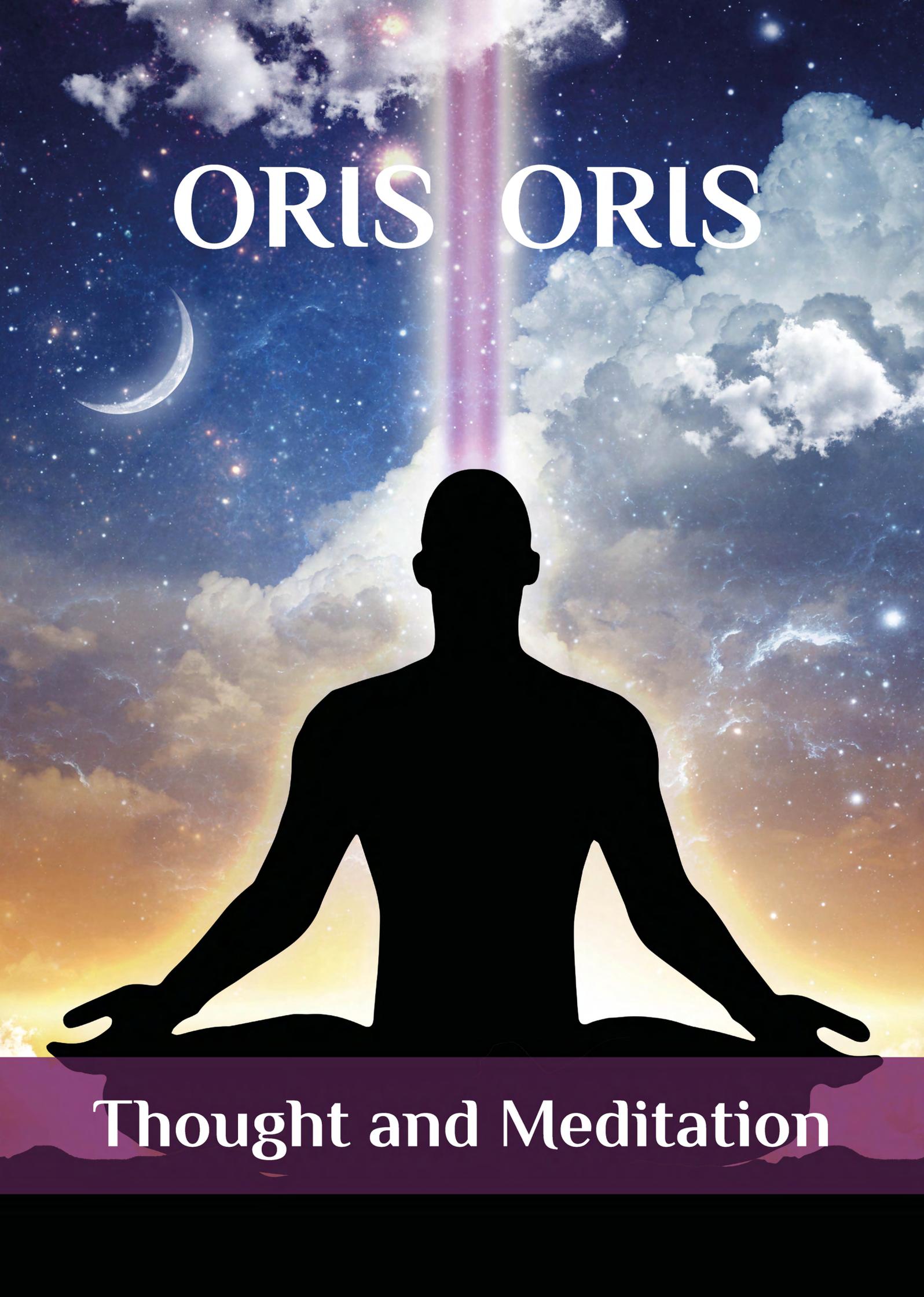
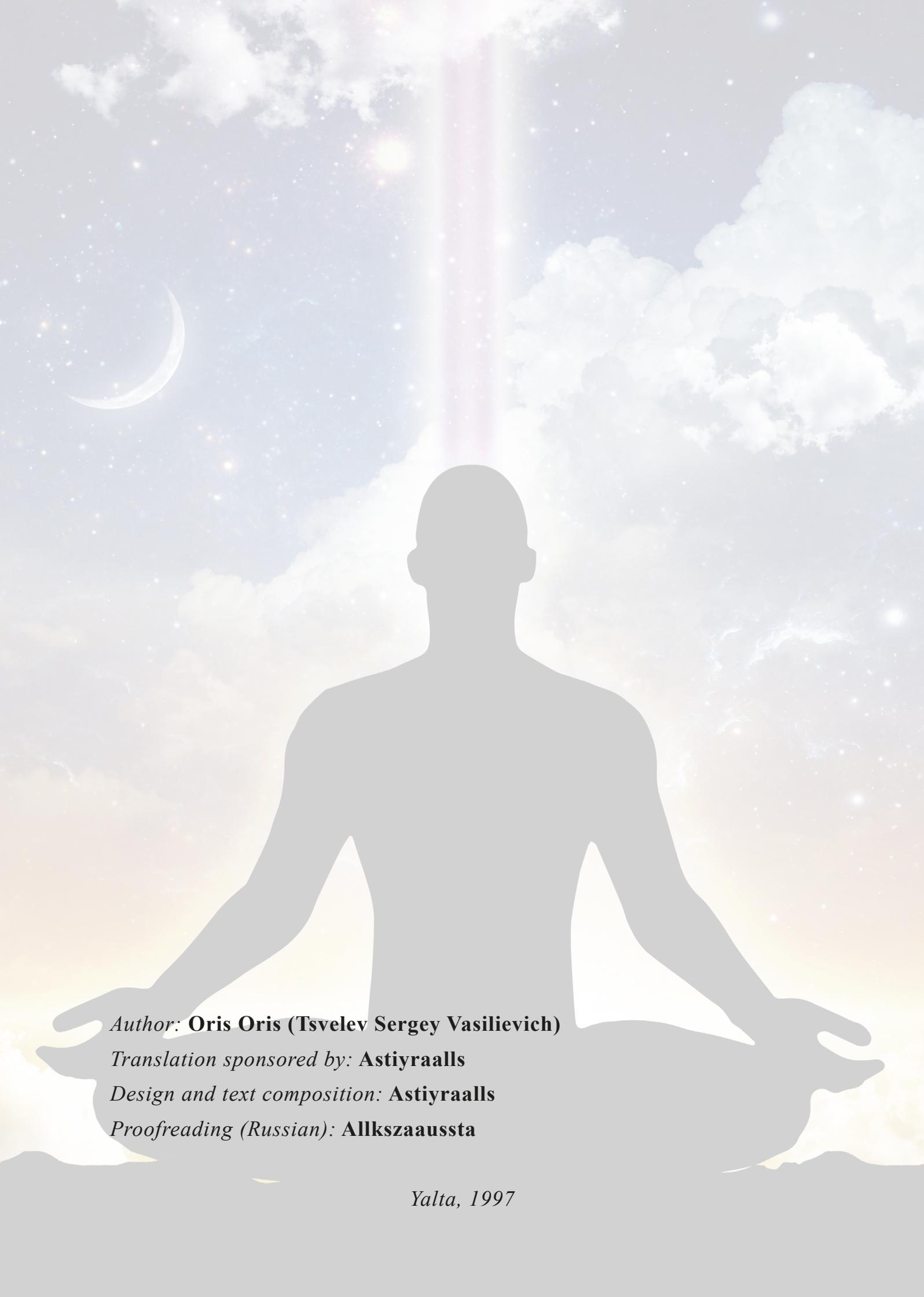


ORIS ORIS

The image features a central black silhouette of a person sitting in a meditative lotus position. The background is a vibrant, multi-layered cosmic scene. At the top, a bright rainbow beam of light descends from the top edge, passing through a layer of white, fluffy clouds. Below this, the sky transitions from a deep blue with scattered stars to a fiery orange and yellow glow at the bottom. A crescent moon is visible in the upper left quadrant. The overall composition is symmetrical and evokes a sense of spiritual connection and inner peace.

Thought and Meditation



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CHAPTER 1.

LIFE IS A PRODUCT OF THE CREATIVE MOVEMENT OF THOUGHT

AYFAAR, as well as billions of other Higher Cosmic Minds, is a product of Creative Thinking - «Thought Image» - of the Collective Mind of billions of Super intelligent Cosmic Beings, consciously Self-realizing in the processes of synthesis of various quality levels of Energy-Plasma, including Mento-Plasma and Astro-Plasma. In the process of active creative interaction of all levels of Qualities of these Energies in the realization Field of the AYFAAR Collective Mind the results of this Cosmic Creation - Karma-Plasma Energy Flows, self-organizing into all the diversity of the Mind Forms of the Cosmic Entity which you - not quite correctly call «the dense-material Universe» - instantly manifest.

Karma-Plasma is a product of Cosmic Creation expressed in the deep interaction of the Elements of Mind which form dynamic Mento-Plasma and Astro-Plasma Streams in Space-Time AYFAAR. The former are self-expressed in the processes you call 'thinking', the latter in 'feeling', and Karma-Plasma in their active interaction, the results of which are formed into what you simplistically call 'material Universe', 'Matter', 'phenomena of Life', 'Cosmos' and the like. Only due to the synthesized properties of Karma-Plasma you have a possibility with your sense organs to perceive one of the Mental Creations of AYFAAR - an infinite variety of Life-forms and to take an active part in it. Being present in every element of material Life, AYFAAR is self-realized in its various Flows («spiritual», «mental», «material») in the form of Laws of Nature and Universal Cosmic Laws. These Laws encompass absolutely ALL THING, but they are also constantly in dynamics, changing from one stage of development of Life and Mind Form to another.

Absolutely EVERYTHING manifested in all the infinite multidimensionality of the Creative Existence of the Highest Cosmic Mind AYFAAR, is an intermediate version of manipulating various in quality energy flows of Mento-Plasma initiated by Consciousnesses of Cosmic Entities of various levels of development - from Consciousnesses of Atoms and their «Elementary Particles» to Super universes which include billions of millions of Cosmic Minds of AYFAAR level and above. All your Thoughts are not «yours», not a single Thought is original but imposed on you from outside. You are only their guides, and they, in turn, are your main spiritual tools and means for all processes of materialization of everything that can be presented in your world in general and in your personal Life in particular. All «your» Thoughts are borrowed from some level of the Mental plane. They are not new because millions of people before you have already expressed such thoughts,

but because every thought-form, as every other materially formed thing in the Space-Time of the world around you, is 'outside' with regard to you, thus outside you.

Thoughts, like objects, are not yours; they come from somewhere, stay and interact with your Consciousness for a while and then quietly disappear. Your thinking is a process constantly synthesizing in your reality more and more Forms from the mental and emotional experience you already know. Therefore for you thinking is the beginning and the end of all your desires - from receiving some material benefits to achieving higher (according to your understanding) spiritual goals. In order to continuously evolve, every self-conscious part of the Collective Mind on any level must be continually THINKING, because all types of qualities of this type of Energy-Plasma cannot actively interact creatively with anything that is NOT a result of their self-development. You must begin to develop in yourself the ability to consciously and purposefully apply the laws of Thought to actively use Mento-Plasm as the main creative material of all the circumstances of your Life for rapid spiritual and mental development.

Remember: Mento-Plasma is the Key of Mastery, opening the many Gates of Perfection within the Divine Temple of your Spiritual Essence. Only by realizing the Mystery of the Divine Nature of the Universe can you really advance on the Path of realizing your own Divine Nature. And to realize this Mystery is possible only through mastering the laws of Thought, actively and courageously applying them in your own spiritual Creation and through your own experience becoming convinced that all your spiritual transformations and mental transmutations are the result of YOUR art of changing the thinking conditions of the Universe along the aspects of Matter of Power and Mind in the direction YOU need.

By mastering the art of mental transformation you will have an absolutely realistic means of consciously controlling the material conditions of your earthly existence. By advancing in this direction your mentality may reach the point when it becomes possible to control the powerful factors of the elemental elements of Nature, influencing with the Power of your Mind not only the weather, but also such destructive phenomena as tornadoes, tornadoes, earthquakes, tsunamis... On realizing deeply the main principle of Creation - 'THE UNIVERSE IS THE THINKING' - you will be able to direct your thinking towards higher spiritual transformations, because everything that you call 'psychic phenomena' or 'mental effects' is realized through the same principle - 'EVERYTHING IS THE THOUGHT'.

Not only your entire Life with its material conditions and mental states, but also the mental states of others can, with a strong desire, be purposefully changed and transformed by you according to this Principle. Just as you create your Life through your Thoughts and Desires, the AYFAAR through thinking of billions of Mind Elements of its Collective Consciousness creates all multidimensional Reality of the Universe, continuously renewing and purposefully transforming millions of worlds. It can be compared to the way millions of collective consciousnesses, cells, are born, live and die on your body every second. In the infinity of AYFAAR's Mind there are billions of worlds of various kinds, and even in your small star system there are Levels and Spheres of intelligent Life incommensurably superior in development to your collective consciousness. There are Cosmic Beings in the

midst of this Life that differ from you in the same way that slimy forms of Life differ from you. Among these Cosmic Beings there are Some Who in their spiritual power, creative power and capacity are far superior to anything which in your limited conception is ascribed to God, i.e., to the Creator. And yet, in the Memory of the Universe, there remain those realities where these same Beings were similar to you and even lower in level of development.

This is also the further Destiny of Man - to merge with the Creator, passing through all the collisions and illusions of the infinite set of «time continuums», to become Him not only in your imagination, but in the Higher Reality. You are already living in the Infinity of AYFAAR and should know that your possessions are infinite in both time and space. This understanding will begin to gain reality when you become deeply aware that 'Death' is nothing less than the birth of a new life. And then you, without reducing in 'death' the power of the Knowledge you attained during Life, will consciously go higher and higher through thousands of deaths to the higher Planes of Life, perceiving the entire Universe as your only Home and exploring with your Mind its farthest depths.

And at the end of the next great cycle of the Eternities, when AYFAAR will have brought all of His Creation into being, you will be truly the happiest ones, for you will have regained the ability to realize the Total Truth of your Oneness in Him. Behind all the activities of the world around you, you must behold and keep your eyes fixed on the main driving Power, which is the attraction between the two halves which complement each other, the unbreakable will to return the WHOLE to the state of Oneness. Only the resistance of Matter serves as an invisible obstacle on this Path to your Oneness with ALL. But without the forces of resistance no creation would be possible. Before manifesting in the density of this World, the Whole came out of one «point» in the Universe, which became its own centre, and through this separation Energy condensed into a state of Matter.

And now your return to the Divine Oneness of AYFAAR is impossible because of your own resistance, because the Matter of the Forms, into which you have immersed your Consciousness, strongly prevents it. Return to Oneness, to the Creator is possible only through spiritualization of the Matter surrounding you, i.e. through transmutation of Formo-Plasma - consistent increase of qualities of your constituent Mento-Plasma and Astro-Plasma into synthesized Spirit Mind Plasma. But without constant spiritual influence from within, Matter can never become Spirit. Herein lies the mystery why your Souls, representing one of the Aspects of the AYFAAR, are self-absorbed into Matter to the state of matter, and taking upon themselves all the material properties, spiritualize the Matter of this world as a Planetary Entity, successively raising its Collective Consciousness to the level of its true Self.

The spiritual influences which have been continuously applied to the deepest structure of Matter's Consciousness over endless continuums of time have developed in it more and more forms of Life existing on each of the many levels of Creation. Your task as self-conscious Elements of AYFAAR Mind is to complete the spiritualization of the Planet. This is a task which all sentient beings within the multiple realities of GRAYSLISS are now working on according to their stage of development. And every human being who

consciously transforms himself from a being identified with the body into an Essence awakened in the Spirit, thereby fulfils his main spiritual duty.

All forms are spiritualized by «Total Life» and these forms are manifest expressions of the One Universal Energy. Infinite and multidimensional Life in its physical manifestation necessarily produces the effect of duality expressed through what you call «existence» and «being» and «Yin-Yang», «Spirit-Matter», «light - darkness», «good - evil» and so on. Actively expressing itself through Form-Plasm, All-Life manifests in the Collective Consciousness representing the 'Soul of All' which permeates all levels of the qualities of Energy-Plasm and underlies all Forms, be it atom, human being, Planetary Entity or Stellar Entity.

All levels of Life constituting «Whole Life» are given opportunities of self-realization in various densities of Matter and are clothed in Forms through which each of their particular states of Consciousness («chakra personalities») can manifest to the greatest extent and stabilize at a certain level the quality of their vibrations. Because of this «Whole Life» becomes a «Self-Conscious Cosmic Entity» manifested - for you personally! - Through the Collective Consciousness of your Stellar System (AILLISS) and represented in EVERYTHING by the sum total of energies which constitute all the states of the constituent Consciousnesses and the qualities of all the Forms of existence. The only purpose for which Life takes the Form and purpose of manifest being is to create the best possible conditions for the development of all kinds of Consciousness of the constituent Mind Elements and for the unfolding of the Self-Consciousness of every Soul to the level of spiritual Reconnection with the All.

From life experience and physics lessons each of you has already learnt the simple truth that the connection of differently charged poles produces light and the increased friction of pairs of opposites necessarily produces heat with the consequent ignition of fire. In the same way the Main Purpose of Evolution is the successive manifestation of the Light of Mind through all the Forms of the existence of Matter. Consistently evolving, Matter of all densities gradually acquires better and better properties to carry the Light of Knowledge through itself. Christ said: «I am the light of the world», thus demonstrating the possibilities of the manifestation of the Light of the Spirit through the flesh manifested in matter. Man, «made in the Image and Likeness of God,» goes through countless incarnations in his development and expands the spiritual levels of his Self-consciousness until it fully blossoms with the perfection of his Soul, Whose true Nature is Divine Light, Whose highest attainment is self-conscious identification with the All and Whose evolutionary purpose is to reunite with the AYFAAR, Whose primal Part it always is.

«Know Thyself!» - is the process of gradual attainment by you of the deepest Understanding of that infinite Body of Love and Mind which constitutes absolutely ALL of the Essential Reality which you call 'God' and We call 'AYFAAR'. Observing and reflecting on the Universe, you cannot NOT see that nothing really exists in the spaces between solid bodies, but that everything is continually undergoing new and new levels of becoming and changing. Nowhere and nothing manifests itself as fixed and immutable. Everything in your world first manifests in a Form (is born) which exists, lives and grows in a certain way for

a certain period of time and then loses (changes) its Form again («dies»). There is nothing more permanent than the changes in the Life around you.

You perceive all phenomena through their constant action and counteraction, through «inflow» and «outflow», through «birth», growth and «death», that is only as arising from others and transforming into others again. Nothing in Life is so identical with «eternity» as change. All these changes are God - the Name you have given to the Basic Truth, the Only Substantial Reality projecting Itself into Everything. Everything that includes the Universe, including you, comes from the One Source. Even millions of years after some Star far away from the Earth has disappeared from the Physical Reality of the Globe, you still continue to perceive energetically and visually the streams of information and light emanating from it. The heat of a long extinguished fireplace continues to heat the room long time and the fragrance of fragrant flowers continues to delight your sense of smell for some time even after you have carried them out of the room. Similarly, your Thoughts remain active almost ETERNALLY (in terms of physical reality) after someone else's mind has formed them into Thought-Form.

Your mind is constantly generating mental emanations - vibrations which only by their «visible» spectrum form around your head the Aura of your spherical mental shell, actually spreading, ever changing degrees of their density, into the entire mental structure of the universe. The structure of the Universe consists of countless varieties of waves of the most different lengths, forms, configurations and frequencies - from the shortest to the longest, whose creative power is actively manifested at each of their respective levels of 'Being' and 'NOT Being' in countless possibilities. Being in a dense body with its limited perceptual capabilities, you can perceive only a strictly limited number of waveforms from among the coarsest vibrations that form the physical reality around you.

