

# ORIS ORIS

## LIFE BETWEEN LIVES



PART 5

# THE ART OF DYING



**There are plenty of people, who think about the meaning of their Life and immediately become desperate. They do not find an answer to this vital question, and such people often run to extremes trying to find oblivion in the illusory world of drugs or sensual putrefaction, usually waging their own Life which seems senseless and worthless to them, and even kill themselves voluntarily.**

**Oris opens the true meaning of Death and tries to open a deep meaning of Life veiled from outer observers. He confirms his conclusions with concrete facts received during his out-of-body explorations of Subtle Worlds and people transiting from their physical Life to their Life “in the beyond”, a more spiritual Life.**

**Jesus said:**

*“If those who lead you say to you: ‘See, the Kingdom is in heaven!’, then the birds of the sky will be there before you. If they say to you, ‘It is in the sea!’, then the fish will be there before you. But the Kingdom is inside you and outside you.*

*This heaven will pass away, and the one above it will pass away. The dead are not alive, and the living will not die.*

*Know that what is before your face, and what is hidden from you will be revealed to you. For nothing hidden will fail to be revealed.*

*When you know yourselves, then you will be known, and you will know that you are the children of the Living Father. But if you do not know yourselves, then you dwell in poverty; then you are that poverty.”*

***The Gospel of Thomas.***

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# THE FIRST STEPS OF THE SOUL IN ITS POSTMORTAL LIFE

## PLANES AND LEVELS “OF THE OTHER WORLD”

Let us remind you that the whole Universe (in its roughly simplified and primitive concept for ease of understanding!) is like a special Sphere without a beginning or an end. This giant multilevel Sphere has a countless and unimaginable number of vortexes of elementary particles and atoms constantly dashing at various speeds and frequencies, which, nevertheless, form an infinite number of internal spherical capsules and partitions joined together by an infinite number of separate vortexes of energy in shape of tunnels, multidimensional “points of intersection” and so on. These vortexes of elementary particles and antiparticles, atoms and coatoms form inside the Sphere billions of billions of energy formations with different levels of vibrations and material bodies of different density.

When after Death people cross the outer border of our Existence, they find themselves immediately at the most external level of the Outer Sphere of vibrations of the Subtle World, which has seven stages of knowledge, seven overtones or seven ranges of sounding. We have also mentioned that between different time-space dimensions there is a state of energy which we define as “Emptiness”. It is this Emptiness that separates different vibration levels or overtones in order to prevent incidental penetration of unqualified Consciousnesses into subtler and higher dimensions.

The Outer Sphere itself is like a very complex multidimensional spiroid energy-information structure all vibration spirals of which consist of numerous levels and come from the Center of Universal Love. Inside the Outer Sphere, there is, in its constant motion, another spiroid Inner Sphere which is smaller in volume but is much higher in quality of its energy composition. The Inner Sphere is also centered on Divine Love.

The outer part of its Space is formed by centripetal evolution spirals, and its inner Space consists of centrifugal vortexes of the purest Prime Energy or Spirit Monads dispersing in all directions of the Universe. The whole Space of the Inner Sphere is also divided into seven energy stages of knowledge.

Individual Spirits, incarnating everywhere in the material Universe, including our



Earth, represent concentrations or creative combinations of intelligent Energy **of the same type** pertaining to the Inner Sphere. All of them once “fell” voluntarily, that is intentionally, for sake of a high Goal; they **AS IF** “lost” their level of Consciousness and lowered themselves to the level of “conscious Existence” in order to restart everything from the beginning, **AS IF** anew. That is exactly Evolution, that is coming back of a Spirit through Matter to its Origin, to its spiritual Source.

Consciousness becomes dense for Matter to appear. Only a Spirit can bring life to Matter and make it capable of concentrating and binding. We would like also to note that the creative Space of Existence of Angels, Seraphim and Cherubim is exactly there, **BEYOND** the inner limits of overtones of the Outer Sphere.

Consciousness which has achieved the seventh inner stage is filled with the only desire - to merge with the Infinite Love or God. For such Consciousness it does not matter what sort of previous incarnations it had, how it looked, what it experienced and so on, because everything will be driven by only one purpose - to dissolve in the feeling which can be called “an infinite Joy” and float peacefully on the waves of Love and Serenity.

All intelligence, Intellect, all Knowledge of the Truth, everything what makes our so-called “past”, “present” and “future”, all Ideas and Prototypes, - all of it comes to us, people, by means of energy-information carriers from the Inner Sphere through the Outer Sphere and are at the disposal of **ALL** spiritual entities, but in accordance with the definition chosen by each individual Spirit for itself.

Between the two Spheres, near the outer limit of the Inner Sphere, there is the Noosphere or so-called “Akasha Chronicles”, - the Space filled with Knowledge accumulated for the long history of human evolution on Earth. It is an information network, and we are constituent parts and carriers of it.

It envelopes Earth in the form of torus or doughnut, also known as the Van Allen radiation belts, and has high radioactivity. It duplicates completely the information of all types of vibrations of every Thought-form and every Consciousness coming to and leaving Earth. The information is saved in billions of energy-information niches in the form of miniature plasma “doughnuts” or plasmoids. In appearance all this multidimensional space system resembles a huge Sphere which sparkles with golden shining and consists of cells very much like honeycombs.

There you can find forms of absolutely all things which ever appeared or may appear on Earth. For instance, you can view, in their visual and “palpable” forms, all inventions of the past or future, such as devices for levitation, different types of “perpetual motion machines”, aircrafts fueled by hydrogen and helium, complete projects of cities with big projection-towers to concentrate solar energy, equipment to cure cancer, **AIDS** and other diseases now considered to be incurable, and a great many of other inventions whose design and application were absolutely incomprehensible to me.

Please, account for the fact that everything I was observing in the World of Prototypes and “plasmoids” is assessed by me just like any fact of life of a particular



country may be assessed by a traveler who came from another country. I express here only my opinion and may be mistaken in my valuation of what I saw. By the way, I have not encountered any astral form of a living person or any Soul of a deceased human being there. It shows a very poor attendance of these “places” by people.

I also would like to note that you should not confuse the notion “Akasha Chronicles” with the close notion “the Book of Eternity” which represents high spiritual vibrations of conscious Energy that constitute a spiritual homeland of all living creatures of Earth. Akasha Chronicles is an information center inside and outside each of us. It is our **WHOLE** past, present and future at the same time. It is all Knowledge combined into experience gained by the Soul of each of us during all its incarnations.

Akasha Chronicles *is not something specifically objective that exists separately from each of us living in rough-material and subtle-material Worlds of this planet, but is a main energy-information constituent part of each of us, living people and disembodied Consciousnesses*, who use Earth temporarily for our development. Every living person gets information from the Noosphere. Its volume and quality corresponds to the level of the person’s Consciousness.

Besides us, people of Earth, this Knowledge is carried and used by an infinite number of energies in the form of conscious light particles - hosts of disincarnated spiritual beings or energy-information structures of human beings whose evolution on Earth is not complete yet. The whole Existence, at its different levels, is registered in Akasha Chronicles. It means that each of us carries all the Knowledge inside and may use it for own development. The subtler becomes Matter that envelopes Consciousness, the higher levels of Wisdom become available to the human being.

By the way, by 2012 all humanity will have to go through the Great Emptiness for each person, each human Consciousness to pass to the next octave of own existence and evolution by way of a complete unity with own Spirit and God-Love. Due to most intensive physical and chemical processes before the Transfiguration, the magnetic field of Earth will experience a total collapse which may result in the loss not only of the individual memory of Consciousnesses exposed to the powerful energy impact, but also of Akasha Chronicles.

Consciousnesses that dwell within Space of the Sphere of Akasha Chronicles consist of many energy-information levels. When human beings end their earth Life, their knowledge of Love-Wisdom begins to expand at corresponding levels of the Outer Sphere, - both by way of an incarnation in any of its astral Worlds and by way of further development in high spiritual Worlds of “Eternal Love” belonging to the Inner Sphere.

The Knowledge is divided into numerous stages of Cognition and circulates constantly in this Space until this or that Soul decides again to take another its material incarnation as a new personality. In such case it will take from its own Spirit **only the information necessary to it for this particular path**. That is why the Soul’s individual incarnation will take place only with a partial knowing necessary just to learn this particular lesson of Life.

That is why human beings cannot remember previous incarnations of their Soul. That would have only prevented it (**but not them!**) from fulfilling the task of its particular



incarnation. **Human beings are semi-conscious entities which, along with Spirit and Intellect, received only a part of God's Love. Human beings are a by-product of the Soul's evolution, which appeared as a result of cosmic genetic engineering and subsequent mutation. Their only distinction from animals is that they have free Will due to which they may improve the mechanism of their thinking and develop as PERSONALITIES.**

Between the Noosphere and the external border of the Outer Sphere, vibrates the unity of Spirit and its 144 Souls-Analogs and Souls-Aspects (see details in the book "The Soul in the Zodiac"). All projections generated by the Central Consciousness, Love, God, are also constituent parts of all levels of Existence in Space between the Outer Sphere and the Inner Sphere. But at each level of vibrations of the Divine Energy (Consciousness) they undergo refraction that corresponds to the type of energy (Matter) of a particular level.

That is why Matter of any level represents a condensed part of the Divine Energy and also has its "own" Consciousness which influences very strongly spiritual beings living within the range of its vibrations. Each time deciding to go further and take a new path, a Soul-Analog takes information from its Spirit necessary to it only for this particular path. And when the Soul-Analog comes back from Earth, it adds what it has managed to learn to the rest of the Knowledge acquired by it.

But in order to get into one of returning centripetal flows of the Inner Sphere, Consciousness must overcome a great resistance of numerous vortex-like *centrifugal* flows that constitute internal space of the constantly rotating Outer Sphere. Until vibrations of Consciousness become pure to a certain quality, it is impossible to overcome the resistance of "dense" Matter of the external part of the Subtle World.

Outside the subtle-matter Outer Sphere, there is energy, measurable by physical instruments, in the form of quanta or light perceived by physical organs of vision. And atoms of dense Matter are created due to the rotation. Animate individuality (Spirit + Soul-Consciousness + Body-Matter) as an earth human **PERSONALITY** is also created there, beyond the abstract borders of the Outer Sphere.

Fundamental reasons that influence greatly the process of Transition are the direction of the Consciousness's aspirations at the moment of Death and the quality of desires that determine the aspirations. When you move from one level to another, from one density of astral Matter to another, your spiritual body also changes in accordance with vibrations of your environment.

**BUT!** When we talk about levels of postmortal existence of the Consciousness, we must pay attention to the fact *that in reality it is wrong to consider them definitely separated into some absolutely isolated Worlds like stories of a multistory building, which is peculiar to our human thinking*. It would be an absolutely wrong idea about the structure of the Subtle World, which does not have strict borders in Spheres of Existence. They change one another smoothly and imperceptibly, interpenetrate and infiltrate into each other from higher energies towards lower ones.

Just as you can listen to music performed by a symphony orchestra and imagine or



hear the play of separate instruments among the simultaneous performance of the whole orchestra, say, a violin or a wind instrument, so it is possible to single out of the unified symphony of Matter of feelings twelve different sounds, twelve hues, passing from a light tone to a dark one, each of which cannot be in any way confused with another. This is how you should understand the level or *overtones* of postmortal Existence.

Even being in your physical body you can distinguish perfectly well a good or kind person and an evil or bad one, based on your own perception of vibrations coming from the person during your communication. These differences begin to manifest to a much greater degree immediately after the Transition, and if during your communication the strings of your own Soul do not sound in tune with those of your interlocutor, you will simply be unable to stay near each other, because everything will be in vain, - you will fail to find a response in his/her Soul. This very phenomenon means that you belong to different levels.

That is why after Death *each person returns to the level which has identical Consciousness with the person*, but not lower the vibrations that his/her Soul had during the beginning of its previous incarnation. That is, once gained spiritual level becomes the Soul's Home, and it will definitely return to that very level to continue its spiritual development.

Of course various unselfish desires to help less developed Consciousnesses or other evolutionary missions are associated with the necessity of the Soul to "come down" to "lower" levels. However, at the same time it does not lose the connections with its Family, but simply puts on rougher energy clothing to be perceived more or less freely and consciously by Consciousnesses of lower levels. After its voluntary work, the Soul comes back to its Home into its spiritual Family.

The principle of the Soul's coming back Home after a physical Death can be very roughly compared with school classes: no first-grade pupil can go immediately to study in the third grade or, say, in the tenth grade, if there are no substantial reasons of that, such as an inborn talent or genius. The pupil will have nothing to do there, because his/her Consciousness is not yet ready either to perceive or process the information peculiar to such level of Knowledge.

Unable to read or write, it is useless to speak about getting more complex knowledge at school. The same thing is after Death: until, during the Transition, Consciousness of a deceased person achieves a complete realization of continuation of Life after Death, he/she will be unable to go to any active level of the Outer Sphere of Subtle Existence.

Not only is the shape of beings living at distant levels of vibrations of Matter greatly different, but there is a very big difference between lower and higher levels in terms of the quality of Lives, possibilities and living conditions. The higher are vibrations, the easier it is for a spiritual entity to change its appearance, because the main element of the form of its manifestation at every particular level of existence is inner Light, its presence and quality. Colors of ambient Nature, the intensity of illumination of a particular World, aromas and the music of Sphere that fill it, - everything changes very drastically and incredibly according to the growth of Consciousness.

So, each deceased person, after a successful Transition through all steps of the external level of the Subtle World, goes to the level (or overtone) of his/her postmortal existence, the vibrations of which the person has managed to accumulate to the greatest degree in his/her field capsule (subtle body) due to previous incarnations of his/her Spirit, and especially due to the knowledge and experience gained during the last Life on Earth. Let us note that the Collective Consciousness of humanity on Earth now occupies almost completely the third overtone of the Astral Plane. Is this much or not?

After Death, human beings will have to pass through twelve overtones or stages of Consciousness, immediately or gradually, depending on the development level of their Consciousness achieved by them. Each of them may be relatively compared with days we live during Life. “A day” is a complete set of conscious moments of our Life, it is Life in Consciousness. They are our earth incarnations.

But there are sort of twelve shadow stages that exist in parallel with the “days”. They form a kind of opposite of these “days”, or, if you like, they are “nights” which we do not realize during Life. “A night” is everything imperceptible and unconscious to us, everything you experience when you sleep. These shadow stages contain Karma of former Lives of the Soul; and during their sleep human beings work it off.

We all exist simultaneously at different levels of Unified Existence, but we are aware of only a small part of it. The Soul is a set of different kinds of radiant energy tied to Consciousness of the physical body until it is possible for human beings to use it, that is until their Consciousness is awake.

As soon as the magnetic force of Consciousness of earth Matter disappears, the Soul starts off on its trip in “the other World”, thus realizing perceptions received by human beings at day and suppressed by their Consciousness. Simply speaking, when we are asleep “here”, we are awake “there”, and vice versa, when we “fall asleep” “there”, we act consciously “here”. It is very simple, unless you make it artificially complex in your own conjectures. Everything exists simultaneously everywhere in the Universe.

***“The other World” is just a natural continuation of what is learnt by human beings on Earth.*** Because all our individual experience and knowledge acquired on this planet do not disappear anywhere. We keep them completely, they are added to those we already have and will serve us well beyond our earth Existence. Nothing can delete this knowledge of the Soul. The same applies to each human being.

After Death, human beings become united and integrated with their whole Consciousness. That is why all these 12 “days” and 12 “nights” of their earth Existence also come together forming a unified experience of everything gained and felt by their Souls when being “asleep” and “awake” in all previous incarnations.

After Death, in Consciousness of the deceased there is a synthesis of all the Knowledge of Existence of Spirit concealed during earth Life with the knowledge of the last Life of the Soul. The synthesis results in crystallization of the desire to continue their individual development. Immediately after that, the Soul of the deceased rushes to such area of the Subtle World, to such its energy-information level that has the most favorable vibration conditions for a further development and improvement **OF THIS PARTICULAR**



## CONSCIOUSNESS.

We may roughly compare the experience of our Soul with our Life on Earth, if we equal one incarnation of the Soul with a day lived by us on Earth. You know from your own experience that remembering very well what happened yesterday, a week or even a month ago, nonetheless, you do not only live looking back at your past, but move constantly ahead both in terms of your spiritual development and cognition of the surrounding World in yourself, and yourself in the World.

The continuation of the postmortal development of the Soul must not be necessarily connected with its new incarnation, but may happen in various ways. An incarnation, or taking a new earth body is chosen only in special cases and is always accomplished as the greatest Mercy of God and a voluntary act of the Soul.

In most cases a purely spiritual incarnation of the Soul takes place in numerous Worlds within the Space of the Outer Sphere, unless during its last earth incarnation the Soul has achieved a level which allows it to end its studies on Earth and come back to the Inner Sphere of Existence. Otherwise, in the Worlds of the Outer Sphere, the Soul will be provided with the most favorable conditions for its final recognition and deep feeling of itself (its true nature) in order to find among vibrations of the Outer Sphere the paths to continue its perfection.

In this respect, we would like to stress again the importance of all further development of the Soul's state of the deceased: the quality of vibrations that fill you during dying will define vibrations in which you will have to start your new Life after your Death. If you die filled with fear and horror, you will start your postmortal existence with identical but much more intensive feelings, because during Life you failed to obtain knowledge and experience that would allow you to avoid such states.

**Those who died filled with anger and hatred will start their new Life by experiencing themselves the vibrations of anger and hatred.**

**Those who died filled with envy will have to continue their lesson from knowing envy of other beings towards them.**

**Those who died in pursuit of violence will be many times assaulted until cognition of Love purifies their Soul removing the useless garbage of spiritual ignorance.**

After Death, all debts will be **undoubtedly paid a hundredfold** to everyone both for evil and love, and everything secret will appear without fail on the surface of Consciousness as deep emotional sufferings and sorrows to bring the inexperienced Child of God to meekness and Love. It is not in vain that we ask God: "And forgive us our debts, as we forgive our debtors..."

The principle of movement from one level to another is very simple: in accordance with vibrations radiated by your Consciousness, you can, in your spiritual development, freely slide

from one level to **the nearest one locating “higher”**. Those, whose Consciousness during Life was at the second overtone of vibrations, after Death can upgrade only to vibrations of the third overtone and not higher, **BUT not lower either**.

Such “step-by-step” or rather “level-by-level” principle of postmortal spiritual existence and development also means that, if you want to help somebody in his/her spiritual ascension, you can do it only to beings of “the nearest underlying” level to your own one.

***There is no spiritual regress; there is only spiritual progress of Soul-Consciousness.*** But because we, people, do not have the possibility to **KNOW** and **SEE true incarnation tasks** of each separate Soul, we may consider some of its particular manifestations as **SORT OF** signs of its spiritual fall.

