

ORIS ORIS

LIFE BETWEEN LIVES



PART 1

THE ART OF
DYING

In this book, the author who has many years of experience of individual out-of-body explorations of the Subtle World tried to give the most detailed answers to the following particular questions: How to die correctly? How one can learn to take his/her death in the right time? How to make one's own death a threshold to a happy life in the future of so-called after-death existence? Death as well as life is a sort of Art. Although, ignorant and inefficient use of them by many people does not deserve to be called an art.

This book includes the most detailed description of a person's state of Conscientiousness change during a process that is called "dying". It also describes stay of the Soul in various vibrations of Astral energies. The book is a sort of manual of religious therapy and eschatologic psycho-surgery that could be used by relatives of a dying or deceased person by way of reading most detailed instructions to strengthen or awake the person's Conscientiousness before passing away.

Among other things, this book with absolute certainty can be considered one of the most explicit guides for traveling in numerous areas and on planes of the Subtle World that we use to call "afterworld".

*"When, during an hour of your Meditation, you learn to observe alternate coming and going of many incarnations of your Spirit, you will be able to feel very deeply your own birth and Death. This will let you independently penetrate through the Illusion of density of the material World. That Illusion gives strength to the fear of Death. And from your own experience you will be able to understand that perception of yourself in the World and the World in yourself will last after the moment when all who know you will consider you dead. The understanding of the Truth when you are still alive will allow you to **KNOW**, not only during dying but also after your Death, that you are more alive than before, although they consider you dead. It will also give you a **TIMELY UNDERSTANDING** of how you should further exist in the Subtle World.*

Only in this way you will be able to start taking your physical Death positively and with respect, taking it not as "an end to everything" but as a perfect chance for conscious Passing from one body of your Soul manifestation to its other body which is more natural and universal.

A conscious perception of Death in deep Meditation is a great gift which will not only let you destroy many of your unwise desires but will also set you free from many your fears so that you could remain Light entering into Light at any moment of Passing."

God help you and let the Heavenly Hosts instruct you on your path!

Oris.

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THE AUTHOR'S

FOREWORD

“You waste your time, you do not think about coming death, you do useless things in this life. You are not wise because you ignore the best opportunity for development.”

“Bardo Thodol”.

Even the best food can become poisonous after a long storing. What then we can tell about such subtle and delicate emanation as spiritual food? ***The Truth cannot be taught or learned by heart, it must be experienced all the time by oneself and reopened again and again changing constantly its forms of expression.*** Each person should walk the path of internal experience all by himself/herself, because Knowledge received only in this way will have vivid or ***vivifying*** value.

Life gives individually every one of us only as much as can remain with us infinitely long even after Death. To acquire something for oneself means to get a purpose of life, become an owner of something that lasts forever and is very intimate, that eventually will turn into the fruits of all our Life.

Have you ever asked yourself the questions like those bellow:

- ***For what purpose do I exist?***
- ***What true things my Life has given to me?***
- ***Have I really achieved all the goals I wanted, or, after my Death which is possible tomorrow or even today, everything that constitutes “myself” at present will go phut and disappear in Space like a bubble?..***

When we pray to Jesus Christ we ask Him: **“Give us this day our daily bread...”** That is the law of spiritual growth which implies vital necessity to experience the same Truth each time in a renewed Form, develop, distribute not so much results as ***methods*** used to get Knowledge and experience Reality. Due to their high origin, human beings are above Angels whose acts ***are not free.***

Like God, that summons to Existence own external reflection through a statement of the Beginning of Creation for the purpose of Self-Knowledge, Pure Spirit must emanate its Consciousness outside its true Nature for the purpose of self-affirmation. ***When a Soul incarnates as a human being it loses its connection with Higher Worlds and merges completely into the feeling of its own individual existence revealing its potential qualities one after another and gradually identifying itself with each of them.***

History newly formed in the present Life becomes a part of our Existence and not just a subject for studying or worshiping which could lose its main value apart from its origin and organic conditions of development. *As soon as we understand this natural development we will stop define different stages of human History as “right” or “wrong”, “useful” or “useless”.*

We are used not to pay attention to very many things but the issues of dying and Death always arrest our sight. In a sense, all our talking about dying is not more than a trick as everything concerning physical Death extends only to our physical body which is illusive as much as each of us realizes own Death or finds in it a threat to own seeming existence.

Our mistake about Death consists of the fact that most people consider their outer personality i.e. their “human form” as **THEMSELVES**. Human beings defy this mistake when they acquire knowledge of the Laws of Life in other Worlds and get their own spiritual experience that visually demonstrates the absence of Death as “an antithesis of Life”. Due to such experience, a person learns that his/her Life and Death that follows it are just one out of many episodes that replace each other as moments of one universal Life of a Soul that can be called Existence.

Life, like Death, is a faithful servant of any transformation: when we are alive we always transform ourselves and try to transform everybody around us; first, we do it to the likeness of gross passions that reside in us and originate in the animal world, then, we try to express our prevailing tone, the total of dominant desires and Thoughts in us.

The same thing happens during Death, although there are some little allowances for the Law and peculiarities of the Subtle World Matter. The art of dying is not less important than another art which we learn each moment, – the art of living. Moreover, it supplements the latter and is its final result, as all future after-life existence of a person will greatly depend on the degree of control that could be used by a dying person to influence on the process and quality of his/her own Consciousness’ transition to a different level of existence.

If you live from one moment to the next one, then there is simply no dying for you as such, in its usual sense, because when you let go every last moment and immediately open yourself to the next one you die knowingly from one moment to another. When Death will come you will not even notice its coming as it will be just another moment of your infinite Existence. The physical Death simply changes a frequency of Consciousness and the Physical World of light speeds falls immediately apart like a great Illusion.

The art of dying is an organic supplement of the art of living: the more a person concentrates on the process of dying and issues of so-called “Death”, the more substantial becomes every moment of his/her Life. Where our attention concentrates, the place where resides largely our Consciousness, is the place where we experience our Life which in no way can be destroyed by Death. Life can only be enriched by it.

You see, the most exciting thing about our Death is its power of attraction for our imagination and attention. A dying person must not only be capable to meet calmly

his/her own Death, with clear Consciousness and courage, but also have a sufficiently trained Mind which will allow him/her to overcome all physical suffering and loss of strength during this difficult process.

When we take inwardly our Death with calm and tranquility, with full understanding of chemical processes inside us, we stop to negate, judge other people, being annoyed with or without cause, and do not turn no more all our Life into a cheap revel. After such inner acceptance of Death, after understanding the fact that each of us is a creation which constantly changes during its development, all our further Existence becomes easier and more acceptable, calmer and lighter.

The Ukrainian philosopher and sage, Gregory Savvitch Skovoroda (1722-1794), who never knew neither about any meditation nor about the technique of conscious dying called “jati smaran”, wrote how it is necessary to thoroughly prepare oneself to one’s own Death:

“It is necessary to timely prepare oneself to face a foe not with reasoning, – for it is ineffective, – but with peaceful disposition of one’s own will aligned with the Creator’s Will. Such inner peace is being prepared gradually, growing slowly, deep in the heart, and strengthening by the feeling of the good done by ability and relation of our life towards the circle to which we belong. This feeling is the crown of life and the door to immortality...”

We should warn you that **many things which you will know from this book are able to take aback and surprise even an experienced spiritual seeker. Please, remain reasonable and make your right choice.** We will show you, as detailed as possible, how to use all those most precious treasures with which we are originally endowed by God.

Those who are **ALREADY** prepared to use these gifts will be able not in word but truly in deed to learn the things we talk about in our books. Those who are **NOT YET** ready may fail or otherwise such persons will be condemned to immense troubles.

The second part will tell you about the mysterious and startling, by its absolute uncertainty, process of dying that starts any natural Death. You will also learn what the Soul of each of us will face during first “minutes”, “hours” and “days” of the great and important period that we call “*afterlife*”. Few people know all the details and the structure of the most subtle and perfect mechanism that ensures the whole process of dying of a human being. It is, however, necessary to know it, otherwise you simply will not be able to bemaister “the art of dying”.

In our book, we will try to describe as detailed as possible that “startling” process, to an outward observer, and remove the veil of frightening mystery from it. We will also continue to give a detailed description of all Laws and properties of the unknown World where our Soul will find itself and which we will have to discover from the very first hours after Death.

In order to start participating in activities of the Astral World from the very first minutes after your Death, right now ***you will have to start learning not only all its laws that completely differ from those on Earth but also get detailed recommendations as to HOW you should behave yourself without breaking these laws and getting into serious trouble.***

Moreover, we will give you, as many as possible, various examples and situations in which the Soul can find itself after Death. We will also give you practical recommendations how to deal with such difficult and extraordinary situations that wait for you on the unexplored and often very dangerous path. ***This book is more like a detailed “guide” necessary to each traveler who discovers and studies new worlds.***

God help you in your good deeds and noble undertaking! Let Love, Justice and Kindness prevail in your Thoughts and words! Use all gifts given to you by our God the Father only for the good, as there is no greater mission or honor than to fulfill God's Will!

ORIS.

MEDITATION ON DEATH

- *Death as one of the most important events of the Human Soul Existence*
- *Three main ways to Consciousness Enlightenment*

“All the previous births passed in front of His eyes, when He remembered them: the place, the name, and so on – all the births up to His last birth. He knew all His births and all His deaths - hundreds, thousands, billions”.

Ashvaghosha, “The Life of Buddha”.

What people are used to call “Death” is not a direct experience but simply a notion devised by those persons who did not have the abilities for clairvoyance and just observed mere external visual events that took place during passing of a human being’s Consciousness to another level of its existence. That is why, in order to understand better this event and overcome fear of it, most people should, first of all, try to subdue not Death itself but the notion about it, and thoroughly consider their own concept about it.

The problem of a psychological victory over Death is merely individual and can be solved only through individual feelings and direct inner experience of each human being who tries to solve it for himself/herself. In each particular case of dying, from an individual point of view, we may only talk about cessation of bodily functions and decay of physical organs of a dying person that made possible those functions during the person’s Life.

Another question: what happened with forces and energies which created these organs and ensured their functionality? It is impossible to answer the question correctly until you shift your Consciousness from external objects and focus your attention inside the event of dying or Death itself.

One cannot comprehend the problem only with the help of intellect by reading lots of books on the subject and analysis persuading oneself of the truthfulness of another person’s opinion. In order to completely overcome fear of this inevitable necessity, you should try to acquire your own direct experience of feeling consciously this psycho-physical process.

In the book “Spirit and Soul” we gave a sufficiently detailed description of the concept which we understand as “ego”. A typical feature of human intellect is its urge to objectivity. It is justifiable and useful until we dwell in the World overflowing with objects or things, that is in the material World which is limited and clearly defined.

This objectivity, however, becomes unjustified and totally useless when we explore

issues pertaining to the very essence of a human being and to the meaning of individual existence. Just like anyone cannot feel “ego”, no person can feel Death because they are only integral parts of the same higher spiritual phenomenon, the Life of Spirit.

Death and “ego” have such typical features as abstraction and limitation or artificially setting borders for them by imperfect human Mind which is incapable to perceive subtle vibrations that constitute a psychoenergetic basis of these phenomena. We may not consider a person dead until he/she is able to feel anything using his/her own Consciousness.

It means, if you could consciously observe the process of dying or Death you would have learnt by your own experience that Death does not destroy those who feel it and therefore Death is not at all the thing we took it for. This is the goal we try to achieve by proposing you the most esoteric technique, Meditation on your dying, your own Death.

Dying is a real art. It is more important and necessary for a human being than any other art. If once the Soul mastered this art it will never forget it and can use it when exploring other realities of its existence. The one who has mastered the art **defeats Death forever** as such person starts to understand all its beneficial meaning and its liberation role.

As soon as you begin to feel freely and calmly with Death you will achieve the Life that will never cease. In order to learn the art of dying and be able to find what is beyond Life and Death, you should learn how to use Life along with Death.

One should be absolutely aware of the fact that Life of a human being on Earth and its so-called “afterlife” are a continuous chain of two alternate states of Consciousness. The first incarnated state of Consciousness begins when a human being is born into this World after “dying there”. The first disembodied state of Consciousness begins during Death of a person “here” before his/her new birth “there”.

At once, one should acknowledge the uncontested fact that Death does exist as one of the most important events of Existence of the human Soul. **Death is the very important thing that should happen in your Life on Earth. It is the climax of all your existence on Earth. It is a purpose of Life as all the living moves towards Death.** Your Death was born with you. As soon as you come into the world you are unable to escape it.

Death is hidden in us from the very beginning, from your first cry and your first sigh in this World. It constantly lives inside you to accompany you persistently all your Life. Your main goal is a timely understanding of its fatality and its inevitability. **It is essential to understand and remember it because until you understand the meaning of your Death you will not be able to get the purpose of your Life on Earth.**

This is because at the very moment when you completely understand that you can die any minute and Death is absolutely inevitable **all your Mind starts to work in a different direction and in another dimension.** Then food and sensual pleasures will become to you just a major need of your body but not an incentive for your whole existence.

The understanding of inevitability of your own Death changes all your Life. It makes you stop and start to think about the purpose of your existence and revise all the “val-

ues” and priorities that until now have been the meaning and interest of all your Life. ***Only after you understand your own Death, that it is inevitable every moment, you will create an internal need to look back.***

All those whom we, out of ignorance, take for ourselves are just temporary mortal beings because any personality, however spiritually developed it might be, is destined for Death. But when you completely become aware of the fact you will no longer have time to go on living as you used to live, – carelessly, disorderly and without thinking about possible consequences of your Thoughts and words to say nothing of deeds.

That is why, even during your Life on Earth, you should at least try to look into it as deep as possible to be able to use the short time given for your Life “here” to learn how to be ready to face your own Death at any next moment with no fear and, ideally, with joy and optimism.

If you fail to learn it, ***if you use all efforts of your Mind to avoid your Death, you will not even notice as very soon this fear will also make you avoid your Life being timidly afraid of all its teaching and Soul-enriching exclusive possibilities.*** That is exactly why every moment your illusory Life, full of constant fear, will bring you to your real Death.

For most people it is not easy to acknowledge the inevitability of Death by their limited and fearful Mind. But if you manage to do it, your Life will immediately become easier and more joyful because your own Death, being essentially a unique moment of manifestation of one of the forms of Eternal Life of your Consciousness, may teach you very many things: a deeper insight into the world, how to refuse transitory values and false priorities. It will also teach you fearlessness and the ability to keep your honor and dignity in the most critical situations.

Those who aim at avoiding Death and prolonging their Life by any means are very much attached to external aspects of their Life, false comforts, feelings and emotions associated with living of a person in the physical body.

Those practicing hatha yoga to make their Life longer have the same aim. But most of them are less driven by the fear of death or an excessive love to Life than by the exploratory interest in this particular form of existence of their Spirit in the phenomenal World and the use of Life to widen the scope of possibilities of a physical being.

Remember: your Death alone cannot give you anything in terms of your spiritual growth. Any spiritual achievement gradually comes through your current Life, through the quality of energies that constitute it, which, in turn, define the quality of Death itself.

Death is simply a final examination for a human personality but only relatively to its aspects that apply to its Life on Earth. You should always remember that Death will destroy everything that is not your “Self”. All that is illusory, non-spiritual or super-

ficial will be taken away and if that is a larger part of your being it means that after Death of the physical body there will be little of yourself or your earth personality left.

We can also compare Death with a final sentence summing up the degree of accomplishment of a particular incarnation of the human Soul. Death also assesses the quality of energies worked out and used by the Soul to ensure its existence on Earth. Death, like a dispassionate and equitable judge, simply draws the last line of every human being's Life on Earth.

Then, naturally and definitively, not only the last word of a dying person but even his/her last Thought, the last strongest desire as a final result achieved through suffering of the spent Life become his/her final sentence that must be executed by hosts of heavenly "executors" after complete manifestation of the human being in the Subtle World.

If the person's love was great, if he/she indeed sincerely loved anything or anybody regardless physical conditions and quality of own Life on Earth, if his/her Life itself was a flaming fire of Love, Light of Love to others, ***then Death will simply finish the last chapter of his/her Life on Earth with a bright flaming fire of the Heart.***

If Death shut off your Life which has been so paltry and useless and resulted only in frustrated hopes for the future and failed to give neither you nor other people a single true bright experience then your Life will be as vain and futile as was your useless Life.

In this event, your Death will not take away anything from you and at the same time it will give you nothing except futile prospects and useless hopes. Thus, the sooner you become aware that you will not be able to come back again into your usual body the less favorable chances for your own Transfiguration you will miss and the sooner you will be able to choose the right direction among karmic possibilities before you.

If you manage to enter your dying with joy, calm and serenity if you just will be able to keep yourself adequately conscious at the moment of Death then it is quite real that your future ***Death*** will become a moment of complete Enlightenment of your Consciousness, ***become your own Enlightenment, making you, as an individual, instantly free of all those things you have never been. And after your postmortal Transfiguration it will present the true creation to God.***

Until Life becomes futile for you, you would never think to go beyond its boundaries. There is no need to go into details of Death. There is no need to think about it. Only being aware that Death exists will help you to go inside and be meditative.

Death and Enlightenment, – these two purely internal processes are very much alike. If you achieve Enlightenment of your Consciousness and see for yourself that indeed you are not at all a simple totality of what is represented by your body as you have assumed it earlier, you will stop to identify yourself with your body and become unattached to it.

For most people who have experienced it, their new awareness of their separate internal and purely external existence becomes Death to a greater extent than an ordinary physical Death. At that moment they suddenly notice the vast gap between their self

and their physical body that they used to consider and feel as same.

Death without stopping being Conscious proves that *everything what one has taken for oneself and Life itself differ very much from what the Soul faces beyond the threshold of dying*. At the moment of SUCH Death, there is a rare possibility to set the Soul free. It is a priceless gift which, when used rationally and wisely, may help you to become free from many of your irrational desires, fears and selfishness allowing the Light of your Soul to merge with the Light of Divine Truth.

Your Death may become the Gate for you and lead your Soul away from this superficial, ordinary and illusory Life, *the Gate through which one can go away from an endless cycle of incarnations and break the circle of eternally repeating “births” and “deaths”*. The Gate is inside you and if you learn how to pass through it being fully Conscious you will achieve another Life which is more deep and eternal than your present dream-life, you will achieve Life without Death.