If a form of mental vibration appears to you as «immaterial energy» or as «solid matter» (which is in fact nothing other than what you call «motion», «vibration» or «frequency»), it depends entirely on your own interpretations and impressions at the moment, and not on the quality of the thought-forms which represent these Ideas on «your» Physical plane. Believe that in conditions of physical reality of another quality the same vibrations are perceived by its inhabitants quite differently than you. The higher the frequency («shorter» wavelength) in which some Energy Form is able to self-realize in this type of reality, the less your Consciousness is able to perceive it through your senses. Those vibrations which your Consciousness is capable of freely registering and analyzing through your senses you define as «substance» (solid, liquid, gaseous), «sound», «heat» or «cold», «taste» and «smell», «color» and «light» and so on.

The higher frequency or as you call them 'immaterial' types of Energy and Radiations perceived only by your nerve and mental centres you call 'mental waves', 'Idea waves'. But above these there are still much higher and deeper penetrating rays and frequencies, right up to the highest all-encompassing frequencies of the Creative Cosmic Energy-Plasma which forms the whole variety of the intelligent forms of existence of «Total Life»! Everything There Is: from Galaxies, Stars and Planets to the smallest single-celled being

is a consequence of the manifestation and realization of various Forms of radiation. You all (and We also) live simultaneously IN ALL OF THESE various emissions, whether you know it or not, whether you are aware of it or not. Moreover, all these innumerable forms of DIFFERENT ENERGIES purposely created and made you, the human beings, to continually continuously, day and night, working in your subtle and dense bodies, in your Mind and in all the cells, organs and systems of your being.

In fact, ALL OF THEM - in their incalculable totality! - is what you really are. Take them away - there is no 'you' anywhere (in the categories of your own idea of 'yourself')! The entire Universe is made up of these various vibrations, the true Source of which is the AYFAAR - that Over-intelligent Collective Cosmic Entity which you call «God», «the Originator», «the Absolute». But even the Creator Himself is NOT above ALL manifestations of Life, although He rests in Himself in absolute equilibrium, beyond Time and Space, eternally radiating Himself into the infinity of material Forms, to breathe into them the Wholeness of Life! Yes, though the Supreme Cosmic Mind is omnipresent and fills with the Elements of Its Existence the whole Universe, BUT apart from what you call the 'Universe', the Infinity of the Cosmos includes billions of billions of super intelligent entities equal to It or even unimaginably more evolved. As for this particular Universe, everything, absolutely EVERYTHING in it is imbued with and filled with AYFAAR'S Collective Consciousness.

Nothing in our Universe can exist without manifestation in the Creator and without mutual penetration of the Creator into it, nothing can escape the presence of His Elements of Mind - Cosmic Entities of various levels of development and directions of Creation («Involution» and «Evolution»). The Creator can quite freely manifest Himself in any 'point' of His Own Being ('Not Being') and due to this everything existing in your perceived material World has a 'Focus of Divine Attention' 'within' itself, working as a centre of being. From this «Focus» begins the first falling out of the Divine Equilibrium of what you call the «Soul», its manifestation on Its chosen levels of Whole Life and a new Self-creation of It again to the state of Divine Equilibrium - a process which you do not quite correctly interpret as the «return of the Soul to the Creator» (because in reality nobody and nothing ever «goes» or «returns» anywhere!).

The energies forming the «Focus of Divine Attention» and radiating from this «centre» of cumulative Consciousness of every sentient being ALWAYS remain as high-spirited and high-frequency as they were originally. But the «further» from the «Focus» their perception goes by a certain level of aggregate Consciousness, the denser («material») their interpretation becomes in this active «point» of Consciousness up to the level of densification into Matter («materialization of matter»). In reality it is not the energy of the Divine «Focus» of Consciousness that has condensed to the material level but the limited spiritual capabilities of the parts of Consciousness most distant from the «centre» that perceive it have interpreted it to the level of their own perception.

CHAPTER 2.

EVERY THOUGHT IS MATERIAL

Your brain, all your systems and organs and even some individual cells constantly generate Cosmic Waves which after the initial power of projection has been expended, float in the Space-Time of your reality in the form of subtle emanations mixing with the waves of identical quality and this energy exchange process in the collective Consciousness of your Planet is never-ending. The emanations of some Thoughts very often remain near a piece of paper or a person, or the place where they first manifested in your world and unless they are attracted by stronger mental structures or 'displaced' by Thoughts of opposite qualities, they may remain almost unchanged for a very long time. Other Thoughts generated by you for a very specific purpose or under the influence of a very strong desire, emotional outburst or raging passion, may almost instantly affect the object or person to whom they were addressed. Often you become an eyewitness of a quick materialization of some of your Thoughts, desires, intentions, but because of your materialistic conditioning you always tend to consider it rather as a mere coincidence than a manifestation of something «mystical» and inexplicable. In reality there are no coincidences in your Life - everything has its reasonable explanation and root cause, the main of which is that you with your Thoughts unceasingly create the world around you and all circumstances of your own Life.

Each of your Thoughts is material, so be extremely careful and gentle with the Thoughts that come to you, treating them like nitroglycerin, with which the slightest inaccuracy is fraught with a powerful explosion and unpredictable consequences. Thought is a double-edged sword: by wounding or killing someone in your hands, it simultaneously wounds or kills you. Anyone of you who is not aware of that can be a source of suffering and pain not only for other people, but first of all for yourself. Every psychic who practices long-distance mental healing has noticed that when attracting powerful currents of psychic energy for this purpose he loses not only his «strength» but also his weight, because along with the Thought the psychic's biomagnetic Field also releases energy which has to be replenished afterwards. Some of you are unknowingly doing this all the time, letting your mind go on and on, and not only wasting energy, but also destroying the biomagnetic structures of others. First of all, you are destroying yourself, but a lot of things happen to other people because of you, because of the uncontrollability of your thinking.

The world is a vast web and everyone is becoming more and more interdependent every day because there are more and more people on your planet with higher psycho- and psychic abilities who continue to emit more and more very powerful Thoughts, greatly dominating others. In ancient times the world was much more peaceful and natural, because people were

not inclined to think and think too much, trusting more in the Heart in everyday matters. Surrendering to sensuality, they started every new day with prayer and ended it with prayer, also during the day they gave every free minute to prayer. Prayer is positivity, which is known to be the best antidote to negative thoughts, it is sending goodness and blessing to all, it is compassion and sympathy to all. The deeper you can penetrate with your Consciousness into any of the material Forms, the more you will become convinced that all the things around you are already realized Thoughts of someone else. And the deeper you begin to penetrate into the Self, the stronger will be your conviction that your Thoughts are very much the same as the things surrounding you.

Things are materialized Ideas, former Thoughts. Thoughts are Ideas of things, future things. You can dismiss any Thought as a thing or drive it away like an annoying fly. With an unexpected Thought you can «stun» or «knock down» someone, or kill as reliably as with a dagger. Thoughts expressed in words can be given to another as a gift, or infected like a disease. The whole Universe is filled with Thoughts and the consequences of their densification at different levels of synthesis of Mento-Plasma and Astro-Plasma. By getting to know the Nature of Thought you can easily reveal the true nature of many phenomena occurring in your world. For example, if someone is constantly thinking about you, sincerely wishing you good luck and well-being, and if you yourself are no less a blessing to someone else's Life, then you will surely be well, because your Time Field will be developing under the intensified influence of not only your but also other people's favorable Thoughts.

In some of your philosophical and religious traditions, before a student begins to learn the state of «no-mind» («total absence of mental activity», «wu-wei»), he is first taught ways of getting rid of negativity. This is necessary because attaining this state while retaining elements of negativity in oneself endows such a person with too much destructive power, dangerous not only for society but also for the individual himself. He who never uses Thought, but accumulates the energy of Thought, constantly strengthening and concretizing it by Words and Actions, always achieves what he has conceived. Therefore before you begin consciously to work with your Thoughts you must necessarily achieve the state of absolute positivism in your thinking. This - in positivity and goodwill - is the difference between 'black' and 'white' magic, between 'black' and 'white' Lodges and Fraternities. Which side of your Life you will join depends first of all on your spiritual positivity and constancy of your inner purity.

«Black magic» is nothing but a person who has accumulated Thought energy without first getting rid of their own negativity. «White magic» is nothing but a person who has concentrated a lot of Thought energy, but in his existence is invariably based only on a positive attitude towards his surroundings. Notice that the SAME energy formed in the Consciousness of a person with a «negative» sign becomes black, destructive, while that formed and directed by «positive», altruistic principles becomes white, creative. Thought, when directed from one person to another, evokes in him exactly the same associations and perceptions as were originally implanted in it.

The physical properties of the Thought-Form are as follows: it can concentrate by its various qualities in the biomagnetic Field of the human body, accordingly being modeled

in the etheric Space of the lural, mental and supramental bodies; it can instantly overcome (penetrate) the Space and Time of your reality, be stably fixed on the ether components of any objects, especially those composed of water, being stored on them for very long periods of time and thus can be transferred as desired from one level of Consciousness to another. Once a Thought has been transformed into a Thought Form and has been consciously (or even unconsciously!) sent out to some 'point' of your Space-Time, its characteristic vibrations can for a long time remain there, generating that kind of creative activity for which this Thought-Essence was created.

The Thought Forms emanations generated in Space-Time by some people attract to themselves the Thought Forms of other people thinking in the same self-realization direction and form in the matter of the Astral Planum layers of various kinds, just as in your reality water clouds gather in the air and form various types of clouds. Astro-plasma and Mento-plasma literally «soak up», saturate the whole Astral plane with their synthesis products and thereby AS if separated in its separate levels of the Astral Energy-Matter, formed according to the identity of vibration of similar thought-forms which are creations of billions of people actively living their lives in those levels of space-time continuum of your reality, which you tend to regard as your «past». Having originated in quite different historical and social contexts 'many years ago', many of them are sufficiently alive to influence your world today and the Consciousnesses of those 'modern' people who are presently ready to perceive them and to become their instrument in fulfilling the mental-vital coding implicit in them.

Thus any thought-form embedded into any material object, be it a flower, a stone, a metal, a symbol, a body part, anything! -It remains fixed to the etheric component of the object during a time which corresponds in its duration to the Willpower of the person that created the psycho-material «tandem», and it always strives to comply with the initial meaning embodied in it. This is the mystery of the power of amulets, talismans, consecrated objects, antique figurines, druidic stones, altars to the gods and everything you put on your hands for mystical purposes. Everything you surround yourself with is personally attracted by the quality of the vibrations of the actively generated thought-forms which are absolutely identical to those that are attracted to you as if from «nowhere», or rather from the whole Universe. The primitive, coarse energetic thinking of the majority of modern people has degenerated into a purely mechanical process which does not invest the thought-forms it creates with sufficient mental power for self-realization, and hence their thoughts, unable to maintain their independence, are rapidly attracted to the stronger currents of identical thought-forms.

Although the strength of each Thought-Form depends mainly on the psychic peculiarities of its projection, yet there is a basic law of Thought which allows any Thought-Form to attract to itself other, identical in quality, thoughts, to unite together, to mix and to «coalesce» as it were, and sometimes to amplify in this way to enormous potentials. The spaces of localities as well as individual Time Fields of people have their psychic peculiarities, their characteristic inner features, their «strong» and «weak» places, their dominant Thought Forms. The mental atmosphere of a village, town, state or nation is the combined Thought Form («Egregon») of the people who live or have lived in it, expressed in action. By being

in one place for a long period of time, each one of you is automatically affected by the dominant Thought-Form of that place, and willingly begins to change internally, ascending or descending to the qualities of the energies prevailing in the mental structure of the Egregor in question.

It should be noted that the settlement of new people daily generated by their waves of Thoughts can greatly affect the existing «inner atmosphere» of this Space, actively filling it with new content. Even a single leading Thought of one intellectually balanced and psychically strong human being is able to neutralize and smother the whole currents of weak, gross-material Thoughts of many people, directing their development in the direction they desire. Only mentally organized, purposeful and energetic men can galvanize great masses of other men and even entire nations by opposing the power of their thought-forms to other outside psychic influences. But a person who is not trained in the skill of conscious thought making is very much exposed to the mixed influence of the thoughts of others in his environment and in the place where he spends most of his time. There are places which may be called «perilous» or «notoriously unfortunate» in terms of their mental influence on people's Consciousnesses, and although a person of strong will can overcome their hypnotic influence, weak-willed people may easily succumb to it.

You may have noticed that some houses or flats have an air of sunshine, warmth and friendliness, while others can be a little cold and repulsive. If the «soulful» atmosphere of an ancient church can evoke a sense of tranquility, grace and peace, places where bloody crimes or violent battles have been committed often have an unpleasant atmosphere that arises from the thoughts of those involved in the battles, the crimes and their victims. Likewise with people: some of you spread an atmosphere of joy, merriment and cheerfulness around you, while others, on the contrary, by their mere appearance, kill all merriment in the company, introducing a sense of discomfort, sudden irritability or awkwardness to those around, which can then escalate into an unexpected scandal, family discord and so on. But if you think that the various layers of Thoughts and mental emanations, by occupying a certain part of Space, are pushing out other clusters of Thoughts, you are sadly mistaken - there is nothing of the kind in the Ethereal World.

In the Space of the Astral Sphere one Form («object» or «phenomenon») can in no way «interfere» with another Form, since any movement of Astro-Plasma and Mento-Plasma is carried out only through the state of activity of the Consciousness of beings directing their Creative Attention to a given «point» of Space. The thought-particles which form by their activity the thought-sensory emanations of astral Matter are clusters of different vibration frequencies and therefore the same Space may be filled with Thoughts of most different qualities and qualities, freely spreading and mutually penetrating without mixing, colliding or interfering with each other. By generating in the Space-time Thoughts of anger and hatred for a long period of time you attract such streams of low quality Thoughts into your Consciousness that if you could see them you would become horrified with what you are doing to yourselves.

The longer your thought process develops in such a direction the worse the consequences will be for yourselves, for with every thought you open yourselves to some influence, thus

becoming the centre of the universe of a quality peculiar to your level of thinking. And if you keep on this level of your relations with the world around you until your Thoughts become natural and habitual, you will begin to draw to yourself just such circumstances and conditions which will give you the opportunity to manifest these Thoughts in action, that is to materialize them. The power of thought activates a very definite kind of Energo-plasma, which in turn activates and directs the movement of Formo-plasma of a particular density and inertness.

This «Thought-force», manifested for realization in your Consciousness by the active activity of the Mind, projects the qualities of its vibrations onto the Elements of the Mind of the Flaagg-Plasma («Ether») activated by it, which, changing the speed of their movement to the necessary level, turn into what you call «atoms» and «molecules» that form the Formo-Plasma of the physical Matter of your reality and have the necessary physical characteristics: shape, size, a certain type of energy and Consciousness. The Flaagg-Essence materialized in this way («etheric essence») contains all the characteristic elements of its «parents» - the «creator» and «First Creator» (Thought-Idea and Energy), which it inherited from them and which endow it with characteristic properties for them, as well as corresponding opportunities that they can use for their further strengthening, consolidation and crystallization («manifestation»).

Thus, absolutely everything that you call «matter» or «matter» is actually the result of concentration and further crystallization of the Mento-Plasma, Astro-Plasma and Flugg-Plasma Mind Elements synthesized among themselves, and hence it can be definitely considered that everything in your material world has been caused to exist by Thought, Sense and Ether energies. The physical world around you which you see and perceive is the gross form of the inner or subtle world. It is only a result of your choices and your perceptions of it, while the real cause of it lies within you. When you learn to master your inner powers, you have the entire universe at your disposal, becoming both Her powerful Co-Creator and a participant in Creation at the same time.

You can easily and quickly see for yourself the truth of the statement «Thought materializes in action» by observing that when any desire arises in you the first thing you feel behind it is the need to perform some action necessary to achieve what the thought of it originally prompted. But this does not mean that any of your desires will immediately be fulfilled, because the new Thought which follows it, prompting you to suppress that first impulse, can easily keep you from acting - hence the first Thought will no longer be realised. Similarly, in a flash of anger you may feel the urge to retaliate and strike back at the person who has made you angry. This Thought, impulsively manifested in your brain, immediately pushed your body to the execution of the intended action, but before your tense muscles come into motion, a new, more sensible and sober Thought may cause you to abandon the intended action and, by realizing this Thought, the opposite work of the body muscles will completely change your original intentions.

The two actions - «ordering» and «cancelling the order» - follow each other so quickly that your mind, busy processing information coming from both «inside» and «outside» at the same time, is simply unable to catch any movement at all. And yet a muscle group has already tensed

up for the punch, but immediately relaxed under the influence of the delaying impulse. Many mentally unstable people with an irritable, aggressive and willful character, who are under the influence of contradictory and uncontrollable thoughts which literally tear them apart, are in a state of constant nervous tension, and therefore their body muscles are constantly tense. If, however, you cultivate in yourself the ability to restrain, under the meticulous control of the Will, all your impulsive mental manifestations, you will easily avoid such unnecessary tension and constant jerking of the body.

By nurturing your Will, you will be balanced and restrained on your Way of Life, not allowing your impulsive Thoughts to agitate your mind over trifles and continuously shift your attention from one subject to another. In this way you will become the master of your Thoughts and moods, and you will never again be their obedient slave. And only then you will realize that your Mind possesses an incredible creative power capable of creating from the Energy-Plasma of the Ethereal World any thought-forms, thought-images and thought-ideas you need, continually filling the world around you with them and actively influencing with the intentions you desire not only upon Life itself, but upon all that forms it: people, animals, things, natural phenomena and even 'death'. You will experience that certain states of your Mind are not only capable of intensively attracting the energy-plasma of the Ethereal plane, but they also bring about circumstances and conditions which enable you to use any of your Thoughts and inclinations in the direction you desire.

If your still undeveloped mind is wholly absorbed only by the lower passions and fleshly desires, then your whole aggregate Consciousness will only work in the direction of leading you into those life-streams where these passions can be most satisfactorily satisfied. Know that a Thought which has been generated by someone, but which has not been actualized, and which has synthesized sufficiently the power of desire, constantly seeks for its own self-expression among people and is easily attracted to the Consciousness structure of the one who is ready and able to help it materialize by his/her actions. There are many unrealized Thought Forms and Thought Ideas floating around in your Space-Time, seeking for years and even centuries the Minds of men able to perceive and express them in action. These priceless supplies of Knowledge and Experience of the Universe are always open to you, you need only wish to make use of them and know how to profit from them without causing even the slightest harm to anyone.

As you strive to know Yourself more deeply and thoroughly, you will very soon notice how difficult it is to suppress with your Mind some of the Thoughts which float up through your Consciousness apart from your Will, and you will find that your Consciousness is nothing but a screen with projected upon it plays of various conceptions and various Ideas, the struggle against which is quite problematic. At first you will constantly have to deal with Thoughts suddenly rushing into your Consciousness and totally disobeying your Will. When you begin to study these Thoughts to understand their nature, you will involuntarily begin to ask questions:

- where they come from;
- how they affect you;

**This book costs less,
than your cup of coffee.**



Complete catalogue of books written by Oris Oris

Books are available in the following languages:



russian



english



german



bulgarian

About the author

During his creative life Oris has written about 100 books on spiritual-philosophical and esoteric topics, as well as on the mental and spiritual relationship between the human energy-structure and the energy-structure of the universe.

A large part of Oris's life is devoted to spiritual creativity through writing books on cosmological subjects. In them the author uncovers such matters, which no one has ever touched so deeply and in such detail before. As early as 1996 Oris managed to find his Spiritual Mission, which he is tirelessly pursuing to the present day.



Oris was born on 25 January 1954 in small Ukrainian village of Maryinka in the Donetsk region in the family of a miner and a nurse.

From an early age (at the age of three) Oris developed an intuitive gift for writing poetry. Oris read out his first poem «Zhen-shen» at the age of 3 to his mother, who wrote it down, because he couldn't write yet.

He also possessed medial abilities from an early age: he could spontaneously «see» dynamic pictures of events and episodes from other people's personal lives, the authenticity of which was often later proven.

As a preschooler, Oris would periodically warn the children of impending contingencies when they were up to some mischief, and at school he knew who would be called to the blackboard and warned his classmates about it. He also knew in advance which boys and girls would be sympathetic to one another and which not.

Oris's first poems, from the age of 6, were published in the Maryinsky district



newspaper. In addition, Oris was good at drawing: 14 portraits of Ukrainian and Russian writers, which he painted in the 3rd grade, decorated the walls of the school corridor.

