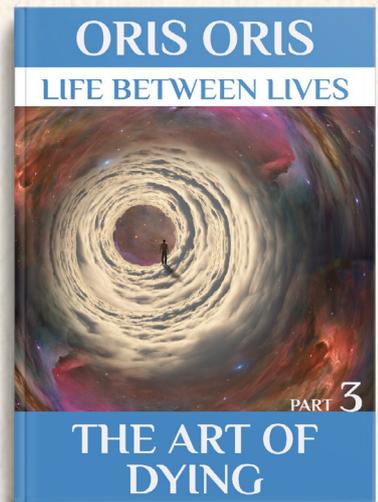
The description of «a City of Light»

What do the deceased do?

Awakening

First hours after death

Death is the return to God, return to Love





Book 9. «Soul in the Astral»



Yalta, May 1999

Pages:



Although much has been written about the Ethereal Worlds, none of it corresponds to even a thousandth of what these levels of ethereal reality actually represent, where the human soul also enters after its final release from the heavy anchor of the physical body. It took Oris years of Life to begin more or less freely navigate among the countless realities of the so-called “other World”.



The author generously shares these observations and out-of-body explorations of the Astral World with readers on the pages of this book.

CONTENTS:

Realities of the Ethereal World

The Mobius sphere and wave length

Thought and Reality

Structure of the Astral

Inhabitants of the Astral

The thought-sensory basis of the Astral

Structure of the Earth's Astral

Inferior parallel worlds

Types of possessions

The Demonic army of the Astral

Demons

Incubi and Succubi

Lilith

Imps

Golem

Dubbuk

Homunculus

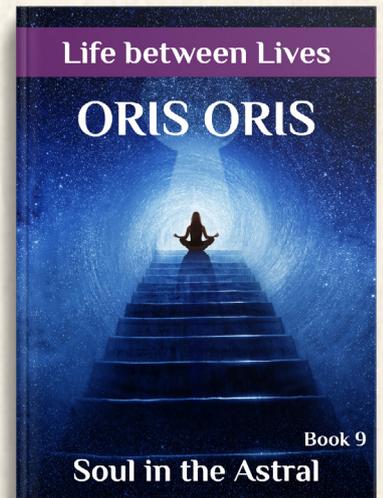
Mermaids

Gremlins

Vampires

Werewolves

Astral Activity of the ones who are alive



Book 10. «Inhabitants of the Astral»

Yalta, May 1999

CONTENTS:

Elementals

Elementers

The Thought-Forms



Book 11. «The evolution of humanity»

Yalta, May 1999



Book 12. «Anti-Worlds and Purgatory»

Yalta, April 1999



Pages:



In our truly apocalyptic and mind-blowing age of an unprecedented crisis of conscience in the spiritually and morally bankrupt humanity, which is writhing and fooling around on the fire-breathing volcano of the Transfiguration of the Earth, Ori's books about the immortality of the human Soul act as a sobering and saving call, trying to wake the dormant hearts.

On the pages of this book you will find for yourself spiritual pearls with the simplest and clearest answers to many eternal questions about man's true place in the Universe and about the higher meaning of human existence on Earth.

This book talks about the nature of the Earth's anti-Worlds and their inhabitants.

CONTENTS:

The Anti-Worlds

Hoahs and Ungs

Structure of the Anti-World

Hierarchy of the Anti-World

Administration of the Anti-World

Demons - the masters of Nature

Demons of local influence

Realities of the Anti-World

Features of the Anti-World

The races of Antics

Distinguishing Characteristics of Incarnated Ungs

Magic of the Anti-World

Purgatory

Maflocks are the fallen spirits

Spheres of the Hell

Spheres of the anger and rage



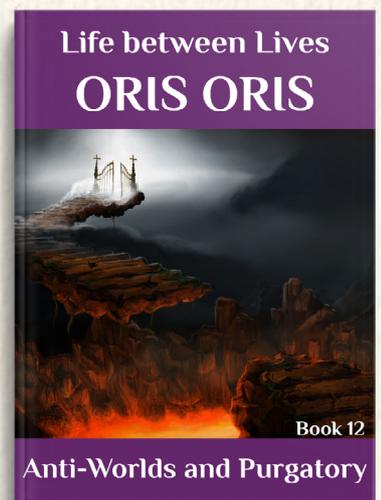
Book 13. «Ordeal of the Soul»

Yalta, August 1999



Pages:

As long as man is alive, he gives little thought to WHAT awaits him, perhaps in the next second: after all, how many beautiful lines broke off in mid-sentence, and how many good deeds were not destined to come true only because people in their busy every-day life keep putting off all the best and the most necessary,

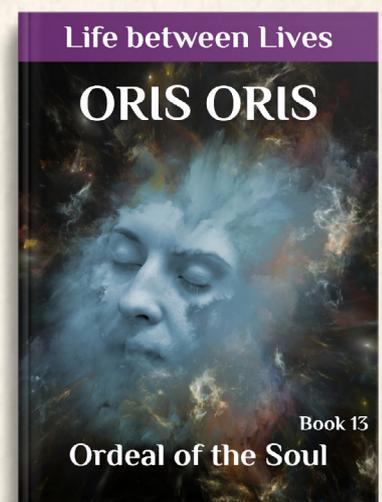


forgetting that in the next moment they may not have that «later» at all. How many lost opportunities for the most simple manifestation of Kindness and Love towards each other have never been realized, and how many unspoken beautiful words have fallen into nothing!

This book is not about Death, but rather about HOW to restructure your whole life now, immediately, so that you can meet every next moment of your earthly existence without disappointment, despair and grief.

CONTENTS:

Peculiarities of reincarnation
 Peculiarities of thinking
 The Sphere hungry spirits
 The post-mortem fate of gluttons
 The post-mortem fate of drunks
 The post-mortem fate of vivisectors and flayers
 The post-mortem fate of women who had abortions
 The post-mortem existence among the mafloks
 Suiciders and the victims of «accidents»
 The history of suicide
 The nature of suicide
 The post-mortem fate of accident victims
 The principles of exiting Hell
 The Neutral Zone
 Collective animal Souls
 The World of «Doubles». The mafits
 The Fourth Division of the Astral. The mahoits
 The Third Division of the Astral. The lamites
 The Second Division of the Astral
 The First Division of the Astral



Book 14. «Hell and Purgatory»

Yalta, 1999

Pages:

CONTENTS:

The Soul in the Nine Circles of Hell
 Inhabitants of Hell
 The mafloks
 The mafits
 The machoites
 The lamites
 The Neutral Zone
 Collective animal souls





Book 15. «Soul in the Higher Worlds»



Yalta, August 1999



Pages:

What Oris writes about in the book series «Life Between Lives» is the most detailed description, ever written by man, of the entire sequence of events undergone by the Consciousness of a dead person when he returns to his Heavenly Home, which has so many «abodes» that it is impossible for an ordinary person to even imagine.

Oris, using his many years of individual experience as an astrologer, describes in detail the Astral and Mental realities that he has explored, transforming the Incomprehensible-Cognizable Existence into Knowledge that is comprehensible to virtually every person and leads to a gradual realization of the immutable Truth of human's infinite Cosmic Existence.

CONTENTS:

Harmonious Realities of the Mental

The Paradise

Life activity and thought-creativity in the Paradise

The energy structure of the MENTAL BODY

Characteristics of people with an underdeveloped mental body

Characteristics of people with a moderately developed mental body

Spatial «geography» of the area of a specific thought

Prototypes of terrestrial forms

Mental compensation levels

The «Second Heaven» of Christians

Characteristics of the main Energy-Informational Spheres of the Mental

The seventh sphere (outer)

The sixth sphere (preparatory)

The fifth sphere (balancing)

The fourth sphere (central)

Realities of the levels of abstract thought

The «Third Heaven»

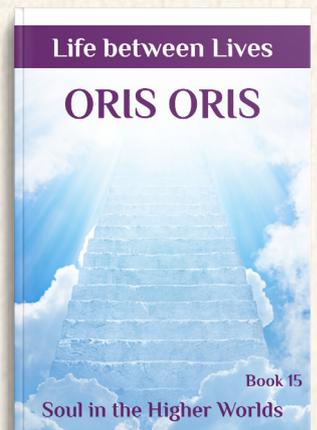
The Cities of Light

Descriptions of some of the Cities of Light

Higher causal realities of the Second and Third Earth

Globes of the Earth

Afterword



Book 16. «Soul's preparation for a new incarnation»

Yalta, 1999



Book 17. «Apocalypse»

Yalta, August 1999

СОДЕРЖАНИЕ:

Earth's future until 2147

Cataclysms

The coming of the Forerunner and the Antichrist to the Earth

The Fate of Russia

The Golden age

The Sixth human Race



Book 18. «Humans and Non-Humans»

Yalta, 1998



Pages:



Never before has the Mystery of the Creation of our World and the tragic role that Lucifer, one of the most highly spiritual First Consciousnesses of the Logos of our Universe, played in the history of the birth and development of mankind on our planet in such detail been revealed to people.



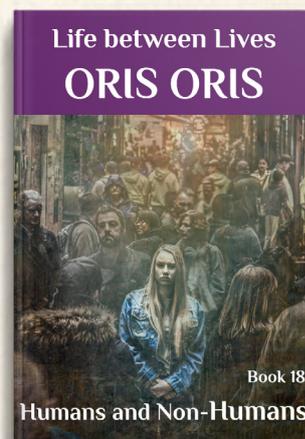
The purpose of this book is to give you the Knowledge which will help you to understand who is the God and what place in Him belongs to the forces which people call «Satan», «devil», etc. What energy-informational niche do they occupy in the Earth's Space and what form do they take (and if they have a form?) in reality?

CONTENTS:

Non-humans

The Mystery and Tragedy of Lucifer

Cleansing from evil during life-time



Book 19. «Soul in Hell»

Yalta, 1998

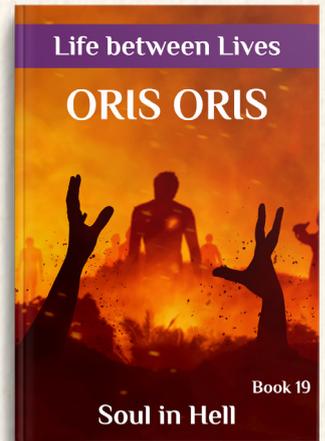


Pages:

Fear of Death is the individual's fear of losing himself, the fear of the need for further evolution. Man is most afraid of the unknown, but it is the unknown that makes a man to conquer his fear again and again. Many people are totally unaware of the infinite variety of levels of Consciousness in their own nature and whatever the author of this book may say to them about it, it will still not help them to understand it.



But there is still a small, even a tiny one-thousandth part of humanity which is the reason why all this knowledge about the true picture of Existence after Death is given. For the Transfiguration of this small part of mankind a small group of Star-Born Ones have specially incarnated and agreed to become conductors between the awakening Consciousnesses of the Earth and the Consciousnesses of the spiritual Teachers from Sirius and Pleiades. To each thousandth of the incarnate Earth's humanity Oris addresses in his books.



CONTENTS:

Life of the Soul on Different Planets

Pluto
Uranus
Moon
Mars
Neptune

The Hell and Purgatory

«Astral shells» and ghosts

The Hell

The «geography» of hell

The Nine Circles of Hell

Soul in the first circle
Soul in the second circle
Soul in the third circle
Soul in the fourth circle
Soul in the fifth circle
Soul in the sixth circle
Soul in the seventh circle
Soul in the eighth circle
Soul in the ninth circle



Book 20. «Soul in Other Worlds 2»



Yalta, 1998

Pages:



CONTENTS:

Stereotypical worlds of the Astral («maklaks», «vergons», «Glumids» and «mafits»)

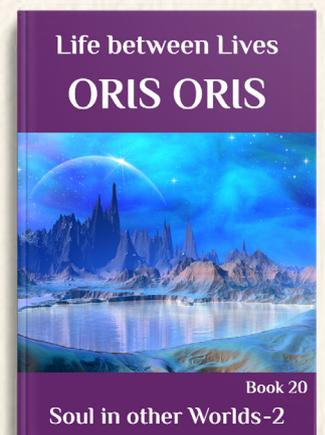
The fourth division of the Astral («shorts», «kloks», «glepmins» and «mahoints»)

The third subdivision of the Astral («pravinians», «eldonians», «kakrikons» and «lamites»)

The second sub-division of the Astral. First Heaven

The first sub-plane of the Astral. Second Heaven

Jupiter
Saturn
Mercury
Venus
Proserpine
The Mental
Laws of the mental



Book series

«Extraterrestrial Contacts»

In today's world there is a lot of information about UFOs, about the meetings of individuals and even whole governments with aliens, as well as materials of telepathic Contacts with representatives of various extraterrestrial civilizations, etc. Unfortunately this information, while passing through different dimensions to us, in our three-dimensional world, is often subject to very strong distortions and is very often misunderstood by us due to the specifics of our three-dimensional way of thinking.

Offered to you materials of Oris's Contacts with the commanders and crew members of the Sirius-A and Sirius-B starships, as well as with other extraterrestrial Consciousnesses and Civilizations, including the Consciousness of Christ, Lord Maitreya, God of the Sun (the Logos of our Solar System), Elohim (the Creators of our Universe), and the four Archangels (Michael, Uriil, Gabriel and Metatron), are unique because they are literally received «first-hand» and contain very valuable information, useful for all humanity, which lives on the eve of the Transfiguration of the Earth.

The Pleadians and Siriusians, who are the true spiritual Teachers of Earth's humanity, are happy to share with us the knowledge without which we earthlings cannot emerge from the endless series of earthly incarnations and join as equals the extraterrestrial civilizations that are part of the «Commonwealth of the Light Ring» on the expanses of Cosmic and Galactic Creativity.

