# Extraterrestrial Contacts ORIS ORIS

## Book 5 Extraterrestrials

They - extraterrestrials - work on our planet not for its conquest and enslavement but with one single purpose: to slow down our swift descent into the abyss of self-destruction by trying to convey to our Consciences the moral, spiritual, social and scientific values accepted in the civilized Cosmos. Those few people who are able to perceive their word of Truth, do their best, and even impossible, to bring it to the half-asleep Consciousnesses of the rest of mankind. Many will be ashamed of the fact that in the coming years they themselves remained blind and deaf, and ridiculed and mocked those who had the courage to proclaim publicly their contacts with the best representatives of the Higher Intelligence and did everything in their power to convey the Knowledge given by them.

Many "extraterrestrials" from Pleiades, Sirius, Andromeda and other civilizations of the "Light Ring" have been living among us for millennia, voluntarily giving up stays in the Worlds of higher dimensions, so that we, people of Earth, would not remain completely cut off from the Source from which we all emerged and so that by the Knowledge of the Truth we may light the Path of spiritual rising for Consciousnesses who no longer wish to be in the dream of illusion and ignorance. The Books of Oris are an example of such ministry.

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### **EXTRATERRESTRIALS**

Throughout the millions of years of human history, there have been continual human contacts with numerous cosmic civilizations which are mentioned even in the Bible (Book of Ezekiel, Chapter One):

"And the appearance of the wheels, and the finishing thereof as the appearance of a topaz, and the likeness thereof in all the four was one; by their appearance and by their arrangement it seemed as if the wheel were in the wheel.

All four of them walked on their four sides when they walked; they did not turn around when they walked. And their rims were high and fearful; all four had their rims full of eyes around them.

And when these living creatures walked, so did the wheels beneath them; and when these creatures were lifted up from the ground, so did the wheels beside them.

Wherever the spirit sought to go, there they went; wherever the spirit went, the wheels went up with it; for the spirit of the living creatures was in the wheels.

When those went, these also went; when those stood, these also stood; and when those rose from the ground, then the wheels also rose equally with them; for the spirit of the living creatures was also in the wheels.

Above the heads of the living creatures was like a vault, like the shine of a marvelous crystal stretched above their heads.

And beneath this vault stretched their wings directly underneath one another; and each one had two wings covering his body on one side, and two wings covering the other side.

As they walked, I heard the noise of their wings, like the noise of many waters, like the voice of the Almighty, like the noise of a crowd, like the noise of a soldier's camp; and when they stopped, their wings were lowered. And there was a voice over the vault that was over their heads; then they stopped and lowered their wings.

And above the vault that was over their heads was the likeness of a throne, as it were of sapphire stone; and above, above the likeness of the throne, was a vision of the likeness of a man sitting on it.

And I saw as a kind of flaming metal, as a kind of fire within him and around him; from the sight of his loins upward, and from the sight of his loins downward I saw as a vision of fire and a bright radiance around him. As the rainbow appears on the clouds when it rains, so was the appearance of this radiance around him".

In this book I will try to give you as much detail as possible of what I have received during the numerous contacts with the beings of other worlds and other cosmic civilizations, but for now I will give you an example of another, rather long visit to Earth by space aliens, which the most ancient Chinese sources relate in detail.

#### HUMANOIDS FROM THE CONSTELLATION REGULUS

It took place in China, in the third millennium BC (2592-2450 BC), a significant period in that country's history. In the Huanghe River basin in Northern China, "a great lightning shone around the star Zi in the constellation of the Ladle" (i.e. the "Big Dipper"). A "son of the sky" came to Earth from the constellation Regulus, who was called Huandi by all the "people" who arrived with him.

The ancient Chinese treatise Dao-de-ching describes the humanoid landing site as follows: "If you put your foot down, it sinks in the sand, the depth of which cannot be measured. A strong wind blows and the sand becomes a mist. But there are many wonderful dragons, fish and turtles, all of them can fly. There is a very strong but very light stone basket that can float freely over the sands."

Huandi also used one of the "dragons" to fly over the surface of the earth, which could not only fly well but also talk and answer Huandi's questions, "had wings and a mustache". The Book of Records of Generations of Lords and Kings reports that in exactly the same way as Huandi, a hundred years later, his successor, Shao-Hao, appeared, before whose arrival "a star like a rainbow flew down and descended on the Blossoming Island".

Shao-hao's successor, Zhuang-hsu, also appeared after a 'dazzling star crossed the lunar disk like a rainbow'. Each of the successors that followed appeared in exactly the same way. So who were these aliens, where did they come from and what were they doing here on Earth? The ancient Chinese texts also answer these questions in detail.

The civilization to which Huandi and his companions belonged came in starships from the constellation Xuanyuan, which consists of 17 Stars. The brightest of all is Star Regulus or Xuanyuan (Alpha of the constellation Leo – "Heart of the Lion"). Astronomers know this constellation well, it is located between  $10^{\circ}N$  and  $40^{\circ}N$  from our solar system in the direction of the Polaris, or more precisely, between 9h. to 10h. 30minute.

In ancient times Regulus marked the summer solstice point and was called the "Guardian of the North". "Regulus Star" is actually made up of four Stars, one of which – the central (Regulus-A) – will be younger than our Sun. The planets surrounding this central Star are home to the aliens mentioned in ancient Chinese sources. Stars Regul-B and Regul-C are distant from it at a distance of 4500 astronomical units, and between them have a distance of 75 a.u. Regul-D is even more distant from the central star, by 5500 AU. We shall remind that

one astronomical unit is equal to average distance from the Earth to the Sun, and all the sizes of our system make approximately 75 a. u.

So, why did they fly to such a "cockroach's darkness"? Huandi and his assistants, whose names are preserved in ancient writings, were actively engaged not only in economic, educational and scientific activities, but also conducted regular astronomical observations: determined all sorts of cataclysms and omens, – based on the condition of sunspots, emerging and waning moon, changes in the brightness of the Stars, their movement and meteor showers.

In addition, they were engaged in the study of cyclicality, which later formed the basis of the Chinese calendar, as well as in making detailed maps of the earth, and in making various devices and appliances, including "miraculous tripods" and twelve huge metal mirrors that shone through. They treated the earthlings in a very friendly and intelligent manner, teaching them many useful things: making harnesses for oxen and musical instruments, building boats, finding water and digging wells, building defensive fortifications, and even healing with acupuncture.

In their work they used many self-propelled tracked vehicles operated by some eighty biorobots, which also performed other jobs in southern China. The aliens knew very well the laws of space and the relationship between Space and Time, which enabled them to travel – at superfast speeds and in anabiosis for about 200 years – the vast distances from Earth to their star.

"Huandi, having quarried copper on Mount Shou-Shan', cast a tripod beside Mount Jin-Shan'. As soon as it was ready, a dragon with its whiskers hanging down descended from the sky behind Huandi, into which Huandi and all his assistants and their families entered. In all there were over seventy of them. The rest of the subjects could not fit inside the dragon and started grabbing at its drooping mustache, which broke off and fell to the ground.

Obviously, those who could not make it to the spacecraft were biorobots, the need for which was simply no longer necessary once the major construction work was completed. After Huandi and his five successors left Earth, they headed for southern China to carry out their further programme of stay. The Chinese called their leader by the name Chi Yu, who was also regarded as the "Son of Heaven".

Characteristically, his name is inscribed in the hieroglyph-pictogram, corresponding to an insect with several legs and a trident on its copper head, on the sides of which sharp metal rods may have popped out. According to extant descriptions, it had six arms, four eyes, and no face is even mentioned. It was also able to fly, and fed on sand and "iron stones".

When the robot's energy supply was depleted, its huge copper head was separated from its body and buried separately in the ground, after which hot steam was released over the surface of the earth for a long time, prompting locals to worship the alien. Another representative of an extraterrestrial civilization from the constellation Regulus named Feng Tzu, in order to leave the Earth first "burnt himself in flames and went up with the smoke, but after a while he returned again, thus reaching the quicksand" where Huandi's group was operating.

Without going now to describe all civilizations that I had contact with on Earth and with humanity, I will only say that out of 242 layers breaking the whole multidimensional Earth Space into numerous Spheres and Worlds at least twenty eight layers belong completely to alien, that is extraterrestrial space civilizations that have their own interests in the Space of our young planet. Some of them are located literally "next door" to us, and there are some that have here only a few of their representatives.

#### **MARS AND MARTIANS**

The red planet Mars has long attracted not only the curious eyes of astronomers and astrologers, but also people who simply look up at the starry sky and immediately distinguish it from the thousands of shiny stars. Mars remains perhaps the only planet in our solar system where scientists still hope to find some form of Life. In addition, it is also, so far, the only planet that is being seriously considered for its use: mining, establishing Martian colonies and spaceports for flights to "deep space".

Unfortunately, few people know that, in the distant past, Mars had rivers as full as those on Earth, volcanoes erupted and the climate was quite temperate. Abundant vegetation covered the coasts of seas and oceans, and fauna was much more diverse than on Earth. Several forms of insectivores evolved and adapted to survive, with the great 'ants' and 'mantises' taking an undeniable lead. I will try to tell you in this chapter how this planet, the richest in its nature, could lose almost all its atmosphere, and with it – Life.

One of the main differences between modern Mars and Earth is the density and composition of their atmospheres: consisting predominantly of carbon dioxide, the Martian atmosphere presses on the planet about 100 times weaker than that of Earth, and does not protect it at all from the deadly radiation of the Sun (by the way, the Venusian atmosphere presses 100 times stronger than the Earth atmosphere).

Although the carbon dioxide in the atmosphere of our planet is not less than on Mars, but it is in a bound state – in the form of limestone deposits, so if a few increases in air temperature, it is possible to get a second Venus from the Earth, and the slow cooling of the Earth due to heavy pollution could turn the conditions on our planet in a way which would not be inferior to the Martian. Now even at the very equator of Mars daytime temperature does not exceed +15-16 degrees Celsius, while at night there are rampant frosts of about -60 degrees C, and at the poles the thermometer column freezes at around -120 degrees.

The permafrost at the poles is not covered with soft snow, like here, but with "dry ice" – frozen carbon dioxide. At the low pressure of the nearly extinct Martian atmosphere, a glass of water on the planet's surface would boil and evaporate at a temperature of only +10 degrees. This means that even with the help of powerful microwaves, it is possible to melt the permafrost of Mars and extract water.

The question "Is there life on Mars?" has long been included in the classic list of questions reflecting humanity's interest in the existence of its Intelligence brethren in the cosmos closest to us. But few people know that the "Martian" civilization had already reached a much more advanced evolutionary and cosmic level than we, the current human civilization, did millions of years ago.

The mind or Spirit of a Martian, which has completed its cycle of existence in three-dimensional Space and has mastered all the qualities of such an evolutionary experience, no longer has the need for a material shell as we need to learn and master the Physical plane. The Martian Spiritual Essences now need systems which are more dynamic than the physical one, which develop activities that are completely different from our activities.

