

Extraterrestrial Contacts

ORIS ORIS

Part 4

The Transmutation Diary



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14.08

6.00 – Meditation:

“At first, a huge silvery spiral of powerful, continually rotating streams of energy appeared over the whole clearing, and as it gradually descended from above, it quickly submerged the entire camp within itself. As it began to rotate clockwise, it suddenly duplicated itself into six more small spirals, which, detached from it like little children from their mother, began to rotate horizontally, so that very soon the body of each of the meditators was inside one of the spirals.

Then both the large and small spirals began to change colours of their energies: first to lettuce, then to blue, blue, lilac and purple. After about 10-15 minutes, six ‘turtles’ appeared from Space, which periodically connected to one or another of the Meditation participants’ chakras: they bifurcated into two horizontal halves and covered the chakras from both sides (from the back and belly). A slight even humming sound was heard when a high-powered transformer was in operation. After about 20 minutes, the spirals and the turtles all melted into the air.

There wasn’t our usual energy surge, but I could sense from my condition that everything had been drained from us before I went to the Astral.

After reading Meditation – gymnastics, I honestly admit that I’m more tired today than I’ve ever been before! Maybe it’s because we’ve all been starving for the second day. After all, our muscles ache. After all, we haven’t had enough sleep at night? Tears welled up at the end of my physical exertion after Oris and Vooul held hands and stomped on my back. And not just mine, but the other women’s backs, too, were stomped on diligently, and Trigordiy was on their backs.

Yes, two whole hours of intense gymnastics today was something! I’ll list all the exercises for those who want to do them again:

1. Yoga pose with prayer (12t. “ Lord’s Prayer”), concentrating on one point, not blinking.
2. In a deep breath, rotate your head 80 times to the left. Then the same to the right. Cleansing breath.
3. Tilt the head backwards and forwards: inhale forwards, exhale forwards.
4. The same, but only left to right.

“The main stopper in raising Kundalia is the neck! Most energy plugs form in the thoracic and cervical area,” Oris writes on the palm of his hand.

5. "Cobra".
6. Sitting down, hands behind you, feet in the air doing a "bicycle".
7. Half-sitting, pull knees up to the chest, legs outstretched, 15 times.
8. Clockwise strokes along the abdomen, patting the abdominal abs sharply with the fingertips.
9. Buravchik, t.8.
11. Semi-sitting, palms back, do horizontal and vertical "scissors" with straight legs in the air.
12. "Bow", t.8.
14. Lying down, legs tucked away behind head; hands still on the ground, t. 8.
16. Lying down, knees to chest, t.8.
18. "Buravchik".
19. Lion Pose.
20. Half-sitting, with elbows on the ground, write each one's spiritual name with straight legs.
21. Pulling knees up to the chest while lying on back, t. 8.
23. "Bridge".
25. Again half-sitting, write your full spiritual name twice, t.8, t.16.
28. "Buravchik".
29. "Liver-1" in the new treatment.
30. Semi-sitting, feet together, pulling the heels towards the buttocks.
31. Lying on your back, arms at your sides: roll your legs behind your head 12 times on exhalation.
32. "Ostrich".
33. "Candle".
34. "Uddiyana", kneeling, 2 times.
35. Saturn's ring.



Meditation after gymnastics:

"The means of getting us to the Valley are constantly changing. This time we were among the first to arrive in the Vale. There was no longer a slowly spinning heavy fog at the Bottom, but a real fiery vortex that, when everyone gathered, immediately went somewhere down and melted into Space, and we were shown



our entire planet from various points, from a height of perhaps 20-25 thousand metres. And, on purpose, attention was focused on the details: not a single continent could be recognised; their size and configuration had changed so much.

A large part of the planet was the ocean. The climate was milder and warmer than now. There were no snow caps at the poles either.”

After the gymnastics, everyone went about their business, whoever did what. Oris and I, taking air mattresses and a tape recorder with classical music, went under the pearl, where he “gave out” the following poem in a few minutes:



*We are all troubled
by the heavy burden
of past wrong decisions,
And the pain of unbreakable ties
Affects the succession
of achievements.
Who is right, and who is wrong?
God alone can judge us all.
But we, to reason
and not to the Heart,
Thinking that we are the judges...
And again the knot is tightened -
“Hanging on the Heart like a noose.
But we, who are blind, know not,
For what God has raised the bar.
How many bubbles
We have made, in our souls,
so many bubbles,
And we bask in their shadows
As the sun’s reflection in the puddles...*



When Oris let me read this poem, I immediately had a lot of different thoughts floating around in my head: about Karma, about the mystery of human relationships, which are based on deep-seated reasons for past interpersonal relationships dating back to past times and eras. How difficult it is to make sense of all this without understanding the true essence of the situations that arise and without knowing the motivating reason behind every decision we make, hidden in the murky depths of the subconscious.

I asked Oris, “Is there a predetermination of everything that happens to us in Life?”

Oris: *“Each person chooses and creates not only his so-called “present” but also his so-called “future” by his own decisions. As a rule, there are several (5-6) variants of the person’s future at any given time, and they can all be calculated without using clairvoyance. In the course of events, there is information about their outcome; you just need to learn to recognise it among many wandering around us Thoughtforms.*

The danger of often receiving information from clairvoyants is that by getting used to relying on the authority of others in their important decisions, a person may eventually lose the ability to make his own choices, even if they are wrong but allowing him to work out in his subtle bodies his own personal experience, which will be only HIS experience and no one else’s, which means creative realisation of oneself – working off Karma (naturally, only in the case after the realised error were with

Each person carries on his shoulders, or rather in the vibrations of each of his psychic centres, his karmic burden, his cross of life, which is for any of us neither light nor excessively heavy, but strictly according to the measure of his Soul: a small Soul, carrying even its own little “cross”, groans and complains, pouring bitter tears and lamentations over its Life, while a great, spiritually mature Soul, dragging the heaviest cross of physical existence on itself without complaint, fears only lest it falls from the tearing weight before its allotted time, without having time to give people all that it has.

The more advanced a man is in his evolutionary growth, the deeper he understands the Cosmic Laws and the “inside” of earthly Life, the heavier is the “cross” (Karma) of his incarnation, the bigger and more extensive are the tasks which his Soul voluntarily and willingly shoulders to carry the spiritual burden of many, many people.

You are asking me to help you clarify some questions about Karma. Here, let’s look at it with the example closest to you. So, when the Supreme Cosmic Entity (Soul-Analogue) of the Syrian woman Firoxanta together with other members of a particular creative group of Cosmic Brothers and Sisters, decided to incarnate

on the Physical plane of the Earth to fulfil their Plan of spiritual influence on the Consciousnesses of people, this Entity, attracting Matter of the Mental, Astral and Physical planes, gave birth to an earthly personality (Soul-Aspect) which her earthly parents named Elvira.

This personality did not appear out of anywhere but originally had in the Essences of his Soul-aspect the energy-information base, consisting of a data bank of thousands of years of earthly life experience, which numerous Soul-aspects of the Firoxanta received earlier, exploring the conditions of earthly existence in different historical epochs of the Earth as such earthly personalities as, for example, Polish nun Yvonne, who lived in the late 19th century; a Japanese geisha (I cannot make out her name); a Chinese Confucian recluse, Li Yu-Ching (or was it Li Yu Jin?) and many other people of Earth.

Trying to comprehend what I have just said, one should also keep in mind that each evolving Soul-aspect (regardless of the cosmic civilisation from which it originates!) constantly incarnates on the Physical plane of Earth (or other planetary systems) with 12 of its lower “Soul-aspects” at once, i.e. at the same time at least five or seven physical “doubles” of Elvira living in other parts of the planet, also spiritually attached to the Spiritual Essence (Soul-analog) of Siriusian Firoxanta, while the other seven or five personalities continue their spiritual evolution at various vibratory levels of the Ethereal World.

All the good and bad deeds, Thoughts, motivations and words of each of these personalities at the moment of his/her Transition from physical Life to astral Life, according to the Law of Compensation, were mutually balanced, and that part of the vibrations which during the stay of the deceased in the lower levels of the Astral could not self-annihilate was recorded on the Permanent Atoms (Essences) of the Soul and provided the basis (mature Karma) or the information-energy base for writing the script for the next incarnation of the Syrian Spiritual Essence of Firoxanta, to continue learning and exploring the diversity of the Earthly Existence experience. After the transition, Elvira’s former earthly personality will accumulate her own experience of astral and mental existence, starting from the spiritual level attained by her Consciousness during her earthly life.

Having just come into the world, little Elvira already detailed her destiny by years, months and even days. Its composition was uncompensated vibrations (unrealised energy) of Polish woman Yvonne, a Japanese geisha and Chinese philosopher. This spiritual inheritance is a fair “payment” of earthwoman Elvira for the opportunity given to her to become a self-developing individual, an integral part of the Collective Consciousness of earthly humanity.

Without this inner, psycho-emotional, intellectual and moral filling, based (for Elvira) so far only on other people’s experiences, the Firoxanta Soul analogue would not be able to create a full-fledged human personality, corresponding to the qualities it demands.

Mature Karma is the voluntary payment of a person for the “free” sins of others, for the opportunity not to repeat the same mistakes, in exchange for the wonderful POSSIBILITY to begin his posthumous existence as an independent individual on a higher energy level than those who left him their life baggage together with their debts, unrecoverable for various reasons.

“...And forgive us our debts, as we also forgive you our debtors...”. – We ask the Lord, not even suspecting that behind these simple words of Christ’s prayer there is a whole system of human spiritual self-improvement, called the Law of Karma, so stupidly and stubbornly not recognised by the modern official Church.

In the process of working off the mistakes of others, making certain choices, making certain decisions, a person modifies small details of his destiny a little, introducing vibrations of appropriate quality into his thin shells. The more often he makes more correct decisions, the better his energy body-shells become, and the better, more favourable their current Karma, which is in fact that “gold reserve” with which the soul pays off not only after Death but also in Life when facing heavy tasks, programmed in the script of its earthly destiny.

Suppose a person is destined to be very unpleasant at a given moment, having a solid reserve of high-frequency energies (Love) in his Aura on the subconscious level. In that case, he considerably softens this inevitable blow by neutralizing with his Love the flow of coarse energies of mature Karma directed against him and passes through the unpleasant milestone of his Life without too much mental anguish or physical suffering.

If, however, he has made his decisions mainly out of selfishness and personal advantage, or to the detriment of the Plan of spiritual evolution, the lower vibrations of his Aura will, in the difficult moment of destiny, attract still more coarse energy and even small attacks of mature Karma will prove a terrible blow to him, realising in the physical plane various troubles, losses and deprivations. This is how Life teaches the lazy, ignorant and incompetent disciples who, in a good way, simply do not yet know how to live or who stubbornly refuse to learn its evolutionary lessons.

This is what is meant by so-called “current Karma”. Now that the density of Space-time of the Earth has increased fivefold and continues to increase geometrically on the eve of the transformation of the Earth and humanity, people are speeding up the progression of their Karma in this lifetime. This especially concerns the quality of man’s mental activity, which forms the basis for his astral motives, desires and physical needs. The vibrations of our Thoughts create certain Thoughtforms out of Mental Matter, giving our mental body a very specific configuration and structure.

Spiritually favourable Thoughts positively modify that energy-informational image inherited from previous incarnations of our Spiritual Essence, which, according to the law of attraction of the like by the like, is the true cause of the

effects occurring in our visible Life. Our selfishness embedded in the configuration of our Aura, inherited and further negatively reinforced by us through our own wrong decisions, can only attract from the Space around us only the selfishness of others; the vibration of our greed only makes people indifferent to our own material needs and financial requirements; the vibration of irritation or hatred only makes people around us angry and annoyed with us, etc.

It happens that a person, not knowing his karmic task, poorly performs or does not perform at all what for the sake of which his Spiritual Essence has decided once again to experience physical existence through an earthly personality. Making choices in his life that led him further and further away from the true purpose of his incarnation, the man was sinking deeper and deeper into material things, not noticing or not wanting to notice that his inner, spiritual needs, in reality, are much broader and larger than the sphere of his activity. For various reasons, however, he preferred to sacrifice them for the cause he was pursuing, which he also considered important, be it business, science, family, work, etc.

Inevitably, one day in the life of such a person, the moment comes when within the Egregor supervising this person, a disharmonic overlapping of the Soul's energy channels occurs, and the person is switched to a very meagre energy-information ratio. How is it visually manifested in the person's behaviour and way of life? Suddenly, out of the blue, the man loses interest in Life; his existence seems to him hopeless, aimless, futile and hopeless; he becomes more and more often overwhelmed by inexplicable melancholy and mental depression, which is expressed in constant thoughts that never leave him: "Oh, I live for wrong reasons! It's all wrong; it's all wrong..!"

In the worst case, it ends in suicide, and the best case is in a gradual spiritual epiphany. Then the material heights he has achieved begin to lose their former lustre, and unnoticed, he turns his attention more and more to what previously seemed to him unimportant, to the spiritual and moral aspects of Life, trying through religion, philosophy and self-improvement to understand the laws that drive the world, so strongly and inexorably affecting its entire Existence.

Each of us is being led through Life 'from above, and each of the events, however indignant it may seem to you, at first sight, is attracted to you not by chance but only for your spiritual development and advancement up the evolutionary ladder. Therefore, when receiving a certain experience, learn to participate in it actively.

Take pleasure and enjoy life simultaneously as if observing from aside your experience and its effect on those around you. Do not complain, suffering and struggling to play the victim, but rejoice, saying to yourselves, "What a good Lesson! How much I will learn because of it!"

Expansion of Consciousness is one of the main goals of human Evolution. Conscious non-service to the cause of spiritual development of humanity is one

of the gravest karmic crimes greatly burdening the Karma created by man and facilitating rapid activation of manifestations of latent negative Karma in his Life”.

I wrote to Oris a question: “Why our Gurus cannot provide to the Illuminator Movement such powerful financial support, as it is done, for example, by Proletes or Sai Baba? After all, only a few people have responded to all appeals to help you distribute the information you receive, and even then from other countries of the world, where your books have reached inconceivable ways!”

Oris: “We live in a very complex and contradictory time of extreme polarity opposition when there are great opportunities for the realisation of rapid individual evolution, but the maximum human occupation in the material realm creates a terrible environment for working for the Plan. How much good you and I could do, and how much Light we could give to those who need it if it were not for the legions of fierce ministers of Darkness who zealously guard every inch of their physical domain and keep out all who would even try to throw the Light of Knowledge into the gloom of their “sleepy” kingdom!

Money, Firoxanta, is the main lesson that billions of people are going through right now! What to say about ordinary people, when even for some of our Star-Born Brothers and Sisters, the simplest financial lessons become insurmountable problems. When the question arises as to HOW to use the available financial possibilities: to go on holiday to Karibika, Majorka or Hawaii; to build a two- or even three-storey summer house; to change expensive furniture in a luxurious flat; to renew a luxurious set or to use the same money for spreading true spiritual knowledge – somehow the material things almost always outweigh.

In this type of real money is needed everywhere! My Teachers acknowledge with regret that it is becoming more and more difficult for them to reach the stale hearts and illusion-immersed Consciousnesses of the rich and powerful to encourage them to make at least a small financial donation in the spiritual sphere. But all the more, perseverance is born in me to put their Light Idea into Life and give impetus to the beginning of the World Movement of the Harbingers of Light.

Many astral (ascended) Teachers, for the sake of obtaining at least some effect in the spiritual growth of the Collective Consciousness of humanity, make numerous compromises and make significant concessions to the “dark brothers” in exchange for financial and material assistance rendered by them on the physical plane. When one even superficially begins to analyse some of today’s most popular and widely advertised “teachings”, one immediately begins to uncover powerful layers of disinformation, beautifully and elaborately adorned with shiny (and safe for the dark) inclusions of Truth.

One cannot deny that for people of a certain, rather low, level of Consciousness, these tempting and seductive “teachings” promising an almost momentary effect in spiritual development are some step forward on the way out of the Illusion of materiality and towards the realisation of oneself as a member of the SINGLE Cosmic Community. But, unfortunately, all the evolutionary “promotion” goes on the level of vibrations of the three lower centres only, or, in the best case, on the lower overtones of the heart centre, ensuring the development of the Divine Love aspect only on the material level.

For sufficiently mature Consciousnesses, slipping down to such a low-quality level of information and energy would mean only forced spiritual stagnation and trampling down, requiring a huge amount of inner energy to work through each of the seven qualitative levels of the three lower chakras again. The information transmitted by my Teachers is based only on the Anahata-Vishuddha energies, and this fact is a reliable guarantee of stabilization of the Consciousness of the person reading my books at the supra-defragmented energy level.

Aiming at endless CALLING of something external and coming ostensibly FROM OTHERWISE, spiritual “teachings” of astral masters of the Earth distract human Consciousness from a thorough knowledge of their spiritual Essence, which has EXACTLY ALL that is required for their rapid spiritual ascent. So, please, why do you have to call for hours a day from OUTSIDE all kinds of Rays if they ALREADY exist in the astrosomes of each of us and all we have to do is to become as fully AWARE of this fact as possible and do a thorough, CONSCIOUS VISUALIZATION of the desired spiritual effect within ourselves.

No Ray, no Cosmic Quality is outside ourselves, outside our inner Being, which we call differently: a “Soul” or a “field substance”. This is known reliably only to a few, only to the so-called mature Souls who have gone through the first three Planetary Initiations and cannot be caught like chaff. Unfortunately, billions of people sincerely striving for the Light cannot comprehend such subtle nuances and plunge headlong into everything that promises them rapid spiritual growth.

They are naive; they do not understand that there cannot be any rapid ascent of so-called “young” or “young” Consciousnesses who have not yet had time to master all the experience of complex existence in conditions of physical reality. You have to understand that any rapid spiritual ascent implies an abrupt jump of personal Consciousness from lower to higher centres and, thus, a natural acquisition of various super-sensual abilities. But what kind of expansion of Consciousness can we talk about if all the qualities of the lower centres have not been thoroughly cultivated in hundreds of incarnations and, thanks to the experience gained in them, have not yet been transmuted to higher levels?

Any premature opening of psychic centres can only lead to MAGIC in its various lower interpretations, which is very profitable to our ‘dark brothers’, because it draws an ignorant person’s Consciousness into the lower layers of the Earth’s

Astral, fixating it on its uniqueness, importance and superiority over the ‘other grey masses’. Without getting rid completely of powerful astral Thoughtforms abundantly planted by legions of low egregors, a man, who has succumbed to promising promises and tricks of false spiritual “teachings”, imperceptibly for himself becomes a hostage of low-astral Spheres from the influence of which it is very difficult to get out even after the Death.