About this and much more you can learn from this book series called «Extraterrestrial Contacts».





Book 1. «Teachers from Pleiades report»

Yalta, 1998



Pages:



Such concepts as «Cosmos», «Higher Intelligence», «UFOs», «aliens», etc. have now firmly established in our Consciousness, and we can no longer imagine ourselves, our planet and our entire existence in isolation from the rest of the universe, from the hope of a promising direct contact with brothers in Mind.

Who are they, our teachers, what do they teach, what do they look like, and what do they want from us? In this book you will find answers to these and many other questions.

CONTENTS:

From the author

Teachers from Pleiades report

First Appeal of The Demiurge of the World

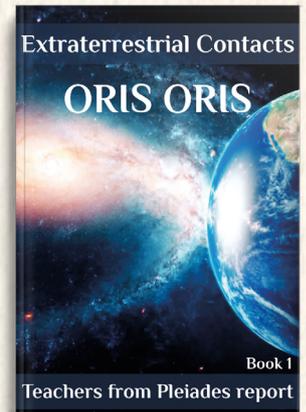
Appeal to earthlings from representatives of the Constellation of Pleiades

Ora's Appeal to the earthlings

Aalan's Appeal to people

Albellic's first Message

Albellic's second Message



Book 2. «The crew of the Starship Sirius-A reports»

Yalta, 1998



Pages:



In this book, the Pleiadians and Siriusians, who are the true spiritual Teachers of mankind, gladly share their knowledge with us, without which we, the earthlings, would not be able in the very short time that remains before the Transfiguration to come out of the many thousands of years of hibernation and to make the necessary number of timeless passages in the impermeable thickness of the Collective Consciousness, necessary for the so called «shift of the paradigm».

CONTENTS:

The crew of the starship «Sirius-A» reports

Albellic's third Message

Ramasanta's first Message

Ramasanta's second Message

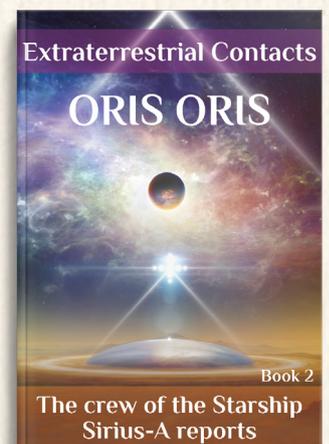
The First Universal Law of Cosmos

The Second Universal Law of Cosmos

The Third Universal Law of Cosmos

The Fourth Universal Law of Cosmos

Albellic's fourth Message



Book 3. «The crew of the Starship Sirius-B reports»

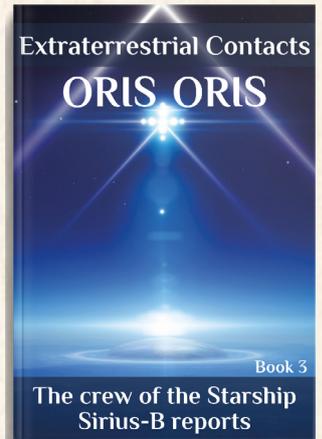
Yalta, 1998



Pages:



The next ten to fifteen years are predicted by extraterrestrials to be very informative and interesting for humanity. We will see how our so-called «unshakable reality» will begin to be rapidly turned upside down before our very eyes. Already the world does not seem as solid and unbreakable as it once did. And very soon we will all be witnesses and direct participants in a worldwide spectacle of Chaos and Confusion. The foundations of all our cultural, religious, philosophical, and scientific Paradigms, which have served us so far invariably as an image of the «real» World, in a matter of years, will crack and begin to crumble before our very eyes.



The reality of the New Age is within us, and main changes that we have to make must affect primarily our inner content, which, by freeing the Divine Light of our Souls from the millennia-old oppression of the Matter, will turn the mustiness and decay of our earthly cities into the unearthly glow of Beauty, which overflows the Cities of Light of the new, transfigured Earth.

CONTENTS:

The crew of the starship «Sirius-B» reports

- First Makkearland's message
- Second Makkearland's message
- Third Makkearland's message
- Fourth Makkearland's message
- Fifth Makkearland's message
- Sixth Makkearland's message
- Seventh Makkearland's message
- Eighth Makkearland's message

Book 4. «The Teachers of the humanity report»

Yalta, 1998



Pages:



Throughout all the history the humanity has been narrowing its perception of the Worlds from multidimensional, which includes all the subtle-material Spheres of the Astral, to three-dimensional, rough-material Level, thus not only limiting itself in the better understading of the world around, but also completely destroying the possibility of free contact with the Consciousnesses of hundreds of thousands of other space civilizations, who actively create and work in the Cosmos.

Representatives of many of these Intelligent Civilizations have practically never left our planet, while other Higher Entities have been incarnated among people only for several millennia.



They have voluntarily shared and continue to share with us all the burdens of earthly incarnations and the very heavy human Karma, only to help with their Knowledge of the Truth and their personal experience, so that the people of Earth could more rapidly climb the steep steps of the Evolution Stairs.

CONTENTS:

The Teachers of the humanity report

Araaragot reports

Oris's Dialogue with Allaagor the Andromedian

The «Wanderer» reports

The first Message of the Wanderer

The second Message of the Wanderer

The third Message of the Wanderer

First Message of Christ, Lord Maitreya

Message from the God of the Sun

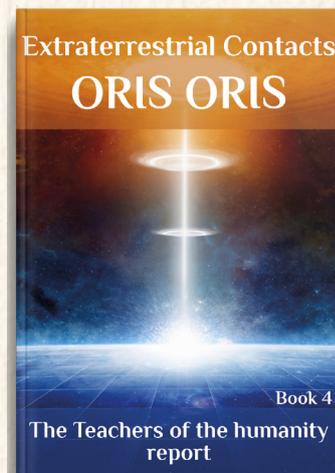
Message from Elohim to the people of Earth

Message from Archangel Michael

Message from Archangel Uriil

Message from Archangel Gabriel

Message from Archangel Metatron



Book 5. «Extraterrestrials»

Yalta, 1998



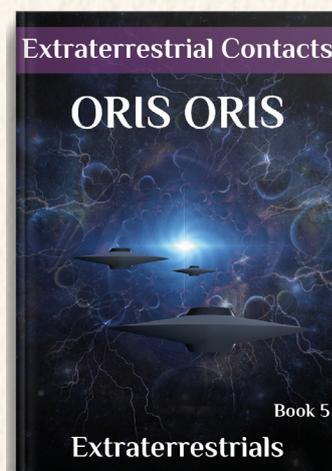
Pages:



They, the extraterrestrials, are working on our planet neither to conquer nor to enslave it, but with one single goal in mind: to slow down our rapid fall into the abyss of self-destruction, trying to bring to our Consciousnesses the moral, spiritual, social and scientific values accepted in the civilized Cosmos.

Those few people who are able to perceive their Word of Truth do everything possible, even impossible, to bring it to the half-asleep Consciousnesses of the rest of mankind.

Many «extraterrestrials» from Pleiades, Sirius, Andromeda and other civilizations of the «Light Ring» have been living among us for thousands of years, voluntarily giving up being in the Worlds of higher dimensions, just so that we, people of Earth, did not remain completely cut off from the Source, from Which all of us have come out, and to illuminate with the Knowledge of Truth the Path of spiritual ascent for Consciousnesses who no longer wish to



abide in the sleep of illusion and the darkness of ignorance. The Books of Oris are an example of this Service.

CONTENTS:

Extraterrestrials

Humanoids from the constellation Regulus

Mars and Martians

Civilization from the planet Ceres

Civilization from the constellation Andromeda

Civilization from the constellation Pleiades

Civilization of silver «humanoids-balls»

The mystery of Tunguska or once more about the non-humans

Civilization of green «humanoids-balls»

Christ the Superstar



Book 6. «On the eve of Armageddon»

Yalta, August 1998



Pages:



This book, in its uniqueness and value of the information it contains, is on par with the other Oris's books, continuing the subject of Contacts with Representatives of Worlds of Higher Levels of Existence.

Does The Christ Himself communicate with many people on the eve of the so-called «Last Judgment» transmitting specific recommendations? Has the Mother of God appeared to many to show them the way to salvation through Her Word in these terrible days of the approaching disasters and cataclysms? You just stop for a minute and delve into the rank of Those Who appeal to you – the Christ and the Queen of Heaven!

To ignore this information would be to close one's eyes, on the edge of the precipice, at the risk of being crushed to death. Is that what you want? Then read carefully, absorb and, opening the eyes of your Heart, draw your own conclusions.

CONTENTS:

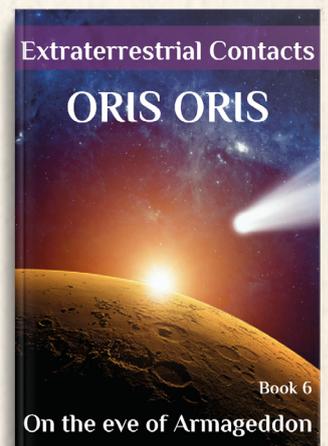
On the Eve of Armageddon

Second Message of Christ, Lord Maitreya

Commandments of Christ

The Word of the Queen of Heaven to the Adam's family

Oris's answers to the questions of the Swiss group of Star-Born





Book 7. «The beginning of Armageddon»

Yalta, September 1998



Pages:



The beginning of the Age of Aquarius. Nostradamus wrote: «I see a reborn and renewed Christ coming. And then there will come a long peace, unity and harmony among the generations of several races».

The process of division of people depending on the quality of their Consciousness has already begun rapidly around the world. It will soon lead to the final separation of mankind not by national, religious or party affiliation, but by the quality of their spiritual vibrations. People had more than enough time to change their lives for the better. But now there is no time even for a reflection.

Very soon there will be the first cataclysm of an unprecedented force, which will not only change the circumference of the Earth, but will also shift its magnetic poles. The Earth's axis, which is already in an unbalanced state, will change

and all this will cause continuous, endless cataclysms. Earthquakes and floods will become a common thing, and long and extensive fires will engulf the entire planet.

Today we are no longer «slipping into the abyss» or «standing on its edge», as economists and politicians reassure us; we are already flying into the abyss with great acceleration, and no one gave us wings to wave and soar upward to avoid death, or rather, God in fact did, but we have all forgotten about them.

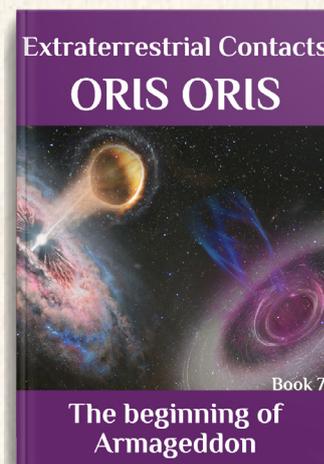
CONTENTS:

The Beginning of Armageddon

Ramasanta's third Message

Albellic's fifth Message

Oris's answers to questions from the Swiss group of Star-Born



Book 8. «Quo Vadis»

Yalta, January 1999

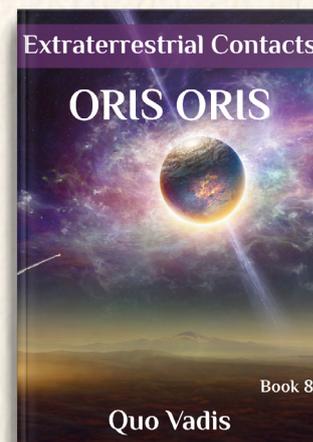


Pages:



The crew commander of the Sirius-A starship Albellic continues to share with humanity on Earth through Oris the knowledge about the last times of the physical incarnation of the Planetary Entity and its preparation for the spiritual Transfiguration.

By answering Oris's questions, Albellic describes in detail WHAT a human being really is, what are his true capabilities and what



are his immediate prospects on this planet.

CONTENTS:

Quo Vadis

Albellic's sixth Message

Albellic's seventh Message

From Oris's letters to the incarnate Star-Born



Book 9. «The Word of Transfiguration»

Yalta, 1999

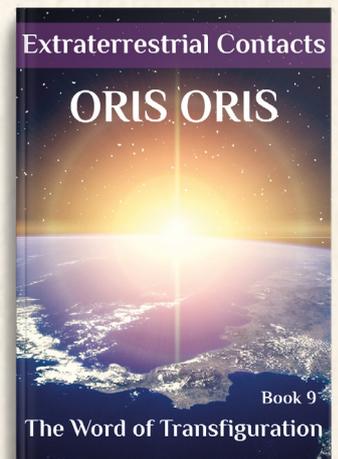


Pages:



Holy Mother of God, save us! - This is what the prayer to the Blessed Virgin asks for. But the same people disbelieve and slander, avoid and remain indifferent when the Living Virgin herself speaks to them and tells them about the ways of their salvation. «Hypocrites», says the Queen of Heaven to them, «get to know what Heaven looks like, and why do you not know the signs of the times? Prepare yourselves, people, as truly the day and hour of the Judgment of this world has already come».

In August Our Lady transmitted the first part of Her «WORD» through Oris, and on January 13 and 19, 1999, through the same channel She transmitted the next two parts and commanded to compose from Her «Word» a supranational «Gospel of Transfiguration», which was published as a separate book «The Gospel of Transfiguration by the Mother of God» (see below).



CONTENTS:

The Word of Transfiguration

The Word of Proclamation of the Mother of God

The Word of Transfiguration of the Mother of God

Second Message of the Demiurge of the World

From the prophecies of the end times



Book 10. «The New Earth»

Yalta, June 1999



Pages:



After the release of previous books in this series, letters to Oris from all over Russia, Belarus, Ukraine, and after the publication of his books in German and English - from Europe, England and the United States, come in an endless stream.

Because of lack of time, the author is not able to answer all of the numerous questions asked by readers. But the more important questions are answered in



this and the following books of this series.