Unfortunately, many people are so afraid of their own Death that, when it finally comes to them, they are frightened before uncertainty and danger of “their” complete annihilation and loss of their Consciousness. And Astral Flow full of Divine Light simply takes them through the Gate in a passive state of Consciousness. They do not see the Light and do not feel any intention to join it.

Then in a while, they are born again in this World and all the senseless circle called “Life on Earth” starts from the beginning. Again they will live without thinking about their coming Death, therefore their final will be the same again – complete unconsciousness. But as soon as you accept the fact of your Death and begin to feel it, live by it, be aware of it, gradually and steadily, you will start to penetrate, ooze with your whole Consciousness through your inner Gate.

Thus gradually the Gate of your future Death will open more and wider and, through the gap, you will see not impenetrable darkness but clear Light. And when the Gate of your own Soul is wide opened, Divine Shine of Eternal Life will abundantly flow into you through it. There are three possible main paths to Enlightenment of Consciousness: the first one is *Meditation*, the second one is *Love*, and the third one is *Death*. The last Path is the most important of all the three because Death is an event which is the most natural to each human being.

As for Meditation, one can easily live own Life without it not even knowing what it is. In order to at least try to enter into this very specific state of Consciousness, you will have to make hundreds and thousands of strong-willed attempts, you will have to realize that it is your inner need and begin to explore thoroughly yourself spiritually and seek, seek, and seek...

Only a few people, in terms of their karmic and evolutionary state, are ready for such spiritual exploration. True, deep Meditation is much more harder, complicated and problematic than it could seem from the outside. Very few people may afford to start this fascinating but hard adventure.

Very few people follow the Path of the true, deep Meditation toward Enlightenment of

their Consciousness. They are those whose past karmic and spiritual experience allows them to open their Consciousness as fully as possible in their present incarnation in this particular way. By no means every person, who thinks he/she practices such Meditation, actually does it.

That is why for most people, Love and Death are the only possibilities to Enlightenment. True Love, as the most exalted human feeling, is more natural in this respect because it creates something super-real in your existence, what is above feelings, something what cannot stop to be or disappear even after your Death.

But true Love may happen in your Life or may not. It is not as inevitable as Death. Millions of people choose Life without Love. They however do not die of it. They live a normal Life and happen to be very satisfied with themselves and their Life. But they never love anyone except themselves.

That is why Love is not something vitally necessary. One can easily escape it or fail to get it in Life and in Death. If many people fail to get even Love in their Life, not feeling that it is vitally necessary for them, then what can we say about Meditation?

Death is the only thing which is simply impossible to avoid, if only we do not deal with totally sudden Death. Missing the chance of conscious experience of your own Death is missing the possibility to meet with God because only in Death the other two possibilities to Enlightenment – Love and Meditation – open automatically.

When Death comes, it takes away from you, in a flow of material Existence that escapes you, all your past attachments, all your desires that filled you previously. Only after that, when all your factitious passions and useless desires are annihilated by Death, Energy of Love will become absolutely pure, as it used to be before your rough material manifestation in this World.

So, among the three paths to Enlightenment of Consciousness, each human being has only one main path that is Death with its unexpectedness, obligatoriness, and inevitability. One can neither escape one's own Death, nor change it. It is absolute. No one is able to buy it or avoid it.

It always exists near us. It simply is, every moment of our Life, like air, sky or earth that always are. Each living being on Earth must go through it. *Everything you can do is only accept it: either being glad that your physical suffering quickly came to an end, or unwillingly, fearfully and with stupid obstinacy trying to grasp a primitive illusion of Life escaping from you.*

Many people either do not understand or simply do not think that their Death can take away only the things they **PERSONALLY** hold. Death cannot take away **WHAT THEY ACTUALLY ARE in reality**. If you have money, power, strength, fame – you will instantly lose all of them. Sometimes the taking away makes Death really terrible for greedy and power-loving people. However, you are not always aware of some non-material, spiritual wealth in yourselves but you can have it both here and after Death.

For instance, Meditation which you practice often becomes an integral part of your inner World and cannot stay after your Death here, in the Material World, because it is

tightly attached to your Consciousness. Meditation is something that gradually becomes a quality characteristic of your existence. It is something that observes the inner side of your Life, it is your inner personality.

If you love someone very much then this love also becomes an integral part yourself. You also do not possess your love. It is not your property. It is a quality of your existence. Thus, during Death and after it, ***all your inner wealth rests with you and all external things which you have hoarded in a rush of this world will be taken away.***

Therefore, until you do not achieve peace of mind in your Life you will be unable to achieve it also in your Death. ***All the beautiful and exalted that you could achieve in your Life may be kept by you after Death and not vice versa.*** If you achieved deep Meditation in your Life then your Death will be your deepest Meditation.

If you managed to achieve sublime and pure Love then your Death will be the purest and the most sublime Love. If you achieved God by your whole Life then your Death will be above your most beautiful expectations, it will be Divine. Therefore, if you do not miss out the true Love in your Life, if you also know Meditation then, at a definite moment, it will be quite easy for you to take a closer look at your own Death.

It will just be one of the deepest and the most fascinating of your Meditations, because you will not have to worry about how to distract your attention from your body, – as Death takes away your body and it also takes away your obtuse and restless Mind, – what else could be better for expression of Love and initiation of the true Meditation? Only pure witnessing is left which is exactly deep Meditation.

Each Death is a possibility for a spiritual leap, for a breakthrough of Consciousness on the path of even greater individualization in the Divine Unity. Death is fearfully new only for those who have never loved sincerely and selflessly in their Life, who have never been in Meditation. It is ***the highest kind of Love and meditative Energy.*** But it brings nothing new with itself except what you have already experienced in your Life.

If you were able to know both Love and Meditation in your Life then, when your Death comes, it will be able to find and completely expose, in your Consciousness, only what has been found and experienced by you in Love and Meditation. But, when dying, all of it will be revealed much more clearly: what used to be only a hint, a gleam in Meditation and Love will become sensibly “real” in Death.

Death never destroys sincere and selfless Love. It simply clears your earthly Love from all sensual and emotional trash and frees Thoughts from fitful activity of Mind, thus increasing your meditateness. During dying and then in Death itself, all aspects of your Consciousness and your true Love are thoroughly washed by Eternal Divine Light and become absolutely clean, purified and renewed, ready for further afterlife creativity.

If you resist the coming of Death, you will miss one of the most important and unique experiences which could be gifted to you solely by your only Life on Earth. You will never have another such possibility – to consciously pass through the extraordinary state of Consciousness: in another Life on Earth it will be another personality, not you, who

will get the same only and unique possibility.

Therefore, when you feel your Death coming, – at the moment of passing away, when your activity will be coming to a complete halt, – you will be able to use Death as a unique possibility of your deepest Meditation. The Energy that is released from the outer World when the Soul comes out of the physical body can be directed by your Consciousness inside yourself, in the center of your own Spirit.

If you enter into your Death easily and joyfully, that feeling will remain with you forever and will become the largest pearl of your experience. It is no secret that only Zen Masters beat their apprentices. Sometimes during such sudden beatings, an apprentice even dies of the suddenness. For the outsider or for those who are far from understanding Zen principles, such act looks as a demonstration of insanity, violence and excessive cruelty of the Master.

But a true Master cannot be cruel because he/she knows perfectly well that **NO ONE EVER KILLS ANYBODY**. Sometimes, as we have said, it happens that the moment of Death may coincide with the moment of Enlightenment. Many people saw that the body of an apprentice drops dead when hit by a Master's cane.

Not each person, however, is able to see that, deeply inside the apprentice's swiftly soared Consciousness, the lower, already useless "ego" is shaken off like clay fallen off of an item baked in it. Only a real Master is able to see it with the spiritual eyes. It is not a sophisticated form of cruelty but the highest form of compassion. Only great Masters are capable of such compassion.

The Master should have a super-subtle feeling and skill in clairvoyance to feel the moment of coming of natural Death of an apprentice and use it to the maximum benefit of the apprentice's spiritual Enlightenment. One who knows it is always in readiness for the coming of own Death to use the absolutely unique chance to free own Spirit from the furiously spinning Karmic Wheel of Lives on Earth.

Millions of ignorant people, who do not accept the fact of Life after Death and laugh at everyone who dares to state such things, are unable to properly handle even their single Life; while a wise person makes the best use even of his/her own Death. When you consciously die having thoroughly prepared yourself for the moment during all your Life, your Death may turn out to be a turning point in the Wheel of your Spirit Existence on Earth.

At this responsible moment, the Wheel of Life on Earth can completely stop for your Spiritual Essence. If you manage to die keeping your Consciousness clear, if your body dies hour by hour, and, inside it, you stay awake and conscious, then this will be your last Death and your Soul will never have to be born again to learn and understand anything else on Earth.

At the very moment of Death you will become Wise and this world will stop to be mysterious for you because it will be completely known to you. That is why they say that an Enlightened person never comes to Earth again, only except for fulfillment of a very

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About the author

During his creative life Oris has written about 100 books on spiritual-philosophical and esoteric topics, as well as on the mental and spiritual relationship between the human energy-structure and the energy-structure of the universe.

A large part of Oris's life is devoted to spiritual creativity through writing books on cosmological subjects. In them the author uncovers such matters, which no one has ever touched so deeply and in such detail before. As early as 1996 Oris managed to find his Spiritual Mission, which he is tirelessly pursuing to the present day.



Oris was born on 25 January 1954 in small Ukrainian village of Maryinka in the Donetsk region in the family of a miner and a nurse.

From an early age (at the age of three) Oris developed an intuitive gift for writing poetry. Oris read out his first poem «Zhen-shen» at the age of 3 to his mother, who wrote it down, because he couldn't write yet.

He also possessed medial abilities from an early age: he could spontaneously «see» dynamic pictures of events and episodes from other people's personal lives, the authenticity of which was often later proven.

As a preschooler, Oris would periodically warn the children of impending contingencies when they were up to some mischief, and at school he knew who would be called to the blackboard and warned his classmates about it. He also knew in advance which boys and girls would be sympathetic to one another and which not.

Oris's first poems, from the age of 6, were published in the Maryinsky district



newspaper. In addition, Oris was good at drawing: 14 portraits of Ukrainian and Russian writers, which he painted in the 3rd grade, decorated the walls of the school corridor.

In 1971, Oris graduated from the 10th grade, worked as an instructor of physical education in Maryinsky Raypotrebsoyuz, and in 1973 he entered the Faculty of Agronomy of the Crimean Agricultural Institute, graduating in 1978. After 4 years of professional activity on the South Coast of Crimea (Yalta), he became the director of sports and recreation base (village of Ponizovka), belonging to two Moscow research and production associations - «Measuring Equipment» and «Energy», serving the space industry. He resigned in 1990 to pursue his literary career.

As a teenager, Oris became very interested in martial arts: karate (Kyokushinkai), kung fu (dim mak - «the art of the poisonous hand», Wing Chun, Zui Quan), judo, sambo and others. Later, in 1975 he achieved a black belt in martial arts and in 1979 in Yalta at the Ministry of Internal Affairs he opened a martial arts section and hand-to-hand fighting.

From this period (1975), while still a student at the Institute, he worked for 15 years on writing several books series about martial arts. Three volume textbook on karate and Dim-Mak Art titled «Karate Way - from Student to Master» was colourfully designed and published in Moscow in 1992. During these years a separate book «Dim Mak - the art of poisonous hand» was published in Moscow. A second cycle consisting of more than 20 books under the general title «Initiation or the Path of a warrior» was written during this period, but it was not published in the USSR because the author had no higher physical education. For this reason in 1982 Oris entered Simferopol State University, but in the 4th year he left the University for family reasons (due to the birth of his son Yaroslav in 1983) and because of perestroika.

During his work on the book cycle 'Initiation or the Path of a Warrior', Oris (in a state of deep meditation) first inadvertently came into Contact with his Spiritual Teachers, after which he regularly received the information that formed the basis of the most unique book series 'Life between Live's and all the books subsequently written by him.

Then begins a more intense Spiritual Path for Oris, marked by a turning point in his life due to the urgent need arising in his Consciousness to find Himself and his Spiritual role in life.

He went as a hermit to a cave in 1996 from which he had no plans to return. There, in the cave, deep Spiritual revelations came to him, as well as information about his past (parallel) lives. Some of these inner experiences Oris described in poems, which have been published in a separate collection. On the basis of the contacts with his Spiritual Teachers during this period (after 40 days of taking only water), having learned his Purpose in life, he returns home with a renewed Self-consciousness, after which a new Spiritual phase begins in his life: within four years he writes more than 40 books, which are combined into several cycles with the following



titles: «Life Between Lives», «The Art of Dying» and «Extraterrestrial Contacts».

After 2000 he began to write texts to the melodies of Soviet hit songs, in which he expressed the whole quintessence of his spiritual conclusions and thoughts, emphasizing the role of Love, Kindness, Mercy and all Human qualities and feelings, which people so often forget in their everyday life.

Also after 4 consecutive Spiritual Initiations (from 1996 to 2000) Oris gets access to more true and authentic information about the structure of the Universe and the role of human in it, which he reveals in the book series called «lissiidi», «The Great Message», «Immortality is available to everyone» and «lissiidiology Fundamentals». These book series are written as the quality of information that Oris received becomes more and more complex because it comes from deeper and deeper levels of the collective Subconsciousness. These more profound and insightful conceptions form basis of his own Self-Consciousness and he begins to find answers to complex cosmological questions that until then were expected to remain unanswered for people for many decades to come.

A more detailed and complete list of all books written by Oris is set out below. They are presented in chronological order as books were written.

All Oris's books in all available languages can be downloaded for free from **www.orisbooks.ru**.

**Compilation and preparation of material,
layout design, translation: Astiyraalls**



1992



Three-volume book «The karate Path - from apprentice to Master»

Moscow, 1992

Pages: 759

For the first time in our country is being taken an attempt to summarize the personal experience of the author, who gave most of his life to the study of the theory and practice of martial arts. The original materials concerning the psycho-physical training of adepts of martial arts are being presented. This books also touches the moral problems, traces the philosophical origins of karate-do, which have their origin in the teaching of Buddha. Even with the most detailed textbook it is impossible to become a master of karate. For this you need a Teacher. Then what is this book about? It contains the information, without which you cannot become a Master.

The author has for many years been seriously and deeply involved in the study of oriental martial arts: karate, judo, kung fu, dim mak (the art of delayed death). This three-volume book covers all stages of karate training - from the basics to the highest mastery, including dim mak and no-touch kicks (energy blows). It is an encyclopedic edition in three volumes. The basic techniques of defensive movements, hand and foot strikes are presented in detail. Also are being analyzed the mechanics of each movement, internal mental components, technique of passing relaxation phases and the concentration of energy. The book contains numerous photographs, diagrams and engravings.

VOLUME 1, CONTENTS:

- SECTION 1. The Path of Buddhism
- SECTION 2. The path of developing Eastern martial arts
- SECTION 3. Breath exercises in martial arts systems
- SECTION 4. Martial arts training systems
- SECTION 5. Theory and practice of basic karate and kung fu postures
- SECTION 6. A brief overview of some of the major natural weapons and how they are used

VOLUME 2, CONTENTS:

- SECTION 1. Theory and practice of «Uke-Waza» - defense techniques
- SECTION 2. Theory and practice of hand striking techniques
 - «Zuki-Waza» the technique of penetrating punches with hands
 - «Uchi-Waza» the technique for delivering chopping punches with hands



SECTION 3. The theory and practice of «Geri-Waza» — techniques of making leg kicks

Kick forward — «mae-geri»

Side kick — «mawashi-geri»

Kick to the side — «yoko-geri»

Kick backwards — «ushiro-geri»

VOLUME 3, CONTENTS:

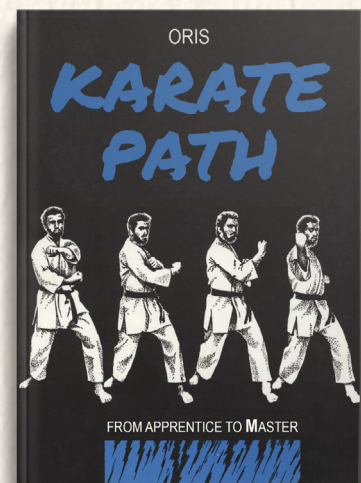
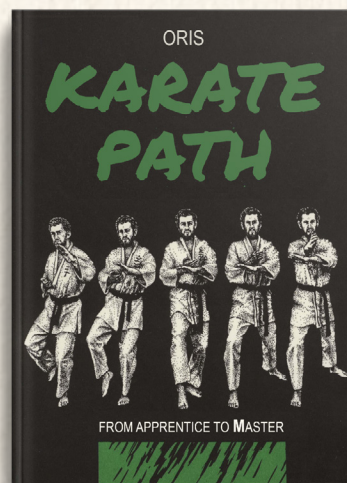
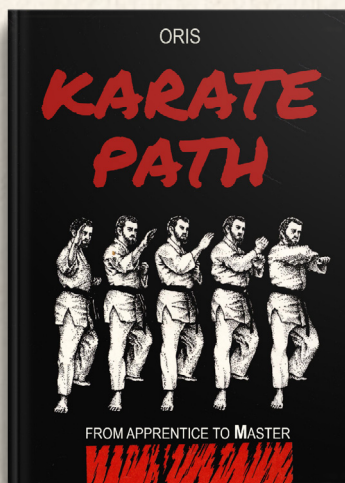
SECTION 1. Practicing combat with multiple opponents

SECTION 2. Pre-hospital care in karate classes

SECTION 3. Some ways to increase athlete's performance

SECTION 4. The Path from «the touch of delayed death» — to no-touch kicking

A brief glossary of basic terms, names, and designations



1996



«Dim Mak - the art of the poisonous hand»

Moscow, 1996

Pages: 211

The uniqueness of this book lies in the fact that it is the first attempt to combine the basics of energetics of martial arts, as well as a very specific technique of influence onto human nerve centers and the energy defeat of enemy at a distance.

The psychological, reflex-therapeutic and mechanical methods of increasing the athlete's capacity for work under increased loads are discussed in great detail.