Thus it is not surprising that the rapid development of such “spiritual teachings” is carefully controlled, directed and lavishly sponsored by the so-called “secret government” and Freemasonry, while the spread of information promoting the transformation of consciousnesses from material to spiritual values is resisted as much as possible by those in power. All religious organisation, “Re-rikkh” societies mired in internecine strife, political parties and movements, rich businessmen and bankers dodge the information transmitted by our Teachers from the Pleiades with fear and unconcealed anger, brushing aside my books like devils from the frankincense.

Not one person has yet responded to the call for help published in each of my books! Numerous associations of my supporters in various cities of Russia and Ukraine have still not thought to “contribute a ruble each” even to publish the “Overworld Gospel of Transfiguration from the Holy Mother of God”. Funding for the publication of all my books and their translation into English and German comes only from the personal savings of our Sister Vella Gratillaris.

What could be simpler and more accessible to every spiritually-minded person? – only to look within oneself, to see one’s own, hitherto hidden, abilities to “convince the unconvinced”, to take in one’s fiery Star-Born Heart the Banner of the Hierarchy of Light and fearlessly go with it to the highest levels of the earthly financial hierarchy, armed with Boldness (but not audacity!), Fortitude (but not stubbornness!), Orality (but not talkativeness!).

Courage, my dear Brothers and Sisters, is nourished by Courage which awakens in the Soul only when one feels that the cause that one defends is and necessary for a great many people who cannot stand up for themselves, that people whom one trusts are pure and disinterested, and that one cares not at all for one’s benefit or well-being, but for the Fate of Humanity, however clichéd this may sound.

The materialisation of the global Idea of Transformation, embracing practically all the world’s countries and representing the interests of millions of people, is not so difficult but requires a rather long period to materialise. Its Egregore was formed by our spiritual teachers long before our incarnation. It only needed an auspicious moment and a powerful generator at the mental-astral level to clothe this Idea into numerous thoughtforms and give them the needed direction for their further self-development.

Now, all we need to do is get stronger in our Willpower, push our Spiritual

**This book costs less,
than your cup of coffee.**



Complete catalogue of books written by Oris Oris

Books are available in the following languages:



russian



english



german



bulgarian

About the author

During his creative life Oris has written about 100 books on spiritual-philosophical and esoteric topics, as well as on the mental and spiritual relationship between the human energy-structure and the energy-structure of the universe.

A large part of Oris's life is devoted to spiritual creativity through writing books on cosmological subjects. In them the author uncovers such matters, which no one has ever touched so deeply and in such detail before. As early as 1996 Oris managed to find his Spiritual Mission, which he is tirelessly pursuing to the present day.



Oris was born on 25 January 1954 in small Ukrainian village of Maryinka in the Donetsk region in the family of a miner and a nurse.

From an early age (at the age of three) Oris developed an intuitive gift for writing poetry. Oris read out his first poem «Zhen-shen» at the age of 3 to his mother, who wrote it down, because he couldn't write yet.

He also possessed medial abilities from an early age: he could spontaneously «see» dynamic pictures of events and episodes from other people's personal lives, the authenticity of which was often later proven.

As a preschooler, Oris would periodically warn the children of impending contingencies when they were up to some mischief, and at school he knew who would be called to the blackboard and warned his classmates about it. He also knew in advance which boys and girls would be sympathetic to one another and which not.

Oris's first poems, from the age of 6, were published in the Maryinsky district



newspaper. In addition, Oris was good at drawing: 14 portraits of Ukrainian and Russian writers, which he painted in the 3rd grade, decorated the walls of the school corridor.

In 1971, Oris graduated from the 10th grade, worked as an instructor of physical education in Maryinsky Raypotrebsoyuz, and in 1973 he entered the Faculty of Agronomy of the Crimean Agricultural Institute, graduating in 1978. After 4 years of professional activity on the South Coast of Crimea (Yalta), he became the director of sports and recreation base (village of Ponizovka), belonging to two Moscow research and production associations - «Measuring Equipment» and «Energy», serving the space industry. He resigned in 1990 to pursue his literary career.

As a teenager, Oris became very interested in martial arts: karate (Kyokushinkai), kung fu (dim mak - «the art of the poisonous hand», Wing Chun, Zui Quan), judo, sambo and others. Later, in 1975 he achieved a black belt in martial arts and in 1979 in Yalta at the Ministry of Internal Affairs he opened a martial arts section and hand-to-hand fighting.

From this period (1975), while still a student at the Institute, he worked for 15 years on writing several books series about martial arts. Three volume textbook on karate and Dim-Mak Art titled «Karate Way - from Student to Master» was colourfully designed and published in Moscow in 1992. During these years a separate book «Dim Mak - the art of poisonous hand» was published in Moscow. A second cycle consisting of more than 20 books under the general title «Initiation or the Path of a warrior» was written during this period, but it was not published in the USSR because the author had no higher physical education. For this reason in 1982 Oris entered Simferopol State University, but in the 4th year he left the University for family reasons (due to the birth of his son Yaroslav in 1983) and because of perestroika.

During his work on the book cycle 'Initiation or the Path of a Warrior', Oris (in a state of deep meditation) first inadvertently came into Contact with his Spiritual Teachers, after which he regularly received the information that formed the basis of the most unique book series 'Life between Live's and all the books subsequently written by him.

Then begins a more intense Spiritual Path for Oris, marked by a turning point in his life due to the urgent need arising in his Consciousness to find Himself and his Spiritual role in life.

He went as a hermit to a cave in 1996 from which he had no plans to return. There, in the cave, deep Spiritual revelations came to him, as well as information about his past (parallel) lives. Some of these inner experiences Oris described in poems, which have been published in a separate collection. On the basis of the contacts with his Spiritual Teachers during this period (after 40 days of taking only water), having learned his Purpose in life, he returns home with a renewed Self-consciousness, after which a new Spiritual phase begins in his life: within four years he writes more than 40 books, which are combined into several cycles with the following



titles: «Life Between Lives», «The Art of Dying» and «Extraterrestrial Contacts».

After 2000 he began to write texts to the melodies of Soviet hit songs, in which he expressed the whole quintessence of his spiritual conclusions and thoughts, emphasizing the role of Love, Kindness, Mercy and all Human qualities and feelings, which people so often forget in their everyday life.

Also after 4 consecutive Spiritual Initiations (from 1996 to 2000) Oris gets access to more true and authentic information about the structure of the Universe and the role of human in it, which he reveals in the book series called «lissiidi», «The Great Message», «Immortality is available to everyone» and «lissiidiology Fundamentals». These book series are written as the quality of information that Oris received becomes more and more complex because it comes from deeper and deeper levels of the collective Subconsciousness. These more profound and insightful conceptions form basis of his own Self-Consciousness and he begins to find answers to complex cosmological questions that until then were expected to remain unanswered for people for many decades to come.

A more detailed and complete list of all books written by Oris is set out below. They are presented in chronological order as books were written.

All Oris's books in all available languages can be downloaded for free from **www.orisbooks.ru**.

**Compilation and preparation of material,
layout design, translation: Astiyraalls**



1992



Three-volume book «The karate Path - from apprentice to Master»

Moscow, 1992

Pages: 759

For the first time in our country is being taken an attempt to summarize the personal experience of the author, who gave most of his life to the study of the theory and practice of martial arts. The original materials concerning the psycho-physical training of adepts of martial arts are being presented. This books also touches the moral problems, traces the philosophical origins of karate-do, which have their origin in the teaching of Buddha. Even with the most detailed textbook it is impossible to become a master of karate. For this you need a Teacher. Then what is this book about? It contains the information, without which you cannot become a Master.

The author has for many years been seriously and deeply involved in the study of oriental martial arts: karate, judo, kung fu, dim mak (the art of delayed death). This three-volume book covers all stages of karate training - from the basics to the highest mastery, including dim mak and no-touch kicks (energy blows). It is an encyclopedic edition in three volumes. The basic techniques of defensive movements, hand and foot strikes are presented in detail. Also are being analyzed the mechanics of each movement, internal mental components, technique of passing relaxation phases and the concentration of energy. The book contains numerous photographs, diagrams and engravings.

VOLUME 1, CONTENTS:

- SECTION 1. The Path of Buddhism
- SECTION 2. The path of developing Eastern martial arts
- SECTION 3. Breath exercises in martial arts systems
- SECTION 4. Martial arts training systems
- SECTION 5. Theory and practice of basic karate and kung fu postures
- SECTION 6. A brief overview of some of the major natural weapons and how they are used

VOLUME 2, CONTENTS:

- SECTION 1. Theory and practice of «Uke-Waza» - defense techniques
- SECTION 2. Theory and practice of hand striking techniques
 - «Zuki-Waza» the technique of penetrating punches with hands
 - «Uchi-Waza» the technique for delivering chopping punches with hands



SECTION 3. The theory and practice of «Geri-Waza» — techniques of making leg kicks

Kick forward — «mae-geri»

Side kick — «mawashi-geri»

Kick to the side — «yoko-geri»

Kick backwards — «ushiro-geri»

VOLUME 3, CONTENTS:

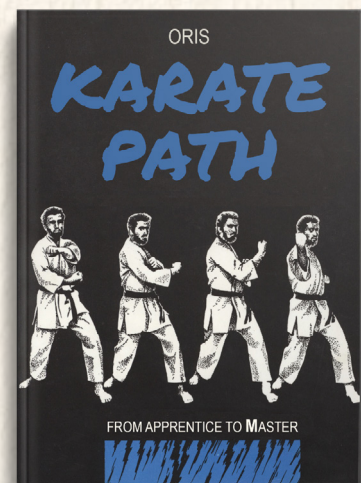
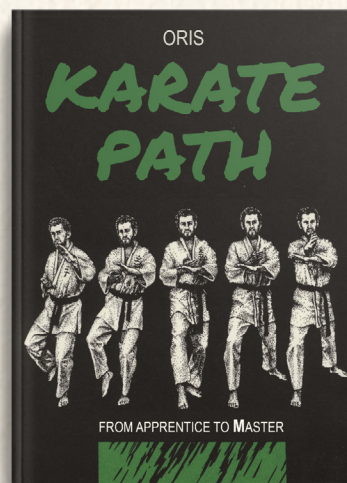
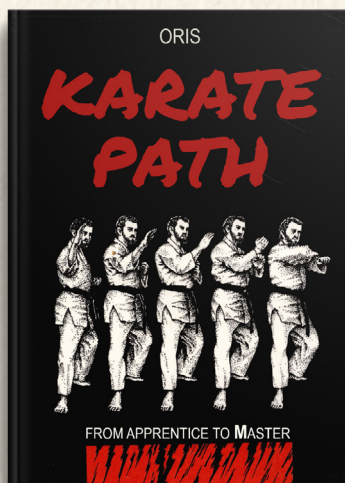
SECTION 1. Practicing combat with multiple opponents

SECTION 2. Pre-hospital care in karate classes

SECTION 3. Some ways to increase athlete's performance

SECTION 4. The Path from «the touch of delayed death» — to no-touch kicking

A brief glossary of basic terms, names, and designations



1996



«Dim Mak - the art of the poisonous hand»

Moscow, 1996

Pages: 211

The uniqueness of this book lies in the fact that it is the first attempt to combine the basics of energetics of martial arts, as well as a very specific technique of influence onto human nerve centers and the energy defeat of enemy at a distance.

The psychological, reflex-therapeutic and mechanical methods of increasing the athlete's capacity for work under increased loads are discussed in great detail.

Extensive Russian-Japanese and Japanese-Russian dictionaries are designed for masters who communicate with Japanese karatekas.

CONTENTS:

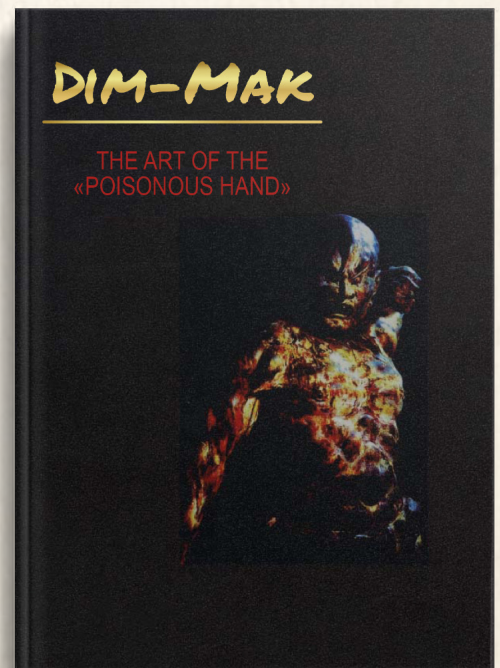
SECTION 1. Practicing combat with multiple opponents

SECTION 2. Pre-hospital care in karate classes

SECTION 3. Some ways to increase athlete's performance

SECTION 4. The Path from «the touch of delayed death» - to no-touch kicking

A brief glossary of basic terms, names, and designations



Book series «Initiation or the Path of a Warrior»

This series of books about «The Art of Dim Mak - the Art of Delayed Death» was written by the author in order to reveal all the nuances and details associated with the Kung Fu - Dim Mak fighting style, which previously in such depth and detail have not been described anywhere else.

«The Path of the Warrior and the Spirit of Initiation»

«The Spirit of Thought and the path to Meditation»

«Sickness and its healing with a Thought»

«The Spirit of sound»

«Healing with sound»

«The Spirit of Energy»

«Healing with Energy»

«The Spirit of breath»

«Healing with breath»

«The Spirit of movement»

«Healing with movement»

Yalta, 1991-1996



Separate books



«Wandering of the Soul» or «Life between Lives»

Moscow, Kiev, 1996



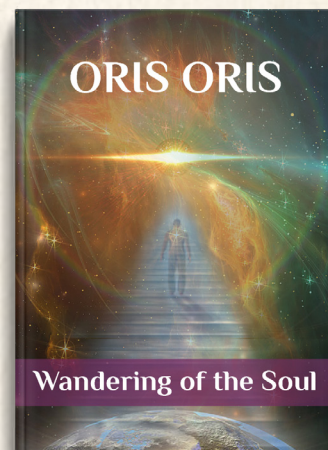
Pages:



The book not only introduces the reader to the problem of Death, but also considers the place of human in the Cosmic Hierarchy. You will learn about the Path of warrior and his attitude to Death, about the septenary composition of a human, about the overcoming the fear of Death, about the relationship between man and Egregors, about chakrams as natural channels of communication with other worlds. The book contains techniques and methods of entry into inner spaces and transition to other worlds.

CONTENTS:

Foreword
 Other Worlds
 Warrior and Death
 Meditation is «Death»
 Fear of Death
 The Art of Dying
 Human - Space
 Space and Time. Guide to other Worlds
 The Material Universe
 Man and Egregor
 Non-humans
 Cleansing from evil during life-time
 Journey in Time and Space
 Technique for entering inner spaces
 Methods of transition to other worlds
 Auto- or self- hypnosis
 Conscious dreaming
 The second way of exit
 Chakrams - natural channels of communication with other Worlds
 Muladhara
 Svadhithana
 Manipura
 Anahata
 Vishuddha
 Ajna
 Sahasrara
 Composition of the human
 The septenary composition of human
 From the author





A collection of poems «40 days of Hermitage»

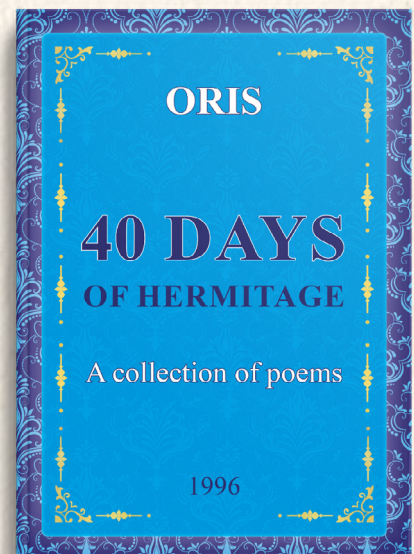
Yalta, 1996

Pages: 47

All poems in this book were written by Oris in 1996 in the Ai-Petri mountains, when he voluntarily took a vow of silence and lived for 40 days in a mountain forest, in a small space dug with a tin can between two rocks supporting each other, completely refusing food and any communication with people.

His inner reason for going to the mountains was the pressing, unyielding need in his Soul to try to cognize the Meaning of his present existence as deeply as possible and, if possible, to try to find the Essence of his own Spiritual Destination by conducting an inner dialog with his «Higher Self» and seeking opportunities to understand himself...

This book also contains an audio recording of these poems, which Oris recorded onto a tape recorder during this act of hermitage.



1997-2000



Thought and Meditation

Yalta, 1997



Pages:



Thoughts, unlike objects, do not belong to you: they come from somewhere else all the time, stay and interact with your Consciousness for a while, and then imperceptibly disappear to somewhere. Your thinking is the process of continuously synthesizing in your reality newer and newer Forms from the already known to you mental and sensual experience. Therefore for you the thinking process represents the «beginning» and the «end» of absolutely all of your desires - from getting some material benefits to achieving «higher» (according to your concepts) spiritual goals.

By mastering the art of mental transformations, you will have an absolutely real means of consciously controlling the material conditions of your earthly existence. By improving in this direction, your mentality can reach the point where it becomes possible to control the powerful factors of the natural elements of Nature, influencing not only the weather, but also such destructive phenomena as tornadoes, tornadoes, earthquakes, tsunamis with the power of your Mind...

CONTENTS:

Life is a product of the creative movement of thought

Every thought is material

Working with Thoughts

The Adept's teaching

How to become an observer

About conducting concentration classes

In life, we build everything with our Thoughts and Consciousness

About the practice of dream formation

Thought is a product of time

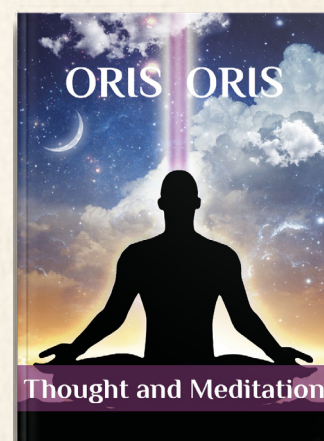
A technique for opening the «third eye»

Everyone lives in the world of their own dreams

How to go beyond Thought

About the creation of a Thought Form in Meditation

Practice





«Soul in the Zodiac»

Moscow, 1999



Pages:



The book «Soul in the Zodiac» continues and develops the subjects, raised in the book «Wandering of the Soul». In this book the author tells about his experience of Contacts with extraterrestrial civilizations, considers the model of the structure of the universe, in particular the worlds of spirits, hellish worlds, worlds of the solar system and other worlds and hierarchies.