Also in this book the author publishes the Third Message of Christ-Maitreya on the eve of the Transfiguration of the Earth.

CONTENTS:

The New Earth

Third Message of Christ, Lord Maitreya

Oris's Answers about the Transfiguration

Immediate perspectives of humanity

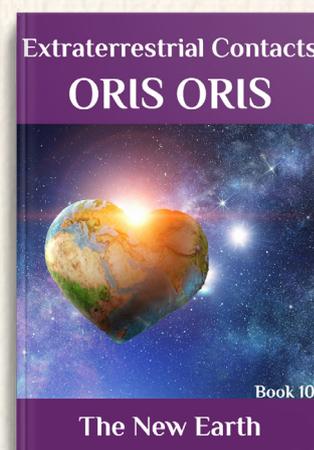
Physical atlas of the New Earth

Analogies of human death with Earth's Transfiguration Processes

Meditative practice of working with the elements

The genetic diversity of humanity

Questions and answers



Book 11. «Messages from Heaven»

Yalta, July 1999



Pages:



This book by Oris introduces the reader to another set of Messages from the Representatives of the Supreme Cosmic Mind on Earth - Lord Christ-Maitreya and the Commander of the crew of the Sirius-A spaceship Albellic.

This is the most recent material of Oris's Contacts, received by him on the eve of his departure, along with six other Star-Born, for a 44-day Meditation and purification of body (the energy conductors) with the water on the Ai-Petri Plateau.

CONTENTS:

Messages from Heaven

Fourth Message of Christ, Lord Maitreya

Albellic's eighth message



Book 12. «The Transmutation Diary»

This book consists of four parts.



Pages:



From 7.07 to 19.08.1999 a group of Star-Born Consciousnesses under the leadership of Oris, implementing specific recommendations received from Albellic during Oris's Contacts with Him (choice of place, modes of accommodation, stay and meals, exercises, themes and methods of work in Astral, etc.), was in Crimea, on the plateau Ai-Petri, to conduct general Meditations and joint work on the Subtle Plane with Jupiterians – Intermediaries of the First Order from the Pleiadeans side.

This diary was kept by Firoxanta and thoroughly edited by Oris before publication.

About what happened to them during this period, about transmutation, about the incredible events that happened on the Ethereal Plane, you will learn from this Diary.

«The Transmutation Diary. Part 1»

Yalta, 1999

Pages:

Tells about the events that took place from 07.07.1999 to 19.07.1999.

«The Transmutation Diary. Part 2»

Yalta, 1999

Pages:

Tells about the events that took place from 20.07.1999 to 31.07.1999.

«The Transmutation Diary. Part 3»

Yalta, 1999

Pages:

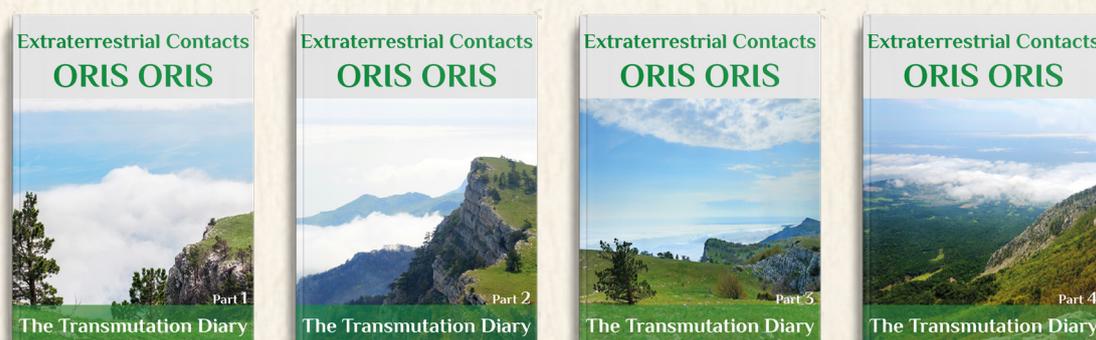
Tells about the events that took place from 08.01.1999 to 13.08.1999.

«The Transmutation Diary. Part 4»

Yalta, 1999

Pages:

Tells about the events that took place from 14.08.1999 to 19.08.1999.





Book 13. «All Contacts»

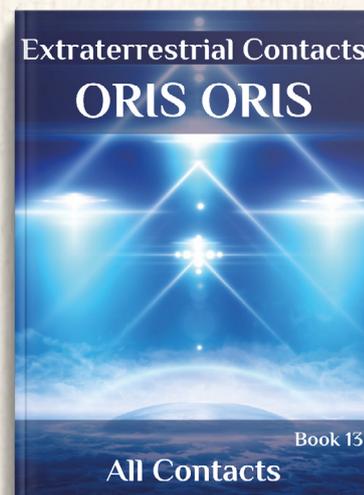


Yalta, 1999

Pages:



Out of all the huge number of Extraterrestrial Contacts made by the author, this collection contains the most relevant Contacts, in the author's opinion.



A collection of poems «40 days of Spiritual Solitude»

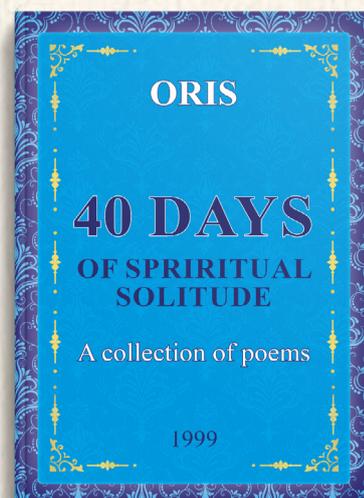
Yalta, 1999

Pages: 20

Poems presented in this collection are written by Oris during the period from the 7th of June until the 19th of August 1999, when he was on Ai-Petri Plateau with six other like-minded people, having once again taken a vow of silence and physical fasting.

This period is described in great detail in the book series consisting of 4 books under the general title «Transmutation Diary».

This book also contains an audio recording of these poems recited by Oris onto a tape recorder during this very act of Spiritual Solitude.



Book series «The Gospels»



«The Gospel of the Transfiguration from the Mother of God»

Yalta, 2002



Pages:

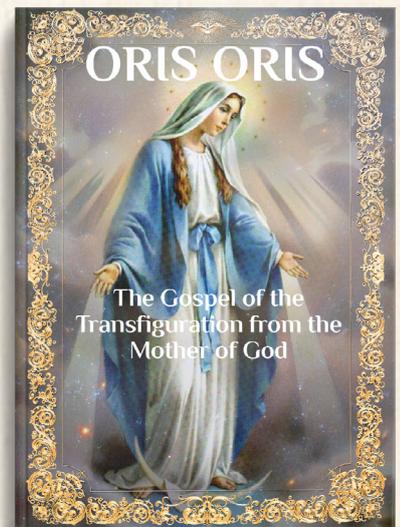


The word of the «Gospel of Transfiguration» was dictated to Oris by the Living Blessed Virgin Mary herself during Oris's meditations on January 13 and 19, 1999.

CONTENTS:

The Gospel of the Transfiguration from the Mother of God

The Word about enemies
 The Word about murmur
 The Word about Compassion
 The Word about Repentance
 The Word to My faithful ones
 The Word about Love
 The Word about infirmity
 The Word about Antichrist
 The Eve of the Last Judgment
 The Last Judgment
 The Beginning of the Last Judgment
 The Word of Proclamation
 The Crying of Our Holy Lady
 The Transfigured World



«The Gospel of the Transfiguration from the Christ»

Yalta, 2002



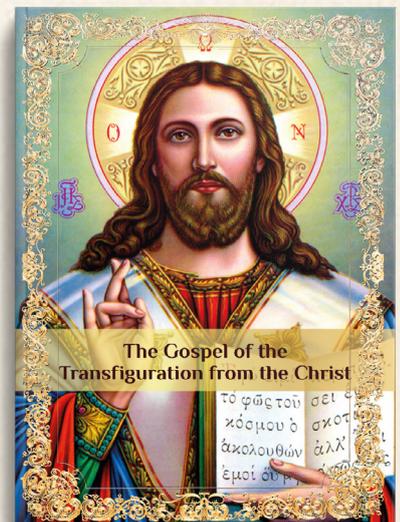
Pages:



Information received by Oris during direct Contact with the Christ Consciousness on August 19, 2000 and published by him on January 7, 2002

CONTENTS:

God's Word about the Transfiguration
 God's Word about Love
 God's Word about Wisdom
 God's Word about Death
 God's Word about the enemy of the human race
 God's Word about suffering
 God's Word about non-judgment
 God's Word about Faith
 God's Word about Repentance
 God's Word to My faithful ones
 God's Word about the Salvation of the Soul



2000 – 2008

Book series «Working notes»

In this book series are being published Oris's working notes made during his work on the book series called «lissiidi». Most of information outlined in these 4 books did not eventually make it into the final version of «lissiidi» series, hence it was decided to publish it separately.



«Chakram personalities and their influence on incarnated consciousness»



Yalta, 2000



Pages:



The author describes the essence of the concept of «Chakram personalities» and their influence on human consciousness through the psychic centers (chakras).

CONTENTS:

Chakram personalities and their influence on the consciousness of incarnated person

Padma and flames

A person's time field and the structure of his bilateral connection with chakram personalities

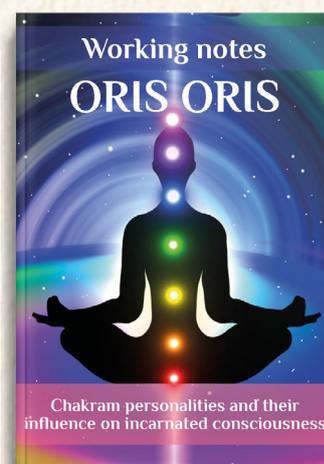
«You will not die, but you will change»

A new view on the human physical body

Spiritual and cosmic essence of a human

Significance of the vibrations of the tone names of the star-born for the acceleration of spiritual development

Chakram meditation



«Muladhara chakra (Argllaamuni-lissiidi)»



Yalta, 2000

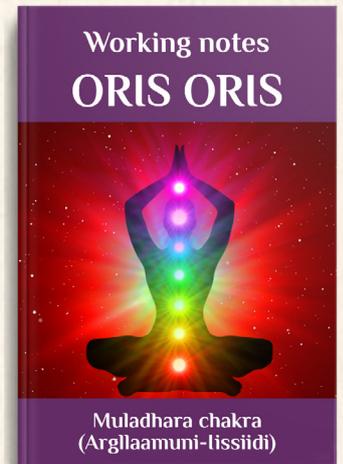


Pages:

Functionally, the Argllaamuni-center (Muladhara) is closely connected with the psychological abilities of the physical body, which provide survival of the physical body and protection of a person from unfavorable external influences. A big role in the activation of the whole immune system belongs to this lower center. Its normal functioning gives a sense of physical health, well-being, self-confidence and stability.



Imbalance and all kinds of muladhara «breakdowns» in the Aura, lead to the constant outflow of these energies and can cause a feel of insecurity, deep depression, lack of willpower, a sharp decline and energy loss, increased soreness in the lower and middle parts of the body, despondency and melancholy. This is particularly typical for those, who have not yet opened the karmic channels of the heart center or if karmic channels of the heart center are very weakly activated, which in order to switch the person to completely higher, spiritual levels of feeling and thinking. In such cases a person loses the purpose of his Life, as if he loses his roots and, purely intuitively, following the consciousnesses of the organs and body systems, completely surrenders himself to the satisfaction of his own lower desires in order to replenish the energies of the Argllaamuni center.



CONTENTS:

Muladhara chakra (Argllaamuni-lissiidi)

The colors, hues, and swirl sounds of Argllaamuni

The influence of the chakram mantra onto the consciousness and life of a person

Influence of word and music vibrations onto consciousness

Peculiarities of the geometry of Argllaamuni space

The «Lord» of the chakram

The specifics of the relationship of an incarnate person with the fragmented consciousnesses of the Argllaamuni-lissiidi

Qualitative Characteristics of the Levels of Fragmented Consciousnesses of Argllaamuni- lissiidi from first through seventh qualitative levels of Argllaamuni energies

Consciousnesses of the First Qualitative Level of Argllaamuni Energies

Consciousnesses of the Second Qualitative Level of Argllaamuni Energies

Consciousnesses of the Third Qualitative Level of Argllaamuni Energies

Consciousnesses of the Fourth Qualitative Level of Argllaamuni Energies

Consciousnesses of the Fifth Qualitative Level of Argllaamuni Energies

Consciousnesses of the Sixth Qualitative Level of Argllaamuni Energies

Consciousnesses of the Seventh Qualitative Level of Argllaamuni Energies

Work Methodology with Argllaamuni-lissiidi Chakram Personality

About the discharge of negative emotions





«Svadhithana chakra (Inglimilissa-lissiidi)»

Yalta, 2000



Pages:



The weaknesses of our sex education have led to the fact that most people, even if they feel a deep sensual attraction, instead of beginning a heartfelt spiritual exploration of each other in the process of intimate interaction and accumulation of sexual energy, instead, close their heart centers and turn the unique opportunity of highly sensual admiration into a trivial sexual act.

Unfortunately, the creators of the lower-astral and dense-material types of Reality benefit greatly from the fact that the prevailing majority of people completely incorrectly and perversely understand the very essence of SEXUAL INTERACTION. Sexual interaction in fact is a spiritual intimate process which, if properly understood, contributes to a stronger contact between a person and his inner Essence and contributes to a more highly-sensual and deeply soulful manifestation of the person.

Love is the real Symbol of the Age of Transfiguration that is coming on Earth! And the mysterious «sacred key» to the Gate of Spiritual Transformation is not somewhere in the cosmic infinity and unfathomable unknown, beyond our psychic capabilities, but in fact is located quite «nearby», or rather, in our own heart center AIGLILLIA, which is filled with the highest vibrations of Love literally towards every manifested aspect of the Life around us, including the strongest of all – the sexual one.