Extensive Russian-Japanese and Japanese-Russian dictionaries are designed for masters who communicate with Japanese karatekas.

CONTENTS:

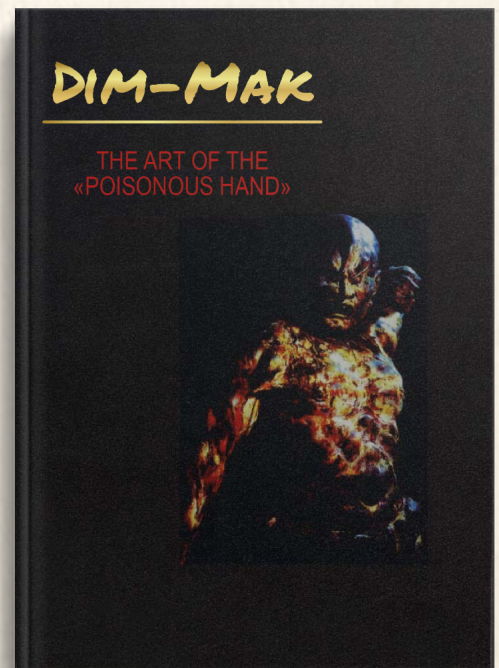
SECTION 1. Practicing combat with multiple opponents

SECTION 2. Pre-hospital care in karate classes

SECTION 3. Some ways to increase athlete's performance

SECTION 4. The Path from «the touch of delayed death» - to no-touch kicking

A brief glossary of basic terms, names, and designations



Book series «Initiation or the Path of a Warrior»

This series of books about «The Art of Dim Mak - the Art of Delayed Death» was written by the author in order to reveal all the nuances and details associated with the Kung Fu - Dim Mak fighting style, which previously in such depth and detail have not been described anywhere else.

«The Path of the Warrior and the Spirit of Initiation»

«The Spirit of Thought and the path to Meditation»

«Sickness and its healing with a Thought»

«The Spirit of sound»

«Healing with sound»

«The Spirit of Energy»

«Healing with Energy»

«The Spirit of breath»

«Healing with breath»

«The Spirit of movement»

«Healing with movement»

Yalta, 1991-1996



Separate books



«Wandering of the Soul» or «Life between Lives»

Moscow, Kiev, 1996



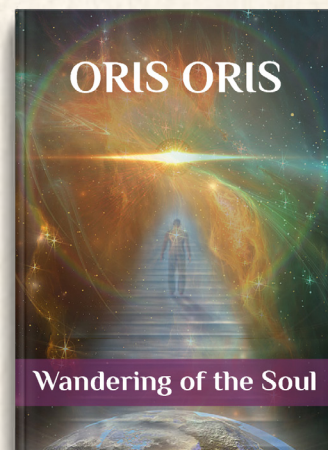
Pages:



The book not only introduces the reader to the problem of Death, but also considers the place of human in the Cosmic Hierarchy. You will learn about the Path of warrior and his attitude to Death, about the septenary composition of a human, about the overcoming the fear of Death, about the relationship between man and Egregors, about chakrams as natural channels of communication with other worlds. The book contains techniques and methods of entry into inner spaces and transition to other worlds.

CONTENTS:

Foreword
 Other Worlds
 Warrior and Death
 Meditation is «Death»
 Fear of Death
 The Art of Dying
 Human - Space
 Space and Time. Guide to other Worlds
 The Material Universe
 Man and Egregor
 Non-humans
 Cleansing from evil during life-time
 Journey in Time and Space
 Technique for entering inner spaces
 Methods of transition to other worlds
 Auto- or self- hypnosis
 Conscious dreaming
 The second way of exit
 Chakrams - natural channels of communication with other Worlds
 Muladhara
 Svadhithana
 Manipura
 Anahata
 Vishuddha
 Ajna
 Sahasrara
 Composition of the human
 The septenary composition of human
 From the author





A collection of poems «40 days of Hermitage»

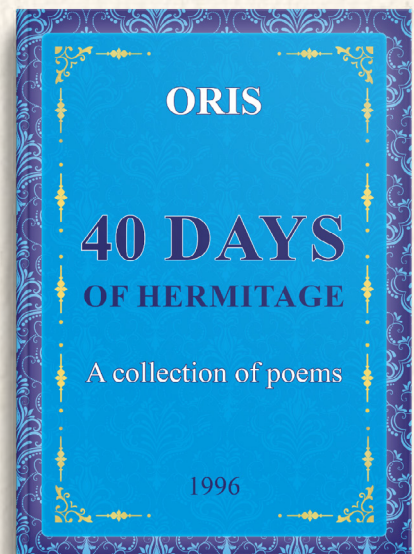
Yalta, 1996

Pages: 47

All poems in this book were written by Oris in 1996 in the Ai-Petri mountains, when he voluntarily took a vow of silence and lived for 40 days in a mountain forest, in a small space dug with a tin can between two rocks supporting each other, completely refusing food and any communication with people.

His inner reason for going to the mountains was the pressing, unyielding need in his Soul to try to cognize the Meaning of his present existence as deeply as possible and, if possible, to try to find the Essence of his own Spiritual Destination by conducting an inner dialog with his «Higher Self» and seeking opportunities to understand himself...

This book also contains an audio recording of these poems, which Oris recorded onto a tape recorder during this act of hermitage.



1997-2000



Thought and Meditation

Yalta, 1997



Pages:



Thoughts, unlike objects, do not belong to you: they come from somewhere else all the time, stay and interact with your Consciousness for a while, and then imperceptibly disappear to somewhere. Your thinking is the process of continuously synthesizing in your reality newer and newer Forms from the already known to you mental and sensual experience. Therefore for you the thinking process represents the «beginning» and the «end» of absolutely all of your desires - from getting some material benefits to achieving «higher» (according to your concepts) spiritual goals.

By mastering the art of mental transformations, you will have an absolutely real means of consciously controlling the material conditions of your earthly existence. By improving in this direction, your mentality can reach the point where it becomes possible to control the powerful factors of the natural elements of Nature, influencing not only the weather, but also such destructive phenomena as tornadoes, tornadoes, earthquakes, tsunamis with the power of your Mind...

CONTENTS:

Life is a product of the creative movement of thought

Every thought is material

Working with Thoughts

The Adept's teaching

How to become an observer

About conducting concentration classes

In life, we build everything with our Thoughts and Consciousness

About the practice of dream formation

Thought is a product of time

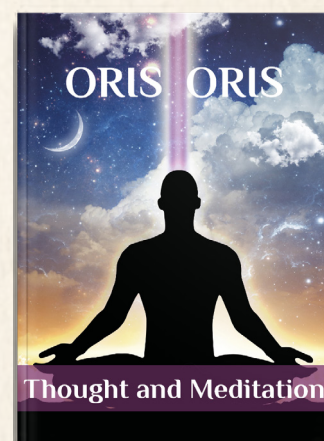
A technique for opening the «third eye»

Everyone lives in the world of their own dreams

How to go beyond Thought

About the creation of a Thought Form in Meditation

Practice





«Soul in the Zodiac»

Moscow, 1999



Pages:



The book «Soul in the Zodiac» continues and develops the subjects, raised in the book «Wandering of the Soul». In this book the author tells about his experience of Contacts with extraterrestrial civilizations, considers the model of the structure of the universe, in particular the worlds of spirits, hellish worlds, worlds of the solar system and other worlds and hierarchies.

The existence of the Soul in the transition between worlds, the archetypes of the astral and subtle worlds are covered in detail. In this book the reader will find the most complete answers to the eternal questions of human Existence.

CONTENTS:

Part One. Worlds of the Solar System

- Worlds of Religions
- Worlds of vedanta
- Worlds according to Buddhism
- The worlds of human
- Descending Worlds
- Ascending Middle Worlds
- Worlds of «doubles»
- The World of perfect Spirits

Part Two. Extraterrestrial Civilizations

- Civilization from the planet «Ceres»
- Civilization from the constellation Andromeda
- Civilization from the constellation Pleiades
- Civilization of silver «humanoids-balls»
- Civilization of green «humanoids-balls»
- Star Spirit Christ
- Guardian Angels

Part Three. The physical world

- Etheric layer
- Physical body
- Etheric body
- Animal community archetypes
- Astral body
- The Astral
- Aura of the Soul
- Evolution of the Spirit



Book series «Life between Lives»

Yalta, 1997-1998

What Oris writes about in this book series is the most detailed description ever written by human about the entire sequence of events undergone by the Consciousness of a dead person when he returns to his Heavenly Home, which has so many «abodes» that it is impossible for an ordinary person to even imagine.

Oris, using his many years of individual experience of astral travel, describes in detail the Astral and Mental realities he has explored, transforming the Incomprehensibly-Cognizable Existence into Knowledge that is comprehensible to almost every person, which leads readers to a gradual realization of the immutable Truth of their infinite Cosmic Existence.

Book 1. «Life without death» («The spirit of death»)

Yalta, 1997



Pages:

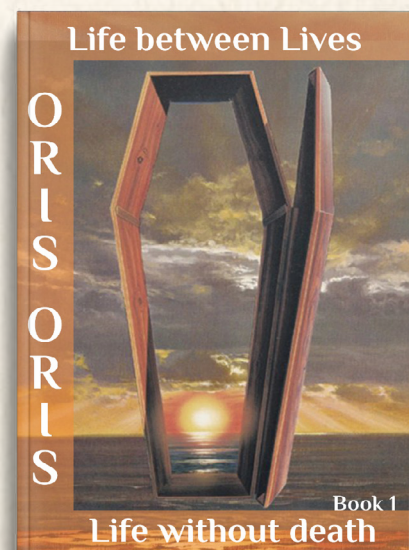


Who are you? How and why did you come to this cruel and alien world? Where will you go and how will you live after your loved ones have said good-buy to you on this earth? And will you really exist after that? These are constant questions. But they have answers. The secret of life and death irresistibly draws man to the realization of what he has long known, but what has remained a mystery and unknown.

If you need answers to these eternal questions, if you can no longer live without understanding them, then this source of knowledge is for you.


CONTENTS:


Death is the beginning of Life
 Death and religion
 Life is the path to immortality
 Death is the form of Life
 Dialogue with the Teacher
 Warrior and Death
 Warrior and suicide
 The fear of Death




Book 2. «Soul and the Cosmos»

Yalta, 1997

 Pages:

 When confronted with the constant choice between Good and Evil, man is lost and does not always think about whom exactly with his every choice and action he serves: God or Satan? To help the reader to choose, the author tells in details about Egregors - astral entities, adapted to living in both as in positive so and in negative poles of Existense, which are mainly determined by the nature of Egregor itself.

 The author helps to understand all the subtleties of this topic, showing using examples the activity of «devil's Egregors», explains to what can lead the spiritual ignorance and thoughtless worship of material symbols, which all lower the human consciousness to the level of sorcerers, magicians and so-called non-humans.

How can we cleanse ourselves from the astral dirt of our own ignorance, which degrades our spiritual Essence and puts us on the same level as wild animals? How can we in Life take care of favorable conditions of our postmortem existence? This and much more is discussed by Oris in his second book «Soul and the Cosmos».

CONTENTS:

From the author

Man - Cosmos

Space-Time

Time is a thought

River of Time

Time factors

«Black holes» - sources of Matter of the Anti-World

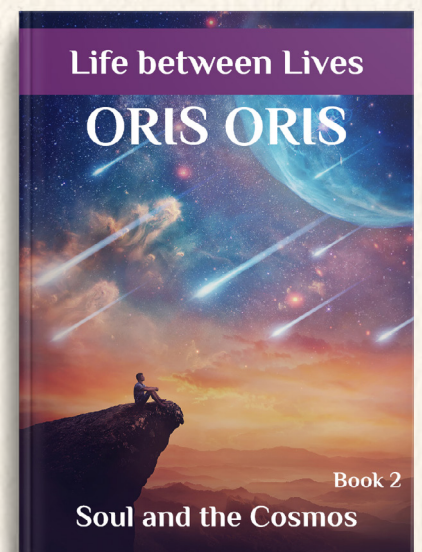
Material Universe

The Soul in the Egregor

Egregors and people

The Devil and his demonic Egregors

Egregors and the Soul





Book 3. «Soul in other Worlds»



Yalta, 1997

Pages:



Always when people speak of «other cosmic thinking civilizations» they usually mean either the intelligent populations of other planets, the so-called «brothers in mind» or something very abstract and vague. But for some reason no one ever thought that these very «thinking civilizations» could be OURSELF, but only OURSELF located at other levels of OUR development, in other conditions of Existence, in the past or future space-time structure, in other circles of OUR human civilization's time field.

All so-called «other worlds» should not be perceived as something alien and unknown. There is no dividing barrier between «this World» and the many «other Worlds». On the contrary, all that exists is one single Divine Being.

You will learn about this and much more from the third book «Soul in other Worlds».

CONTENTS:

From the author

Worlds of Solar systems

Worlds of Religions

Worlds of Vedanta

Worlds of human

Worlds of Heaven

The worlds of those who listen to the voice

Worlds of self-directed to enlightenment

Bodhisattva's Worlds

Buddhas 's Worlds

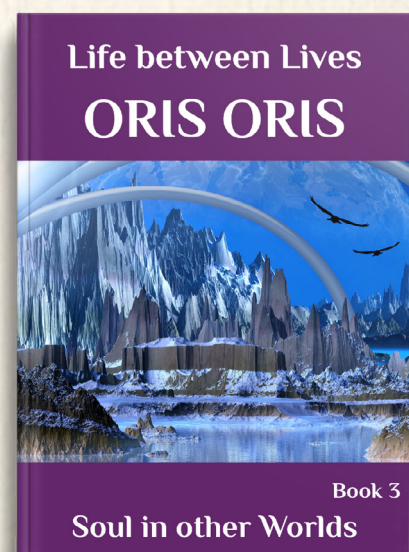
Descending Worlds

Hell Worlds

Ascending Middle Worlds


Worlds of «doubles»


The World of perfect Spirits



Book 4. «Aliens»

Yalta, 1998

 Pages:

 This book may seem unbelievable and dreamy to the reader, but those who have ears to hear will find confirmation of their thoughts and hopes and proof that we are not the only people in the cosmos.

The time has come to meet those who have been invisibly present around us for millions of years, sending signals of their invisible existence. May each of you perceive this book the way he or she feels! For some, it may be perceived as a fairy tale, and for others, as information for reflection or as a guide. In this way, the main goal of this book will be achieved, because you will know the Truth, and what to do with that Truth is everyone's personal choice.

This book represents the least amount of information about the author's many Contacts with other cosmic civilizations and the information that has been received from Those whom the author calls The Universal Teachers.

CONTENTS:

From the author

Message from the Demiurge of the World

Humanoids of the constellation Regulus

Civilization from the planet Ceres

Civilization from the constellation Andromeda

Civilization from the constellation Pleiades

An urgent message to earthlings from representatives
of the constellation of Pleiades

Ora's Message to the Earthlings

Aalan informs the people

Civilization of silver «humanoids-balls»

The Tunguska Mystery or once again about non-humans

Civilization of green «humanoids-balls»

A message from Lord Maitreya

Christ the Superstar

Aliens testify

Albellic's Messages

Ramasanta reports

Makkearland reports

Araaragot reports

Oris's dialogue with Allaagor the
andromedian

Guardian Angels

Message from Archangel Michael

Message from ELOCHEM to the

People of the Earth

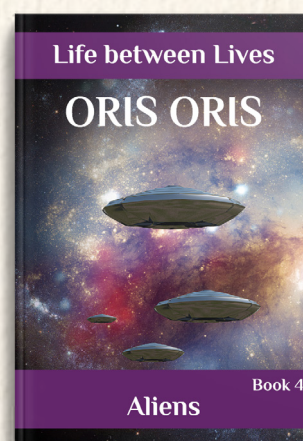
Message from Archangel Uriil

Message from Archangel Gabriel

Message from Archangel Metatron

Message from the God of the Sun

Ascending worlds



Book 5. «The technique of Astro-Travel. Chakrams»

Yalta, 1998



Pages:



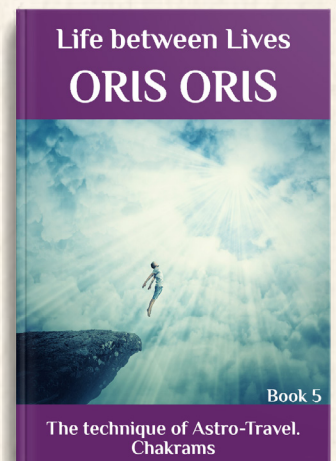
In this book the author continues his exploration of the world around us and tries to unravel one of the most unexplored mysteries of nature – the human. After all, only by knowing ourselves we can come closer to knowing God and His Mysteries.

Who are you and what are you doing on this planet? What is the point of your being here? Where will you go after people say about you, «He's dead...»? And in general, will there be anything left after Death other than the memory of you? All these questions will be answered through the author of this book by his Teacher, who has undertaken the mission to give a thorough introduction to the mankind on Earth to the problem of so called «post-death existence» of a human.

CONTENTS:

The double of human and the Earth's Noosphere
 The travel in Time and Space
 Techniques for Entering Inner Spaces
 Methods of Consciousness Transition to Other Worlds
 Relaxation
 Auto- or self- hypnosis
 General scheme of self-hypnosis
 Conscious dreaming
 The second way of exit
 Danger of possession during astro-travel
 Chakrams are natural channels of communication with other Worlds

Muladhara	Vishuddha
Svadhithana	Ajna
Manipura	Sahasrara
Anahata	Composition of human



Book 6 «Man and his Soul»

Yalta, 1998

CONTENTS:

Composition of the human	Etheric Body
The septenary composition of human	Archetypes of the Ethereal World
The physical World	Archetypes of animal communities
Etheric layer	The Astral Body
Physical body	The Astral





Book 7. «Soul in the Zodiac»

Yalta, 1998



Pages:



In this book the author tells us that the entire world around us is a single system, and the parts of which are in very close relationships and interconnections, and that the entire Universe is subject to unified rhythms and unified cycles. Some of these cycles began at the creation of the Worlds and determine the Evolution of the Universe as a whole. Others determine the course of geological processes that change the face of our planet and, in turn, also affect the development of all mankind, the emergence and collapse of terrestrial civilizations.