The existence of the Soul in the transition between worlds, the archetypes of the astral and subtle worlds are covered in detail. In this book the reader will find the most complete answers to the eternal questions of human Existence.

CONTENTS:

Part One. Worlds of the Solar System

- Worlds of Religions
- Worlds of vedanta
- Worlds according to Buddhism
- The worlds of human
- Descending Worlds
- Ascending Middle Worlds
- Worlds of «doubles»
- The World of perfect Spirits

Part Two. Extraterrestrial Civilizations

- Civilization from the planet «Ceres»
- Civilization from the constellation Andromeda
- Civilization from the constellation Pleiades
- Civilization of silver «humanoids-balls»
- Civilization of green «humanoids-balls»
- Star Spirit Christ
- Guardian Angels

Part Three. The physical world

- Etheric layer
- Physical body
- Etheric body
- Animal community archetypes
- Astral body
- The Astral
- Aura of the Soul
- Evolution of the Spirit



Book series «Life between Lives»


Yalta, 1997-1998


What Oris writes about in this book series is the most detailed description ever written by human about the entire sequence of events undergone by the Consciousness of a dead person when he returns to his Heavenly Home, which has so many «abodes» that it is impossible for an ordinary person to even imagine.

Oris, using his many years of individual experience of astral travel, describes in detail the Astral and Mental realities he has explored, transforming the Incomprehensibly-Cognizable Existence into Knowledge that is comprehensible to almost every person, which leads readers to a gradual realization of the immutable Truth of their infinite Cosmic Existence.

Book 1. «Life without death» («The spirit of death»)

Yalta, 1997

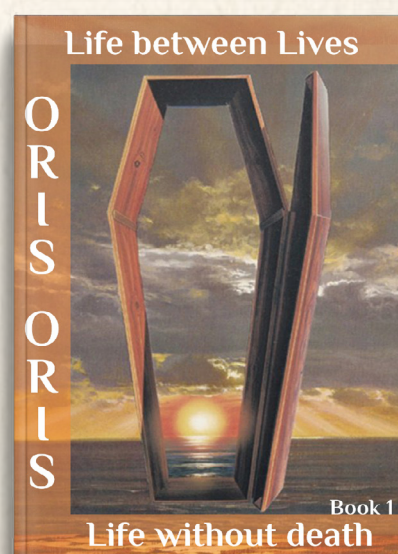
 **Pages:**

 Who are you? How and why did you come to this cruel and alien world? Where will you go and how will you live after your loved ones have said good-buy to you on this earth? And will you really exist after that? These are constant questions. But they have answers. The secret of life and death irresistibly draws man to the realization of what he has long known, but what has remained a mystery and unknown.

If you need answers to these eternal questions, if you can no longer live without understanding them, then this source of knowledge is for you.


CONTENTS:


Death is the beginning of Life
 Death and religion
 Life is the path to immortality
 Death is the form of Life
 Dialogue with the Teacher
 Warrior and Death
 Warrior and suicide
 The fear of Death




Book 2. «Soul and the Cosmos»

Yalta, 1997

 Pages:

 When confronted with the constant choice between Good and Evil, man is lost and does not always think about whom exactly with his every choice and action he serves: God or Satan? To help the reader to choose, the author tells in details about Egregors - astral entities, adapted to living in both as in positive so and in negative poles of Existense, which are mainly determined by the nature of Egregor itself.

 The author helps to understand all the subtleties of this topic, showing using examples the activity of «devil's Egregors», explains to what can lead the spiritual ignorance and thoughtless worship of material symbols, which all lower the human consciousness to the level of sorcerers, magicians and so-called non-humans.

How can we cleanse ourselves from the astral dirt of our own ignorance, which degrades our spiritual Essence and puts us on the same level as wild animals? How can we in Life take care of favorable conditions of our postmortem existence? This and much more is discussed by Oris in his second book «Soul and the Cosmos».

CONTENTS:

From the author

Man - Cosmos

Space-Time

Time is a thought

River of Time

Time factors

«Black holes» - sources of Matter of the Anti-World

Material Universe

The Soul in the Egregor

Egregors and people

The Devil and his demonic Egregors

Egregors and the Soul





Book 3. «Soul in other Worlds»



Yalta, 1997

Pages:



Always when people speak of «other cosmic thinking civilizations» they usually mean either the intelligent populations of other planets, the so-called «brothers in mind» or something very abstract and vague. But for some reason no one ever thought that these very «thinking civilizations» could be OURSELF, but only OURSELF located at other levels of OUR development, in other conditions of Existence, in the past or future space-time structure, in other circles of OUR human civilization's time field.

All so-called «other worlds» should not be perceived as something alien and unknown. There is no dividing barrier between «this World» and the many «other Worlds». On the contrary, all that exists is one single Divine Being.

You will learn about this and much more from the third book «Soul in other Worlds».

CONTENTS:

From the author

Worlds of Solar systems

Worlds of Religions

Worlds of Vedanta

Worlds of human

Worlds of Heaven

The worlds of those who listen to the voice

Worlds of self-directed to enlightenment

Bodhisattva's Worlds

Buddhas 's Worlds

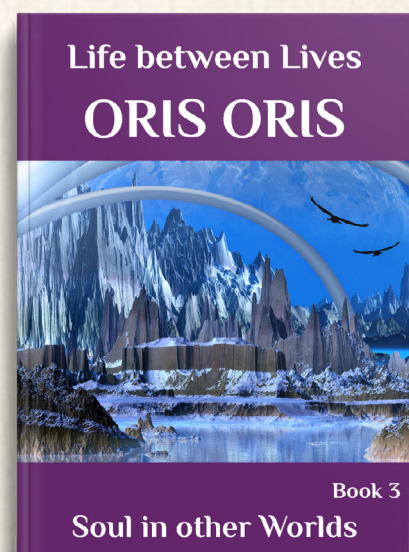
Descending Worlds

Hell Worlds

Ascending Middle Worlds


Worlds of «doubles»


The World of perfect Spirits



Book 4. «Aliens»

Yalta, 1998

 **Pages:**

 This book may seem unbelievable and dreamy to the reader, but those who have ears to hear will find confirmation of their thoughts and hopes and proof that we are not the only people in the cosmos.

The time has come to meet those who have been invisibly present around us for millions of years, sending signals of their invisible existence. May each of you perceive this book the way he or she feels! For some, it may be perceived as a fairy tale, and for others, as information for reflection or as a guide. In this way, the main goal of this book will be achieved, because you will know the Truth, and what to do with that Truth is everyone's personal choice.

This book represents the least amount of information about the author's many Contacts with other cosmic civilizations and the information that has been received from Those whom the author calls The Universal Teachers.

CONTENTS:

From the author

Message from the Demiurge of the World

Humanoids of the constellation Regulus

Civilization from the planet Ceres

Civilization from the constellation Andromeda

Civilization from the constellation Pleiades

An urgent message to earthlings from representatives
of the constellation of Pleiades

Ora's Message to the Earthlings

Aalan informs the people

Civilization of silver «humanoids-balls»

The Tunguska Mystery or once again about non-humans

Civilization of green «humanoids-balls»

A message from Lord Maitreya

Christ the Superstar

Aliens testify

Albellic's Messages

Ramasanta reports

Makkearland reports

Araaragot reports

Oris's dialogue with Allaagor the
andromedian

Guardian Angels

Message from Archangel Michael

Message from ELOCHEM to the

People of the Earth

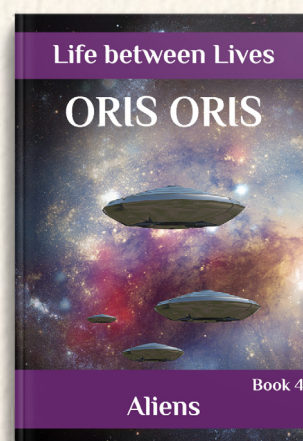
Message from Archangel Uriil

Message from Archangel Gabriel

Message from Archangel Metatron

Message from the God of the Sun

Ascending worlds



Book 5. «The technique of Astro-Travel. Chakrams»

Yalta, 1998



Pages:



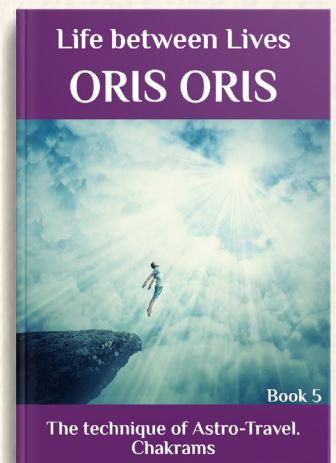
In this book the author continues his exploration of the world around us and tries to unravel one of the most unexplored mysteries of nature – the human. After all, only by knowing ourselves we can come closer to knowing God and His Mysteries.

Who are you and what are you doing on this planet? What is the point of your being here? Where will you go after people say about you, «He's dead...»? And in general, will there be anything left after Death other than the memory of you? All these questions will be answered through the author of this book by his Teacher, who has undertaken the mission to give a thorough introduction to the mankind on Earth to the problem of so called «post-death existence» of a human.

CONTENTS:

The double of human and the Earth's Noosphere
 The travel in Time and Space
 Techniques for Entering Inner Spaces
 Methods of Consciousness Transition to Other Worlds
 Relaxation
 Auto- or self- hypnosis
 General scheme of self-hypnosis
 Conscious dreaming
 The second way of exit
 Danger of possession during astro-travel
 Chakrams are natural channels of communication with other
 Worlds

Muladhara	Vishuddha
Svadhithana	Ajna
Manipura	Sahasrara
Anahata	Composition of human



Book 6 «Man and his Soul»

Yalta, 1998

CONTENTS:

Composition of the human	Etheric Body
The septenary composition of human	Archetypes of the Ethereal World
The physical World	Archetypes of animal communities
Etheric layer	The Astral Body
Physical body	The Astral





Book 7. «Soul in the Zodiac»

Yalta, 1998



Pages:



In this book the author tells us that the entire world around us is a single system, and the parts of which are in very close relationships and interconnections, and that the entire Universe is subject to unified rhythms and unified cycles. Some of these cycles began at the creation of the Worlds and determine the Evolution of the Universe as a whole. Others determine the course of geological processes that change the face of our planet and, in turn, also affect the development of all mankind, the emergence and collapse of terrestrial civilizations.

The nature of all these influences, both global and individual rhythms, on the objects of the World is determined by the laws of the Zodiac, whose symbolism is much deeper than many novice astrologers think. In addition, in each cycle we can distinguish twelve basic and twelve current phases or micro-cycles, the characteristics of which are also associated with the passage of the Soul along different qualities and with the zodiac symbolism.

This book, as well as all the other books by Oris, is intended for those readers who seriously, deeply and with a sincere desire want to understand on their own everything that relates to the problems of Life and Death, who see in their impending Death not the most terrible and dangerous enemy, but on the contrary, a reliable adviser and a friend.

With Oris's books, Death is transformed from a frightening adversary, from an unfortunate failure or fatal mistake in the Universe into one more, another Transfiguration, to which we have already been subjected more than once.

CONTENTS:

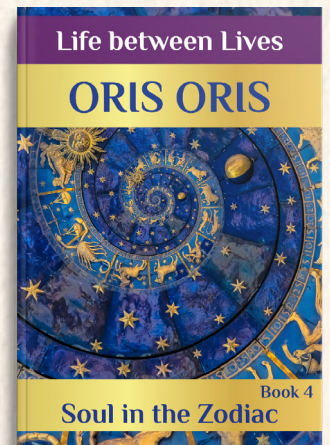
Soul in the Zodiac

The Fiery face of God: Leo, Sagittarius, Aries

The Airy face of God: Aquarius, Libra, Gemini

The Watery face of God: Scorpio, Cancer, Pisces

The Earthly face of God: Taurus, Virgo, Capricorn



Book 8. «The art of dying»



This book consists of 5 parts.



Pages:

The author has tried to give the most detailed answers to specific questions through his many years of experience of independent out-of-body explorations of the Ethereal World: how to die correctly? How to learn to accept your death in time? How the transformation of subtle bodies takes place during the post-mortem transition?

This book, describing in the most detailed way the changing state of a person's Consciousness during the process called «dying» and his Soul's presence in various



vibrations of the energies of the Astral, is also a kind of manual of religious therapy and eschatological psychosurgery, carried out through the most detailed texts of “Instructions” read by relatives for the dying ones or an already dead person in order to strengthen and awaken his Consciousness before the Transition to the Other World.

Among other things, this book can safely be classified as one of the most detailed travel guides to the many realms and spheres of the Ethereal World, which we commonly refer to as the «afterlife».

«The art of dying-1»

Yalta, 1998

Pages:

CONTENTS:

The Author’s Foreword
 Meditation on Death
 Meditation on Dying
 Jati Smaran Introduction
 Jati Smaran Meditation
 The Astrosome and Meditation

«The art of dying-2»

Yalta, 1998

Pages:

CONTENTS:

The Author’s Foreword
 The Mystery of Death
 The Postmortal Path
 The Egyptian Book of the Dead
 The Tibetan Book of the Dead
 «Mors certa, hora incerta»
 The Fear of Death
 Overcoming the Fear of Death

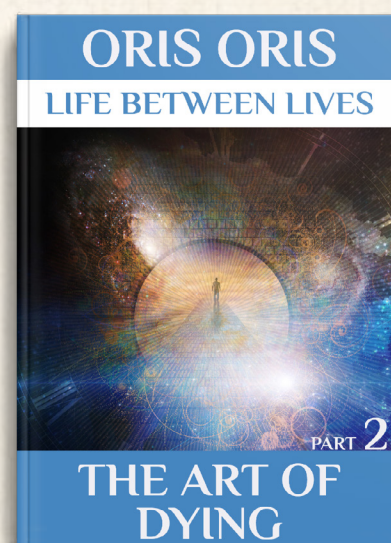
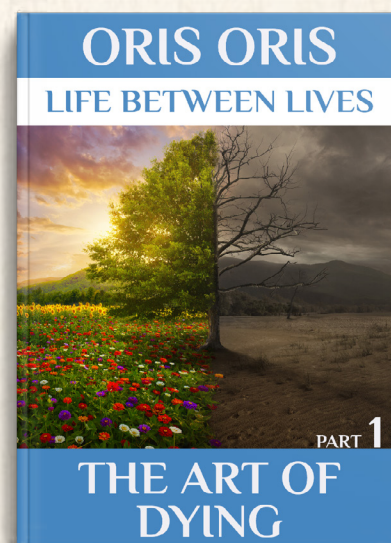
«The art of dying-3»

Yalta, 1998

Pages:

CONTENTS:

The Author’s Foreword
 Metamorphosis of Death
 The Preparation for Death
 Nobody Dies



Dying

Stages of dying

The moment of death

Signs of the coming of Death

A conversation with the Teacher

«The art of dying-4»

Yalta, 1998

Pages:

CONTENTS:

A Brief review of the diversity of Forms and types of dying

Dying is a completion of the Earth's form of suffering

Death is not the end of dying but the beginning of a new Life

Death of the non-humans

The Soul and its impulse Ring

The first phase of the transition: «The point of silence»

The second phase of transition: The tunnel effect, the bright light

The Assistants

Gradual awakening

Parting words to the dying person

For the dying one

The following text may be read for the one who has deceased

The funeral

The prayer for the deceased

The prayer for the release of the Soul

The prayer for the after the release of the Soul

«The art of dying-5»

Yalta, 1998.

Pages:

CONTENTS:

The first steps of the soul in its postmortal life

Planes and levels «of the other World»

Some peculiarities of Existence «in the other World»

Meetings with my mother

Love «beyond the veil»

Spiritual Families

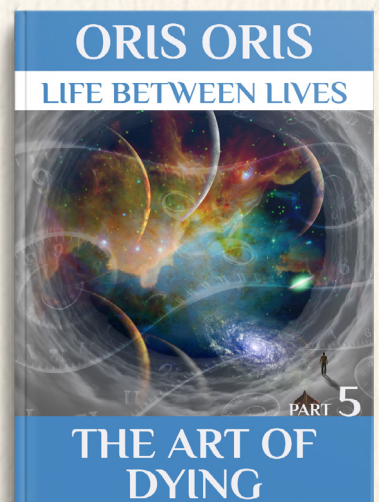
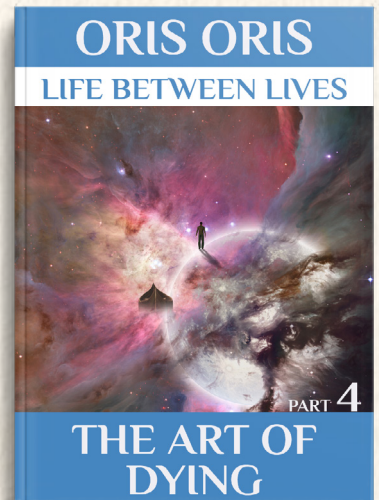
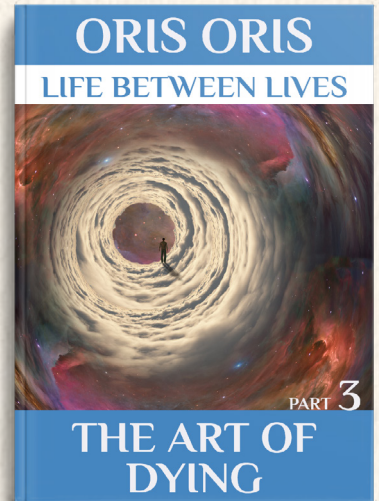
The description of «a City of Light»

What do the deceased do?

Awakening

First hours after death

Death is the return to God, return to Love





Book 11. «The evolution of humanity»

Yalta, May 1999



Book 12. «Anti-Worlds and Purgatory»

Yalta, April 1999



Pages:



In our truly apocalyptic and mind-blowing age of an unprecedented crisis of conscience in the spiritually and morally bankrupt humanity, which is writhing and fooling around on the fire-breathing volcano of the Transfiguration of the Earth, Ori's books about the immortality of the human Soul act as a sobering and saving call, trying to wake the dormant hearts.

On the pages of this book you will find for yourself spiritual pearls with the simplest and clearest answers to many eternal questions about man's true place in the Universe and about the higher meaning of human existence on Earth.

This book talks about the nature of the Earth's anti-Worlds and their inhabitants.