CONTENTS:

Svadhithana-chakra (Inglimilissa-lissiidi)

Mandala of Inglimilissa and its cosmic essence

Twelve-year chakram cycles

Sex and Astro-travel

Some notes for the section «Interaction of the sexes»

Some notes for the section «Sex and the pathological features of individual physiology»

Family, Sex and Spiritual Development

The technique of sexual-hearty transmutation of chakram energies

Sexual transmutation without a partner

Sexual transmutation with any partner

Sexual transmutation through watching erotic movies

Sexual transmutation with a loved one

A brief description of the main qualities of fragmented Consciousnesses Inglim-



ilissa-lissiidi from first through seventh Energy-Informational Levels of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the FIRST Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the SECOND Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the THIRD Energy-Informational Level of Realities of Inglmilissa-lissiidi

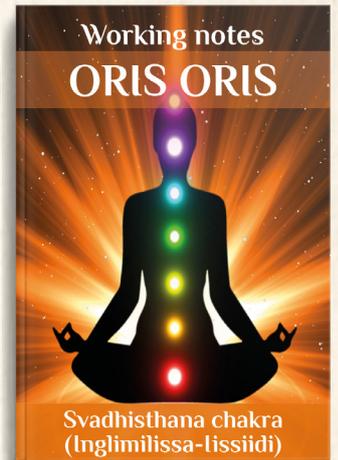
A Brief Characteristic of the Basic Qualities of Fragmented Consciousnesses of the FOURTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the FIFTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the SIXTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of Fragmented Consciousnesses of the SEVENTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

Methods for sustained alienation of self-embedded Chakram Consciousnesses from own astrosome



«Anahata chakra (Aigllilliaa-lissiidi)»

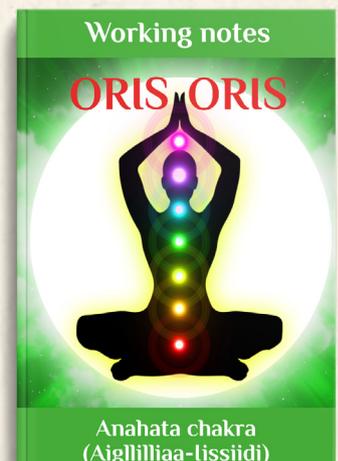


Yalta, 2000

Pages:



Oris describes his reflections about the so-called Anahat states and deepens the concepts of Kindness and Love, revealing their different shades depending on the presence of a greater or lesser selfish component in each of such manifestations.



Book series «ISSIIDL»

This series of books, from the first to the last pages, includes the most unique in meaning and the most important information, accepted by Oris after the year 2000 during his next direct Contacts with the Creators of Humanity: Algellis (Argllaamuni and Inglmilissa iissiidi centers), lillgmmii-I, (Aigllilliaa and Orlaaktor iissiidi) Lua-Andis (Ulgluu and Ssaassfati iissiidi), Greyli-Vin (Olgoolloni and Aani lissiidi), Slliargsmiii (Raaklima and Uluuguma lissiidi), Sslaaiingsa (Svaagali and Eyyaaa lissiidi) and Ssniillgsa. These Cosmic Entities represent personal Interpretations of Oris at the levels of the collective Subconsciousness, Supraconsciousness, Ultraconsciousness, Superconsciousness, Hyperconsciousness, Proconsciousness and Protoconsciousness. The detailed Knowledge of such a high Buddhist level, for many evolutionary reasons, has never before was accessible to humans or even the spiritual Initiates of the 3-4 Planetary Initiations.

Only because of the spiritual transformations which have intensively begun on Earth and because of the preparation of the collective Consciousness of mankind for the act of Transfiguration this Knowledge is now being transmitted to those of earthmen who are ALREADY spiritually mature for its proper understanding and comprehension and who are eager to use it to continue their further Path of mastering and accumulating the entire experience of incarnated earthly existence as swiftly and as effectively as possible.

In none of the astral or written sources on our planet there is even a mention or a distant analogy of this Teaching, because the degree of admission to it requires from the spiritual seeker an active self-discovery and prolonged experience of conscious existence at the causal-buddhich level, as well as an experience of being outside the physical shell for long time.

Oris deliberately integrated all the Knowledge he received - the «Teaching about chakram personalities» - only onto the highest ajna-vishuddha levels of the collective Consciousness of the planet, because further adaptation of these highly spiritual codes to the generally accessible understanding would lead to a significant decrease in their degree of authenticity. Therefore this information can be productively assimilated only by people with actively developed over diaphragmatic psychic centers. For them and ONLY FOR THEM the Spiritual Teachers from Pleiades transmit this newest spiritual Teaching.





Book 1. «The teaching of what does not exist, but what is the most real»



Yalta, 2001
Pages: 159

CONTENTS:

From the author
 Illusions and metamorphosis of the Universe
 Objective realities of the Earth
 «There is a lot of us, but we are one»
 Chakrams of the Soul
 The twelve energy-informational levels
 Twelve types of Energy-Matter
 The twelve main Chakrams
 Spiritual-synthesizing role of Kundalini energies
 The Cosmic-transforming essence of the «Nadi» channels



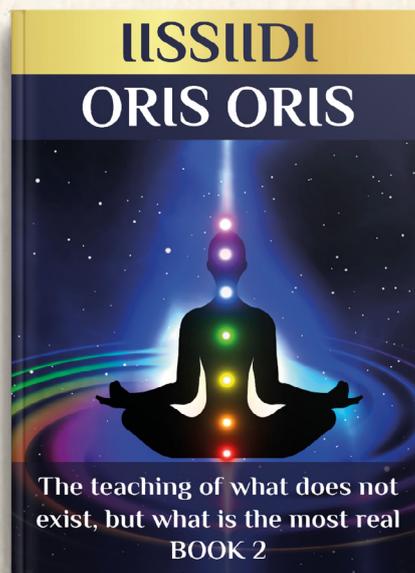
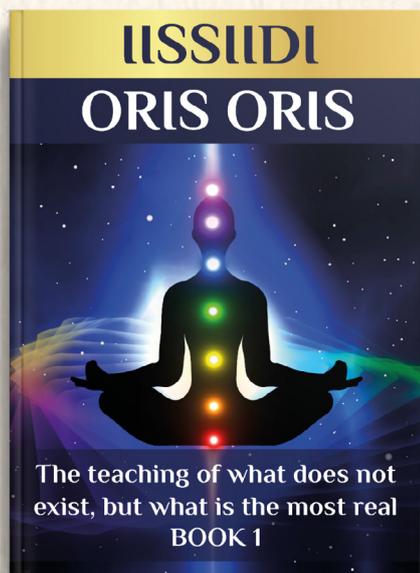
Book 2. «The teaching of what does not exist, but what is the most real»



Yalta, 2003
Pages: 137

CONTENTS:

The Spiritual-Cosmic Essence of human
 Chakram personalities and their influence on human Consciousness
 Padma and flames



 **ИССИДИ. «The teaching of what does not exist, but what is the most real». Dictionary**

Yalta, 2003

Pages: 150

 **ИССИДИ. «The teaching of what does not exist, but what is the most real». Dictionary. Annex**

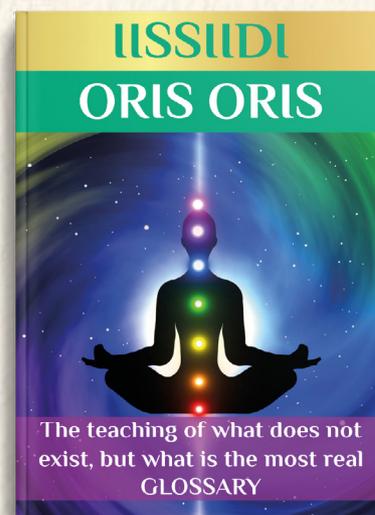
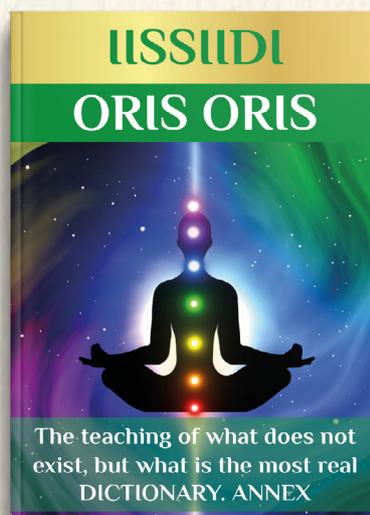
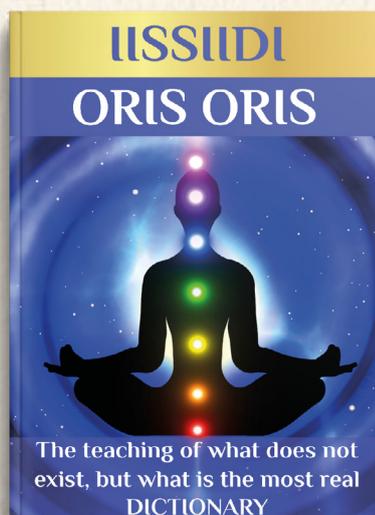
Yalta, 2003

Pages: 55

 **ИССИДИ. «The teaching of what does not exist, but what is the most real». Glossary**

Yalta, 2003

Pages: 25



«The Great Message»

In 2006 two volumes of Oris's books were published, reflecting the results of his further Contacts with the Teachers of Humanity, which represent the highest personal Interpretations of his Ultraconsciousness and Superconsciousness, under the general title «The Great Message». Its contents marked the beginning of the creative stage of work with information of a principally new, more qualitative level.

As a result of numerous answers to reader's questions on the materials of these volumes a new series of books «Immortality is accessible to everyone» was published as part of the Issiidiological Knowledge - the newest spiritual-cosmological conceptions about the Universe and the human being.





The Great Message – Part 1 «AYFAAR»

Yalta, 2006

Pages: 507

CONTENTS:

Connecting Consciousness to the «ISSIIDI Teaching»

Illusions and metamorphosis of the Universe

DDIUYI (The Universe)

The energy-plasmic and space-time structure of the Universe

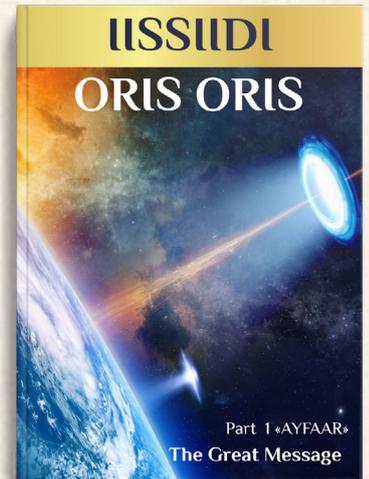
Ayfaar (The Higher Intelligence of the DDIUYI)

TLAASSMA-A (The Cosmic Spirit)

SSMYYSMAA-A (The «Soul-Analogue» of Cosmic Spirit)

GOOLGAMAA-A (The Soul-Aspect)

LLUU-VVU («human personality»)



The Great Message – Part 2 «SLUI-SLUU»

Yalta, 2007

Pages: 498

CONTENTS:

Connecting Consciousness to the «ISSIIDI Teachings»

Illusions and metamorphosis of the Universe

Universal Cosmic Laws

All-Unity of Multiplicity

Individual Forms of creative «personalities» SLUI-SLUU, realized through

ISSIIDI-Centers of AIY-YYA

Cosmic Classification of the Forms of Creative Realization AIY-YYA

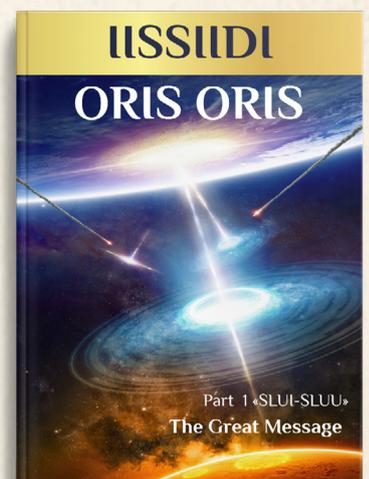
Brief Characteristics of Some Forms of Creative Realization
of LLUU-VVU

Brief Characteristics of Some Forms of Creative Realization
of AIY-YYA

LLAA-GRUAA, FFLATTMA, and GLOA

ILLGRII-TO-O

LAANGH-KRUUM, UUN-GLIIRIDA, OOL-GOO-LTR



Book series «My Covenant»

(New title - Volumes 7 and 8 of the series «lissidiology Fundamentals»)

Pages: 1,469

From 2001 to 2022 Oris has written over 1600 song lyrics to popular tunes of the 20th and 21st centuries. The first 555 songs were combined in two collections called «My Testament». The lyrics of all subsequent songs are published on the Ayfaar Songs website ayfaarpesni.org.

These songs tune to a positive perception of life circumstances, an altruistic way of life and unconditional love for everything, as well as a deep understanding of the fact that everything that happens to a person as a good thing.



My Covenant 1

Yalta, 2002

CONTENTS:

A word from the author

Texts to the most popular songs of the 20th century

Let's Sing a Song in Love and Light!

Songs that revive the Star Memory

Let the Songs of Ayfaar be heard!



My Covenant 2

Yalta, 2002

CONTENTS:

Preface

Texts to the most popular tunes of the 20th century

Songs that revive the Star Memory

Let the Songs of Ayfaar be heard!



2009 – 2022

Book series «lissiidiology»

From 2009 to the present, Oris has been working on the book series called «lissiidiology».