The knowledge attained by the Soul in its previous incarnations and returned to it again **after Death** prevents any spiritual fall of the Soul. Mistakes of Life make primarily suffer an earthly personality which after Death will have to learn slowly the meaning of its existence in God.

Mistakes committed by the Soul during its last physical Life and realized after Death will make the Soul take very promptly another incarnation, either a spiritual or a physical one. This desire will be as acute as the eagerness in Consciousness to develop spiritually as soon as possible. No one forces anyone to incarnate in a physical capsule, on the contrary, this is one of the infinite manifestations of God’s Love and Mercy which must be deserved by strong spiritual striving, because the number of physical human forms on Earth is limited.

The number of physical body-capsules of humanity on Earth suitable for manifesting a highly developed Soul is very limited. It is many times less the number of Consciousnesses which wish to incarnate on Earth and have accumulated for hundreds of thousands of years in Space-Time of our planet to work off their Karma. That is why any act of a thoughtless self-destruction or suicide is a terrible sin that after Death prevents the Soul from finding itself for a long time.

Even one-level upgrade of Consciousness after Death awakens in human beings the desire to help those who have not yet achieved the same level, and thus continue their own spiritual development or reincarnate on the planet where living conditions may provide the greatest possibilities for that.

Those who in their development have managed to achieve the levels of the Inner Sphere do not necessarily have to incarnate on Earth: there are innumerable myriads of planets that provide various conditions and possibilities for a spiritual development.

The point is that an incarnation on Earth allows to develop to the utmost some specific qualities that lack for the harmony of the Trinity of Main Forces of Life: Force of Will, Force of Spirit and Force of Love, - without which Consciousness simply cannot penetrate into Space of the Inner Sphere of Divine Existence.



# SOME PECULIARITIES OF EXISTENCE “IN THE OTHER WORLD”

Life after Death does not disappear, on the contrary, it starts its active period for a great many of people, unless of course they were not filled with evil and hatred, depravity and selfishness during their last Life, if their Souls are pure and their Hearts are open to Good and Love. Such people should not at all be afraid of Death which will reveal to a still greater extent their beautiful spiritual Essence and set free their Divine Light hidden by their physical body.

I have already mentioned that everything described by someone or read by me before about the phenomenon of “Life after Death” is absolutely not in line with what I have personally encountered during my out-of-body astral explorations. Even Worlds of the lowest astral vibrations, whose Space dimension is not very different from our 3-dimensional “reality”, have their own design, structure and principles of active influence on Consciousness which cannot be compared at least to a small degree to what we have here, on Earth.

To put it more precisely, “**THERE**”, at all “bellow-middle” levels of the Outer Sphere of the Astral World, **in terms of appearance** there are many common elements that have *thematic, abstract* connections with our habitual reality, because *after Death human beings continue to think and create at the same quality level they had during Life*. When after Death you go in your subtle body beyond your physical Life, *all your present beliefs and priorities will become your complexes there and will chase you to a much greater extent* making your inner nature either improve in quality, or dissolve gradually in Astral Matter.

Let not deceive yourself by many descriptions of Existence of inhabitants of the Subtle World as absolutely safe and carefree, where nothing and nobody can hurt the Soul of the deceased. In term of an individual evolution of the Soul, gaining experience of existence by the Soul, a degree of knowledge it is true, - nothing can hurt it.

But if we mean a purely emotional state and a quality level of psychic feelings of the deceased, that is a big mistake, *because all through their Life human beings do nothing but accumulate actively all their fears, ideas and desires not in their physical body but exactly in their astral conductor which becomes their body of manifestation immediately after their physical Death*.

Invisible to the eye, Worlds of the Astral Plane whose vibrations are the closest to us - **only in their appearance!** - have almost the same structure as our World. For instance, when I visited an area where inhabitants call themselves “Lamits”, I was surprised to encounter in one place a very large group of people who imagined themselves in a real environment of the traditional orthodox “Heaven”. That means that during Life they had **ONLY SUCH** image of Heaven and did not even Thought about another scenario after their Death.

So, if being alive they wanted so much to go exactly to **SUCH** place, they got it when they died. Their entire postmortal Life now consists only of wearing long white garments with crowns on their heads among “pastures of heaven”, eating “manna from heaven”, playing harps and singing psalms.

At the moment when I decided to leave that “Heaven”, in the east, just near the horizon, all of a sudden a large glow appeared like the rays of the rising sun, although it was not in the morning but at broad daylight and everything around was lit by a soft golden light. All the inhabitants of “Heaven” turned at once toward the glow and stayed motionless in a tense, joyful expectation. The face of each of them had an expression of the highest reverence and happiness.

The glow approached gradually and on its background a small human figure began to appear more and more clearly and brightly. The figure radiated soft and glaring golden Light. Without any explanations I understood that it was Jesus Christ Himself, the Nazarene, who came to His flock. When He approached closely enough and stood at the very top of a small mountain, many people dropped to their knees and began to bow to Him.

He, looking gently at the gathered people (I suppose there were about two-three thousand of them, maybe more), extended both hands to them as though He wanted to caress them all at the same time. And then, when His shining became a little weaker, - most likely to cause people less discomfort when they looked at Him, - a little lamb appeared all of a sudden in His right hand.

Some moments later, everyone heard His normal human voice. It was very calm, but nonetheless much louder and more powerful than the one of an ordinary person. I guessed that all the people present there, including me, irrespectively to their nationality understood Him quite well.

He began to teach the people Love, spoke of Mercy sent by God to all people, but on the whole His entire speech came down to the content of the Sermon on the Mount well-known to Christians. When He became silent, His image regained its previous brightness and as if vanished in the air. After that nobody could see Him.

Before coming back to my body, I looked at the people once more. They began to disperse toward their snow-white houses with glittering red-tile roofs in a wonderful blossoming valley. Each face bore the expression of a supreme bliss and inexpressible happiness from the meeting with the Son of God.

I understood that such meetings happen there on a regular basis and was envious in its best sense. So, each of them strived eagerly to get there during Death, and for those who were found worthy of such postmortal destiny, that great desire became their “spiritual fairway” in their existence after Death.

Nature of different areas of the Astral Plane is very diversified and unique. Each level has its own, if I may say so, dense forests, “savannas” or “jungles” where there are also rivers, lakes and swamps, where birds twitter aloud, where “wild animals” live. When



suppose on Earth you find yourself in such a place and meet there with a dangerous animal, you have of course to protect yourself or run.

It is a usual pattern of the human conduct in a Life-threatening situation, which developed in us the so-called “instinct of self-preservation” for thousands of years. The pattern is securely implanted into our subconsciousness, and because after Death you switch automatically to the mode of active work of your subconsciousness, you simply cannot react otherwise in situations worked-out during your Life on Earth.

And everything what constitutes the foundation of vibrations of your astral body, your subconsciousness, will constitute your obligatory set during your “postmortal trip” over Spheres and Worlds of the Astral Plane. But unlike your earthly perception, ***all your internal property which you will take with you to your “postmortal existence” will become the foundation of your external environment.***

Everything you now hide so thoroughly inside yourself, will come out automatically “to the surface”, and you will not be able to escape it until you change in terms of quality, that is vibrationally, to such extent that you would stop being a practical, that is energetic, object of interest to the whole set of Thought-forms, larvae (the malevolent tormenters) and elementals which you created yourself, by your Thoughts, feelings and actions, during your Life on Earth.

After your Death they will look quite real, practically almost like you. Although particles of astral Matter that constitutes these Thought-images have a substantial binding force between each other, they cannot be sensed or felt “by touch”. The main difference between them and the real dead is that they are unable to answer questions, because they do not have a real center of consciousness and cannot think on their own.

We should also note that there is a great number of intentionally created Thought-forms, made on purpose out of intensively concentrated Thought-Matter to be preserved for a very long time. Such Thought-forms constitute the basis of the picture of “a real” environment of inhabitants of the Astral Plane that have arrived there from Earth.

When the deceased begin to realize themselves after Death, due to the extraordinary plasticity of astral Matter, ***they begin gradually to recreate around them the Life style which would correspond to their most comfortable and purposeful, from their personal point of view, earth level or at least would be close to what was habitual to them on Earth.***

They begin to remember intensively many most pleasant and desirable moments of their earth Life, and by the power of their imagination they reconstruct unconsciously around them the same environment in which they felt quite comfortable and cosy before their Death. Hosts of spiritual beings who have penetrated into God’s Love and serve this Love help eagerly the deceased and start gladly and delicately to play up to them in all their desires and whims that deal with communication or applying their own creative abilities.

We may say, that ***after Death each person becomes an active participant of his/her***

*own scenario, written by his/her previous dreams, problems, aspirations, beliefs and interests.* Leading and minor parts in this “performance of Life” are played by other deceased who dwell at “the nearest higher” vibration level and by virtue of their Love wish to help in their pursuit of knowledge.

Add to this the fact that around each of the deceased there are very many people with a similar level of development who are dead as well but made their Transition in past historical epochs, in other countries, with different outlooks, and you can easily imagine the unique diversity of Life, tastes, morals and views which literally fall on the head of each deceased person.

All that happen to you now “here” can happen to you as well “**THERE**”, only with one significant difference: all objects around you of “the other reality” are not outside, but inside you, in your Consciousness which generates intensively to ambient space many various Thought-forms formed by your fears, desires, views, tastes and bents. There, everything you have kept inside or concealed, what used to be secret and inaccessible to others, instantaneously gets flesh and becomes as “real” as you.

If in your memory and imagination there is nothing what could tie you with a danger and fear, for instance the fear to be eaten by wild animals, then you have nothing to fear after Death, - such danger cannot appear in any way in front of you after your Transition. If during Life you were not interested at all in lust, depravity, perversion, violence, killing and so on, you will not be in any way faced with such events after Death, because your astral body will not have the vibrations which, according to the Law of attraction of similar vibrations, would draw your Consciousness to the Spheres where such vibrations have to be annihilated.

**BUT!** In each of us, our lower nature “has piled up” so much of everything we even cannot imagine, and if it was not for a spiritual or rational “brake” inside us, we would have long ago turned into non-humans who live only by their lower instincts. The level of our Consciousness defines our earth Existence. The higher is that level, the more all sorts of involitional raffle we suppress easily inside us, or more precisely, - again according to the Law of similarity! - we remove these low-quality energies from our field capsule.

Let us remind you once more, that the so-called “other World” is “oversea”, where there is absolutely no earth time and anything related to it this way or another. This World, inaccessible for visiting by an ordinary living person, is divided into billions of other Worlds “tuned” to various levels of Consciousness which become open in each of us after Death that in fact is the first act of our spiritual Rebirth. Having got rid of the dense veil of the material World, a disembodied Soul finds itself and penetrates into the very essence of its previous earth Life.

For inhabitants of the Subtle World, we, the living, are also “inhabitants of the other World”. But they, unlike us, can communicate spiritually or psychically with us, because they are not at our place, **IT IS US WHO ARE AT THEIR PLACE!** We, people, occupy or constitute an active basis of the lowest evolutionary niche or level of

**This book costs less,  
than your cup of coffee.**





# Complete catalogue of books written by Oris Oris

Books are available in the following languages:



russian



english



german



bulgarian



## About the author

During his creative life Oris has written about 100 books on spiritual-philosophical and esoteric topics, as well as on the mental and spiritual relationship between the human energy-structure and the energy-structure of the universe.

A large part of Oris's life is devoted to spiritual creativity through writing books on cosmological subjects. In them the author uncovers such matters, which no one has ever touched so deeply and in such detail before. As early as 1996 Oris managed to find his Spiritual Mission, which he is tirelessly pursuing to the present day.



Oris was born on 25 January 1954 in small Ukrainian village of Maryinka in the Donetsk region in the family of a miner and a nurse.

From an early age (at the age of three) Oris developed an intuitive gift for writing poetry. Oris read out his first poem «Zhen-shen» at the age of 3 to his mother, who wrote it down, because he couldn't write yet.

He also possessed medial abilities from an early age: he could spontaneously «see» dynamic pictures of events and episodes from other people's personal lives, the authenticity of which was often later proven.

As a preschooler, Oris would periodically warn the children of impending contingencies when they were up to some mischief, and at school he knew who would be called to the blackboard and warned his classmates about it. He also knew in advance which boys and girls would be sympathetic to one another and which not.

Oris's first poems, from the age of 6, were published in the Maryinsky district





newspaper. In addition, Oris was good at drawing: 14 portraits of Ukrainian and Russian writers, which he painted in the 3rd grade, decorated the walls of the school corridor.

In 1971, Oris graduated from the 10th grade, worked as an instructor of physical education in Maryinsky Raypotrebsoyuz, and in 1973 he entered the Faculty of Agronomy of the Crimean Agricultural Institute, graduating in 1978. After 4 years of professional activity on the South Coast of Crimea (Yalta), he became the director of sports and recreation base (village of Ponizovka), belonging to two Moscow research and production associations - «Measuring Equipment» and «Energy», serving the space industry. He resigned in 1990 to pursue his literary career.

As a teenager, Oris became very interested in martial arts: karate (Kyokushinkai), kung fu (dim mak - «the art of the poisonous hand», Wing Chun, Zui Quan), judo, sambo and others. Later, in 1975 he achieved a black belt in martial arts and in 1979 in Yalta at the Ministry of Internal Affairs he opened a martial arts section and hand-to-hand fighting.

From this period (1975), while still a student at the Institute, he worked for 15 years on writing several books series about martial arts. Three volume textbook on karate and Dim-Mak Art titled «Karate Way - from Student to Master» was colourfully designed and published in Moscow in 1992. During these years a separate book «Dim Mak - the art of poisonous hand» was published in Moscow. A second cycle consisting of more than 20 books under the general title «Initiation or the Path of a warrior» was written during this period, but it was not published in the USSR because the author had no higher physical education. For this reason in 1982 Oris entered Simferopol State University, but in the 4th year he left the University for family reasons (due to the birth of his son Yaroslav in 1983) and because of perestroika.

During his work on the book cycle 'Initiation or the Path of a Warrior', Oris (in a state of deep meditation) first inadvertently came into Contact with his Spiritual Teachers, after which he regularly received the information that formed the basis of the most unique book series 'Life between Live's and all the books subsequently written by him.

Then begins a more intense Spiritual Path for Oris, marked by a turning point in his life due to the urgent need arising in his Consciousness to find Himself and his Spiritual role in life.

He went as a hermit to a cave in 1996 from which he had no plans to return. There, in the cave, deep Spiritual revelations came to him, as well as information about his past (parallel) lives. Some of these inner experiences Oris described in poems, which have been published in a separate collection. On the basis of the contacts with his Spiritual Teachers during this period (after 40 days of taking only water), having learned his Purpose in life, he returns home with a renewed Self-consciousness, after which a new Spiritual phase begins in his life: within four years he writes more than 40 books, which are combined into several cycles with the following





titles: «Life Between Lives», «The Art of Dying» and «Extraterrestrial Contacts».

After 2000 he began to write texts to the melodies of Soviet hit songs, in which he expressed the whole quintessence of his spiritual conclusions and thoughts, emphasizing the role of Love, Kindness, Mercy and all Human qualities and feelings, which people so often forget in their everyday life.

Also after 4 consecutive Spiritual Initiations (from 1996 to 2000) Oris gets access to more true and authentic information about the structure of the Universe and the role of human in it, which he reveals in the book series called «lissiidi», «The Great Message», «Immortality is available to everyone» and «lissiidiology Fundamentals». These book series are written as the quality of information that Oris received becomes more and more complex because it comes from deeper and deeper levels of the collective Subconsciousness. These more profound and insightful conceptions form basis of his own Self-Consciousness and he begins to find answers to complex cosmological questions that until then were expected to remain unanswered for people for many decades to come.

A more detailed and complete list of all books written by Oris is set out below. They are presented in chronological order as books were written.

All Oris's books in all available languages can be downloaded for free from **[www.orisbooks.ru](http://www.orisbooks.ru)**.

**Compilation and preparation of material,  
layout design, translation: Astiyraalls**





# 1992



## Three-volume book «The karate Path - from apprentice to Master»

Moscow, 1992

Pages: 759

For the first time in our country is being taken an attempt to summarize the personal experience of the author, who gave most of his life to the study of the theory and practice of martial arts. The original materials concerning the psycho-physical training of adepts of martial arts are being presented. This books also touches the moral problems, traces the philosophical origins of karate-do, which have their origin in the teaching of Buddha. Even with the most detailed textbook it is impossible to become a master of karate. For this you need a Teacher. Then what is this book about? It contains the information, without which you cannot become a Master.

The author has for many years been seriously and deeply involved in the study of oriental martial arts: karate, judo, kung fu, dim mak (the art of delayed death). This three-volume book covers all stages of karate training - from the basics to the highest mastery, including dim mak and no-touch kicks (energy blows). It is an encyclopedic edition in three volumes. The basic techniques of defensive movements, hand and foot strikes are presented in detail. Also are being analyzed the mechanics of each movement, internal mental components, technique of passing relaxation phases and the concentration of energy. The book contains numerous photographs, diagrams and engravings.

### **VOLUME 1, CONTENTS:**

- SECTION 1. The Path of Buddhism
- SECTION 2. The path of developing Eastern martial arts
- SECTION 3. Breath exercises in martial arts systems
- SECTION 4. Martial arts training systems
- SECTION 5. Theory and practice of basic karate and kung fu postures
- SECTION 6. A brief overview of some of the major natural weapons and how they are used

### **VOLUME 2, CONTENTS:**

- SECTION 1. Theory and practice of «Uke-Waza» - defense techniques
- SECTION 2. Theory and practice of hand striking techniques
  - «Zuki-Waza» the technique of penetrating punches with hands
  - «Uchi-Waza» the technique for delivering chopping punches with hands





SECTION 3. The theory and practice of «Geri-Waza» — techniques of making leg kicks

Kick forward — «mae-geri»

Side kick — «mawashi-geri»

Kick to the side — «yoko-geri»

Kick backwards — «ushiro-geri»

**VOLUME 3, CONTENTS:**

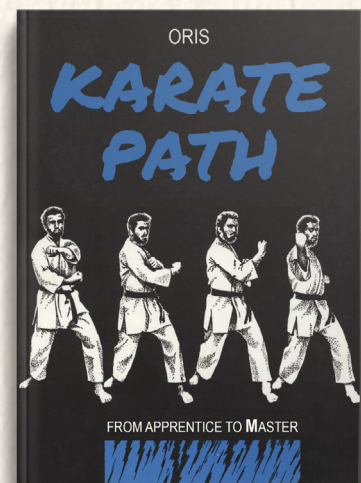
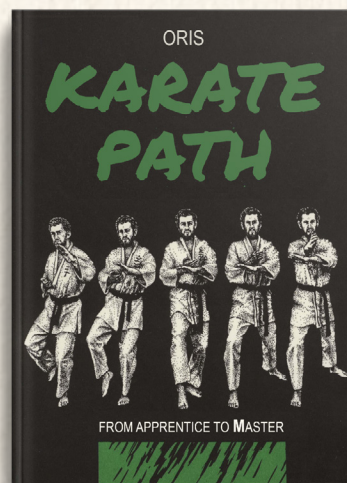
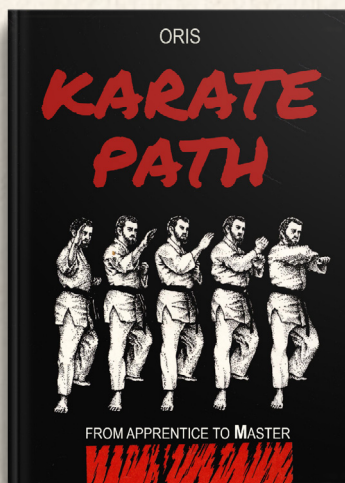
SECTION 1. Practicing combat with multiple opponents

SECTION 2. Pre-hospital care in karate classes

SECTION 3. Some ways to increase athlete's performance

SECTION 4. The Path from «the touch of delayed death» — to no-touch kicking

A brief glossary of basic terms, names, and designations





# 1996



## «Dim Mak - the art of the poisonous hand»

Moscow, 1996

Pages: 211

The uniqueness of this book lies in the fact that it is the first attempt to combine the basics of energetics of martial arts, as well as a very specific technique of influence onto human nerve centers and the energy defeat of enemy at a distance.