Therefore the inhabitants of Mars turn out to be invisible to our means of sensing, although the movement of their Life is manifested in a much more intense form than we have on Earth. That is why our official science does not admit until now the existence on Mars of not only reasonable forms of Life, but even elementary forms of existence of living organisms.

There are many "BUTS" in the question of development of sentient self-conscious Life on Mars which I would like to investigate together with you because Mars has produced two main kinds of sentient beings who differ much from each other both externally and spiritually and who have developed quite opposite qualities in the process of their long Evolution. Therefore by 'Martians' we cannot mean both of them at the same time: some of them, incarnated Consciousnesses, are our friends and sincerely wish to help us not to commit the mistakes which they themselves once did, while others, embodied in physical Matter, are very hostile to us.

The estimations that some contacts give to the intellectual, spiritual and evolutionary development of the Martians are also very contradictory. That's why I want to share with you my own information and impressions received from out-of-body visit to this wonderful red planet, which resembles our Earth in many respects. This planet, as well as some parts of our planet, is also characterized by a hard rocky core, atmosphere and water in the form of ice.

Like the Earth, Mars is also characterized by relatively moderate fluctuations in the seasons and temperature patterns. At that time, billions of Earth years ago, Earth and Mars were in fact twin planets – both quite warm, with many active volcanoes, blown by thermal air currents and, most importantly, abundantly saturated with moisture.

This is why both on Earth and on Mars vegetation developed intensively and a great number of various kinds of Consciousnesses from various parts of the Universe intensively embodied and rapidly evolved in these fertile conditions. It should be said that in those unimaginably distant times there were only three planets in our solar ring which could produce reasonable forms of physical Life: Earth, Mars and a long ago disappeared planet Maldek which afterwards turned into an asteroid belt as a result of a catastrophe provoked by its inhabitants. On other planets like Venus, Mercury, Jupiter and Saturn, there were only forms of ethereal Life of various levels of the evolutionary development of Mind or Consciousness. Naturally, people were out of the question then – all these and other planets were more or less developed territories by different space civilizations of a given Galactic Sector.

When the time came for the Galactic Creators who sowed the seeds of Reason to each of the three named planets, the first harvest of the most intelligent and most adapted forms of Life came, they already had something to choose from on Mars. But due to certain circumstances caused by the Lucifer Syndrome, they chose not one, as on Earth, but two of the most progressive species of non-human types, with equal and considerable capacity for intellectual development.

It should be said that many cosmic civilizations interacting with each other in our Galaxy Sector usually were in conflict with each other, and therefore one of the purposes of genetic "sowing" of Mind on the planets of our Solar ring was to create more perfect intellectual form of Consciousness which could integrate the energy of Cosmos in most different ways but overcoming in a peaceful way any conflicts appearing in Cosmos. I will not dwell on the history of Mars development which is rich in various evolutionary peripetias. I will only say that it is not less rich than our Earth in various tragic and contradictory moments which had great influence on the course of the Evolution and development of self-consciousness of the inhabitants of this red planet.

By the Will of the Creators-Masters, of which Lucifer was one, the unique situation of the interspecies warfare finally led to an exhaustion of the forces of evolution in the battle for the possession of the vital space of the planet by one of the warring races. It took many eras to develop high intelligence in both races in order for them to master their environment.

One of the races, for many reasons, including purely genetic, chose for itself the path of development in a highly ogranized commune with the formation of a single group Consciousness, which had all the attributes of authoritarianism, which greatly hindered the individual growth of each individual member of such a society. Order in each such commune was maintained by means of the strictest discipline and unconditional subordination of some of its members to others, and of the youngest to the eldest.

And since no independent thinking or feeling was possible, in time all members of this race completely forgot about the possibility of developing other aspects of Consciousness within themselves except the intellect. Absolutely everything was subordinated to the fanatical adherence to the collective organization of Life. Each member of such a society developed only specific-logical, left hemispherical, aggressive, purely "male" thinking, totally devoid of creative and spiritual, i.e. sensual aspects. It should therefore come as no surprise that no thought could or should ever have been given to the individual members of this militant race in resolving any conflict over territories or in finding a negotiated solution to any problem. The main motto of their entire existence was "win or die". There are some too belligerent species of ants here on Earth, whose "communal" device and invasive instincts remind me very much of the way of being and thinking of this race of Martians.

As with these ants, for Martian communists it didn't matter at all how many Lives it would take to reach their goal: the most important thing was considered to be the "common good", which in fact was not the common good at all, but served the selfish, ruling elite of the oldest Martian hierarchs for their own selfish and egoistic purposes. Therefore they began to rapidly conquer vast territories on their planet and subdue many other species of Life.

This forced them to reproduce uncontrollably, using the evolutionary energy not for the harmonious development of the trinity of the main Forces of Life: the Willpower, the Power of Love-Wisdom and the Power of Spirit, but for the intensive reproduction of their own kind and the development of intellect to the detriment of individual creative abilities. This process continued unchecked until it reached the threshold of self-destruction.

There were only three such moments in the tragically rich history of Mars, but after each catastrophe, history would repeat itself. But, as I have already said, there was another intelligent race on Mars which in the end, drawing on the fatal experience of forever departed civilizations, decided to concentrate its energy not on conquering outer space but on solving spiritual problems by developing in each of its members the inner Power of Heart and Mind.

They realized in time that there is no Force more powerful than the Power of Love-Wisdom and no Force more powerful than the Power of the Spirit. When the time came for another battle with an aggressor they always tried to make a wise decision and by all means tried to avoid unleashing a military conflict in which all might lose their lives, thus allowing the warlike race to become more and more entrenched in the conceit that they were the first and the best.

And while the latter grouped themselves intensively in powerful colonies, this race, sacrificing external values, began to focus more and more on the development of the inner Powers of the Spirit of each of its members, learning to create in harmony between Heart and Mind. In their society all decisions were made not by the willful effort of the Mind, but according to the perceptions and intuitions coming from the very depths of the Soul, which draws its inspiration not from the intellectual pursuits, but from the Higher Planes of Being.

While the aggressive race was using all its energo-informational potential to strengthen its technocratic and intellectual power on the planet, to urbanize and weaponized its society, a race of spiritual beings was building religious temples and concentrating the attention of their creative minds on the main tasks of the embodiment of Spirit in the Matter. They comprehended the universal principles of spirit-sensual creation, in the implementation of their creative designs they cognized the operation of the Uniform Cosmic Laws and thus gradually learned the basics of coexistence with an aggressive race in the same Space as it, but on higher energy-informational levels.

Therefore when, after many and many territorial and political concessions, they found themselves squeezed into a tough ring by a belligerent aggressor, when the time came for the most decisive of all battles for existence, they decided to cede the entire physical Space of Mars to their enemy and chose for themselves a form of existence in the Spheres of the higher frequencies of Being – in the fourth and fifth dimensions. By this time they had already come to recognise that the outer physical form is only temporal and that its evolutionary value is quite incomparable with the Spirit which is eternal.

Using various technological achievements for physical perfection they brought their perfection process to the point of practical transition to non-physical existence. Then, after asking for help from the Supreme Cosmic Entities, they had already several million years ago effected the great mass Consecration or Ascension with simultaneous Transfiguration which is about to become particularly relevant for all humanity on earth.

Their further development was not at all smooth and serene, for the new reality presented them also with new problems, connected to a great extent with the need for inner adaptation to the new vibrations. The hard work of many and many generations was required to achieve a more or less harmonious state of Consciousness and to bring the whole organism into full and rational conformity with the new forms of existence.

Their problem was also that many of them did not want to completely abandon the physical World in which they still had much to learn, but in time they managed to cope with this task as well. Quite safe from their militant brethren and employing all three main Powers of Life, they nevertheless built their ethereal Worlds in the multi-layer Mars Space, where they continued their spiritual development while peacefully and productively cooperating with other high-spirited civilizations of the Cosmos.

In the meantime, while remaining the absolute masters of the planet, the aggressive race, driven by insatiable and extremely predatory group consciousness, could not overcome in itself the predatory instinct and switched to the cruelest in its bloodlust and cruelty intra-specific, internecine warfare. In their uncontrollable thirst for sole domination over Mars, they not only destroyed themselves in endless wars, but also destroyed the dynamic equilibrium of their environment with biological and chemical means of destruction, so much so that they had to build underground cities and shelters to get away from the surface of the planet which became uninhabitable.

Many generations of this militant race, torn by bitter internecine strife, were involved in the preparations for an underground way of life. As a result of heavy pollution and very high levels of radiation, intensified by the use of nuclear weapons of enormous power, the atmosphere began to change drastically, the vegetation cover was no longer able to replenish oxygen in sufficient quantity and a cataclysm broke out on the planet, destroying many underground cities.

The reproductive capacity of the surviving subterranean Martian inhabitants was severely reduced by high radiation. The survivors began to develop cloning techniques, reproducing their own species under laboratory conditions, that is, without the use of intercourse, conception or childbirth. After termination of natural reproduction their reproductive organs gradually atrophied completely.

The new species were just like their creators: insensitive left brained intellectuals with specific-logical thinking, very much like bio-robots, incapable of reproduction. And so they began to settle in new underground cities so as never to see sunlight again, as on the dead surface of the planet they were exposed to the terrible diseases caused by the strong radiation and the extremely polluted atmosphere. So their pupils grew to the size of their eyes.

Successive generations of Martians became more and more adapted to an underground way of life because their bodies could already perceive the frequency of light vibrations in the invisible part of the spectrum, converting these vibrations into heat. This is why they are all so frail and pale in appearance: in order to move around more easily in the confined spaces of caves and shelters, they purposely reduced their original size.

They have genetically engineered their bodies to eliminate their digestive organs, absorbing nutrients through the skin. However their aggressiveness was unaffected by the external and internal changes and they continued to destroy more and more of their kind in order to occupy their cities and sanctuaries.

This fierce struggle went on for hundreds of thousands of years until, after one of the worst planetary catastrophes, a part of this aggressive race decided to occupy the neighbouring planet, where a new civilization – Atlantis – had just begun to appear, by building specific spatial informational structures – external merkab. You may get to know how it happened and what the result was from it by reading the rather detailed message sent through my Consciousness by the crew commander of the starship Ramax-01SL Sirius-B Makkearland through the Ray of Contact on December 29, 1997.

I can only add to his report that along with the Consciousnesses of the aggressive race, some of the Consciousnesses of the highly spiritual Martian race voluntarily set out for Earth to share with earthlings their hard-won Wisdom, valuable knowledge, and thousands of years of experience in fighting the cunning and clever aggressor which, though not interested in the destruction of the human civilization, is trying to dehumanize and spiritually de-energize the earthlings. The militant Martians and some other aggressive civilizations of the Dark Ring are trying with all their might to restructure humanity as a whole into some form, convenient for them, in which it would be as easy as possible to use us for their own selfish purposes.