This series consists of the following books:

- lissiidiology Fundamentals (Volumes 1-6)
- Texts of Ayfaar Songs (Volumes 7-8, previously published under the general title «My Covenant»)
- Dictionary of terms (Volume 9)
- «Immortality is Available to Everyone» (Volumes 10-15),
- «Commentaries to the Fundamentals» (vols. 16-20), which were compiled from the author's written answers to reader's questions
- «Kollokviums on Fundamental Concepts» (volumes 21-22), compiled from the author's oral answers to various lissiidiology questions

This book series is being continually updated with new Oris's answers to reader's questions, which are being subsequently formed into new lissiidiology volumes or added to existing volumes according to their subject.

This series of books reflects the author's latest iissiidiological insights, which deepen, expand and supplement the information published in the previous book series «lissiidi».



LISSIIDIOLGY



Volume 9. Glossary of terms

Moscow, 2010

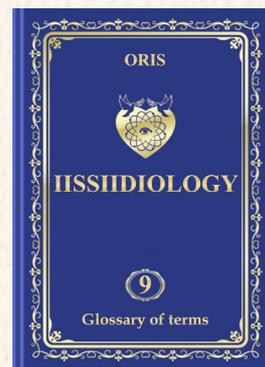
Pages: 725

IISSIIDIOLOGY terminology has its own individual specificity of spelling.

Also, each of the terms includes a much deeper meaning than might seem at first glance, because it is rooted in more qualitative levels of this Knowledge, which, without sufficiently developed extrasensory abilities, is not yet available for access to the current creative dynamics of the Self-Consciousness of an average person.

This publication contains only short vocabulary articles to facilitate the process of understanding the material, at least at the most elementary level. More detailed information on each of the terms can be found in other lissidiology books.

Some terms are very difficult to describe and have absolutely no analogues in the habitual human associative perception, so it is an extremely difficult task for the Author to formulate a dictionary article within the limits of an ordinary person's comprehension.



Volume 10. Immortality is accessible to everyone. «Fundamental Principles of Immortality»

Moscow, 2010

Pages: 521

In this book, Oris continues to give full answers to inmost and fundamental questions of cosmic and human existence: about Earth and universal destinies, the nature of life and death, Soul and God, good and evil, about our relations with one another, the nature of Space-Time and how the entire visible and invisible-to-us reality is formed. The Universal Knowledge given by Oris offers the fundamentals of a new and unique world view for all of us. It allows us to penetrate the mystery of eternal existence to an extent inaccessible before, reasonably and substantially solving the problems therein, offering convincing answers which are not available in any religious world view, philosophical movement or scientific theory. Oris's Information expands the limits of human experience and perception literally to infinity!

CONTENTS:

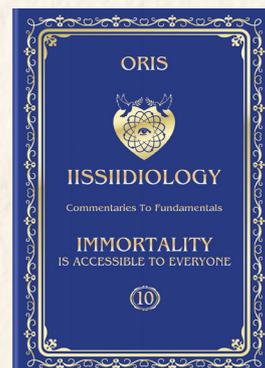
Preface. About IISSIIDIOLOGY

Editor's Foreword

Proofreader's Foreword

SECTION I. Fundamental principles of Immortality in the system of «personalized» Perception

SECTION II. The newest spiritual-cosmological Conceptions of the Universe and the human being



- SECTION III. A brief description of the main principles of energy-information structuring of multidimensional creative dynamics of the variable ethereal component of LLUU-VVU-Forms
- SECTION IV. The newest Conceptions of dynamics of energy-information structures of Creation
- SECTION V. Each of us has a great number of Destinies
- SECTION VI. Peculiarities of functioning of space-time and energy-information structures of «personalized» Self-Consciousness



Volume 11. Immortality is accessible to everyone.



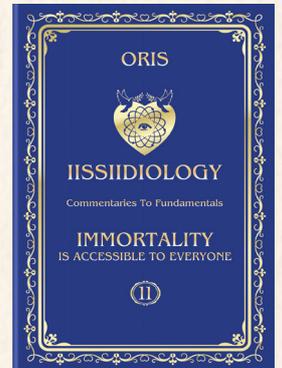
«Energy and biological mechanisms of refocusing of Self-Consciousness»

Moscow, 2010



Pages: 691

In the first Chapter of Volume, Oris describes in detail functioning of Formo-Creators of the brain, how the memory is accessed, how biological structures of the brain are associated with energy-informational structures of Self-Consciousness, how various Self-Consciousness Levels are differentiated and reprojected at the moment of so-called «Death». This Chapter also describes functioning of «the intestinal brain», how it becomes possible to cure at a distance (the technique of ethereal projection), gives the meaning of the esoteric term the «Astral Plane» from the point of view of lissidiology.



The second Chapter tells us that biological Forms can exist in different Continuums and explains the interrelationship between our lifespan and quality of active Levels of our Self-Consciousness. It also provides information on the following subjects: it is possible to «live one's Life many times» in higher-quality scenarios, cycles of changing male and female manifestations within the structure of a multi-dimensional human Form, physical principles of organization of higher-frequency levels of the Universal Reality with a detailed description of the nature of boson and fermion fields, and types of particles that are carriers of such interaction.

CONTENTS:

Preface

- SECTION VII. Objective mechanisms of a phenomenal manifestation of the Illusion of «Death» of any «personality» in the dynamics of Formo-systems of the Worlds
- SECTION VII. Duration of existence of «a human personality» as the continuous dynamics of manifestation of different-qualitative NUU-VVU-Forms in Space-Time



Volume 12. Immortality is accessible to everyone. **«The Noo-time dynamics of the Universal Focus of Self-Consciousness»**

Moscow, 2011

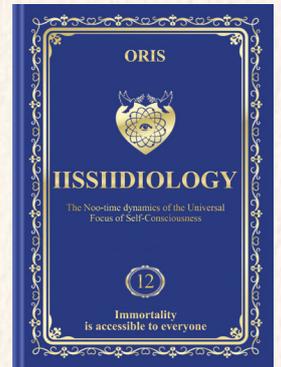
Pages: 733

Volume 12 is devoted to the diversity of the Self-consciousness manifestation forms in the infinite variety of the Form-Systems of the Worlds. Tell me, what do you know about the universal properties of Space and Time? About the illusory nature of our existence? About the Essence of «development» of each «personality»? It's not easy to answer any of these age-old questions.

But Oris, with all possible detail and thoroughly, goes on to answer not only these, but many other equally urgent and vital questions that trouble us and compel every seeker to learn, to give up something, and to gain something...

CONTENTS:

- SECTION IX. Possibilities of extending Life through another Form
- SECTION X. UU-VVU and Stereo-Types of LLUU-VVU-Forms
- SECTION XI. Interrelationships of a «personality», UU-VVU-Forms and their Form-Copies in the Form-Systems of Worlds and OL-LACT-DRUOTMM-Systems



Volume 13. Immortality is accessible to everyone. **«Psychogenetic conditionality of the manifestation of the «human» form»**

Moscow, 2011

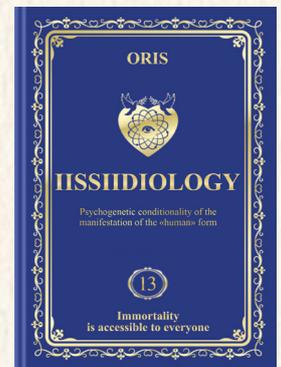
Pages: 700

In the 13th volume of the commentaries, Oris answers the vital questions of mental and physical health, medicine, psychology, psychiatry, genetics, somnology, pharmacology, and reveals the psychogenetic features of the manifestation of the «human» Form.

Our biological Existence is a continuous process - when we feel, think and experience something, we immediately become part of those groups of the Worlds, Realities and Continuums whose synthetic dynamics correspond exactly to the quality of these infinite processes.

CONTENTS:

- SECTION XII. The influence of the fear of «Death» on the effectiveness and quality of Self-Consciousness Refocuses
- SECTION XIII. The different-qualitative Dynamics of the Form-Creators of Self-Consciousness is the main Principle of Refocusing



SECTION XIV. Form-copies, UU-VVU conglomerates, factor Axes and DNA

SECTION XV. The experience of subjective experience of «terminal» illnesses, preagonal states and dreams

Volume 14. Immortality is accessible to everyone. **«The Principles of rezonance of Self-Consciousness structures»**

Moscow, 2011

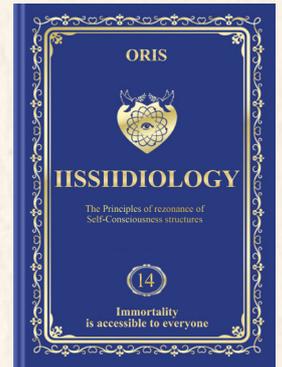
Pages: 798

In this volume the author allows the reader to delve into the subtlest and most complex mechanisms of its manifestation details of synthetic formation processes not only in the three-dimensional range of Energy Plasma, but also in all the multidimensionality of energy-information structures of the universe.

Every reader with an inquisitive mind and an appetite for knowledge will discover the mysteries of the physical laws of our material reality and the mechanisms of dimensional formation of spatial and temporal structures of the inertial ranges of the universe.

CONTENTS:

- SECTION XVI. The synthetic dynamics of Thought-Forms, Sense-Forms, and SFUURMM-Forms (unstable Karmo-Forms)
- SECTION XVII. Influence of causal processes of Self-consciousness onto the dynamics of the manifestation of the Forms of the surrounding reality
- SECTION XVIII. GLEIIYO- and UDDVOO-types of dimensions, Worlds, their antipodes and «anti-Worlds»

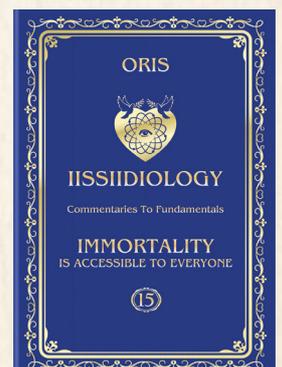


Volume 15. Immortality is accessible to everyone. **«The Conscious Path to Human Worlds of «personal» Immortality»**

Moscow, 2012

Pages: 648

«The Conscious Path to the Human Worlds of «personal» Immortality» - this is the name of the new volume from ORIS book cycle «Immortality is accessible to everyone». At first glance, this may seem like an invitation to a philosophical contemplation. But by appealing to his devoted readers, the author hopes for the consideration and perception of this issue in a broader or, if you like, deeper understanding. Philosophical concepts offer to us only sensory-contemplative,



mostly associative images regarding a particular issue. The author, however, presents in this work, as a logical continuation of previous volumes, a detailed consideration of the practical prospects for the development of a personality into a true Human, who explores his own spirituality.

In addition to the mechanisms of working with own Self-Consciousness, which will lead people as Humans to «personal» conscious Immortality, ORIS describes the «Worlds of our Future», the prospects for the manifestation of the coming times. And in order for everyone to develop an understanding of their own Path, a comprehension of the choice of their spiritual development, the author not only describes «bright» prospects, but also specifies in detail the obstacles that each of us may face and, by not noticing or not determining the nature of which, to unconsciously, under the influence of particular reasons, deviate from the development in the Human direction.

With the help of this book, you will be able to determine the qualities that are truly inherent in people, and you can finally figure out how to form in yourself these qualities that are truly Human - with a capital letter. Having experienced what a highly sensual Intellect is, you will then understand why only with the help of highly intellectual Altruism you can find the Path to the cherished Goal of your spiritual future!

CONTENTS:

- SECTION XIX. Obstacles on the path of realization of «individual» Immortality
- SECTION XX. The Specific States of uoldmiism (high-sensual Intellect) and stollmiism (High-Intellectual Altruism) synthesized in the Human (lluuvvumic) development Direction
- SECTION XXI. Specificities of lluuvvumic transformation of human features
- SECTION XXII. Our «future» Worlds. Perspectives of the approaching times



Volume 1. lissidiology Fundamentals.



«Interaction of Information and Energy as the Primary Cause for origination of the Creative Activity of Self-Consciousness Focus and the Macrocosmos in whole»



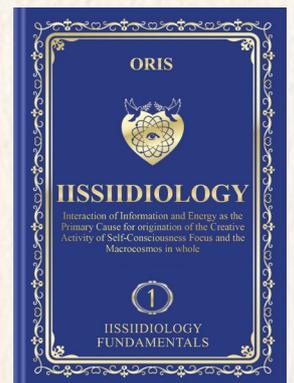
Moscow 2013



Pages: 312

This book presents the beginning of an overall 20-volume information series titled «The Great Message», which consists of «IIS-SIIDIOLOGY. Fundamentals», «Commentaries to Fundamentals» and author's Song lyrics with a highly-spiritual content written to popular and all-loved melodies.

From the very beginning, the author pinpoints the reader's atten-



tion upon fundamental notions of IISSIIDIOLOGY starting from basic, axiomatic Conceptions. The book contains the newest interpretation of formation of the outer reality based on the Self-Consciousness's Focus Dynamics as the main functional mechanism of the Macrocosmos's Creative Activity. A detailed comparison of the author's hypotheses with existing scientific conceptions allows to draw parallels with the current worldviews about nature, space, time, energy and to find the ways for their radical transformation and potential development.

In this volume, the author introduces the conceptual foundation necessary for an adequate understanding of all other IISSIIDIOLOGY books of this series. Hierarchy of Self-Consciousness Levels, dimensional differentiation of manifestation Forms, classification of elementary (and other) particles as structural components of the Universal Plasmic-Differentiation Emission, information theory of the formation of Energy in the Macrocosmos are described in order to form necessary notions that will serve as the basis for further more complex iissiidiological Categories: Universal Cosmic Laws and their Principles, Diapasons of Plasmic Forces, Evolutional and Involutional Branches of development, and many others. The first volume of Fundamentals is the required minimum for any reader who wants to thoroughly study iissiidiological conceptions.