The psychological, reflex-therapeutic and mechanical methods of increasing the athlete's capacity for work under increased loads are discussed in great detail.

Extensive Russian-Japanese and Japanese-Russian dictionaries are designed for masters who communicate with Japanese karatekas.

### **CONTENTS:**

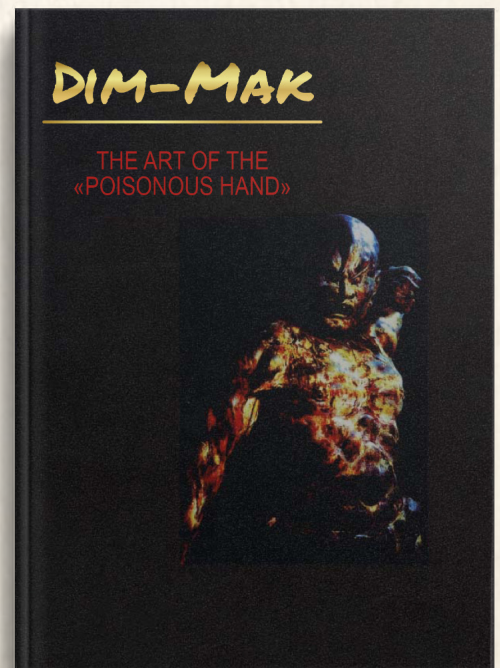
SECTION 1. Practicing combat with multiple opponents

SECTION 2. Pre-hospital care in karate classes

SECTION 3. Some ways to increase athlete's performance

SECTION 4. The Path from «the touch of delayed death» - to no-touch kicking

A brief glossary of basic terms, names, and designations





# Book series «Initiation or the Path of a Warrior»

This series of books about «The Art of Dim Mak - the Art of Delayed Death» was written by the author in order to reveal all the nuances and details associated with the Kung Fu - Dim Mak fighting style, which previously in such depth and detail have not been described anywhere else.

**«The Path of the Warrior and the Spirit of Initiation»**

**«The Spirit of Thought and the path to Meditation»**

**«Sickness and its healing with a Thought»**

**«The Spirit of sound»**

**«Healing with sound»**

**«The Spirit of Energy»**

**«Healing with Energy»**

**«The Spirit of breath»**

**«Healing with breath»**

**«The Spirit of movement»**

**«Healing with movement»**

*Yalta, 1991-1996*





# Separate books



## «Wandering of the Soul» or «Life between Lives»

*Moscow, Kiev, 1996*



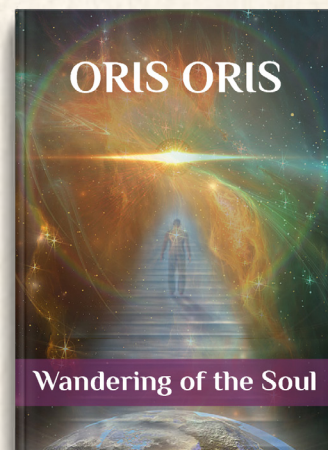
Pages:



The book not only introduces the reader to the problem of Death, but also considers the place of human in the Cosmic Hierarchy. You will learn about the Path of warrior and his attitude to Death, about the septenary composition of a human, about the overcoming the fear of Death, about the relationship between man and Egregors, about chakrams as natural channels of communication with other worlds. The book contains techniques and methods of entry into inner spaces and transition to other worlds.

### **CONTENTS:**

Foreword  
 Other Worlds  
 Warrior and Death  
 Meditation is «Death»  
 Fear of Death  
 The Art of Dying  
 Human - Space  
 Space and Time. Guide to other Worlds  
 The Material Universe  
 Man and Egregor  
     Non-humans  
 Cleansing from evil during life-time  
 Journey in Time and Space  
     Technique for entering inner spaces  
 Methods of transition to other worlds  
     Auto- or self- hypnosis  
     Conscious dreaming  
     The second way of exit  
 Chakrams - natural channels of communication with other Worlds  
     Muladhara  
     Svadhithana  
     Manipura  
     Anahata  
     Vishuddha  
     Ajna  
     Sahasrara  
 Composition of the human  
 The septenary composition of human  
 From the author







## A collection of poems «40 days of Hermitage»

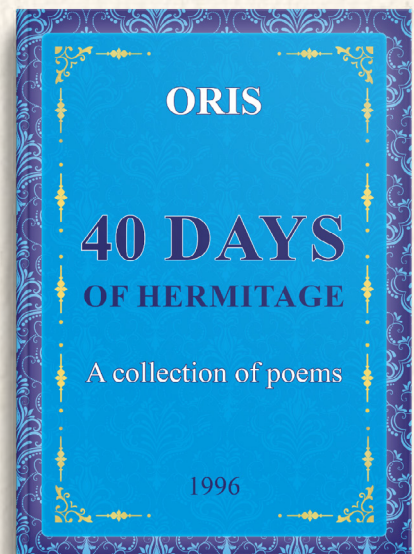
Yalta, 1996

Pages: 47

All poems in this book were written by Oris in 1996 in the Ai-Petri mountains, when he voluntarily took a vow of silence and lived for 40 days in a mountain forest, in a small space dug with a tin can between two rocks supporting each other, completely refusing food and any communication with people.

His inner reason for going to the mountains was the pressing, unyielding need in his Soul to try to cognize the Meaning of his present existence as deeply as possible and, if possible, to try to find the Essence of his own Spiritual Destination by conducting an inner dialog with his «Higher Self» and seeking opportunities to understand himself...

This book also contains an audio recording of these poems, which Oris recorded onto a tape recorder during this act of hermitage.





# 1997-2000



## Thought and Meditation

Yalta, 1997



Pages:



Thoughts, unlike objects, do not belong to you: they come from somewhere else all the time, stay and interact with your Consciousness for a while, and then imperceptibly disappear to somewhere. Your thinking is the process of continuously synthesizing in your reality newer and newer Forms from the already known to you mental and sensual experience. Therefore for you the thinking process represents the «beginning» and the «end» of absolutely all of your desires - from getting some material benefits to achieving «higher» (according to your concepts) spiritual goals.

By mastering the art of mental transformations, you will have an absolutely real means of consciously controlling the material conditions of your earthly existence. By improving in this direction, your mentality can reach the point where it becomes possible to control the powerful factors of the natural elements of Nature, influencing not only the weather, but also such destructive phenomena as tornadoes, tornadoes, earthquakes, tsunamis with the power of your Mind...

### **CONTENTS:**

Life is a product of the creative movement of thought

Every thought is material

Working with Thoughts

The Adept's teaching

How to become an observer

About conducting concentration classes

In life, we build everything with our Thoughts and Consciousness

About the practice of dream formation

Thought is a product of time

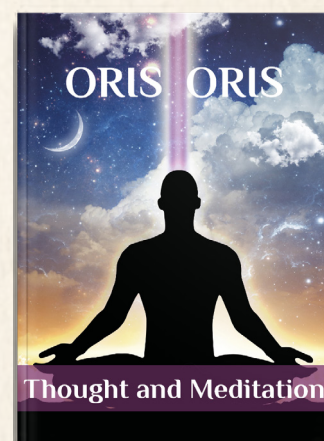
A technique for opening the «third eye»

Everyone lives in the world of their own dreams

How to go beyond Thought

About the creation of a Thought Form in Meditation

Practice







## «Soul in the Zodiac»

Moscow, 1999



Pages:



The book «Soul in the Zodiac» continues and develops the subjects, raised in the book «Wandering of the Soul». In this book the author tells about his experience of Contacts with extraterrestrial civilizations, considers the model of the structure of the universe, in particular the worlds of spirits, hellish worlds, worlds of the solar system and other worlds and hierarchies.

The existence of the Soul in the transition between worlds, the archetypes of the astral and subtle worlds are covered in detail. In this book the reader will find the most complete answers to the eternal questions of human Existence.

### **CONTENTS:**

#### Part One. Worlds of the Solar System

- Worlds of Religions
- Worlds of vedanta
- Worlds according to Buddhism
- The worlds of human
- Descending Worlds
- Ascending Middle Worlds
- Worlds of «doubles»
- The World of perfect Spirits

#### Part Two. Extraterrestrial Civilizations

- Civilization from the planet «Ceres»
- Civilization from the constellation Andromeda
- Civilization from the constellation Pleiades
- Civilization of silver «humanoids-balls»
- Civilization of green «humanoids-balls»
- Star Spirit Christ
- Guardian Angels

#### Part Three. The physical world

- Etheric layer
- Physical body
- Etheric body
- Animal community archetypes
- Astral body
- The Astral
- Aura of the Soul
- Evolution of the Spirit





# Book series «Life between Lives»

*Yalta, 1997-1998*

What Oris writes about in this book series is the most detailed description ever written by human about the entire sequence of events undergone by the Consciousness of a dead person when he returns to his Heavenly Home, which has so many «abodes» that it is impossible for an ordinary person to even imagine.

Oris, using his many years of individual experience of astral travel, describes in detail the Astral and Mental realities he has explored, transforming the Incomprehensibly-Cognizable Existence into Knowledge that is comprehensible to almost every person, which leads readers to a gradual realization of the immutable Truth of their infinite Cosmic Existence.

## **Book 1. «Life without death» («The spirit of death»)**

*Yalta, 1997*



**Pages:**

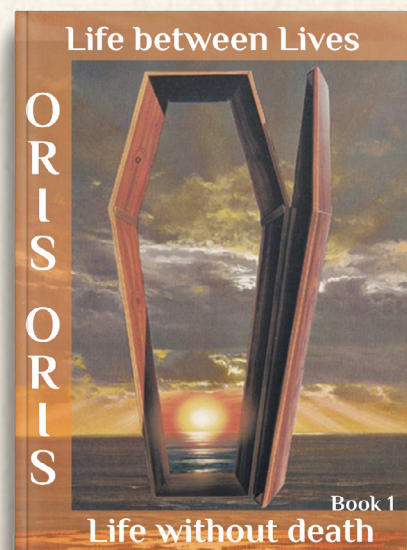


Who are you? How and why did you come to this cruel and alien world? Where will you go and how will you live after your loved ones have said good-buy to you on this earth? And will you really exist after that? These are constant questions. But they have answers. The secret of life and death irresistibly draws man to the realization of what he has long known, but what has remained a mystery and unknown.

If you need answers to these eternal questions, if you can no longer live without understanding them, then this source of knowledge is for you.

### **CONTENTS:**


Death is the beginning of Life  
 Death and religion  
 Life is the path to immortality  
 Death is the form of Life  
 Dialogue with the Teacher  
 Warrior and Death  
 Warrior and suicide  
 The fear of Death







## Book 2. «Soul and the Cosmos»

*Yalta, 1997*

 Pages:

 When confronted with the constant choice between Good and Evil, man is lost and does not always think about whom exactly with his every choice and action he serves: God or Satan? To help the reader to choose, the author tells in details about Egregors - astral entities, adapted to living in both as in positive so and in negative poles of Existense, which are mainly determined by the nature of Egregor itself.

 The author helps to understand all the subtleties of this topic, showing using examples the activity of «devil's Egregors», explains to what can lead the spiritual ignorance and thoughtless worship of material symbols, which all lower the human consciousness to the level of sorcerers, magicians and so-called non-humans.

How can we cleanse ourselves from the astral dirt of our own ignorance, which degrades our spiritual Essence and puts us on the same level as wild animals? How can we in Life take care of favorable conditions of our postmortem existence? This and much more is discussed by Oris in his second book «Soul and the Cosmos».

### **CONTENTS:**

From the author

Man - Cosmos

Space-Time

Time is a thought

River of Time

Time factors

«Black holes» - sources of Matter of the Anti-World

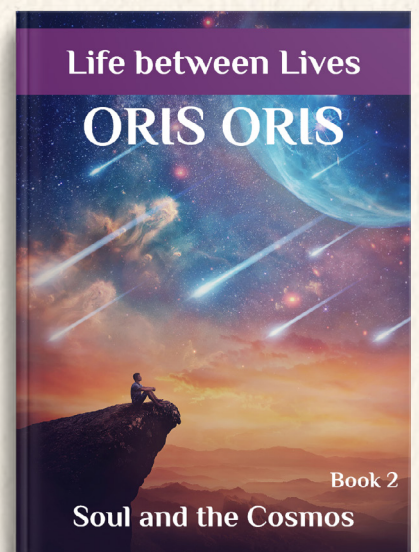
Material Universe

The Soul in the Egregor

Egregors and people

The Devil and his demonic Egregors

Egregors and the Soul







## Book 3. «Soul in other Worlds»



Yalta, 1997

Pages:



Always when people speak of «other cosmic thinking civilizations» they usually mean either the intelligent populations of other planets, the so-called «brothers in mind» or something very abstract and vague. But for some reason no one ever thought that these very «thinking civilizations» could be OURSELF, but only OURSELF located at other levels of OUR development, in other conditions of Existence, in the past or future space-time structure, in other circles of OUR human civilization's time field.

All so-called «other worlds» should not be perceived as something alien and unknown. There is no dividing barrier between «this World» and the many «other Worlds». On the contrary, all that exists is one single Divine Being.

You will learn about this and much more from the third book «Soul in other Worlds».

### **CONTENTS:**

From the author

Worlds of Solar systems

Worlds of Religions

Worlds of Vedanta

Worlds of human

Worlds of Heaven

The worlds of those who listen to the voice

Worlds of self-directed to enlightenment

Bodhisattva's Worlds

Buddhas 's Worlds

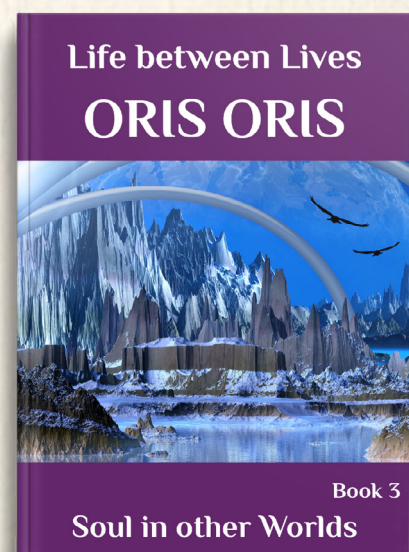
Descending Worlds

Hell Worlds

Ascending Middle Worlds

Worlds of «doubles»


The World of perfect Spirits






## **Book 4. «Aliens»**

*Yalta, 1998*

 **Pages:**

 This book may seem unbelievable and dreamy to the reader, but those who have ears to hear will find confirmation of their thoughts and hopes and proof that we are not the only people in the cosmos.

The time has come to meet those who have been invisibly present around us for millions of years, sending signals of their invisible existence. May each of you perceive this book the way he or she feels! For some, it may be perceived as a fairy tale, and for others, as information for reflection or as a guide. In this way, the main goal of this book will be achieved, because you will know the Truth, and what to do with that Truth is everyone's personal choice.

This book represents the least amount of information about the author's many Contacts with other cosmic civilizations and the information that has been received from Those whom the author calls The Universal Teachers.

### **CONTENTS:**

From the author

Message from the Demiurge of the World

Humanoids of the constellation Regulus

Civilization from the planet Ceres

Civilization from the constellation Andromeda

Civilization from the constellation Pleiades

An urgent message to earthlings from representatives  
of the constellation of Pleiades

Ora's Message to the Earthlings

Aalan informs the people

Civilization of silver «humanoids-balls»

The Tunguska Mystery or once again about non-humans

Civilization of green «humanoids-balls»

A message from Lord Maitreya

Christ the Superstar

Aliens testify

Albellic's Messages

Ramasanta reports

Makkearland reports

Araaragot reports

Oris's dialogue with Allaagor the  
andromedian

Guardian Angels

Message from Archangel Michael

Message from ELOCHEM to the

People of the Earth

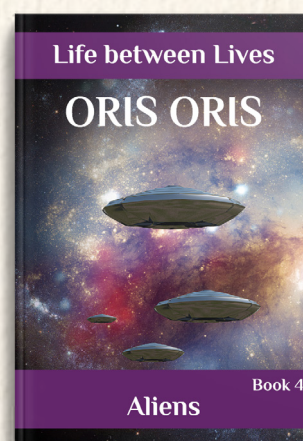
Message from Archangel Uriil

Message from Archangel Gabriel

Message from Archangel Metatron

Message from the God of the Sun

Ascending worlds





## **Book 5. «The technique of Astro-Travel. Chakrams»**

*Yalta, 1998*



Pages:



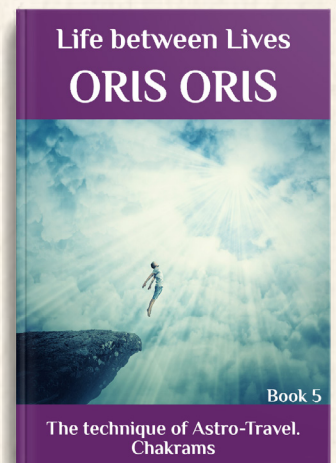
In this book the author continues his exploration of the world around us and tries to unravel one of the most unexplored mysteries of nature – the human. After all, only by knowing ourselves we can come closer to knowing God and His Mysteries.

Who are you and what are you doing on this planet? What is the point of your being here? Where will you go after people say about you, «He's dead...»? And in general, will there be anything left after Death other than the memory of you? All these questions will be answered through the author of this book by his Teacher, who has undertaken the mission to give a thorough introduction to the mankind on Earth to the problem of so called «post-death existence» of a human.