In 1971, Oris graduated from the 10th grade, worked as an instructor of physical education in Maryinsky Raypotrebsoyuz, and in 1973 he entered the Faculty of Agronomy of the Crimean Agricultural Institute, graduating in 1978. After 4 years of professional activity on the South Coast of Crimea (Yalta), he became the director of sports and recreation base (village of Ponizovka), belonging to two Moscow research and production associations - «Measuring Equipment» and «Energy», serving the space industry. He resigned in 1990 to pursue his literary career.

As a teenager, Oris became very interested in martial arts: karate (Kyokushinkai), kung fu (dim mak - «the art of the poisonous hand», Wing Chun, Zui Quan), judo, sambo and others. Later, in 1975 he achieved a black belt in martial arts and in 1979 in Yalta at the Ministry of Internal Affairs he opened a martial arts section and hand-to-hand fighting.

From this period (1975), while still a student at the Institute, he worked for 15 years on writing several books series about martial arts. Three volume textbook on karate and Dim-Mak Art titled «Karate Way - from Student to Master» was colourfully designed and published in Moscow in 1992. During these years a separate book «Dim Mak - the art of poisonous hand» was published in Moscow. A second cycle consisting of more than 20 books under the general title «Initiation or the Path of a warrior» was written during this period, but it was not published in the USSR because the author had no higher physical education. For this reason in 1982 Oris entered Simferopol State University, but in the 4th year he left the University for family reasons (due to the birth of his son Yaroslav in 1983) and because of perestroika.

During his work on the book cycle 'Initiation or the Path of a Warrior', Oris (in a state of deep meditation) first inadvertently came into Contact with his Spiritual Teachers, after which he regularly received the information that formed the basis of the most unique book series 'Life between Live's and all the books subsequently written by him.

Then begins a more intense Spiritual Path for Oris, marked by a turning point in his life due to the urgent need arising in his Consciousness to find Himself and his Spiritual role in life.

He went as a hermit to a cave in 1996 from which he had no plans to return. There, in the cave, deep Spiritual revelations came to him, as well as information about his past (parallel) lives. Some of these inner experiences Oris described in poems, which have been published in a separate collection. On the basis of the contacts with his Spiritual Teachers during this period (after 40 days of taking only water), having learned his Purpose in life, he returns home with a renewed Self-consciousness, after which a new Spiritual phase begins in his life: within four years he writes more than 40 books, which are combined into several cycles with the following



titles: «Life Between Lives», «The Art of Dying» and «Extraterrestrial Contacts».

After 2000 he began to write texts to the melodies of Soviet hit songs, in which he expressed the whole quintessence of his spiritual conclusions and thoughts, emphasizing the role of Love, Kindness, Mercy and all Human qualities and feelings, which people so often forget in their everyday life.

Also after 4 consecutive Spiritual Initiations (from 1996 to 2000) Oris gets access to more true and authentic information about the structure of the Universe and the role of human in it, which he reveals in the book series called «lissiidi», «The Great Message», «Immortality is available to everyone» and «lissiidiology Fundamentals». These book series are written as the quality of information that Oris received becomes more and more complex because it comes from deeper and deeper levels of the collective Subconsciousness. These more profound and insightful conceptions form basis of his own Self-Consciousness and he begins to find answers to complex cosmological questions that until then were expected to remain unanswered for people for many decades to come.

A more detailed and complete list of all books written by Oris is set out below. They are presented in chronological order as books were written.

All Oris's books in all available languages can be downloaded for free from **www.orisbooks.ru**.

**Compilation and preparation of material,
layout design, translation: Astiyraalls**



1992



Three-volume book «The karate Path - from apprentice to Master»

Moscow, 1992

Pages: 759

For the first time in our country is being taken an attempt to summarize the personal experience of the author, who gave most of his life to the study of the theory and practice of martial arts. The original materials concerning the psycho-physical training of adepts of martial arts are being presented. This books also touches the moral problems, traces the philosophical origins of karate-do, which have their origin in the teaching of Buddha. Even with the most detailed textbook it is impossible to become a master of karate. For this you need a Teacher. Then what is this book about? It contains the information, without which you cannot become a Master.

The author has for many years been seriously and deeply involved in the study of oriental martial arts: karate, judo, kung fu, dim mak (the art of delayed death). This three-volume book covers all stages of karate training - from the basics to the highest mastery, including dim mak and no-touch kicks (energy blows). It is an encyclopedic edition in three volumes. The basic techniques of defensive movements, hand and foot strikes are presented in detail. Also are being analyzed the mechanics of each movement, internal mental components, technique of passing relaxation phases and the concentration of energy. The book contains numerous photographs, diagrams and engravings.

VOLUME 1, CONTENTS:

- SECTION 1. The Path of Buddhism
- SECTION 2. The path of developing Eastern martial arts
- SECTION 3. Breath exercises in martial arts systems
- SECTION 4. Martial arts training systems
- SECTION 5. Theory and practice of basic karate and kung fu postures
- SECTION 6. A brief overview of some of the major natural weapons and how they are used

VOLUME 2, CONTENTS:

- SECTION 1. Theory and practice of «Uke-Waza» - defense techniques
- SECTION 2. Theory and practice of hand striking techniques
 - «Zuki-Waza» the technique of penetrating punches with hands
 - «Uchi-Waza» the technique for delivering chopping punches with hands



SECTION 3. The theory and practice of «Geri-Waza» — techniques of making leg kicks

Kick forward — «mae-geri»

Side kick — «mawashi-geri»

Kick to the side — «yoko-geri»

Kick backwards — «ushiro-geri»

VOLUME 3, CONTENTS:

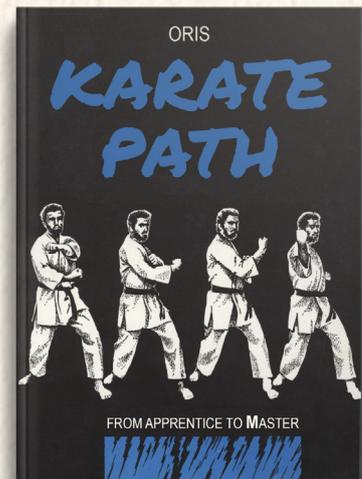
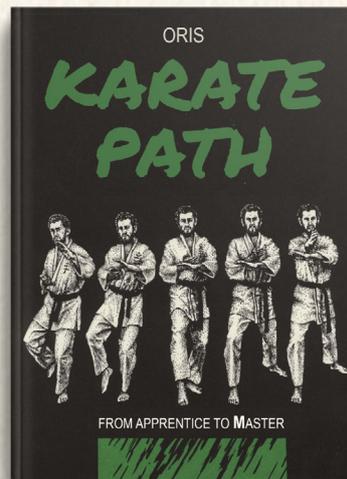
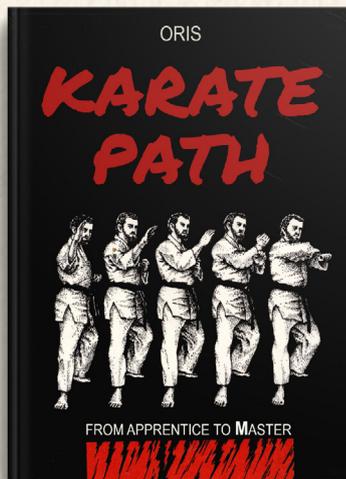
SECTION 1. Practicing combat with multiple opponents

SECTION 2. Pre-hospital care in karate classes

SECTION 3. Some ways to increase athlete's performance

SECTION 4. The Path from «the touch of delayed death» — to no-touch kicking

A brief glossary of basic terms, names, and designations



1996



«Dim Mak - the art of the poisonous hand»

Moscow, 1996

Pages: 211

The uniqueness of this book lies in the fact that it is the first attempt to combine the basics of energetics of martial arts, as well as a very specific technique of influence onto human nerve centers and the energy defeat of enemy at a distance.

The psychological, reflex-therapeutic and mechanical methods of increasing the athlete's capacity for work under increased loads are discussed in great detail.

Extensive Russian-Japanese and Japanese-Russian dictionaries are designed for masters who communicate with Japanese karatekas.

CONTENTS:

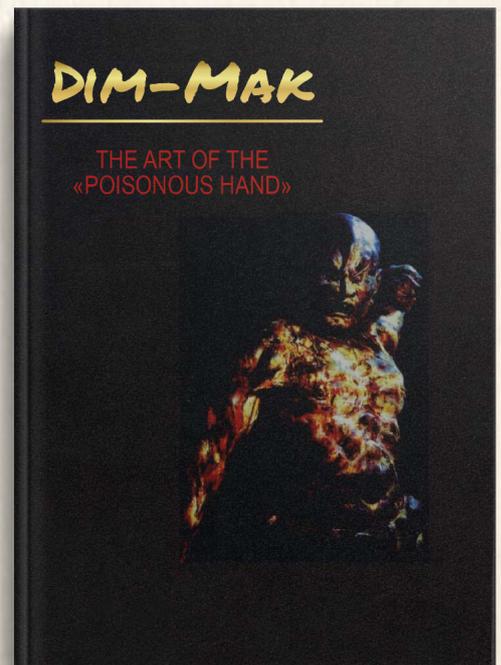
SECTION 1. Practicing combat with multiple opponents

SECTION 2. Pre-hospital care in karate classes

SECTION 3. Some ways to increase athlete's performance

SECTION 4. The Path from «the touch of delayed death» - to no-touch kicking

A brief glossary of basic terms, names, and designations



Book series «Initiation or the Path of a Warrior»

This series of books about «The Art of Dim Mak - the Art of Delayed Death» was written by the author in order to reveal all the nuances and details associated with the Kung Fu - Dim Mak fighting style, which previously in such depth and detail have not been described anywhere else.

«The Path of the Warrior and the Spirit of Initiation»

«The Spirit of Thought and the path to Meditation»

«Sickness and its healing with a Thought»

«The Spirit of sound»

«Healing with sound»

«The Spirit of Energy»

«Healing with Energy»

«The Spirit of breath»

«Healing with breath»

«The Spirit of movement»

«Healing with movement»

Yalta, 1991-1996



Separate books



«Wandering of the Soul» or «Life between Lives»

Moscow, Kiev, 1996



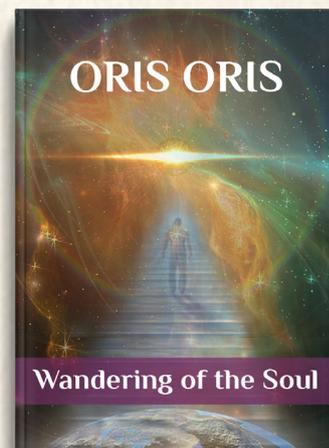
Pages:



The book not only introduces the reader to the problem of Death, but also considers the place of human in the Cosmic Hierarchy. You will learn about the Path of warrior and his attitude to Death, about the septenary composition of a human, about the overcoming the fear of Death, about the relationship between man and Egregors, about chakrams as natural channels of communication with other worlds. The book contains techniques and methods of entry into inner spaces and transition to other worlds.

CONTENTS:

Foreword
 Other Worlds
 Warrior and Death
 Meditation is «Death»
 Fear of Death
 The Art of Dying
 Human - Space
 Space and Time. Guide to other Worlds
 The Material Universe
 Man and Egregor
 Non-humans
 Cleansing from evil during life-time
 Journey in Time and Space
 Technique for entering inner spaces
 Methods of transition to other worlds
 Auto- or self- hypnosis
 Conscious dreaming
 The second way of exit
 Chakrams - natural channels of communication with other Worlds
 Muladhara
 Svadhithana
 Manipura
 Anahata
 Vishuddha
 Ajna
 Sahasrara
 Composition of the human
 The septenary composition of human
 From the author





A collection of poems «40 days of Hermitage»

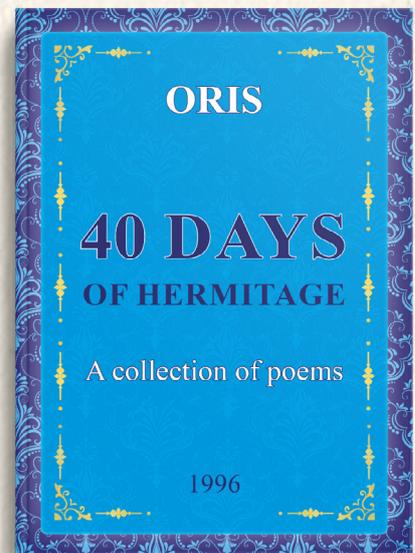
Yalta, 1996

Pages: 47

All poems in this book were written by Oris in 1996 in the Ai-Petri mountains, when he voluntarily took a vow of silence and lived for 40 days in a mountain forest, in a small space dug with a tin can between two rocks supporting each other, completely refusing food and any communication with people.

His inner reason for going to the mountains was the pressing, unyielding need in his Soul to try to cognize the Meaning of his present existence as deeply as possible and, if possible, to try to find the Essence of his own Spiritual Destination by conducting an inner dialog with his «Higher Self» and seeking opportunities to understand himself...

This book also contains an audio recording of these poems, which Oris recorded onto a tape recorder during this act of hermitage.



1997-2000



Thought and Meditation

Yalta, 1997



Pages:



Thoughts, unlike objects, do not belong to you: they come from somewhere else all the time, stay and interact with your Consciousness for a while, and then imperceptibly disappear to somewhere. Your thinking is the process of continuously synthesizing in your reality newer and newer Forms from the already known to you mental and sensual experience. Therefore for you the thinking process represents the «beginning» and the «end» of absolutely all of your desires - from getting some material benefits to achieving «higher» (according to your concepts) spiritual goals.

By mastering the art of mental transformations, you will have an absolutely real means of consciously controlling the material conditions of your earthly existence. By improving in this direction, your mentality can reach the point where it becomes possible to control the powerful factors of the natural elements of Nature, influencing not only the weather, but also such destructive phenomena as tornadoes, tornadoes, earthquakes, tsunamis with the power of your Mind...

CONTENTS:

Life is a product of the creative movement of thought

Every thought is material

Working with Thoughts

The Adept's teaching

How to become an observer

About conducting concentration classes

In life, we build everything with our Thoughts and Consciousness

About the practice of dream formation

Thought is a product of time

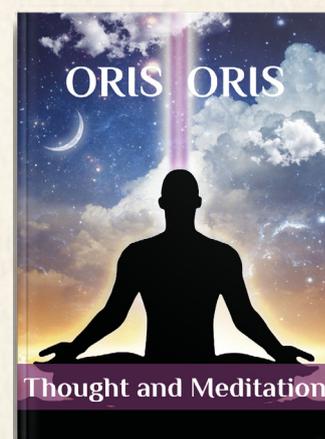
A technique for opening the «third eye»

Everyone lives in the world of their own dreams

How to go beyond Thought

About the creation of a Thought Form in Meditation

Practice





«Soul in the Zodiac»

Moscow, 1999



Pages:



The book «Soul in the Zodiac» continues and develops the subjects, raised in the book «Wandering of the Soul». In this book the author tells about his experience of Contacts with extraterrestrial civilizations, considers the model of the structure of the universe, in particular the worlds of spirits, hellish worlds, worlds of the solar system and other worlds and hierarchies.

The existence of the Soul in the transition between worlds, the archetypes of the astral and subtle worlds are covered in detail. In this book the reader will find the most complete answers to the eternal questions of human Existence.

CONTENTS:

Part One. Worlds of the Solar System

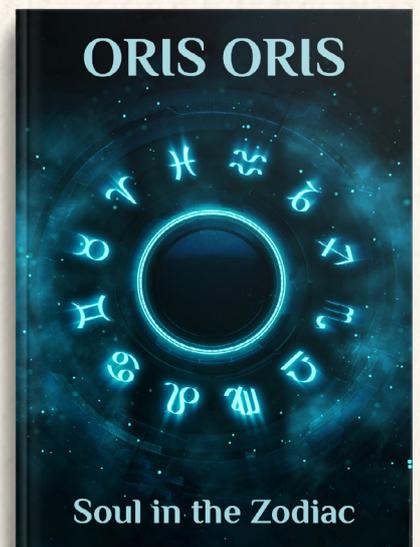
- Worlds of Religions
- Worlds of vedanta
- Worlds according to Buddhism
- The worlds of human
- Descending Worlds
- Ascending Middle Worlds
- Worlds of «doubles»
- The World of perfect Spirits

Part Two. Extraterrestrial Civilizations

- Civilization from the planet «Ceres»
- Civilization from the constellation Andromeda
- Civilization from the constellation Pleiades
- Civilization of silver «humanoids-balls»
- Civilization of green «humanoids-balls»
- Star Spirit Christ
- Guardian Angels

Part Three. The physical world

- Etheric layer
- Physical body
- Etheric body
- Animal community archetypes
- Astral body
- The Astral
- Aura of the Soul
- Evolution of the Spirit



Book series «Life between Lives»

Yalta, 1997-1998

What Oris writes about in this book series is the most detailed description ever written by human about the entire sequence of events undergone by the Consciousness of a dead person when he returns to his Heavenly Home, which has so many «abodes» that it is impossible for an ordinary person to even imagine.

Oris, using his many years of individual experience of astral travel, describes in detail the Astral and Mental realities he has explored, transforming the Incomprehensibly-Cognizable Existence into Knowledge that is comprehensible to almost every person, which leads readers to a gradual realization of the immutable Truth of their infinite Cosmic Existence.

Book 1. «Life without death» («The spirit of death»)

Yalta, 1997



Pages:

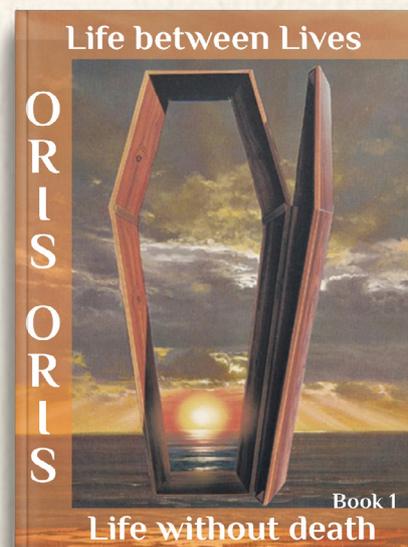


Who are you? How and why did you come to this cruel and alien world? Where will you go and how will you live after your loved ones have said good-buy to you on this earth? And will you really exist after that? These are constant questions. But they have answers. The secret of life and death irresistibly draws man to the realization of what he has long known, but what has remained a mystery and unknown.

If you need answers to these eternal questions, if you can no longer live without understanding them, then this source of knowledge is for you.

CONTENTS:

Death is the beginning of Life
 Death and religion
 Life is the path to immortality
 Death is the form of Life
 Dialogue with the Teacher
 Warrior and Death
 Warrior and suicide
 The fear of Death



Book 2. «Soul and the Cosmos»

Yalta, 1997

 Pages:

 When confronted with the constant choice between Good and Evil, man is lost and does not always think about whom exactly with his every choice and action he serves: God or Satan? To help the reader to choose, the author tells in details about Egregors - astral entities, adapted to living in both as in positive so and in negative poles of Existense, which are mainly determined by the nature of Egregor itself.

 The author helps to understand all the subtleties of this topic, showing using examples the activity of «devil's Egregors», explains to what can lead the spiritual ignorance and thoughtless worship of material symbols, which all lower the human consciousness to the level of sorcerers, magicians and so-called non-humans.

How can we cleanse ourselves from the astral dirt of our own ignorance, which degrades our spiritual Essence and puts us on the same level as wild animals? How can we in Life take care of favorable conditions of our postmortem existence? This and much more is discussed by Oris in his second book «Soul and the Cosmos».

CONTENTS:

From the author

Man - Cosmos

Space-Time

Time is a thought

River of Time

Time factors

«Black holes» - sources of Matter of the Anti-World

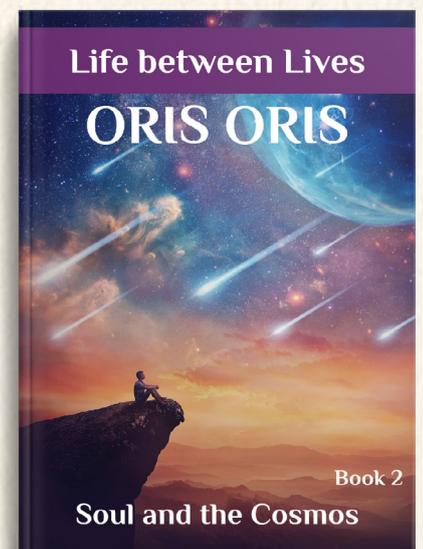
Material Universe

The Soul in the Egregor

Egregors and people

The Devil and his demonic Egregors

Egregors and the Soul





Book 3. «Soul in other Worlds»



Yalta, 1997

Pages:



Always when people speak of «other cosmic thinking civilizations» they usually mean either the intelligent populations of other planets, the so-called «brothers in mind» or something very abstract and vague. But for some reason no one ever thought that these very «thinking civilizations» could be OURSELF, but only OURSELF located at other levels of OUR development, in other conditions of Existence, in the past or future space-time structure, in other circles of OUR human civilization's time field.