CONTENTS:

Intuition and its role in scientific cognition

iissiidiology, its goals, objectives and perspectives in the development of humankind

Author's Foreword

SECTION I. Integral concepts that form the basis of iissiidiological Notions

SECTION II. The multilevel structure of Self-Consciousness

SECTION III. Energy and different-qualitative Levels of manifestation of Self-Consciousnesses Forms that form various types of «materiality» (...doollses — waves — flakses...)

SECTION IV. Energy-Plasma as a transcendental basis of interaction between Energy and Information within the structures of the Macrocosmos



Volume 2. iissiidiology Fundamentals.



«Cosmic Qualities as the Basis for energy-informational manifestation of all the Form-systems of Macrocosmos»



Moscow, 2013

Pages: 662

Many scientists may consider this volume of «Fundamentals of IISSIIDIOLOGY», as well as all the other books of this twenty-volume series titled «The Great Message», no more than «science fiction» — each of us has the right to believe in what is the most convincing. However, every intelligent person who possesses at least



the rudiments of cognitive intuition can discover in this information those more Qualitative characteristics of the objective truth, thanks to which continuous eglleroliftive Amplification of all Self-Consciousnesses Forms is carried out.

Catastrophism periodically appearing in the process of human self-cognition is always accompanied by the radical breaking of many old Conceptions, which by its radicalism surpasses greatly all theoretical forecasts. Fanatical belief in dogmas and postulates established once, as well as the clear tendency for idolatry — these are obvious characteristics of degradation and regression that converge modern academic science with paganish religion. Yet, the eglleroliftive Amplification process and harmonious evolution both of a separate personality and human population in general is impossible without breaking down old stereotypes and establishing — on the basis of deep cognition of Wisdom of previous and future generations — much more universal conceptions about ourselves and our surrounding reality.

This uneasy, but grandiose on its depth and scale Task of prompt and Qualitative transformation of human community is assigned by the Evolution Itself to the universal knowledge of IISSIIDIOLOGY, absolutely new to people, which is received for the first time and entirely by one person only by means of the intuitive way of cognition. We offer you to find out more about its newest fundamental Conceptions in the second volume.

Besides, the IISSIIDIOLOGY offers to Collective Consciousness of humankind a totally new paradigm that gives new and fresh view of the multitude of clinical phenomena studied by psychotherapists. It gives a theoretical model for understanding the changes in the mentality of a patient and the hope on clarifying mechanisms of effectiveness of psychotherapeutic method.

CONTENTS:

About lissiidiology

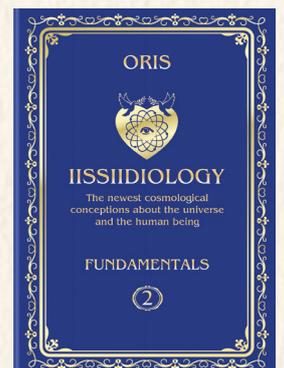
lissiidiology: From a Cell to a Universe

SECTION V. Transcendental nature of Cosmic Qualities and Principles of Their transmutation into Creative Cosmic States

SECTION VI. Sll oogrent interconnections of Form-systems of personal Worlds with Universums of Macrococosmos

SECTION VII. Universal rhythms of Focus Dynamics of The Highest Cosmic Intelligence AYFAAR

SECTION VIII. Eglleroliftive tendencies of Universes. Universal Focus Effect of Self-Consciousness or the newest viewpoint on the Big Bang theory





Volume 3. ISSIIDIOLGY Fundamentals.



«Variety of Forms of Creative Realization of the Cosmic Human»



Moscow, 2014

Pages: 780



The third volume of «ISSIIDIOLGY Fundamentals» allows readers to go deeper into yet completely unexplored by us structures that provide functioning of human Self-Consciousness and its interconnections with Self-Consciousnesses Forms focused by it. First two volumes of «ISSIIDIOLGY Fundamentals» thoroughly describe the deep Nature of Causes and Mechanisms of Creative Activity of everything manifested in multidimensional and different-Qualitative Macrocosmos, including also qualitative Basis of Focus Dynamics of Form-Creators of Universal Structures. The third volume in its turn focuses on the detailed description of basic Principles of exiberation of Human and other Self-Consciousnesses Forms in all the diversity of different-dimensional diapasons of the Tertiary Illusion.

To allow the reader to fully comprehend the essence of the notion «Self-Consciousness Form,» the author describes realization functions of these structures at the example of subjective formation — as a result of life creativity of every personality — of so called personalistic Worlds, which goes far beyond existing scientific notions about the surrounding reality and peculiarities of interaction between Forms structuring it, whether it is a human, a planet, or an elementary particle. Furthermore, he describes different-dimensional variety of Forms of Iluuvvumic Direction of development and characteristics of focal realization of Humankind Collective Cosmic Intelligence as a unified the LLUU-VVU-Entity.

The third volume ends with a detailed description of multi-level manifestation of Plasmic Forces Diapasons of our Universe, which are described from a position of their subjective interpretation through the specific peculiarities of human Perception systems. Endless inner transformations of Universal Illusion, as mechanisms of evolutional growth of the Cosmic Human on its Way to its Universal Future, lets inquisitive readers to form in their Self-Consciousness own highly intuitive conceptions about endless varieties of all possible variants of development, where goes the process of eternal multidimensional Existence of every human personality.

CONTENTS:

- SECTION IX. Personalistic World as Self-Consciousness Form
- Chapter 1. Multitude of personalistic Worlds and sensibleness of Perception
 - Chapter 2. The realization Principle of the Mechanism of NUU-VVU-Form-Types wave analog's exiberation from f-Configurations of doolls and flaks Self-Consciousnesses Forms
 - Chapter 3. The Principles of exiberation of different-Qualitative



- SFUURMM-Forms in 3–4-dimensional World's Form-systems
- Chapter 4. Implementation of surrounding us subjective Reality is carried out through generations of Self-Consciousnesses Forms of elementary particles
- Chapter 5. Integration of rotational Cycles and formation of unified World's Form-system
- Chapter 6. Quantum of Energy-Information. The Principles of interaction of personalistic Worlds through Focus Dynamics of different «personalities»
- Chapter 7. Self-Consciousness is the Mechanism of realization of properties of Energy-Plasma through peculiarities of personalistic Worlds
- Chapter 8. Sporadic Worlds
- Chapter 9. Influence of SFUURMM-Forms of sporadic Worlds on the process of formation of SFUURMM-Forms of personalistic World
- Chapter 10. Formation of different Directions of development in the groups of human STCs based on different-Qualitative interactions between SFUURMM-Forms of all the multitude of personalistic Worlds
- Chapter 11. The Mechanisms of the formation of stable illusion of surrounding reality in Focus Dynamics of Self-Consciousness of «personality»

SECTION X. Influence of the Diffuzgentness Principle on the process of Focus Dynamics formation of Form-Creators of the Iluuvvumic Synthesis Scheme

- Chapter 1. Vibrational different-leveled Nature of Energy-Plasma
- Chapter 2. Variety of Self-Consciousnesses Forms structuring Iluuvvumic birvularity type
- Chapter 3. Info-Creators and Form-Creators of aiyyaiaic birvularity type
- Chapter 4. Subterransive classification of LLUUVVU-Form
- Chapter 5. Characteristics of the Primogenitive Transcendent Constituent

SECTION XI. LLUU-VVU as integration of realizational Focus Dynamics of the multitude of different-Qualitative Self-Consciousnesses Forms

- Chapter 1. Info-Creators of Ethereal (informational) Component of FLAAGG-TUU
- Chapter 2. Characteristics of amitsissimal and confective SSS-States
- Chapter 3. United Idiopathic SS-TOO-IIYS-SSS-Ingredient of Macrocosmos
- Chapter 4. Some subjective criteria of affiliation of Self-Consciousnesses



Forms to simultaneous focal realization of Collective Cosmic Intelligence of the LLUU-VVU-Entity

Chapter 5. Form-differentiating Temporal shells of NUU-VVU-Form-Types

Chapter 6. Astropasmic lital temporal ethereal constituent of NUU-VVU-Form-Types FDTs (SVUULLMII-SVUU-VVU)

Chapter 7. Mental-plasmic lital temporal ethereal constituent of NUU-VVU-Form-Types FDTs (LUUDMII-SVUU-VVU)

Chapter 8. Other ampliative Bodies and Forms of the LLUU-VVU-Entity

SECTION XII. Ethereal-focal structure of Plasmic Forces Diapasons

Chapter 1. Complex-Plans, Plan-Levels, Plan Overtones, and interconnections between them

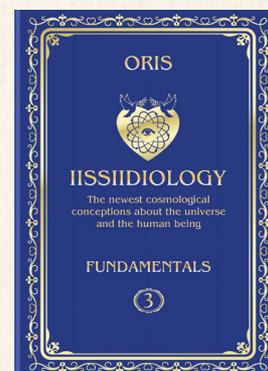
Chapter 2. Interconnections between Cosmic Qualities at manifestation in different Levels of Energy-Plasma

Chapter 3. «SECTORS,» «SUB-SECTORS,» «FLOWS,» and «RAYS» of combinations of Pure Cosmic Qualities. The General Principle of the formation of Universal Karma

Chapter 4. Inter-Galactic e Complex-Plans. SSUU-SS-VUU-Creativity Spheres of AIY-YYA-Entity

Chapter 5. Cosmic Plan-Levels. NAA-GLLII-UU-Creativity Spheres of AIY-YYA-Entity

Chapter 6. Plan-Overtones of Fields-Consciousnesses. The simplest focal-ethereal «projections» of EIYG-SS-MII- Creativity Sphere of AIY-YYA-Entity



Volume 4. lissidiology Fundamentals.



«Structure and Laws of implementation of Macrocosmos skrruullerrt system energy-informational dynamics»

Moscow, 2015

Pages: 748

In the beginning of the volume, the author recalls generation principles and mechanisms of the human subjective Realities, explains interconnections between the Tertiary and the Secondary Illusions Form-Creators, while describing thoroughly Fields-Consciousnesses structure, defines birvulyarity and its Qualitativeness types conception. The main part of the volume is devoted to description of the Reasons and principles of the Universe Cosmic Entity Focus Dynamics, various energo-informational structures of Its Self-Consciousness, and also to disclosure of SFUURMM-Forms human-type realization process and Form-Creators Focus Dynamics amplificalional aggradation process.

This volume concludes with summarizing, integration of everything described



— with Information about Universal Cosmic Laws and Their Principles providing fundamental basis for generation of all Self-Consciousnesses Forms in Macrocosmos Tertiary, the Secondary, and the Primary Illusions.

CONTENTS:

- SECTION XIII. From Plan-Overtones of Fields-Consciousnesses to Form-Types of collective subjective Realities
- Chapter 1. The skrruullerrt system interstitial states between USIP-Initiation of Information and Its confectusness
 - Chapter 2. The different-Qualitative Process of amplificational Self-Cognition of all Collective Cosmic Intelligences and Their Self-Consciousnesses Forms
 - Chapter 3. Functional interconnections among various Cosmic Form-structures and Creators-PLASMOIDS
 - Chapter 4. Functional interconnections between Form-Creators of Self-Consciousnesses Forms of Plan-Overtones and Subplan-Overtones of Fields-Consciousnesses
 - Chapter 5. Physical Plan-Overtone of Fields-Consciousnesses (TRUURR-GURRDT)
 - Chapter 6. Astral (DLLAABLLA-SVUULLMII-I) and Mental (ASSFOLL-FOLDTS-UOLDMII-I) Plan-Overtones of Fields-Consciousnesses
 - Chapter 7. Overtones of Fields-Consciousnesses (VAALL-VAA-KKAA)
 - Chapter 8. Subovertones of Fields-Consciousnesses and principles of subterransive formation of collective subjective Realities
 - Chapter 9. Duplex-Spheres as the fundamental informational base for generation of collective subjective Realities
 - Chapter 10. About simultaneous implementation of different-Qualitative development Directions in multipolarization of Focus Dynamics
- SECTION XIV. The Universe is the result of focal realization of SFUURMM-Forms of Self-Consciousness of DDIIUYI-Entity
- Chapter 1. Three main constituent parts of Energy-Plasma forming Focus Dynamics of Form-Creators
 - Chapter 2. Complex-structured Nature of multiple manifestation of human personality
 - Chapter 3. Photoreductive Ether role in providing unpacking abilities of Focus Dynamics of heterogeneous Form-Creators
 - Chapter 4. Unity of the Main Life Forces as the base for consummatizational processes in Macrocosmos
 - Chapter 5. Thoughts, Feelings, and Desires informational Nature and their silloogrent implementation through Ideas
 - Chapter 6. Formation principles of the causal base of Space-Time in the Tertiary Universal Illusion exhiberation conditions



Chapter 7. Eglleroliftive convergence mechanism of Focus Dynamics of Karmo-Forms

Chapter 8. Amitsirational reciprocity principle between Focus Dynamics of Form-Creators of various dimension Levels

SECTION XV. The nature of Universal Cosmic Entity

Chapter 1. Basic understanding of diverse Interpretations of an infinite variety of different-Qualitative Universal Entities

Chapter 2. Twenty-four conditional Branches of multipolarizational development of CCI of Amplificational and Qualitational Vectors

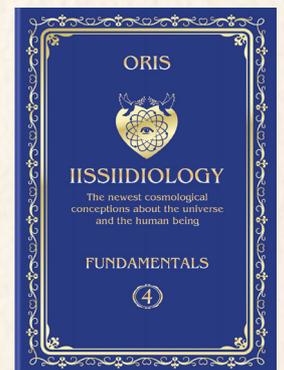
Chapter 3. Internous interconnections of Idiopathic TLAASSMA-A-Ingredient of DDIIUYYI-Entity with Its SSMIIYSMAA-A- and GOOL-GAMAA-A-Ingredients

Chapter 4. The organization of Holochrone transmission and modificational supplerization of Form-Creators Focus Dynamics of all Levels of Universal Illusion exhibition

SECTION XVI. Universal Cosmic Laws and Their Principles (SL-LOGSSLLOGS and SLLOOYYS-SLLOO)

Chapter 1. «Laws» and Principles multiform manifestation Transcendent Nature

Chapter 2. Some of the Cosmic «Laws» and Their Principles specification, Which provide universal organization of Focus Dynamics of Form-Creators in Iluuvvumic birvulyarity type

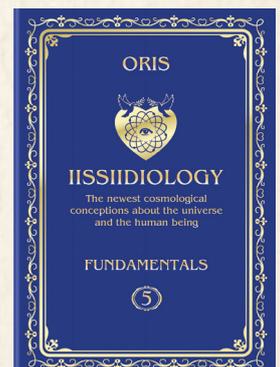


 **Volume 5. IISSIIDIOLOGY Fundamentals.**
«Basic creative possibilities of the realization of Iluuvvumic Creators in mixtum NUU-VVU Forms»


Moscow, 2017

Pages: 791

Thoughtful study of this material allows the reader to get a more objective idea of the material basis of idealism by developing, in particular, quantum theory of Consciousness on the example of «microtubule concept». The reader will also learn about chakram determinacy of Focus Dynamics of all Self-consciousness Forms, will get an understanding of primary connections of thought formation, will get unique information about informational-energy conditionality of ontogenesis and embryogenesis, pathogenesis in general and hereditary diseases in particular, and finally will discover the universal etiological model of one of the most complex human feelings - the feeling of love.