The nature of all these influences, both global and individual rhythms, on the objects of the World is determined by the laws of the Zodiac, whose symbolism is much deeper than many novice astrologers think. In addition, in each cycle we can distinguish twelve basic and twelve current phases or micro-cycles, the characteristics of which are also associated with the passage of the Soul along different qualities and with the zodiac symbolism.

This book, as well as all the other books by Oris, is intended for those readers who seriously, deeply and with a sincere desire want to understand on their own everything that relates to the problems of Life and Death, who see in their impending Death not the most terrible and dangerous enemy, but on the contrary, a reliable adviser and a friend.

With Oris's books, Death is transformed from a frightening adversary, from an unfortunate failure or fatal mistake in the Universe into one more, another Transfiguration, to which we have already been subjected more than once.

CONTENTS:

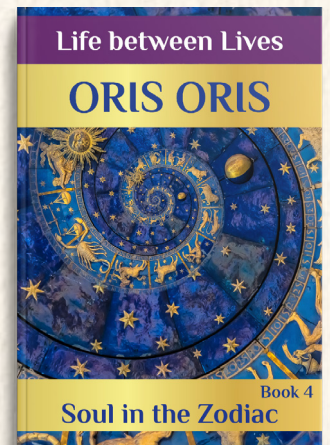
Soul in the Zodiac

The Fiery face of God: Leo, Sagittarius, Aries

The Airy face of God: Aquarius, Libra, Gemini

The Watery face of God: Scorpio, Cancer, Pisces

The Earthly face of God: Taurus, Virgo, Capricorn



Book 8. «The art of dying»



This book consists of 5 parts.



Pages:

The author has tried to give the most detailed answers to specific questions through his many years of experience of independent out-of-body explorations of the Ethereal World: how to die correctly? How to learn to accept your death in time? How the transformation of subtle bodies takes place during the post-mortem transition?

This book, describing in the most detailed way the changing state of a person's Consciousness during the process called «dying» and his Soul's presence in various



vibrations of the energies of the Astral, is also a kind of manual of religious therapy and eschatological psychosurgery, carried out through the most detailed texts of “Instructions” read by relatives for the dying ones or an already dead person in order to strengthen and awaken his Consciousness before the Transition to the Other World.

Among other things, this book can safely be classified as one of the most detailed travel guides to the many realms and spheres of the Ethereal World, which we commonly refer to as the «afterlife».

«The art of dying-1»

Yalta, 1998

Pages:

CONTENTS:

The Author’s Foreword
 Meditation on Death
 Meditation on Dying
 Jati Smaran Introduction
 Jati Smaran Meditation
 The Astrosome and Meditation

«The art of dying-2»

Yalta, 1998

Pages:

CONTENTS:

The Author’s Foreword
 The Mystery of Death
 The Postmortal Path
 The Egyptian Book of the Dead
 The Tibetan Book of the Dead
 «Mors certa, hora incerta»
 The Fear of Death
 Overcoming the Fear of Death

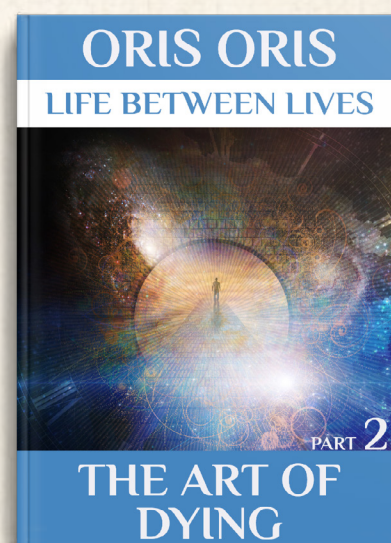
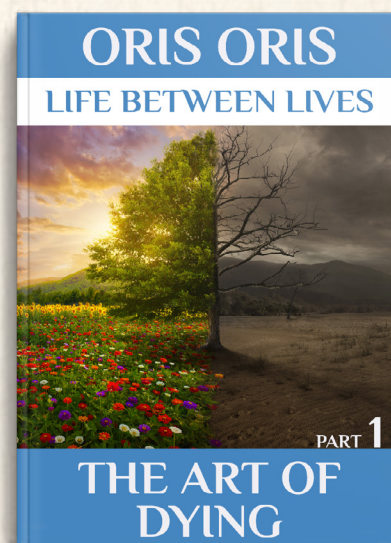
«The art of dying-3»

Yalta, 1998

Pages:

CONTENTS:

The Author’s Foreword
 Metamorphosis of Death
 The Preparation for Death
 Nobody Dies



Dying

Stages of dying

The moment of death

Signs of the coming of Death

A conversation with the Teacher

«The art of dying-4»

Yalta, 1998

Pages:

CONTENTS:

A Brief review of the diversity of Forms and types of dying

Dying is a completion of the Earth's form of suffering

Death is not the end of dying but the beginning of a new Life

Death of the non-humans

The Soul and its impulse Ring

The first phase of the transition: «The point of silence»

The second phase of transition: The tunnel effect, the bright light

The Assistants

Gradual awakening

Parting words to the dying person

For the dying one

The following text may be read for the one who has deceased

The funeral

The prayer for the deceased

The prayer for the release of the Soul

The prayer for the after the release of the Soul

«The art of dying-5»

Yalta, 1998.

Pages:

CONTENTS:

The first steps of the soul in its postmortal life

Planes and levels «of the other World»

Some peculiarities of Existence «in the other World»

Meetings with my mother

Love «beyond the veil»

Spiritual Families

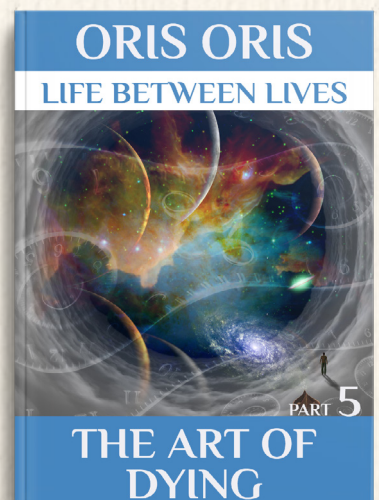
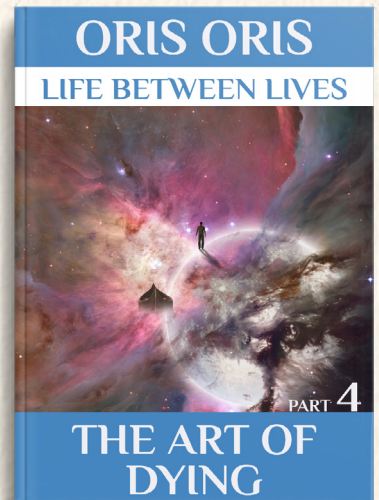
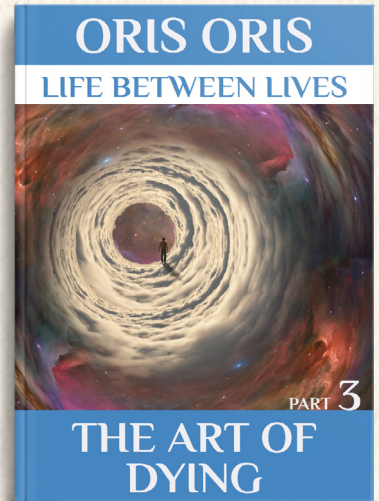
The description of «a City of Light»

What do the deceased do?

Awakening

First hours after death

Death is the return to God, return to Love





Book 9. «Soul in the Astral»



Yalta, May 1999

Pages:



Although much has been written about the Ethereal Worlds, none of it corresponds to even a thousandth of what these levels of ethereal reality actually represent, where the human soul also enters after its final release from the heavy anchor of the physical body. It took Oris years of Life to begin more or less freely navigate among the countless realities of the so-called “other World”.



The author generously shares these observations and out-of-body explorations of the Astral World with readers on the pages of this book.

CONTENTS:

Realities of the Ethereal World

The Mobius sphere and wave length

Thought and Reality

Structure of the Astral

Inhabitants of the Astral

The thought-sensory basis of the Astral

Structure of the Earth's Astral

Inferior parallel worlds

Types of possessions

The Demonic army of the Astral

Demons

Incubi and Succubi

Lilith

Imps

Golem

Dubbuk

Homunculus

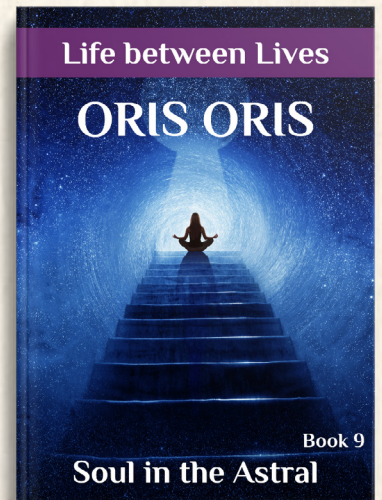
Mermaids

Gremlins

Vampires

Werewolves

Astral Activity of the ones who are alive



Book 10. «Inhabitants of the Astral»

Yalta, May 1999

CONTENTS:

Elementals

Elementers

The Thought-Forms



Book 11. «The evolution of humanity»

Yalta, May 1999



Book 12. «Anti-Worlds and Purgatory»

Yalta, April 1999



Pages:



In our truly apocalyptic and mind-blowing age of an unprecedented crisis of conscience in the spiritually and morally bankrupt humanity, which is writhing and fooling around on the fire-breathing volcano of the Transfiguration of the Earth, Ori's books about the immortality of the human Soul act as a sobering and saving call, trying to wake the dormant hearts.

On the pages of this book you will find for yourself spiritual pearls with the simplest and clearest answers to many eternal questions about man's true place in the Universe and about the higher meaning of human existence on Earth.

This book talks about the nature of the Earth's anti-Worlds and their inhabitants.

CONTENTS:

The Anti-Worlds

Hoahs and Ungs

Structure of the Anti-World

Hierarchy of the Anti-World

Administration of the Anti-World

Demons - the masters of Nature

Demons of local influence

Realities of the Anti-World

Features of the Anti-World

The races of Antics

Distinguishing Characteristics of Incarnated Ungs

Magic of the Anti-World

Purgatory

Maflocks are the fallen spirits

Spheres of the Hell

Spheres of the anger and rage



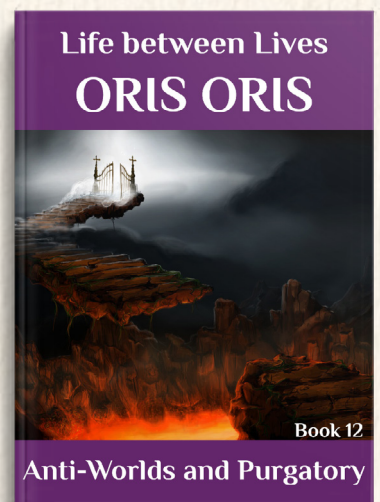
Book 13. «Ordeal of the Soul»

Yalta, August 1999



Pages:

As long as man is alive, he gives little thought to WHAT awaits him, perhaps in the next second: after all, how many beautiful lines broke off in mid-sentence, and how many good deeds were not destined to come true only because people in their busy every-day life keep putting off all the best and the most necessary,



forgetting that in the next moment they may not have that «later» at all. How many lost opportunities for the most simple manifestation of Kindness and Love towards each other have never been realized, and how many unspoken beautiful words have fallen into nothing!

This book is not about Death, but rather about HOW to restructure your whole life now, immediately, so that you can meet every next moment of your earthly existence without disappointment, despair and grief.

CONTENTS:

Peculiarities of reincarnation

Peculiarities of thinking

The Sphere hungry spirits

 The post-mortem fate of gluttons

 The post-mortem fate of drunks

 The post-mortem fate of vivisectors and flayers

 The post-mortem fate of women who had abortions

 The post-mortem existence among the mafloks

Suiciders and the victims of «accidents»

 The history of suicide

 The nature of suicide

 The post-mortem fate of accident victims

 The principles of exiting Hell

The Neutral Zone

 Collective animal Souls

The World of «Doubles». The mafits

The Fourth Division of the Astral. The mahoits

The Third Division of the Astral. The lamites

The Second Division of the Astral

The First Division of the Astral



Book 14. «Hell and Purgatory»

Yalta, 1999

Pages:

CONTENTS:

The Soul in the Nine Circles of Hell

Inhabitants of Hell

The mafloks

The mafits

The machoites

The lamites

The Neutral Zone

Collective animal souls





Book 15. «Soul in the Higher Worlds»



Yalta, August 1999



Pages:

What Oris writes about in the book series «Life Between Lives» is the most detailed description, ever written by man, of the entire sequence of events undergone by the Consciousness of a dead person when he returns to his Heavenly Home, which has so many «abodes» that it is impossible for an ordinary person to even imagine.

Oris, using his many years of individual experience as an astrologer, describes in detail the Astral and Mental realities that he has explored, transforming the Incomprehensible-Cognizable Existence into Knowledge that is comprehensible to virtually every person and leads to a gradual realization of the immutable Truth of human's infinite Cosmic Existence.

CONTENTS:

Harmonious Realities of the Mental

The Paradise

Life activity and thought-creativity in the Paradise

The energy structure of the MENTAL BODY

Characteristics of people with an underdeveloped mental body

Characteristics of people with a moderately developed mental body

Spatial «geography» of the area of a specific thought

Prototypes of terrestrial forms

Mental compensation levels

The «Second Heaven» of Christians

Characteristics of the main Energy-Informational Spheres of the Mental

The seventh sphere (outer)

The sixth sphere (preparatory)

The fifth sphere (balancing)

The fourth sphere (central)

Realities of the levels of abstract thought

The «Third Heaven»

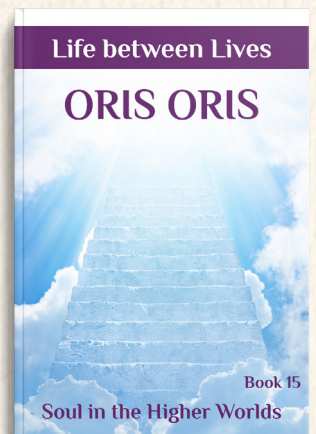
The Cities of Light

Descriptions of some of the Cities of Light

Higher causal realities of the Second and Third Earth

Globes of the Earth

Afterword



Book 16. «Soul's preparation for a new incarnation»

Yalta, 1999



Book 17. «Apocalypse»

Yalta, August 1999

СОДЕРЖАНИЕ:

Earth's future until 2147

Cataclysms

The coming of the Forerunner and the Antichrist to the Earth

The Fate of Russia

The Golden age

The Sixth human Race



Book 18. «Humans and Non-Humans»

Yalta, 1998



Pages:



Never before has the Mystery of the Creation of our World and the tragic role that Lucifer, one of the most highly spiritual First Consciousnesses of the Logos of our Universe, played in the history of the birth and development of mankind on our planet in such detail been revealed to people.



The purpose of this book is to give you the Knowledge which will help you to understand who is the God and what place in Him belongs to the forces which people call «Satan», «devil», etc. What energy-informational niche do they occupy in the Earth's Space and what form do they take (and if they have a form?) in reality?

CONTENTS:

Non-humans

The Mystery and Tragedy of Lucifer

Cleansing from evil during life-time



Book 19. «Soul in Hell»

Yalta, 1998

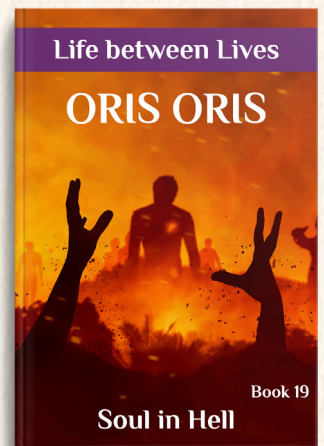


Pages:

Fear of Death is the individual's fear of losing himself, the fear of the need for further evolution. Man is most afraid of the unknown, but it is the unknown that makes a man to conquer his fear again and again. Many people are totally unaware of the infinite variety of levels of Consciousness in their own nature and whatever the author of this book may say to them about it, it will still not help them to understand it.



But there is still a small, even a tiny one-thousandth part of humanity which is the reason why all this knowledge about the true picture of Existence after Death is given. For the Transfiguration of this small part of mankind a small group of Star-Born Ones have specially incarnated and agreed to become conductors between the awakening Consciousnesses of the Earth and the Consciousnesses of the spiritual Teachers from Sirius and Pleiades. To each thousandth of the incarnate Earth's humanity Oris addresses in his books.



CONTENTS:

Life of the Soul on Different Planets

Pluto
Uranus
Moon
Mars
Neptune

The Hell and Purgatory

«Astral shells» and ghosts

The Hell

The «geography» of hell

The Nine Circles of Hell

Soul in the first circle
Soul in the second circle
Soul in the third circle
Soul in the fourth circle
Soul in the fifth circle
Soul in the sixth circle
Soul in the seventh circle
Soul in the eighth circle
Soul in the ninth circle



Book 20. «Soul in Other Worlds 2»



Yalta, 1998

Pages:



CONTENTS:

Stereotypical worlds of the Astral («maklaks», «vergons», «Glumids» and «mafits»)

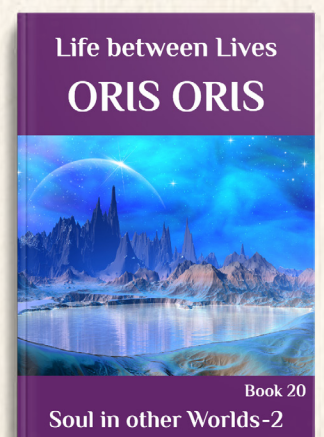
The fourth division of the Astral («shorts», «kloks», «glepmins» and «mahoints»)

The third subdivision of the Astral («pravinians», «eldonians», «kakrikons» and «lamites»)

The second sub-division of the Astral. First Heaven

The first sub-plane of the Astral. Second Heaven

Jupiter
Saturn
Mercury
Venus
Proserpine
The Mental
Laws of the mental



Book series

«Extraterrestrial Contacts»

In today's world there is a lot of information about UFOs, about the meetings of individuals and even whole governments with aliens, as well as materials of telepathic Contacts with representatives of various extraterrestrial civilizations, etc. Unfortunately this information, while passing through different dimensions to us, in our three-dimensional world, is often subject to very strong distortions and is very often misunderstood by us due to the specifics of our three-dimensional way of thinking.