All so-called «other worlds» should not be perceived as something alien and unknown. There is no dividing barrier between «this World» and the many «other Worlds». On the contrary, all that exists is one single Divine Being.

You will learn about this and much more from the third book «Soul in other Worlds».

CONTENTS:

From the author

Worlds of Solar systems

Worlds of Religions

Worlds of Vedanta

Worlds of human

Worlds of Heaven

The worlds of those who listen to the voice

Worlds of self-directed to enlightenment

Bodhisattva's Worlds

Buddhas 's Worlds

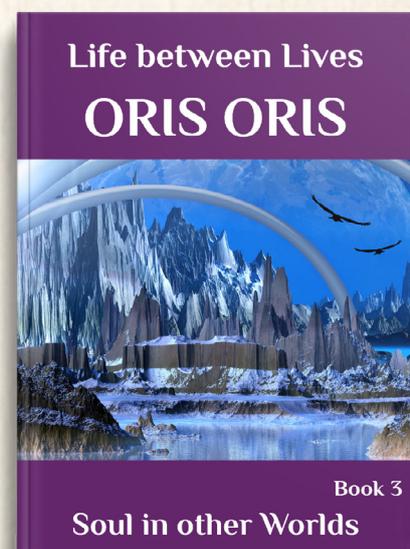
Descending Worlds

Hell Worlds

Ascending Middle Worlds

Worlds of «doubles»

The World of perfect Spirits



Book 4. «Aliens»

Yalta, 1998

 Pages:

 This book may seem unbelievable and dreamy to the reader, but those who have ears to hear will find confirmation of their thoughts and hopes and proof that we are not the only people in the cosmos.

The time has come to meet those who have been invisibly present around us for millions of years, sending signals of their invisible existence. May each of you perceive this book the way he or she feels! For some, it may be perceived as a fairy tale, and for others, as information for reflection or as a guide. In this way, the main goal of this book will be achieved, because you will know the Truth, and what to do with that Truth is everyone's personal choice.

This book represents the least amount of information about the author's many Contacts with other cosmic civilizations and the information that has been received from Those whom the author calls The Universal Teachers.

CONTENTS:

From the author

Message from the Demiurge of the World

Humanoids of the constellation Regulus

Civilization from the planet Ceres

Civilization from the constellation Andromeda

Civilization from the constellation Pleiades

An urgent message to earthlings from representatives
of the constellation of Pleiades

Ora's Message to the Earthlings

Aalan informs the people

Civilization of silver «humanoids-balls»

The Tunguska Mystery or once again about non-humans

Civilization of green «humanoids-balls»

A message from Lord Maitreya

Christ the Superstar

Aliens testify

Albellic's Messages

Ramasanta reports

Makkearland reports

Araaragot reports

Oris's dialogue with Allaagor the
andromedian

Guardian Angels

Message from Archangel Michael

Message from ELOCHEM to the

People of the Earth

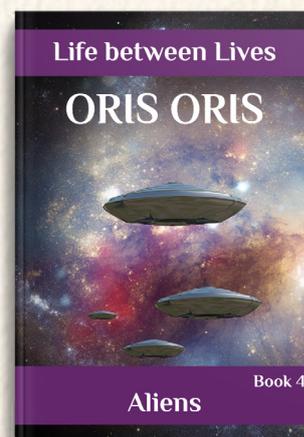
Message from Archangel Uriil

Message from Archangel Gabriel

Message from Archangel Metatron

Message from the God of the Sun

Ascending worlds



Book 5. «The technique of Astro-Travel. Chakrams»

Yalta, 1998



Pages:



In this book the author continues his exploration of the world around us and tries to unravel one of the most unexplored mysteries of nature – the human. After all, only by knowing ourselves we can come closer to knowing God and His Mysteries.

Who are you and what are you doing on this planet? What is the point of your being here? Where will you go after people say about you, «He's dead...»? And in general, will there be anything left after Death other than the memory of you? All these questions will be answered through the author of this book by his Teacher, who has undertaken the mission to give a thorough introduction to the mankind on Earth to the problem of so called «post-death existence» of a human.

CONTENTS:

The double of human and the Earth's Noosphere

The travel in Time and Space

Techniques for Entering Inner Spaces

Methods of Consciousness Transition to Other Worlds

Relaxation

Auto- or self- hypnosis

General scheme of self-hypnosis

Conscious dreaming

The second way of exit

Danger of possession during astro-travel

Chakrams are natural channels of communication with other

Worlds

Muladhara

Vishuddha

Svadhithana

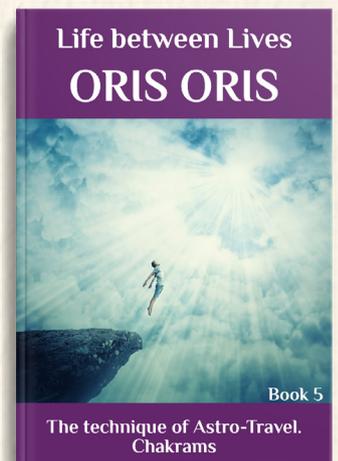
Ajna

Manipura

Sahasrara

Anahata

Composition of human



Book 6 «Man and his Soul»

Yalta, 1998

CONTENTS:

Composition of the human

Etheric Body

The septenary composition of human

Archetypes of the Ethereal World

The physical World

Archetypes of animal communities

Etheric layer

The Astral Body

Physical body

The Astral





Book 7. «Soul in the Zodiac»

Yalta, 1998



Pages:



In this book the author tells us that the entire world around us is a single system, and the parts of which are in very close relationships and interconnections, and that the entire Universe is subject to unified rhythms and unified cycles. Some of these cycles began at the creation of the Worlds and determine the Evolution of the Universe as a whole. Others determine the course of geological processes that change the face of our planet and, in turn, also affect the development of all mankind, the emergence and collapse of terrestrial civilizations.

The nature of all these influences, both global and individual rhythms, on the objects of the World is determined by the laws of the Zodiac, whose symbolism is much deeper than many novice astrologers think. In addition, in each cycle we can distinguish twelve basic and twelve current phases or micro-cycles, the characteristics of which are also associated with the passage of the Soul along different qualities and with the zodiac symbolism.

This book, as well as all the other books by Oris, is intended for those readers who seriously, deeply and with a sincere desire want to understand on their own everything that relates to the problems of Life and Death, who see in their impending Death not the most terrible and dangerous enemy, but on the contrary, a reliable adviser and a friend.

With Oris's books, Death is transformed from a frightening adversary, from an unfortunate failure or fatal mistake in the Universe into one more, another Transfiguration, to which we have already been subjected more than once.

CONTENTS:

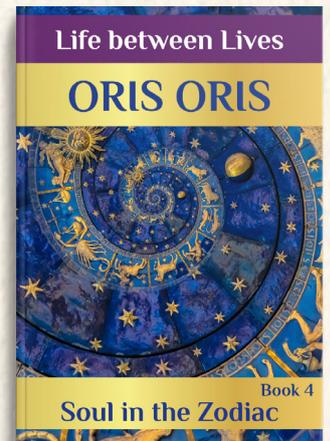
Soul in the Zodiac

The Fiery face of God: Leo, Sagittarius, Aries

The Airy face of God: Aquarius, Libra, Gemini

The Watery face of God: Scorpio, Cancer, Pisces

The Earthly face of God: Taurus, Virgo, Capricorn



Book 8. «The art of dying»



This book consists of 5 parts.



Pages:

The author has tried to give the most detailed answers to specific questions through his many years of experience of independent out-of-body explorations of the Ethereal World: how to die correctly? How to learn to accept your death in time? How the transformation of subtle bodies takes place during the post-mortem transition?

This book, describing in the most detailed way the changing state of a person's Consciousness during the process called «dying» and his Soul's presence in various



vibrations of the energies of the Astral, is also a kind of manual of religious therapy and eschatological psychosurgery, carried out through the most detailed texts of “Instructions” read by relatives for the dying ones or an already dead person in order to strengthen and awaken his Consciousness before the Transition to the Other World.

Among other things, this book can safely be classified as one of the most detailed travel guides to the many realms and spheres of the Ethereal World, which we commonly refer to as the «afterlife».

«The art of dying-1»

Yalta, 1998

Pages:

CONTENTS:

The Author’s Foreword
 Meditation on Death
 Meditation on Dying
 Jati Smaran Introduction
 Jati Smaran Meditation
 The Astrosome and Meditation

«The art of dying-2»

Yalta, 1998

Pages:

CONTENTS:

The Author’s Foreword
 The Mystery of Death
 The Postmortal Path
 The Egyptian Book of the Dead
 The Tibetan Book of the Dead
 «Mors certa, hora incerta»
 The Fear of Death
 Overcoming the Fear of Death

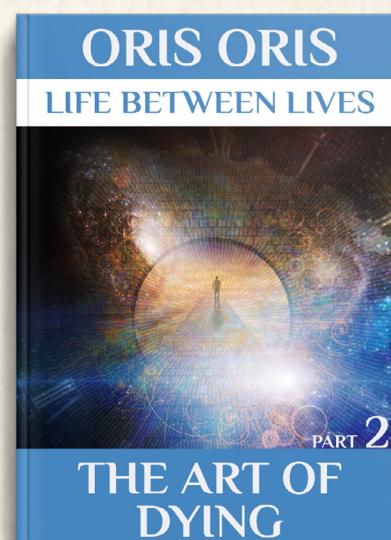
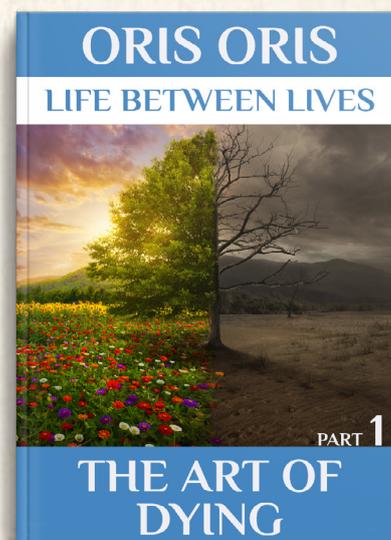
«The art of dying-3»

Yalta, 1998

Pages:

CONTENTS:

The Author’s Foreword
 Metamorphosis of Death
 The Preparation for Death
 Nobody Dies



Dying

Stages of dying

The moment of death

Signs of the coming of Death

A conversation with the Teacher

«The art of dying-4»

Yalta, 1998

Pages:

CONTENTS:

A Brief review of the diversity of Forms and types of dying

Dying is a completion of the Earth's form of suffering

Death is not the end of dying but the beginning of a new Life

Death of the non-humans

The Soul and its impulse Ring

The first phase of the transition: «The point of silence»

The second phase of transition: The tunnel effect, the bright light

The Assistants

Gradual awakening

Parting words to the dying person

For the dying one

The following text may be read for the one who has deceased

The funeral

The prayer for the deceased

The prayer for the release of the Soul

The prayer for the after the release of the Soul

«The art of dying-5»

Yalta, 1998.

Pages:

CONTENTS:

The first steps of the soul in its postmortal life

Planes and levels «of the other World»

Some peculiarities of Existence «in the other World»

Meetings with my mother

Love «beyond the veil»

Spiritual Families

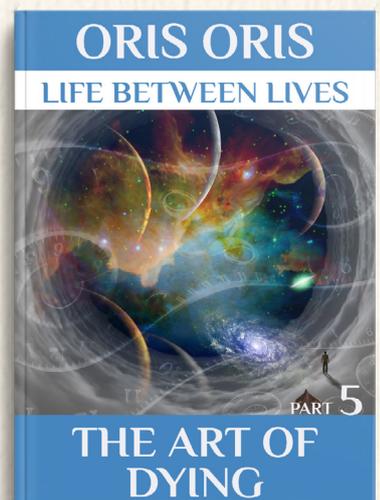
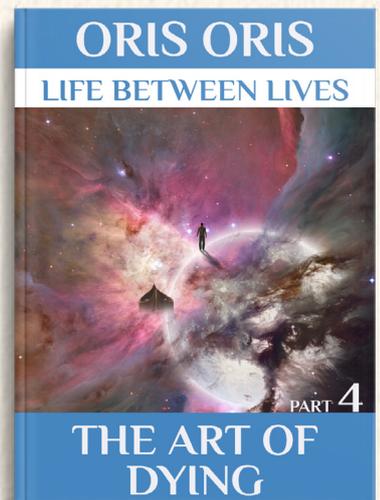
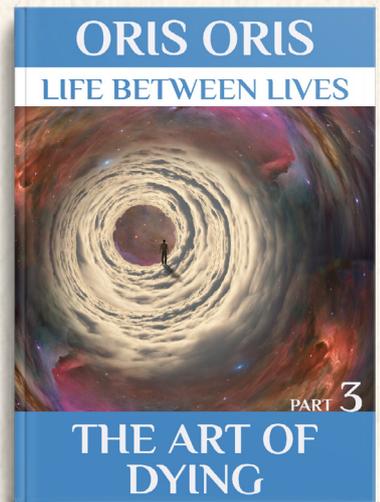
The description of «a City of Light»

What do the deceased do?

Awakening

First hours after death

Death is the return to God, return to Love





Book 9. «Soul in the Astral»



Yalta, May 1999

Pages:



Although much has been written about the Ethereal Worlds, none of it corresponds to even a thousandth of what these levels of ethereal reality actually represent, where the human soul also enters after its final release from the heavy anchor of the physical body. It took Oris years of Life to begin more or less freely navigate among the countless realities of the so-called “other World”.



The author generously shares these observations and out-of-body explorations of the Astral World with readers on the pages of this book.

CONTENTS:

Realities of the Ethereal World

The Mobius sphere and wave length

Thought and Reality

Structure of the Astral

Inhabitants of the Astral

The thought-sensory basis of the Astral

Structure of the Earth's Astral

Inferior parallel worlds

Types of possessions

The Demonic army of the Astral

Demons

Incubi and Succubi

Lilith

Imps

Golem

Dubbuk

Homunculus

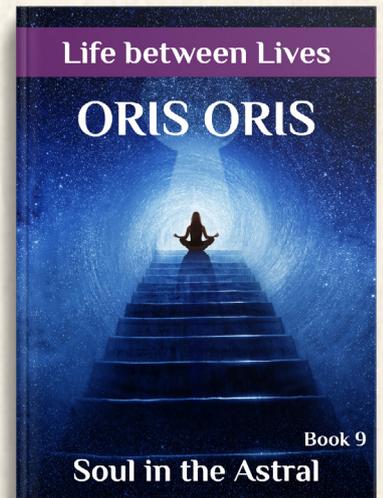
Mermaids

Gremlins

Vampires

Werewolves

Astral Activity of the ones who are alive



Book 10. «Inhabitants of the Astral»

Yalta, May 1999

CONTENTS:

Elementals

Elementers

The Thought-Forms



Book 11. «The evolution of humanity»

Yalta, May 1999



Book 12. «Anti-Worlds and Purgatory»

Yalta, April 1999



Pages:



In our truly apocalyptic and mind-blowing age of an unprecedented crisis of conscience in the spiritually and morally bankrupt humanity, which is writhing and fooling around on the fire-breathing volcano of the Transfiguration of the Earth, Ori's books about the immortality of the human Soul act as a sobering and saving call, trying to wake the dormant hearts.

On the pages of this book you will find for yourself spiritual pearls with the simplest and clearest answers to many eternal questions about man's true place in the Universe and about the higher meaning of human existence on Earth.

This book talks about the nature of the Earth's anti-Worlds and their inhabitants.

CONTENTS:

The Anti-Worlds

Hoahs and Ungs

Structure of the Anti-World

Hierarchy of the Anti-World

Administration of the Anti-World

Demons - the masters of Nature

Demons of local influence

Realities of the Anti-World

Features of the Anti-World

The races of Antics

Distinguishing Characteristics of Incarnated Ungs

Magic of the Anti-World

Purgatory

Maflocks are the fallen spirits

Spheres of the Hell

Spheres of the anger and rage



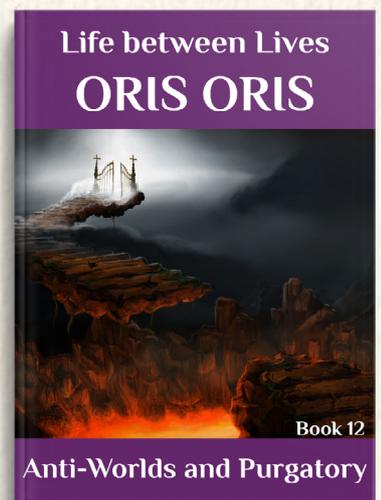
Book 13. «Ordeal of the Soul»

Yalta, August 1999



Pages:

As long as man is alive, he gives little thought to WHAT awaits him, perhaps in the next second: after all, how many beautiful lines broke off in mid-sentence, and how many good deeds were not destined to come true only because people in their busy every-day life keep putting off all the best and the most necessary,

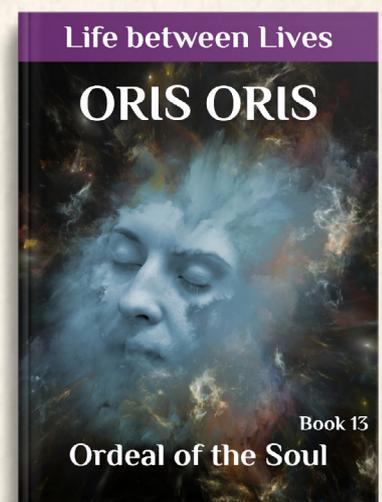


forgetting that in the next moment they may not have that «later» at all. How many lost opportunities for the most simple manifestation of Kindness and Love towards each other have never been realized, and how many unspoken beautiful words have fallen into nothing!

This book is not about Death, but rather about HOW to restructure your whole life now, immediately, so that you can meet every next moment of your earthly existence without disappointment, despair and grief.

CONTENTS:

Peculiarities of reincarnation
 Peculiarities of thinking
 The Sphere hungry spirits
 The post-mortem fate of gluttons
 The post-mortem fate of drunks
 The post-mortem fate of vivisectors and flayers
 The post-mortem fate of women who had abortions
 The post-mortem existence among the mafloks
 Suiciders and the victims of «accidents»
 The history of suicide
 The nature of suicide
 The post-mortem fate of accident victims
 The principles of exiting Hell
 The Neutral Zone
 Collective animal Souls
 The World of «Doubles». The mafits
 The Fourth Division of the Astral. The mahoits
 The Third Division of the Astral. The lamites
 The Second Division of the Astral
 The First Division of the Astral



Book 14. «Hell and Purgatory»

Yalta, 1999

Pages:

CONTENTS:

The Soul in the Nine Circles of Hell
 Inhabitants of Hell
 The mafloks
 The mafits
 The machoites
 The lamites
 The Neutral Zone
 Collective animal souls





Book 15. «Soul in the Higher Worlds»



Yalta, August 1999



Pages:

What Oris writes about in the book series «Life Between Lives» is the most detailed description, ever written by man, of the entire sequence of events undergone by the Consciousness of a dead person when he returns to his Heavenly Home, which has so many «abodes» that it is impossible for an ordinary person to even imagine.

Oris, using his many years of individual experience as an astrologer, describes in detail the Astral and Mental realities that he has explored, transforming the Incomprehensible-Cognizable Existence into Knowledge that is comprehensible to virtually every person and leads to a gradual realization of the immutable Truth of human's infinite Cosmic Existence.