CONTENTS:

- SECTION XVII. Informational structures of human being as the biogenetic mechanisms basis of his Evolution
- Chapter 1. Vivaxes, Parvulas and other NTC's ethereal Constructions. Their role in the Experience transfer at different types of Self-Consciousnesses Form's revitalizations
 - Chapter 2. Genome, heredity, and the beginning of human embryo's Parvula formation
 - Chapter 3. Neurofibrils as the connecting functional basis between Info-Creators, «subterransive ODS», and biochemical activity of CNS bio-Creators
 - Chapter 4. The formation process of a «new» human's Parvula
 - Chapter 5. Parvula formation peculiarities in difficult pathology cases while fetation
 - Chapter 6. Functional role of vivaxes and vitalitases in energy-informational formation of the human «personality's» organism
 - Chapter 7. FATTMA-NAA-A-Articles and the other ethereal Ingredients as the main Source of amplificalional Self-Cognition
- SECTION XVIII. Energy-informational structures of human as the basis of his convergent Focus Dynamics
- Chapter 1. The IISSIIDI-Centers as the energy-informational basis of any human «personality's» Perception system functioning
 - Chapter 2. VLOOOMOOT and NNAASSMM are the realizational foundation for manifestation of any «personality's» Focus Dynamics
 - Chapter 3. SLUI-SLUU, SFUURMM-Forms, and Mechanism of their manifestation through functions of biological organism's Form-Creators of mixtum NUU-VVU-Form-Types
 - Chapter 4. Functionality of Creators of separate brain areas at «personality's» Focus of Close Attention dynamics organization
 - Chapter 5. The role of factor noo-time «axes» in the structure of causal «Channels» of the IISSIIDI-Centers
 - Chapter 6. Metamorphoses of subjective perception of slloogrent holochronness of the present: the «past» and the «future»
- SECTION XIX. Joint realization of Creators of the ARGLLAAMUNI- and INGLI-MILISSA-Centers through bio-Creators of human organism
- Chapter 1. Non-local Creative Activity of Self-Consciousnesses Form-Creators in the formation of biological Forms and their World's Form-systems
 - Chapter 2. Diffuzgent interchange of Conceptions as the cause of high protoformity in realizations of Form-Creators of the first pair of the IISSIIDI-Centers



- Chapter 3. Formation of LLUU-VVU-Entity's Synthesis Schemes on the basis of the LAANGH-KRUUM communication mechanism
- Chapter 4. Differences in bio-Creator's functions at realizations through unconscious and subconscious Levels of «personalized» Self-Consciousness
- Chapter 5. The role of DNA in creative activity organization of Form-Creators of the ARGLLAAMUNI-Center
- Chapter 6. Regulatory and interpreting functions of Gene Creators
- Chapter 7. Organization of biochemical interconnections between «personality's» psychic states and functions of Creators of separate brain structures
- Chapter 8. The role of the enteral nervous system Creators in formation of psychosomatics of mixtum Forms
- Chapter 9. Causal «Channels» of the first pair of the IISSIIDII-Centers
- Chapter 10. The biogenetic task of INGLIMILISSA-Center Creators in mixtum NUU-VVU-Form-Types
- Chapter 11. The role of hormones and transmitters in formation of social and «interpersonal» relationships
- Chapter 12. Biochemical and energy-informational principles of production of Thoughts, Feelings, and Desires

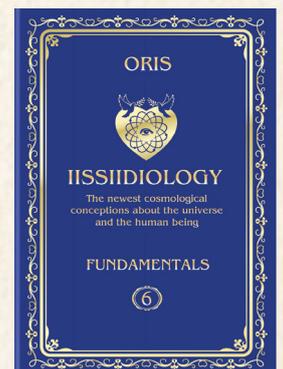
 **Volume 6. lissidiology Fundamentals.**
 **«Bioenergy processes of Self-Consciousness Focus Dynamics formation»**

Moscow, 2017

Pages: 772

This new volume of the series «lissidiology Fundamentals» is a reasonable consequence of consideration of biological mixtum NUU-VVU-Form-Types that was started in the previous volume. For our deeper understanding, it draws our attention even more at iissidiological approach to the matters, which are related discretely by contemporary scientific community to philosophic anthropology in general and to behavior theories of personality in particular.

At more objective, transcendent, gabitual (primordial, objectively deep) discussion, it becomes clear that the given material leads a reader maximally to objectivization of own conceptions about relations among personalized, unconscious, and subconscious levels of Self-Consciousness at the background of developing invizusal (imperceptible by our sensor systems and measuring devices) mechanisms of anatomy and brain neurophysiology, accompanied by dominant dynamics of



the first IISSIID-Centers pair.

CONTENTS:

Introduction.

- SECTION XX. Neuronal mechanisms of the interpretation of the Creative Activity of Form-Creators of Self-Consciousness in the CNS of biological human Forms
- Chapter 1. Biochemical activity of neuronal structures in organisms – the basis of Focus Dynamics ampliatization in the Iluuvvumic development Direction
 - Chapter 2. The specificity of the manifestation of mixtum NUU-VVU-Forms in the nutational conditions from the positions of interactions of brain neuronal structures
 - Chapter 3. Qualitative characteristics of various CNS parts
 - Chapter 4. Cortical layers of the brain
 - Chapter 5. Integrative sense of cognitive operations in the brain. Functional role of the frontal lobe
 - Chapter 6. Prefrontal cortex. General representation
 - Chapter 7. Orbitofrontal part of the prefrontal cortex
 - Chapter 8. Dorsomedial part of the prefrontal cortex
 - Chapter 9. Ventromedial part of the prefrontal cortex
 - Chapter 10. Dorsolateral area of the prefrontal cortex
 - Chapter 11. Ventrolateral area of the prefrontal cortex
 - Chapter 12. Temporal lobes of the cortex
 - Chapter 13. Cingular cortex
 - Chapter 14. Cerebellum
 - Chapter 15. Basal ganglia
 - Chapter 16. Mechanisms of generation of subjective recollections. Connection of Creators of the brain with the «subterransive ODS» and FLC
- SECTION XXI. The functional role of Form-Creators of the 3,4th and the highest pairs of the IISSIID-Centers in the development of our subterransive Self-Consciousness in various sub-Structures of the AIY-YYA-Entity
- Chapter 1. The functioning features of the Form-Creator's Focus Dynamics of the highest Planetary IISSIID-Centers
 - Chapter 2. The subcenter compensators system and its role in the Planetary IISSIID-Centers functioning
 - Chapter 3. The functioning features of the IISSIID-Center's Super-Planetary analogues



- SECTION XXII. Level-wise influence of GROOMPF-Creator's Fields Consciousnesses of ARGLLAAMUNI-IISSIIDI on our Focus Dynamics
- Chapter 1. Significance of GROOMPF- and PLIISSMA-Entities in formation of «human personality's» Interests
 - Chapter 2. Qualitative characteristics of the Levels of ARGLLAAMUNI-IISSIIDI's fragmented Consciousnesses
 - Chapter 3. Influence of fragmented Fields-Consciousnesses of the ARGLLAAMUNI-IISSIIDI first qualitative Level on the Focus Dynamics
 - Chapter 4. Influence of fragmented Fields-Consciousnesses of the ARGLLAAMUNI-IISSIIDI second qualitative Level on the Focus Dynamics
 - Chapter 5. Influence of fragmented Fields-Consciousnesses of the ARGLLAAMUNI-IISSIIDI third qualitative Level on the Focus Dynamics
 - Chapter 6. Influence of fragmented Fields-Consciousnesses of the ARGLLAAMUNI-IISSIIDI fourth qualitative Level on the Focus Dynamics
 - Chapter 7. Influence of fragmented Fields-Consciousnesses of the ARGLLAAMUNI-IISSIIDI fifth qualitative Level on the Focus Dynamics
 - Chapter 8. Influence of fragmented Fields-Consciousnesses of the ARGLLAAMUNI-IISSIIDI sixth qualitative Level on the Focus Dynamics
 - Chapter 9. Influence of fragmented Fields-Consciousnesses of the ARGLLAAMUNI-IISSIIDI seventh qualitative Level on the Focus Dynamics
 - Chapter 10. The procedure of purposeful work on the decrease of influence on the part of ungs
 - Chapter 11. About methods of release from negative emotions
- SECTION XXIII. Level-by-level influence of Form-Creators of INGLIMILISSA IISSIIDI on our Focus Dynamics
- Chapter 1. The problem of irresponsible and ignorant attitude to human sexuality in the society
 - Chapter 2. The INGLIMILISSA-IISSIIDI first qualitative Level fragmented Fields-Consciousnesse's influence on the Focus Dynamics
 - Chapter 3. The INGLIMILISSA-IISSIIDI second qualitative Level fragmented Fields-Consciousnesse's influence on the Focus Dynamics
 - Chapter 4. The INGLIMILISSA-IISSIIDI third qualitative Level fragmented Fields-Consciousnesse's influence on the Focus Dynamics
 - Chapter 5. The INGLIMILISSA-IISSIIDI fourth qualitative Level fragmented Fields-Consciousnesse's influence on the Focus Dynamics



- Chapter 6. The INGLIMILISSA-IISSIID I fifth qualitative Level fragmented Fields-Consciousness's influence on the Focus Dynamics
- Chapter 7. The INGLIMILISSA-IISSIID I sixth qualitative Level fragmented Fields-Consciousness's influence on the Focus Dynamics
- Chapter 8. The INGLIMILISSA-IISSIID I seventh qualitative Level fragmented Fields-Consciousness's influence on the Focus Dynamics
- Chapter 9. The methods of conscious «transformation» and «transmutation» of Energy-Information of the lower Levels of the INGLIMILISSA-Center to the higher Levels of Self-Consciousness



Volume 16. Commentaries to lissidiology Fundamentals. «Self-development»

Crimea, 2018

Pages: 535

This volume contains Oris's written answers to reader's questions on the subject of spiritual self-improvement.

CONTENTS:

- SECTION I. Living under the illusion of death
- Question 80. Why are we subject to aging and death?
 - Question 35. Can we refocus someone to somewhere?
 - Question 22. Will we observe the revitalization of our relatives?
 - Question 72. Is it possible to trace own revitalizations?
 - Question 55. Dissociative states. Memory of events in meditation
 - Question 38. The analogue of sub-personality in lissidiology
- SECTION II. Evolution of the Lower Fields of Consciousness
- Question 89. Transformation of primitive Inglmilissa Levels of Self-Consciousness
 - Question 70. Transmutation and transformation of Self-Consciousness
 - Question 58. How does the act of inter-qualitative synthesis occur?
- SECTION III. The benchmarks of the human development direction
- Question 30. Personalistic Worlds. Is it necessary to be interested in what is happening in the world?
 - Question 40. About RHIO (responsibility, honesty, initiative, openness) and other qualities
 - Question 17. The states of humanitarian freedom and immunitant



responsibility

Question 18. How is «personal» self-consciousness interconnected with other levels of self-consciousness?

Question 15. Relationships of higher and lower levels in the self-consciousness of an individual

Question 92. The conflict between interests and necessity

Question 79. The principle of positivism in spiritual development.
Background Synthesis

Question 88. The principle of radical refocusing

Question 16. What is spiritual self-sacrifice?

Question 81. What is an enlightenment?

SECTION IV. Dynamic and meditative modes of brain activity

Question 25. Energy filling when meditating on sound cosmic codes

Question 84. Methods for stopping the internal dialogue

Question 100. About the practice of silence (Blitz-28)

Question 101. About the practice of being in the dark (Blitz-29)

Question 87. About pride

Question 31. How does inner mental 'mess that tears apart' affect the quality of refocusing?

Question 93. Formation of formo-images in dreams

Question 32. How fully do we use our brain?

Question 52. About the mode of brain usage

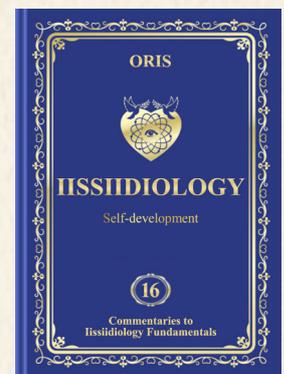
Question 6. Interaction between strategic and current interests (in a person)

Question 28. About breatharians

Question 65. Mind, intellect, intuition

Question 63. Ampliatiation (development) of the brain, future professions

Question 76. What knowledge is in demand in our future?