CONTENTS:

The Anti-Worlds

Hoahs and Ungs

Structure of the Anti-World

Hierarchy of the Anti-World

Administration of the Anti-World

Demons - the masters of Nature

Demons of local influence

Realities of the Anti-World

Features of the Anti-World

The races of Antics

Distinguishing Characteristics of Incarnated Ungs

Magic of the Anti-World

Purgatory

Maflocks are the fallen spirits

Spheres of the Hell

Spheres of the anger and rage



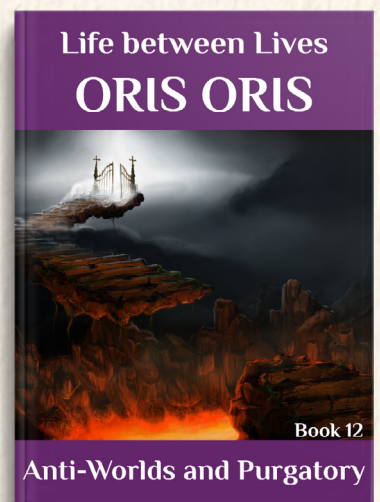
Book 13. «Ordeal of the Soul»

Yalta, August 1999



Pages:

As long as man is alive, he gives little thought to WHAT awaits him, perhaps in the next second: after all, how many beautiful lines broke off in mid-sentence, and how many good deeds were not destined to come true only because people in their busy every-day life keep putting off all the best and the most necessary,



forgetting that in the next moment they may not have that «later» at all. How many lost opportunities for the most simple manifestation of Kindness and Love towards each other have never been realized, and how many unspoken beautiful words have fallen into nothing!

This book is not about Death, but rather about HOW to restructure your whole life now, immediately, so that you can meet every next moment of your earthly existence without disappointment, despair and grief.

CONTENTS:

Peculiarities of reincarnation

Peculiarities of thinking

The Sphere hungry spirits

 The post-mortem fate of gluttons

 The post-mortem fate of drunks

 The post-mortem fate of vivisectors and flayers

 The post-mortem fate of women who had abortions

 The post-mortem existence among the mafloks

Suicides and the victims of «accidents»

 The history of suicide

 The nature of suicide

 The post-mortem fate of accident victims

 The principles of exiting Hell

The Neutral Zone

 Collective animal Souls

The World of «Doubles». The mafits

The Fourth Division of the Astral. The mahoits

The Third Division of the Astral. The lamites

The Second Division of the Astral

The First Division of the Astral



Book 14. «Hell and Purgatory»

Yalta, 1999

Pages:

CONTENTS:

The Soul in the Nine Circles of Hell

Inhabitants of Hell

The mafloks

The mafits

The machoites

The lamites

The Neutral Zone

Collective animal souls





Book 15. «Soul in the Higher Worlds»



Yalta, August 1999



Pages:

What Oris writes about in the book series «Life Between Lives» is the most detailed description, ever written by man, of the entire sequence of events undergone by the Consciousness of a dead person when he returns to his Heavenly Home, which has so many «abodes» that it is impossible for an ordinary person to even imagine.

Oris, using his many years of individual experience as an astrologer, describes in detail the Astral and Mental realities that he has explored, transforming the Incomprehensible-Cognizable Existence into Knowledge that is comprehensible to virtually every person and leads to a gradual realization of the immutable Truth of human's infinite Cosmic Existence.

CONTENTS:

Harmonious Realities of the Mental

The Paradise

Life activity and thought-creativity in the Paradise

The energy structure of the MENTAL BODY

Characteristics of people with an underdeveloped mental body

Characteristics of people with a moderately developed mental body

Spatial «geography» of the area of a specific thought

Prototypes of terrestrial forms

Mental compensation levels

The «Second Heaven» of Christians

Characteristics of the main Energy-Informational Spheres of the Mental

The seventh sphere (outer)

The sixth sphere (preparatory)

The fifth sphere (balancing)

The fourth sphere (central)

Realities of the levels of abstract thought

The «Third Heaven»

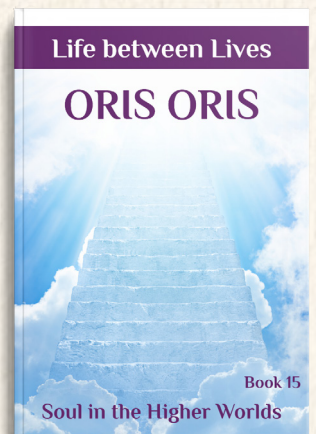
The Cities of Light

Descriptions of some of the Cities of Light

Higher causal realities of the Second and Third Earth

Globes of the Earth

Afterword



Book 16. «Soul's preparation for a new incarnation»

Yalta, 1999



Book 17. «Apocalypse»

Yalta, August 1999

СОДЕРЖАНИЕ:

Earth's future until 2147

Cataclysms

The coming of the Forerunner and the Antichrist to the Earth

The Fate of Russia

The Golden age

The Sixth human Race



Book 18. «Humans and Non-Humans»

Yalta, 1998



Pages:



Never before has the Mystery of the Creation of our World and the tragic role that Lucifer, one of the most highly spiritual First Consciousnesses of the Logos of our Universe, played in the history of the birth and development of mankind on our planet in such detail been revealed to people.



The purpose of this book is to give you the Knowledge which will help you to understand who is the God and what place in Him belongs to the forces which people call «Satan», «devil», etc. What energy-informational niche do they occupy in the Earth's Space and what form do they take (and if they have a form?) in reality?

CONTENTS:

Non-humans

The Mystery and Tragedy of Lucifer

Cleansing from evil during life-time



Book 19. «Soul in Hell»

Yalta, 1998

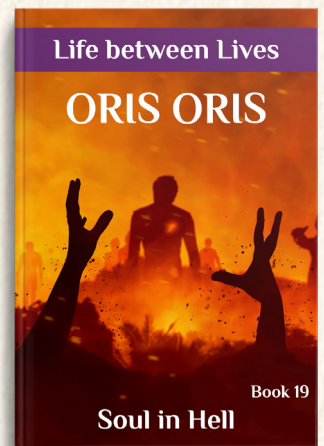


Pages:

Fear of Death is the individual's fear of losing himself, the fear of the need for further evolution. Man is most afraid of the unknown, but it is the unknown that makes a man to conquer his fear again and again. Many people are totally unaware of the infinite variety of levels of Consciousness in their own nature and whatever the author of this book may say to them about it, it will still not help them to understand it.



But there is still a small, even a tiny one-thousandth part of humanity which is the reason why all this knowledge about the true picture of Existence after Death is given. For the Transfiguration of this small part of mankind a small group of Star-Born Ones have specially incarnated and agreed to become conductors between the awakening Consciousnesses of the Earth and the Consciousnesses of the spiritual Teachers from Sirius and Pleiades. To each thousandth of the incarnate Earth's humanity Oris addresses in his books.



CONTENTS:

Life of the Soul on Different Planets

Pluto
Uranus
Moon
Mars
Neptune

The Hell and Purgatory

«Astral shells» and ghosts

The Hell

The «geography» of hell

The Nine Circles of Hell

Soul in the first circle
Soul in the second circle
Soul in the third circle
Soul in the fourth circle
Soul in the fifth circle
Soul in the sixth circle
Soul in the seventh circle
Soul in the eighth circle
Soul in the ninth circle



Book 20. «Soul in Other Worlds 2»



Yalta, 1998

Pages:



CONTENTS:

Stereotypical worlds of the Astral («maklaks», «vergons», «Glumids» and «mafits»)

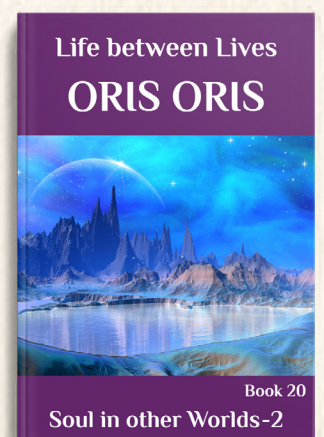
The fourth division of the Astral («shorts», «kloks», «glepmins» and «mahoints»)

The third subdivision of the Astral («pravinians», «eldonians», «kakrikons» and «lamites»)

The second sub-division of the Astral. First Heaven

The first sub-plane of the Astral. Second Heaven

Jupiter
Saturn
Mercury
Venus
Proserpine
The Mental
Laws of the mental



Book series

«Extraterrestrial Contacts»

In today's world there is a lot of information about UFOs, about the meetings of individuals and even whole governments with aliens, as well as materials of telepathic Contacts with representatives of various extraterrestrial civilizations, etc. Unfortunately this information, while passing through different dimensions to us, in our three-dimensional world, is often subject to very strong distortions and is very often misunderstood by us due to the specifics of our three-dimensional way of thinking.

Offered to you materials of Oris's Contacts with the commanders and crew members of the Sirius-A and Sirius-B starships, as well as with other extraterrestrial Consciousnesses and Civilizations, including the Consciousness of Christ, Lord Maitreya, God of the Sun (the Logos of our Solar System), Elohim (the Creators of our Universe), and the four Archangels (Michael, Uriil, Gabriel and Metatron), are unique because they are literally received «first-hand» and contain very valuable information, useful for all humanity, which lives on the eve of the Transfiguration of the Earth.

The Pleadians and Siriusians, who are the true spiritual Teachers of Earth's humanity, are happy to share with us the knowledge without which we earthlings cannot emerge from the endless series of earthly incarnations and join as equals the extraterrestrial civilizations that are part of the «Commonwealth of the Light Ring» on the expanses of Cosmic and Galactic Creativity.

About this and much more you can learn from this book series called «Extraterrestrial Contacts».





Book 1. «Teachers from Pleiades report»

Yalta, 1998



Pages:



Such concepts as «Cosmos», «Higher Intelligence», «UFOs», «aliens», etc. have now firmly established in our Consciousness, and we can no longer imagine ourselves, our planet and our entire existence in isolation from the rest of the universe, from the hope of a promising direct contact with brothers in Mind.

Who are they, our teachers, what do they teach, what do they look like, and what do they want from us? In this book you will find answers to these and many other questions.

CONTENTS:

From the author

Teachers from Pleiades report

First Appeal of The Demiurge of the World

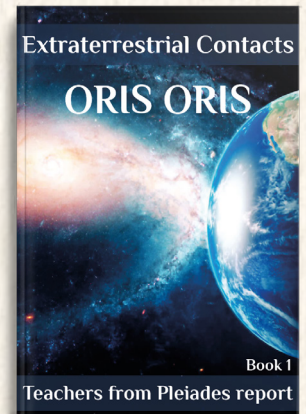
Appeal to earthlings from representatives of the Constellation of Pleiades

Ora's Appeal to the earthlings

Aalan's Appeal to people

Albellic's first Message

Albellic's second Message



Book 2. «The crew of the Starship Sirius-A reports»

Yalta, 1998



Pages:



In this book, the Pleiadians and Siriusians, who are the true spiritual Teachers of mankind, gladly share their knowledge with us, without which we, the earthlings, would not be able in the very short time that remains before the Transfiguration to come out of the many thousands of years of hibernation and to make the necessary number of timeless passages in the impermeable thickness of the Collective Consciousness, necessary for the so called «shift of the paradigm».

CONTENTS:

The crew of the starship «Sirius-A» reports

Albellic's third Message

Ramasanta's first Message

Ramasanta's second Message

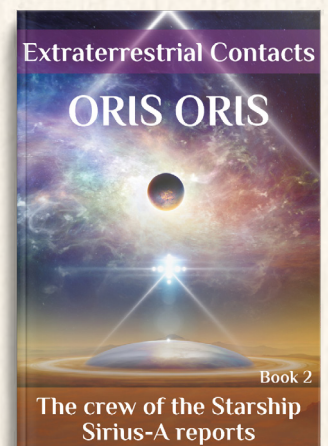
The First Universal Law of Cosmos

The Second Universal Law of Cosmos

The Third Universal Law of Cosmos

The Fourth Universal Law of Cosmos

Albellic's fourth Message



Book 3. «The crew of the Starship Sirius-B reports»

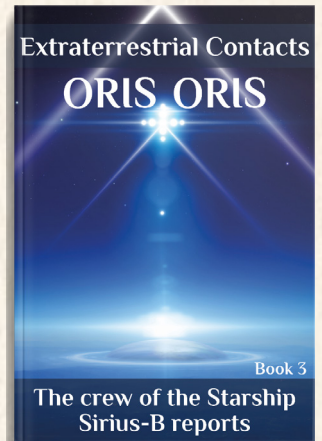
Yalta, 1998



Pages:



The next ten to fifteen years are predicted by extraterrestrials to be very informative and interesting for humanity. We will see how our so-called «unshakable reality» will begin to be rapidly turned upside down before our very eyes. Already the world does not seem as solid and unbreakable as it once did. And very soon we will all be witnesses and direct participants in a worldwide spectacle of Chaos and Confusion. The foundations of all our cultural, religious, philosophical, and scientific Paradigms, which have served us so far invariably as an image of the «real» World, in a matter of years, will crack and begin to crumble before our very eyes.



The reality of the New Age is within us, and main changes that we have to make must affect primarily our inner content, which, by freeing the Divine Light of our Souls from the millennia-old oppression of the Matter, will turn the mustiness and decay of our earthly cities into the unearthly glow of Beauty, which overflows the Cities of Light of the new, transfigured Earth.

CONTENTS:

The crew of the starship «Sirius-B» reports

- First Makkearland's message
- Second Makkearland's message
- Third Makkearland's message
- Fourth Makkearland's message
- Fifth Makkearland's message
- Sixth Makkearland's message
- Seventh Makkearland's message
- Eighth Makkearland's message

Book 4. «The Teachers of the humanity report»

Yalta, 1998



Pages:



Throughout all the history the humanity has been narrowing its perception of the Worlds from multidimensional, which includes all the subtle-material Spheres of the Astral, to three-dimensional, rough-material Level, thus not only limiting itself in the better understanding of the world around, but also completely destroying the possibility of free contact with the Consciousnesses of hundreds of thousands of other space civilizations, who actively create and work in the Cosmos.

Representatives of many of these Intelligent Civilizations have practically never left our planet, while other Higher Entities have been incarnated among people only for several millennia.



They have voluntarily shared and continue to share with us all the burdens of earthly incarnations and the very heavy human Karma, only to help with their Knowledge of the Truth and their personal experience, so that the people of Earth could more rapidly climb the steep steps of the Evolution Stairs.

CONTENTS:

The Teachers of the humanity report

Araaragot reports

Oris's Dialogue with Allaagor the Andromedian

The «Wanderer» reports

 The first Message of the Wanderer

 The second Message of the Wanderer

 The third Message of the Wanderer

First Message of Christ, Lord Maitreya

Message from the God of the Sun

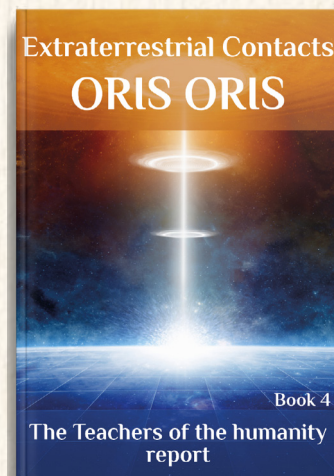
Message from Elohim to the people of Earth

Message from Archangel Michael

Message from Archangel Uriil

Message from Archangel Gabriel

Message from Archangel Metatron



Book 5. «Extraterrestrials»

Yalta, 1998



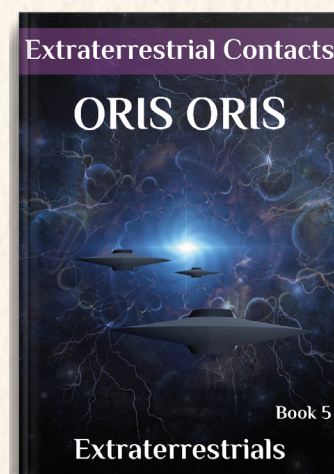
Pages:



They, the extraterrestrials, are working on our planet neither to conquer nor to enslave it, but with one single goal in mind: to slow down our rapid fall into the abyss of self-destruction, trying to bring to our Consciousnesses the moral, spiritual, social and scientific values accepted in the civilized Cosmos.

Those few people who are able to perceive their Word of Truth do everything possible, even impossible, to bring it to the half-asleep Consciousnesses of the rest of mankind.

Many «extraterrestrials» from Pleiades, Sirius, Andromeda and other civilizations of the «Light Ring» have been living among us for thousands of years, voluntarily giving up being in the Worlds of higher dimensions, just so that we, people of Earth, did not remain completely cut off from the Source, from Which all of us have come out, and to illuminate with the Knowledge of Truth the Path of spiritual ascent for Consciousnesses who no longer wish to



abide in the sleep of illusion and the darkness of ignorance. The Books of Oris are an example of this Service.

CONTENTS:

Extraterrestrials

 Humanoids from the constellation Regulus

Mars and Martians

Civilization from the planet Ceres

Civilization from the constellation Andromeda

Civilization from the constellation Pleiades

Civilization of silver «humanoids-balls»

The mystery of Tunguska or once more about the non-humans

Civilization of green «humanoids-balls»

Christ the Superstar



Book 6. «On the eve of Armageddon»

Yalta, August 1998



Pages:



This book, in its uniqueness and value of the information it contains, is on par with the other Oris's books, continuing the subject of Contacts with Representatives of Worlds of Higher Levels of Existence.

Does The Christ Himself communicate with many people on the eve of the so-called «Last Judgment» transmitting specific recommendations? Has the Mother of God appeared to many to show them the way to salvation through Her Word in these terrible days of the approaching disasters and cataclysms? You just stop for a minute and delve into the rank of Those Who appeal to you – the Christ and the Queen of Heaven!

To ignore this information would be to close one's eyes, on the edge of the precipice, at the risk of being crushed to death. Is that what you want? Then read carefully, absorb and, opening the eyes of your Heart, draw your own conclusions.

CONTENTS:

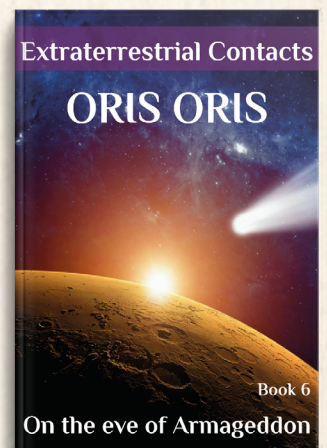
On the Eve of Armageddon

 Second Message of Christ, Lord Maitreya

 Commandments of Christ

 The Word of the Queen of Heaven to the Adam's family

 Oris's answers to the questions of the Swiss group of Star-Born





Book 7. «The beginning of Armageddon»

Yalta, September 1998



Pages:



The beginning of the Age of Aquarius. Nostradamus wrote: «I see a reborn and renewed Christ coming. And then there will come a long peace, unity and harmony among the generations of several races».