CONTENTS:

Harmonious Realities of the Mental

The Paradise

Life activity and thought-creativity in the Paradise

The energy structure of the MENTAL BODY

Characteristics of people with an underdeveloped mental body

Characteristics of people with a moderately developed mental body

Spatial «geography» of the area of a specific thought

Prototypes of terrestrial forms

Mental compensation levels

The «Second Heaven» of Christians

Characteristics of the main Energy-Informational Spheres of the Mental

The seventh sphere (outer)

The sixth sphere (preparatory)

The fifth sphere (balancing)

The fourth sphere (central)

Realities of the levels of abstract thought

The «Third Heaven»

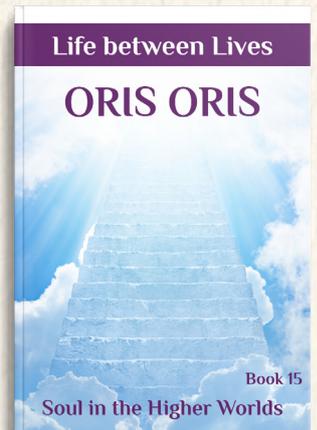
The Cities of Light

Descriptions of some of the Cities of Light

Higher causal realities of the Second and Third Earth

Globes of the Earth

Afterword



Book 16. «Soul's preparation for a new incarnation»

Yalta, 1999



Book 17. «Apocalypse»

Yalta, August 1999

СОДЕРЖАНИЕ:

Earth's future until 2147

Cataclysms

The coming of the Forerunner and the Antichrist to the Earth

The Fate of Russia

The Golden age

The Sixth human Race



Book 18. «Humans and Non-Humans»

Yalta, 1998



Pages:



Never before has the Mystery of the Creation of our World and the tragic role that Lucifer, one of the most highly spiritual First Consciousnesses of the Logos of our Universe, played in the history of the birth and development of mankind on our planet in such detail been revealed to people.



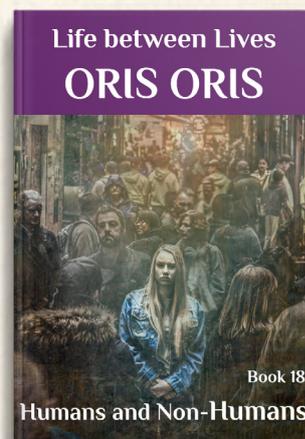
The purpose of this book is to give you the Knowledge which will help you to understand who is the God and what place in Him belongs to the forces which people call «Satan», «devil», etc. What energy-informational niche do they occupy in the Earth's Space and what form do they take (and if they have a form?) in reality?

CONTENTS:

Non-humans

The Mystery and Tragedy of Lucifer

Cleansing from evil during life-time



Book 19. «Soul in Hell»

Yalta, 1998

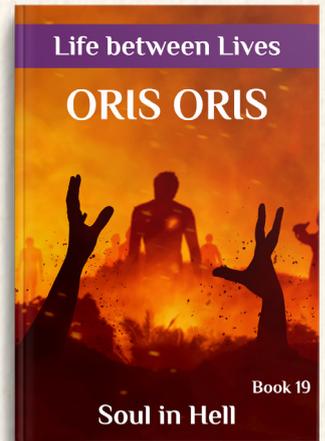


Pages:

Fear of Death is the individual's fear of losing himself, the fear of the need for further evolution. Man is most afraid of the unknown, but it is the unknown that makes a man to conquer his fear again and again. Many people are totally unaware of the infinite variety of levels of Consciousness in their own nature and whatever the author of this book may say to them about it, it will still not help them to understand it.



But there is still a small, even a tiny one-thousandth part of humanity which is the reason why all this knowledge about the true picture of Existence after Death is given. For the Transfiguration of this small part of mankind a small group of Star-Born Ones have specially incarnated and agreed to become conductors between the awakening Consciousnesses of the Earth and the Consciousnesses of the spiritual Teachers from Sirius and Pleiades. To each thousandth of the incarnate Earth's humanity Oris addresses in his books.



CONTENTS:

Life of the Soul on Different Planets

Pluto
Uranus
Moon
Mars
Neptune

The Hell and Purgatory

«Astral shells» and ghosts

The Hell

The «geography» of hell

The Nine Circles of Hell

Soul in the first circle
Soul in the second circle
Soul in the third circle
Soul in the fourth circle
Soul in the fifth circle
Soul in the sixth circle
Soul in the seventh circle
Soul in the eighth circle
Soul in the ninth circle



Book 20. «Soul in Other Worlds 2»



Yalta, 1998

Pages:



CONTENTS:

Stereotypical worlds of the Astral («maklaks», «vergons», «Glumids» and «mafits»)

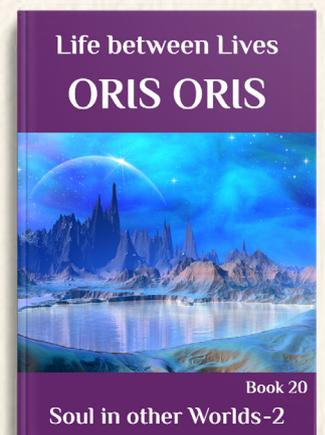
The fourth division of the Astral («shorts», «kloks», «glepmins» and «mahoints»)

The third subdivision of the Astral («pravinians», «eldonians», «kakrikons» and «lamites»)

The second sub-division of the Astral. First Heaven

The first sub-plane of the Astral. Second Heaven

Jupiter
Saturn
Mercury
Venus
Proserpine
The Mental
Laws of the mental



Book series

«Extraterrestrial Contacts»

In today's world there is a lot of information about UFOs, about the meetings of individuals and even whole governments with aliens, as well as materials of telepathic Contacts with representatives of various extraterrestrial civilizations, etc. Unfortunately this information, while passing through different dimensions to us, in our three-dimensional world, is often subject to very strong distortions and is very often misunderstood by us due to the specifics of our three-dimensional way of thinking.

Offered to you materials of Oris's Contacts with the commanders and crew members of the Sirius-A and Sirius-B starships, as well as with other extraterrestrial Consciousnesses and Civilizations, including the Consciousness of Christ, Lord Maitreya, God of the Sun (the Logos of our Solar System), Elohim (the Creators of our Universe), and the four Archangels (Michael, Uriil, Gabriel and Metatron), are unique because they are literally received «first-hand» and contain very valuable information, useful for all humanity, which lives on the eve of the Transfiguration of the Earth.

The Pleadians and Siriusians, who are the true spiritual Teachers of Earth's humanity, are happy to share with us the knowledge without which we earthlings cannot emerge from the endless series of earthly incarnations and join as equals the extraterrestrial civilizations that are part of the «Commonwealth of the Light Ring» on the expanses of Cosmic and Galactic Creativity.

About this and much more you can learn from this book series called «Extraterrestrial Contacts».





Book 1. «Teachers from Pleiades report»

Yalta, 1998



Pages:



Such concepts as «Cosmos», «Higher Intelligence», «UFOs», «aliens», etc. have now firmly established in our Consciousness, and we can no longer imagine ourselves, our planet and our entire existence in isolation from the rest of the universe, from the hope of a promising direct contact with brothers in Mind.

Who are they, our teachers, what do they teach, what do they look like, and what do they want from us? In this book you will find answers to these and many other questions.

CONTENTS:

From the author

Teachers from Pleiades report

First Appeal of The Demiurge of the World

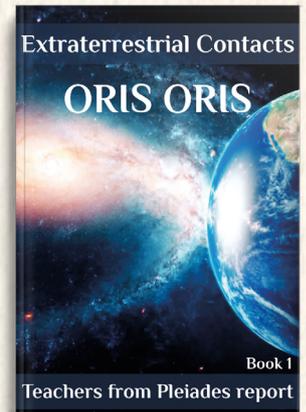
Appeal to earthlings from representatives of the Constellation of Pleiades

Ora's Appeal to the earthlings

Aalan's Appeal to people

Albellic's first Message

Albellic's second Message



Book 2. «The crew of the Starship Sirius-A reports»

Yalta, 1998



Pages:



In this book, the Pleiadians and Siriusians, who are the true spiritual Teachers of mankind, gladly share their knowledge with us, without which we, the earthlings, would not be able in the very short time that remains before the Transfiguration to come out of the many thousands of years of hibernation and to make the necessary number of timeless passages in the impermeable thickness of the Collective Consciousness, necessary for the so called «shift of the paradigm».

CONTENTS:

The crew of the starship «Sirius-A» reports

Albellic's third Message

Ramasanta's first Message

Ramasanta's second Message

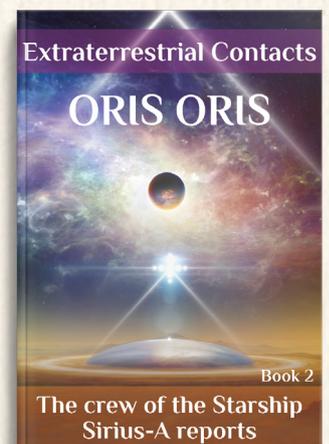
The First Universal Law of Cosmos

The Second Universal Law of Cosmos

The Third Universal Law of Cosmos

The Fourth Universal Law of Cosmos

Albellic's fourth Message



Book 3. «The crew of the Starship Sirius-B reports»

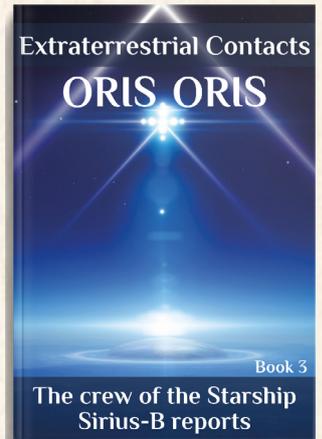
Yalta, 1998



Pages:



The next ten to fifteen years are predicted by extraterrestrials to be very informative and interesting for humanity. We will see how our so-called «unshakable reality» will begin to be rapidly turned upside down before our very eyes. Already the world does not seem as solid and unbreakable as it once did. And very soon we will all be witnesses and direct participants in a worldwide spectacle of Chaos and Confusion. The foundations of all our cultural, religious, philosophical, and scientific Paradigms, which have served us so far invariably as an image of the «real» World, in a matter of years, will crack and begin to crumble before our very eyes.



The reality of the New Age is within us, and main changes that we have to make must affect primarily our inner content, which, by freeing the Divine Light of our Souls from the millennia-old oppression of the Matter, will turn the mustiness and decay of our earthly cities into the unearthly glow of Beauty, which overflows the Cities of Light of the new, transfigured Earth.

CONTENTS:

The crew of the starship «Sirius-B» reports

- First Makkearland's message
- Second Makkearland's message
- Third Makkearland's message
- Fourth Makkearland's message
- Fifth Makkearland's message
- Sixth Makkearland's message
- Seventh Makkearland's message
- Eighth Makkearland's message

Book 4. «The Teachers of the humanity report»

Yalta, 1998



Pages:



Throughout all the history the humanity has been narrowing its perception of the Worlds from multidimensional, which includes all the subtle-material Spheres of the Astral, to three-dimensional, rough-material Level, thus not only limiting itself in the better understading of the world around, but also completely destroying the possibility of free contact with the Consciousnesses of hundreds of thousands of other space civilizations, who actively create and work in the Cosmos.

Representatives of many of these Intelligent Civilizations have practically never left our planet, while other Higher Entities have been incarnated among people only for several millennia.



They have voluntarily shared and continue to share with us all the burdens of earthly incarnations and the very heavy human Karma, only to help with their Knowledge of the Truth and their personal experience, so that the people of Earth could more rapidly climb the steep steps of the Evolution Stairs.

CONTENTS:

The Teachers of the humanity report

Araaragot reports

Oris's Dialogue with Allaagor the Andromedian

The «Wanderer» reports

The first Message of the Wanderer

The second Message of the Wanderer

The third Message of the Wanderer

First Message of Christ, Lord Maitreya

Message from the God of the Sun

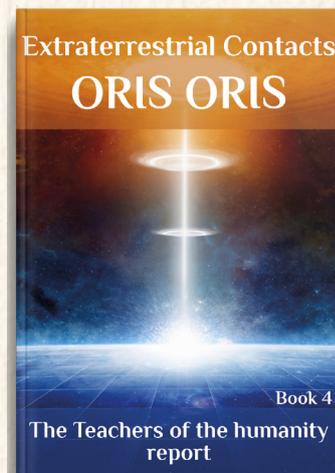
Message from Elohim to the people of Earth

Message from Archangel Michael

Message from Archangel Uriil

Message from Archangel Gabriel

Message from Archangel Metatron



Book 5. «Extraterrestrials»

Yalta, 1998



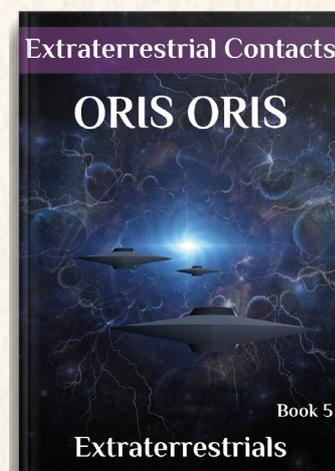
Pages:



They, the extraterrestrials, are working on our planet neither to conquer nor to enslave it, but with one single goal in mind: to slow down our rapid fall into the abyss of self-destruction, trying to bring to our Consciousnesses the moral, spiritual, social and scientific values accepted in the civilized Cosmos.

Those few people who are able to perceive their Word of Truth do everything possible, even impossible, to bring it to the half-asleep Consciousnesses of the rest of mankind.

Many «extraterrestrials» from Pleiades, Sirius, Andromeda and other civilizations of the «Light Ring» have been living among us for thousands of years, voluntarily giving up being in the Worlds of higher dimensions, just so that we, people of Earth, did not remain completely cut off from the Source, from Which all of us have come out, and to illuminate with the Knowledge of Truth the Path of spiritual ascent for Consciousnesses who no longer wish to



abide in the sleep of illusion and the darkness of ignorance. The Books of Oris are an example of this Service.

CONTENTS:

Extraterrestrials

Humanoids from the constellation Regulus

Mars and Martians

Civilization from the planet Ceres

Civilization from the constellation Andromeda

Civilization from the constellation Pleiades

Civilization of silver «humanoids-balls»

The mystery of Tunguska or once more about the non-humans

Civilization of green «humanoids-balls»

Christ the Superstar



Book 6. «On the eve of Armageddon»

Yalta, August 1998



Pages:



This book, in its uniqueness and value of the information it contains, is on par with the other Oris's books, continuing the subject of Contacts with Representatives of Worlds of Higher Levels of Existence.

Does The Christ Himself communicate with many people on the eve of the so-called «Last Judgment» transmitting specific recommendations? Has the Mother of God appeared to many to show them the way to salvation through Her Word in these terrible days of the approaching disasters and cataclysms? You just stop for a minute and delve into the rank of Those Who appeal to you – the Christ and the Queen of Heaven!

To ignore this information would be to close one's eyes, on the edge of the precipice, at the risk of being crushed to death. Is that what you want? Then read carefully, absorb and, opening the eyes of your Heart, draw your own conclusions.

CONTENTS:

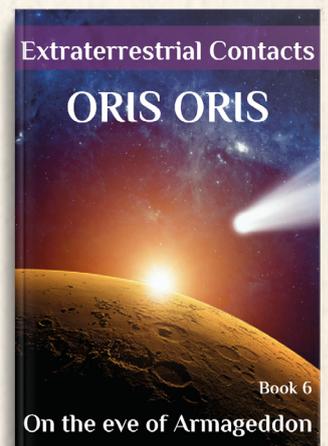
On the Eve of Armageddon

Second Message of Christ, Lord Maitreya

Commandments of Christ

The Word of the Queen of Heaven to the Adam's family

Oris's answers to the questions of the Swiss group of Star-Born





Book 7. «The beginning of Armageddon»

Yalta, September 1998



Pages:



The beginning of the Age of Aquarius. Nostradamus wrote: «I see a reborn and renewed Christ coming. And then there will come a long peace, unity and harmony among the generations of several races».

The process of division of people depending on the quality of their Consciousness has already begun rapidly around the world. It will soon lead to the final separation of mankind not by national, religious or party affiliation, but by the quality of their spiritual vibrations. People had more than enough time to change their lives for the better. But now there is no time even for a reflection.

Very soon there will be the first cataclysm of an unprecedented force, which will not only change the circumference of the Earth, but will also shift its magnetic poles. The Earth's axis, which is already in an unbalanced state, will change

and all this will cause continuous, endless cataclysms. Earthquakes and floods will become a common thing, and long and extensive fires will engulf the entire planet.

Today we are no longer «slipping into the abyss» or «standing on its edge», as economists and politicians reassure us; we are already flying into the abyss with great acceleration, and no one gave us wings to wave and soar upward to avoid death, or rather, God in fact did, but we have all forgotten about them.

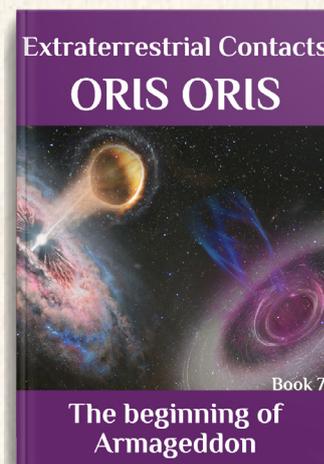
CONTENTS:

The Beginning of Armageddon

Ramasanta's third Message

Albellic's fifth Message

Oris's answers to questions from the Swiss group of Star-Born



Book 8. «Quo Vadis»

Yalta, January 1999

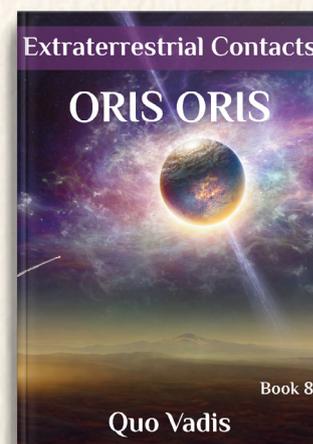


Pages:



The crew commander of the Sirius-A starship Albellic continues to share with humanity on Earth through Oris the knowledge about the last times of the physical incarnation of the Planetary Entity and its preparation for the spiritual Transfiguration.

By answering Oris's questions, Albellic describes in detail WHAT a human being really is, what are his true capabilities and what



are his immediate prospects on this planet.

CONTENTS:

Quo Vadis

Albellic's sixth Message

Albellic's seventh Message

From Oris's letters to the incarnate Star-Born



Book 9. «The Word of Transfiguration»

Yalta, 1999

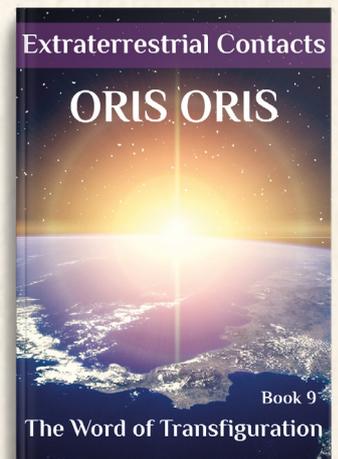


Pages:



Holy Mother of God, save us! - This is what the prayer to the Blessed Virgin asks for. But the same people disbelieve and slander, avoid and remain indifferent when the Living Virgin herself speaks to them and tells them about the ways of their salvation. «Hypocrites», says the Queen of Heaven to them, «get to know what Heaven looks like, and why do you not know the signs of the times? Prepare yourselves, people, as truly the day and hour of the Judgment of this world has already come».

In August Our Lady transmitted the first part of Her «WORD» through Oris, and on January 13 and 19, 1999, through the same channel She transmitted the next two parts and commanded to compose from Her «Word» a supranational «Gospel of Transfiguration», which was published as a separate book «The Gospel of Transfiguration by the Mother of God» (see below).



CONTENTS:

The Word of Transfiguration

The Word of Proclamation of the Mother of God

The Word of Transfiguration of the Mother of God

Second Message of the Demiurge of the World

From the prophecies of the end times



Book 10. «The New Earth»

Yalta, June 1999



Pages:



After the release of previous books in this series, letters to Oris from all over Russia, Belarus, Ukraine, and after the publication of his books in German and English - from Europe, England and the United States, come in an endless stream.

Because of lack of time, the author is not able to answer all of the numerous questions asked by readers. But the more important questions are answered in



this and the following books of this series.

Also in this book the author publishes the Third Message of Christ-Maitreya on the eve of the Transfiguration of the Earth.