And one more thing: since 1984 the active activity of Martians and some too aggressive races from other cosmic civilizations in the third and fourth dimensions of the Earth's Space is considered unauthorized by the Galaxy Council and all measures are taken so that they do not complicate the already very complex process of spiritual maturation of mankind. This is connected with active preparation of mankind for Transfiguration in 2013.

In recent years tens of extraterrestrial civilizations have literally flooded everything surrounding us with their flying vehicles and are examining both mankind and all mankind almost under a microscope, each of them for its own purposes. Many of these civilizations come to us from many points on the timeline, as well as from the so-called "future", as both past, present and future exist and take place simultaneously in the timeless continuum.

This heightened interest in the Earthlings is largely due to the results of an experiment conducted on the planet by the Pleiadians in cooperation with several other cosmic civilizations, including Sirius. Sirius was also a huge influence during the prototyping of modern humans in ancient times, and the first genetic engineers were Siriusians.

The goal of this experiment is the creation of a synthetic humanoid race, which through the personal self-improvement of each individual will be integrated not only on the physical and astral, but also on the mental and spiritual level. Even now there are very promising premises for positive estimation of the results of this experiment: in densely mixed, actively roaming genetic mass of mankind hundreds of thousands of Consciousnesses with stable, expected features of a new universal cosmic race, are successfully developing and reproducing without losing the achieved high level of vibration.

In order to separate the "tares" of human Evolution from the fully fledged elite "seeds", i.e. to vibrationally and spatially isolate the evolutionally unsuccessful Consciousnesses from genetically perfect Consciousnesses which have managed to develop necessary qualities in themselves, our spiritual Teachers have decided in the coming years to work very hard on the physical plane of Earth. To do this they already now are actively using "impregnating" the crude matter of the Space of our planet with high frequency radiations coming from higher cosmic Entities and Consciousnesses.

The experiment will reach its peak when the Earth will have fully sub-

merged into certain vibrational frequencies. Right now these "immersions" are being made in fragments, otherwise we simply wouldn't be able to endure such a long and high tension of Energies, either physically or emotionally. The Transfiguration of 2013 is not the end point of the experiment, but merely the culmination of the physical manifestation of earthly humanity.

Earth's quantum leap will provide an opportunity for the spiritual integration of the most valuable Consciousnesses and their further existence in a non-physical state. The physical integration of humanity is essentially a return of our Creator Teachers to the Idea of global genetic experiments in order to create the most perfect hybrids based on the genetic material of Earth and various cosmic races. Humanity represents a unique gene pool because it combines the genetics of our entire Galactic Family, a little from each of the races.

Now only in one place, on Earth, is concentrated practically all the genetic material of the Galaxy, giving the Creators the opportunity to conduct evolutionary experiments on a unique scale. The evolution in our Universe can be configurationally compared to a loop: our Master Creators in their time consciously underwent an extreme degree of fragmentation and after that an extreme degree of separation, going outward and reaching in their separation to the furthest point of their evolutionary loop.

Then the Energy, at the level of the self-perfecting Consciousness and cosmic genetics, began to converge again, whereby on the other side of the evolutionary loop an intense integration began to take place, allowing the Higher Intelligence to form the most perfect versions of intelligent cosmic races of humanoid and non-humanoid types. Although the humanity, transmitted after the Act of Transfiguration of the Earth into vibrations of the fourth and fifth dimensions of Space, will be one step lower in its development than its teachers-creators, but in the new millennium it will become the basic race or point of evolutionary leap which can gradually absorb many other cosmic races of our Galactic Family, so as to transmute their qualities into more perfect ones.

The so-called Sixth and Seventh (synthetic) human races, together with the evolutionarily valuable qualities of other humanoid cosmic races, will become a more integrated version of the evolutionary ramifications of the various galactic families and the basis of the humanoid gene pool of our Universe. Many saints, Teachers, the best of them remain in the Earth's Space and perform the role of Angels or Masters for incarnating Souls.

The main goal of human beings is spiritual, genetic, mental and emotional integration. This is what we should all strive for, because each of us can potentially become a Man-God only when we become worthy to be one. Divinity is given only by the Holy Spirit and only to such a human Spirit who is His incarnation. Often I am asked, "Who are the 'Avatars'? And these are the **REAL** ones we call "aliens", "aliens", humanoids and similar names, coming to us on business visits from Worlds 4, 5 and higher dimensions. They stood at the cradle of the first intelligent human races, they also taught us when we transgressed the limits of the allowed, with numerous "Floods" and cataclysms, because they are responsible for us and for our actions before other civilizations of Cosmos.

The purpose of their visits is evolutional influence on humanity in the Spiritual, Astral and Material Planes, energetic renewal of the Earth, modification of human Consciousness and corrective intervention into earthly processes if they start to be destructive and destabilizing. The distinctive feature of the Avatars is that they never impose themselves, but only correctly offer their help or advice before the Archons of Destiny or Zygos step in to carry out the unquestionable Law of Cause and Effect.

For most of these representatives of the Cosmos the Main Law which guides their actions is the Omniscient, Omnipotent, Omnipresent Creator Spirit whom we call the "Holy Spirit". This is Their (and our) God, who is totally unlike human 'God', who was not only created by men in **HIS** image, but who is endowed by them with all the weaknesses He does not possess, as well as the activities He does not perform.

It is not true that there are no Avatars among today's mankind – they are always visibly and invisibly present among us and their number is especially increased in the most crucial periods for mankind. The question is whether people are willing to acknowledge them in those who live, work and suffer all earthly hardships in their vicinity, that is in their own species. Outwardly They do not differ from ordinary people of the Earth – otherwise They would not be Avatars – but They can be recognized by the fruits of Their works, which have first of all a very strong spiritual and enlightening influence on the majority of human Consciousnesses.

The true man cannot help loving them and feeling a mental attraction and unconscious sympathy towards them, because the inner attraction leads everyone who strives for the closest possible spiritual union with them and thus for the cognition of their Truth sent from Above. Now, on the eve of the Act of Transfiguration 2013, the return of the Supreme Avatar, the Teacher of Divine Justice and Coordinator of the Evolution of the Worlds, is awaited.

Each incarnate Avatar awaits the coming of this exciting and crucial moment of the human history with the utmost trepidation trying to perform his own part of the common preparatory work with the utmost diligence. Unfortunately, some of those "aliens" who have contact with human beings through the vibrations of the material World and also call themselves "Avatars" or "teachers", in reality belong to purely "intellectual civilizations" which believe that all worlds must be possessed and controlled by the intellect, that only then can the World be beautiful and right, logical and advisable, devoid of any deviation from the "norm".

The true striving man must learn to distinguish between Divine Wisdom and the hysterical squealing that takes place behind veiled goodness and tedious wisdom. To provocations of astral pseudo-teachers one must be especially ready now, in the midst of a spiritual Battle, on the eve of a global spiritual division of human Consciousnesses into **READY** worthy and **ABSOLUTELY** unworthy.

The main argument of such "teachers" is the convincing for many people argumentation to live by the Mind instead of the Heart, to increase intellectual potential instead of Spiritual Power, to try to "snatch" all the benefits and pleasures of earthly Life, because there is neither Hell nor posthumous retribution for a sinful Life.

A representative of the civilization of the planet Ceres, situated in the constellation of Centauri, assured me of expediency of priority development of intellect. He hoped very much that they would succeed in making the present-day humanity similar to itself, i.e. "rational and only right". With this civilization, I will begin my story of those who take an active part in our development and want to make us "like them".

#### CIVILIZATION FROM THE PLANET CERES

The first contact with representatives of this civilization happened during my fortuitous visit to some complex-spherical formation in Astral, which was crammed with all sorts of equipment yet unknown on Earth. It was intended, as I found out later, for permanent control over consciousnesses of hundreds of thousands of people zombified by them and who are – consciously or unconsciously – active informers of this technocratic civilization. They have several such base-laboratories in our Space.

I, on the other hand, was kindly allowed to visit the space laboratory, permanently located in Space above the Kandapozhsky Bay of Lake Ladoga. So, the physical body of Ceres, about twice the size of our Earth, is in the constellation Centauri and has two Stars with different spectra of radiation – green and violet, which accounts for the very beautiful auric shell surrounding the whole planet with something like a solid rainbow, as well as the moderation of their climate – neither cold nor hot – and the constancy of the lighting.

This planet was undergoing an evolution similar in some respects to Earth. Their flow of Time is somewhat faster than ours, but considerably slower than that of more advanced civilizations, say, those of the humanoids of Andromeda. Its inhabitants (humanoids) have no physical body, but instead the astral body is very compacted, which gives them a great advantage over us, shackled in the crude shells of the protein-nucleic complex.

They do not have active links with high-spirited civilizations and are mostly self-contained. They come into direct contact only with civilizations belonging to Anti-World, are very active in contacts with us, have among Earthlings many "their own", performing their tasks at different levels. Almost the whole Astral plane and the Antics are under their control and belong to the category of their "Matching Worlds" where division goes in strict accordance with their vibrations.

Therefore be very attentive when in contact with 'extraterrestrial beings', – there is difference between humanoid and humanoid! Like among us, there are Consciousnesses related to the lower self, and there are Consciousnesses related to the higher self. The former are under the influence of positivistic, material values and try to influence the sensual, cerebral and pneumatic structures of the human body during the telepathic contact.

The latter, though influenced by positivistic values, are on much higher spiritual planes and try to influence the spiritual structures of the Consciousness. Their influences only supplement the best that is in man. The task of the former is to facilitate sublimation of the coarse matter and its constituent dynamic components. The task of the latter is to fully assist the sublimation of the Spirit which has subordinated Matter to the Laws of Equilibrium and complete obedience to the Laws of Wisdom. The teaching of the former is also very different from that of the latter.

The experimental plan is also vastly different: the former are concerned with the strictly scientific perfection of the material dynamisms of the Earth, while the latter improve the astral and mental dynamisms of the planet through the spiritual elevation of the Human Consciousness. The condensed astral body perfectly replaces their physical body, and in appearance and touch they are virtually indistinguishable from you and me, but much stronger physically and taller – over two meters tall, usually blond-haired and blue-eyed.

They stay in the condensed astrosome till a certain age, and then they pass into a thinner energetic form, as if melting energetically, after that they become much stronger energetically. Before such transmutation the man and woman have a child who comes from a flower or a cocoon egg (which depends on the level of evolution); the child has a compacted astral body and already has ready information that was inherited from his parents.

They reproduce with the flower in the manner similar to the known vegetative method in plants. At that, the child fully inherits the parents' genotype and energy. And when the parents' energy bodies fold a cocoon and form a cocoon, out of it a not quite ready child is born; the child has a body of compacted astral Matter, but it does not inherit the parents' energy.

In order to give them Life, the energetic essence of a dead cerebral must enter them; then naturally the character and abilities of the child and the parents will be very different. Such children in most cases are placed in special institutions where they have everything necessary for their development until they reach adulthood, which usually takes place at the age of 120-150 years on earth.