### **CONTENTS:**

The double of human and the Earth's Noosphere  
 The travel in Time and Space  
 Techniques for Entering Inner Spaces  
 Methods of Consciousness Transition to Other Worlds  
     Relaxation  
     Auto- or self- hypnosis  
     General scheme of self-hypnosis  
     Conscious dreaming  
     The second way of exit  
 Danger of possession during astro-travel  
 Chakrams are natural channels of communication with other  
 Worlds

Muladhara	Vishuddha
Svadhithana	Ajna
Manipura	Sahasrara
Anahata	Composition of human



## **Book 6 «Man and his Soul»**

*Yalta, 1998*

### **CONTENTS:**

Composition of the human	Etheric Body
The septenary composition of human	Archetypes of the Ethereal World
The physical World	Archetypes of animal communities
Etheric layer	The Astral Body
Physical body	The Astral







## Book 7. «Soul in the Zodiac»

Yalta, 1998



Pages:



In this book the author tells us that the entire world around us is a single system, and the parts of which are in very close relationships and interconnections, and that the entire Universe is subject to unified rhythms and unified cycles. Some of these cycles began at the creation of the Worlds and determine the Evolution of the Universe as a whole. Others determine the course of geological processes that change the face of our planet and, in turn, also affect the development of all mankind, the emergence and collapse of terrestrial civilizations.

The nature of all these influences, both global and individual rhythms, on the objects of the World is determined by the laws of the Zodiac, whose symbolism is much deeper than many novice astrologers think. In addition, in each cycle we can distinguish twelve basic and twelve current phases or micro-cycles, the characteristics of which are also associated with the passage of the Soul along different qualities and with the zodiac symbolism.

This book, as well as all the other books by Oris, is intended for those readers who seriously, deeply and with a sincere desire want to understand on their own everything that relates to the problems of Life and Death, who see in their impending Death not the most terrible and dangerous enemy, but on the contrary, a reliable adviser and a friend.

With Oris's books, Death is transformed from a frightening adversary, from an unfortunate failure or fatal mistake in the Universe into one more, another Transfiguration, to which we have already been subjected more than once.

### **CONTENTS:**

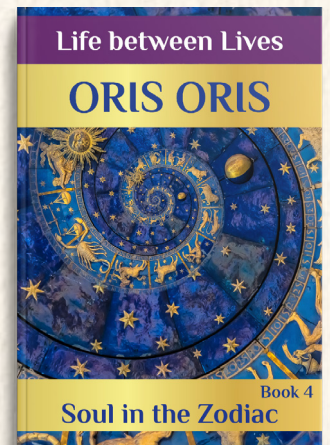
Soul in the Zodiac

*The Fiery face of God:* Leo, Sagittarius, Aries

*The Airy face of God:* Aquarius, Libra, Gemini

*The Watery face of God:* Scorpio, Cancer, Pisces

*The Earthly face of God:* Taurus, Virgo, Capricorn



## Book 8. «The art of dying»



This book consists of 5 parts.



Pages:

The author has tried to give the most detailed answers to specific questions through his many years of experience of independent out-of-body explorations of the Ethereal World: how to die correctly? How to learn to accept your death in time? How the transformation of subtle bodies takes place during the post-mortem transition?

This book, describing in the most detailed way the changing state of a person's Consciousness during the process called «dying» and his Soul's presence in various





vibrations of the energies of the Astral, is also a kind of manual of religious therapy and eschatological psychosurgery, carried out through the most detailed texts of “Instructions” read by relatives for the dying ones or an already dead person in order to strengthen and awaken his Consciousness before the Transition to the Other World.

Among other things, this book can safely be classified as one of the most detailed travel guides to the many realms and spheres of the Ethereal World, which we commonly refer to as the «afterlife».

### «The art of dying-1»

*Yalta, 1998*

Pages:

#### **CONTENTS:**

The Author’s Foreword  
 Meditation on Death  
 Meditation on Dying  
     Jati Smaran Introduction  
     Jati Smaran Meditation  
 The Astrosome and Meditation

### «The art of dying-2»

*Yalta, 1998*

Pages:

#### **CONTENTS:**

The Author’s Foreword  
 The Mystery of Death  
 The Postmortal Path  
 The Egyptian Book of the Dead  
 The Tibetan Book of the Dead  
 «Mors certa, hora incerta»  
 The Fear of Death  
 Overcoming the Fear of Death

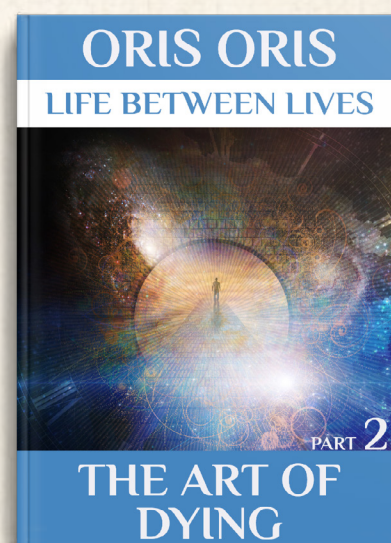
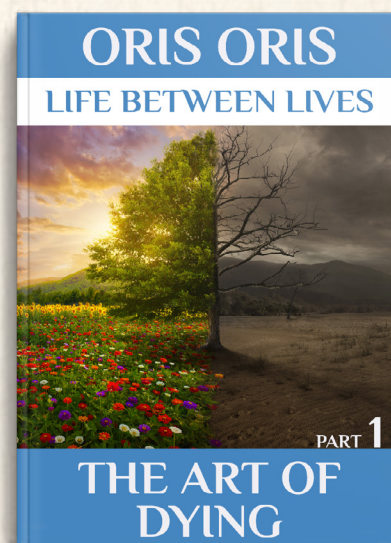
### «The art of dying-3»

*Yalta, 1998*

Pages:

#### **CONTENTS:**

The Author’s Foreword  
 Metamorphosis of Death  
 The Preparation for Death  
 Nobody Dies





## Dying

Stages of dying

The moment of death

Signs of the coming of Death

A conversation with the Teacher

## «The art of dying-4»

*Yalta, 1998*

Pages:

**CONTENTS:**

A Brief review of the diversity of Forms and types of dying

Dying is a completion of the Earth's form of suffering

Death is not the end of dying but the beginning of a new Life

Death of the non-humans

The Soul and its impulse Ring

The first phase of the transition: «The point of silence»

The second phase of transition: The tunnel effect, the bright light

The Assistants

Gradual awakening

Parting words to the dying person

For the dying one

The following text may be read for the one who has deceased

The funeral

The prayer for the deceased

The prayer for the release of the Soul

The prayer for the after the release of the Soul

## «The art of dying-5»

*Yalta, 1998.*

Pages:

**CONTENTS:**

The first steps of the soul in its postmortal life

Planes and levels «of the other World»

Some peculiarities of Existence «in the other World»

Meetings with my mother

Love «beyond the veil»

Spiritual Families

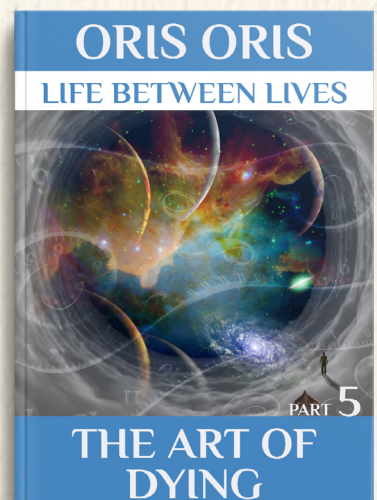
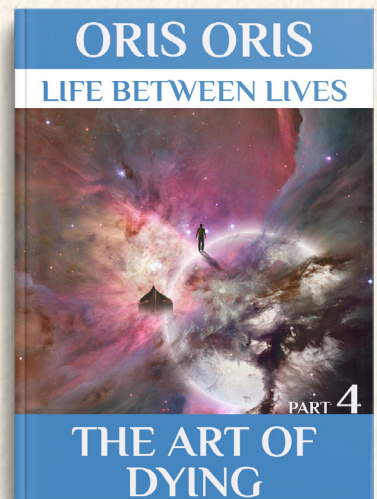
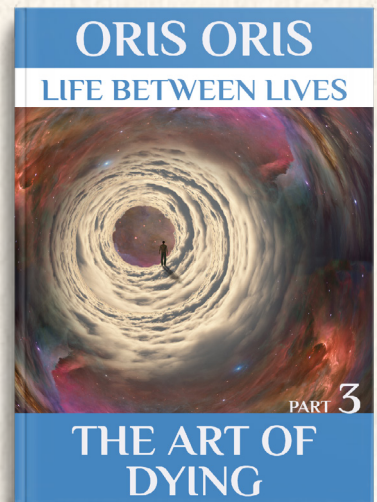
The description of «a City of Light»

What do the deceased do?

Awakening

First hours after death

Death is the return to God, return to Love







## Book 9. «Soul in the Astral»



Yalta, May 1999

Pages:



Although much has been written about the Ethereal Worlds, none of it corresponds to even a thousandth of what these levels of ethereal reality actually represent, where the human soul also enters after its final release from the heavy anchor of the physical body. It took Oris years of Life to begin more or less freely navigate among the countless realities of the so-called “other World”.



The author generously shares these observations and out-of-body explorations of the Astral World with readers on the pages of this book.

### **CONTENTS:**

Realities of the Ethereal World

The Mobius sphere and wave length

Thought and Reality

Structure of the Astral

Inhabitants of the Astral

The thought-sensory basis of the Astral

Structure of the Earth's Astral

Inferior parallel worlds

Types of possessions

The Demonic army of the Astral

Demons

Incubi and Succubi

Lilith

Imps

Golem

Dubbuk

Homunculus

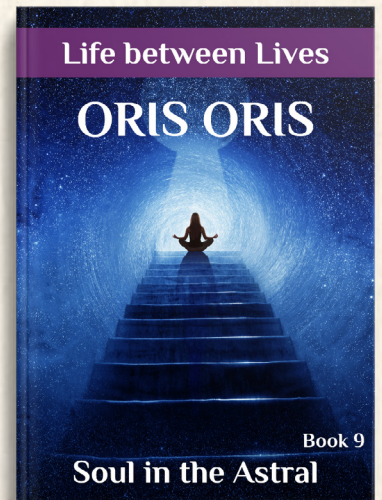
Mermaids

Gremlins

Vampires

Werewolves

Astral Activity of the ones who are alive



## Book 10. «Inhabitants of the Astral»

Yalta, May 1999

### **CONTENTS:**

Elementals

Elementers

The Thought-Forms





## Book 11. «The evolution of humanity»

*Yalta, May 1999*



## Book 12. «Anti-Worlds and Purgatory»

*Yalta, April 1999*



**Pages:**



In our truly apocalyptic and mind-blowing age of an unprecedented crisis of conscience in the spiritually and morally bankrupt humanity, which is writhing and fooling around on the fire-breathing volcano of the Transfiguration of the Earth, Ori's books about the immortality of the human Soul act as a sobering and saving call, trying to wake the dormant hearts.

On the pages of this book you will find for yourself spiritual pearls with the simplest and clearest answers to many eternal questions about man's true place in the Universe and about the higher meaning of human existence on Earth.

This book talks about the nature of the Earth's anti-Worlds and their inhabitants.

### **CONTENTS:**

#### The Anti-Worlds

Hoahs and Ungs

Structure of the Anti-World

#### Hierarchy of the Anti-World

#### Administration of the Anti-World

Demons - the masters of Nature

Demons of local influence

#### Realities of the Anti-World

#### Features of the Anti-World

The races of Antics

Distinguishing Characteristics of Incarnated Ungs

Magic of the Anti-World

#### Purgatory

Maflocks are the fallen spirits

Spheres of the Hell

Spheres of the anger and rage



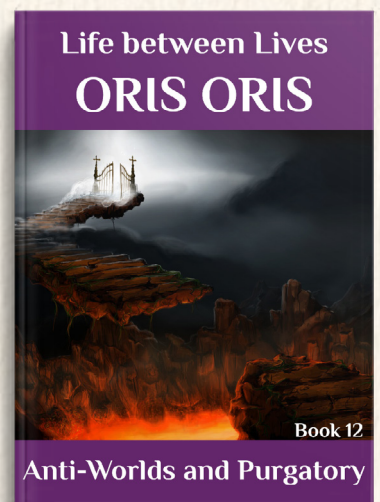
## Book 13. «Ordeal of the Soul»

*Yalta, August 1999*



**Pages:**

As long as man is alive, he gives little thought to WHAT awaits him, perhaps in the next second: after all, how many beautiful lines broke off in mid-sentence, and how many good deeds were not destined to come true only because people in their busy every-day life keep putting off all the best and the most necessary,



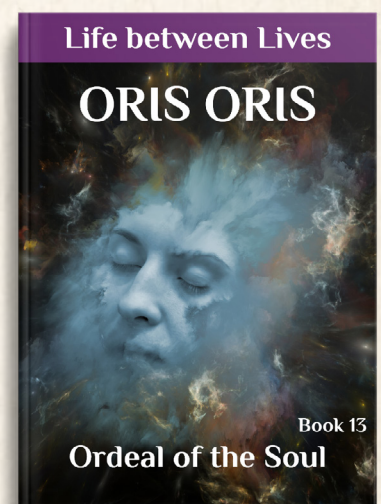


forgetting that in the next moment they may not have that «later» at all. How many lost opportunities for the most simple manifestation of Kindness and Love towards each other have never been realized, and how many unspoken beautiful words have fallen into nothing!

This book is not about Death, but rather about HOW to restructure your whole life now, immediately, so that you can meet every next moment of your earthly existence without disappointment, despair and grief.

### **CONTENTS:**

Peculiarities of reincarnation  
 Peculiarities of thinking  
 The Sphere hungry spirits  
     The post-mortem fate of gluttons  
     The post-mortem fate of drunks  
     The post-mortem fate of vivisectors and flayers  
     The post-mortem fate of women who had abortions  
     The post-mortem existence among the mafloks  
 Suiciders and the victims of «accidents»  
     The history of suicide  
     The nature of suicide  
     The post-mortem fate of accident victims  
     The principles of exiting Hell  
 The Neutral Zone  
     Collective animal Souls  
 The World of «Doubles». The mafits  
 The Fourth Division of the Astral. The mahoits  
 The Third Division of the Astral. The lamites  
 The Second Division of the Astral  
 The First Division of the Astral



## **Book 14. «Hell and Purgatory»**

*Yalta, 1999*

**Pages:**

### **CONTENTS:**

The Soul in the Nine Circles of Hell  
 Inhabitants of Hell  
 The mafloks  
 The mafits  
 The machoites  
 The lamites  
 The Neutral Zone  
 Collective animal souls







## Book 15. «Soul in the Higher Worlds»



Yalta, August 1999



Pages:

What Oris writes about in the book series «Life Between Lives» is the most detailed description, ever written by man, of the entire sequence of events undergone by the Consciousness of a dead person when he returns to his Heavenly Home, which has so many «abodes» that it is impossible for an ordinary person to even imagine.

Oris, using his many years of individual experience as an astrologer, describes in detail the Astral and Mental realities that he has explored, transforming the Incomprehensible-Cognizable Existence into Knowledge that is comprehensible to virtually every person and leads to a gradual realization of the immutable Truth of human's infinite Cosmic Existence.

### **CONTENTS:**

Harmonious Realities of the Mental

The Paradise

Life activity and thought-creativity in the Paradise

The energy structure of the MENTAL BODY

Characteristics of people with an underdeveloped mental body

Characteristics of people with a moderately developed mental body

Spatial «geography» of the area of a specific thought

Prototypes of terrestrial forms

Mental compensation levels

The «Second Heaven» of Christians

Characteristics of the main Energy-Informational Spheres of the Mental

The seventh sphere (outer)

The sixth sphere (preparatory)

The fifth sphere (balancing)

The fourth sphere (central)

Realities of the levels of abstract thought

The «Third Heaven»

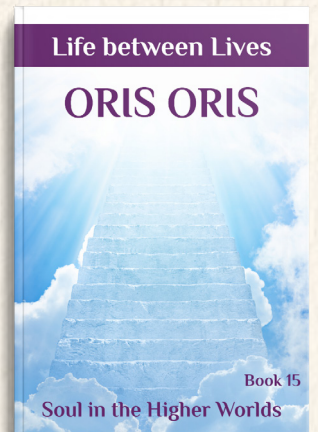
The Cities of Light

Descriptions of some of the Cities of Light

Higher causal realities of the Second and Third Earth

Globes of the Earth

Afterword



## Book 16. «Soul's preparation for a new incarnation»

Yalta, 1999





## Book 17. «Apocalypse»

*Yalta, August 1999*

### **СОДЕРЖАНИЕ:**

Earth's future until 2147

Cataclysms

The coming of the Forerunner and the Antichrist to the Earth

The Fate of Russia

The Golden age

The Sixth human Race



## Book 18. «Humans and Non-Humans»

*Yalta, 1998*



Pages:



Never before has the Mystery of the Creation of our World and the tragic role that Lucifer, one of the most highly spiritual First Consciousnesses of the Logos of our Universe, played in the history of the birth and development of mankind on our planet in such detail been revealed to people.



The purpose of this book is to give you the Knowledge which will help you to understand who is the God and what place in Him belongs to the forces which people call «Satan», «devil», etc. What energy-informational niche do they occupy in the Earth's Space and what form do they take (and if they have a form?) in reality?

### **CONTENTS:**

Non-humans

The Mystery and Tragedy of Lucifer

Cleansing from evil during life-time



## Book 19. «Soul in Hell»

*Yalta, 1998*



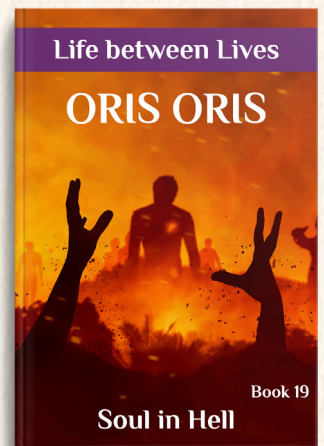
Pages:

Fear of Death is the individual's fear of losing himself, the fear of the need for further evolution. Man is most afraid of the unknown, but it is the unknown that makes a man to conquer his fear again and again. Many people are totally unaware of the infinite variety of levels of Consciousness in their own nature and whatever the author of this book may say to them about it, it will still not help them to understand it.





But there is still a small, even a tiny one-thousandth part of humanity which is the reason why all this knowledge about the true picture of Existence after Death is given. For the Transfiguration of this small part of mankind a small group of Star-Born Ones have specially incarnated and agreed to become conductors between the awakening Consciousnesses of the Earth and the Consciousnesses of the spiritual Teachers from Sirius and Pleiades. To each thousandth of the incarnate Earth's humanity Oris addresses in his books.