CONTENTS:

The New Earth

Third Message of Christ, Lord Maitreya

Oris's Answers about the Transfiguration

Immediate perspectives of humanity

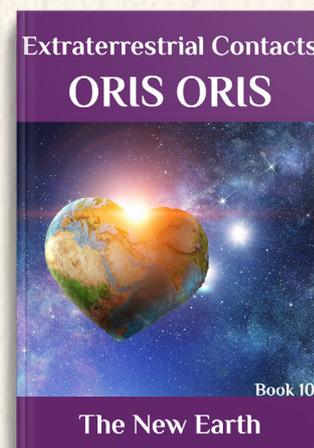
Physical atlas of the New Earth

Analogies of human death with Earth's Transfiguration Processes

Meditative practice of working with the elements

The genetic diversity of humanity

Questions and answers



Book 11. «Messages from Heaven»

Yalta, July 1999



Pages:



This book by Oris introduces the reader to another set of Messages from the Representatives of the Supreme Cosmic Mind on Earth - Lord Christ-Maitreya and the Commander of the crew of the Sirius-A spaceship Albellic.

This is the most recent material of Oris's Contacts, received by him on the eve of his departure, along with six other Star-Born, for a 44-day Meditation and purification of body (the energy conductors) with the water on the Ai-Petri Plateau.

CONTENTS:

Messages from Heaven

Fourth Message of Christ, Lord Maitreya

Albellic's eighth message



Book 12. «The Transmutation Diary»

This book consists of four parts.



Pages:



From 7.07 to 19.08.1999 a group of Star-Born Consciousnesses under the leadership of Oris, implementing specific recommendations received from Albellic during Oris's Contacts with Him (choice of place, modes of accommodation, stay and meals, exercises, themes and methods of work in Astral, etc.), was in Crimea, on the plateau Ai-Petri, to conduct general Meditations and joint work on the Subtle Plane with Jupiterians – Intermediaries of the First Order from the Pleiadeans side.

This diary was kept by Firoxanta and thoroughly edited by Oris before publication.

About what happened to them during this period, about transmutation, about the incredible events that happened on the Ethereal Plane, you will learn from this Diary.

«The Transmutation Diary. Part 1»

Yalta, 1999

Pages:

Tells about the events that took place from 07.07.1999 to 19.07.1999.

«The Transmutation Diary. Part 2»

Yalta, 1999

Pages:

Tells about the events that took place from 20.07.1999 to 31.07.1999.

«The Transmutation Diary. Part 3»

Yalta, 1999

Pages:

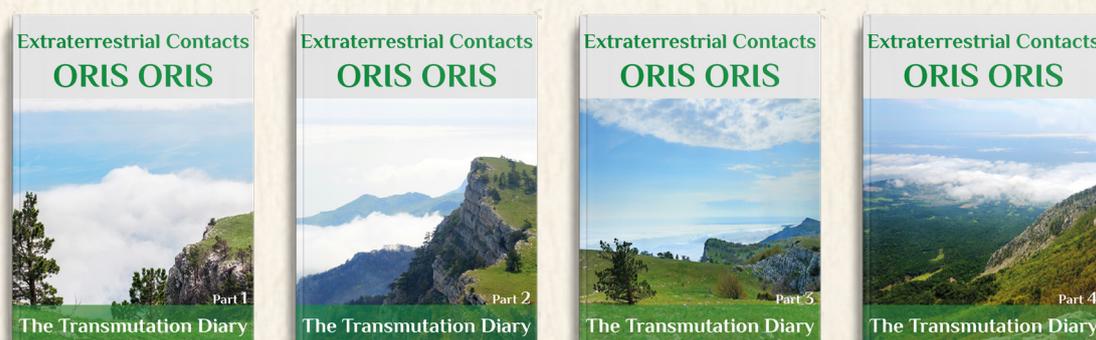
Tells about the events that took place from 08.01.1999 to 13.08.1999.

«The Transmutation Diary. Part 4»

Yalta, 1999

Pages:

Tells about the events that took place from 14.08.1999 to 19.08.1999.





Book 13. «All Contacts»

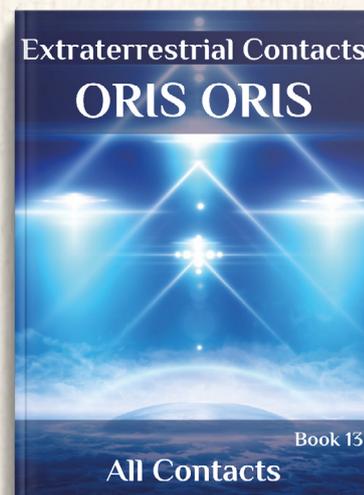


Yalta, 1999

Pages:



Out of all the huge number of Extraterrestrial Contacts made by the author, this collection contains the most relevant Contacts, in the author's opinion.



A collection of poems «40 days of Spiritual Solitude»

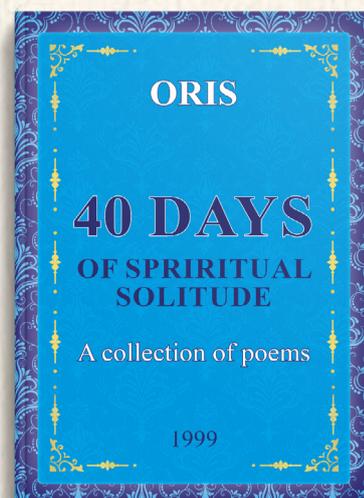
Yalta, 1999

Pages: 20

Poems presented in this collection are written by Oris during the period from the 7th of June until the 19th of August 1999, when he was on Ai-Petri Plateau with six other like-minded people, having once again taken a vow of silence and physical fasting.

This period is described in great detail in the book series consisting of 4 books under the general title «Transmutation Diary».

This book also contains an audio recording of these poems recited by Oris onto a tape recorder during this very act of Spiritual Solitude.



Book series «The Gospels»



«The Gospel of the Transfiguration from the Mother of God»

Yalta, 2002



Pages:

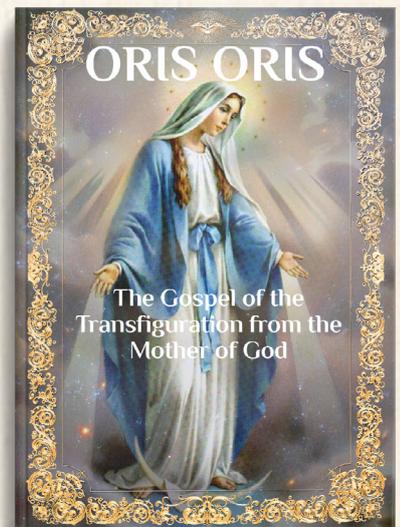


The word of the «Gospel of Transfiguration» was dictated to Oris by the Living Blessed Virgin Mary herself during Oris's meditations on January 13 and 19, 1999.

CONTENTS:

The Gospel of the Transfiguration from the Mother of God

The Word about enemies
 The Word about murmur
 The Word about Compassion
 The Word about Repentance
 The Word to My faithful ones
 The Word about Love
 The Word about infirmity
 The Word about Antichrist
 The Eve of the Last Judgment
 The Last Judgment
 The Beginning of the Last Judgment
 The Word of Proclamation
 The Crying of Our Holy Lady
 The Transfigured World



«The Gospel of the Transfiguration from the Christ»

Yalta, 2002



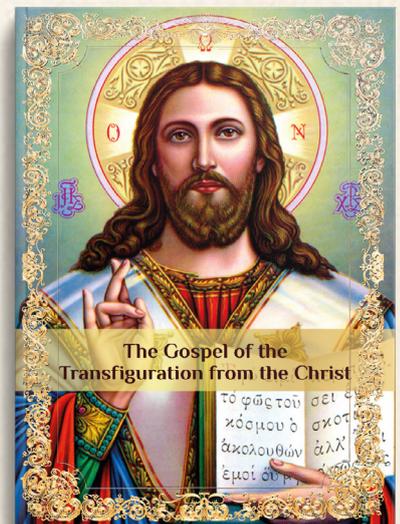
Pages:



Information received by Oris during direct Contact with the Christ Consciousness on August 19, 2000 and published by him on January 7, 2002

CONTENTS:

God's Word about the Transfiguration
 God's Word about Love
 God's Word about Wisdom
 God's Word about Death
 God's Word about the enemy of the human race
 God's Word about suffering
 God's Word about non-judgment
 God's Word about Faith
 God's Word about Repentance
 God's Word to My faithful ones
 God's Word about the Salvation of the Soul



2000 – 2008

Book series «Working notes»

In this book series are being published Oris's working notes made during his work on the book series called «lissiidi». Most of information outlined in these 4 books did not eventually make it into the final version of «lissiidi» series, hence it was decided to publish it separately.



«Chakram personalities and their influence on incarnated consciousness»



Yalta, 2000



Pages:



The author describes the essence of the concept of «Chakram personalities» and their influence on human consciousness through the psychic centers (chakras).

CONTENTS:

Chakram personalities and their influence on the consciousness of incarnated person

Padma and flames

A person's time field and the structure of his bilateral connection with chakram personalities

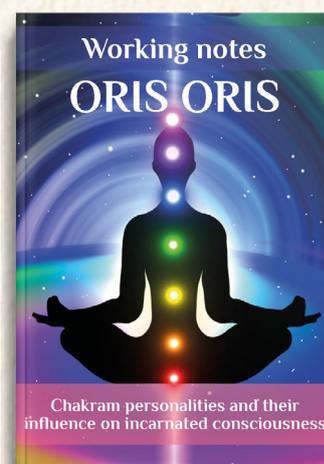
«You will not die, but you will change»

A new view on the human physical body

Spiritual and cosmic essence of a human

Significance of the vibrations of the tone names of the star-born for the acceleration of spiritual development

Chakram meditation



«Muladhara chakra (Argllaamuni-lissiidi)»



Yalta, 2000

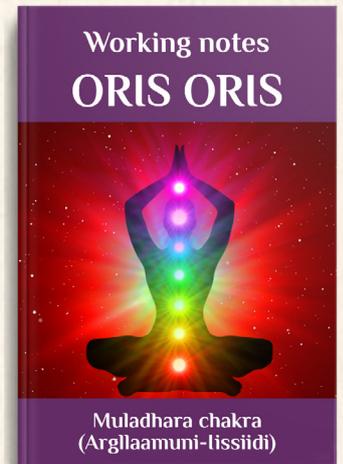


Pages:

Functionally, the Argllaamuni-center (Muladhara) is closely connected with the psychological abilities of the physical body, which provide survival of the physical body and protection of a person from unfavorable external influences. A big role in the activation of the whole immune system belongs to this lower center. Its normal functioning gives a sense of physical health, well-being, self-confidence and stability.



Imbalance and all kinds of muladhara «breakdowns» in the Aura, lead to the constant outflow of these energies and can cause a feel of insecurity, deep depression, lack of willpower, a sharp decline and energy loss, increased soreness in the lower and middle parts of the body, despondency and melancholy. This is particularly typical for those, who have not yet opened the karmic channels of the heart center or if karmic channels of the heart center are very weakly activated, which in order to switch the person to completely higher, spiritual levels of feeling and thinking. In such cases a person loses the purpose of his Life, as if he loses his roots and, purely intuitively, following the consciousnesses of the organs and body systems, completely surrenders himself to the satisfaction of his own lower desires in order to replenish the energies of the Argllaamuni center.



CONTENTS:

Muladhara chakra (Argllaamuni-lissiidi)

The colors, hues, and swirl sounds of Argllaamuni

The influence of the chakram mantra onto the consciousness and life of a person

Influence of word and music vibrations onto consciousness

Peculiarities of the geometry of Argllaamuni space

The «Lord» of the chakram

The specifics of the relationship of an incarnate person with the fragmented consciousnesses of the Argllaamuni-lissiidi

Qualitative Characteristics of the Levels of Fragmented Consciousnesses of Argllaamuni- lissiidi from first through seventh qualitative levels of Argllaamuni energies

Consciousnesses of the First Qualitative Level of Argllaamuni Energies

Consciousnesses of the Second Qualitative Level of Argllaamuni Energies

Consciousnesses of the Third Qualitative Level of Argllaamuni Energies

Consciousnesses of the Fourth Qualitative Level of Argllaamuni Energies

Consciousnesses of the Fifth Qualitative Level of Argllaamuni Energies

Consciousnesses of the Sixth Qualitative Level of Argllaamuni Energies

Consciousnesses of the Seventh Qualitative Level of Argllaamuni Energies

Work Methodology with Argllaamuni-lissiidi Chakram Personality

About the discharge of negative emotions





«Svadhithana chakra (Inglimilissa-lissiidi)»

Yalta, 2000



Pages:



The weaknesses of our sex education have led to the fact that most people, even if they feel a deep sensual attraction, instead of beginning a heartfelt spiritual exploration of each other in the process of intimate interaction and accumulation of sexual energy, instead, close their heart centers and turn the unique opportunity of highly sensual admiration into a trivial sexual act.

Unfortunately, the creators of the lower-astral and dense-material types of Reality benefit greatly from the fact that the prevailing majority of people completely incorrectly and perversely understand the very essence of SEXUAL INTERACTION. Sexual interaction in fact is a spiritual intimate process which, if properly understood, contributes to a stronger contact between a person and his inner Essence and contributes to a more highly-sensual and deeply soulful manifestation of the person.

Love is the real Symbol of the Age of Transfiguration that is coming on Earth! And the mysterious «sacred key» to the Gate of Spiritual Transformation is not somewhere in the cosmic infinity and unfathomable unknown, beyond our psychic capabilities, but in fact is located quite «nearby», or rather, in our own heart center AIGLILLIA, which is filled with the highest vibrations of Love literally towards every manifested aspect of the Life around us, including the strongest of all – the sexual one.

CONTENTS:

Svadhithana-chakra (Inglimilissa-lissiidi)

Mandala of Inglimilissa and its cosmic essence

Twelve-year chakram cycles

Sex and Astro-travel

Some notes for the section «Interaction of the sexes»

Some notes for the section «Sex and the pathological features of individual physiology»

Family, Sex and Spiritual Development

The technique of sexual-hearty transmutation of chakram energies

Sexual transmutation without a partner

Sexual transmutation with any partner

Sexual transmutation through watching erotic movies

Sexual transmutation with a loved one

A brief description of the main qualities of fragmented Consciousnesses Inglim-



ilissa-lissiidi from first through seventh Energy-Informational Levels of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the FIRST Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the SECOND Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the THIRD Energy-Informational Level of Realities of Inglmilissa-lissiidi

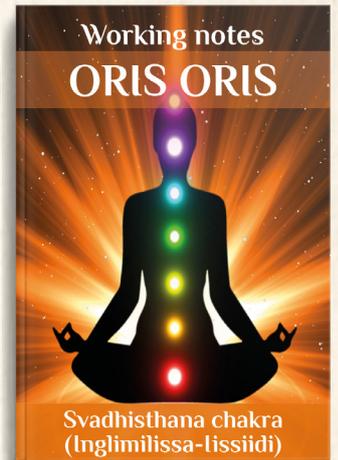
A Brief Characteristic of the Basic Qualities of Fragmented Consciousnesses of the FOURTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the FIFTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the SIXTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

A Brief Characteristic of the Basic Qualities of Fragmented Consciousnesses of the SEVENTH Energy-Informational Level of Realities of Inglmilissa-lissiidi

Methods for sustained alienation of self-embedded Chakram Consciousnesses from own astrosome



«Anahata chakra (Aigllilliaa-lissiidi)»

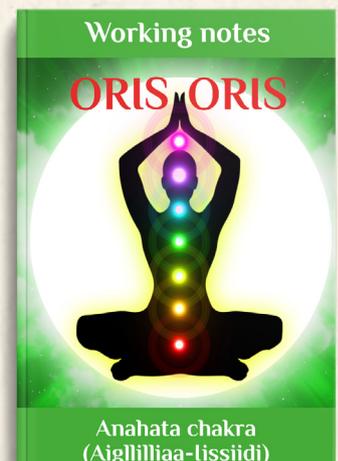


Yalta, 2000

Pages:



Oris describes his reflections about the so-called Anahat states and deepens the concepts of Kindness and Love, revealing their different shades depending on the presence of a greater or lesser selfish component in each of such manifestations.



Book series «ISSIIDL»

This series of books, from the first to the last pages, includes the most unique in meaning and the most important information, accepted by Oris after the year 2000 during his next direct Contacts with the Creators of Humanity: Algellis (Argllaamuni and Inglmilissa iissiidi centers), lillgmmii-I, (Aigllilliaa and Orlaaktor iissiidi) Lua-Andis (Ulgluu and Ssaassfati iissiidi), Greyli-Vin (Olgoolloni and Aani lissiidi), Slliangsmiii (Raaklima and Uluuguma lissiidi), Sslaaiingsa (Svaagali and Eyyaaa lissiidi) and Ssniillgsa. These Cosmic Entities represent personal Interpretations of Oris at the levels of the collective Subconsciousness, Supraconsciousness, Ultraconsciousness, Superconsciousness, Hyperconsciousness, Proconsciousness and Protoconsciousness. The detailed Knowledge of such a high Buddhist level, for many evolutionary reasons, has never before was accessible to humans or even the spiritual Initiates of the 3-4 Planetary Initiations.

Only because of the spiritual transformations which have intensively begun on Earth and because of the preparation of the collective Consciousness of mankind for the act of Transfiguration this Knowledge is now being transmitted to those of earthmen who are ALREADY spiritually mature for its proper understanding and comprehension and who are eager to use it to continue their further Path of mastering and accumulating the entire experience of incarnated earthly existence as swiftly and as effectively as possible.

In none of the astral or written sources on our planet there is even a mention or a distant analogy of this Teaching, because the degree of admission to it requires from the spiritual seeker an active self-discovery and prolonged experience of conscious existence at the causal-buddhich level, as well as an experience of being outside the physical shell for long time.

Oris deliberately integrated all the Knowledge he received - the «Teaching about chakram personalities» - only onto the highest ajna-vishuddha levels of the collective Consciousness of the planet, because further adaptation of these highly spiritual codes to the generally accessible understanding would lead to a significant decrease in their degree of authenticity. Therefore this information can be productively assimilated only by people with actively developed over diaphragmatic psychic centers. For them and ONLY FOR THEM the Spiritual Teachers from Pleiades transmit this newest spiritual Teaching.