In their development they did not go along the path of Unification with the Highest spiritual Plans, but went along the path of technocracy or "brainioc-racy", on which all humanity is currently being strenuously led by incarnate non-humans and antics. As a result of their long period of being in a state of communal structure they developed a very strict (by our human understanding) social structure of subordination.

Their entire existence is built on the principle of utility and the highest rationality. Over time, the unattainable level of science and technology has completely killed in them the principles of creativity and spiritual development, replacing them with the strictest hierarchical subordination of the lowest ranked inhabitants to the highest ones.

Considering their way of development to be the most progressive and the

only acceptable to the Cosmos, in every corner of the Universe, including, as it has already been said, on our planet, they create their own layers of technical basis to impose their principles, morality and way of existence everywhere they can. In this respect the Earth compares favourably with many other planets of the Solar system, as all is practically ruled by the most powerful of all Egregors – Lucifer's information-energy bio-computer system – Satan, which encircles three lower Planes of our planet.

They very actively and widely use methods of introducing into bioenergetical structures of earthlings, which is not the slightest problem for them since their structure and ours can be easily combined. Even if some of them will not change their structure when implementing it into a human body but will leave it as it is, then believe me, such a creature will be absolutely indistinguishable from any of us both in appearance and in the physical characteristics of the body.

The internal difference can only be seen by a strong psychic: unlike our souls they only have a sort of "soul symbol" by which they can be distinguished from earthlings. We also classify such beings as "non-humans". Apart from direct infiltration, they also very widely use methods of remote psychic influence on Consciousnesses, operating on the frequency of their vibrations.

The information field emitted by their most powerful vibration generators is received by a mental body of a person of the same type, who is prone to scientific or technical activities, turning it into discoveries in various fields of science and technology. Considering the enormous power and strength of the Military Industrial Complex Egregore, and knowing that all the major achievements of our science are adapted to military purposes, they constantly amplify these programs, creating military conflicts and clashes, which should, according to their plan, finally change the path of development of our civilization to a technocratic one.

Let us repeat that the Souls of the earthlings are not just some abstract part of the Cosmos, but each Consciousness belongs to one of the particular civilizations which oversee humanity and in their own way help us in our development. Apart from the Solar Angels who initiated 'Homo sapiens' there are entities in the Cosmos which are no less advanced than They are and which also constantly 'lend a hand' in our Evolution by incorporating their Consciousnesses into human bodies.

Sometimes a human being lives his life without suspecting anything, and then suddenly realizes himself a citizen of another planet, preserving his individuality at the same time. In principle all of us are potential "contactors", but everybody has different abilities: everyone can communicate only with representatives of the introduced space civilization that can belong to either "Light" or "Dark" of two "Rings" of our Galaxy.

That's why information of different contactors can be different depending on quality and awareness of the source, though in most cases contactor acts just a pawn in a large-scale political game of civilizations, which have their vital interests on the Earth. The planet Ceres is ruled by three rulers from among the most meritorious scientists, who have the highest potential of intelligent plasma and the so-called "intelligence quotient".

But all global problems are solved only collectively. They have no division into different states, because it is irrational; there is only the division of the whole territory into many separate, highly specialized areas which are part of large territorial "districts" or "states". Politics, as we understand it – the division into parties, currents, movements, etc. – They have no politics as we understand it – a division of parties, movements, etc.

It is simply that some individual figures are entrusted with very important tasks in relation to society – of an economic, scientific or manufacturing nature – and only perform their functions strictly within their competence on the planet itself or outside it. They also conduct diplomatic missions to other Worlds and civilizations of their level in the entire universe.

The transportation in Space is very quick and easy, as their spacecrafts do not fly, but are carried by the power of the astronaut's Thought (with the help of special devices) through Space and Time. In addition to that, the method of tuning vibrations to the vibration code of the necessary planet in any place in the Galaxy is widely used, so all their spacecrafts are built of a material, molecules of which are able to change their crystal lattice quickly and easily. Their ships visiting our Earth remain invisible to our eyesight.

The consciousness of the inhabitants of Ceres is evolutionarily built on the principle of strict discipline and obedience to the law. Very few law-breakers are sent for a certain period of time to another planet specially adapted for special educational purposes, where their subtle bodies undergo some "remodelling", and they themselves do the work that is not popular with other inhabitants.

They too have temples – if only such highly simplified, "cosmic" tall buildings can be called "temples" in our usual sense – but their prayers are very far from mental and spiritual communion with God the Creator. It is nothing like what we are used to when we go to church or temple. Rather, it is a prophylactic feeding of a certain type of energy, unrelated to the Spiritual Plans.

They have no system similar to our system of higher and secondary education, as the transmission and assimilation of information is completely different from ours. But they have something like our "institutions of advanced training" and periodically, as the need arises, they gather specialists of very narrow profile to receive new information on implementation of new technology. This usually takes very little time. There are practically no problems with water and nutrition, because powerful desalination plants produce water for consumption from the salty water available on the planet, and from animal food – mainly for children – only milk and its derivatives are consumed. The general population eats only specially processed plant foods because the level of organization of the molecules that make up their bodies is much lower than the amino acids that make up our flesh.

Their molecules are based on certain organic acids in peptide forms, which allow their cells not only to store energy more efficiently than ours, but also to release their excesses much faster. Neither fats nor proteins, so necessary for us, are in their diet. All food – both dairy and vegetable – is produced on another planet, with complete robotization and automation of all processes, which humanoids only control.

The lifetime of a humanoid is two thousand years and more, and to a large extent this lifetime is determined by the humanoid itself. After a certain period of time after "death" humanoid consciousness begins to rebirth into a new "dense" body through the energy "cocoon". There is no habitual division into "men" and "women" but the usual division into "male" line: great-grandfather, grandfather, father, son, grandson, great grandson, etc., where each link is transformed by the same energy-informational Being whose level of consciousness constantly changes towards the increase of intelligence.

In this respect it should be noted that the Earth is practically the only planet where beings have not yet lost the ability to reproduce themselves. It is this quality that all other civilizations value in us, engaged as it is in the cultivation of a like mind in the biomass of earthlings. This is why we have such a wide range of Consciousness levels, from the highest positive to extremely negative intelligence, depending on whose civilization sowed the "seed of the Spirit" so long and so difficult to cultivate into the earth's environment.

As such "kindergartens" in former times – tens of millions of years ago – several planets in the constellations of Pisces and Libra were used by civilizations of Cosmos. But now the situation on these planets has changed, because the entities inhabiting them have "outgrown" themselves, having developed on the basis of the abilities inherent in them their own levels of Consciousness, which has enabled them to exist successfully both in protein and in field forms.

Like the Essences of Ceres or Cassiopeia they began to multiply only through one of the masculine sexes, passing, like a caterpillar transforms into a butterfly, from the protein form of existence into the field or energy form through a "cocoon". In this case the old being (the "caterpillar") does not disappear and continues its development, but from the "cocoon" a completely new being appears with a qualitatively different level of Consciousness.

These civilizations have no concept of "death" like ours. Rejected, the field or subtle energy form of Life does not bring chaos, disintegration and disappearance to the initial protein form: the transition from "caterpillar" to "butterfly" is harmonious and conditioned by the evolutionary level at which these various forms exist.

One more thing. The human brain is set up in such a way that in order to understand something we have to constantly divide it into two opposing poles. This happens because we ourselves, in spite of the high level of Consciousness we achieved in other civilizations, are on a very low level of **EARTHLY** development, when any phenomenon we perceive can be evaluated by us as either good or bad.

#### But the higher the EARTHLY level of development of our Consciousness becomes, the smoother are the borders between any two extremes which have never been opposites but are rather additions to each other in the process of establishing the Truth which is nothing else but Harmony itself.

Our own level of development of earthly humanity cannot enable us to regard civilizations several orders of magnitude above us as "bad" or "good", because we ourselves, i.e. earthly humanity in its present state and form, are still so bad, unconscious and imperfect that any one of them is incomparably better compared to us and all our boundless human madness.

Simply, there are civilizations in the Cosmos which, for various evolutionary reasons, are perfecting themselves along the line of development of intellect, Intelligence, constantly expanding the horizons of Knowledge, which invariably leads to a certain spiritual inferiority. All such civilizations of our Universe are united in the Commonwealth of the "Dark Ring".

When communicating with their representatives, one senses a cold impartiality, calmness, rationality, rationalism, and absence of the enthusiastic emotionality so inherent in us humans. This does not mean that they have no human emotions at all, for they too are former human beings in other eons. Simply, all their actions and emotions are subordinated to Reason and dictated by rationality, logic, intellect rather than sensual impulse.

The consequences of their active work on Earth can be seen in the architecture of Ancient Hellas, in the philosophy of India, Tibet, China and Japan. They are the authors of the iron pillar of Delhi, the Egyptian pyramids, many technical devices of Atlantis, etc. To everything that concerns the development of mankind they are very zealous, considering themselves our main curators.

It was they who under the guidance of Archangel Lucifer millions of years ago in the framework of the programme "I AM THE CREATOR", introduced into the primary self-developing energy-information structure of the humanoid animal (DNA) the genetic code of the first step of Cosmos Harmony which then, as it turned out, was not enough to start the successful evolution of man as a "homo sapiens". Therefore after many, unfortunately, unsuccessful attempts to speed up mental development of our most ancient ancestors, the specialists from Bright Ring were joined to this work. They injected into brain plasma embryos of 'kindred children of Earth' additional psychogenetic code with self-development, self-regulation and self-perfection programme. This allowed later highly developed Consciousnesses of the Lunar Gods and Solar Angels to infiltrate into sufficiently prepared astral and physical forms, which were later called 'people'.

Unlike the inhabitants of the planet Ceres, there are also other civilizations that, on the contrary, have developed within themselves, along with their intellect, spiritual qualities, expressed primarily in infinite Love for everything existing in the Cosmos, in Divine Wisdom which contains both Knowledge and Experience. When communicating telepathically or directly with Them one feels inexpressible bliss, absolute serenity passing into ecstasy and the desire never to stop contact.

It cannot even be compared to the state of communicating with a beloved person, because the selfishness inherent in us prevents the manifestation of the entire range of feelings. When there is contact with a highly spiritual Being, naturally and abundantly emanations of Love emanating from Him overflow the human heart to such an extent that everything said or even simply related to this Being becomes the dearest and closest in the world.

The principle of their Existence is to help other, lower Consciousnesses to develop on the Path of Goodness, Love and Light. In this they are so self-sacrificing, that they do not spare themselves for the sake of achieving this Goal, although they cannot be destroyed like we are, because they are immortal.

In their own way they are very sensitive to all true manifestations of Love and Goodness, but they are very vulnerable when they have to face facts of human cruelty, hatred and violence. Therefore, in their desire to help they are boundless, and they are not afraid of the dangers for their own Lives. They can be 'burnt out' in the performance of Their missions, but they nevertheless quickly regenerate on the energetic level afterwards.