Volume 17. Commentaries to Iissidiology Fundamentals. «Biochemistry of mixtum Forms»

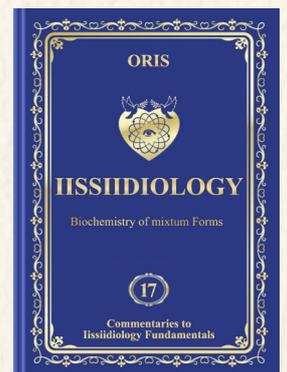
Crimea, 2018

Pages: 275

This volume contains Oris's written answers to reader's questions about the biochemistry of physical human forms.

CONTENTS:

- SECTION I. The Creators of the Genome and the Etheric Structures of Self-Consciousness
- Question 10. Nuclear Genome Creators and the Structure of karmotions
 - Question 33. Connection of vivaxes to the formo-structures of our brain
 - Question 36. Point of localization of the Creators-regulators of the nuclear genome
 - Question 44. Wave mode of transmission
 - Question 60. Realization of vivaxes through biochemical processes
 - Question 83. About the inability to avoid the obtainment of a protoformic (non-human) Experience
 - Question 91. Mechanisms of weakening the Creative Activity of ungs and ssvoouns in the Focus Dynamics of Self-Consciousness
 - Question 85. The role of nuclear Creators-interpreters and regulators in the unpacking of information by vivaxes
 - Question 90. Consistency of the Creative Activity of the Creators-Regulators and the Creators-Interpreters
 - Question 27. Stability of mit-DNA compared to nuclear DNA
- SECTION II. DNA, Brain and Meditation
- Question 67. About the chromosome set of a human
 - Question 12. Interrelationships of the Thalamus Creators and the cerebral cortex
 - Question 77. The author's way of transmitting Formo-images from deep meditation
 - Question 102. About the transmission of mental states through audio and video recordings





Volume 18. Commentaries to lissidiology Fundamentals. «Cosmological aspects of lissidiology»

Crimea, 2018

Pages: 404

This volume contains Oris's written answers to reader's questions about the cosmological aspects of lissidiology.

CONTENTS:

SECTION I. Multi-World Organization of Formo-Structures of Reality

Question 51. Why to desire to self-develop spiritually, if every variation of reality already exists?

Question 53. About the geometry of space. Feng Shui

Question 54. Why predictions sometimes come true?

Question 23. The frequency of rotational cycle and operation of the CNS

Question 59. The mechanism of manifestation of Stereo-Types at every moment of time

Question 64. Comparison of time parameters in different dimensions

Question 78. The dimension of manifestation of the Collective Intelligence of our Stellar Entity

Question 82. The level of development of 2-3-dimensional beings. The concept of dimension

SECTION II. Global Cosmic Mechanisms of SSIP

Question 1. About the essence of «Divine Manifestations»

Question 7. Is the SSIP a God?

Question 5. A Form of Self-Consciousness as an aggregate of Collective Intelligences

Question 21. Where do Focuses come from if Everything is already balanced?

Question 43. NTC and the Creative Activity of SSIP

Question 99. The difference between the Noo-time Continuum and the Noo-time Conversum (blitz-22)

Question 56. About the Akashic records

Question 9. Why do inglimilins perform an informational role?

Question 49. Simultaneity and Holochronness

Question 71. Infinity is the cyclic Evolution of the SSIP?

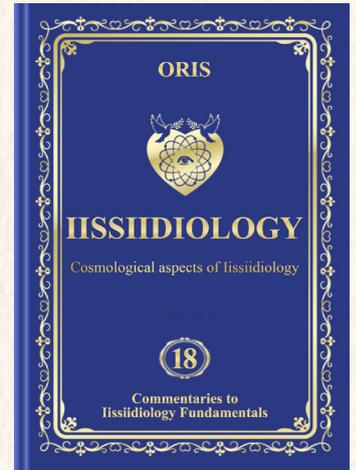
Question 37. The Karmoid Creators and the SSIP

Question 62. Who are the Form-Creators

SECTION III. The subjectivism of Reality quantization



- Question 19. What is the frequency of oscillations
- Question 42. The nature of p-waves
- Question 45. Quantum of self-consciousness
- Question 46. Collective Consciousnesses of Atoms
(molecules, elemental particles)
- Question 50. Wave influence of the planets on a
human. Doollses and physics
- Question 61. Where is the energy of elementary
particles hidden?
- Question 68. The reasons for the hypothetical ex-
pansion of the universe
- Question 86. Short blitz-answers



Volume 19. Commentaries to Issiidiology Fundamentals. «Cosmic evolution of human»

Crimea, 2019

Pages: 619

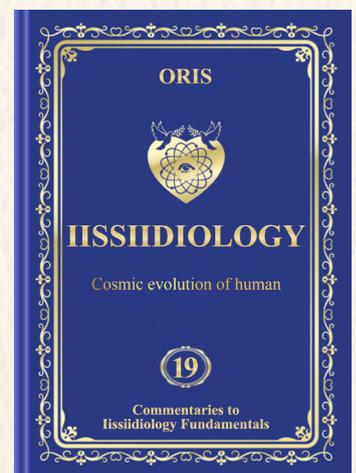
CONTENTS:

SECTION I. The realization NUU-VVU-Formo-Type

- Question 57. What does the notion of «civilization of Creators»
mean?
- Question 41. Variations of NUU-VVU civilizations
- Question 47. About the Diversity of Self-Consciousness Forms of
GREIYSLIIS

SECTION II. Peculiarities of ampliative refocusing

- Question 2. Disidentification with the Form. Luta and hhrystal
«bodies»
- Question 3. Amitsiration into dimidiomittense and translucense
Forms
- Question 4. About the Curator Levels of Self-Con-
sciousness
- Question 24. To act in accordance with the Cos-
mic Laws
- Question 39. All about Tone Names and more
Subquestion 39.2. About the Distribution of
Mental Energy in Multi-
plex Convexitation
- Question 48. Refocusings of bioplasmic Forms



Question 73. What are planetary 12-year periods for?

Subquestion 73.3. «The mandala effect»

SECTION III. Our Future Legacy

Question 34. The Star Home of human

Question 69. The specifics of manifestation of Physical Globes of Stellar and Planetary Entities

Question 66. The origin of crop circles



Volume 20. Commentaries to lissidiology Fundamentals. «Coarddiirffology»

Crimea, 2019

Pages: 585

This volume contains Oris's written answers to reader's questions about karmic relationships.

CONTENTS:

SECTION I. The resonation nature of karmic interactions

Chapter 114. Subterransive (individual) Karma. NNAASSMM

Sub-question 114.1. How to correct karma if a person has died.
How karma is unleashed

Sub-question 114.2. Our parents, our children are us. The essence of karma is in ambigular relationships

Sub-question 114.3. The subtle mechanism of «retribution» in karma

Sub-question 114.4. Does a wise man have more activated ASTMAI-RAA-Parvula cells?

Sub-question 114.5. Young and old karma

Sub-question 114.6-1. Identical ambigular interactions extinguish karma. The concept of oklouts

Sub-question 114.6-2. The influence of duvuyllerrt p-Interpretations on our Choices

Sub-question 114.6-3. Gratitude diary

Sub-question 114.7. The communication of all Formo-Types through the genome. Is it possible to meet your Stereo Types?

Sub-question 114.36. About the skuulls-Matrix and the Soul

Sub-question 114.8. Karma is the scenario resonance to our



vibrations. The example with a soldier and a murderer. The functioning principle of Ostkkolfa

- Sub-question 114.9. How can simplisparentive Forms interact with us?
- Sub-question 114.10. The formation of high-frequency karma with the Curators
- Sub-question 114.28. About the formation of karma of a wise man
- Sub-question 114.11. About the role of rellgnissma in Aura
- Sub-question 114.12. Building the willpower
- Sub-question 114.13. The causal black mark in NNAASSMM
- Sub-question 114.14. Proper nutrition changes the Configuration and «personal scenario»
- Sub-question 114.15. The Role of Motivations in the Formation of Karma
- Sub-question 114.16. The Role of Meditations in the redemption of Karma
- Sub-question 114.27. About the influence of various events on the Karma of a blood-line lineage
- Sub-question 114.17. Important subtleties of the karma-forming process
- Sub-question 114.23. The difference between an ampliative and an amplificational choice
- Sub-question 114.18. The Nature of Karma and the Nature of Time
- Sub-question 114.19. Do Form-Creators perceive the death of a «person» in a «scenario»?
- Sub-question 114.20. An example of an old man who decided to die
- Sub-question 114.21. Why do people die differently?
- Sub-question 114.22. To what extent does the environment influence the quality of «personality» choices?
- Sub-question 114.26. About the causality of intra-blood line karmic relationships. Axioms of Karma
- Sub-question 114.29. The effectiveness of the practice of non-violence in Eastern religions, self-flagellation
- Sub-question 114.30. Influence of motivations on the formation of karma among participants of conflict situations



Sub-question 114.31. About the amplification of your sexual karma with the help of the image of a loved one

Sub-question 114.32. About the formation of Karma of historical «personalities»

Sub-question 114.33. About the karma of the donor and recipient

Sub-question 114.35. About spontaneity and karma

SECTION II. Sllloogrent mechanisms of organization of karmic interactions

Subquestion 114.24. About the egregor principle of the formation of Ayfaar Karma

Subquestion 114.25. About the energy-informational «AYFAAR» Matrix - the Planetary Program of the implementation of the Idea of spreading Cosmic Iluuvvumism

Question 116.1. Interrelation of spiritual and material egregors

Subquestion 114.34. About the interaction between okkloutes egregors

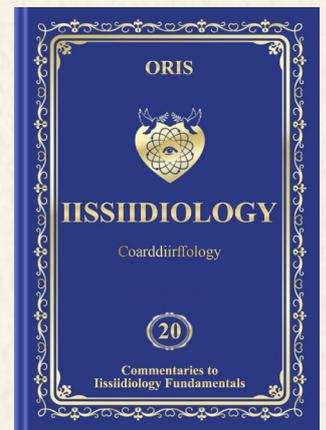
Question 125. What is behind the term «Stereo-Form»

Subquestion 125.1. Mode and the principle of implementation of the process of simultaneous exhiberation of NNU-VVU-Formo-Types

Question 128. About the «normality and abnormality of a Focus Dynamics»

Part 1. Influence of the Resonance Principle on the Formation of Focus Dynamics

Part 2. About the Factors affecting the FD's stability of exhiberated NNU-VVU-Formo-Types





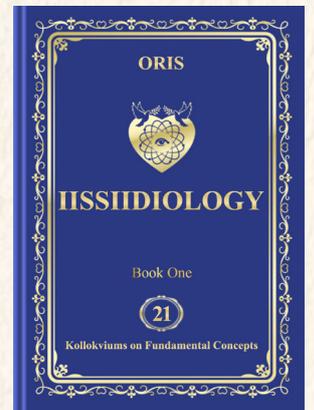
Kollokviums on fundamental concepts. Book One

Crimea, 2018

Pages: 707

CONTENTS:

- SECTION I. SSS-States of Information. Single Super-Universal Impulse Potential
- SECTION II. Universal Plasma Differential Radiation (UPDR)
- SECTION III. Plasma Force Ranges (PFR)
- SECTION IV. DDIIUYYI-Entity, Supreme Collegial Cosmic Intelligence (SCCI) Ayfaar, Collective Cosmic Intelligences (CCIs)
- SECTION V. Energo-Plasma. Ethereal Ingredients GOOLGAMAA-A, SSMIIYS-MAA-A, TLAASSMA-A
- SECTION VI. The concept of dimensionality
- SECTION VII. Mechanisms of Space-Time and Gravity Formation
- SECTION VIII. Mercavgnation. Properties of Information
- SECTION IX. Slloogrentness and its Principles: Multipolarization, Diffuzgentness, Duvuyllerrtness, Rotationness



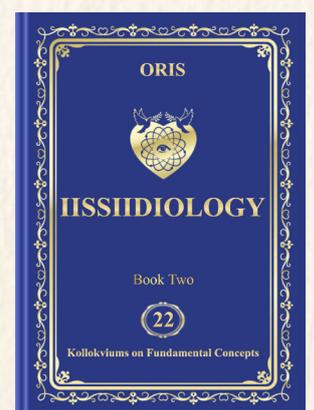
Volume 22. Kollokviums on fundamental concepts. Book Two

Crimea, 2019

Pages: 456

CONTENTS:

- Chapter I. Pure Cosmic Qualities (PCQ). OO-UU-, TOU-UU-, SVOO-UU-Entities
- Chapter II. Synthesis Schemes, types of birvulyarity
- Chapter III. Combined PCQs and developmental Branches
- Chapter IV. Creative Cosmic States (CCS)
- Chapter V. OODDMII-, SVUULLII-, IISSTLLII-, and AAYLLII-Entities
- Chapter VI. Svlgsons, konfektions and their analogues
- Chapter VII. RRGLUU-VVU and factor axes. Duplex-Spheres





CONTACTS

Orisoris.com

Here you will find all Oris's books in all available languages and formats which can be downloaded for free.

On this website you can also ask the author himself any question in relation to any information mentioned in his books.

Ayfaar.org

This website is dedicated to the overview of the Spiritual Idea of building the Human Community based on Iissidiological Knowledge and building many «Ayfaars» on Earth.

Ayfaarpesni.org

The website “Ayfaar Songs” which are written by Oris cultivate highest Human qualities in the most educated people, and promote effective Spiritual self-development. Ayfaar Songs are the second part of the Iissidiological Knowledge and greatly assist in its productive study.

As at the end of 2022 Oris has written over 1600 songs.