Offered to you materials of Oris's Contacts with the commanders and crew members of the Sirius-A and Sirius-B starships, as well as with other extraterrestrial Consciousnesses and Civilizations, including the Consciousness of Christ, Lord Maitreya, God of the Sun (the Logos of our Solar System), Elohim (the Creators of our Universe), and the four Archangels (Michael, Uriil, Gabriel and Metatron), are unique because they are literally received «first-hand» and contain very valuable information, useful for all humanity, which lives on the eve of the Transfiguration of the Earth.

The Pleadians and Siriusians, who are the true spiritual Teachers of Earth's humanity, are happy to share with us the knowledge without which we earthlings cannot emerge from the endless series of earthly incarnations and join as equals the extraterrestrial civilizations that are part of the «Commonwealth of the Light Ring» on the expanses of Cosmic and Galactic Creativity.

About this and much more you can learn from this book series called «Extraterrestrial Contacts».





Book 1. «Teachers from Pleiades report»

Yalta, 1998



Pages:



Such concepts as «Cosmos», «Higher Intelligence», «UFOs», «aliens», etc. have now firmly established in our Consciousness, and we can no longer imagine ourselves, our planet and our entire existence in isolation from the rest of the universe, from the hope of a promising direct contact with brothers in Mind.

Who are they, our teachers, what do they teach, what do they look like, and what do they want from us? In this book you will find answers to these and many other questions.

CONTENTS:

From the author

Teachers from Pleiades report

First Appeal of The Demiurge of the World

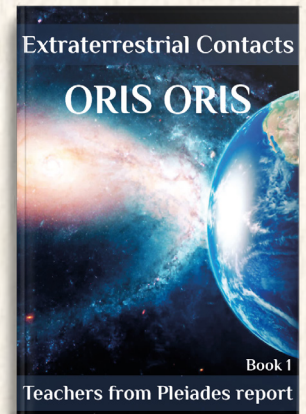
Appeal to earthlings from representatives of the Constellation of Pleiades

Ora's Appeal to the earthlings

Aalan's Appeal to people

Albellic's first Message

Albellic's second Message



Book 2. «The crew of the Starship Sirius-A reports»

Yalta, 1998



Pages:



In this book, the Pleiadians and Siriusians, who are the true spiritual Teachers of mankind, gladly share their knowledge with us, without which we, the earthlings, would not be able in the very short time that remains before the Transfiguration to come out of the many thousands of years of hibernation and to make the necessary number of timeless passages in the impermeable thickness of the Collective Consciousness, necessary for the so called «shift of the paradigm».

CONTENTS:

The crew of the starship «Sirius-A» reports

Albellic's third Message

Ramasanta's first Message

Ramasanta's second Message

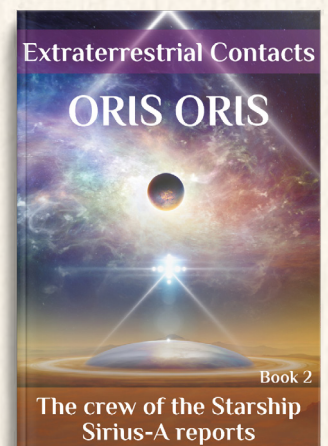
The First Universal Law of Cosmos

The Second Universal Law of Cosmos

The Third Universal Law of Cosmos

The Fourth Universal Law of Cosmos

Albellic's fourth Message



Book 3. «The crew of the Starship Sirius-B reports»

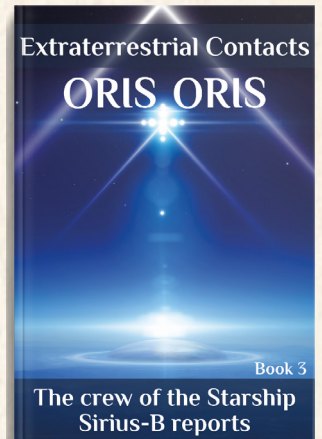
Yalta, 1998



Pages:



The next ten to fifteen years are predicted by extraterrestrials to be very informative and interesting for humanity. We will see how our so-called «unshakable reality» will begin to be rapidly turned upside down before our very eyes. Already the world does not seem as solid and unbreakable as it once did. And very soon we will all be witnesses and direct participants in a worldwide spectacle of Chaos and Confusion. The foundations of all our cultural, religious, philosophical, and scientific Paradigms, which have served us so far invariably as an image of the «real» World, in a matter of years, will crack and begin to crumble before our very eyes.



The reality of the New Age is within us, and main changes that we have to make must affect primarily our inner content, which, by freeing the Divine Light of our Souls from the millennia-old oppression of the Matter, will turn the mustiness and decay of our earthly cities into the unearthly glow of Beauty, which overflows the Cities of Light of the new, transfigured Earth.

CONTENTS:

The crew of the starship «Sirius-B» reports

- First Makkearland's message
- Second Makkearland's message
- Third Makkearland's message
- Fourth Makkearland's message
- Fifth Makkearland's message
- Sixth Makkearland's message
- Seventh Makkearland's message
- Eighth Makkearland's message

Book 4. «The Teachers of the humanity report»

Yalta, 1998



Pages:



Throughout all the history the humanity has been narrowing its perception of the Worlds from multidimensional, which includes all the subtle-material Spheres of the Astral, to three-dimensional, rough-material Level, thus not only limiting itself in the better understanding of the world around, but also completely destroying the possibility of free contact with the Consciousnesses of hundreds of thousands of other space civilizations, who actively create and work in the Cosmos.

Representatives of many of these Intelligent Civilizations have practically never left our planet, while other Higher Entities have been incarnated among people only for several millennia.



They have voluntarily shared and continue to share with us all the burdens of earthly incarnations and the very heavy human Karma, only to help with their Knowledge of the Truth and their personal experience, so that the people of Earth could more rapidly climb the steep steps of the Evolution Stairs.

CONTENTS:

The Teachers of the humanity report

Araaragot reports

Oris's Dialogue with Allaagor the Andromedian

The «Wanderer» reports

The first Message of the Wanderer

The second Message of the Wanderer

The third Message of the Wanderer

First Message of Christ, Lord Maitreya

Message from the God of the Sun

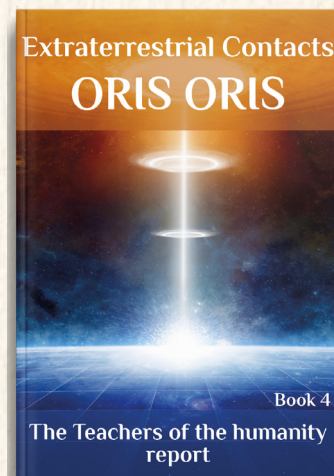
Message from Elohim to the people of Earth

Message from Archangel Michael

Message from Archangel Uriil

Message from Archangel Gabriel

Message from Archangel Metatron



Book 5. «Extraterrestrials»

Yalta, 1998



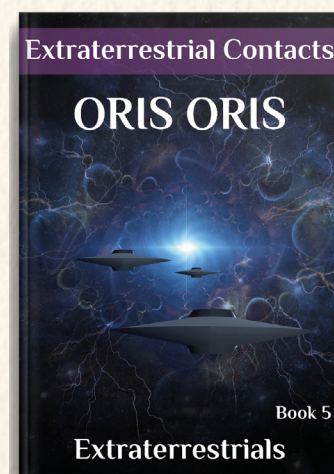
Pages:



They, the extraterrestrials, are working on our planet neither to conquer nor to enslave it, but with one single goal in mind: to slow down our rapid fall into the abyss of self-destruction, trying to bring to our Consciousnesses the moral, spiritual, social and scientific values accepted in the civilized Cosmos.

Those few people who are able to perceive their Word of Truth do everything possible, even impossible, to bring it to the half-asleep Consciousnesses of the rest of mankind.

Many «extraterrestrials» from Pleiades, Sirius, Andromeda and other civilizations of the «Light Ring» have been living among us for thousands of years, voluntarily giving up being in the Worlds of higher dimensions, just so that we, people of Earth, did not remain completely cut off from the Source, from Which all of us have come out, and to illuminate with the Knowledge of Truth the Path of spiritual ascent for Consciousnesses who no longer wish to



abide in the sleep of illusion and the darkness of ignorance. The Books of Oris are an example of this Service.

CONTENTS:

Extraterrestrials

Humanoids from the constellation Regulus

Mars and Martians

Civilization from the planet Ceres

Civilization from the constellation Andromeda

Civilization from the constellation Pleiades

Civilization of silver «humanoids-balls»

The mystery of Tunguska or once more about the non-humans

Civilization of green «humanoids-balls»

Christ the Superstar



Book 6. «On the eve of Armageddon»

Yalta, August 1998



Pages:



This book, in its uniqueness and value of the information it contains, is on par with the other Oris's books, continuing the subject of Contacts with Representatives of Worlds of Higher Levels of Existence.

Does The Christ Himself communicate with many people on the eve of the so-called «Last Judgment» transmitting specific recommendations? Has the Mother of God appeared to many to show them the way to salvation through Her Word in these terrible days of the approaching disasters and cataclysms? You just stop for a minute and delve into the rank of Those Who appeal to you – the Christ and the Queen of Heaven!

To ignore this information would be to close one's eyes, on the edge of the precipice, at the risk of being crushed to death. Is that what you want? Then read carefully, absorb and, opening the eyes of your Heart, draw your own conclusions.

CONTENTS:

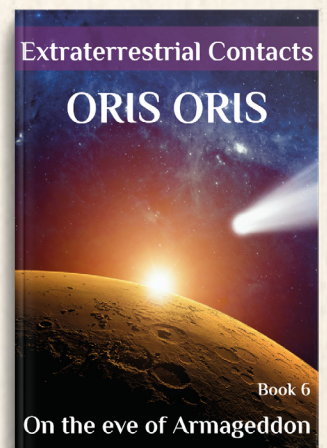
On the Eve of Armageddon

Second Message of Christ, Lord Maitreya

Commandments of Christ

The Word of the Queen of Heaven to the Adam's family

Oris's answers to the questions of the Swiss group of Star-Born





Book 7. «The beginning of Armageddon»

Yalta, September 1998



Pages:



The beginning of the Age of Aquarius. Nostradamus wrote: «I see a reborn and renewed Christ coming. And then there will come a long peace, unity and harmony among the generations of several races».

The process of division of people depending on the quality of their Consciousness has already begun rapidly around the world. It will soon lead to the final separation of mankind not by national, religious or party affiliation, but by the quality of their spiritual vibrations. People had more than enough time to change their lives for the better. But now there is no time even for a reflection.

Very soon there will be the first cataclysm of an unprecedented force, which will not only change the circumference of the Earth, but will also shift its magnetic poles. The Earth's axis, which is already in an unbalanced state, will change

and all this will cause continuous, endless cataclysms. Earthquakes and floods will become a common thing, and long and extensive fires will engulf the entire planet.

Today we are no longer «slipping into the abyss» or «standing on its edge», as economists and politicians reassure us; we are already flying into the abyss with great acceleration, and no one gave us wings to wave and soar upward to avoid death, or rather, God in fact did, but we have all forgotten about them.

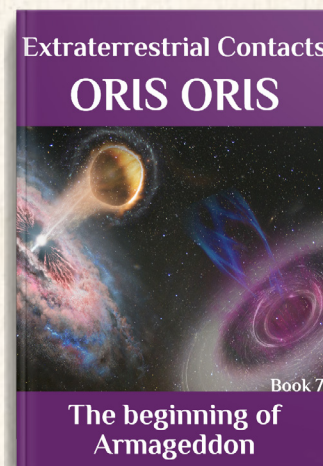
CONTENTS:

The Beginning of Armageddon

Ramasanta's third Message

Albellic's fifth Message

Oris's answers to questions from the Swiss group of Star-Born



Book 8. «Quo Vadis»

Yalta, January 1999

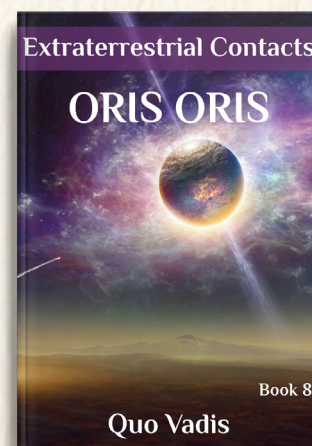


Pages:



The crew commander of the Sirius-A starship Albellic continues to share with humanity on Earth through Oris the knowledge about the last times of the physical incarnation of the Planetary Entity and its preparation for the spiritual Transfiguration.

By answering Oris's questions, Albellic describes in detail WHAT a human being really is, what are his true capabilities and what



are his immediate prospects on this planet.

CONTENTS:

Quo Vadis

Albellic's sixth Message

Albellic's seventh Message

From Oris's letters to the incarnate Star-Born



Book 9. «The Word of Transfiguration»

Yalta, 1999

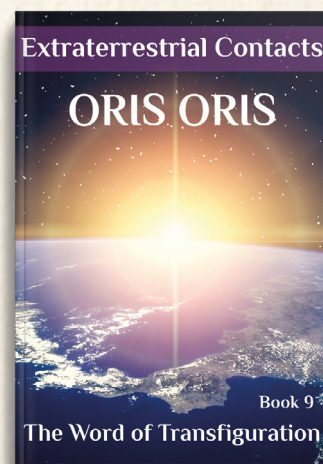


Pages:



Holy Mother of God, save us! - This is what the prayer to the Blessed Virgin asks for. But the same people disbelieve and slander, avoid and remain indifferent when the Living Virgin herself speaks to them and tells them about the ways of their salvation. «Hypocrites», says the Queen of Heaven to them, «get to know what Heaven looks like, and why do you not know the signs of the times? Prepare yourselves, people, as truly the day and hour of the Judgment of this world has already come».

In August Our Lady transmitted the first part of Her «WORD» through Oris, and on January 13 and 19, 1999, through the same channel She transmitted the next two parts and commanded to compose from Her «Word» a supranational «Gospel of Transfiguration», which was published as a separate book «The Gospel of Transfiguration by the Mother of God» (see below).



CONTENTS:

The Word of Transfiguration

The Word of Proclamation of the Mother of God

The Word of Transfiguration of the Mother of God

Second Message of the Demiurge of the World

From the prophecies of the end times



Book 10. «The New Earth»

Yalta, June 1999



Pages:



After the release of previous books in this series, letters to Oris from all over Russia, Belarus, Ukraine, and after the publication of his books in German and English - from Europe, England and the United States, come in an endless stream.

Because of lack of time, the author is not able to answer all of the numerous questions asked by readers. But the more important questions are answered in



this and the following books of this series.

Also in this book the author publishes the Third Message of Christ-Maitreya on the eve of the Transfiguration of the Earth.

CONTENTS:

The New Earth

Third Message of Christ, Lord Maitreya

Oris's Answers about the Transfiguration

Immediate perspectives of humanity

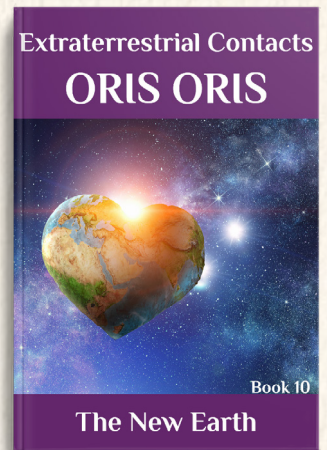
Physical atlas of the New Earth

Analogies of human death with Earth's Transfiguration Processes

Meditative practice of working with the elements

The genetic diversity of humanity

Questions and answers



Book 11. «Messages from Heaven»

Yalta, July 1999



Pages:



This book by Oris introduces the reader to another set of Messages from the Representatives of the Supreme Cosmic Mind on Earth - Lord Christ-Maitreya and the Commander of the crew of the Sirius-A starship Albellic.

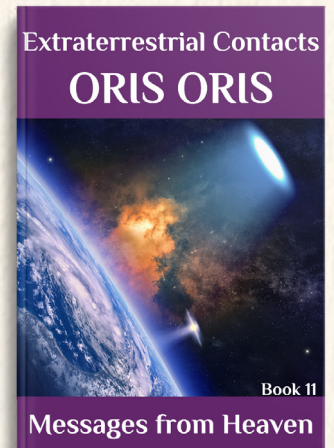
This is the most recent material of Oris's Contacts, received by him on the eve of his departure, along with six other Star-Born, for a 44-day Meditation and purification of body (the energy conductors) with the water on the Ai-Petri Plateau.

CONTENTS:

Messages from Heaven

Fourth Message of Christ, Lord Maitreya

Albellic's eighth message



Book 12. «The Transmutation Diary»

This book consists of four parts.



Pages:



From 7.07 to 19.08.1999 a group of Star-Born Consciousnesses under the leadership of Oris, implementing specific recommendations received from Albellic during Oris's Contacts with Him (choice of place, modes of accommodation, stay and meals, exercises, themes and methods of work in Astral, etc.), was in Crimea, on the plateau Ai-Petri, to conduct general Meditations and joint work on the Subtle Plane with Jupiterians – Intermediaries of the First Order from the Pleiadeans side.

This diary was kept by Firoxanta and thoroughly edited by Oris before publication.

About what happened to them during this period, about transmutation, about the incredible events that happened on the Ethereal Plane, you will learn from this Diary.

«The Transmutation Diary. Part 1»

Yalta, 1999

Pages:

Tells about the events that took place from 07.07.1999 to 19.07.1999.

«The Transmutation Diary. Part 2»

Yalta, 1999

Pages:

Tells about the events that took place from 20.07.1999 to 31.07.1999.