### **CONTENTS:**

Life of the Soul on Different Planets

Pluto  
Uranus  
Moon  
Mars  
Neptune

The Hell and Purgatory

«Astral shells» and ghosts

The Hell

The «geography» of hell

The Nine Circles of Hell

Soul in the first circle  
Soul in the second circle  
Soul in the third circle  
Soul in the fourth circle  
Soul in the fifth circle  
Soul in the sixth circle  
Soul in the seventh circle  
Soul in the eighth circle  
Soul in the ninth circle



## **Book 20. «Soul in Other Worlds 2»**



*Yalta, 1998*

Pages:



### **CONTENTS:**

Stereotypical worlds of the Astral («maklaks», «vergons», «Glumids» and «mafits»)

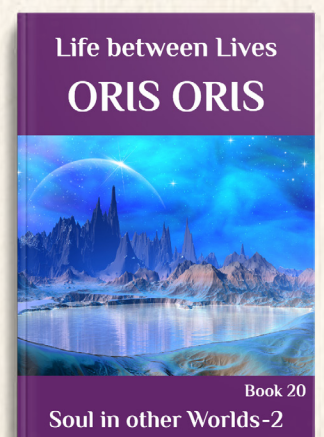
The fourth division of the Astral («shorts», «kloks», «glepmins» and «mahoints»)

The third subdivision of the Astral («pravinians», «eldonians», «kakrikons» and «lamites»)

The second sub-division of the Astral. First Heaven

The first sub-plane of the Astral. Second Heaven

Jupiter  
Saturn  
Mercury  
Venus  
Proserpine  
The Mental  
Laws of the mental





# Book series

## «Extraterrestrial Contacts»

In today's world there is a lot of information about UFOs, about the meetings of individuals and even whole governments with aliens, as well as materials of telepathic Contacts with representatives of various extraterrestrial civilizations, etc. Unfortunately this information, while passing through different dimensions to us, in our three-dimensional world, is often subject to very strong distortions and is very often misunderstood by us due to the specifics of our three-dimensional way of thinking.

Offered to you materials of Oris's Contacts with the commanders and crew members of the Sirius-A and Sirius-B starships, as well as with other extraterrestrial Consciousnesses and Civilizations, including the Consciousness of Christ, Lord Maitreya, God of the Sun (the Logos of our Solar System), Elohim (the Creators of our Universe), and the four Archangels (Michael, Uriil, Gabriel and Metatron), are unique because they are literally received «first-hand» and contain very valuable information, useful for all humanity, which lives on the eve of the Transfiguration of the Earth.

The Pleadians and Siriusians, who are the true spiritual Teachers of Earth's humanity, are happy to share with us the knowledge without which we earthlings cannot emerge from the endless series of earthly incarnations and join as equals the extraterrestrial civilizations that are part of the «Commonwealth of the Light Ring» on the expanses of Cosmic and Galactic Creativity.

About this and much more you can learn from this book series called «Extraterrestrial Contacts».







## Book 1. «Teachers from Pleiades report»

Yalta, 1998



Pages:



Such concepts as «Cosmos», «Higher Intelligence», «UFOs», «aliens», etc. have now firmly established in our Consciousness, and we can no longer imagine ourselves, our planet and our entire existence in isolation from the rest of the universe, from the hope of a promising direct contact with brothers in Mind.

Who are they, our teachers, what do they teach, what do they look like, and what do they want from us? In this book you will find answers to these and many other questions.

### **CONTENTS:**

From the author

Teachers from Pleiades report

First Appeal of The Demiurge of the World

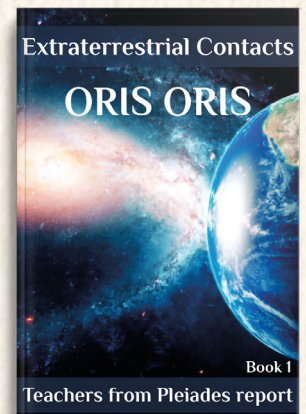
Appeal to earthlings from representatives of the Constellation of Pleiades

Ora's Appeal to the earthlings

Aalan's Appeal to people

Albellic's first Message

Albellic's second Message



## Book 2. «The crew of the Starship Sirius-A reports»

Yalta, 1998



Pages:



In this book, the Pleiadians and Siriusians, who are the true spiritual Teachers of mankind, gladly share their knowledge with us, without which we, the earthlings, would not be able in the very short time that remains before the Transfiguration to come out of the many thousands of years of hibernation and to make the necessary number of timeless passages in the impermeable thickness of the Collective Consciousness, necessary for the so called «shift of the paradigm».

### **CONTENTS:**

The crew of the starship «Sirius-A» reports

Albellic's third Message

Ramasanta's first Message

Ramasanta's second Message

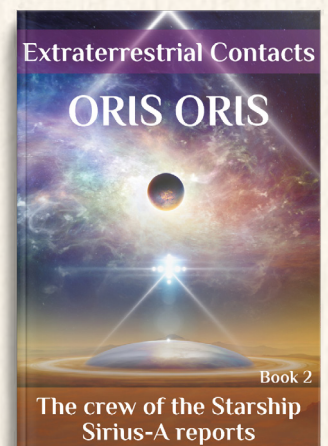
The First Universal Law of Cosmos

The Second Universal Law of Cosmos

The Third Universal Law of Cosmos

The Fourth Universal Law of Cosmos

Albellic's fourth Message





## **Book 3. «The crew of the Starship Sirius-B reports»**

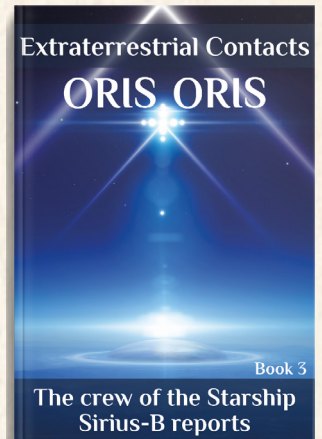
*Yalta, 1998*



**Pages:**



The next ten to fifteen years are predicted by extraterrestrials to be very informative and interesting for humanity. We will see how our so-called «unshakable reality» will begin to be rapidly turned upside down before our very eyes. Already the world does not seem as solid and unbreakable as it once did. And very soon we will all be witnesses and direct participants in a worldwide spectacle of Chaos and Confusion. The foundations of all our cultural, religious, philosophical, and scientific Paradigms, which have served us so far invariably as an image of the «real» World, in a matter of years, will crack and begin to crumble before our very eyes.



The reality of the New Age is within us, and main changes that we have to make must affect primarily our inner content, which, by freeing the Divine Light of our Souls from the millennia-old oppression of the Matter, will turn the mustiness and decay of our earthly cities into the unearthly glow of Beauty, which overflows the Cities of Light of the new, transfigured Earth.

### **CONTENTS:**

The crew of the starship «Sirius-B» reports

- First Makkearland's message
- Second Makkearland's message
- Third Makkearland's message
- Fourth Makkearland's message
- Fifth Makkearland's message
- Sixth Makkearland's message
- Seventh Makkearland's message
- Eighth Makkearland's message

## **Book 4. «The Teachers of the humanity report»**

*Yalta, 1998*



**Pages:**



Throughout all the history the humanity has been narrowing its perception of the Worlds from multidimensional, which includes all the subtle-material Spheres of the Astral, to three-dimensional, rough-material Level, thus not only limiting itself in the better understanding of the world around, but also completely destroying the possibility of free contact with the Consciousnesses of hundreds of thousands of other space civilizations, who actively create and work in the Cosmos.

Representatives of many of these Intelligent Civilizations have practically never left our planet, while other Higher Entities have been incarnated among people only for several millennia.





They have voluntarily shared and continue to share with us all the burdens of earthly incarnations and the very heavy human Karma, only to help with their Knowledge of the Truth and their personal experience, so that the people of Earth could more rapidly climb the steep steps of the Evolution Stairs.

### **CONTENTS:**

The Teachers of the humanity report

Araaragot reports

Oris's Dialogue with Allaagor the Andromedian

The «Wanderer» reports

The first Message of the Wanderer

The second Message of the Wanderer

The third Message of the Wanderer

First Message of Christ, Lord Maitreya

Message from the God of the Sun

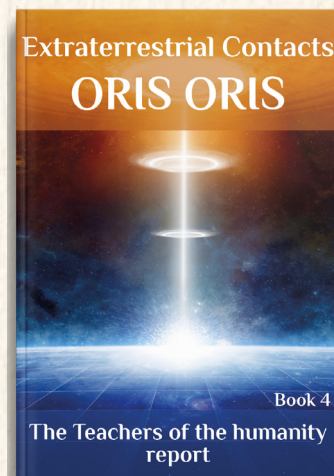
Message from Elohim to the people of Earth

Message from Archangel Michael

Message from Archangel Uriil

Message from Archangel Gabriel

Message from Archangel Metatron



## **Book 5. «Extraterrestrials»**

*Yalta, 1998*



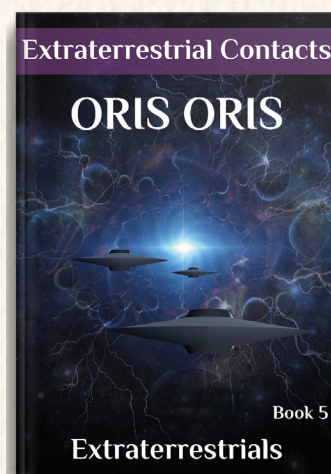
**Pages:**



They, the extraterrestrials, are working on our planet neither to conquer nor to enslave it, but with one single goal in mind: to slow down our rapid fall into the abyss of self-destruction, trying to bring to our Consciousnesses the moral, spiritual, social and scientific values accepted in the civilized Cosmos.

Those few people who are able to perceive their Word of Truth do everything possible, even impossible, to bring it to the half-asleep Consciousnesses of the rest of mankind.

Many «extraterrestrials» from Pleiades, Sirius, Andromeda and other civilizations of the «Light Ring» have been living among us for thousands of years, voluntarily giving up being in the Worlds of higher dimensions, just so that we, people of Earth, did not remain completely cut off from the Source, from Which all of us have come out, and to illuminate with the Knowledge of Truth the Path of spiritual ascent for Consciousnesses who no longer wish to





abide in the sleep of illusion and the darkness of ignorance. The Books of Oris are an example of this Service.

### **CONTENTS:**

Extraterrestrials

Humanoids from the constellation Regulus

Mars and Martians

Civilization from the planet Ceres

Civilization from the constellation Andromeda

Civilization from the constellation Pleiades

Civilization of silver «humanoids-balls»

The mystery of Tunguska or once more about the non-humans

Civilization of green «humanoids-balls»

Christ the Superstar



## **Book 6. «On the eve of Armageddon»**

*Yalta, August 1998*



**Pages:**



This book, in its uniqueness and value of the information it contains, is on par with the other Oris's books, continuing the subject of Contacts with Representatives of Worlds of Higher Levels of Existence.

Does The Christ Himself communicate with many people on the eve of the so-called «Last Judgment» transmitting specific recommendations? Has the Mother of God appeared to many to show them the way to salvation through Her Word in these terrible days of the approaching disasters and cataclysms? You just stop for a minute and delve into the rank of Those Who appeal to you – the Christ and the Queen of Heaven!

To ignore this information would be to close one's eyes, on the edge of the precipice, at the risk of being crushed to death. Is that what you want? Then read carefully, absorb and, opening the eyes of your Heart, draw your own conclusions.

### **CONTENTS:**

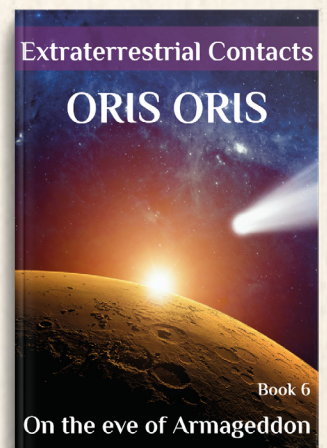
On the Eve of Armageddon

Second Message of Christ, Lord Maitreya

Commandments of Christ

The Word of the Queen of Heaven to the Adam's family

Oris's answers to the questions of the Swiss group of Star-Born







## Book 7. «The beginning of Armageddon»

Yalta, September 1998



Pages:



The beginning of the Age of Aquarius. Nostradamus wrote: «I see a reborn and renewed Christ coming. And then there will come a long peace, unity and harmony among the generations of several races».

The process of division of people depending on the quality of their Consciousness has already begun rapidly around the world. It will soon lead to the final separation of mankind not by national, religious or party affiliation, but by the quality of their spiritual vibrations. People had more than enough time to change their lives for the better. But now there is no time even for a reflection.

Very soon there will be the first cataclysm of an unprecedented force, which will not only change the circumference of the Earth, but will also shift its magnetic poles. The Earth's axis, which is already in an unbalanced state, will change

and all this will cause continuous, endless cataclysms. Earthquakes and floods will become a common thing, and long and extensive fires will engulf the entire planet.

Today we are no longer «slipping into the abyss» or «standing on its edge», as economists and politicians reassure us; we are already flying into the abyss with great acceleration, and no one gave us wings to wave and soar upward to avoid death, or rather, God in fact did, but we have all forgotten about them.

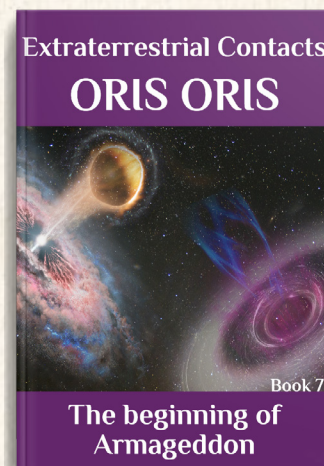
### **CONTENTS:**

The Beginning of Armageddon

Ramasanta's third Message

Albellic's fifth Message

Oris's answers to questions from the Swiss group of Star-Born



## Book 8. «Quo Vadis»

Yalta, January 1999

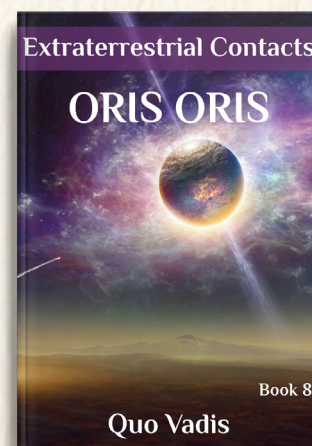


Pages:



The crew commander of the Sirius-A starship Albellic continues to share with humanity on Earth through Oris the knowledge about the last times of the physical incarnation of the Planetary Entity and its preparation for the spiritual Transfiguration.

By answering Oris's questions, Albellic describes in detail WHAT a human being really is, what are his true capabilities and what





are his immediate prospects on this planet.

### **CONTENTS:**

Quo Vadis

Albellic's sixth Message

Albellic's seventh Message

From Oris's letters to the incarnate Star-Born



## **Book 9. «The Word of Transfiguration»**

*Yalta, 1999*

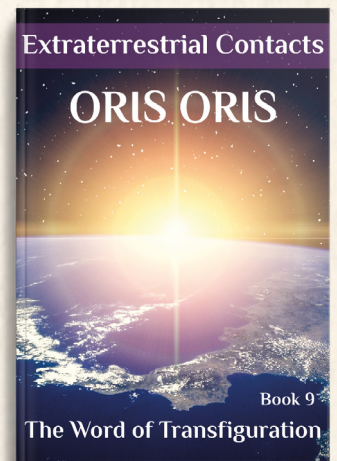


Pages:



Holy Mother of God, save us! - This is what the prayer to the Blessed Virgin asks for. But the same people disbelieve and slander, avoid and remain indifferent when the Living Virgin herself speaks to them and tells them about the ways of their salvation. «Hypocrites», says the Queen of Heaven to them, «get to know what Heaven looks like, and why do you not know the signs of the times? Prepare yourselves, people, as truly the day and hour of the Judgment of this world has already come».

In August Our Lady transmitted the first part of Her «WORD» through Oris, and on January 13 and 19, 1999, through the same channel She transmitted the next two parts and commanded to compose from Her «Word» a supranational «Gospel of Transfiguration», which was published as a separate book «The Gospel of Transfiguration by the Mother of God» (see below).



### **CONTENTS:**

The Word of Transfiguration

The Word of Proclamation of the Mother of God

The Word of Transfiguration of the Mother of God

Second Message of the Demiurge of the World

From the prophecies of the end times



## **Book 10. «The New Earth»**

*Yalta, June 1999*



Pages:



After the release of previous books in this series, letters to Oris from all over Russia, Belarus, Ukraine, and after the publication of his books in German and English - from Europe, England and the United States, come in an endless stream.

Because of lack of time, the author is not able to answer all of the numerous questions asked by readers. But the more important questions are answered in





this and the following books of this series.

Also in this book the author publishes the Third Message of Christ-Maitreya on the eve of the Transfiguration of the Earth.

**CONTENTS:**

The New Earth

Third Message of Christ, Lord Maitreya

Oris's Answers about the Transfiguration

Immediate perspectives of humanity

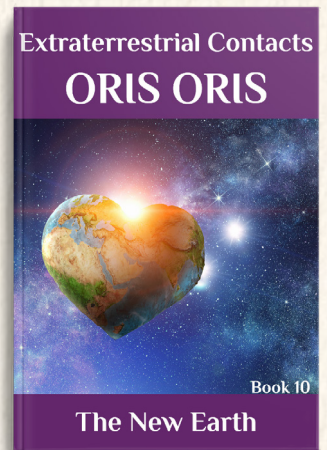
Physical atlas of the New Earth

Analogies of human death with Earth's Transfiguration Processes

Meditative practice of working with the elements

The genetic diversity of humanity

Questions and answers



**Book 11. «Messages from Heaven»**

*Yalta, July 1999*



**Pages:**



This book by Oris introduces the reader to another set of Messages from the Representatives of the Supreme Cosmic Mind on Earth - Lord Christ-Maitreya and the Commander of the crew of the Sirius-A starship Albellic.

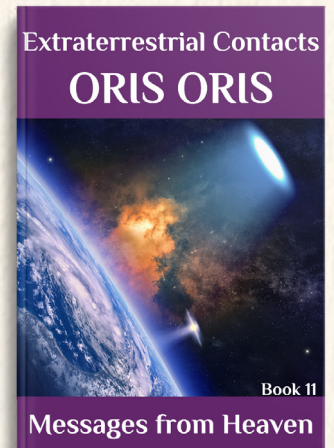
This is the most recent material of Oris's Contacts, received by him on the eve of his departure, along with six other Star-Born, for a 44-day Meditation and purification of body (the energy conductors) with the water on the Ai-Petri Plateau.