Most of them are former human beings like you and me who went through this cycle of their Evolution much earlier than you and me, in other Worlds and in completely different conditions of existence than on Earth. All of them are united into the Commonwealth of civilizations of the "Light Ring". The difference between the curators of one and the other 'Rings' is not only in forms of manifestation and ways of living.

The main thing they do not agree with each other and the reason of their constant conflicts while solving the issues connected with the programme of development and the future of our planet is their different approach to the understanding of the role of mankind in the Cosmic Economy, though in many respects their aims for our development coincide. There are also such civilizations whose path of development has led them to Harmony, involving a combination of a super-developed intellect with the highest degree of Divine Wisdom and Love. They are mainly part of the even more powerful and evolutionarily advanced 'Super-ring of Great Luminosity'.

The superconsciousnesses of these beings-civilizations in their totality represent the Highest Centres of God the Creator, which are beyond our understanding or any other description in words. If we take conventionally, for comparison, the totality of our twelve (or seven basic) bodies and all the Bodies of God-the-Creator, then we are at the level at which a cell of our skin stands lower than the cells constituting the most important centres of our brain.

#### CIVILISATION FROM THE CONSTELLATION ANDROMEDA

Occupies one layer of the Mental plane and two upper layers of the Astral plane in the multidimensional Space of the Earth. Belongs to the system of ethereal planets of the Star Alamak in the constellation Andromeda, and is a member of the Commonwealth (League) of civilizations of the "Bright Ring". They occupy a dimension in the Space-time Continuum, quite different from that in which we, earthlings, unfold existential and evolutionary experience of our true eternal Essences – human Souls.

This civilization has long collaborated with the Earth Shambhala Hierarchy in matters related to Evolution and the prospects for humanity on Earth. Now their representatives are almost constantly stay on our planet and take part in numerous local energetic cleaning of the Earth Space, as well as in periodical operations on global cleaning of Aura of the Earth from emanations of coarse Energy which accumulate near the poles. Have both energetic and 'physical' non-protein based bodies. They are 10 - 12 billion Earth years older than the Earth's human civilization, whose total age is 18 million years.

Outwardly they look like the best of human beings: regular and beautiful (though austere) facial features, tall – two to two and a half meters – and slender figures, slender hands with long wrists, each with five fingers longer and more graceful than ours. Some are brown-eyed, but most are blue-eyed, with almond-shaped, slightly oblong eyes with dark lashes and thin, arched eyebrows.

When they meet, what attracts the most attention, and impresses with its ineffable depth, are these extremely expressive eyes, with a very clearly segmented iris that no other Earthling can match. Their faces, like their bodies, are white and slightly tanned, with light or bronze hair on their heads, long in the case of women and short in the case of men.

They are dressed in sporty clothing in light-coloured and solid colours. By the way, the appearance of each modeled by personal robot-computer, which fully selects not only the type of hair, but also the clothes that most accentuate the individuality of each "andromedian" at any time of his life. They are eager to make contact, very friendly, unobtrusive and welcoming.

Here I would like to point out that when I speak of Andromedians I do not mean all civilizations inhabiting the spiral galaxy known to us as the Andromeda Nebula, which has many millions of planets. In a certain sense, the Mind of this Galaxy lives by its own system of rules, which allows its inhabitants to learn lessons of cosmic coexistence and coexistence that are unique to them.

The beings I met during one of my out-of-body travels belong to a system in

the middle part of the galactic spiral. Their system has two Stars, one of which, the red one, is in decline, and the other, the Alamak, emits a warm light of the lilac spectrum, not as bright as our Sun.

There are five planets orbiting around the Alamak Star, of which only the first is inhabited by humanoids. The second and third have a large number of cultivated and decorative plants, as well as animal life develops in natural conditions. The fourth planet has worse climate conditions and vegetation, so they must use artificial climate systems, the fifth planet from the Alamak Star is completely deserted and unsuitable for the existence of Life on it due to low temperatures, so it is used exclusively.

There are four planets orbiting the Fading Star, of which the second planet's orbit intersects with that of the humanoid habitation planet, allowing it to receive an additional portion of the Lilac Star's radiation. This planet has a reasonable climate, and is partially used for 'winter' purposes and research, while the other three planets of the Red Star have no life forms.

They live as families in individual, comfortable structures, which are quite unlike habitual dwellings we are used to, and which outwardly resemble in some way the honeycomb of bees separately located in Space, though describing their reality seems to me to be extremely difficult. Suffice it to say, it does not resemble any reality of the earthly world, which has at least a little, but still a consistency. When we are in a house, we know where everything is and stands, and if we need it, we can go there and get what we need.

In Andromedians, it looks very different. If you are inside a room, it is constantly changing, not only in scale, but also in form. If I have compared their dwellings to bee honeycombs, it is only because that was my very first impression when I first entered their reality. In reality, nothing here has a precise, strictly defined shape.

The reality around is changing every moment and in the beginning it was hard to get used to, but in time I managed to adjust my Consciousness so as not to notice continuous external changes and to concentrate only on my inner sensations. Because the landscape around me was changing in strict accordance with my inner emotional state.

I have visited many different astral Worlds of the Earth, but what I encountered during my visit to Andromedians cannot be compared to anything I have experienced. It is a completely abstract World and the reality there obeys quite different laws, which is difficult for the human Consciousness to "digest", not to mention describe. But there is a World of Consciousness too, where people of different cosmic civilizations with different levels of Consciousness can meet together.

Continuing my description of the life of Andromedians, I should note that, unlike us, there is no problem of "unhappy love" with them, since every inhabitant there can unmistakably – on the principle of resonance – find a partner of

Life who is the most suitable for him according to all his individual features. Each of two loving beings gives to the other and to their children all the best that their Soul has, so there is no such a thing as divorce.

Although they have a highly developed science and a very high technical level, this does not prevent them from paying great attention to their spiritual development, the level of which here determines practically everything, because as it increases not only the access to higher spheres of Knowledge and Cosmic Bank of Information, but also the ability of everyone to master different kinds of Energy increases as well.

No other symbols other than the cross were visible here. Not only the domes of numerous temples, but also the sphere-shaped roofs of individual "cellular" dwellings on top were furnished with beautiful high crosses, which performed not a purely symbolic role, as with us, but rather acted as narrowly focused radars and transmitters of Energy of high spiritual vibrations. Such generators of high-frequency vibrations, acting as energy purifiers and stabilizers of Energy, could be found everywhere I was led to by my "guides".

Their gravitational force is much lower than ours, which explains both their height and the way they move – easily and quickly "flying", or rather just moving, over rather long distances – 20-30 meters in one "step-jump". But it doesn't look like the way we see the astronauts move on the moon: though smooth, it's still very long and clumsy. They simply move completely unobtrusively to their destination depending on the need: they may be very fast, or they may be slow, taking their time.

If the need arises to travel long distances and rapidly through Space, then very compact devices in the form of a glossy player attached to the side of each humanoid's lanyard are used; these are individual flying vehicles, operating on the principle of instantaneous changes in individual frequency and overcoming gravitation. With such a device, one can transport oneself almost instantaneously through Space to any point on a planet, or even to any of the planets of either Star. Everyone from birth is capable of conventional levitation – purposeful flight in "the air".

The materialization of any Idea, form or any tangible, animate and intelligent substance is one of the most common objects of their astral science. For entering and exiting various dimensions of Space-Time they make use of so-called "frequency vibration modifications" which can densify the astral substance to a necessary degree or make it similar to visible or invisible light, with unlimited possibilities for a humanoid consciousness together with the body or even an entire spacecraft to penetrate any type of Matter, be it solid, liquid or gaseous. Therefore we should not be greatly surprised by their infinite capacity to enter into full connection with any human being and to merge with our astral bodies.

Within the Space-time of our planet the so-called Van Allen Commonwealth is very active. Humanoids from several cosmic civilizations working on this, artificially created near Earth – as opposed to the numerous ethereal laboratories of the ancients – astral structure, maintain the energy balance on our planet, spreading the elements necessary for the development of the existential and organizing beginnings of Life on Earth in all its diversity of forms.

With them I had the opportunity to enter into telepathic contact in the summer of 1996 during the work of one of their 16 shuttlecrafts-researchers, conducting their research over the Black Sea coast of Yalta. The progressive connection of the lower planes of the Earth to the vibrations of a new, higher level, since June 1996, must for some time cause some uneasiness of both physical and mental nature to the people who have a predominance of lower vibrations in their astrosomes.

The increase of frequency of vibration of the magnitudes-carriers of psychophysical energy structures exposes these magnitudes themselves to violent change, which increases their ability to absorb higher-frequency and thus more spiritual types of Energy. This is bound to have a positive effect on the increase of the general level of the Consciousness of people.

Once again they asked to draw people's attention to this circumstance because it's going to be more and more difficult for people with a low level of spirituality to survive in the new vibrations of densification of the Earth-space-time, for only those people, highly moral and highly spiritual, will be able to endure the trials inexorably coming hardest for the whole humanity, the dissonance growing between the internal and external energy structures. Any act of violence or irritation creates in the Space around itself very dangerous psychic tensions, destructive first of all to the very source of these psychically negative vibrations.

Moreover, as representatives of this "Commonwealth" have informed me, our planet is equipped with a powerful system of self-purification from some destructive types of Energy, in order to prevent accumulation of certain negative Forces in certain parts of the Space-Time of the planet, tending to disturb the general equilibrium and dangerous to the existence of the Earth as a living Cosmic Entity, the level of spiritual values of all mankind.

You and I must be aware that their envoys on Earth cannot conceal the Truth or mitigate the stark prospect that what is spoken about in such detail in the Apocalypse of John the Theologian and in the Third Message of Our Lady in Fatima, where a real way of salvation for our fallen Souls poisoned by material Illusions and animal instincts may come true on our planet from any moment to moment. The Sun Consciousness which created our entire Solar System with its Worlds and inhabitants has decided to intervene and change everything that the human ignorant Mind has arranged on Earth in its boundless selfishness, violating His Creating Law.

The knowledge of additional spiritual values which we try to impart to you through our books is needed in order to teach as many people as possible – on

the eve of the coming grandiose world events – to unmistakably distinguish between positive power and demonic power which corrupts Consciousness. The experimentation and acquisition of knowledge about the binary dimensions of Space-Time, Spiritual-Matter, Life-Death, etc., etc. – will have to help you fully understand what is beneficial and what is only detrimental to your Existence as self-developing Divine Mind Sparks.

But back to our humanoids. Light is the real organism structure of the Andromedians, the primary constituent element which determines the totality of their truly incomprehensible abilities to exert a deliberate influence on organic and inorganic Matter. Light is also the primary existential dimension of their dimension, through which they can perform any operation with any animate substance, with any mental or astral dynamism.

Light is as much in their control as clay is in our control, from which we can mould any shape we want. They believe that the first mark by which a creative human being is recognized is his ability to creatively and constructively manipulate the Light. In their power is the creation of an energy structure of any form and of any type, both physical and dynamic. You and I are also the result of one of their developments with other civilizations, one of the forms given to an animated, intelligent and self-reproducing substance.