Book 1. «The teaching of what does not exist, but what is the most real»



Yalta, 2001
Pages: 159

CONTENTS:

From the author
 Illusions and metamorphosis of the Universe
 Objective realities of the Earth
 «There is a lot of us, but we are one»
 Chakrams of the Soul
 The twelve energy-informational levels
 Twelve types of Energy-Matter
 The twelve main Chakrams
 Spiritual-synthesizing role of Kundalini energies
 The Cosmic-transforming essence of the «Nadi» channels



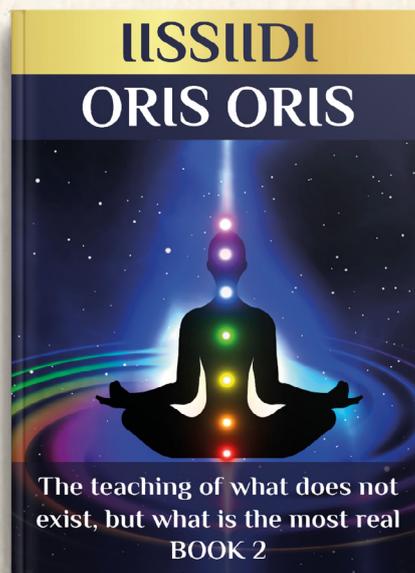
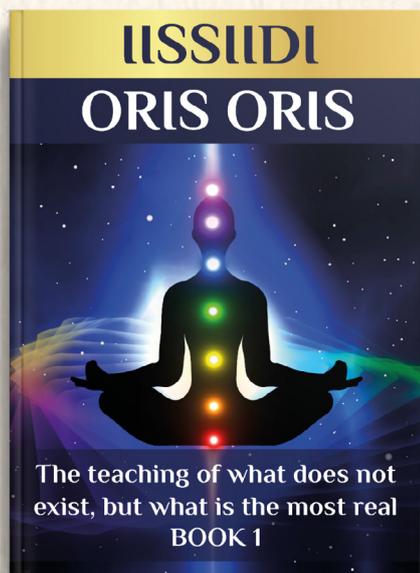
Book 2. «The teaching of what does not exist, but what is the most real»



Yalta, 2003
Pages: 137

CONTENTS:

The Spiritual-Cosmic Essence of human
 Chakram personalities and their influence on human Consciousness
 Padma and flames



 **ИССИДИ. «The teaching of what does not exist, but what is the most real». Dictionary**

Yalta, 2003

Pages: 150

 **ИССИДИ. «The teaching of what does not exist, but what is the most real». Dictionary. Annex**

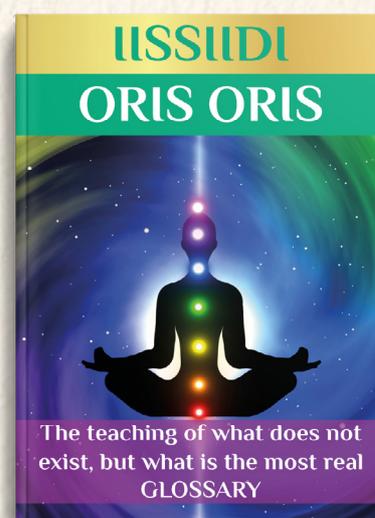
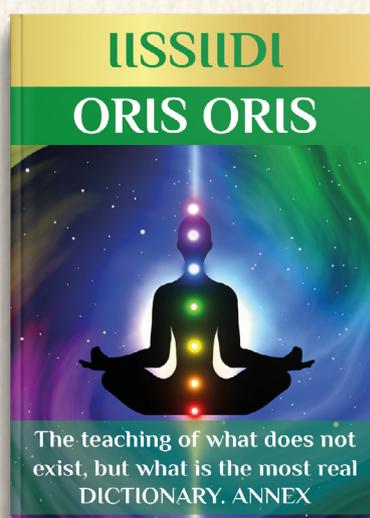
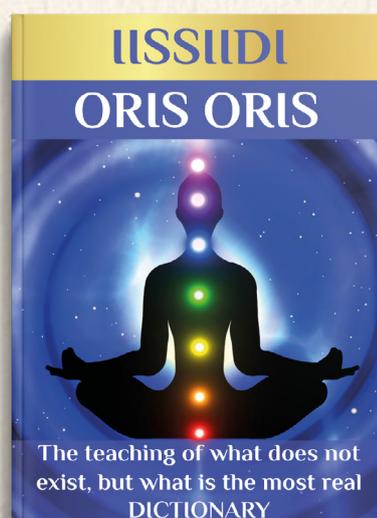
Yalta, 2003

Pages: 55

 **ИССИДИ. «The teaching of what does not exist, but what is the most real». Glossary**

Yalta, 2003

Pages: 25



«The Great Message»

In 2006 two volumes of Oris's books were published, reflecting the results of his further Contacts with the Teachers of Humanity, which represent the highest personal Interpretations of his Ultraconsciousness and Superconsciousness, under the general title «The Great Message». Its contents marked the beginning of the creative stage of work with information of a principally new, more qualitative level.

As a result of numerous answers to reader's questions on the materials of these volumes a new series of books «Immortality is accessible to everyone» was published as part of the Issiidiological Knowledge - the newest spiritual-cosmological conceptions about the Universe and the human being.





The Great Message – Part 1 «AYFAAR»

Yalta, 2006

Pages: 507

CONTENTS:

Connecting Consciousness to the «ISSIIDI Teaching»

Illusions and metamorphosis of the Universe

DDIUYI (The Universe)

The energy-plasmic and space-time structure of the Universe

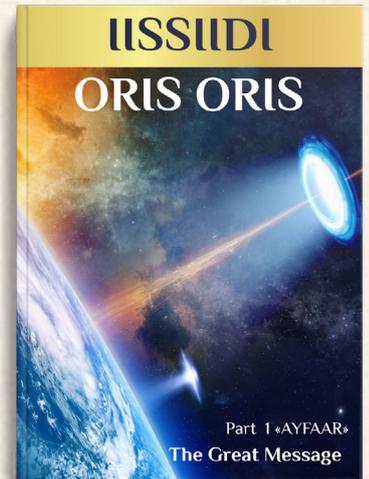
Ayfaar (The Higher Intelligence of the DDIUYI)

TLAASSMA-A (The Cosmic Spirit)

SSMIYSMAA-A (The «Soul-Analogue» of Cosmic Spirit)

GOOLGAMAA-A (The Soul-Aspect)

LLUU-VVU («human personality»)



The Great Message – Part 2 «SLUI-SLUU»

Yalta, 2007

Pages: 498

CONTENTS:

Connecting Consciousness to the «ISSIIDI Teachings»

Illusions and metamorphosis of the Universe

Universal Cosmic Laws

All-Unity of Multiplicity

Individual Forms of creative «personalities» SLUI-SLUU, realized through

ISSIIDI-Centers of AIY-YYA

Cosmic Classification of the Forms of Creative Realization AIY-YYA

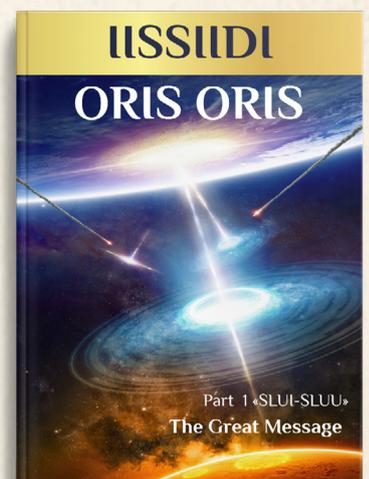
Brief Characteristics of Some Forms of Creative Realization
of LLUU-VVU

Brief Characteristics of Some Forms of Creative Realization
of AIY-YYA

LLAA-GRUAA, FFLATTMA, and GLOA

ILLGRII-TO-O

LAANGH-KRUUM, UUN-GLIIRIDA, OOL-GOO-LTR



Book series «My Covenant»

(New title - Volumes 7 and 8 of the series «lissidiology Fundamentals»)

Pages: 1,469

From 2001 to 2022 Oris has written over 1600 song lyrics to popular tunes of the 20th and 21st centuries. The first 555 songs were combined in two collections called «My Testament». The lyrics of all subsequent songs are published on the Ayfaar Songs website ayfaarpesni.org.

These songs tune to a positive perception of life circumstances, an altruistic way of life and unconditional love for everything, as well as a deep understanding of the fact that everything that happens to a person as a good thing.



My Covenant 1

Yalta, 2002

CONTENTS:

A word from the author

Texts to the most popular songs of the 20th century

Let's Sing a Song in Love and Light!

Songs that revive the Star Memory

Let the Songs of Ayfaar be heard!



My Covenant 2

Yalta, 2002

CONTENTS:

Preface

Texts to the most popular tunes of the 20th century

Songs that revive the Star Memory

Let the Songs of Ayfaar be heard!



2009 – 2022

Book series «lissiidiology»

From 2009 to the present, Oris has been working on the book series called «lissiidiology».

This series consists of the following books:

- lissiidiology Fundamentals (Volumes 1-6)
- Texts of Ayfaar Songs (Volumes 7-8, previously published under the general title «My Covenant»)
- Dictionary of terms (Volume 9)
- «Immortality is Available to Everyone» (Volumes 10-15),
- «Commentaries to the Fundamentals» (vols. 16-20), which were compiled from the author's written answers to reader's questions
- «Kollokviums on Fundamental Concepts» (volumes 21-22), compiled from the author's oral answers to various lissiidiology questions

This book series is being continually updated with new Oris's answers to reader's questions, which are being subsequently formed into new lissiidiology volumes or added to existing volumes according to their subject.

This series of books reflects the author's latest iissiidiological insights, which deepen, expand and supplement the information published in the previous book series «lissiidi».



LISSIIDIOLGY



Volume 9. Glossary of terms

Moscow, 2010

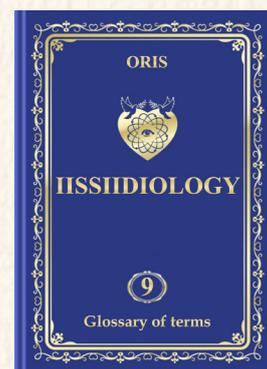
Pages: 725

IISSIIDIOLOGY terminology has its own individual specificity of spelling.

Also, each of the terms includes a much deeper meaning than might seem at first glance, because it is rooted in more qualitative levels of this Knowledge, which, without sufficiently developed extrasensory abilities, is not yet available for access to the current creative dynamics of the Self-Consciousness of an average person.

This publication contains only short vocabulary articles to facilitate the process of understanding the material, at least at the most elementary level. More detailed information on each of the terms can be found in other lissidiology books.

Some terms are very difficult to describe and have absolutely no analogues in the habitual human associative perception, so it is an extremely difficult task for the Author to formulate a dictionary article within the limits of an ordinary person's comprehension.



Volume 10. Immortality is accessible to everyone. «Fundamental Principles of Immortality»

Moscow, 2010

Pages: 521

In this book, Oris continues to give full answers to inmost and fundamental questions of cosmic and human existence: about Earth and universal destinies, the nature of life and death, Soul and God, good and evil, about our relations with one another, the nature of Space-Time and how the entire visible and invisible-to-us reality is formed. The Universal Knowledge given by Oris offers the fundamentals of a new and unique world view for all of us. It allows us to penetrate the mystery of eternal existence to an extent inaccessible before, reasonably and substantially solving the problems therein, offering convincing answers which are not available in any religious world view, philosophical movement or scientific theory. Oris's Information expands the limits of human experience and perception literally to infinity!

CONTENTS:

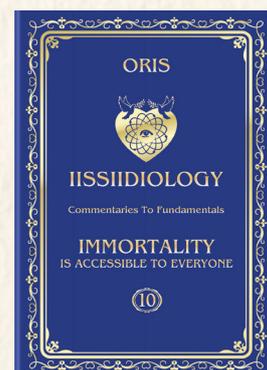
Preface. About IISSIIDIOLOGY

Editor's Foreword

Proofreader's Foreword

SECTION I. Fundamental principles of Immortality in the system of «personalized» Perception

SECTION II. The newest spiritual-cosmological Conceptions of the Universe and the human being



- SECTION III. A brief description of the main principles of energy-information structuring of multidimensional creative dynamics of the variable ethereal component of LLUU-VVU-Forms
- SECTION IV. The newest Conceptions of dynamics of energy-information structures of Creation
- SECTION V. Each of us has a great number of Destinies
- SECTION VI. Peculiarities of functioning of space-time and energy-information structures of «personalized» Self-Consciousness



Volume 11. Immortality is accessible to everyone.



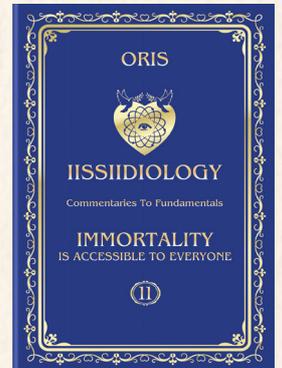
«Energy and biological mechanisms of refocusing of Self-Consciousness»

Moscow, 2010



Pages: 691

In the first Chapter of Volume, Oris describes in detail functioning of Formo-Creators of the brain, how the memory is accessed, how biological structures of the brain are associated with energy-informational structures of Self-Consciousness, how various Self-Consciousness Levels are differentiated and reprojected at the moment of so-called «Death». This Chapter also describes functioning of «the intestinal brain», how it becomes possible to cure at a distance (the technique of ethereal projection), gives the meaning of the esoteric term the «Astral Plane» from the point of view of lissidiology.



The second Chapter tells us that biological Forms can exist in different Continuums and explains the interrelationship between our lifespan and quality of active Levels of our Self-Consciousness. It also provides information on the following subjects: it is possible to «live one's Life many times» in higher-quality scenarios, cycles of changing male and female manifestations within the structure of a multi-dimensional human Form, physical principles of organization of higher-frequency levels of the Universal Reality with a detailed description of the nature of boson and fermion fields, and types of particles that are carriers of such interaction.

CONTENTS:

Preface

- SECTION VII. Objective mechanisms of a phenomenal manifestation of the Illusion of «Death» of any «personality» in the dynamics of Formo-systems of the Worlds
- SECTION VII. Duration of existence of «a human personality» as the continuous dynamics of manifestation of different-qualitative NUU-VVU-Forms in Space-Time



Volume 12. Immortality is accessible to everyone. **«The Noo-time dynamics of the Universal Focus of Self-Consciousness»**

Moscow, 2011

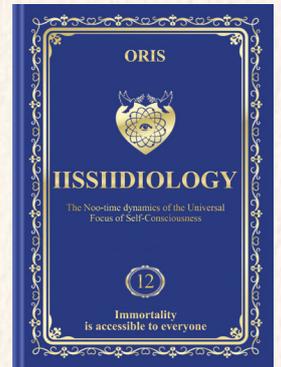
Pages: 733

Volume 12 is devoted to the diversity of the Self-consciousness manifestation forms in the infinite variety of the Form-Systems of the Worlds. Tell me, what do you know about the universal properties of Space and Time? About the illusory nature of our existence? About the Essence of «development» of each «personality»? It's not easy to answer any of these age-old questions.

But Oris, with all possible detail and thoroughly, goes on to answer not only these, but many other equally urgent and vital questions that trouble us and compel every seeker to learn, to give up something, and to gain something...

CONTENTS:

- SECTION IX. Possibilities of extending Life through another Form
- SECTION X. UU-VVU and Stereo-Types of LLUU-VVU-Forms
- SECTION XI. Interrelationships of a «personality», UU-VVU-Forms and their Form-Copies in the Form-Systems of Worlds and OL-LACT-DRUOTMM-Systems



Volume 13. Immortality is accessible to everyone. **«Psychogenetic conditionality of the manifestation of the «human» form»**

Moscow, 2011

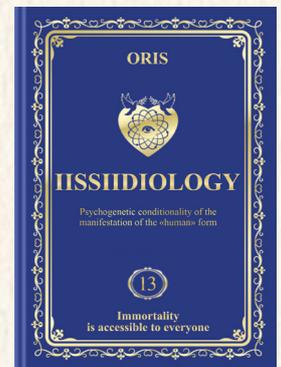
Pages: 700

In the 13th volume of the commentaries, Oris answers the vital questions of mental and physical health, medicine, psychology, psychiatry, genetics, somnology, pharmacology, and reveals the psychogenetic features of the manifestation of the «human» Form.

Our biological Existence is a continuous process - when we feel, think and experience something, we immediately become part of those groups of the Worlds, Realities and Continuums whose synthetic dynamics correspond exactly to the quality of these infinite processes.

CONTENTS:

- SECTION XII. The influence of the fear of «Death» on the effectiveness and quality of Self-Consciousness Refocuses
- SECTION XIII. The different-qualitative Dynamics of the Form-Creators of Self-Consciousness is the main Principle of Refocusing



SECTION XIV. Form-copies, UU-VVU conglomerates, factor Axes and DNA

SECTION XV. The experience of subjective experience of «terminal» illnesses, preagonal states and dreams

Volume 14. Immortality is accessible to everyone. **«The Principles of rezonance of Self-Consciousness structures»**

Moscow, 2011

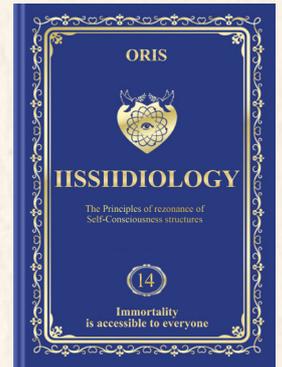
Pages: 798

In this volume the author allows the reader to delve into the subtlest and most complex mechanisms of its manifestation details of synthetic formation processes not only in the three-dimensional range of Energy Plasma, but also in all the multidimensionality of energy-information structures of the universe.

Every reader with an inquisitive mind and an appetite for knowledge will discover the mysteries of the physical laws of our material reality and the mechanisms of dimensional formation of spatial and temporal structures of the inertial ranges of the universe.

CONTENTS:

- SECTION XVI. The synthetic dynamics of Thought-Forms, Sense-Forms, and SFUURMM-Forms (unstable Karmo-Forms)
- SECTION XVII. Influence of causal processes of Self-consciousness onto the dynamics of the manifestation of the Forms of the surrounding reality
- SECTION XVIII. GLEIIYO- and UDDVOO-types of dimensions, Worlds, their antipodes and «anti-Worlds»

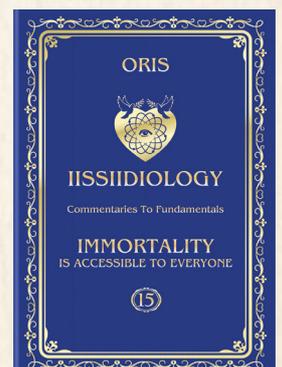


Volume 15. Immortality is accessible to everyone. **«The Conscious Path to Human Worlds of «personal» Immortality»**

Moscow, 2012

Pages: 648

«The Conscious Path to the Human Worlds of «personal» Immortality» - this is the name of the new volume from ORIS book cycle «Immortality is accessible to everyone». At first glance, this may seem like an invitation to a philosophical contemplation. But by appealing to his devoted readers, the author hopes for the consideration and perception of this issue in a broader or, if you like, deeper understanding. Philosophical concepts offer to us only sensory-contemplative,



mostly associative images regarding a particular issue. The author, however, presents in this work, as a logical continuation of previous volumes, a detailed consideration of the practical prospects for the development of a personality into a true Human, who explores his own spirituality.

In addition to the mechanisms of working with own Self-Consciousness, which will lead people as Humans to «personal» conscious Immortality, ORIS describes the «Worlds of our Future», the prospects for the manifestation of the coming times. And in order for everyone to develop an understanding of their own Path, a comprehension of the choice of their spiritual development, the author not only describes «bright» prospects, but also specifies in detail the obstacles that each of us may face and, by not noticing or not determining the nature of which, to unconsciously, under the influence of particular reasons, deviate from the development in the Human direction.

With the help of this book, you will be able to determine the qualities that are truly inherent in people, and you can finally figure out how to form in yourself these qualities that are truly Human - with a capital letter. Having experienced what a highly sensual Intellect is, you will then understand why only with the help of highly intellectual Altruism you can find the Path to the cherished Goal of your spiritual future!

CONTENTS:

- SECTION XIX. Obstacles on the path of realization of «individual» Immortality
- SECTION XX. The Specific States of uoldmiism (high-sensual Intellect) and stollmiism (High-Intellectual Altruism) synthesized in the Human (lluuvvumic) development Direction
- SECTION XXI. Specificities of lluuvvumic transformation of human features
- SECTION XXII. Our «future» Worlds. Perspectives of the approaching times



Volume 1. lissidiology Fundamentals.



«Interaction of Information and Energy as the Primary Cause for origination of the Creative Activity of Self-Consciousness Focus and the Macrocosmos in whole»



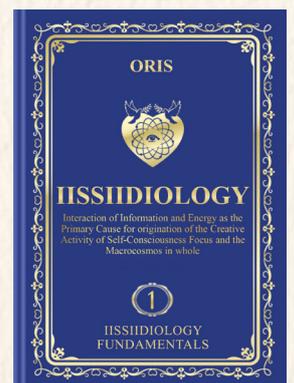
Moscow 2013



Pages: 312

This book presents the beginning of an overall 20-volume information series titled «The Great Message», which consists of «IIS-SIIDIOLOGY. Fundamentals», «Commentaries to Fundamentals» and author's Song lyrics with a highly-spiritual content written to popular and all-loved melodies.

From the very beginning, the author pinpoints the reader's atten-



tion upon fundamental notions of IISSIIDIOLOGY starting from basic, axiomatic Conceptions. The book contains the newest interpretation of formation of the outer reality based on the Self-Consciousness's Focus Dynamics as the main functional mechanism of the Macrocosmos's Creative Activity. A detailed comparison of the author's hypotheses with existing scientific conceptions allows to draw parallels with the current worldviews about nature, space, time, energy and to find the ways for their radical transformation and potential development.

In this volume, the author introduces the conceptual foundation necessary for an adequate understanding of all other IISSIIDIOLOGY books of this series. Hierarchy of Self-Consciousness Levels, dimensional differentiation of manifestation Forms, classification of elementary (and other) particles as structural components of the Universal Plasmic-Differentiation Emission, information theory of the formation of Energy in the Macrocosmos are described in order to form necessary notions that will serve as the basis for further more complex iissiidiological Categories: Universal Cosmic Laws and their Principles, Diapasons of Plasmic Forces, Evolutional and Involutional Branches of development, and many others. The first volume of Fundamentals is the required minimum for any reader who wants to thoroughly study iissiidiological conceptions.