**CONTENTS:**

Messages from Heaven

Fourth Message of Christ, Lord Maitreya

Albellic's eighth message





## **Book 12. «The Transmutation Diary»**

This book consists of four parts.



Pages:



From 7.07 to 19.08.1999 a group of Star-Born Consciousnesses under the leadership of Oris, implementing specific recommendations received from Albellic during Oris's Contacts with Him (choice of place, modes of accommodation, stay and meals, exercises, themes and methods of work in Astral, etc.), was in Crimea, on the plateau Ai-Petri, to conduct general Meditations and joint work on the Subtle Plane with Jupiterians – Intermediaries of the First Order from the Pleiadeans side.

This diary was kept by Firoxanta and thoroughly edited by Oris before publication.

About what happened to them during this period, about transmutation, about the incredible events that happened on the Ethereal Plane, you will learn from this Diary.

### «The Transmutation Diary. Part 1»

*Yalta, 1999*

Pages:

Tells about the events that took place from 07.07.1999 to 19.07.1999.

### «The Transmutation Diary. Part 2»

*Yalta, 1999*

Pages:

Tells about the events that took place from 20.07.1999 to 31.07.1999.

### «The Transmutation Diary. Part 3»

*Yalta, 1999*

Pages:

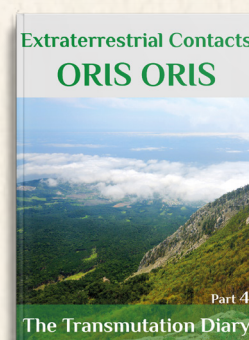
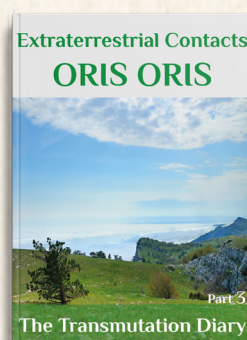
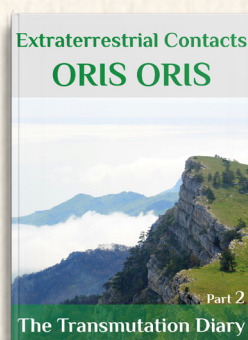
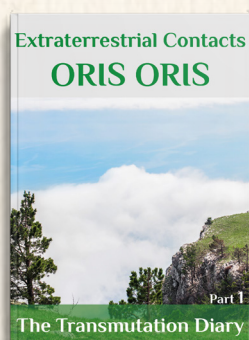
Tells about the events that took place from 08.01.1999 to 13.08.1999.

### «The Transmutation Diary. Part 4»

*Yalta, 1999*

Pages:

Tells about the events that took place from 14.08.1999 to 19.08.1999.







## Book 13. «All Contacts»

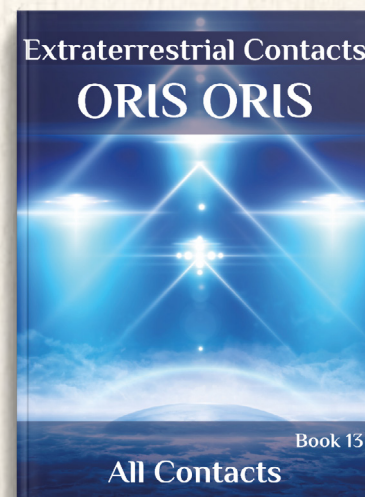


*Yalta, 1999*

Pages:



Out of all the huge number of Extraterrestrial Contacts made by the author, this collection contains the most relevant Contacts, in the author's opinion.



## A collection of poems «40 days of Spiritual Solitude»

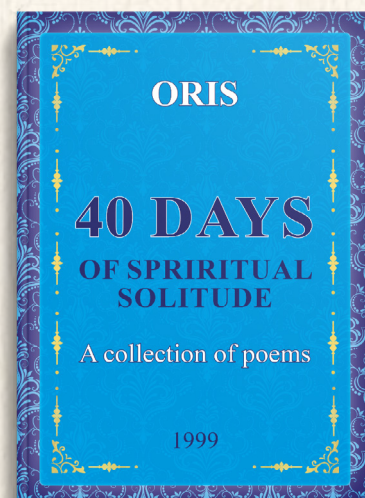
*Yalta, 1999*

Pages: 20

Poems presented in this collection are written by Oris during the period from the 7th of June until the 19th of August 1999, when he was on Ai-Petri Plateau with six other like-minded people, having once again taken a vow of silence and physical fasting.

This period is described in great detail in the book series consisting of 4 books under the general title «Transmutation Diary».

This book also contains an audio recording of these poems recited by Oris onto a tape recorder during this very act of Spiritual Solitude.





# Book series «The Gospels»



## «The Gospel of the Transfiguration from the Mother of God»

Yalta, 2002



Pages:

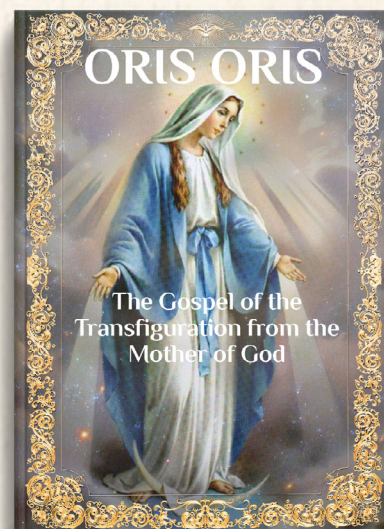


The word of the «Gospel of Transfiguration» was dictated to Oris by the Living Blessed Virgin Mary herself during Oris's meditations on January 13 and 19, 1999.

### **CONTENTS:**

The Gospel of the Transfiguration from the Mother of God

The Word about enemies  
 The Word about murmur  
 The Word about Compassion  
 The Word about Repentance  
 The Word to My faithful ones  
 The Word about Love  
 The Word about infirmity  
 The Word about Antichrist  
 The Eve of the Last Judgment  
 The Last Judgment  
 The Beginning of the Last Judgment  
 The Word of Proclamation  
 The Crying of Our Holy Lady  
 The Transfigured World



## «The Gospel of the Transfiguration from the Christ»

Yalta, 2002



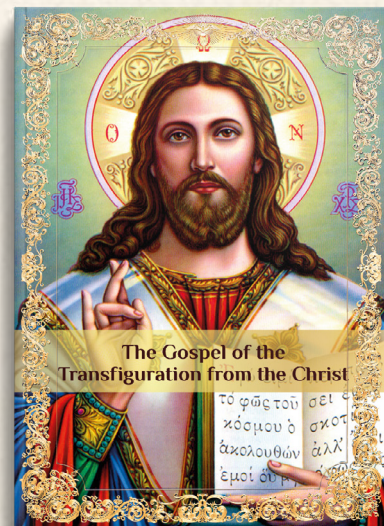
Pages:



Information received by Oris during direct Contact with the Christ Consciousness on August 19, 2000 and published by him on January 7, 2002

### **CONTENTS:**

God's Word about the Transfiguration  
 God's Word about Love  
 God's Word about Wisdom  
 God's Word about Death  
 God's Word about the enemy of the human race  
 God's Word about suffering  
 God's Word about non-judgment  
 God's Word about Faith  
 God's Word about Repentance  
 God's Word to My faithful ones  
 God's Word about the Salvation of the Soul





# 2000 – 2008

## Book series «Working notes»

In this book series are being published Oris's working notes made during his work on the book series called «lissiidi». Most of information outlined in these 4 books did not eventually make it into the final version of «lissiidi» series, hence it was decided to publish it separately.



### «Chakram personalities and their influence on incarnated consciousness»



Yalta, 2000



Pages:



The author describes the essence of the concept of «Chakram personalities» and their influence on human consciousness through the psychic centers (chakras).

#### **CONTENTS:**

Chakram personalities and their influence on the consciousness of incarnated person

Padma and flames

A person's time field and the structure of his bilateral connection with chakram personalities

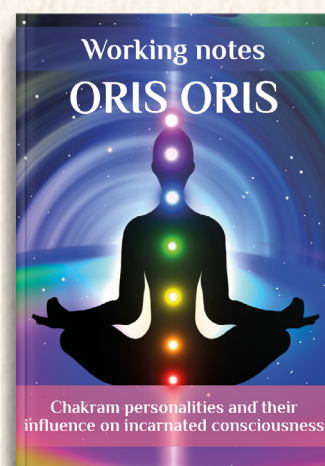
«You will not die, but you will change»

A new view on the human physical body

Spiritual and cosmic essence of a human

Significance of the vibrations of the tone names of the star-born for the acceleration of spiritual development

Chakram meditation



### «Muladhara chakra (Argllaamuni-lissiidi)»



Yalta, 2000



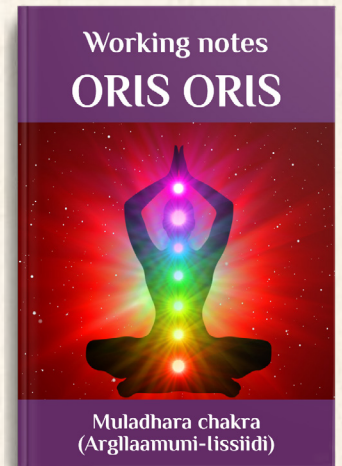
Pages:

Functionally, the Argllaamuni-center (Muladhara) is closely connected with the psychological abilities of the physical body, which provide survival of the physical body and protection of a person from unfavorable external influences. A big role in the activation of the whole immune system belongs to this lower center. Its normal functioning gives a sense of physical health, well-being, self-confidence and stability.





Imbalance and all kinds of muladhara «breakdowns» in the Aura, lead to the constant outflow of these energies and can cause a feel of insecurity, deep depression, lack of willpower, a sharp decline and energy loss, increased soreness in the lower and middle parts of the body, despondency and melancholy. This is particularly typical for those, who have not yet opened the karmic channels of the heart center or if karmic channels of the heart center are very weakly activated, which in order to switch the person to completely higher, spiritual levels of feeling and thinking. In such cases a person loses the purpose of his Life, as if he loses his roots and, purely intuitively, following the consciousnesses of the organs and body systems, completely surrenders himself to the satisfaction of his own lower desires in order to replenish the energies of the Argllaamuni center.



### **CONTENTS:**

Muladhara chakra (Argllaamuni-lissiidi)

The colors, hues, and swirl sounds of Argllaamuni

The influence of the chakram mantra onto the consciousness and life of a person

Influence of word and music vibrations onto consciousness

Peculiarities of the geometry of Argllaamuni space

The «Lord» of the chakram

The specifics of the relationship of an incarnate person with the fragmented consciousnesses of the Argllaamuni-lissiidi

Qualitative Characteristics of the Levels of Fragmented Consciousnesses of Argllaamuni- lissiidi from first through seventh qualitative levels of Argllaamuni energies

Consciousnesses of the First Qualitative Level of Argllaamuni Energies

Consciousnesses of the Second Qualitative Level of Argllaamuni Energies

Consciousnesses of the Third Qualitative Level of Argllaamuni Energies

Consciousnesses of the Fourth Qualitative Level of Argllaamuni Energies

Consciousnesses of the Fifth Qualitative Level of Argllaamuni Energies

Consciousnesses of the Sixth Qualitative Level of Argllaamuni Energies

Consciousnesses of the Seventh Qualitative Level of Argllaamuni Energies

Work Methodology with Argllaamuni-lissiidi Chakram Personality

About the discharge of negative emotions







## «Svadhithana chakra (Inglimilissa-lissiidi)»

Yalta, 2000



Pages:



The weaknesses of our sex education have led to the fact that most people, even if they feel a deep sensual attraction, instead of beginning a heartfelt spiritual exploration of each other in the process of intimate interaction and accumulation of sexual energy, instead, close their heart centers and turn the unique opportunity of highly sensual admiration into a trivial sexual act.

Unfortunately, the creators of the lower-astral and dense-material types of Reality benefit greatly from the fact that the prevailing majority of people completely incorrectly and perversely understand the very essence of SEXUAL INTERACTION. Sexual interaction in fact is a spiritual intimate process which, if properly understood, contributes to a stronger contact between a person and his inner Essence and contributes to a more highly-sensual and deeply soulful manifestation of the person.

Love is the real Symbol of the Age of Transfiguration that is coming on Earth! And the mysterious «sacred key» to the Gate of Spiritual Transformation is not somewhere in the cosmic infinity and unfathomable unknown, beyond our psychic capabilities, but in fact is located quite «nearby», or rather, in our own heart center AIGLILLIA, which is filled with the highest vibrations of Love literally towards every manifested aspect of the Life around us, including the strongest of all – the sexual one.

### **CONTENTS:**

Svadhithana-chakra (Inglimilissa-lissiidi)

Mandala of Inglimilissa and its cosmic essence

Twelve-year chakram cycles

Sex and Astro-travel

Some notes for the section «Interaction of the sexes»

Some notes for the section «Sex and the pathological features of individual physiology»

Family, Sex and Spiritual Development

The technique of sexual-hearty transmutation of chakram energies

Sexual transmutation without a partner

Sexual transmutation with any partner

Sexual transmutation through watching erotic movies

Sexual transmutation with a loved one

A brief description of the main qualities of fragmented Consciousnesses Inglim-





ilissa-lissiidi from first through seventh Energy-Informational Levels of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the FIRST Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the SECOND Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the THIRD Energy-Informational Level of Realities of Inglmilissa-lissiidi

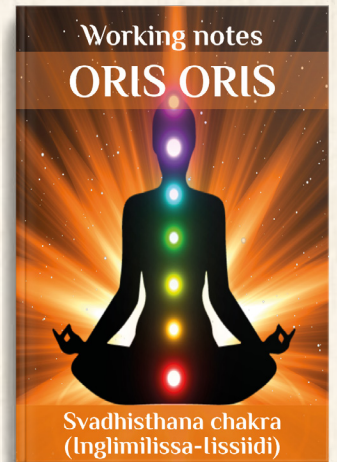
A Brief Characteristic of the Basic Qualities of Fragmented Consciousnesses of the FOURTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the FIFTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the SIXTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of Fragmented Consciousnesses of the SEVENTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

Methods for sustained alienation of self-embedded Chakram Consciousnesses from own astrosome



## «Anahata chakra (Aigllilliaa-lissiidi)»

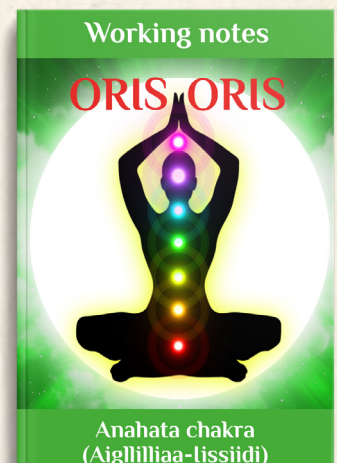


*Yalta, 2000*

Pages:



Oris describes his reflections about the so-called Anahat states and deepens the concepts of Kindness and Love, revealing their different shades depending on the presence of a greater or lesser selfish component in each of such manifestations.





## Book series «ISSIIDL»

This series of books, from the first to the last pages, includes the most unique in meaning and the most important information, accepted by Oris after the year 2000 during his next direct Contacts with the Creators of Humanity: Algellis (Argllaamuni and Inglmilissa iissiidi centers), lillgmmii-I, (Aigllilliaa and Orlaaktor iissiidi) Lua-Andis (Ulgluu and Ssaassfati iissiidi), Greyli-Vin (Olgoolloni and Aani lissiidi), Slliargsmiii (Raaklima and Uluuguma lissiidi), Sslaaiingsa (Svaagali and Eyyaaa lissiidi) and Ssniillgsa. These Cosmic Entities represent personal Interpretations of Oris at the levels of the collective Subconsciousness, Supraconsciousness, Ultraconsciousness, Superconsciousness, Hyperconsciousness, Proconsciousness and Protoconsciousness. The detailed Knowledge of such a high Buddhist level, for many evolutionary reasons, has never before was accessible to humans or even the spiritual Initiates of the 3-4 Planetary Initiations.


Only because of the spiritual transformations which have intensively begun on Earth and because of the preparation of the collective Consciousness of mankind for the act of Transfiguration this Knowledge is now being transmitted to those of earthmen who are ALREADY spiritually mature for its proper understanding and comprehension and who are eager to use it to continue their further Path of mastering and accumulating the entire experience of incarnated earthly existence as swiftly and as effectively as possible.

In none of the astral or written sources on our planet there is even a mention or a distant analogy of this Teaching, because the degree of admission to it requires from the spiritual seeker an active self-discovery and prolonged experience of conscious existence at the causal-buddhich level, as well as an experience of being outside the physical shell for long time.


Oris deliberately integrated all the Knowledge he received - the «Teaching about chakram personalities» - only onto the highest ajna-vishuddha levels of the collective Consciousness of the planet, because further adaptation of these highly spiritual codes to the generally accessible understanding would lead to a significant decrease in their degree of authenticity. Therefore this information can be productively assimilated only by people with actively developed over diaphragmatic psychic centers. For them and ONLY FOR THEM the Spiritual Teachers from Pleiades transmit this newest spiritual Teaching.