The process of division of people depending on the quality of their Consciousness has already begun rapidly around the world. It will soon lead to the final separation of mankind not by national, religious or party affiliation, but by the quality of their spiritual vibrations. People had more than enough time to change their lives for the better. But now there is no time even for a reflection.

Very soon there will be the first cataclysm of an unprecedented force, which will not only change the circumference of the Earth, but will also shift its magnetic poles. The Earth's axis, which is already in an unbalanced state, will change

and all this will cause continuous, endless cataclysms. Earthquakes and floods will become a common thing, and long and extensive fires will engulf the entire planet.

Today we are no longer «slipping into the abyss» or «standing on its edge», as economists and politicians reassure us; we are already flying into the abyss with great acceleration, and no one gave us wings to wave and soar upward to avoid death, or rather, God in fact did, but we have all forgotten about them.

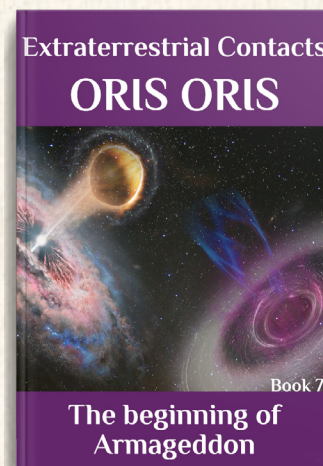
CONTENTS:

The Beginning of Armageddon

Ramasanta's third Message

Albellic's fifth Message

Oris's answers to questions from the Swiss group of Star-Born



Book 8. «Quo Vadis»

Yalta, January 1999

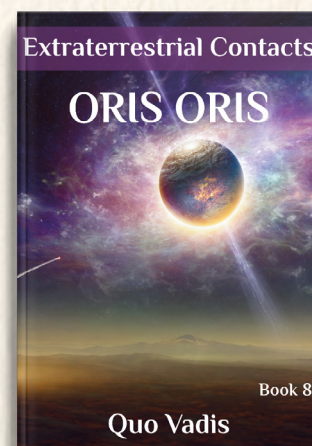


Pages:



The crew commander of the Sirius-A starship Albellic continues to share with humanity on Earth through Oris the knowledge about the last times of the physical incarnation of the Planetary Entity and its preparation for the spiritual Transfiguration.

By answering Oris's questions, Albellic describes in detail WHAT a human being really is, what are his true capabilities and what



are his immediate prospects on this planet.

CONTENTS:

Quo Vadis

Albellic's sixth Message

Albellic's seventh Message

From Oris's letters to the incarnate Star-Born



Book 9. «The Word of Transfiguration»

Yalta, 1999

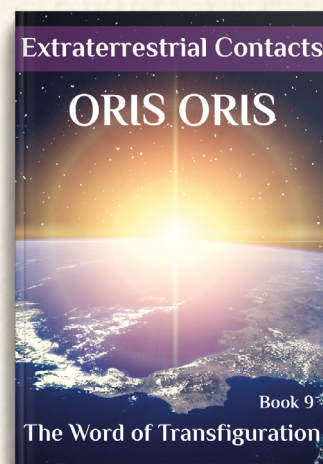


Pages:



Holy Mother of God, save us! - This is what the prayer to the Blessed Virgin asks for. But the same people disbelieve and slander, avoid and remain indifferent when the Living Virgin herself speaks to them and tells them about the ways of their salvation. «Hypocrites», says the Queen of Heaven to them, «get to know what Heaven looks like, and why do you not know the signs of the times? Prepare yourselves, people, as truly the day and hour of the Judgment of this world has already come».

In August Our Lady transmitted the first part of Her «WORD» through Oris, and on January 13 and 19, 1999, through the same channel She transmitted the next two parts and commanded to compose from Her «Word» a supranational «Gospel of Transfiguration», which was published as a separate book «The Gospel of Transfiguration by the Mother of God» (see below).



CONTENTS:

The Word of Transfiguration

The Word of Proclamation of the Mother of God

The Word of Transfiguration of the Mother of God

Second Message of the Demiurge of the World

From the prophecies of the end times



Book 10. «The New Earth»

Yalta, June 1999



Pages:



After the release of previous books in this series, letters to Oris from all over Russia, Belarus, Ukraine, and after the publication of his books in German and English - from Europe, England and the United States, come in an endless stream.

Because of lack of time, the author is not able to answer all of the numerous questions asked by readers. But the more important questions are answered in



this and the following books of this series.

Also in this book the author publishes the Third Message of Christ-Maitreya on the eve of the Transfiguration of the Earth.

CONTENTS:

The New Earth

Third Message of Christ, Lord Maitreya

Oris's Answers about the Transfiguration

Immediate perspectives of humanity

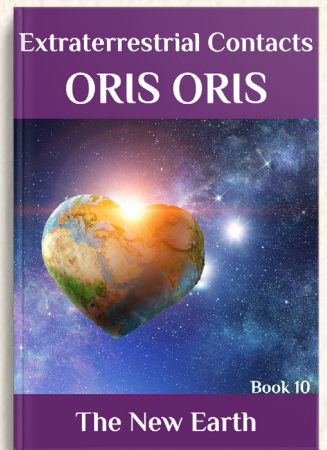
Physical atlas of the New Earth

Analogies of human death with Earth's Transfiguration Processes

Meditative practice of working with the elements

The genetic diversity of humanity

Questions and answers



Book 11. «Messages from Heaven»

Yalta, July 1999



Pages:



This book by Oris introduces the reader to another set of Messages from the Representatives of the Supreme Cosmic Mind on Earth - Lord Christ-Maitreya and the Commander of the crew of the Sirius-A starship Albellic.

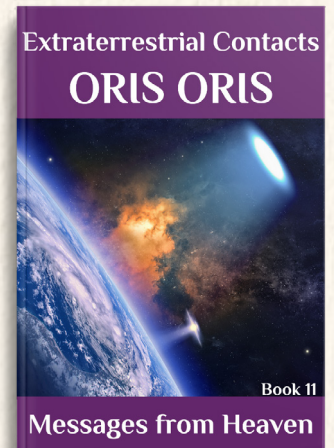
This is the most recent material of Oris's Contacts, received by him on the eve of his departure, along with six other Star-Born, for a 44-day Meditation and purification of body (the energy conductors) with the water on the Ai-Petri Plateau.

CONTENTS:

Messages from Heaven

Fourth Message of Christ, Lord Maitreya

Albellic's eighth message



Book 12. «The Transmutation Diary»

This book consists of four parts.



Pages:



From 7.07 to 19.08.1999 a group of Star-Born Consciousnesses under the leadership of Oris, implementing specific recommendations received from Albellic during Oris's Contacts with Him (choice of place, modes of accommodation, stay and meals, exercises, themes and methods of work in Astral, etc.), was in Crimea, on the plateau Ai-Petri, to conduct general Meditations and joint work on the Subtle Plane with Jupiterians – Intermediaries of the First Order from the Pleiadeans side.

This diary was kept by Firoxanta and thoroughly edited by Oris before publication.

About what happened to them during this period, about transmutation, about the incredible events that happened on the Ethereal Plane, you will learn from this Diary.

«The Transmutation Diary. Part 1»

Yalta, 1999

Pages:

Tells about the events that took place from 07.07.1999 to 19.07.1999.

«The Transmutation Diary. Part 2»

Yalta, 1999

Pages:

Tells about the events that took place from 20.07.1999 to 31.07.1999.

«The Transmutation Diary. Part 3»

Yalta, 1999

Pages:

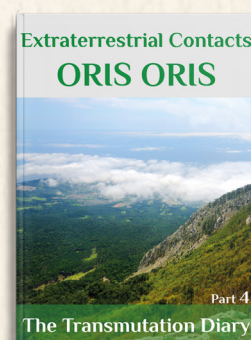
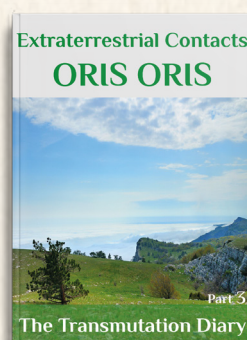
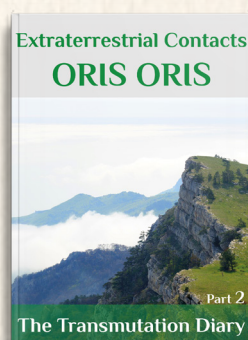
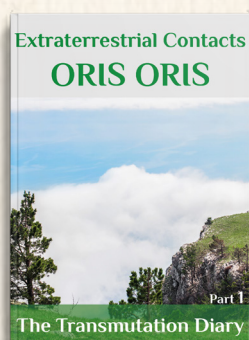
Tells about the events that took place from 08.01.1999 to 13.08.1999.

«The Transmutation Diary. Part 4»

Yalta, 1999

Pages:

Tells about the events that took place from 14.08.1999 to 19.08.1999.





Book 13. «All Contacts»

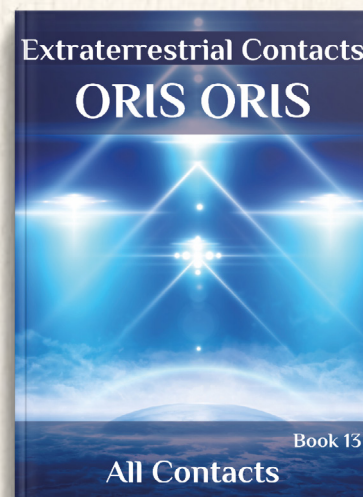


Yalta, 1999

Pages:



Out of all the huge number of Extraterrestrial Contacts made by the author, this collection contains the most relevant Contacts, in the author's opinion.



A collection of poems «40 days of Spiritual Solitude»

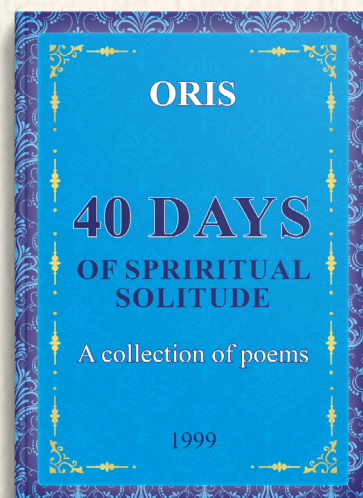
Yalta, 1999

Pages: 20

Poems presented in this collection are written by Oris during the period from the 7th of June until the 19th of August 1999, when he was on Ai-Petri Plateau with six other like-minded people, having once again taken a vow of silence and physical fasting.

This period is described in great detail in the book series consisting of 4 books under the general title «Transmutation Diary».

This book also contains an audio recording of these poems recited by Oris onto a tape recorder during this very act of Spiritual Solitude.



Book series «The Gospels»



«The Gospel of the Transfiguration from the Mother of God»

Yalta, 2002



Pages:

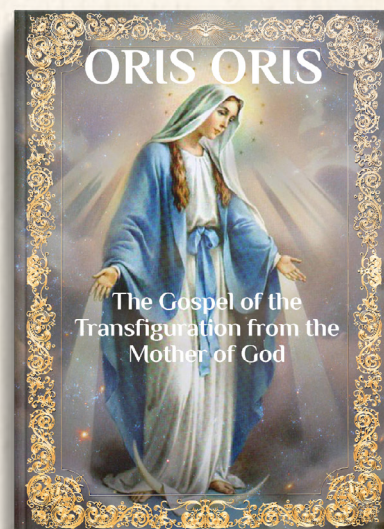


The word of the «Gospel of Transfiguration» was dictated to Oris by the Living Blessed Virgin Mary herself during Oris's meditations on January 13 and 19, 1999.

CONTENTS:

The Gospel of the Transfiguration from the Mother of God

The Word about enemies
 The Word about murmur
 The Word about Compassion
 The Word about Repentance
 The Word to My faithful ones
 The Word about Love
 The Word about infirmity
 The Word about Antichrist
 The Eve of the Last Judgment
 The Last Judgment
 The Beginning of the Last Judgment
 The Word of Proclamation
 The Crying of Our Holy Lady
 The Transfigured World



«The Gospel of the Transfiguration from the Christ»

Yalta, 2002



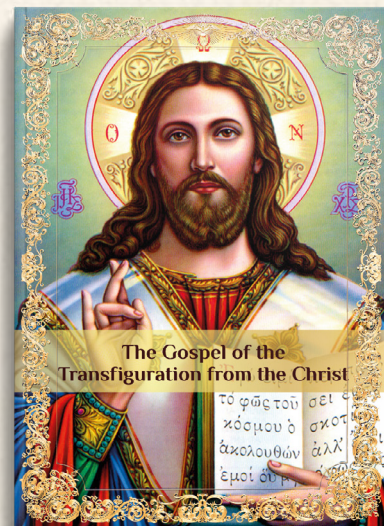
Pages:



Information received by Oris during direct Contact with the Christ Consciousness on August 19, 2000 and published by him on January 7, 2002

CONTENTS:

God's Word about the Transfiguration
 God's Word about Love
 God's Word about Wisdom
 God's Word about Death
 God's Word about the enemy of the human race
 God's Word about suffering
 God's Word about non-judgment
 God's Word about Faith
 God's Word about Repentance
 God's Word to My faithful ones
 God's Word about the Salvation of the Soul



2000 – 2008

Book series «Working notes»

In this book series are being published Oris's working notes made during his work on the book series called «lissiidi». Most of information outlined in these 4 books did not eventually make it into the final version of «lissiidi» series, hence it was decided to publish it separately.



«Chakram personalities and their influence on incarnated consciousness»



Yalta, 2000



Pages:



The author describes the essence of the concept of «Chakram personalities» and their influence on human consciousness through the psychic centers (chakras).

CONTENTS:

Chakram personalities and their influence on the consciousness of incarnated person

Padma and flames

A person's time field and the structure of his bilateral connection with chakram personalities

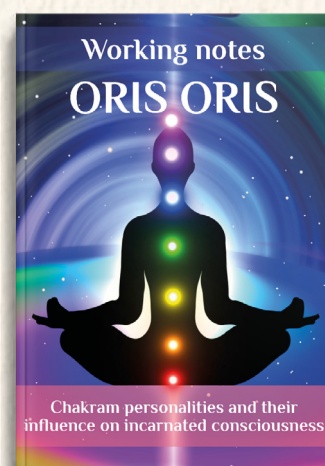
«You will not die, but you will change»

A new view on the human physical body

Spiritual and cosmic essence of a human

Significance of the vibrations of the tone names of the star-born for the acceleration of spiritual development

Chakram meditation



«Muladhara chakra (Argllaamuni-lissiidi)»



Yalta, 2000

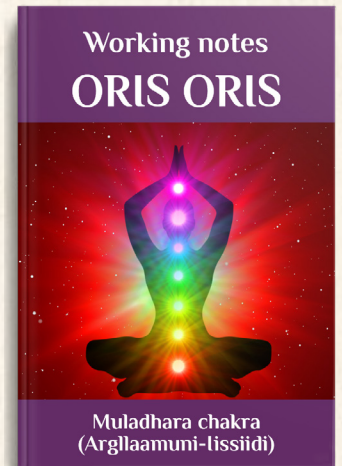


Pages:

Functionally, the Argllaamuni-center (Muladhara) is closely connected with the psychological abilities of the physical body, which provide survival of the physical body and protection of a person from unfavorable external influences. A big role in the activation of the whole immune system belongs to this lower center. Its normal functioning gives a sense of physical health, well-being, self-confidence and stability.



Imbalance and all kinds of muladhara «breakdowns» in the Aura, lead to the constant outflow of these energies and can cause a feel of insecurity, deep depression, lack of willpower, a sharp decline and energy loss, increased soreness in the lower and middle parts of the body, despondency and melancholy. This is particularly typical for those, who have not yet opened the karmic channels of the heart center or if karmic channels of the heart center are very weakly activated, which in order to switch the person to completely higher, spiritual levels of feeling and thinking. In such cases a person loses the purpose of his Life, as if he loses his roots and, purely intuitively, following the consciousnesses of the organs and body systems, completely surrenders himself to the satisfaction of his own lower desires in order to replenish the energies of the Argllaamuni center.



CONTENTS:

Muladhara chakra (Argllaamuni-lissiidi)

The colors, hues, and swirl sounds of Argllaamuni

The influence of the chakram mantra onto the consciousness and life of a person

Influence of word and music vibrations onto consciousness

Peculiarities of the geometry of Argllaamuni space

The «Lord» of the chakram

The specifics of the relationship of an incarnate person with the fragmented consciousnesses of the Argllaamuni-lissiidi

Qualitative Characteristics of the Levels of Fragmented Consciousnesses of Argllaamuni- lissiidi from first through seventh qualitative levels of Argllaamuni energies

Consciousnesses of the First Qualitative Level of Argllaamuni Energies

Consciousnesses of the Second Qualitative Level of Argllaamuni Energies

Consciousnesses of the Third Qualitative Level of Argllaamuni Energies

Consciousnesses of the Fourth Qualitative Level of Argllaamuni Energies

Consciousnesses of the Fifth Qualitative Level of Argllaamuni Energies

Consciousnesses of the Sixth Qualitative Level of Argllaamuni Energies

Consciousnesses of the Seventh Qualitative Level of Argllaamuni Energies

Work Methodology with Argllaamuni-lissiidi Chakram Personality

About the discharge of negative emotions





«Svadhithana chakra (Inglimilissa-lissiidi)»

Yalta, 2000



Pages:



The weaknesses of our sex education have led to the fact that most people, even if they feel a deep sensual attraction, instead of beginning a heartfelt spiritual exploration of each other in the process of intimate interaction and accumulation of sexual energy, instead, close their heart centers and turn the unique opportunity of highly sensual admiration into a trivial sexual act.

Unfortunately, the creators of the lower-astral and dense-material types of Reality benefit greatly from the fact that the prevailing majority of people completely incorrectly and perversely understand the very essence of SEXUAL INTERACTION. Sexual interaction in fact is a spiritual intimate process which, if properly understood, contributes to a stronger contact between a person and his inner Essence and contributes to a more highly-sensual and deeply soulful manifestation of the person.

Love is the real Symbol of the Age of Transfiguration that is coming on Earth! And the mysterious «sacred key» to the Gate of Spiritual Transformation is not somewhere in the cosmic infinity and unfathomable unknown, beyond our psychic capabilities, but in fact is located quite «nearby», or rather, in our own heart center AIGLILLIA, which is filled with the highest vibrations of Love literally towards every manifested aspect of the Life around us, including the strongest of all – the sexual one.