Communicating with these humanoids one involuntarily understands **WHAT** the perfect union of the lower self and the higher self means in practice. But such a harmonious union of two complementary Elements in a man can only happen when the lower self has already reached in its development the vibrations necessary for the higher self to come into full contact, which creates a general resonance effect in human consciousness. This is what we understand by the term 'Christification of Consciousness', or the union of the Divine Spirit with human nature. As I could see with my own eyes, the Andromedians have long since reached this level.

Among their specialities there are many which do not exist on the Earth yet, because they are related to cognition of the Cosmos and Creation on the level which in our Consciousness is related only to Divine activity. For example, they like to use the science that allows making holography of any living or lifeless object on such a high "realistic" level that creates objects which are functionally and externally absolutely the same as the original, but due to their invulnerability have much higher realization potential.

They can be invisibly present among us at almost any time when they deem it necessary, just as they can, at their will or necessity, make themselves fully visible and perceptible to us to all our physical senses. Many of the phenomena which our scientists, in spite of all their obviousness, cannot explain to themselves, originate from them – this is done on purpose to induce us to ask ourselves questions, to reflect upon them, to draw conclusions for ourselves and to determine the answers. On Earth they have both consciously and unconsciously programmed employees, and their activity, no matter how different its types, is aimed at showing the ability of the spiritually evolved human to consciously influence the coarse and subtle matter of the energy Plans of the Earth. Their operators, incarnated into human forms and operating on our planet with a well-defined educational purpose, receive their programmes through various channels of telepathic communication from their individual Masters.

These incarnated highly developed Consciousnesses are quite conscious of themselves as people but at the same time they are subconsciously aware of **WHO** they really are, acutely aware that they do not fully belong to this earthly World. They know that they became incarnated in the human forms of the earthlings quite consciously and voluntarily, they realize what difficulties of the earthly Life await them and know that they have the high spiritual means to overcome these difficulties: the consciousness of useful dynamisms for changing the negative impulses into positive ones, or, as it is called with us, evil into good.

Usually, their Consciousness is in a harmonious connection with the universal values. These embodied messengers of Spirit are quite aware that they can, if necessary, easily attain the knowledge of their parallel Lives and project this knowledge into the Mental plane of their human existence. Possessing a physical human form, they lead a Life common to earthlings, but in reality each of them has his own task and does not allow himself to be influenced by others, nor does he allow himself to be remade spiritually, despite constant attempts to do so by Anti-World psychologists.

They know that they must tolerate all the horrible blasphemies of human society, as well as the animal unscrupulousness and stupidity of all FALSE **DUDEES**, or, as we call them, **NOT PEOPLE**, who, at their lowest level, are just not yet able to understand their mission of Justice, Peace and Universal Love.

They have absolutely no fear of Death, correctly understanding its true meaning and regarding it as their next "holiday" and an opportunity to rest in their native lands from the hustle and bustle of the earth. They also take "moral" and material persecution from spiritual ignoramuses and incarnate antics extremely easily and unproblematically.

Selfishness in any of its manifestations is particularly repugnant to them, and therefore they are very easy to recognise by their absolute altruism and perfect harmlessness. They are not infected by the temptations of possessions, possession and therefore any material improvements do not arouse their sympathy. They are easygoing and free in their outlook on Life, because they are familiar with Truth.

These are the main features of representatives of this highly developed civilization on the Earth and you can get in contact with them by these features. Besides the "Andromedians" embodied in human forms of Consciousnesses, on our planet as well as on many other planets they have so-called "activarians" – special biorobots intended for carrying out separate reconnaissance work and whose appearance is very similar to that of real "Andromedians".

Their computer memory capacity is twenty times that of a human, so they are able to distinguish a sentient human being from any other living being, whatever form it takes (we're talking about an incarnate **NON**-human being). They are programmed with a mechanism to react in case of possible violence, so during direct contact with them we would advise against spreading vibrations of violence, hostility or aggression around them, as the consequences could be quite unexpected and not at all pleasant for you.

They can also do all the work associated with piloting scout ships perfectly, and can register not only human speech, but even Thought Images in the ranges of vibrations in which they operate. They are controlled remotely by the Will of specialists located within our Solar System.

As farewell they told me that I should call people of our planet in my books to realize within themselves all the ideals of Christ for the sake of a happy, active and conscious creative Life, guided by Love to any other Consciousness and to humanity as a whole. Love is the most powerful of all Forces which, inspired by the vital need of the majority of human Consciousnesses, is capable of preserving spiritual values from decay and realizing the unity of all peoples of the Earth on the basis of the Law established for us by the Supreme Will of God the Creator.

We must free ourselves from the ignorance which wears us down and impoverishes us; we must strive to arouse in us the spiritual instinct which calls us to consciously command the elementals and the elements which form the basis of our lower bodies and the astral worlds, so that they fulfil their direct spiritual purpose in the overall structure of the Universe.

Finally, we have to make ourselves aware that Harmony is the only real Force connecting us with the Cosmos and the Divine Mind, necessary for the process of universal formation of the Worlds of our Universe. Without an understanding of this, without each person realizing the need for self-realization of himself as God and creator, everything around us and within us will only be predisposed towards self-destruction, disappearance and dissolution in the dark annals of the temporary Material Creation.

#### CIVILIZATION FROM THE CONSTELLATION PLEIADES

Intelligent beings from the planetary system of the Star Alcyone, which is located in the Pleiades, a star cluster in the constellation of Taurus (Greek Pleiades – seven daughters of Pleione and Atlanta), have a body very similar to ours, except more perfect, or if I may say so, more refined, elegant, graceful and harmonious than ours. Through the light clothing one could see that their bodies were not only perfectly and proportionally built, but also rather muscular, as if infused with mighty power from within.

This was even more impressive because the vast majority of my Pleiadian friends, or as they called themselves – Gerrians (from the name of the planet of their main habitation – Gerra), were much taller than me, – although I myself am not of the petite ten and my height is 1 m 85 cm. Almost all of them, except only some of the inhabitants, whom they called "visitors", had European features, with skin that was as pale as ours, but more elastic and thin.

The guests were somewhat shorter than me, or the same height as me, but their skin colour ranged from yellow-grey and fire-reddish to dark brown, like that of our Negro human race. In one of the supergiant laboratories that tested the processes that precede the birth, formation and disappearance of the universes (only on a much smaller scale, of course), I was introduced to some of the guests – very high-level specialists who had come from the Sirius system.

Their Star Sirius-A, which is many thousands of times brighter than our Sun, is the main one of the major Stars in that system, serving as the Portal or Gateway that connects one dimension of Space-Time to another. It has a very powerful radiation and the processes occurring there and in it enormously influence the course of events on our Earth.

Unfortunately, I do not remember their names, but they were all from that civilization of Siriusians, whose representatives, who visited us, on Earth, at different periods of our history, are commonly referred to as "gods from Sirius". Basically these gods have a much darker complexion than the true Gerrians, but in addition there are also many purely external differences between them, which is explained by the fact that in their genotype there are genes belonging to non-human intelligent races, which, being mammals, were more similar to our reptiles or insects.

It was these genetic origins that accounted for all the differences by which "guests" could immediately be distinguished among any number of dear to my heart Pleiadian-Gerrians. True Gerrians, purely in appearance, are indeed very similar to us earthlings, at least to a much greater extent than any of the representatives of other cosmic civilizations that I had so far to communicate with.

Of course I am not referring to our inner differences – both purely physical and spiritual – which are imposed by the peculiarities and differences in the realities around us and theirs. But they also once, albeit a long time ago, went through in their inner sensations roughly the same thing that you and I are still trying to go through now. That is why there is so much that brings us together and connects us not only externally, but internally as well.

As Ora, who accompanied me on my journey around the planet, explained to me, these qualities of today's Pleiadians-Gerrians – their tallness and muscularity – were formed due to Living of many generations of that civilization on a planet with much greater gravitational and electromagnetic forces than on Gerra. But such of their qualities as good nature, cordiality, as well as their constant emotional need and readiness at any moment to help someone, to give their Love, care and warmth of their Soul, or at least to be useful in some way to someone, are not less than their outer beauty and their powerful, truly "superhuman" power.

Their ultrafinely structured emotional bodies were only able to harmoniously form because of their constant efforts to withdraw, to avoid the invasion of any form of negativity into their Life. By their own example they have proved to very many of the other civilizations, also members of the Pleiades star cluster, that through the constant suppression of the negative qualities in themselves any civilization can achieve the prevalence of a positive process in their evolutionary growth and spiritual development.

This direction of evolutionary development is quite different from ours, the earthly direction, which is based on the aspiration of most of the people of Earth to achieve inner neutrality (at best!), as one of the components of Harmony. But our problem is that in search of this 'middle ground' we often shrug off not only obvious negativity, but also the development of emotional positivity within ourselves. Our pathological tendency to divide everything and everything is the true cause of many of our endless problems. But back to Gerra.

The colour of the hair of those of the inhabitants of Gerra with whom I had conversed during my astral journey varied from yellow-wheat or almost white to russet, and some of the inhabitants were even auburn. But from the first moments of our acquaintance, I was literally struck by their very expressive eyes, which, on closer and closer examination, not only differed from human eyes in shape, size and iris colouring, but, as I found out a little later, also in their unique ability to reflect and refract the rays of Light.

None of the physical or even astral forms of man has anything like that, which could underline our divine origin to such a great extent. Even the most beautiful of human eyes would look fishy and expressionless compared to theirs. How remote and imperfect we are! And they say that we are created in their image... We are pale ghosts compared to them!

Noticing my despondency on this occasion, the girl who accompanied me named Ora smiled charmingly and waved her hand, immediately materialized in the space of the phantom of one of the Pleiadians, who smiled at me in a friendly manner and put his right hand to his heart, greeted me. This Pleiadian, who appeared literally out of nowhere, immediately seemed to me something close and very familiar. Perhaps I had communicated with him telepathically on the Contact Ray before?

Before I had time to think about it, Ora telepathized that this beautiful Being whom I am so enraptured by is the **SAME ORIS**, whom I have never seen before, but who constantly stays not only near me but also in me, because, materializing on the astro-physical level of the Earth, it is he, Oris, having spiritualized with his Consciousness the Matter of these Planes, who gave me Life and created me as an earthly person.

I stood dumbfounded by this unexpected encounter and did not even have time to grin when the Pleiadian Oris, coming close to me to greet me, embraced me by the shoulders and immediately merged with me again. My bewildered and foolish appearance must have been very amusing, because Ora immediately started laughing merrily and bouncing slightly in place, clapping in her thin, dainty hands, just as our Earth girls sometimes laugh – merrily and heartily – in the same way.

In my opinion, no one, not even representatives of Higher Spiritual Essences, has such cheerful, upbeat, life-loving and soulful qualities as my "new" geriatric friends stand out from all my wonderful Ray of Contact friends. "Just as you and he are essentially one," she finally protested to me, resting her laughter, "so does Oris represent an inseparable part of our civilization.