## Book 1. «The teaching of what does not exist, but what is the most real»



*Yalta, 2001*  
Pages: 159

### **CONTENTS:**

From the author  
 Illusions and metamorphosis of the Universe  
 Objective realities of the Earth  
 «There is a lot of us, but we are one»  
 Chakrams of the Soul  
 The twelve energy-informational levels  
 Twelve types of Energy-Matter  
 The twelve main Chakrams  
 Spiritual-synthesizing role of Kundalini energies  
 The Cosmic-transforming essence of the «Nadi» channels



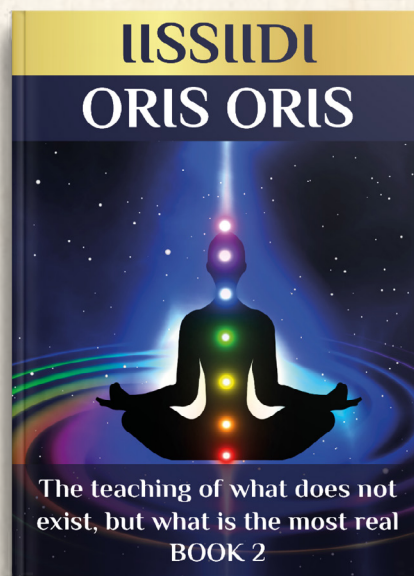
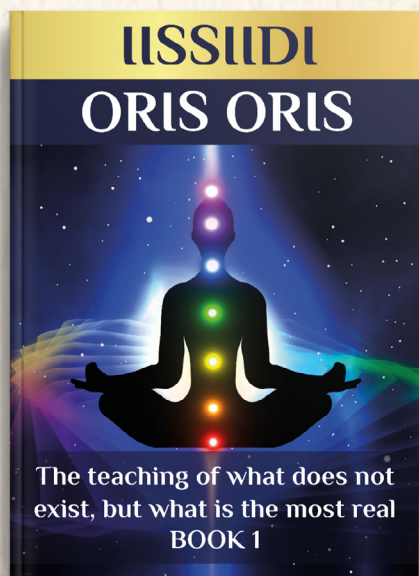
## Book 2. «The teaching of what does not exist, but what is the most real»




*Yalta, 2003*  
Pages: 137

### **CONTENTS:**

The Spiritual-Cosmic Essence of human  
 Chakram personalities and their influence on human Consciousness  
 Padma and flames






 **ИССИДИ. «The teaching of what does not exist, but what is the most real». Dictionary**


*Yalta, 2003*

Pages: 150

 **ИССИДИ. «The teaching of what does not exist, but what is the most real». Dictionary. Annex**

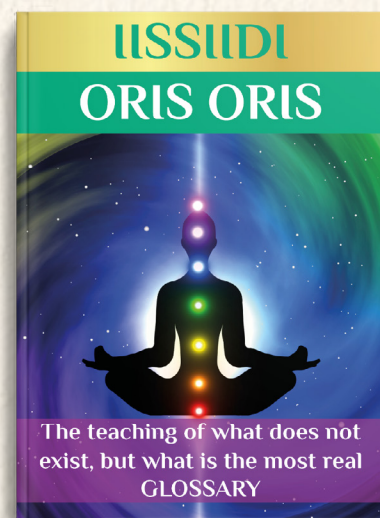
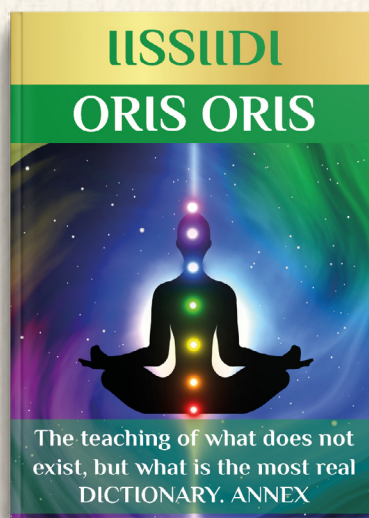
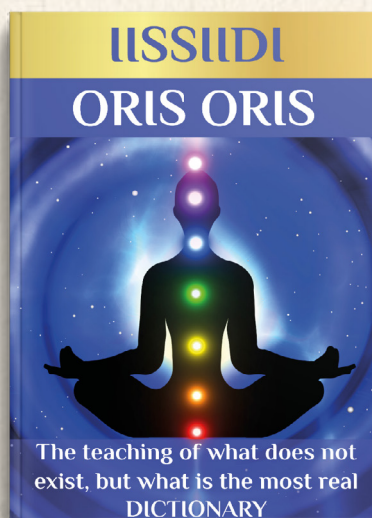
*Yalta, 2003*

Pages: 55

 **ИССИДИ. «The teaching of what does not exist, but what is the most real». Glossary**

*Yalta, 2003*

Pages: 25



## «The Great Message»

In 2006 two volumes of Oris's books were published, reflecting the results of his further Contacts with the Teachers of Humanity, which represent the highest personal Interpretations of his Ultraconsciousness and Superconsciousness, under the general title «The Great Message». Its contents marked the beginning of the creative stage of work with information of a principally new, more qualitative level.

As a result of numerous answers to reader's questions on the materials of these volumes a new series of books «Immortality is accessible to everyone» was published as part of the Issiidiological Knowledge - the newest spiritual-cosmological conceptions about the Universe and the human being.







## The Great Message – Part 1 «AYFAAR»

Yalta, 2006

Pages: 507

### **CONTENTS:**

Connecting Consciousness to the «ISSIIDI Teaching»

Illusions and metamorphosis of the Universe

DDIUYI (The Universe)

The energy-plasmic and space-time structure of the Universe

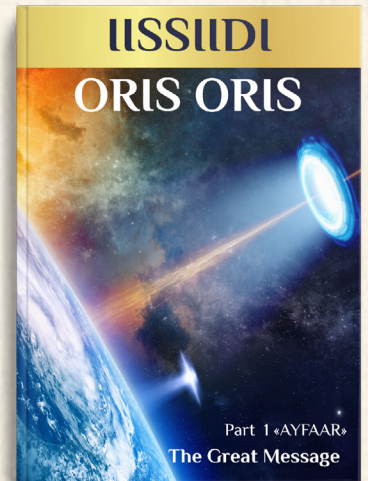
Ayfaar (The Higher Intelligence of the DDIUYI)

TLAASSMA-A (The Cosmic Spirit)

SSMIYSMAA-A (The «Soul-Analogue» of Cosmic Spirit)

GOOLGAMAA-A (The Soul-Aspect)

LLUU-VVU («human personality»)



## The Great Message – Part 2 «SLUI-SLUU»

Yalta, 2007

Pages: 498

### **CONTENTS:**

Connecting Consciousness to the «ISSIIDI Teachings»

Illusions and metamorphosis of the Universe

Universal Cosmic Laws

All-Unity of Multiplicity

Individual Forms of creative «personalities» SLUI-SLUU, realized through

ISSIIDI-Centers of AIY-YYA

Cosmic Classification of the Forms of Creative Realization AIY-YYA

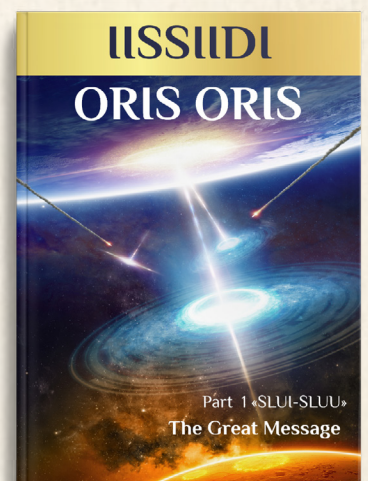
Brief Characteristics of Some Forms of Creative Realization  
of LLUU-VVU

Brief Characteristics of Some Forms of Creative Realization  
of AIY-YYA

LLAA-GRUAA, FFLATTMA, and GLOA

ILLGRII-TO-O

LAANGH-KRUUM, UUN-GLIIRIDA, OOL-GOO-LTR





# Book series «My Covenant»

(New title - Volumes 7 and 8 of the series «Issiidiology Fundamentals»)

Pages: 1,469

From 2001 to 2022 Oris has written over 1600 song lyrics to popular tunes of the 20th and 21st centuries. The first 555 songs were combined in two collections called «My Testament». The lyrics of all subsequent songs are published on the Ayfaar Songs website [ayfaarpesni.org](http://ayfaarpesni.org).

These songs tune to a positive perception of life circumstances, an altruistic way of life and unconditional love for everything, as well as a deep understanding of the fact that everything that happens to a person as a good thing.



## My Covenant 1

Yalta, 2002

### **CONTENTS:**

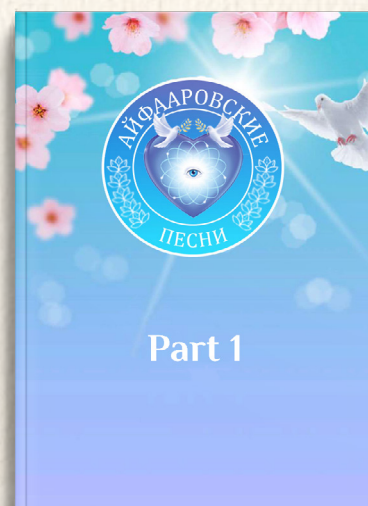
A word from the author

Texts to the most popular songs of the 20th century

Let's Sing a Song in Love and Light!

Songs that revive the Star Memory

Let the Songs of Ayfaar be heard!



## My Covenant 2

Yalta, 2002

### **CONTENTS:**

Preface

Texts to the most popular tunes of the 20th century

Songs that revive the Star Memory

Let the Songs of Ayfaar be heard!





# 2009 – 2022

## Book series «lissiidiology»

From 2009 to the present, Oris has been working on the book series called «lissiidiology».

This series consists of the following books:

- lissiidiology Fundamentals (Volumes 1-6)
- Texts of Ayfaar Songs (Volumes 7-8, previously published under the general title «My Covenant»)
- Dictionary of terms (Volume 9)
- «Immortality is Available to Everyone» (Volumes 10-15),
- «Commentaries to the Fundamentals» (vols. 16-20), which were compiled from the author's written answers to reader's questions
- «Kollokviums on Fundamental Concepts» (volumes 21-22), compiled from the author's oral answers to various lissiidiology questions

This book series is being continually updated with new Oris's answers to reader's questions, which are being subsequently formed into new lissiidiology volumes or added to existing volumes according to their subject.

This series of books reflects the author's latest iissiidiological insights, which deepen, expand and supplement the information published in the previous book series «lissiidi».



# LISSIIDIOLGY







## Volume 9. Glossary of terms

Moscow, 2010

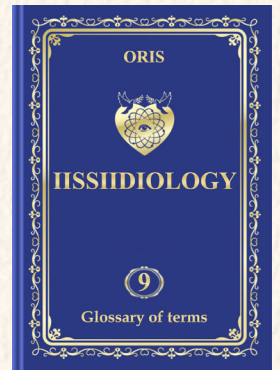
Pages: 725

IISSIIDIOLOGY terminology has its own individual specificity of spelling.

Also, each of the terms includes a much deeper meaning than might seem at first glance, because it is rooted in more qualitative levels of this Knowledge, which, without sufficiently developed extrasensory abilities, is not yet available for access to the current creative dynamics of the Self-Consciousness of an average person.

This publication contains only short vocabulary articles to facilitate the process of understanding the material, at least at the most elementary level. More detailed information on each of the terms can be found in other lissidiology books.

Some terms are very difficult to describe and have absolutely no analogues in the habitual human associative perception, so it is an extremely difficult task for the Author to formulate a dictionary article within the limits of an ordinary person's comprehension.



## Volume 10. Immortality is accessible to everyone. «Fundamental Principles of Immortality»



Moscow, 2010

Pages: 521



In this book, Oris continues to give full answers to inmost and fundamental questions of cosmic and human existence: about Earth and universal destinies, the nature of life and death, Soul and God, good and evil, about our relations with one another, the nature of Space-Time and how the entire visible and invisible-to-us reality is formed. The Universal Knowledge given by Oris offers the fundamentals of a new and unique world view for all of us. It allows us to penetrate the mystery of eternal existence to an extent inaccessible before, reasonably and substantially solving the problems therein, offering convincing answers which are not available in any religious world view, philosophical movement or scientific theory. Oris's Information expands the limits of human experience and perception literally to infinity!

### **CONTENTS:**

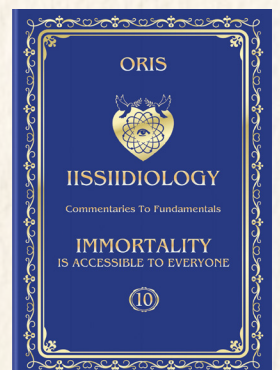
Preface. About IISSIIDIOLOGY

Editor's Foreword

Proofreader's Foreword

SECTION I. Fundamental principles of Immortality in the system of «personalized» Perception

SECTION II. The newest spiritual-cosmological Conceptions of the Universe and the human being





- SECTION III. A brief description of the main principles of energy-information structuring of multidimensional creative dynamics of the variable ethereal component of LLUU-VVU-Forms
- SECTION IV. The newest Conceptions of dynamics of energy-information structures of Creation
- SECTION V. Each of us has a great number of Destinies
- SECTION VI. Peculiarities of functioning of space-time and energy-information structures of «personalized» Self-Consciousness



## Volume 11. Immortality is accessible to everyone.



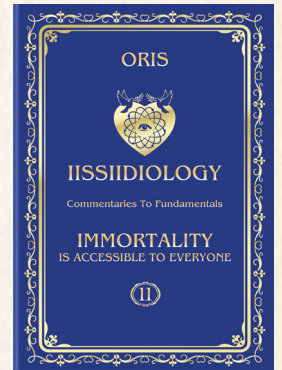
### «Energy and biological mechanisms of refocusing of Self-Consciousness»

Moscow, 2010



Pages: 691

In the first Chapter of Volume, Oris describes in detail functioning of Formo-Creators of the brain, how the memory is accessed, how biological structures of the brain are associated with energy-informational structures of Self-Consciousness, how various Self-Consciousness Levels are differentiated and reprojected at the moment of so-called «Death». This Chapter also describes functioning of «the intestinal brain», how it becomes possible to cure at a distance (the technique of ethereal projection), gives the meaning of the esoteric term the «Astral Plane» from the point of view of lissidiology.



The second Chapter tells us that biological Forms can exist in different Continuums and explains the interrelationship between our lifespan and quality of active Levels of our Self-Consciousness. It also provides information on the following subjects: it is possible to «live one's Life many times» in higher-quality scenarios, cycles of changing male and female manifestations within the structure of a multi-dimensional human Form, physical principles of organization of higher-frequency levels of the Universal Reality with a detailed description of the nature of boson and fermion fields, and types of particles that are carriers of such interaction.

#### **CONTENTS:**

Preface

- SECTION VII. Objective mechanisms of a phenomenal manifestation of the Illusion of «Death» of any «personality» in the dynamics of Formo-systems of the Worlds
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## **Volume 12. Immortality is accessible to everyone.** **«The Noo-time dynamics of the Universal Focus of Self-Consciousness»**

*Moscow, 2011*

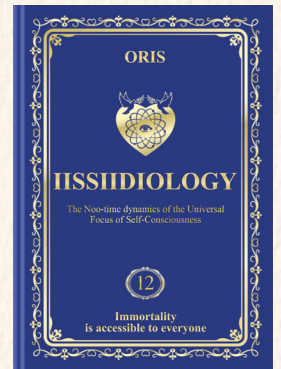
**Pages: 733**

Volume 12 is devoted to the diversity of the Self-consciousness manifestation forms in the infinite variety of the Form-Systems of the Worlds. Tell me, what do you know about the universal properties of Space and Time? About the illusory nature of our existence? About the Essence of «development» of each «personality»? It's not easy to answer any of these age-old questions.

But Oris, with all possible detail and thoroughly, goes on to answer not only these, but many other equally urgent and vital questions that trouble us and compel every seeker to learn, to give up something, and to gain something...

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- SECTION IX. Possibilities of extending Life through another Form
- SECTION X. UU-VVU and Stereo-Types of LLUU-VVU-Forms
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## **Volume 13. Immortality is accessible to everyone.** **«Psychogenetic conditionality of the manifestation of the «human» form»**

*Moscow, 2011*

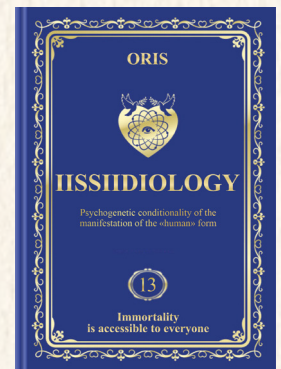
**Pages: 700**

In the 13th volume of the commentaries, Oris answers the vital questions of mental and physical health, medicine, psychology, psychiatry, genetics, somnology, pharmacology, and reveals the psychogenetic features of the manifestation of the «human» Form.

Our biological Existence is a continuous process - when we feel, think and experience something, we immediately become part of those groups of the Worlds, Realities and Continuums whose synthetic dynamics correspond exactly to the quality of these infinite processes.

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- SECTION XII. The influence of the fear of «Death» on the effectiveness and quality of Self-Consciousness Refocuses
- SECTION XIII. The different-qualitative Dynamics of the Form-Creators of Self-Consciousness is the main Principle of Refocusing





SECTION XIV. Form-copies, UU-VVU conglomerates, factor Axes and DNA

SECTION XV. The experience of subjective experience of «terminal» illnesses, preagonal states and dreams

## **Volume 14. Immortality is accessible to everyone.** **«The Principles of rezonance of Self-Consciousness structures»**

*Moscow, 2011*

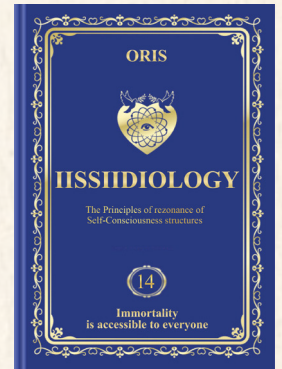
**Pages: 798**

In this volume the author allows the reader to delve into the subtlest and most complex mechanisms of its manifestation details of synthetic formation processes not only in the three-dimensional range of Energy Plasma, but also in all the multidimensionality of energy-information structures of the universe.

Every reader with an inquisitive mind and an appetite for knowledge will discover the mysteries of the physical laws of our material reality and the mechanisms of dimensional formation of spatial and temporal structures of the inertial ranges of the universe.

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- SECTION XVI. The synthetic dynamics of Thought-Forms, Sense-Forms, and SFUURMM-Forms (unstable Karmo-Forms)
- SECTION XVII. Influence of causal processes of Self-consciousness onto the dynamics of the manifestation of the Forms of the surrounding reality
- SECTION XVIII. GLEIIYO- and UDDVOO-types of dimensions, Worlds, their antipodes and «anti-Worlds»

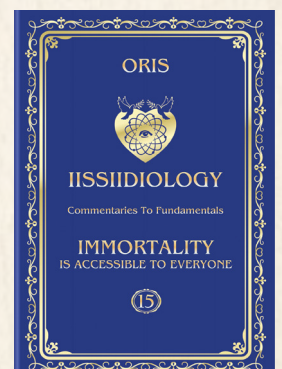


## **Volume 15. Immortality is accessible to everyone.** **«The Conscious Path to Human Worlds of «personal» Immortality»**

*Moscow, 2012*

**Pages: 648**

«The Conscious Path to the Human Worlds of «personal» Immortality» - this is the name of the new volume from ORIS book cycle «Immortality is accessible to everyone». At first glance, this may seem like an invitation to a philosophical contemplation. But by appealing to his devoted readers, the author hopes for the consideration and perception of this issue in a broader or, if you like, deeper understanding. Philosophical concepts offer to us only sensory-contemplative,





mostly associative images regarding a particular issue. The author, however, presents in this work, as a logical continuation of previous volumes, a detailed consideration of the practical prospects for the development of a personality into a true Human, who explores his own spirituality.

In addition to the mechanisms of working with own Self-Consciousness, which will lead people as Humans to «personal» conscious Immortality, ORIS describes the «Worlds of our Future», the prospects for the manifestation of the coming times. And in order for everyone to develop an understanding of their own Path, a comprehension of the choice of their spiritual development, the author not only describes «bright» prospects, but also specifies in detail the obstacles that each of us may face and, by not noticing or not determining the nature of which, to unconsciously, under the influence of particular reasons, deviate from the development in the Human direction.