CONTENTS:

Svadhithana-chakra (Inglimilissa-lissiidi)

Mandala of Inglimilissa and its cosmic essence

Twelve-year chakram cycles

Sex and Astro-travel

Some notes for the section «Interaction of the sexes»

Some notes for the section «Sex and the pathological features of individual physiology»

Family, Sex and Spiritual Development

The technique of sexual-hearty transmutation of chakram energies

Sexual transmutation without a partner

Sexual transmutation with any partner

Sexual transmutation through watching erotic movies

Sexual transmutation with a loved one

A brief description of the main qualities of fragmented Consciousnesses Inglim-



ilissa-lissiidi from first through seventh Energy-Informational Levels of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the FIRST Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the SECOND Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the THIRD Energy-Informational Level of Realities of Inglmilissa-lissiidi

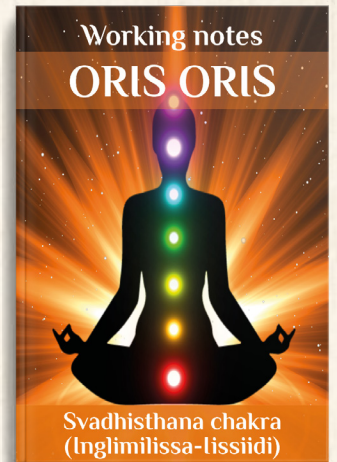
A Brief Characteristic of the Basic Qualities of Fragmented Consciousnesses of the FOURTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the FIFTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the SIXTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of Fragmented Consciousnesses of the SEVENTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

Methods for sustained alienation of self-embedded Chakram Consciousnesses from own astrosome



«Anahata chakra (Aigllilliaa-lissiidi)»

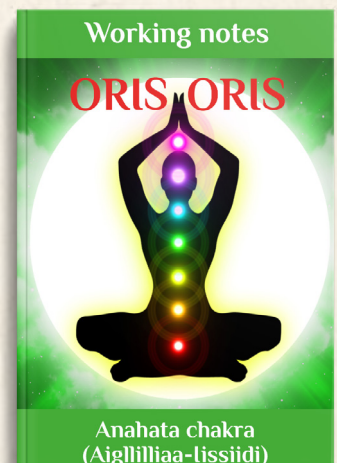


Yalta, 2000

Pages:



Oris describes his reflections about the so-called Anahat states and deepens the concepts of Kindness and Love, revealing their different shades depending on the presence of a greater or lesser selfish component in each of such manifestations.



Book series «ISSIIDL»


This series of books, from the first to the last pages, includes the most unique in meaning and the most important information, accepted by Oris after the year 2000 during his next direct Contacts with the Creators of Humanity: Algellis (Argllaamuni and Inglmilissa iissiidi centers), lillgmmii-I, (Aigllilliaa and Orlaaktor iissiidi) Lua-Andis (Ulgluu and Ssaassfati iissiidi), Greyli-Vin (Olgoolloni and Aani lissiidi), Slliangsmiii (Raaklima and Uluuguma lissiidi), Sslaaiingsa (Svaagali and Eyyaaa lissiidi) and Ssniillgsa. These Cosmic Entities represent personal Interpretations of Oris at the levels of the collective Subconsciousness, Supraconsciousness, Ultraconsciousness, Superconsciousness, Hyperconsciousness, Proconsciousness and Protoconsciousness. The detailed Knowledge of such a high Buddhist level, for many evolutionary reasons, has never before was accessible to humans or even the spiritual Initiates of the 3-4 Planetary Initiations.

Only because of the spiritual transformations which have intensively begun on Earth and because of the preparation of the collective Consciousness of mankind for the act of Transfiguration this Knowledge is now being transmitted to those of earthmen who are ALREADY spiritually mature for its proper understanding and comprehension and who are eager to use it to continue their further Path of mastering and accumulating the entire experience of incarnated earthly existence as swiftly and as effectively as possible.


In none of the astral or written sources on our planet there is even a mention or a distant analogy of this Teaching, because the degree of admission to it requires from the spiritual seeker an active self-discovery and prolonged experience of conscious existence at the causal-buddhich level, as well as an experience of being outside the physical shell for long time.

Oris deliberately integrated all the Knowledge he received - the «Teaching about chakram personalities» - only onto the highest ajna-vishuddha levels of the collective Consciousness of the planet, because further adaptation of these highly spiritual codes to the generally accessible understanding would lead to a significant decrease in their degree of authenticity. Therefore this information can be productively assimilated only by people with actively developed over diaphragmatic psychic centers. For them and ONLY FOR THEM the Spiritual Teachers from Pleiades transmit this newest spiritual Teaching.






Book 1. «The teaching of what does not exist, but what is the most real»



Yalta, 2001
Pages: 159

CONTENTS:

From the author
 Illusions and metamorphosis of the Universe
 Objective realities of the Earth
 «There is a lot of us, but we are one»
 Chakrams of the Soul
 The twelve energy-informational levels
 Twelve types of Energy-Matter
 The twelve main Chakrams
 Spiritual-synthesizing role of Kundalini energies
 The Cosmic-transforming essence of the «Nadi» channels



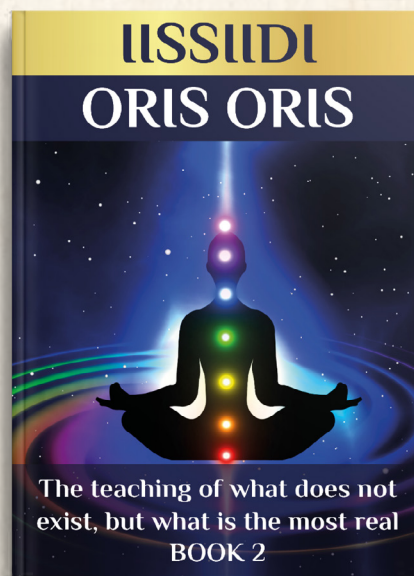
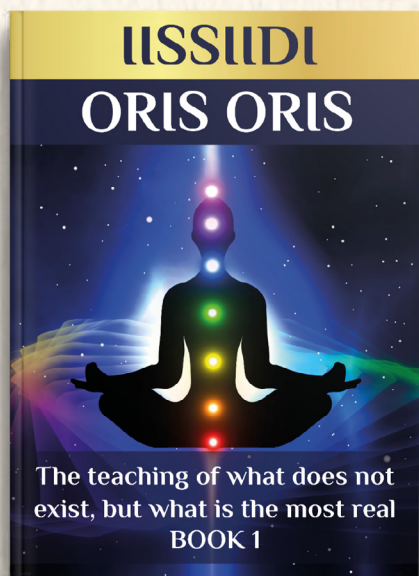
Book 2. «The teaching of what does not exist, but what is the most real»




Yalta, 2003
Pages: 137

CONTENTS:


The Spiritual-Cosmic Essence of human
 Chakram personalities and their influence on human Consciousness
 Padma and flames



 **ИССИДИ. «The teaching of what does not exist, but what is the most real». Dictionary**


Yalta, 2003

Pages: 150

 **ИССИДИ. «The teaching of what does not exist, but what is the most real». Dictionary. Annex**

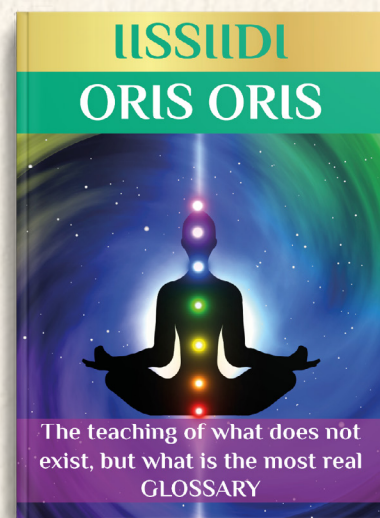
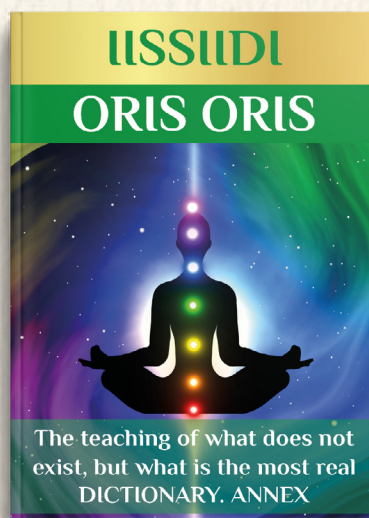
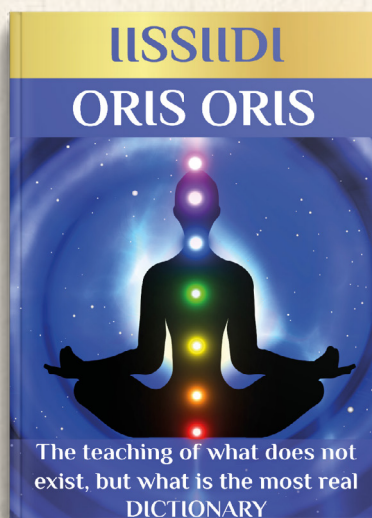
Yalta, 2003

Pages: 55

 **ИССИДИ. «The teaching of what does not exist, but what is the most real». Glossary**

Yalta, 2003

Pages: 25



«The Great Message»

In 2006 two volumes of Oris's books were published, reflecting the results of his further Contacts with the Teachers of Humanity, which represent the highest personal Interpretations of his Ultraconsciousness and Superconsciousness, under the general title «The Great Message». Its contents marked the beginning of the creative stage of work with information of a principally new, more qualitative level.

As a result of numerous answers to reader's questions on the materials of these volumes a new series of books «Immortality is accessible to everyone» was published as part of the Issiidiological Knowledge - the newest spiritual-cosmological conceptions about the Universe and the human being.





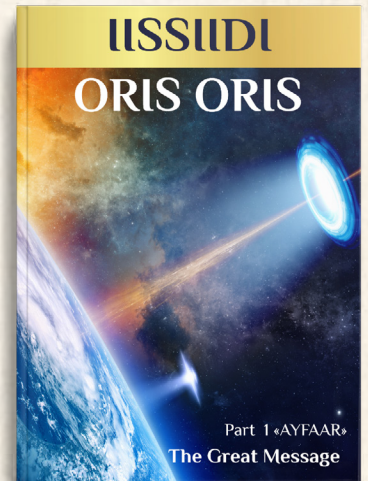
The Great Message – Part 1 «AYFAAR»

Yalta, 2006

Pages: 507

CONTENTS:

Connecting Consciousness to the «ISSIIDI Teaching»
 Illusions and metamorphosis of the Universe
 DDIIUYI (The Universe)
 The energy-plasmic and space-time structure of the Universe
 Ayfaar (The Higher Intelligence of the DDIIUYI)
 TLAASSMA-A (The Cosmic Spirit)
 SSMYIYSMAA-A (The «Soul-Analogue» of Cosmic Spirit)
 GOOLGAMAA-A (The Soul-Aspect)
 LLUU-VVU («human personality»)



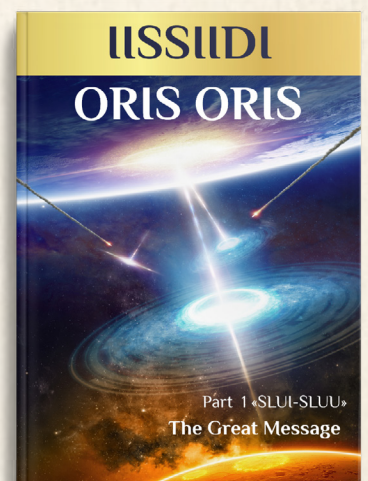
The Great Message – Part 2 «SLUI-SLUU»

Yalta, 2007

Pages: 498

CONTENTS:

Connecting Consciousness to the «ISSIIDI Teachings»
 Illusions and metamorphosis of the Universe
 Universal Cosmic Laws
 All-Unity of Multiplicity
 Individual Forms of creative «personalities» SLUI-SLUU, realized through
 ISSIIDI-Centers of AIY-YYA
 Cosmic Classification of the Forms of Creative Realization AIY-YYA
 Brief Characteristics of Some Forms of Creative Realization
 of LLUU-VVU
 Brief Characteristics of Some Forms of Creative Realization
 of AIY-YYA
 LLAA-GRUAA, FFLATTMA, and GLOA
 ILLGRII-TO-O
 LAANGH-KRUUM, UUN-GLIIRIDA, OOL-GOO-LTR



Book series «My Covenant»

(New title - Volumes 7 and 8 of the series «lissidiology Fundamentals»)

Pages: 1,469

From 2001 to 2022 Oris has written over 1600 song lyrics to popular tunes of the 20th and 21st centuries. The first 555 songs were combined in two collections called «My Testament». The lyrics of all subsequent songs are published on the Ayfaar Songs website ayfaarpesni.org.

These songs tune to a positive perception of life circumstances, an altruistic way of life and unconditional love for everything, as well as a deep understanding of the fact that everything that happens to a person as a good thing.



My Covenant 1

Yalta, 2002

CONTENTS:

A word from the author

Texts to the most popular songs of the 20th century

Let's Sing a Song in Love and Light!

Songs that revive the Star Memory

Let the Songs of Ayfaar be heard!



My Covenant 2

Yalta, 2002

CONTENTS:

Preface

Texts to the most popular tunes of the 20th century

Songs that revive the Star Memory

Let the Songs of Ayfaar be heard!



2009 – 2022

Book series «lissiidiology»

From 2009 to the present, Oris has been working on the book series called «lissiidiology».

This series consists of the following books:

- lissiidiology Fundamentals (Volumes 1-6)
- Texts of Ayfaar Songs (Volumes 7-8, previously published under the general title «My Covenant»)
- Dictionary of terms (Volume 9)
- «Immortality is Available to Everyone» (Volumes 10-15),
- «Commentaries to the Fundamentals» (vols. 16-20), which were compiled from the author's written answers to reader's questions
- «Kollokviums on Fundamental Concepts» (volumes 21-22), compiled from the author's oral answers to various lissiidiology questions

This book series is being continually updated with new Oris's answers to reader's questions, which are being subsequently formed into new lissiidiology volumes or added to existing volumes according to their subject.

This series of books reflects the author's latest iissiidiological insights, which deepen, expand and supplement the information published in the previous book series «lissiidi».



LISSIIDIOLGY





Volume 9. Glossary of terms

Moscow, 2010

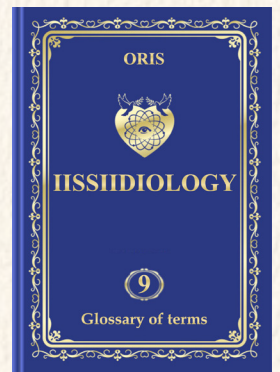
Pages: 725

IISSIIDIOLOGY terminology has its own individual specificity of spelling.

Also, each of the terms includes a much deeper meaning than might seem at first glance, because it is rooted in more qualitative levels of this Knowledge, which, without sufficiently developed extrasensory abilities, is not yet available for access to the current creative dynamics of the Self-Consciousness of an average person.

This publication contains only short vocabulary articles to facilitate the process of understanding the material, at least at the most elementary level. More detailed information on each of the terms can be found in other lissidiology books.

Some terms are very difficult to describe and have absolutely no analogues in the habitual human associative perception, so it is an extremely difficult task for the Author to formulate a dictionary article within the limits of an ordinary person's comprehension.



Volume 10. Immortality is accessible to everyone. «Fundamental Principles of Immortality»



Moscow, 2010

Pages: 521



In this book, Oris continues to give full answers to inmost and fundamental questions of cosmic and human existence: about Earth and universal destinies, the nature of life and death, Soul and God, good and evil, about our relations with one another, the nature of Space-Time and how the entire visible and invisible-to-us reality is formed. The Universal Knowledge given by Oris offers the fundamentals of a new and unique world view for all of us. It allows us to penetrate the mystery of eternal existence to an extent inaccessible before, reasonably and substantially solving the problems therein, offering convincing answers which are not available in any religious world view, philosophical movement or scientific theory. Oris's Information expands the limits of human experience and perception literally to infinity!

CONTENTS:

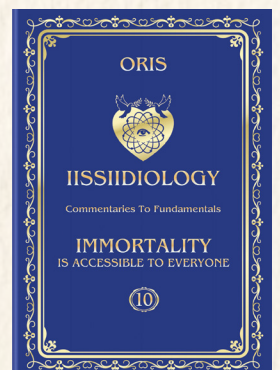
Preface. About IISSIIDIOLOGY

Editor's Foreword

Proofreader's Foreword

SECTION I. Fundamental principles of Immortality in the system of «personalized» Perception

SECTION II. The newest spiritual-cosmological Conceptions of the Universe and the human being



- SECTION III. A brief description of the main principles of energy-information structuring of multidimensional creative dynamics of the variable ethereal component of LLUU-VVU-Forms
- SECTION IV. The newest Conceptions of dynamics of energy-information structures of Creation
- SECTION V. Each of us has a great number of Destinies
- SECTION VI. Peculiarities of functioning of space-time and energy-information structures of «personalized» Self-Consciousness



Volume 11. Immortality is accessible to everyone.



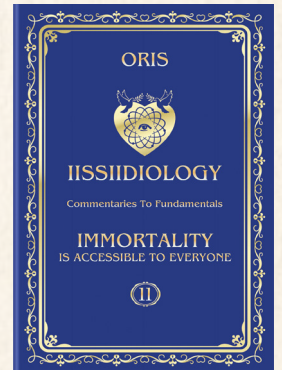
«Energy and biological mechanisms of refocusing of Self-Consciousness»

Moscow, 2010



Pages: 691

In the first Chapter of Volume, Oris describes in detail functioning of Formo-Creators of the brain, how the memory is accessed, how biological structures of the brain are associated with energy-informational structures of Self-Consciousness, how various Self-Consciousness Levels are differentiated and reprojected at the moment of so-called «Death». This Chapter also describes functioning of «the intestinal brain», how it becomes possible to cure at a distance (the technique of ethereal projection), gives the meaning of the esoteric term the «Astral Plane» from the point of view of lissidiology.



The second Chapter tells us that biological Forms can exist in different Continuums and explains the interrelationship between our lifespan and quality of active Levels of our Self-Consciousness. It also provides information on the following subjects: it is possible to «live one's Life many times» in higher-quality scenarios, cycles of changing male and female manifestations within the structure of a multi-dimensional human Form, physical principles of organization of higher-frequency levels of the Universal Reality with a detailed description of the nature of boson and fermion fields, and types of particles that are carriers of such interaction.