CONTENTS:

Intuition and its role in scientific cognition

iissiidiology, its goals, objectives and perspectives in the development of humankind

Author's Foreword

SECTION I. Integral concepts that form the basis of iissiidiological Notions

SECTION II. The multilevel structure of Self-Consciousness

SECTION III. Energy and different-qualitative Levels of manifestation of Self-Consciousnesses Forms that form various types of «materiality» (...doollses — waves — flakses...)

SECTION IV. Energy-Plasma as a transcendental basis of interaction between Energy and Information within the structures of the Macrocosmos



Volume 2. iissiidiology Fundamentals.



«Cosmic Qualities as the Basis for energy-informational manifestation of all the Form-systems of Macrocosmos»



Moscow, 2013

Pages: 662

Many scientists may consider this volume of «Fundamentals of IISSIIDIOLOGY», as well as all the other books of this twenty-volume series titled «The Great Message», no more than «science fiction» — each of us has the right to believe in what is the most convincing. However, every intelligent person who possesses at least



the rudiments of cognitive intuition can discover in this information those more Qualitative characteristics of the objective truth, thanks to which continuous eglleroliftive Amplification of all Self-Consciousnesses Forms is carried out.

Catastrophism periodically appearing in the process of human self-cognition is always accompanied by the radical breaking of many old Conceptions, which by its radicalism surpasses greatly all theoretical forecasts. Fanatical belief in dogmas and postulates established once, as well as the clear tendency for idolatry — these are obvious characteristics of degradation and regression that converge modern academic science with paganish religion. Yet, the eglleroliftive Amplification process and harmonious evolution both of a separate personality and human population in general is impossible without breaking down old stereotypes and establishing — on the basis of deep cognition of Wisdom of previous and future generations — much more universal conceptions about ourselves and our surrounding reality.

This uneasy, but grandiose on its depth and scale Task of prompt and Qualitative transformation of human community is assigned by the Evolution Itself to the universal knowledge of IISSIIDIOLOGY, absolutely new to people, which is received for the first time and entirely by one person only by means of the intuitive way of cognition. We offer you to find out more about its newest fundamental Conceptions in the second volume.

Besides, the IISSIIDIOLOGY offers to Collective Consciousness of humankind a totally new paradigm that gives new and fresh view of the multitude of clinical phenomena studied by psychotherapists. It gives a theoretical model for understanding the changes in the mentality of a patient and the hope on clarifying mechanisms of effectiveness of psychotherapeutic method.

CONTENTS:

About lissiidiology

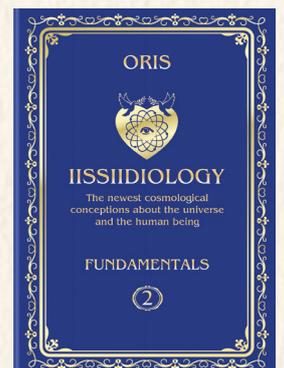
lissiidiology: From a Cell to a Universe

SECTION V. Transcendental nature of Cosmic Qualities and Principles of Their transmutation into Creative Cosmic States

SECTION VI. Sll oogrent interconnections of Form-systems of personal Worlds with Universums of Macrococosmos

SECTION VII. Universal rhythms of Focus Dynamics of The Highest Cosmic Intelligence AYFAAR

SECTION VIII. Eglleroliftive tendencies of Universes. Universal Focus Effect of Self-Consciousness or the newest viewpoint on the Big Bang theory





Volume 3. ISSIIDIOLGY Fundamentals.



«Variety of Forms of Creative Realization of the Cosmic Human»



Moscow, 2014

Pages: 780



The third volume of «ISSIIDIOLGY Fundamentals» allows readers to go deeper into yet completely unexplored by us structures that provide functioning of human Self-Consciousness and its interconnections with Self-Consciousnesses Forms focused by it. First two volumes of «ISSIIDIOLGY Fundamentals» thoroughly describe the deep Nature of Causes and Mechanisms of Creative Activity of everything manifested in multidimensional and different-Qualitative Macrocosmos, including also qualitative Basis of Focus Dynamics of Form-Creators of Universal Structures. The third volume in its turn focuses on the detailed description of basic Principles of exiberation of Human and other Self-Consciousnesses Forms in all the diversity of different-dimensional diapasons of the Tertiary Illusion.

To allow the reader to fully comprehend the essence of the notion «Self-Consciousness Form,» the author describes realization functions of these structures at the example of subjective formation — as a result of life creativity of every personality — of so called personalistic Worlds, which goes far beyond existing scientific notions about the surrounding reality and peculiarities of interaction between Forms structuring it, whether it is a human, a planet, or an elementary particle. Furthermore, he describes different-dimensional variety of Forms of Iluuvvumic Direction of development and characteristics of focal realization of Humankind Collective Cosmic Intelligence as a unified the LLUU-VVU-Entity.

The third volume ends with a detailed description of multi-level manifestation of Plasmic Forces Diapasons of our Universe, which are described from a position of their subjective interpretation through the specific peculiarities of human Perception systems. Endless inner transformations of Universal Illusion, as mechanisms of evolutional growth of the Cosmic Human on its Way to its Universal Future, lets inquisitive readers to form in their Self-Consciousness own highly intuitive conceptions about endless varieties of all possible variants of development, where goes the process of eternal multidimensional Existence of every human personality.

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- SECTION IX. Personalistic World as Self-Consciousness Form
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 - Chapter 2. The realization Principle of the Mechanism of NUU-VVU-Form-Types wave analog's exiberation from f-Configurations of doolls and flaks Self-Consciousnesses Forms
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- Chapter 4. Implementation of surrounding us subjective Reality is carried out through generations of Self-Consciousnesses Forms of elementary particles
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- Chapter 6. Quantum of Energy-Information. The Principles of interaction of personalistic Worlds through Focus Dynamics of different «personalities»
- Chapter 7. Self-Consciousness is the Mechanism of realization of properties of Energy-Plasma through peculiarities of personalistic Worlds
- Chapter 8. Sporadic Worlds
- Chapter 9. Influence of SFUURMM-Forms of sporadic Worlds on the process of formation of SFUURMM-Forms of personalistic World
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- Chapter 3. Info-Creators and Form-Creators of aiyyaiaic birvularity type
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Forms to simultaneous focal realization of Collective Cosmic Intelligence of the LLUU-VVU-Entity

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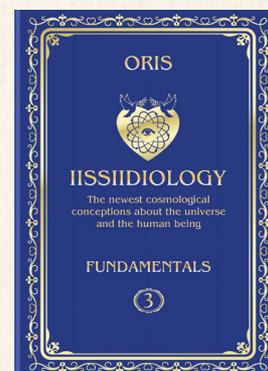
Chapter 2. Interconnections between Cosmic Qualities at manifestation in different Levels of Energy-Plasma

Chapter 3. «SECTORS,» «SUB-SECTORS,» «FLOWS,» and «RAYS» of combinations of Pure Cosmic Qualities. The General Principle of the formation of Universal Karma

Chapter 4. Inter-Galactic e Complex-Plans. SSUU-SS-VUU-Creativity Spheres of AIY-YYA-Entity

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Chapter 6. Plan-Overtones of Fields-Consciousnesses. The simplest focal-ethereal «projections» of EIYG-SS-MII- Creativity Sphere of AIY-YYA-Entity



Volume 4. Iissidiology Fundamentals.



«Structure and Laws of implementation of Macrocosmos skrruullerrt system energy-informational dynamics»

Moscow, 2015

Pages: 748

In the beginning of the volume, the author recalls generation principles and mechanisms of the human subjective Realities, explains interconnections between the Tertiary and the Secondary Illusions Form-Creators, while describing thoroughly Fields-Consciousnesses structure, defines birvulyarity and its Qualitativeness types conception. The main part of the volume is devoted to description of the Reasons and principles of the Universe Cosmic Entity Focus Dynamics, various energo-informational structures of Its Self-Consciousness, and also to disclosure of SFUURMM-Forms human-type realization process and Form-Creators Focus Dynamics amplificalional aggradation process.

This volume concludes with summarizing, integration of everything described



— with Information about Universal Cosmic Laws and Their Principles providing fundamental basis for generation of all Self-Consciousnesses Forms in Macrocosmos Tertiary, the Secondary, and the Primary Illusions.

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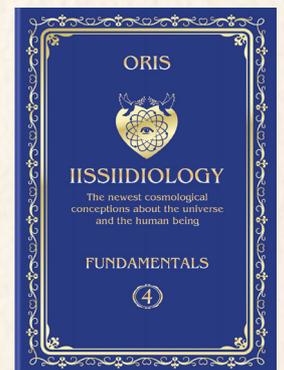
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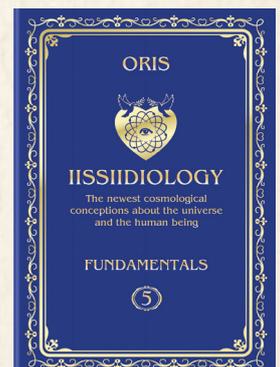


 **Volume 5. lissidiology Fundamentals.**
 **«Basic creative possibilities of the realization of Iluuvvumic Creators in mixtum NUU-VVU Forms»**

Moscow, 2017

Pages: 791

Thoughtful study of this material allows the reader to get a more objective idea of the material basis of idealism by developing, in particular, quantum theory of Consciousness on the example of «microtubule concept». The reader will also learn about chakram determinacy of Focus Dynamics of all Self-consciousness Forms, will get an understanding of primary connections of thought formation, will get unique information about informational-energy conditionality of ontogenesis and embryogenesis, pathogenesis in general and hereditary diseases in particular, and finally will discover the universal etiological model of one of the most complex human feelings - the feeling of love.



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- Chapter 3. Formation of LLUU-VVU-Entity's Synthesis Schemes on the basis of the LAANGH-KRUUM communication mechanism
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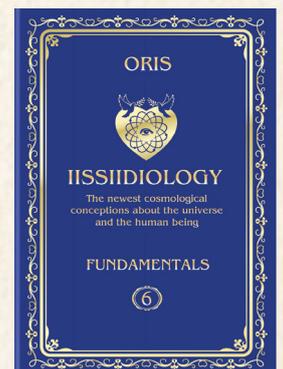
 **Volume 6. lissidiology Fundamentals.**
 **«Bioenergy processes of Self-Consciousness Focus Dynamics formation»**

Moscow, 2017

Pages: 772

This new volume of the series «lissidiology Fundamentals» is a reasonable consequence of consideration of biological mixtum NUU-VVU-Form-Types that was started in the previous volume. For our deeper understanding, it draws our attention even more at iissidiological approach to the matters, which are related discretely by contemporary scientific community to philosophic anthropology in general and to behavior theories of personality in particular.

At more objective, transcendent, gabitual (primordial, objectively deep) discussion, it becomes clear that the given material leads a reader maximally to objectivization of own conceptions about relations among personalized, unconscious, and subconscious levels of Self-Consciousness at the background of developing invizusal (imperceptible by our sensor systems and measuring devices) mechanisms of anatomy and brain neurophysiology, accompanied by dominant dynamics of



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 - Chapter 8. Dorsomedial part of the prefrontal cortex
 - Chapter 9. Ventromedial part of the prefrontal cortex
 - Chapter 10. Dorsolateral area of the prefrontal cortex
 - Chapter 11. Ventrolateral area of the prefrontal cortex
 - Chapter 12. Temporal lobes of the cortex
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- Chapter 9. The methods of conscious «transformation» and «transmutation» of Energy-Information of the lower Levels of the INGLIMILISSA-Center to the higher Levels of Self-Consciousness



Volume 16. Commentaries to lissidiology Fundamentals. «Self-development»

Crimea, 2018

Pages: 535

This volume contains Oris's written answers to reader's questions on the subject of spiritual self-improvement.

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- SECTION I. Living under the illusion of death
- Question 80. Why are we subject to aging and death?
 - Question 35. Can we refocus someone to somewhere?
 - Question 22. Will we observe the revitalization of our relatives?
 - Question 72. Is it possible to trace own revitalizations?
 - Question 55. Dissociative states. Memory of events in meditation
 - Question 38. The analogue of sub-personality in lissidiology
- SECTION II. Evolution of the Lower Fields of Consciousness
- Question 89. Transformation of primitive Inglmilissa Levels of Self-Consciousness
 - Question 70. Transmutation and transformation of Self-Consciousness
 - Question 58. How does the act of inter-qualitative synthesis occur?
- SECTION III. The benchmarks of the human development direction
- Question 30. Personalistic Worlds. Is it necessary to be interested in what is happening in the world?
 - Question 40. About RHIO (responsibility, honesty, initiative, openness) and other qualities
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Question 18. How is «personal» self-consciousness interconnected with other levels of self-consciousness?

Question 15. Relationships of higher and lower levels in the self-consciousness of an individual

Question 92. The conflict between interests and necessity

Question 79. The principle of positivism in spiritual development.
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Question 88. The principle of radical refocusing

Question 16. What is spiritual self-sacrifice?

Question 81. What is an enlightenment?

SECTION IV. Dynamic and meditative modes of brain activity

Question 25. Energy filling when meditating on sound cosmic codes

Question 84. Methods for stopping the internal dialogue

Question 100. About the practice of silence (Blitz-28)

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Question 31. How does inner mental 'mess that tears apart' affect the quality of refocusing?

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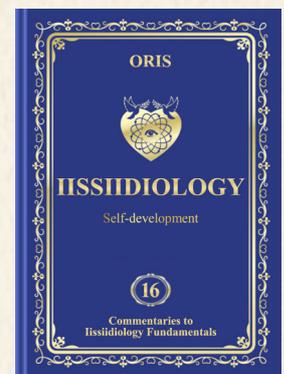
Question 6. Interaction between strategic and current interests (in a person)

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Question 63. Ampliatiation (development) of the brain, future professions

Question 76. What knowledge is in demand in our future?





Volume 17. Commentaries to Iissidiology Fundamentals. «Biochemistry of mixtum Forms»

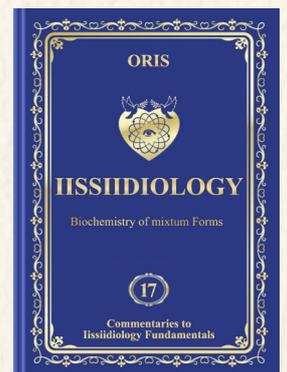
Crimea, 2018

Pages: 275

This volume contains Oris's written answers to reader's questions about the biochemistry of physical human forms.

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- SECTION I. The Creators of the Genome and the Etheric Structures of Self-Consciousness
- Question 10. Nuclear Genome Creators and the Structure of karmotions
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- Question 67. About the chromosome set of a human
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 - Question 77. The author's way of transmitting Formo-images from deep meditation
 - Question 102. About the transmission of mental states through audio and video recordings





Volume 18. Commentaries to lissidiology Fundamentals. «Cosmological aspects of lissidiology»

Crimea, 2018

Pages: 404

This volume contains Oris's written answers to reader's questions about the cosmological aspects of lissidiology.

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Question 71. Infinity is the cyclic Evolution of the SSIP?

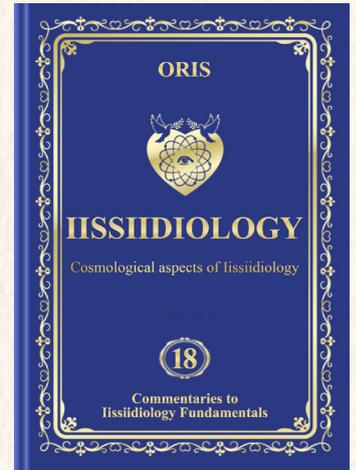
Question 37. The Karmoid Creators and the SSIP

Question 62. Who are the Form-Creators

SECTION III. The subjectivism of Reality quantization



- Question 19. What is the frequency of oscillations
- Question 42. The nature of p-waves
- Question 45. Quantum of self-consciousness
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- Question 50. Wave influence of the planets on a
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- Question 61. Where is the energy of elementary
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- Question 68. The reasons for the hypothetical ex-
pansion of the universe
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Volume 19. Commentaries to Issiidiology Fundamentals. «Cosmic evolution of human»

Crimea, 2019

Pages: 619

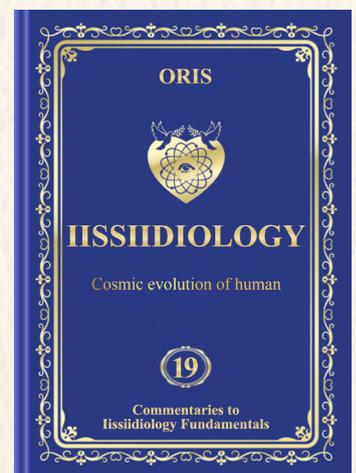
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- Question 57. What does the notion of «civilization of Creators»
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Volume 20. Commentaries to lissidiology Fundamentals. «Coarddiirffology»

Crimea, 2019

Pages: 585

This volume contains Oris's written answers to reader's questions about karmic relationships.

CONTENTS:

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Sub-question 114.2. Our parents, our children are us. The essence of karma is in ambigular relationships

Sub-question 114.3. The subtle mechanism of «retribution» in karma

Sub-question 114.4. Does a wise man have more activated ASTMAI-RAA-Parvula cells?

Sub-question 114.5. Young and old karma

Sub-question 114.6-1. Identical ambigular interactions extinguish karma. The concept of oklouts

Sub-question 114.6-2. The influence of duvuyllerrt p-Interpretations on our Choices

Sub-question 114.6-3. Gratitude diary

Sub-question 114.7. The communication of all Formo-Types through the genome. Is it possible to meet your Stereo Types?

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- Sub-question 114.10. The formation of high-frequency karma with the Curators
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- Sub-question 114.12. Building the willpower
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- Sub-question 114.14. Proper nutrition changes the Configuration and «personal scenario»
- Sub-question 114.15. The Role of Motivations in the Formation of Karma
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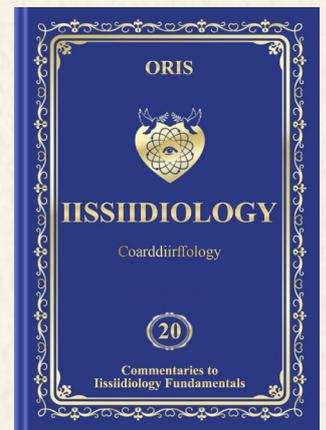
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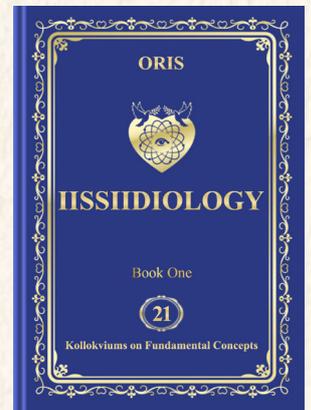
Kollokviums on fundamental concepts. Book One

Crimea, 2018

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- SECTION I. SSS-States of Information. Single Super-Universal Impulse Potential
- SECTION II. Universal Plasma Differential Radiation (UPDR)
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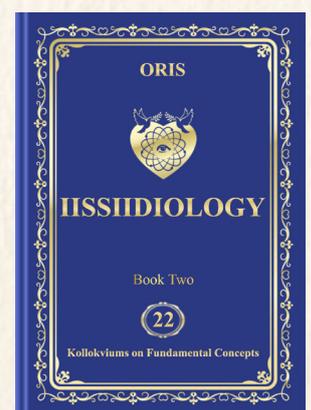
Volume 22. Kollokviums on fundamental concepts. Book Two

Crimea, 2019

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- Chapter I. Pure Cosmic Qualities (PCQ). OO-UU-, TOU-UU-, SVOO-UU-Entities
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- Chapter VI. Svilgsons, konfektions and their analogues
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CONTACTS

Orisoris.com

Here you will find all Oris's books in all available languages and formats which can be downloaded for free.

On this website you can also ask the author himself any question in relation to any information mentioned in his books.

Ayfaar.org

This website is dedicated to the overview of the Spiritual Idea of building the Human Community based on Iissidiological Knowledge and building many «Ayfaars» on Earth.

Ayfaarpesni.org

The website "Ayfaar Songs" which are written by Oris cultivate highest Human qualities in the most educated people, and promote effective Spiritual self-development. Ayfaar Songs are the second part of the Iissidiological Knowledge and greatly assist in its productive study.

As at the end of 2022 Oris has written over 1600 songs.