With the help of this book, you will be able to determine the qualities that are truly inherent in people, and you can finally figure out how to form in yourself these qualities that are truly Human - with a capital letter. Having experienced what a highly sensual Intellect is, you will then understand why only with the help of highly intellectual Altruism you can find the Path to the cherished Goal of your spiritual future!

### **CONTENTS:**

- SECTION XIX.       Obstacles on the path of realization of «individual» Immortality
- SECTION XX.        The Specific States of uoldmiism (high-sensual Intellect) and stollmiism (High-Intellectual Altruism) synthesized in the Human (lluuvvumic) development Direction
- SECTION XXI.       Specificities of lluuuvvumic transformation of human features
- SECTION XXII.     Our «future» Worlds. Perspectives of the approaching times



## **Volume 1. lissiiology Fundamentals.**



### **«Interaction of Information and Energy as the Primary Cause for origination of the Creative Activity of Self-Consciousness Focus and the Macrocosmos in whole»**



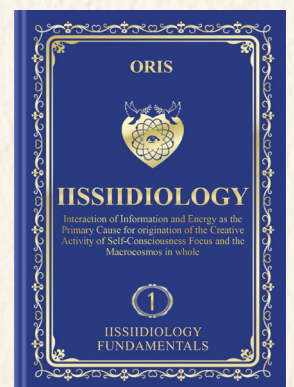
*Moscow 2013*



**Pages: 312**

This book presents the beginning of an overall 20-volume information series titled «The Great Message», which consists of «IIS-SIIDIOLGY. Fundamentals», «Commentaries to Fundamentals» and author's Song lyrics with a highly-spiritual content written to popular and all-loved melodies.

From the very beginning, the author pinpoints the reader's atten-





tion upon fundamental notions of IISSIIDIOLOGY starting from basic, axiomatic Conceptions. The book contains the newest interpretation of formation of the outer reality based on the Self-Consciousness's Focus Dynamics as the main functional mechanism of the Macrocosmos's Creative Activity. A detailed comparison of the author's hypotheses with existing scientific conceptions allows to draw parallels with the current worldviews about nature, space, time, energy and to find the ways for their radical transformation and potential development.

In this volume, the author introduces the conceptual foundation necessary for an adequate understanding of all other IISSIIDIOLOGY books of this series. Hierarchy of Self-Consciousness Levels, dimensional differentiation of manifestation Forms, classification of elementary (and other) particles as structural components of the Universal Plasmic-Differentiation Emission, information theory of the formation of Energy in the Macrocosmos are described in order to form necessary notions that will serve as the basis for further more complex iissiidiological Categories: Universal Cosmic Laws and their Principles, Diapasons of Plasmic Forces, Evolutional and Involutional Branches of development, and many others. The first volume of Fundamentals is the required minimum for any reader who wants to thoroughly study iissiidiological conceptions.

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iissiidiology, its goals, objectives and perspectives in the development of humankind

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SECTION II. The multilevel structure of Self-Consciousness

SECTION III. Energy and different-qualitative Levels of manifestation of Self-Consciousnesses Forms that form various types of «materiality» (...doollses — waves — flakses...)

SECTION IV. Energy-Plasma as a transcendental basis of interaction between Energy and Information within the structures of the Macrocosmos



## **Volume 2. iissiidiology Fundamentals.**



### **«Cosmic Qualities as the Basis for energy-informational manifestation of all the Form-systems of Macrocosmos»**



*Moscow, 2013*

**Pages: 662**

Many scientists may consider this volume of «Fundamentals of IISSIIDIOLOGY», as well as all the other books of this twenty-volume series titled «The Great Message», no more than «science fiction» — each of us has the right to believe in what is the most convincing. However, every intelligent person who possesses at least





the rudiments of cognitive intuition can discover in this information those more Qualitative characteristics of the objective truth, thanks to which continuous eglleroliftive Amplification of all Self-Consciousnesses Forms is carried out.

Catastrophism periodically appearing in the process of human self-cognition is always accompanied by the radical breaking of many old Conceptions, which by its radicalism surpasses greatly all theoretical forecasts. Fanatical belief in dogmas and postulates established once, as well as the clear tendency for idolatry — these are obvious characteristics of degradation and regression that converge modern academic science with paganish religion. Yet, the eglleroliftive Amplification process and harmonious evolution both of a separate personality and human population in general is impossible without breaking down old stereotypes and establishing — on the basis of deep cognition of Wisdom of previous and future generations — much more universal conceptions about ourselves and our surrounding reality.

This uneasy, but grandiose on its depth and scale Task of prompt and Qualitative transformation of human community is assigned by the Evolution Itself to the universal knowledge of IISSIIDIOLOGY, absolutely new to people, which is received for the first time and entirely by one person only by means of the intuitive way of cognition. We offer you to find out more about its newest fundamental Conceptions in the second volume.

Besides, the IISSIIDIOLOGY offers to Collective Consciousness of humankind a totally new paradigm that gives new and fresh view of the multitude of clinical phenomena studied by psychotherapists. It gives a theoretical model for understanding the changes in the mentality of a patient and the hope on clarifying mechanisms of effectiveness of psychotherapeutic method.

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About lissiidiology

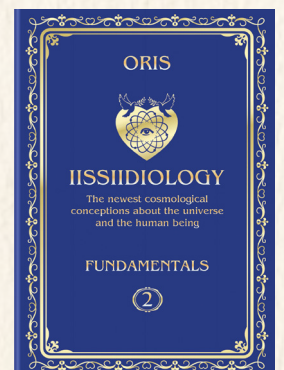
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SECTION V. Transcendental nature of Cosmic Qualities and Principles of Their transmutation into Creative Cosmic States

SECTION VI. Sll oogrent interconnections of Form-systems of personal Worlds with Universums of Macrococosmos

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SECTION VIII. Eglleroliftive tendencies of Universes. Universal Focus Effect of Self-Consciousness or the newest viewpoint on the Big Bang theory







## Volume 3. ISSIIDIOLGY Fundamentals.



### «Variety of Forms of Creative Realization of the Cosmic Human»



Moscow, 2014

Pages: 780



The third volume of «ISSIIDIOLGY Fundamentals» allows readers to go deeper into yet completely unexplored by us structures that provide functioning of human Self-Consciousness and its interconnections with Self-Consciousnesses Forms focused by it. First two volumes of «ISSIIDIOLGY Fundamentals» thoroughly describe the deep Nature of Causes and Mechanisms of Creative Activity of everything manifested in multidimensional and different-Qualitative Macrocosmos, including also qualitative Basis of Focus Dynamics of Form-Creators of Universal Structures. The third volume in its turn focuses on the detailed description of basic Principles of exiberation of Human and other Self-Consciousnesses Forms in all the diversity of different-dimensional diapasons of the Tertiary Illusion.

To allow the reader to fully comprehend the essence of the notion «Self-Consciousness Form,» the author describes realization functions of these structures at the example of subjective formation — as a result of life creativity of every personality — of so called personalistic Worlds, which goes far beyond existing scientific notions about the surrounding reality and peculiarities of interaction between Forms structuring it, whether it is a human, a planet, or an elementary particle. Furthermore, he describes different-dimensional variety of Forms of Iluuvvumic Direction of development and characteristics of focal realization of Humankind Collective Cosmic Intelligence as a unified the LLUU-VVU-Entity.

The third volume ends with a detailed description of multi-level manifestation of Plasmic Forces Diapasons of our Universe, which are described from a position of their subjective interpretation through the specific peculiarities of human Perception systems. Endless inner transformations of Universal Illusion, as mechanisms of evolutional growth of the Cosmic Human on its Way to its Universal Future, lets inquisitive readers to form in their Self-Consciousness own highly intuitive conceptions about endless varieties of all possible variants of development, where goes the process of eternal multidimensional Existence of every human personality.

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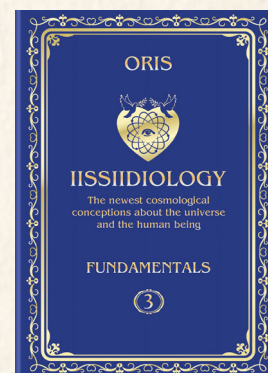
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## Volume 4. lissidiology Fundamentals.



### «Structure and Laws of implementation of Macrocosmos skrruullerrt system energy-informational dynamics»

Moscow, 2015

Pages: 748

In the beginning of the volume, the author recalls generation principles and mechanisms of the human subjective Realities, explains interconnections between the Tertiary and the Secondary Illusions Form-Creators, while describing thoroughly Fields-Consciousnesses structure, defines birvulyarity and its Qualitativeness types conception. The main part of the volume is devoted to description of the Reasons and principles of the Universe Cosmic Entity Focus Dynamics, various energo-informational structures of Its Self-Consciousness, and also to disclosure of SFUURMM-Forms human-type realization process and Form-Creators Focus Dynamics amplificalional aggradation process.

This volume concludes with summarizing, integration of everything described





— with Information about Universal Cosmic Laws and Their Principles providing fundamental basis for generation of all Self-Consciousnesses Forms in Macrocosmos Tertiary, the Secondary, and the Primary Illusions.

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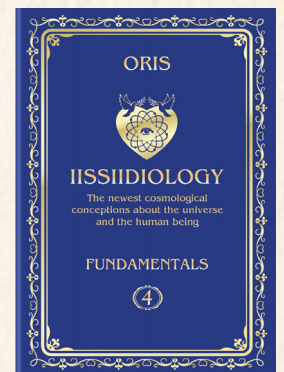
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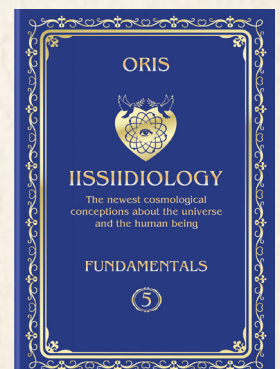


 **Volume 5. lissidiology Fundamentals.**  
 **«Basic creative possibilities of the realization of Iluuvvumic Creators in mixtum NUU-VVU Forms»**

*Moscow, 2017*

Pages: 791

Thoughtful study of this material allows the reader to get a more objective idea of the material basis of idealism by developing, in particular, quantum theory of Consciousness on the example of «microtubule concept». The reader will also learn about chakram determinacy of Focus Dynamics of all Self-consciousness Forms, will get an understanding of primary connections of thought formation, will get unique information about informational-energy conditionality of ontogenesis and embryogenesis, pathogenesis in general and hereditary diseases in particular, and finally will discover the universal etiological model of one of the most complex human feelings - the feeling of love.





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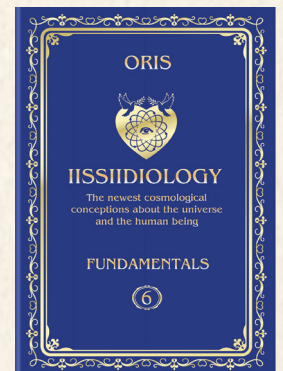
 **Volume 6. lissidiology Fundamentals.**  
 **«Bioenergy processes of Self-Consciousness Focus Dynamics formation»**

*Moscow, 2017*

**Pages: 772**

This new volume of the series «lissidiology Fundamentals» is a reasonable consequence of consideration of biological mixtum NUU-VVU-Form-Types that was started in the previous volume. For our deeper understanding, it draws our attention even more at iissidiological approach to the matters, which are related discretely by contemporary scientific community to philosophic anthropology in general and to behavior theories of personality in particular.

At more objective, transcendent, gabitual (primordial, objectively deep) discussion, it becomes clear that the given material leads a reader maximally to objectivization of own conceptions about relations among personalized, unconscious, and subconscious levels of Self-Consciousness at the background of developing invizusal (imperceptible by our sensor systems and measuring devices) mechanisms of anatomy and brain neurophysiology, accompanied by dominant dynamics of





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## Volume 16. Commentaries to lissidiology Fundamentals. «Self-development»

*Crimea, 2018*

Pages: 535

This volume contains Oris's written answers to reader's questions on the subject of spiritual self-improvement.

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- SECTION I. Living under the illusion of death
- Question 80. Why are we subject to aging and death?
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  - Question 55. Dissociative states. Memory of events in meditation
  - Question 38. The analogue of sub-personality in lissidiology
- SECTION II. Evolution of the Lower Fields of Consciousness
- Question 89. Transformation of primitive Inglmilissa Levels of Self-Consciousness
  - Question 70. Transmutation and transformation of Self-Consciousness
  - Question 58. How does the act of inter-qualitative synthesis occur?
- SECTION III. The benchmarks of the human development direction
- Question 30. Personalistic Worlds. Is it necessary to be interested in what is happening in the world?
  - Question 40. About RHIO (responsibility, honesty, initiative, openness) and other qualities
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Question 18. How is «personal» self-consciousness interconnected with other levels of self-consciousness?

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Question 79. The principle of positivism in spiritual development.  
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Question 88. The principle of radical refocusing

Question 16. What is spiritual self-sacrifice?

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Question 25. Energy filling when meditating on sound cosmic codes

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Question 100. About the practice of silence (Blitz-28)

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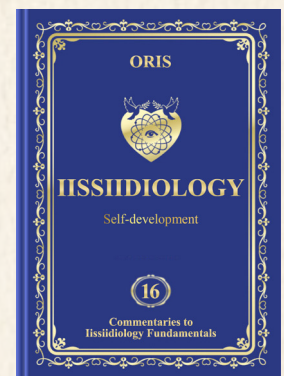
Question 6. Interaction between strategic and current interests (in a person)

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Question 65. Mind, intellect, intuition

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## Volume 17. Commentaries to Iissidiology Fundamentals. «Biochemistry of mixtum Forms»

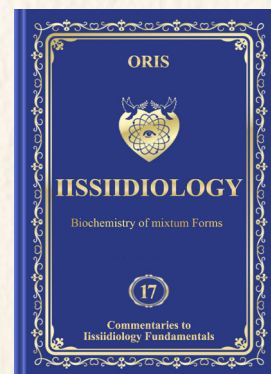
Crimea, 2018

Pages: 275

This volume contains Oris's written answers to reader's questions about the biochemistry of physical human forms.

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- SECTION I. The Creators of the Genome and the Etheric Structures of Self-Consciousness
- Question 10. Nuclear Genome Creators and the Structure of karmations
  - Question 33. Connection of vivaxes to the formo-structures of our brain
  - Question 36. Point of localization of the Creators-regulators of the nuclear genome
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## Volume 18. Commentaries to lissidiology Fundamentals. «Cosmological aspects of lissidiology»

Crimea, 2018

Pages: 404

This volume contains Oris's written answers to reader's questions about the cosmological aspects of lissidiology.

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Question 23. The frequency of rotational cycle and operation of the CNS

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Question 43. NTC and the Creative Activity of SSIP

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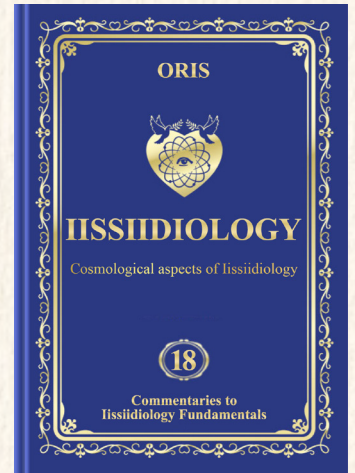
Question 62. Who are the Form-Creators

#### SECTION III. The subjectivism of Reality quantization





- Question 19. What is the frequency of oscillations
- Question 42. The nature of p-waves
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## Volume 19. Commentaries to Issiidiology Fundamentals. «Cosmic evolution of human»

*Crimea, 2019*

Pages: 619

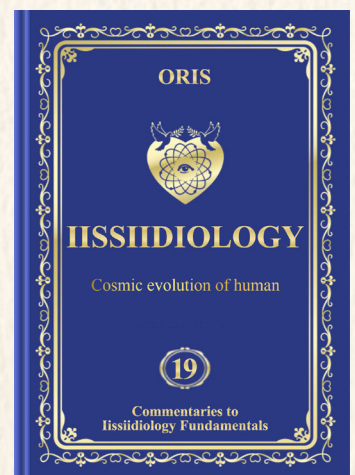
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## Volume 20. Commentaries to lissidiology Fundamentals. «Coarddiirffology»

*Crimea, 2019*

Pages: 585

This volume contains Oris's written answers to reader's questions about karmic relationships.

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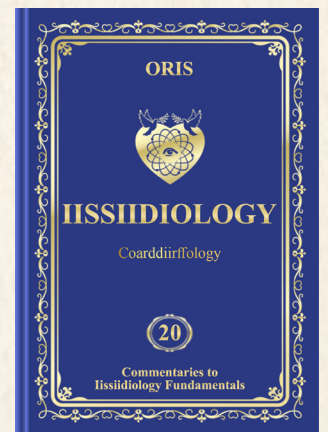
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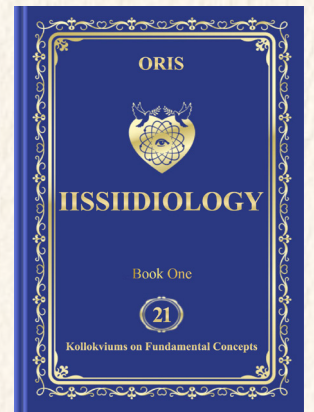
## Kollokviums on fundamental concepts. Book One

Crimea, 2018

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- SECTION I. SSS-States of Information. Single Super-Universal Impulse Potential
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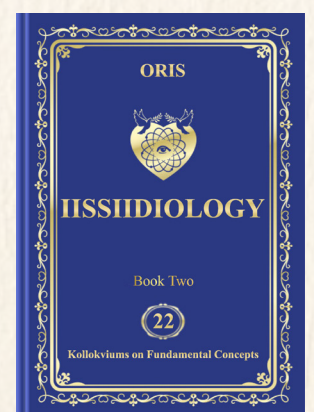
## Volume 22. Kollokviums on fundamental concepts. Book Two

Crimea, 2019

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- Chapter VII. RRGLUU-VVU and factor axes. Duplex-Spheres





# CONTACTS

## [Orisoris.com](http://Orisoris.com)

Here you will find all Oris's books in all available languages and formats which can be downloaded for free.

On this website you can also ask the author himself any question in relation to any information mentioned in his books.

## [Ayfaar.org](http://Ayfaar.org)

This website is dedicated to the overview of the Spiritual Idea of building the Human Community based on Iissidiological Knowledge and building many «Ayfaars» on Earth.

## [Ayfaarpesni.org](http://Ayfaarpesni.org)

The website “Ayfaar Songs” which are written by Oris cultivate highest Human qualities in the most educated people, and promote effective Spiritual self-development. Ayfaar Songs are the second part of the Iissidiological Knowledge and greatly assist in its productive study.

As at the end of 2022 Oris has written over 1600 songs.