CONTENTS:

Preface

- SECTION VII. Objective mechanisms of a phenomenal manifestation of the Illusion of «Death» of any «personality» in the dynamics of Formo-systems of the Worlds
- SECTION VII. Duration of existence of «a human personality» as the continuous dynamics of manifestation of different-qualitative NUU-VVU-Forms in Space-Time



Volume 12. Immortality is accessible to everyone. **«The Noo-time dynamics of the Universal Focus of Self-Consciousness»**

Moscow, 2011

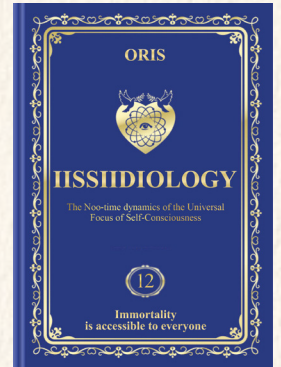
Pages: 733

Volume 12 is devoted to the diversity of the Self-consciousness manifestation forms in the infinite variety of the Form-Systems of the Worlds. Tell me, what do you know about the universal properties of Space and Time? About the illusory nature of our existence? About the Essence of «development» of each «personality»? It's not easy to answer any of these age-old questions.

But Oris, with all possible detail and thoroughly, goes on to answer not only these, but many other equally urgent and vital questions that trouble us and compel every seeker to learn, to give up something, and to gain something...

CONTENTS:

- SECTION IX. Possibilities of extending Life through another Form
- SECTION X. UU-VVU and Stereo-Types of LLUU-VVU-Forms
- SECTION XI. Interrelationships of a «personality», UU-VVU-Forms and their Form-Copies in the Form-Systems of Worlds and OL-LACT-DRUOTMM-Systems



Volume 13. Immortality is accessible to everyone. **«Psychogenetic conditionality of the manifestation of the «human» form»**

Moscow, 2011

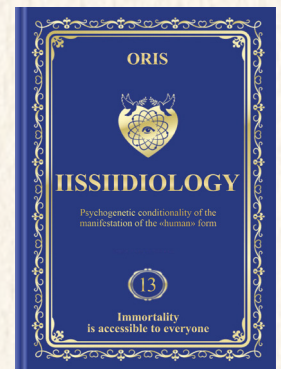
Pages: 700

In the 13th volume of the commentaries, Oris answers the vital questions of mental and physical health, medicine, psychology, psychiatry, genetics, somnology, pharmacology, and reveals the psychogenetic features of the manifestation of the «human» Form.

Our biological Existence is a continuous process - when we feel, think and experience something, we immediately become part of those groups of the Worlds, Realities and Continuums whose synthetic dynamics correspond exactly to the quality of these infinite processes.

CONTENTS:

- SECTION XII. The influence of the fear of «Death» on the effectiveness and quality of Self-Consciousness Refocuses
- SECTION XIII. The different-qualitative Dynamics of the Form-Creators of Self-Consciousness is the main Principle of Refocusing



SECTION XIV. Form-copies, UU-VVU conglomerates, factor Axes and DNA

SECTION XV. The experience of subjective experience of «terminal» illnesses, preagonal states and dreams

Volume 14. Immortality is accessible to everyone. **«The Principles of rezonance of Self-Consciousness structures»**

Moscow, 2011

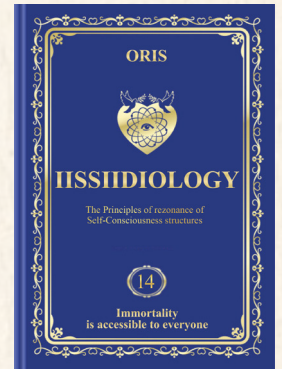
Pages: 798

In this volume the author allows the reader to delve into the subtlest and most complex mechanisms of its manifestation details of synthetic formation processes not only in the three-dimensional range of Energy Plasma, but also in all the multidimensionality of energy-information structures of the universe.

Every reader with an inquisitive mind and an appetite for knowledge will discover the mysteries of the physical laws of our material reality and the mechanisms of dimensional formation of spatial and temporal structures of the inertial ranges of the universe.

CONTENTS:

- SECTION XVI. The synthetic dynamics of Thought-Forms, Sense-Forms, and SFUURMM-Forms (unstable Karmo-Forms)
- SECTION XVII. Influence of causal processes of Self-consciousness onto the dynamics of the manifestation of the Forms of the surrounding reality
- SECTION XVIII. GLEIIYO- and UDDVOO-types of dimensions, Worlds, their antipodes and «anti-Worlds»

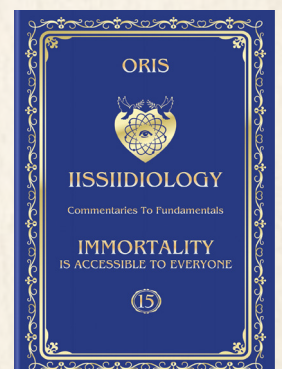


Volume 15. Immortality is accessible to everyone. **«The Conscious Path to Human Worlds of «personal» Immortality»**

Moscow, 2012

Pages: 648

«The Conscious Path to the Human Worlds of «personal» Immortality» - this is the name of the new volume from ORIS book cycle «Immortality is accessible to everyone». At first glance, this may seem like an invitation to a philosophical contemplation. But by appealing to his devoted readers, the author hopes for the consideration and perception of this issue in a broader or, if you like, deeper understanding. Philosophical concepts offer to us only sensory-contemplative,



mostly associative images regarding a particular issue. The author, however, presents in this work, as a logical continuation of previous volumes, a detailed consideration of the practical prospects for the development of a personality into a true Human, who explores his own spirituality.

In addition to the mechanisms of working with own Self-Consciousness, which will lead people as Humans to «personal» conscious Immortality, ORIS describes the «Worlds of our Future», the prospects for the manifestation of the coming times. And in order for everyone to develop an understanding of their own Path, a comprehension of the choice of their spiritual development, the author not only describes «bright» prospects, but also specifies in detail the obstacles that each of us may face and, by not noticing or not determining the nature of which, to unconsciously, under the influence of particular reasons, deviate from the development in the Human direction.

With the help of this book, you will be able to determine the qualities that are truly inherent in people, and you can finally figure out how to form in yourself these qualities that are truly Human - with a capital letter. Having experienced what a highly sensual Intellect is, you will then understand why only with the help of highly intellectual Altruism you can find the Path to the cherished Goal of your spiritual future!

CONTENTS:

- SECTION XIX. Obstacles on the path of realization of «individual» Immortality
- SECTION XX. The Specific States of uoldmiism (high-sensual Intellect) and stollmiism (High-Intellectual Altruism) synthesized in the Human (lluuvvumic) development Direction
- SECTION XXI. Specificities of lluuvvumic transformation of human features
- SECTION XXII. Our «future» Worlds. Perspectives of the approaching times



Volume 1. lissidiology Fundamentals.



«Interaction of Information and Energy as the Primary Cause for origination of the Creative Activity of Self-Consciousness Focus and the Macrocosmos in whole»



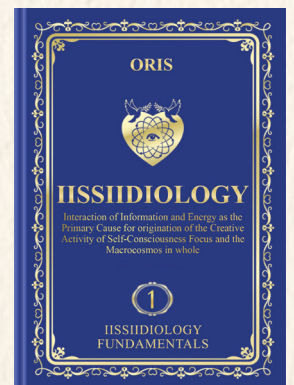
Moscow 2013



Pages: 312

This book presents the beginning of an overall 20-volume information series titled «The Great Message», which consists of «IIS-SIIDIOLOGY. Fundamentals», «Commentaries to Fundamentals» and author's Song lyrics with a highly-spiritual content written to popular and all-loved melodies.

From the very beginning, the author pinpoints the reader's atten-



tion upon fundamental notions of IISSIIDIOLOGY starting from basic, axiomatic Conceptions. The book contains the newest interpretation of formation of the outer reality based on the Self-Consciousness's Focus Dynamics as the main functional mechanism of the Macrocosmos's Creative Activity. A detailed comparison of the author's hypotheses with existing scientific conceptions allows to draw parallels with the current worldviews about nature, space, time, energy and to find the ways for their radical transformation and potential development.

In this volume, the author introduces the conceptual foundation necessary for an adequate understanding of all other IISSIIDIOLOGY books of this series. Hierarchy of Self-Consciousness Levels, dimensional differentiation of manifestation Forms, classification of elementary (and other) particles as structural components of the Universal Plasmic-Differentiation Emission, information theory of the formation of Energy in the Macrocosmos are described in order to form necessary notions that will serve as the basis for further more complex iissiidiological Categories: Universal Cosmic Laws and their Principles, Diapasons of Plasmic Forces, Evolutional and Involutional Branches of development, and many others. The first volume of Fundamentals is the required minimum for any reader who wants to thoroughly study iissiidiological conceptions.

CONTENTS:

Intuition and its role in scientific cognition

iissiidiology, its goals, objectives and perspectives in the development of humankind

Author's Foreword

SECTION I. Integral concepts that form the basis of iissiidiological Notions

SECTION II. The multilevel structure of Self-Consciousness

SECTION III. Energy and different-qualitative Levels of manifestation of Self-Consciousnesses Forms that form various types of «materiality» (...doollses — waves — flakses...)

SECTION IV. Energy-Plasma as a transcendental basis of interaction between Energy and Information within the structures of the Macrocosmos



Volume 2. iissiidiology Fundamentals.



«Cosmic Qualities as the Basis for energy-informational manifestation of all the Form-systems of Macrocosmos»



Moscow, 2013

Pages: 662

Many scientists may consider this volume of «Fundamentals of IISSIIDIOLOGY», as well as all the other books of this twenty-volume series titled «The Great Message», no more than «science fiction» — each of us has the right to believe in what is the most convincing. However, every intelligent person who possesses at least



the rudiments of cognitive intuition can discover in this information those more Qualitative characteristics of the objective truth, thanks to which continuous eglleroliftive Amplification of all Self-Consciousnesses Forms is carried out.

Catastrophism periodically appearing in the process of human self-cognition is always accompanied by the radical breaking of many old Conceptions, which by its radicalism surpasses greatly all theoretical forecasts. Fanatical belief in dogmas and postulates established once, as well as the clear tendency for idolatry — these are obvious characteristics of degradation and regression that converge modern academic science with paganish religion. Yet, the eglleroliftive Amplification process and harmonious evolution both of a separate personality and human population in general is impossible without breaking down old stereotypes and establishing — on the basis of deep cognition of Wisdom of previous and future generations — much more universal conceptions about ourselves and our surrounding reality.

This uneasy, but grandiose on its depth and scale Task of prompt and Qualitative transformation of human community is assigned by the Evolution Itself to the universal knowledge of IISSIIDIOLOGY, absolutely new to people, which is received for the first time and entirely by one person only by means of the intuitive way of cognition. We offer you to find out more about its newest fundamental Conceptions in the second volume.

Besides, the IISSIIDIOLOGY offers to Collective Consciousness of humankind a totally new paradigm that gives new and fresh view of the multitude of clinical phenomena studied by psychotherapists. It gives a theoretical model for understanding the changes in the mentality of a patient and the hope on clarifying mechanisms of effectiveness of psychotherapeutic method.

CONTENTS:

About lissiidiology

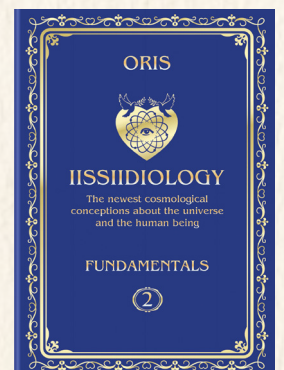
lissiidiology: From a Cell to a Universe

SECTION V. Transcendental nature of Cosmic Qualities and Principles of Their transmutation into Creative Cosmic States

SECTION VI. Sll oogrent interconnections of Form-systems of personal Worlds with Universums of Macrococosmos

SECTION VII. Universal rhythms of Focus Dynamics of The Highest Cosmic Intelligence AYFAAR

SECTION VIII. Eglleroliftive tendencies of Universes. Universal Focus Effect of Self-Consciousness or the newest viewpoint on the Big Bang theory





Volume 3. ISSIIDIOLGY Fundamentals.



«Variety of Forms of Creative Realization of the Cosmic Human»



Moscow, 2014

Pages: 780



The third volume of «ISSIIDIOLGY Fundamentals» allows readers to go deeper into yet completely unexplored by us structures that provide functioning of human Self-Consciousness and its interconnections with Self-Consciousnesses Forms focused by it. First two volumes of «ISSIIDIOLGY Fundamentals» thoroughly describe the deep Nature of Causes and Mechanisms of Creative Activity of everything manifested in multidimensional and different-Qualitative Macrocosmos, including also qualitative Basis of Focus Dynamics of Form-Creators of Universal Structures. The third volume in its turn focuses on the detailed description of basic Principles of exiberation of Human and other Self-Consciousnesses Forms in all the diversity of different-dimensional diapasons of the Tertiary Illusion.

To allow the reader to fully comprehend the essence of the notion «Self-Consciousness Form,» the author describes realization functions of these structures at the example of subjective formation — as a result of life creativity of every personality — of so called personalistic Worlds, which goes far beyond existing scientific notions about the surrounding reality and peculiarities of interaction between Forms structuring it, whether it is a human, a planet, or an elementary particle. Furthermore, he describes different-dimensional variety of Forms of Iluuvvumic Direction of development and characteristics of focal realization of Humankind Collective Cosmic Intelligence as a unified the LLUU-VVU-Entity.

The third volume ends with a detailed description of multi-level manifestation of Plasmic Forces Diapasons of our Universe, which are described from a position of their subjective interpretation through the specific peculiarities of human Perception systems. Endless inner transformations of Universal Illusion, as mechanisms of evolutional growth of the Cosmic Human on its Way to its Universal Future, lets inquisitive readers to form in their Self-Consciousness own highly intuitive conceptions about endless varieties of all possible variants of development, where goes the process of eternal multidimensional Existence of every human personality.

CONTENTS:

- SECTION IX. Personalistic World as Self-Consciousness Form
- Chapter 1. Multitude of personalistic Worlds and sensibleness of Perception
 - Chapter 2. The realization Principle of the Mechanism of NUU-VVU-Form-Types wave analog's exiberation from f-Configurations of doolls and flaks Self-Consciousnesses Forms
 - Chapter 3. The Principles of exiberation of different-Qualitative



SFUURMM-Forms in 3–4-dimensional World's Form-systems

- Chapter 4. Implementation of surrounding us subjective Reality is carried out through generations of Self-Consciousnesses Forms of elementary particles
- Chapter 5. Integration of rotational Cycles and formation of unified World's Form-system
- Chapter 6. Quantum of Energy-Information. The Principles of interaction of personalistic Worlds through Focus Dynamics of different «personalities»
- Chapter 7. Self-Consciousness is the Mechanism of realization of properties of Energy-Plasma through peculiarities of personalistic Worlds
- Chapter 8. Sporadic Worlds
- Chapter 9. Influence of SFUURMM-Forms of sporadic Worlds on the process of formation of SFUURMM-Forms of personalistic World
- Chapter 10. Formation of different Directions of development in the groups of human STCs based on different-Qualitative interactions between SFUURMM-Forms of all the multitude of personalistic Worlds
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SECTION X. Influence of the Diffuzgentness Principle on the process of Focus Dynamics formation of Form-Creators of the Iluuvvumic Synthesis Scheme

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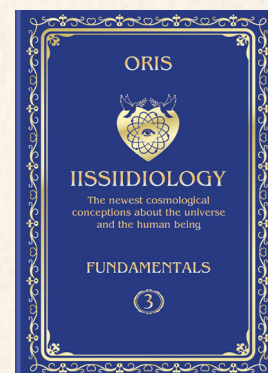
Chapter 2. Interconnections between Cosmic Qualities at manifestation in different Levels of Energy-Plasma

Chapter 3. «SECTORS,» «SUB-SECTORS,» «FLOWS,» and «RAYS» of combinations of Pure Cosmic Qualities. The General Principle of the formation of Universal Karma

Chapter 4. Inter-Galactic e Complex-Plans. SSUU-SS-VUU-Creativity Spheres of AIY-YYA-Entity

Chapter 5. Cosmic Plan-Levels. NAA-GLLII-UU-Creativity Spheres of AIY-YYA-Entity

Chapter 6. Plan-Overtones of Fields-Consciousnesses. The simplest focal-ethereal «projections» of EIYG-SS-MII- Creativity Sphere of AIY-YYA-Entity



Volume 4. lissidiology Fundamentals.



«Structure and Laws of implementation of Macrocosmos skrruullerrt system energy-informational dynamics»

Moscow, 2015

Pages: 748

In the beginning of the volume, the author recalls generation principles and mechanisms of the human subjective Realities, explains interconnections between the Tertiary and the Secondary Illusions Form-Creators, while describing thoroughly Fields-Consciousnesses structure, defines birvulyarity and its Qualitativeness types conception. The main part of the volume is devoted to description of the Reasons and principles of the Universe Cosmic Entity Focus Dynamics, various energo-informational structures of Its Self-Consciousness, and also to disclosure of SFUURMM-Forms human-type realization process and Form-Creators Focus Dynamics amplificalional aggradation process.

This volume concludes with summarizing, integration of everything described



— with Information about Universal Cosmic Laws and Their Principles providing fundamental basis for generation of all Self-Consciousnesses Forms in Macrocosmos Tertiary, the Secondary, and the Primary Illusions.