«The Transmutation Diary. Part 3»

Yalta, 1999

Pages:

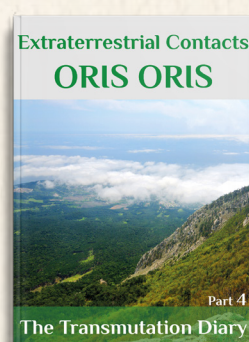
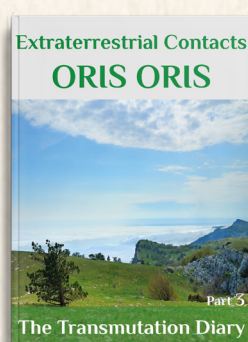
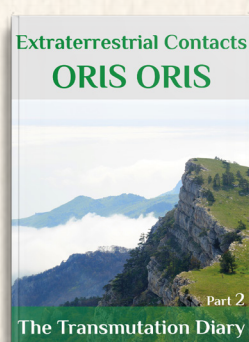
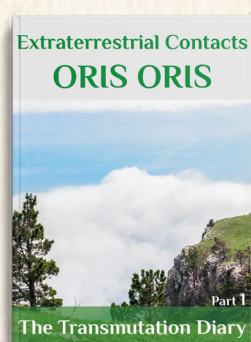
Tells about the events that took place from 08.01.1999 to 13.08.1999.

«The Transmutation Diary. Part 4»

Yalta, 1999

Pages:

Tells about the events that took place from 14.08.1999 to 19.08.1999.





Book 13. «All Contacts»

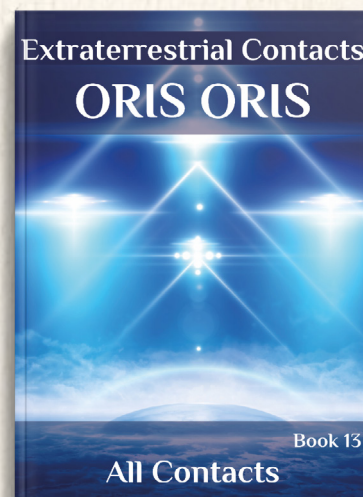


Yalta, 1999

Pages:



Out of all the huge number of Extraterrestrial Contacts made by the author, this collection contains the most relevant Contacts, in the author's opinion.



A collection of poems «40 days of Spiritual Solitude»

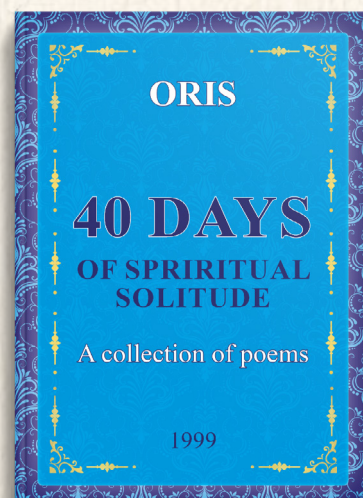
Yalta, 1999

Pages: 20

Poems presented in this collection are written by Oris during the period from the 7th of June until the 19th of August 1999, when he was on Ai-Petri Plateau with six other like-minded people, having once again taken a vow of silence and physical fasting.

This period is described in great detail in the book series consisting of 4 books under the general title «Transmutation Diary».

This book also contains an audio recording of these poems recited by Oris onto a tape recorder during this very act of Spiritual Solitude.



Book series «The Gospels»



«The Gospel of the Transfiguration from the Mother of God»

Yalta, 2002



Pages:

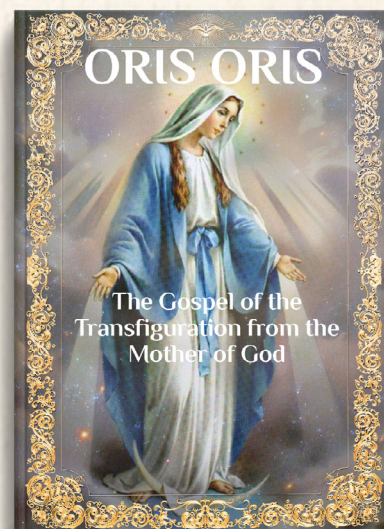


The word of the «Gospel of Transfiguration» was dictated to Oris by the Living Blessed Virgin Mary herself during Oris's meditations on January 13 and 19, 1999.

CONTENTS:

The Gospel of the Transfiguration from the Mother of God

The Word about enemies
 The Word about murmur
 The Word about Compassion
 The Word about Repentance
 The Word to My faithful ones
 The Word about Love
 The Word about infirmity
 The Word about Antichrist
 The Eve of the Last Judgment
 The Last Judgment
 The Beginning of the Last Judgment
 The Word of Proclamation
 The Crying of Our Holy Lady
 The Transfigured World



«The Gospel of the Transfiguration from the Christ»

Yalta, 2002



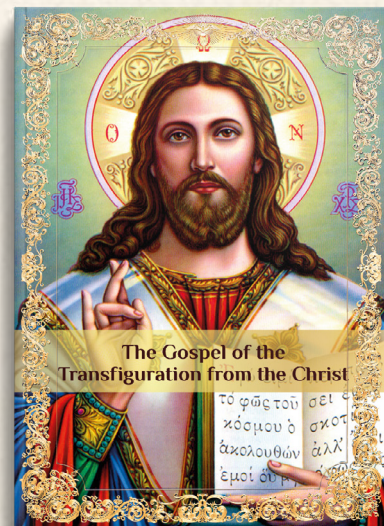
Pages:



Information received by Oris during direct Contact with the Christ Consciousness on August 19, 2000 and published by him on January 7, 2002

CONTENTS:

God's Word about the Transfiguration
 God's Word about Love
 God's Word about Wisdom
 God's Word about Death
 God's Word about the enemy of the human race
 God's Word about suffering
 God's Word about non-judgment
 God's Word about Faith
 God's Word about Repentance
 God's Word to My faithful ones
 God's Word about the Salvation of the Soul



2000 – 2008

Book series «Working notes»

In this book series are being published Oris's working notes made during his work on the book series called «lissiidi». Most of information outlined in these 4 books did not eventually make it into the final version of «lissiidi» series, hence it was decided to publish it separately.



«Chakram personalities and their influence on incarnated consciousness»



Yalta, 2000



Pages:



The author describes the essence of the concept of «Chakram personalities» and their influence on human consciousness through the psychic centers (chakras).

CONTENTS:

Chakram personalities and their influence on the consciousness of incarnated person

Padma and flames

A person's time field and the structure of his bilateral connection with chakram personalities

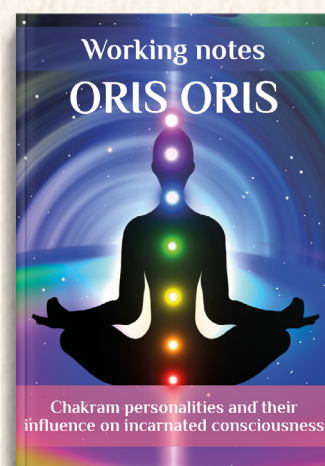
«You will not die, but you will change»

A new view on the human physical body

Spiritual and cosmic essence of a human

Significance of the vibrations of the tone names of the star-born for the acceleration of spiritual development

Chakram meditation



«Muladhara chakra (Argllaamuni-lissiidi)»



Yalta, 2000

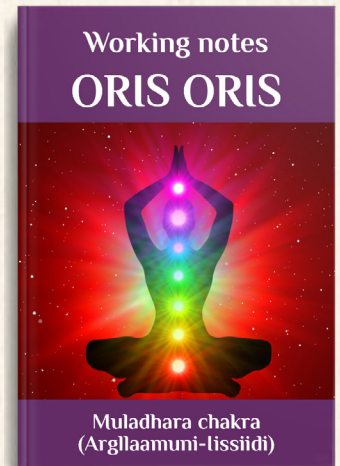


Pages:

Functionally, the Argllaamuni-center (Muladhara) is closely connected with the psychological abilities of the physical body, which provide survival of the physical body and protection of a person from unfavorable external influences. A big role in the activation of the whole immune system belongs to this lower center. Its normal functioning gives a sense of physical health, well-being, self-confidence and stability.



Imbalance and all kinds of muladhara «breakdowns» in the Aura, lead to the constant outflow of these energies and can cause a feel of insecurity, deep depression, lack of willpower, a sharp decline and energy loss, increased soreness in the lower and middle parts of the body, despondency and melancholy. This is particularly typical for those, who have not yet opened the karmic channels of the heart center or if karmic channels of the heart center are very weakly activated, which in order to switch the person to completely higher, spiritual levels of feeling and thinking. In such cases a person loses the purpose of his Life, as if he loses his roots and, purely intuitively, following the consciousnesses of the organs and body systems, completely surrenders himself to the satisfaction of his own lower desires in order to replenish the energies of the Argllaamuni center.



CONTENTS:

Muladhara chakra (Argllaamuni-lissiidi)

The colors, hues, and swirl sounds of Argllaamuni

The influence of the chakram mantra onto the consciousness and life of a person

Influence of word and music vibrations onto consciousness

Peculiarities of the geometry of Argllaamuni space

The «Lord» of the chakram

The specifics of the relationship of an incarnate person with the fragmented consciousnesses of the Argllaamuni-lissiidi

Qualitative Characteristics of the Levels of Fragmented Consciousnesses of Argllaamuni- lissiidi from first through seventh qualitative levels of Argllaamuni energies

Consciousnesses of the First Qualitative Level of Argllaamuni Energies

Consciousnesses of the Second Qualitative Level of Argllaamuni Energies

Consciousnesses of the Third Qualitative Level of Argllaamuni Energies

Consciousnesses of the Fourth Qualitative Level of Argllaamuni Energies

Consciousnesses of the Fifth Qualitative Level of Argllaamuni Energies

Consciousnesses of the Sixth Qualitative Level of Argllaamuni Energies

Consciousnesses of the Seventh Qualitative Level of Argllaamuni Energies

Work Methodology with Argllaamuni-lissiidi Chakram Personality

About the discharge of negative emotions





«Svadhithana chakra (Inglimilissa-lissiidi)»

Yalta, 2000



Pages:



The weaknesses of our sex education have led to the fact that most people, even if they feel a deep sensual attraction, instead of beginning a heartfelt spiritual exploration of each other in the process of intimate interaction and accumulation of sexual energy, instead, close their heart centers and turn the unique opportunity of highly sensual admiration into a trivial sexual act.

Unfortunately, the creators of the lower-astral and dense-material types of Reality benefit greatly from the fact that the prevailing majority of people completely incorrectly and perversely understand the very essence of SEXUAL INTERACTION. Sexual interaction in fact is a spiritual intimate process which, if properly understood, contributes to a stronger contact between a person and his inner Essence and contributes to a more highly-sensual and deeply soulful manifestation of the person.

Love is the real Symbol of the Age of Transfiguration that is coming on Earth! And the mysterious «sacred key» to the Gate of Spiritual Transformation is not somewhere in the cosmic infinity and unfathomable unknown, beyond our psychic capabilities, but in fact is located quite «nearby», or rather, in our own heart center AIGLILLIA, which is filled with the highest vibrations of Love literally towards every manifested aspect of the Life around us, including the strongest of all – the sexual one.

CONTENTS:

Svadhithana-chakra (Inglimilissa-lissiidi)

Mandala of Inglimilissa and its cosmic essence

Twelve-year chakram cycles

Sex and Astro-travel

Some notes for the section «Interaction of the sexes»

Some notes for the section «Sex and the pathological features of individual physiology»

Family, Sex and Spiritual Development

The technique of sexual-hearty transmutation of chakram energies

Sexual transmutation without a partner

Sexual transmutation with any partner

Sexual transmutation through watching erotic movies

Sexual transmutation with a loved one

A brief description of the main qualities of fragmented Consciousnesses Inglim-



ilissa-lissiidi from first through seventh Energy-Informational Levels of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the FIRST Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the SECOND Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the THIRD Energy-Informational Level of Realities of Inglmilissa-lissiidi

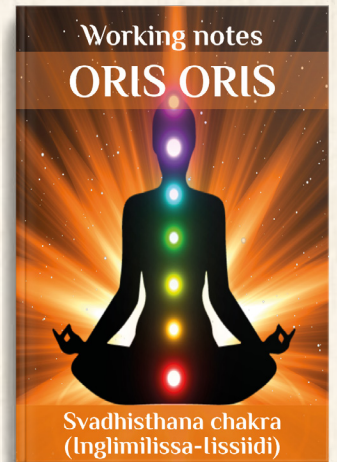
A Brief Characteristic of the Basic Qualities of Fragmented Consciousnesses of the FOURTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the FIFTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the SIXTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of Fragmented Consciousnesses of the SEVENTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

Methods for sustained alienation of self-embedded Chakram Consciousnesses from own astrosome



«Anahata chakra (Aigllilliaa-lissiidi)»

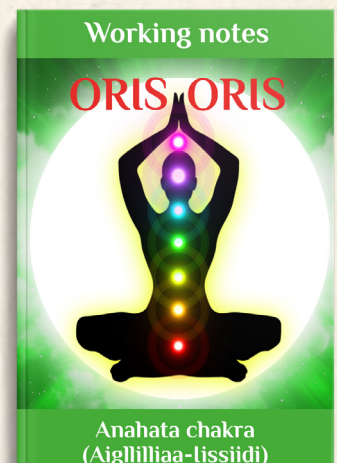


Yalta, 2000

Pages:



Oris describes his reflections about the so-called Anahat states and deepens the concepts of Kindness and Love, revealing their different shades depending on the presence of a greater or lesser selfish component in each of such manifestations.



Book series «ISSIIDL»


This series of books, from the first to the last pages, includes the most unique in meaning and the most important information, accepted by Oris after the year 2000 during his next direct Contacts with the Creators of Humanity: Algellis (Argllaamuni and Inglmilissa iissiidi centers), lillgmmii-I, (Aigllilliaa and Orlaaktor iissiidi) Lua-Andis (Ulgluu and Ssaassfati iissiidi), Greyli-Vin (Olgoolloni and Aani lissiidi), Slliangsmiii (Raaklima and Uluuguma lissiidi), Sslaaiingsa (Svaagali and Eyyaaa lissiidi) and Ssniillgsa. These Cosmic Entities represent personal Interpretations of Oris at the levels of the collective Subconsciousness, Supraconsciousness, Ultraconsciousness, Superconsciousness, Hyperconsciousness, Proconsciousness and Protoconsciousness. The detailed Knowledge of such a high Buddhist level, for many evolutionary reasons, has never before was accessible to humans or even the spiritual Initiates of the 3-4 Planetary Initiations.

Only because of the spiritual transformations which have intensively begun on Earth and because of the preparation of the collective Consciousness of mankind for the act of Transfiguration this Knowledge is now being transmitted to those of earthmen who are ALREADY spiritually mature for its proper understanding and comprehension and who are eager to use it to continue their further Path of mastering and accumulating the entire experience of incarnated earthly existence as swiftly and as effectively as possible.


In none of the astral or written sources on our planet there is even a mention or a distant analogy of this Teaching, because the degree of admission to it requires from the spiritual seeker an active self-discovery and prolonged experience of conscious existence at the causal-buddhich level, as well as an experience of being outside the physical shell for long time.

Oris deliberately integrated all the Knowledge he received - the «Teaching about chakram personalities» - only onto the highest ajna-vishuddha levels of the collective Consciousness of the planet, because further adaptation of these highly spiritual codes to the generally accessible understanding would lead to a significant decrease in their degree of authenticity. Therefore this information can be productively assimilated only by people with actively developed over diaphragmatic psychic centers. For them and ONLY FOR THEM the Spiritual Teachers from Pleiades transmit this newest spiritual Teaching.






Book 1. «The teaching of what does not exist, but what is the most real»



Yalta, 2001
Pages: 159

CONTENTS:

From the author
 Illusions and metamorphosis of the Universe
 Objective realities of the Earth
 «There is a lot of us, but we are one»
 Chakrams of the Soul
 The twelve energy-informational levels
 Twelve types of Energy-Matter
 The twelve main Chakrams
 Spiritual-synthesizing role of Kundalini energies
 The Cosmic-transforming essence of the «Nadi» channels



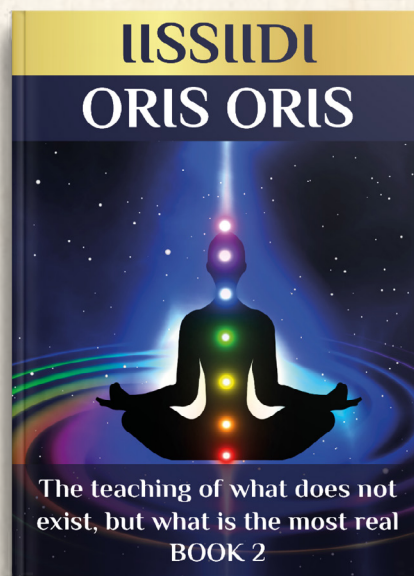
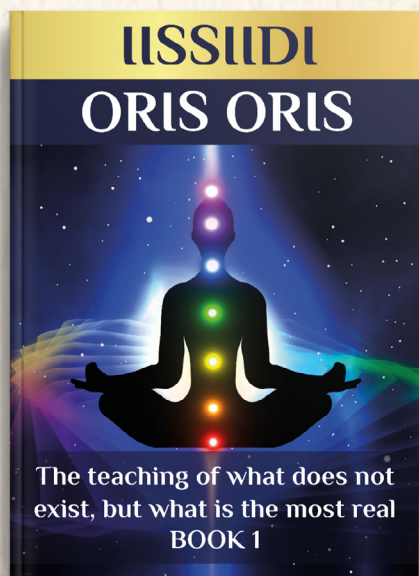
Book 2. «The teaching of what does not exist, but what is the most real»




Yalta, 2003
Pages: 137

CONTENTS:


The Spiritual-Cosmic Essence of human
 Chakram personalities and their influence on human Consciousness
 Padma and flames



 **ИССИДИ. «The teaching of what does not exist, but what is the most real». Dictionary**


Yalta, 2003

Pages: 150

 **ИССИДИ. «The teaching of what does not exist, but what is the most real». Dictionary. Annex**

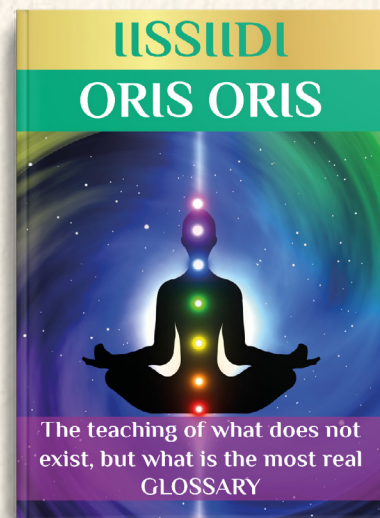
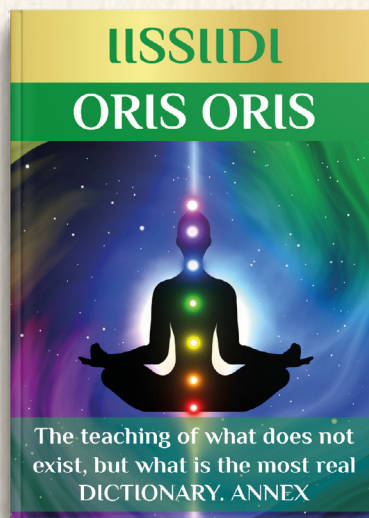
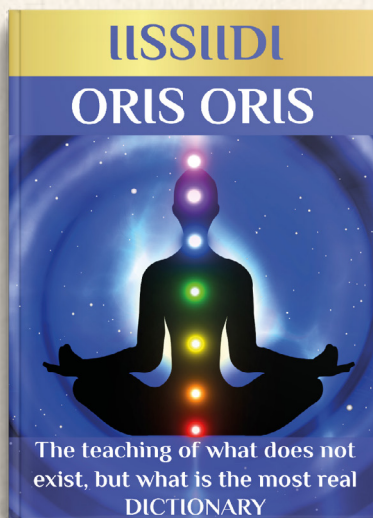
Yalta, 2003

Pages: 55

 **ИССИДИ. «The teaching of what does not exist, but what is the most real». Glossary**

Yalta, 2003

Pages: 25



«The Great Message»

In 2006 two volumes of Oris's books were published, reflecting the results of his further Contacts with the Teachers of Humanity, which represent the highest personal Interpretations of his Ultraconsciousness and Superconsciousness, under the general title «The Great Message». Its contents marked the beginning of the creative stage of work with information of a principally new, more qualitative level.