No matter where we incarnate, no matter which distant areas of our Universe we spiritualize with our presence, we are always connected by invisible threads with our Spiritual homeland, with our Home, which always help us to survive, even in the most difficult conditions. Wherever we 'die', disembodied from the Matter of our own created Planes, we always return here, to our home, where everyone knows each other, everyone loves each other and always looks forward to the return of each of our Brothers or Sisters. From now on, this is also your homeland, your Home, where you will always strive for, because you are one of us!"

Ora, still smiling charmingly, put her hand on my Heart and I immediately felt an all-encompassing Love for everything around me, which I had never felt for anyone before. Many, many things from hundreds and thousands of incarnations of Oris were instantly swept away in my innermost memory and I felt at once, physically, with my whole being, my wholeness and inseparability with that World, which I thought I had only just visited for the first time, but about which I found out that I already knew so much.

They, that is, this civilization, are subject to the same universal Laws of the Cosmos as we are, and the material forms of the expression of the Spirit in the gross Matter of the physical plane are very similar to each other. But the very dimension of their densest plane, the frequency of vibration of their "physical" matter, and hence its properties, are entirely different from those of us on earth. By the way, their whole existence in terms of the degree of intensity or creative activity does not take place at the third level of Matter density, like ours, but at the fourth and fifth levels, which also have a much greater number of time ordinates than the same levels of the Earthly Space.

Our flora and fauna, but only purely in general terms, are also very similar, if we do not consider that not only every animal, but also every plant, has a much greater degree, if I may say so, of "intelligence" and self-expression than we have on Earth. A few tens of millennia ago, this civilization even had its own colony on Earth. I even remembered that the greeting in their telepathic language sounds like "Ealaada". It occurred to me: doesn't the Greek "Hellas" mean the same thing – "hello!" or "hello!"? The names of those with whom I had a personal experience of telepathic communication during the journey went something like this: Ora, Aalan, Adoniesis, Goara, Vudok.

Their Evolution which began billions of years earlier than ours and which took place in totally different time-space conditions, as opposed to the spiritual convulsion and numerous cataclysms of the Evolution of Mankind, was much faster and the main reason for their spiritual and intellectual ascent was their unrelenting Will to defeat the degenerate and destructive powers and also their realization of the need to rise above all the weaknesses resulting from the forced loss of inner equilibrium.

Their conception of Freedom, unlike our perverted and selfish earthly conception, is totally devoid of negativity, and that state of balanced bliss and harmony which they all experience is strengthened by their deep inner peace, harmony and that healthy certainty which is conveyed to them by the boundless certainty that **AS WELL WE SERVE HIGHER, HIGHER WILL SERVE THEM.** 

This is what the effulgent Goara, who accompanied me on this astral journey, beamed on this subject: 'We are united with the almighty Will of the Creator which, as a dispenser of Love and life-giving Light, is also the balancing dynamism of all the instincts which the various dimensions offer on the experiential Planes of Existence.

Our Science, as well as our Wisdom, are the fruits of our Will and aspiration to possess the Knowledge and Mysteries of the Primordial Elements which form the basis of both Creations, as well as overriding the corre-

#### sponding anti-degenerative Forces of the Cosmos and over all dynamism structuring the numerous aggregative levels of atomic and subatomic vibrational frequencies enjoyed by the Archangels, Cherub, Seraphim and Thrones so called by you.

They help us not only because they are our progenitors and progenitors at the same time, but also because they live and act according to the Law of Love for others. We should not think that they have solved all their problems and now they just enjoy the perfection achieved. Probably they have not less problems, but they solve them in an absolutely different way, strictly adhering to the Seven Universal Laws of the Cosmos and avoiding open conflicts with other, more cruel and aggressive civilizations in the Pleiades.

From my conversations with them, I understood that in the cosmos around them, there were other red-haired races or civilizations which were extremely aggressive and unruly and unruly in their morals. Their experience is based on constant conflict, perpetual disagreement with everyone and a constant desire to prove to everyone and everything their rightness and exclusive knowledge of the Truth. From volumetric "live" pictures they showed me, I made a conclusion that the red-haired Pleiadians are much lower and "fatter", if I may say so – much skinnier than any of my giant friends, but they have a great deal of pride and conceit nonetheless.

In telling about themselves, Goara also telepathized that some of the Consciousnesses of this irrepressible and passionate by nature race have in due time embodied in the earth bodies as well, thus giving birth to a red-haired human hybrid that is different from other humans of the Earth by its typical assertiveness, ardor and irrepressibility, which can drive these people literally to madness if obstacles on their way become insurmountable.

The beautiful Goara also showed me several other types of civilizations from other constellations, particularly from the constellation Lyra and now also inhabiting some planetary systems of the Pleiades, which look very similar to birds and cats, but which nevertheless have a much more advanced intelligence than us earthlings. Next to them we would look like small children in the presence of adults.

While the avian humanoids are extremely reserved, cool and passionless, the feline humanoids are more gentle and sensitive in nature, though their personalities are far from angelic. Goara said that she showed me all this only so that the people of the Earth would understand that just as humans cannot be judged in general terms, neither can the Pleiadians in contact with humans be lumped together, for there is such a great difference in their spirituality, intelligence and peacefulness, both towards each other and other space civilizations.

Of course our spiritual Teachers could help us to solve all our problems on a much larger scale, but according to the Cosmic Laws they have no right to interfere by force with the natural development and maturation of the Consciousnesses of earthly mankind within the framework of the Material Creation. We, earthmen, have to find our own right solutions and solutions to dead-end situations which we ourselves are driving into, refusing to accept that the driving Power of Evolution is not so much Mind as Love, or rather their balanced combination.

Therefore their civilization is limited to invisible help, the essence of which consists in that the crews of their spacecrafts make great efforts to constantly bring into a state of balance and equilibrium the Force ratio which we humans, with our barbarous attitude to Nature, are increasingly and more globally taking out of the norm.

Many of the people with whom they are in constant telepathic contact have been specially incarnated on Earth from the Pleiades to create here direct energy-information channels of connection of Consciousnesses from their civilization with the humanity of Earth. Many of these people learn about their extraterrestrial origin in one way or another when the time of their active involvement in the common work approaches, while others just suspect about this, and nevertheless feel positively motivated through the awareness of their belonging to a highly spiritual civilization and thus happily join those who are clearly aware of their extraterrestrial origin, forming contact groups with them and selflessly helping each other.

No other goal can bring people who have never known each other so closely together as the awareness of their shared affiliation to a distant cosmic homeland, the memory of which is stored only deep in the subconscious. Personally, I cannot help tears of emotion watching the selfless devotion of incarnate extraterrestrials who voluntarily sacrificed themselves for the sake of saving the deeply fallen humanity.

In August 1997 through the Ray of Contact I received from my Teachers the information that quite strong groups of human contacts with the Pleiades exist in Zurich and Vienna, and that the main part of the Consciousnesses from the Pleiades and Sirius, specially incarnated to assist in the mission I was unfolding, was also located there. Therefore I was not at all surprised when exactly from Switzerland the readers instantly and enthusiastically responded to the appearance of the first book of my series 'Life between Lives'.

Nowadays the bulk of my 'support group' consisting of remarkable, altruistic and infinitely kind embodied Consciousnesses of the Pleiadians and Siriusians is concentrated in this country. Who are they and how can they be recognised amongst the multimillions of **NON-HUMANS** surrounding us? They are those who live in organic harmony with the commandments of Christ.

They are neither ministers of power or politicians, nor high ranking churchmen who **OBJECTLY** administer the divine manifestations, because all this is only an expression of justice and love in our purely earthly understanding, poisoned by a false piety and selfishness. A civilization from the Pleiades has three so-called focal points or space stations in the Spaces of our planet, to which they arrive at certain intervals of time.

One of these stations is over the territory of Russia (the Ural Mountains), the second is over Switzerland (the Alps), and the third is over South America (periodically this station drifts to the USA territory and then back). They are located at an altitude of about 6-7 thousand kilometers above the solid surface of the Earth, and the length of each of these stations is about 35-50 kilometers and is able to lead very long periods of time completely autonomous existence.

The design of these stations is very different: the one "hovering" over Russia, drifting slightly from the Ural Mountains to the borders of Eastern Siberia, has a more elongated configuration in Space than the "Swiss" space station, consisting of four completely transparent spheres, each about 15 km in diameter. Three auxiliary production spheres are connected by long corridors of 5-6 km each, at an obtuse angle with the central larger sphere, which contains huge rest and recovery rooms for personnel, as well as compartments and garages for shuttlecrafts of 2-5 orders.

This entire transparent structure occupies a volume of around 125,000 cubic kilometers in the fourth level of Earthspace! Their shuttles, controlled by First and Second Order Mediators or biorobots created by them, can only be seen or photographed when the continually moving hyper-energetic shield which surrounds each of the spacecrafts like an invisible balloon is removed.

Hyper-energy has the remarkable property of significantly accelerating the motion of matter particles, as a result of which its contours cannot be caught by the human eye or other means available to us. By the way, during one of my mental outputs, I got information that at a distance of about 90 thousand kilometers from the Moon, in its orbit, there is another station-ship of one of the civilizations located in the constellation Leo in the planet system Zeta.

On board this station there are around 80 humanoids of short stature (from 1 to 1.5 m) and frail looks, carrying 28 shuttle-type vehicles of the third and fourth orders with crews consisting mostly of biorobots. Their purpose in visiting Earth and studying humans is the same: here they try and hope to regain genetic aspects lost long ago due to transformation, in order to try to integrate them back into their genotype, otherwise they will become evolutionarily bankrupt.

Amongst Earth people they are looking for Consciousnesses belonging to one of the civilizations of the constellation Vega, which have managed, even after passing through hundreds of earthly incarnations, to retain their original **DNA** in their protein-nucleic complex cells, though already self-perfected and adapted to a new, more perfect earthly form. We, people of the Earth, who are a distinct mixture of several galactic races, carry inside ourselves, in our physical bodies, all information about our cosmic past, which for some of the aliens who have lost emotional and other aspects of their existence, is the guarantee of their future.

This is a truly priceless heritage which was given to us as a "gift" and therefore we do not realize its true value both for ourselves and for the whole Universe. Therefore we are so ruthless and cruel to our own kind and, were it not for the timely and effective invisible help on smoothing over the critical situations rendered to mankind from outside by other supreme cosmic civilizations, we would have long ago ceased to exist here because of heavy radioactive irradiation and ecological pollution.

The radioactive irradiation, increased a hundredfold in recent years due to the unrestrained and uncontrolled contamination of the environment, has already caused much more severe damage and destructive mutation of the cells of our physical bodies than it appears to our physicians and scientists. Some dangerous processes in cells are beginning to become irreversible.

The immune system is becoming increasingly unstable, giving rise to new and dangerous diseases, of which **AIDS** is but the first swallow of humanity's approaching ordeal. New diseases of mankind will be associated with destabilization of the energy of the astral body, which will be very painful for the condition of internal organs.