CONTENTS:

- SECTION XIII. From Plan-Overtones of Fields-Consciousnesses to Form-Types of collective subjective Realities
- Chapter 1. The skrruullerrt system interstitial states between USIP-Initiation of Information and Its confectusness
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 - Chapter 5. Physical Plan-Overtone of Fields-Consciousnesses (TRUURR-GURRDT)
 - Chapter 6. Astral (DLLAABLLA-SVUULLMII-I) and Mental (ASSFOLL-FOLDTS-UOLDMII-I) Plan-Overtones of Fields-Consciousnesses
 - Chapter 7. Overtones of Fields-Consciousnesses (VAALL-VAA-KKAA)
 - Chapter 8. Subovertones of Fields-Consciousnesses and principles of subterransive formation of collective subjective Realities
 - Chapter 9. Duplex-Spheres as the fundamental informational base for generation of collective subjective Realities
 - Chapter 10. About simultaneous implementation of different-Qualitative development Directions in multipolarization of Focus Dynamics
- SECTION XIV. The Universe is the result of focal realization of SFUURMM-Forms of Self-Consciousness of DDIIUYYI-Entity
- Chapter 1. Three main constituent parts of Energy-Plasma forming Focus Dynamics of Form-Creators
 - Chapter 2. Complex-structured Nature of multiple manifestation of human personality
 - Chapter 3. Photoreductive Ether role in providing unpacking abilities of Focus Dynamics of heterogeneous Form-Creators
 - Chapter 4. Unity of the Main Life Forces as the base for consummatizational processes in Macrocosmos
 - Chapter 5. Thoughts, Feelings, and Desires informational Nature and their silloogrent implementation through Ideas
 - Chapter 6. Formation principles of the causal base of Space-Time in the Tertiary Universal Illusion exhibition conditions



Chapter 7. Eglleroliftive convergence mechanism of Focus Dynamics of Karmo-Forms

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SECTION XV. The nature of Universal Cosmic Entity

Chapter 1. Basic understanding of diverse Interpretations of an infinite variety of different-Qualitative Universal Entities

Chapter 2. Twenty-four conditional Branches of multipolarizational development of CCI of Amplificational and Qualitational Vectors

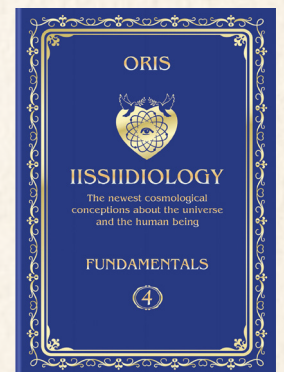
Chapter 3. Internous interconnections of Idiopathic TLAASSMA-A-Ingredient of DDIIUYYI-Entity with Its SSMIIYSMAA-A- and GOOL-GAMAA-A-Ingredients



Chapter 4. The organization of Holochrone transmission and modificational supplerization of Form-Creators Focus Dynamics of all Levels of Universal Illusion exhiberation

SECTION XVI. Universal Cosmic Laws and Their Principles (SL-LOGSSLLOGS and SLLOOYYS-SLLOO)

Chapter 1. «Laws» and Principles multiform manifestation Transcendent Nature

Chapter 2. Some of the Cosmic «Laws» and Their Principles specification, Which provide universal organization of Focus Dynamics of Form-Creators in Iluuvvumic birvulyarity type

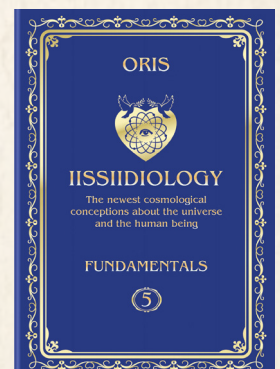


 **Volume 5. IISSIDIOLGY Fundamentals.**
«Basic creative possibilities of the realization of Iluuvvumic Creators in mixtum NUU-VVU Forms»


Moscow, 2017

Pages: 791

Thoughtful study of this material allows the reader to get a more objective idea of the material basis of idealism by developing, in particular, quantum theory of Consciousness on the example of «microtubule concept». The reader will also learn about chakram determinacy of Focus Dynamics of all Self-consciousness Forms, will get an understanding of primary connections of thought formation, will get unique information about informational-energy conditionality of ontogenesis and embryogenesis, pathogenesis in general and hereditary diseases in particular, and finally will discover the universal etiological model of one of the most complex human feelings - the feeling of love.



CONTENTS:

- SECTION XVII. Informational structures of human being as the biogenetic mechanisms basis of his Evolution
- Chapter 1. Vivaxes, Parvulas and other NTC's ethereal Constructions. Their role in the Experience transfer at different types of Self-Consciousnesses Form's revitalizations
 - Chapter 2. Genome, heredity, and the beginning of human embryo's Parvula formation
 - Chapter 3. Neurofibrils as the connecting functional basis between Info-Creators, «subterransive ODS», and biochemical activity of CNS bio-Creators
 - Chapter 4. The formation process of a «new» human's Parvula
 - Chapter 5. Parvula formation peculiarities in difficult pathology cases while fetation
 - Chapter 6. Functional role of vivaxes and vitalitases in energy-informational formation of the human «personality's» organism
 - Chapter 7. FATTMA-NAA-A-Articles and the other ethereal Ingredients as the main Source of amplificalional Self-Cognition
- SECTION XVIII. Energy-informational structures of human as the basis of his convergent Focus Dynamics
- Chapter 1. The IISSIIDI-Centers as the energy-informational basis of any human «personality's» Perception system functioning
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 - Chapter 3. SLUI-SLUU, SFUURMM-Forms, and Mechanism of their manifestation through functions of biological organism's Form-Creators of mixtum NUU-VVU-Form-Types
 - Chapter 4. Functionality of Creators of separate brain areas at «personality's» Focus of Close Attention dynamics organization
 - Chapter 5. The role of factor noo-time «axes» in the structure of causal «Channels» of the IISSIIDI-Centers
 - Chapter 6. Metamorphoses of subjective perception of slloogrent holochronness of the present: the «past» and the «future»
- SECTION XIX. Joint realization of Creators of the ARGLLAAMUNI- and INGLI-MILISSA-Centers through bio-Creators of human organism
- Chapter 1. Non-local Creative Activity of Self-Consciousnesses Form-Creators in the formation of biological Forms and their World's Form-systems
 - Chapter 2. Diffuzgent interchange of Conceptions as the cause of high protoformity in realizations of Form-Creators of the first pair of the IISSIIDI-Centers



- Chapter 3. Formation of LLUU-VVU-Entity's Synthesis Schemes on the basis of the LAANGH-KRUUM communication mechanism
- Chapter 4. Differences in bio-Creator's functions at realizations through unconscious and subconscious Levels of «personalized» Self-Consciousness
- Chapter 5. The role of DNA in creative activity organization of Form-Creators of the ARGLLAAMUNI-Center
- Chapter 6. Regulatory and interpreting functions of Gene Creators
- Chapter 7. Organization of biochemical interconnections between «personality's» psychic states and functions of Creators of separate brain structures
- Chapter 8. The role of the enteral nervous system Creators in formation of psychosomatics of mixtum Forms
- Chapter 9. Causal «Channels» of the first pair of the IISSIIDII-Centers
- Chapter 10. The biogenetic task of INGLIMILISSA-Center Creators in mixtum NUU-VVU-Form-Types
- Chapter 11. The role of hormones and transmitters in formation of social and «interpersonal» relationships
- Chapter 12. Biochemical and energy-informational principles of production of Thoughts, Feelings, and Desires

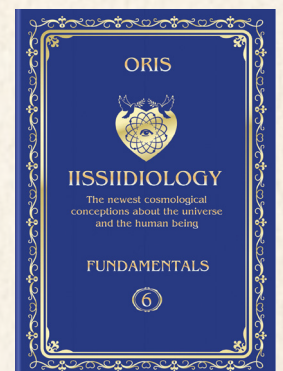
 **Volume 6. lissidiology Fundamentals.**
 **«Bioenergy processes of Self-Consciousness Focus Dynamics formation»**

Moscow, 2017

Pages: 772

This new volume of the series «lissidiology Fundamentals» is a reasonable consequence of consideration of biological mixtum NUU-VVU-Form-Types that was started in the previous volume. For our deeper understanding, it draws our attention even more at iissidiological approach to the matters, which are related discretely by contemporary scientific community to philosophic anthropology in general and to behavior theories of personality in particular.

At more objective, transcendent, gabitual (primordial, objectively deep) discussion, it becomes clear that the given material leads a reader maximally to objectivization of own conceptions about relations among personalized, unconscious, and subconscious levels of Self-Consciousness at the background of developing invizusal (imperceptible by our sensor systems and measuring devices) mechanisms of anatomy and brain neurophysiology, accompanied by dominant dynamics of



the first IISSIID-Centers pair.

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- SECTION XX. Neuronal mechanisms of the interpretation of the Creative Activity of Form-Creators of Self-Consciousness in the CNS of biological human Forms
- Chapter 1. Biochemical activity of neuronal structures in organisms – the basis of Focus Dynamics ampliatization in the Iluuvvumic development Direction
 - Chapter 2. The specificity of the manifestation of mixtum NUU-VVU-Forms in the nutational conditions from the positions of interactions of brain neuronal structures
 - Chapter 3. Qualitative characteristics of various CNS parts
 - Chapter 4. Cortical layers of the brain
 - Chapter 5. Integrative sense of cognitive operations in the brain. Functional role of the frontal lobe
 - Chapter 6. Prefrontal cortex. General representation
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 - Chapter 10. Dorsolateral area of the prefrontal cortex
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 - Chapter 16. Mechanisms of generation of subjective recollections. Connection of Creators of the brain with the «subterransive ODS» and FLC
- SECTION XXI. The functional role of Form-Creators of the 3,4th and the highest pairs of the IISSIID-Centers in the development of our subterransive Self-Consciousness in various sub-Structures of the AIY-YYA-Entity
- Chapter 1. The functioning features of the Form-Creator's Focus Dynamics of the highest Planetary IISSIID-Centers
 - Chapter 2. The subcenter compensators system and its role in the Planetary IISSIID-Centers functioning
 - Chapter 3. The functioning features of the IISSIID-Center's Super-Planetary analogues



- SECTION XXII. Level-wise influence of GROOMPF-Creator's Fields Consciousnesses of ARGLLAAMUNI-IISSIID I on our Focus Dynamics
- Chapter 1. Significance of GROOMPF- and PLIISSMA-Entities in formation of «human personality's» Interests
 - Chapter 2. Qualitative characteristics of the Levels of ARGLLAAMUNI-IISSIID I's fragmented Consciousnesses
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- Chapter 6. The INGLIMILISSA-IISSIID I fifth qualitative Level fragmented Fields-Consciousness's influence on the Focus Dynamics
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Volume 16. Commentaries to lissidiology Fundamentals. «Self-development»

Crimea, 2018

Pages: 535

This volume contains Oris's written answers to reader's questions on the subject of spiritual self-improvement.

CONTENTS:

- SECTION I. Living under the illusion of death
- Question 80. Why are we subject to aging and death?
 - Question 35. Can we refocus someone to somewhere?
 - Question 22. Will we observe the revitalization of our relatives?
 - Question 72. Is it possible to trace own revitalizations?
 - Question 55. Dissociative states. Memory of events in meditation
 - Question 38. The analogue of sub-personality in lissidiology
- SECTION II. Evolution of the Lower Fields of Consciousness
- Question 89. Transformation of primitive Inglmilissa Levels of Self-Consciousness
 - Question 70. Transmutation and transformation of Self-Consciousness
 - Question 58. How does the act of inter-qualitative synthesis occur?
- SECTION III. The benchmarks of the human development direction
- Question 30. Personalistic Worlds. Is it necessary to be interested in what is happening in the world?
 - Question 40. About RHIO (responsibility, honesty, initiative, openness) and other qualities
 - Question 17. The states of humanitarian freedom and immunitant



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Question 18. How is «personal» self-consciousness interconnected with other levels of self-consciousness?

Question 15. Relationships of higher and lower levels in the self-consciousness of an individual

Question 92. The conflict between interests and necessity

Question 79. The principle of positivism in spiritual development.
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Question 88. The principle of radical refocusing

Question 16. What is spiritual self-sacrifice?

Question 81. What is an enlightenment?

SECTION IV. Dynamic and meditative modes of brain activity

Question 25. Energy filling when meditating on sound cosmic codes

Question 84. Methods for stopping the internal dialogue

Question 100. About the practice of silence (Blitz-28)

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Question 87. About pride

Question 31. How does inner mental 'mess that tears apart' affect the quality of refocusing?

Question 93. Formation of formo-images in dreams

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Question 52. About the mode of brain usage

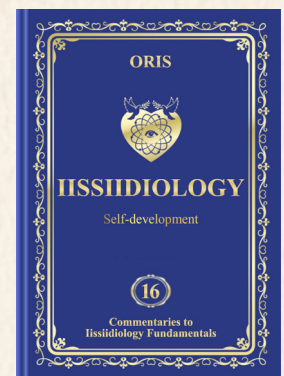
Question 6. Interaction between strategic and current interests (in a person)

Question 28. About breatharians

Question 65. Mind, intellect, intuition

Question 63. Ampliatiation (development) of the brain, future professions

Question 76. What knowledge is in demand in our future?





Volume 17. Commentaries to Iissidiology Fundamentals. «Biochemistry of mixtum Forms»

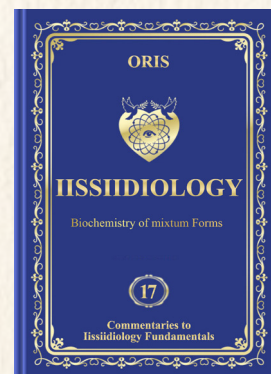
Crimea, 2018

Pages: 275

This volume contains Oris's written answers to reader's questions about the biochemistry of physical human forms.

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- SECTION I. The Creators of the Genome and the Etheric Structures of Self-Consciousness
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 - Question 33. Connection of vivaxes to the formo-structures of our brain
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 - Question 77. The author's way of transmitting Formo-images from deep meditation
 - Question 102. About the transmission of mental states through audio and video recordings





Volume 18. Commentaries to lissidiology Fundamentals. «Cosmological aspects of lissidiology»

Crimea, 2018

Pages: 404

This volume contains Oris's written answers to reader's questions about the cosmological aspects of lissidiology.

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Question 82. The level of development of 2-3-dimensional beings. The concept of dimension

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Question 5. A Form of Self-Consciousness as an aggregate of Collective Intelligences

Question 21. Where do Focuses come from if Everything is already balanced?

Question 43. NTC and the Creative Activity of SSIP

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Question 56. About the Akashic records

Question 9. Why do inglimilins perform an informational role?

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Question 71. Infinity is the cyclic Evolution of the SSIP?

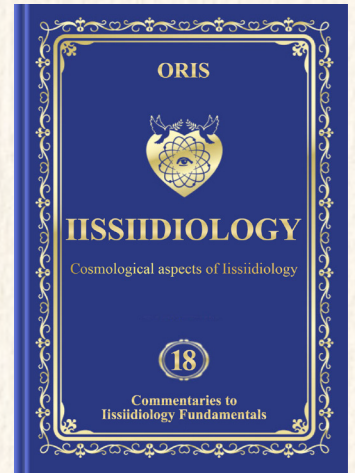
Question 37. The Karmoid Creators and the SSIP

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- Question 42. The nature of p-waves
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- Question 50. Wave influence of the planets on a
human. Doollses and physics
- Question 61. Where is the energy of elementary
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Volume 19. Commentaries to Issiidiology Fundamentals. «Cosmic evolution of human»

Crimea, 2019

Pages: 619

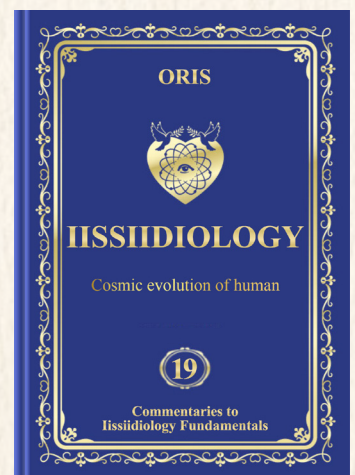
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- Question 57. What does the notion of «civilization of Creators»
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- Question 48. Refocusings of bioplasmic Forms



Question 73. What are planetary 12-year periods for?

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Volume 20. Commentaries to lissidiology Fundamentals. «Coarddiirffology»

Crimea, 2019

Pages: 585

This volume contains Oris's written answers to reader's questions about karmic relationships.

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Sub-question 114.6-3. Gratitude diary

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- Sub-question 114.9. How can simplisparentive Forms interact with us?
- Sub-question 114.10. The formation of high-frequency karma with the Curators
- Sub-question 114.28. About the formation of karma of a wise man
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- Sub-question 114.12. Building the willpower
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- Sub-question 114.15. The Role of Motivations in the Formation of Karma
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- Sub-question 114.27. About the influence of various events on the Karma of a blood-line lineage
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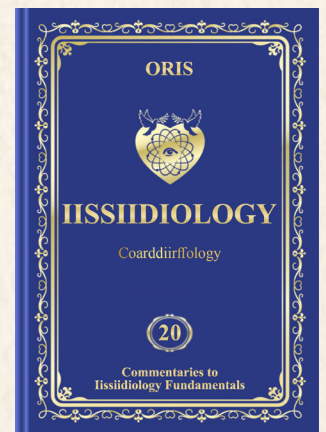
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Question 128. About the «normality and abnormality of a Focus Dynamics»

Part 1. Influence of the Resonance Principle on the Formation of Focus Dynamics

Part 2. About the Factors affecting the FD's stability of exhiberated NNU-VVU-Formo-Types





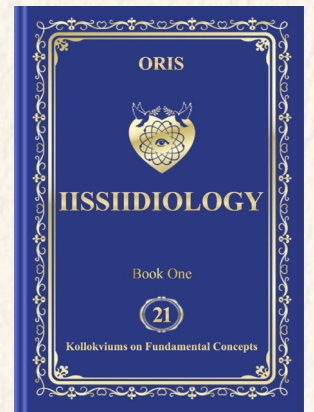
Kollokviums on fundamental concepts. Book One

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- SECTION I. SSS-States of Information. Single Super-Universal Impulse Potential
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- SECTION V. Energo-Plasma. Ethereal Ingredients GOOLGAMAA-A, SSMIIYS-MAA-A, TLAASSMA-A
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- SECTION VIII. Mercavgnation. Properties of Information
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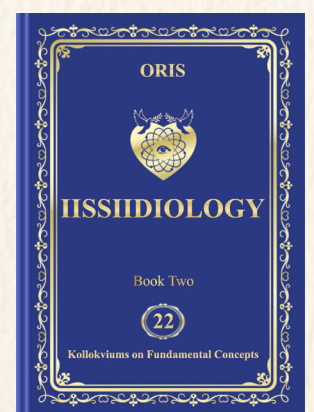
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- Chapter I. Pure Cosmic Qualities (PCQ). OO-UU-, TOU-UU-, SVOO-UU-Entities
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- Chapter VI. Svlgsons, konfektions and their analogues
- Chapter VII. RRGLUU-VVU and factor axes. Duplex-Spheres



CONTACTS

Orisoris.com

Here you will find all Oris's books in all available languages and formats which can be downloaded for free.

On this website you can also ask the author himself any question in relation to any information mentioned in his books.

Ayfaar.org

This website is dedicated to the overview of the Spiritual Idea of building the Human Community based on Iissidiological Knowledge and building many «Ayfaars» on Earth.

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The website “Ayfaar Songs” which are written by Oris cultivate highest Human qualities in the most educated people, and promote effective Spiritual self-development. Ayfaar Songs are the second part of the Iissidiological Knowledge and greatly assist in its productive study.

As at the end of 2022 Oris has written over 1600 songs.