As a result of numerous answers to reader's questions on the materials of these volumes a new series of books «Immortality is accessible to everyone» was published as part of the Issiidiological Knowledge - the newest spiritual-cosmological conceptions about the Universe and the human being.





The Great Message – Part 1 «AYFAAR»

Yalta, 2006

Pages: 507

CONTENTS:

Connecting Consciousness to the «ISSIIDI Teaching»

Illusions and metamorphosis of the Universe

DDIIUYI (The Universe)

The energy-plasmic and space-time structure of the Universe

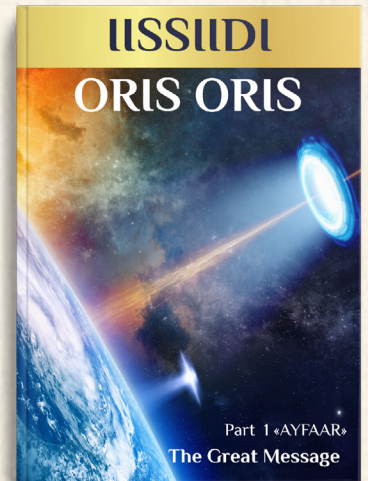
Ayfaar (The Higher Intelligence of the DDIIUYI)

TLAASSMA-A (The Cosmic Spirit)

SSMYIYSMAA-A (The «Soul-Analogue» of Cosmic Spirit)

GOOLGAMAA-A (The Soul-Aspect)

LLUU-VVU («human personality»)



The Great Message – Part 2 «SLUI-SLUU»

Yalta, 2007

Pages: 498

CONTENTS:

Connecting Consciousness to the «ISSIIDI Teachings»

Illusions and metamorphosis of the Universe

Universal Cosmic Laws

All-Unity of Multiplicity

Individual Forms of creative «personalities» SLUI-SLUU, realized through

ISSIIDI-Centers of AIY-YYA

Cosmic Classification of the Forms of Creative Realization AIY-YYA

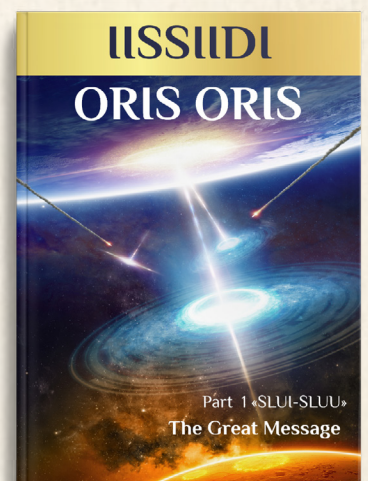
Brief Characteristics of Some Forms of Creative Realization
of LLUU-VVU

Brief Characteristics of Some Forms of Creative Realization
of AIY-YYA

LLAA-GRUAA, FFLATTMA, and GLOA

ILLGRII-TO-O

LAANGH-KRUUM, UUN-GLIIRIDA, OOL-GOO-LTR



Book series «My Covenant»

(New title - Volumes 7 and 8 of the series «lissidiology Fundamentals»)

Pages: 1,469

From 2001 to 2022 Oris has written over 1600 song lyrics to popular tunes of the 20th and 21st centuries. The first 555 songs were combined in two collections called «My Testament». The lyrics of all subsequent songs are published on the Ayfaar Songs website ayfaarpesni.org.

These songs tune to a positive perception of life circumstances, an altruistic way of life and unconditional love for everything, as well as a deep understanding of the fact that everything that happens to a person as a good thing.



My Covenant 1

Yalta, 2002

CONTENTS:

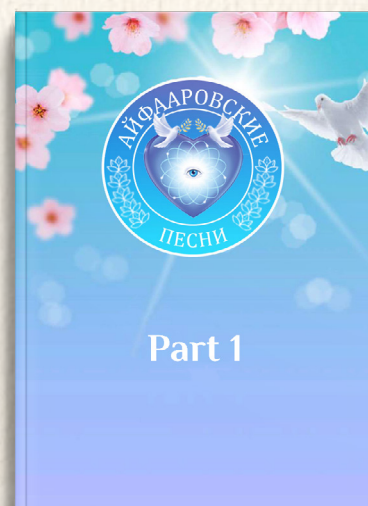
A word from the author

Texts to the most popular songs of the 20th century

Let's Sing a Song in Love and Light!

Songs that revive the Star Memory

Let the Songs of Ayfaar be heard!



My Covenant 2

Yalta, 2002

CONTENTS:

Preface

Texts to the most popular tunes of the 20th century

Songs that revive the Star Memory

Let the Songs of Ayfaar be heard!



2009 – 2022

Book series «lissiidiology»

From 2009 to the present, Oris has been working on the book series called «lissiidiology».

This series consists of the following books:

- lissiidiology Fundamentals (Volumes 1-6)
- Texts of Ayfaar Songs (Volumes 7-8, previously published under the general title «My Covenant»)
- Dictionary of terms (Volume 9)
- «Immortality is Available to Everyone» (Volumes 10-15),
- «Commentaries to the Fundamentals» (vols. 16-20), which were compiled from the author's written answers to reader's questions
- «Kollokviums on Fundamental Concepts» (volumes 21-22), compiled from the author's oral answers to various lissiidiology questions

This book series is being continually updated with new Oris's answers to reader's questions, which are being subsequently formed into new lissiidiology volumes or added to existing volumes according to their subject.

This series of books reflects the author's latest iissiidiological insights, which deepen, expand and supplement the information published in the previous book series «lissiidi».



LISSIIDIOLGY





Volume 9. Glossary of terms

Moscow, 2010

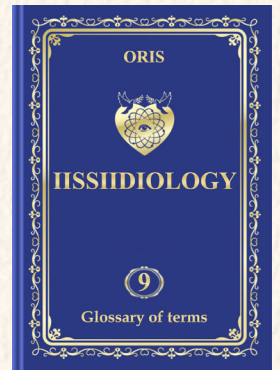
Pages: 725

IISSIIDIOLOGY terminology has its own individual specificity of spelling.

Also, each of the terms includes a much deeper meaning than might seem at first glance, because it is rooted in more qualitative levels of this Knowledge, which, without sufficiently developed extrasensory abilities, is not yet available for access to the current creative dynamics of the Self-Consciousness of an average person.

This publication contains only short vocabulary articles to facilitate the process of understanding the material, at least at the most elementary level. More detailed information on each of the terms can be found in other lissidiology books.

Some terms are very difficult to describe and have absolutely no analogues in the habitual human associative perception, so it is an extremely difficult task for the Author to formulate a dictionary article within the limits of an ordinary person's comprehension.



Volume 10. Immortality is accessible to everyone. «Fundamental Principles of Immortality»



Moscow, 2010

Pages: 521



In this book, Oris continues to give full answers to inmost and fundamental questions of cosmic and human existence: about Earth and universal destinies, the nature of life and death, Soul and God, good and evil, about our relations with one another, the nature of Space-Time and how the entire visible and invisible-to-us reality is formed. The Universal Knowledge given by Oris offers the fundamentals of a new and unique world view for all of us. It allows us to penetrate the mystery of eternal existence to an extent inaccessible before, reasonably and substantially solving the problems therein, offering convincing answers which are not available in any religious world view, philosophical movement or scientific theory. Oris's Information expands the limits of human experience and perception literally to infinity!

CONTENTS:

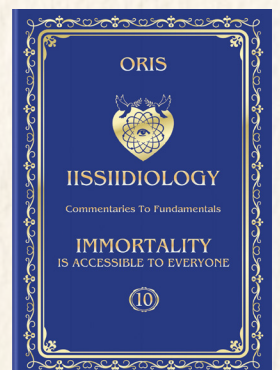
Preface. About IISSIIDIOLOGY

Editor's Foreword

Proofreader's Foreword

SECTION I. Fundamental principles of Immortality in the system of «personalized» Perception

SECTION II. The newest spiritual-cosmological Conceptions of the Universe and the human being



- SECTION III. A brief description of the main principles of energy-information structuring of multidimensional creative dynamics of the variable ethereal component of LLUU-VVU-Forms
- SECTION IV. The newest Conceptions of dynamics of energy-information structures of Creation
- SECTION V. Each of us has a great number of Destinies
- SECTION VI. Peculiarities of functioning of space-time and energy-information structures of «personalized» Self-Consciousness



Volume 11. Immortality is accessible to everyone.



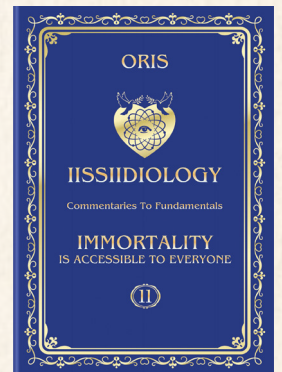
«Energy and biological mechanisms of refocusing of Self-Consciousness»

Moscow, 2010



Pages: 691

In the first Chapter of Volume, Oris describes in detail functioning of Formo-Creators of the brain, how the memory is accessed, how biological structures of the brain are associated with energy-informational structures of Self-Consciousness, how various Self-Consciousness Levels are differentiated and reprojected at the moment of so-called «Death». This Chapter also describes functioning of «the intestinal brain», how it becomes possible to cure at a distance (the technique of ethereal projection), gives the meaning of the esoteric term the «Astral Plane» from the point of view of lissidiology.



The second Chapter tells us that biological Forms can exist in different Continuums and explains the interrelationship between our lifespan and quality of active Levels of our Self-Consciousness. It also provides information on the following subjects: it is possible to «live one's Life many times» in higher-quality scenarios, cycles of changing male and female manifestations within the structure of a multi-dimensional human Form, physical principles of organization of higher-frequency levels of the Universal Reality with a detailed description of the nature of boson and fermion fields, and types of particles that are carriers of such interaction.

CONTENTS:

Preface

- SECTION VII. Objective mechanisms of a phenomenal manifestation of the Illusion of «Death» of any «personality» in the dynamics of Formo-systems of the Worlds
- SECTION VII. Duration of existence of «a human personality» as the continuous dynamics of manifestation of different-qualitative NUU-VVU-Forms in Space-Time



Volume 12. Immortality is accessible to everyone. **«The Noo-time dynamics of the Universal Focus of Self-Consciousness»**

Moscow, 2011

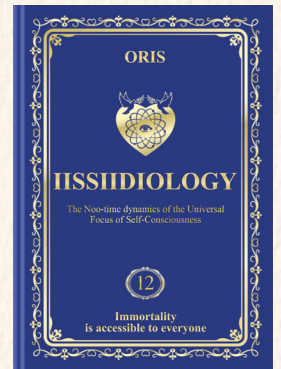
Pages: 733

Volume 12 is devoted to the diversity of the Self-consciousness manifestation forms in the infinite variety of the Form-Systems of the Worlds. Tell me, what do you know about the universal properties of Space and Time? About the illusory nature of our existence? About the Essence of «development» of each «personality»? It's not easy to answer any of these age-old questions.

But Oris, with all possible detail and thoroughly, goes on to answer not only these, but many other equally urgent and vital questions that trouble us and compel every seeker to learn, to give up something, and to gain something...

CONTENTS:

- SECTION IX. Possibilities of extending Life through another Form
- SECTION X. UU-VVU and Stereo-Types of LLUU-VVU-Forms
- SECTION XI. Interrelationships of a «personality», UU-VVU-Forms and their Form-Copies in the Form-Systems of Worlds and OL-LACT-DRUOTMM-Systems



Volume 13. Immortality is accessible to everyone. **«Psychogenetic conditionality of the manifestation of the «human» form»**

Moscow, 2011

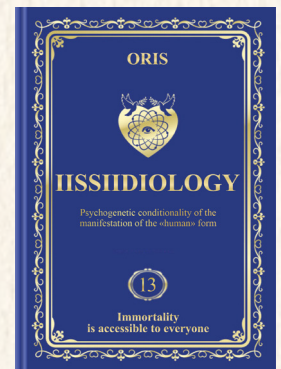
Pages: 700

In the 13th volume of the commentaries, Oris answers the vital questions of mental and physical health, medicine, psychology, psychiatry, genetics, somnology, pharmacology, and reveals the psychogenetic features of the manifestation of the «human» Form.

Our biological Existence is a continuous process - when we feel, think and experience something, we immediately become part of those groups of the Worlds, Realities and Continuums whose synthetic dynamics correspond exactly to the quality of these infinite processes.

CONTENTS:

- SECTION XII. The influence of the fear of «Death» on the effectiveness and quality of Self-Consciousness Refocuses
- SECTION XIII. The different-qualitative Dynamics of the Form-Creators of Self-Consciousness is the main Principle of Refocusing



SECTION XIV. Form-copies, UU-VVU conglomerates, factor Axes and DNA

SECTION XV. The experience of subjective experience of «terminal» illnesses, preagonal states and dreams

Volume 14. Immortality is accessible to everyone. **«The Principles of rezonance of Self-Consciousness structures»**

Moscow, 2011

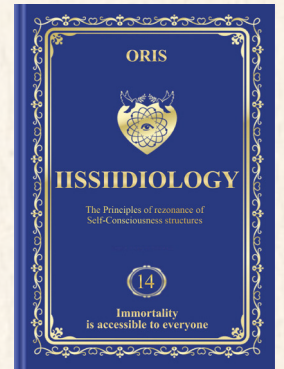
Pages: 798

In this volume the author allows the reader to delve into the subtlest and most complex mechanisms of its manifestation details of synthetic formation processes not only in the three-dimensional range of Energy Plasma, but also in all the multidimensionality of energy-information structures of the universe.

Every reader with an inquisitive mind and an appetite for knowledge will discover the mysteries of the physical laws of our material reality and the mechanisms of dimensional formation of spatial and temporal structures of the inertial ranges of the universe.

CONTENTS:

- SECTION XVI. The synthetic dynamics of Thought-Forms, Sense-Forms, and SFUURMM-Forms (unstable Karmo-Forms)
- SECTION XVII. Influence of causal processes of Self-consciousness onto the dynamics of the manifestation of the Forms of the surrounding reality
- SECTION XVIII. GLEIIYO- and UDDVOO-types of dimensions, Worlds, their antipodes and «anti-Worlds»

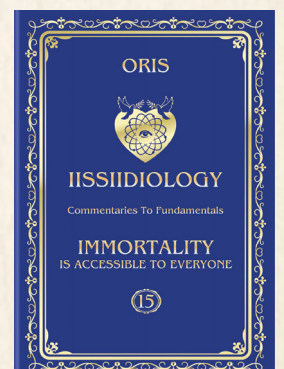


Volume 15. Immortality is accessible to everyone. **«The Conscious Path to Human Worlds of «personal» Immortality»**

Moscow, 2012

Pages: 648

«The Conscious Path to the Human Worlds of «personal» Immortality» - this is the name of the new volume from ORIS book cycle «Immortality is accessible to everyone». At first glance, this may seem like an invitation to a philosophical contemplation. But by appealing to his devoted readers, the author hopes for the consideration and perception of this issue in a broader or, if you like, deeper understanding. Philosophical concepts offer to us only sensory-contemplative,



mostly associative images regarding a particular issue. The author, however, presents in this work, as a logical continuation of previous volumes, a detailed consideration of the practical prospects for the development of a personality into a true Human, who explores his own spirituality.

In addition to the mechanisms of working with own Self-Consciousness, which will lead people as Humans to «personal» conscious Immortality, ORIS describes the «Worlds of our Future», the prospects for the manifestation of the coming times. And in order for everyone to develop an understanding of their own Path, a comprehension of the choice of their spiritual development, the author not only describes «bright» prospects, but also specifies in detail the obstacles that each of us may face and, by not noticing or not determining the nature of which, to unconsciously, under the influence of particular reasons, deviate from the development in the Human direction.

With the help of this book, you will be able to determine the qualities that are truly inherent in people, and you can finally figure out how to form in yourself these qualities that are truly Human - with a capital letter. Having experienced what a highly sensual Intellect is, you will then understand why only with the help of highly intellectual Altruism you can find the Path to the cherished Goal of your spiritual future!

CONTENTS:

- SECTION XIX. Obstacles on the path of realization of «individual» Immortality
- SECTION XX. The Specific States of uoldmiism (high-sensual Intellect) and stollmiism (High-Intellectual Altruism) synthesized in the Human (lluuvvumic) development Direction
- SECTION XXI. Specificities of lluuvvumic transformation of human features
- SECTION XXII. Our «future» Worlds. Perspectives of the approaching times



Volume 1. lissidiology Fundamentals.



«Interaction of Information and Energy as the Primary Cause for origination of the Creative Activity of Self-Consciousness Focus and the Macrocosmos in whole»



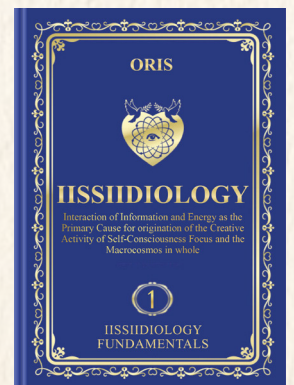
Moscow 2013



Pages: 312

This book presents the beginning of an overall 20-volume information series titled «The Great Message», which consists of «IIS-SIIDIOLOGY. Fundamentals», «Commentaries to Fundamentals» and author's Song lyrics with a highly-spiritual content written to popular and all-loved melodies.

From the very beginning, the author pinpoints the reader's atten-



tion upon fundamental notions of IISSIIDIOLOGY starting from basic, axiomatic Conceptions. The book contains the newest interpretation of formation of the outer reality based on the Self-Consciousness's Focus Dynamics as the main functional mechanism of the Macrocosmos's Creative Activity. A detailed comparison of the author's hypotheses with existing scientific conceptions allows to draw parallels with the current worldviews about nature, space, time, energy and to find the ways for their radical transformation and potential development.

In this volume, the author introduces the conceptual foundation necessary for an adequate understanding of all other IISSIIDIOLOGY books of this series. Hierarchy of Self-Consciousness Levels, dimensional differentiation of manifestation Forms, classification of elementary (and other) particles as structural components of the Universal Plasmic-Differentiation Emission, information theory of the formation of Energy in the Macrocosmos are described in order to form necessary notions that will serve as the basis for further more complex iissiidiological Categories: Universal Cosmic Laws and their Principles, Diapasons of Plasmic Forces, Evolutional and Involutional Branches of development, and many others. The first volume of Fundamentals is the required minimum for any reader who wants to thoroughly study iissiidiological conceptions.

CONTENTS:

Intuition and its role in scientific cognition

iissiidiology, its goals, objectives and perspectives in the development of humankind

Author's Foreword

SECTION I. Integral concepts that form the basis of iissiidiological Notions

SECTION II. The multilevel structure of Self-Consciousness

SECTION III. Energy and different-qualitative Levels of manifestation of Self-Consciousnesses Forms that form various types of «materiality» (...doollses — waves — flakses...)

SECTION IV. Energy-Plasma as a transcendental basis of interaction between Energy and Information within the structures of the Macrocosmos



Volume 2. iissiidiology Fundamentals.



«Cosmic Qualities as the Basis for energy-informational manifestation of all the Form-systems of Macrocosmos»



Moscow, 2013

Pages: 662

Many scientists may consider this volume of «Fundamentals of IISSIIDIOLOGY», as well as all the other books of this twenty-volume series titled «The Great Message», no more than «science fiction» — each of us has the right to believe in what is the most convincing. However, every intelligent person who possesses at least



the rudiments of cognitive intuition can discover in this information those more Qualitative characteristics of the objective truth, thanks to which continuous eglleroliftive Amplification of all Self-Consciousnesses Forms is carried out.

Catastrophism periodically appearing in the process of human self-cognition is always accompanied by the radical breaking of many old Conceptions, which by its radicalism surpasses greatly all theoretical forecasts. Fanatical belief in dogmas and postulates established once, as well as the clear tendency for idolatry — these are obvious characteristics of degradation and regression that converge modern academic science with paganish religion. Yet, the eglleroliftive Amplification process and harmonious evolution both of a separate personality and human population in general is impossible without breaking down old stereotypes and establishing — on the basis of deep cognition of Wisdom of previous and future generations — much more universal conceptions about ourselves and our surrounding reality.

This uneasy, but grandiose on its depth and scale Task of prompt and Qualitative transformation of human community is assigned by the Evolution Itself to the universal knowledge of IISSIIDIOLOGY, absolutely new to people, which is received for the first time and entirely by one person only by means of the intuitive way of cognition. We offer you to find out more about its newest fundamental Conceptions in the second volume.

Besides, the IISSIIDIOLOGY offers to Collective Consciousness of humankind a totally new paradigm that gives new and fresh view of the multitude of clinical phenomena studied by psychotherapists. It gives a theoretical model for understanding the changes in the mentality of a patient and the hope on clarifying mechanisms of effectiveness of psychotherapeutic method.

CONTENTS:

About lissidiology

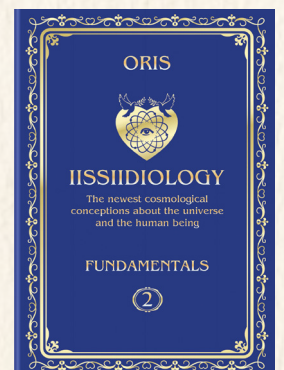
lissidiology: From a Cell to a Universe

SECTION V. Transcendental nature of Cosmic Qualities and Principles of Their transmutation into Creative Cosmic States

SECTION VI. Sll oogrent interconnections of Form-systems of personal Worlds with Universums of Macrococosmos

SECTION VII. Universal rhythms of Focus Dynamics of The Highest Cosmic Intelligence AYFAAR

SECTION VIII. Eglleroliftive tendencies of Universes. Universal Focus Effect of Self-Consciousness or the newest viewpoint on the Big Bang theory





Volume 3. ISSIIDIOLGY Fundamentals.



«Variety of Forms of Creative Realization of the Cosmic Human»



Moscow, 2014

Pages: 780



The third volume of «ISSIIDIOLGY Fundamentals» allows readers to go deeper into yet completely unexplored by us structures that provide functioning of human Self-Consciousness and its interconnections with Self-Consciousnesses Forms focused by it. First two volumes of «ISSIIDIOLGY Fundamentals» thoroughly describe the deep Nature of Causes and Mechanisms of Creative Activity of everything manifested in multidimensional and different-Qualitative Macrocosmos, including also qualitative Basis of Focus Dynamics of Form-Creators of Universal Structures. The third volume in its turn focuses on the detailed description of basic Principles of exiberation of Human and other Self-Consciousnesses Forms in all the diversity of different-dimensional diapasons of the Tertiary Illusion.

To allow the reader to fully comprehend the essence of the notion «Self-Consciousness Form,» the author describes realization functions of these structures at the example of subjective formation — as a result of life creativity of every personality — of so called personalistic Worlds, which goes far beyond existing scientific notions about the surrounding reality and peculiarities of interaction between Forms structuring it, whether it is a human, a planet, or an elementary particle. Furthermore, he describes different-dimensional variety of Forms of Iluuvvumic Direction of development and characteristics of focal realization of Humankind Collective Cosmic Intelligence as a unified the LLUU-VVU-Entity.

The third volume ends with a detailed description of multi-level manifestation of Plasmic Forces Diapasons of our Universe, which are described from a position of their subjective interpretation through the specific peculiarities of human Perception systems. Endless inner transformations of Universal Illusion, as mechanisms of evolutional growth of the Cosmic Human on its Way to its Universal Future, lets inquisitive readers to form in their Self-Consciousness own highly intuitive conceptions about endless varieties of all possible variants of development, where goes the process of eternal multidimensional Existence of every human personality.

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 - Chapter 2. The realization Principle of the Mechanism of NUU-VVU-Form-Types wave analog's exiberation from f-Configurations of doolls and flaks Self-Consciousnesses Forms
 - Chapter 3. The Principles of exiberation of different-Qualitative



SFUURMM-Forms in 3–4-dimensional World's Form-systems

- Chapter 4. Implementation of surrounding us subjective Reality is carried out through generations of Self-Consciousnesses Forms of elementary particles
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- Chapter 7. Self-Consciousness is the Mechanism of realization of properties of Energy-Plasma through peculiarities of personalistic Worlds
- Chapter 8. Sporadic Worlds
- Chapter 9. Influence of SFUURMM-Forms of sporadic Worlds on the process of formation of SFUURMM-Forms of personalistic World
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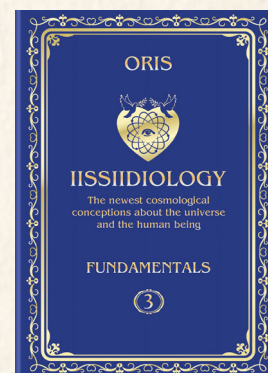
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Chapter 4. Inter-Galactic e Complex-Plans. SSUU-SS-VUU-Creativity Spheres of AIY-YYA-Entity

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Chapter 6. Plan-Overtones of Fields-Consciousnesses. The simplest focal-ethereal «projections» of EIYG-SS-MII- Creativity Sphere of AIY-YYA-Entity



Volume 4. lissidiology Fundamentals.



«Structure and Laws of implementation of Macrocosmos skrruullerrt system energy-informational dynamics»

Moscow, 2015

Pages: 748

In the beginning of the volume, the author recalls generation principles and mechanisms of the human subjective Realities, explains interconnections between the Tertiary and the Secondary Illusions Form-Creators, while describing thoroughly Fields-Consciousnesses structure, defines birvulyarity and its Qualitativeness types conception. The main part of the volume is devoted to description of the Reasons and principles of the Universe Cosmic Entity Focus Dynamics, various energo-informational structures of Its Self-Consciousness, and also to disclosure of SFUURMM-Forms human-type realization process and Form-Creators Focus Dynamics amplificalional aggradation process.

This volume concludes with summarizing, integration of everything described



— with Information about Universal Cosmic Laws and Their Principles providing fundamental basis for generation of all Self-Consciousnesses Forms in Macrocosmos Tertiary, the Secondary, and the Primary Illusions.

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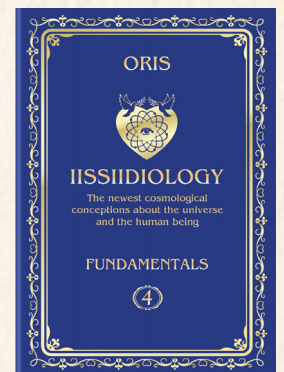
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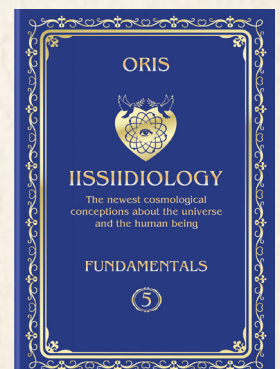


 **Volume 5. IISSIIDIOLOGY Fundamentals.**
«Basic creative possibilities of the realization of Iluuvvumic Creators in mixtum NUU-VVU Forms»


Moscow, 2017

Pages: 791

Thoughtful study of this material allows the reader to get a more objective idea of the material basis of idealism by developing, in particular, quantum theory of Consciousness on the example of «microtubule concept». The reader will also learn about chakram determinacy of Focus Dynamics of all Self-consciousness Forms, will get an understanding of primary connections of thought formation, will get unique information about informational-energy conditionality of ontogenesis and embryogenesis, pathogenesis in general and hereditary diseases in particular, and finally will discover the universal etiological model of one of the most complex human feelings - the feeling of love.



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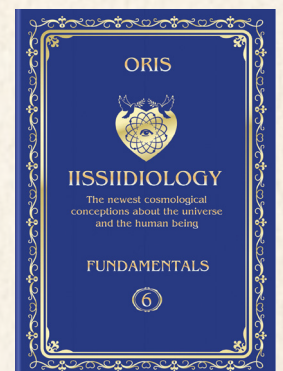
 **Volume 6. lissidiology Fundamentals.**
 **«Bioenergy processes of Self-Consciousness Focus Dynamics formation»**

Moscow, 2017

Pages: 772

This new volume of the series «lissidiology Fundamentals» is a reasonable consequence of consideration of biological mixtum NUU-VVU-Form-Types that was started in the previous volume. For our deeper understanding, it draws our attention even more at iissidiological approach to the matters, which are related discretely by contemporary scientific community to philosophic anthropology in general and to behavior theories of personality in particular.

At more objective, transcendent, gabitual (primordial, objectively deep) discussion, it becomes clear that the given material leads a reader maximally to objectivization of own conceptions about relations among personalized, unconscious, and subconscious levels of Self-Consciousness at the background of developing invizusal (imperceptible by our sensor systems and measuring devices) mechanisms of anatomy and brain neurophysiology, accompanied by dominant dynamics of



the first IISSIID-Centers pair.

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- SECTION XXII. Level-wise influence of GROOMPF-Creator's Fields Consciousnesses of ARGLLAAMUNI-IISSIIDI on our Focus Dynamics
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Volume 16. Commentaries to lissidiology Fundamentals. «Self-development»

Crimea, 2018

Pages: 535

This volume contains Oris's written answers to reader's questions on the subject of spiritual self-improvement.

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 - Question 35. Can we refocus someone to somewhere?
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Question 92. The conflict between interests and necessity

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Question 16. What is spiritual self-sacrifice?

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Question 25. Energy filling when meditating on sound cosmic codes

Question 84. Methods for stopping the internal dialogue

Question 100. About the practice of silence (Blitz-28)

Question 101. About the practice of being in the dark (Blitz-29)

Question 87. About pride

Question 31. How does inner mental 'mess that tears apart' affect the quality of refocusing?

Question 93. Formation of formo-images in dreams

Question 32. How fully do we use our brain?

Question 52. About the mode of brain usage

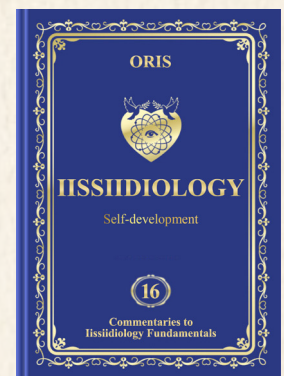
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Question 76. What knowledge is in demand in our future?





Volume 17. Commentaries to Iissidiology Fundamentals. «Biochemistry of mixtum Forms»

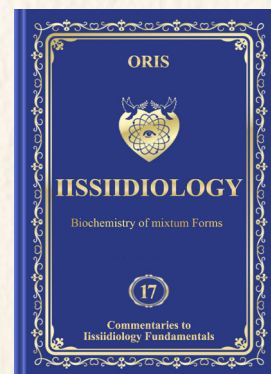
Crimea, 2018

Pages: 275

This volume contains Oris's written answers to reader's questions about the biochemistry of physical human forms.

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Volume 18. Commentaries to lissidiology Fundamentals. «Cosmological aspects of lissidiology»

Crimea, 2018

Pages: 404

This volume contains Oris's written answers to reader's questions about the cosmological aspects of lissidiology.

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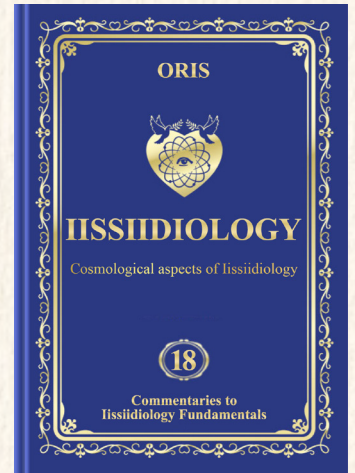
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Volume 19. Commentaries to Issiidiology Fundamentals. «Cosmic evolution of human»

Crimea, 2019

Pages: 619

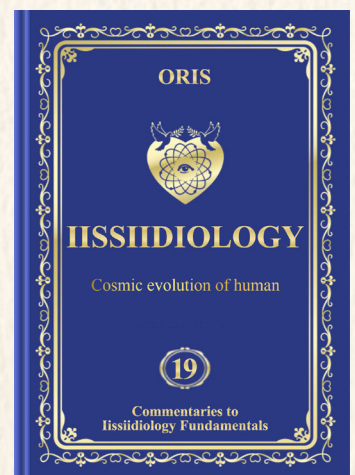
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Volume 20. Commentaries to lissidiology Fundamentals. «Coarddiirffology»

Crimea, 2019

Pages: 585

This volume contains Oris's written answers to reader's questions about karmic relationships.

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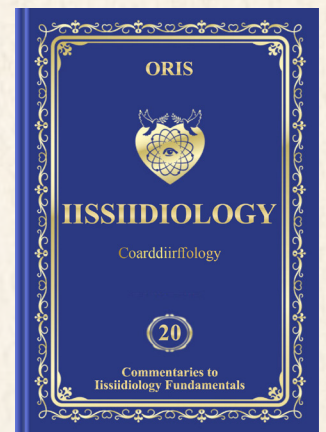
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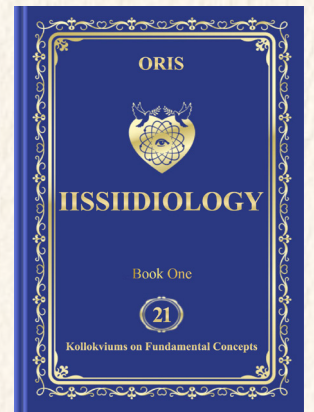
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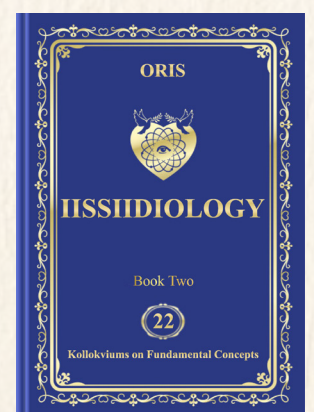
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CONTACTS

Orisoris.com

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On this website you can also ask the author himself any question in relation to any information mentioned in his books.

Ayfaar.org

This website is dedicated to the overview of the Spiritual Idea of building the Human Community based on Iissidiological Knowledge and building many «Ayfaars» on Earth.

Ayfaarpesni.org

The website "Ayfaar Songs" which are written by Oris cultivate highest Human qualities in the most educated people, and promote effective Spiritual self-development. Ayfaar Songs are the second part of the Iissidiological Knowledge and greatly assist in its productive study.

As at the end of 2022 Oris has written over 1600 songs.