Environmental pollution and increased radiation exposure will primarily affect the human skin. Many useful insects and birds will disappear, including bees, whose disappearance will deprive mankind of such valuable medicines as honey, propolis, royal jelly and bee venom. For the last few years mankind has been able to enjoy garlic, onions, honey and many other precious natural medicinal products, which very soon will no longer exist at all on a mortally diseased earth.

On the part of the Pleiadians and Siriusians, flying machines are used with great care and only for the purpose of obtaining plant, animal and human cellular material from Earth to determine the extent and degree of danger of our thoughtless destruction of the world around us. Since all of their **UFOs** are powered by hyper-energy, they also put an additional strain on the energy balance of Space. This is why they interrupt their research phases on Earth for long periods of time.

I have already written that the very Life of this civilization, its reality and the very vibration state of the Pleiadians exist in a very different Space-Time from ours. Therefore it is simply impossible to describe their everyday life from the viewpoint of our understanding. They have in their Space only something that vaguely resembles our Physical plane. While travelling in the etheric body, I saw houses of unusual architectural form: a general impression of a synthesis of several pyramids, but not with smooth surfaces, but with various protrusions, compartments, etc.

Abundant, ever-changing dark emerald-green vegetation (grass, bushes and trees) fills the entire space between the structures. Both the exterior and interior walls of the buildings, as well as the floor and even the staircase, which connects several floors of the house by gentle wide steps, are as if made of parallelepipeds and cubes of different sizes, the structure resembling volumetric glass, very tightly fitted to each other and having no seams or gaps in the joints.

There is no metal frame either, which made it seem as if the houses were simply glued together from very light white, bluish and lilac blocks. Though the houses do give the impression of being transparent, it is impossible to see from outside what is going on or what is inside the structure. On the inside the walls are also impenetrable, although they let the diffused sunlight (or energy from another source of radiation) through completely, so there are no windows in these walls either.

In order to see something outside the building, one only had to approach any of the cells, concentrate on wanting to see "the street" and it would immediately dissolve, providing not only an excellent view, but also the possibility of hearing all sounds. As soon as this was no longer necessary, the cell appeared again, dense and voluminous. The light itself was blindingly white, without the characteristic golden hue of our sunlight, and gave a slightly cold feeling. Even though it was low enough above the surface, there was no heat or discomfort whatsoever.

The roofs, as we understand them – gabled or domed – were also nowhere to be seen: instead of a roof, the whole structure at the top ended in the same transparent-looking cell blocks. Each house had several main (public) entrances-exits, about 10 m high and 5-6 m wide, located in different parts of it.

But such an opening can be found only when you come to it at least 5 meters away: one of the blocks suddenly disappears as if dissolving in Space, and when you enter it again silently acquires density. Each "flat" also has an individual opening-cell. There are no, the usual doors, bolts and locks for our homes.

There is very little furniture: practically everything that does not belong to the items of permanent use is hidden in blocks and appears at the first wish in the same way as the entrance to the building: the block loses its density and opens access to its contents. Inside the building practically all the objects were either oval or spherical, or parallelepipedic, and their purpose was quite unclear to me; only the enveloping armchairs with high, comfortable backs and soft armrests, and the tables made of the familiar smooth parallelepipeds vaguely resembled something terrestrial.

Unlike the cells of the walls, the cells of the furniture were not transpar-

ent, but were almost weightless. The colouring of the walls and objects went smoothly from white to pleasant pastel tones. The white parallelepipeds of the table tops were supported not by legs, as on Earth, but by three-dimensional arcs of the same material. Each of the chairs could react to at least 5-10 types of brain emanations and trigger mechanisms related to the realization of those emanations.

For instance, when you sit in an armchair, you can instantly recreate a hologram of your thoughts around you, associated with landscapes, feelings, sounds, emotions. The images that emerge are so close to reality that it is uncomfortable to be used to them. However, the landscapes and pictures of nature appearing in imagination are a joy to the heart: white birches twitching their green plants and murmuring quietly over the steep of wide emerald-blue river; the birds are singing merrily, the sun is shining brightly, white fleecy clouds are floating gently...

They live according to Laws of Cosmos: each one creates for himself and at the same time – for everybody. The rules of public and interpersonal relations are also built on these Laws. The transgressions (as they understand it) of one of the members of society are punished only in the moral or spiritual plane, allowing the transgressor himself to determine the measure of harmfulness and danger to his spiritual Essence and to society as a whole of the consequences of his mistake, but they do not have a death penalty (in our understanding and execution). There is only a voluntary measure of intensive raising of the level of spiritual vibrations. They believe that only Creator-God, who gave every cosmic being Life, can take it back.

They do not have religion as we understand it as a public organization or movement: organizations always have power structures on the basis of which fanaticism, the most dangerous and greatest enemy of free Will and Love, quickly grows. We, humans, can be convinced of this by an example of turning from initially created as spiritual energy-structures to spiritually corrupting and demonic, based on the blind fanaticism of believers.

I was warned (for the second time!) that there are Forces in the Cosmos belonging to the 'Dark Ring' that are interested in the spiritual capture of humanity on Earth. Moreover, the forces in question are forces of such an intergalactic scale and power that we cannot even imagine. As the Earth is the weakest link in the chain of the Worlds in our Solar system and the place of the largest Cosmo Evil aggression, the Earth is seen by the Hierarchy of the Dark Forces as a bridgehead for their future domination of our Solar system and then the whole galaxy.

The Commonwealth of the "Light Ring" civilizations constantly stands guard over our interests, as we ourselves, apart from Love and Harmony, of which we have practically nothing left, can offer nothing against this Evil. The battle here is not fought with nuclear or hydrogen bombs, but with substances invisible to the physical senses, destroying the brains of men and the cells of internal organs. But the most dangerous weapon is the generation of the waves which suppress the will and spirit of man and allow the hosts of spiritually and evolutionarily low evolved cosmic Consciousnesses, most often of other extraterrestrial or anti-Worlds, to penetrate unhindered into human forms. If the human madness is not curbed in time, it may have terrible consequences on a cosmic scale.

While parting with the representatives of this remarkable HUMAN civilization, I was informed that we ourselves are the authors and simultaneously the executors of a cosmic program of physical and gross-astral destruction of all human Consciousnesses, lagging behind in their evolutionary development, which will certainly be launched into action unless we find ourselves on the right, spiritual path of development.

Will it be in 2013 or will it be even earlier, in 2002? The Apostle Peter himself warned of the coming times: "The day of the Lord will come as a thaw in the night; the heavens will pass away with a noise, the elements will be burnt up, the earth and the works therein will be burnt up...". Perhaps each of us should deeply ponder on **HOW HE LIVES** and **HOW HE LIVES**, and not wait for the end, trying in insane thirst to satisfy all his dim-witted desires to snatch away everything possible from Life, but try during the time left before Transfiguration to at least try to make up for what was so thoughtlessly missed in the spiritual development, to create in his field shell conditions for the sounding of the highest possible energy vibrations.

I cannot say exactly how long I stayed, according to their Pleiadian notions (or at home?), because with them Time is not measured by external, i.e. objective influences dictating, as on Earth, the course of Time, but only according to their subjective, inner sensations. I was almost dazzled by the magnificence, beauty I saw there, and that feeling of general Joy which literally permeated the entire atmosphere of the Space of that amazing planet and its no less amazing inhabitants. Thus, after returning to the physical body, I could not come to myself for long and continued to remain there in the mind until morning, going over in my Mind all the nuances of communication with those remarkable people who had managed to become God-like.

## **CIVILIZATION OF SILVER** 'HUMANOID BALLS'

The Earth, besides manifested and non-manifested ethereal beings, is also inhabited by beings living in a plasma state (the fifth dimension) in the form of spheres of various diameters and colours. On the characteristic of one of such civilizations we shall dwell in more detail, though it is quite impossible for a limited human Mind, which is used to apply the same rigidly circumscribed form to everything, to fully understand their social structure, as well as the ways of communication and the whole meaning of their creative activity.

The information about this extraterrestrial civilization which occupies not just one particular energy-information layer of the near-Earth Space but lives actively in several of its highest high-frequency layers, I managed to obtain it during one of the longest (about two hours of terrestrial time) emergences of my Consciousness in the mental (or perhaps even in the causal) body from the physical and astral bodies of my Soul, on 25 August 1996, after a forty-day fasting on one spring water in the Three Spirits Gorge. Without such "special training", my mental body probably would not have been able to endure the contact with the energy of the highest vibration level of these truly godlike Essences.

The main "place" of basing of these, as I call it, "silvery humanoids" of incomprehensibly high evolutionary level, is somewhere "on the edge" of our Galaxy and does not belong to any astral-physical constellation in particular. The intelligent beings that inhabit it, as it has already been said, are of a spherical form of various colours and shades, each of which, together with the size of the plasma energy body, indicates a particular evolutionary level of each such Being and his position in their society.

Their entire civilization consists of about 300-350 Consciousness balls, each of which can change its volume from a tennis ball to Stars of extremely impressive size, and take on absolutely any plasma form, including human. At the helm of the civilization are several very imposing spherical creatures, ranging in size from purple to silver-white, headed by an enormous ball the size of our Earth or even much larger, glowing with blindingly white plasma light.

In other, less demanding managerial positions there are entities of varying shades of blue to violet that also differ greatly from the other numerous orbs of consciousness because of their enormous, almost cosmic size. In general, all global and important issues are solved by **THING** or **NOTHING**, something like an ethereal supergiant supercomputer with a superstrong data bank and an energy-information network stretching throughout all the Worlds and systems of the Galaxy, beyond the reach of our imagination. Our planetary system "SATANA", created by Lucifer, looks like just a pocket calculator compared to their system against the capabilities of a seventh generation computer. Therefore these plasma entities can freely explore and investigate any corners of the Galaxy they are interested in, not to mention controlling the information bank in the Earth's Noosphere.

Just as a human being consists of seven basic bodies, in the same way their plasma body consists of seven basic energy 'shells' that penetrate each other and separate by radiation range. The outermost layer, consisting of coarse and primitive types of Energy, has a bright red hue, indicating a relatively "low" still evolutionary level of the Being.

It corresponds to our physical body and after a certain interval (we cannot use the word "time" here, as they are outside Space-Time) of existence it disintegrates. Through this layer, the "lower" Consciousness of the plasma Entity manifests itself in the astral Worlds. In the process of its spiritual growth, the Essence sheds off this lower energy and then the second 'body' comes to the surface, having an orange range of radiation, which gives wider opportunities for self-realization in the Astral Plan of the Galaxy and allows to occupy a higher position in comparison to its previous state.

Each of the seven colour-tints corresponds to a spiritual level of development of an Existence of this World, attained by it over many millions of years (again, this is to be understood conventionally, outside concepts of Time) of its Existence, consisting of periods of activity and periods of complete inactivity in a state of anabiosis. So gradually, each spherical Consciousness has to go through its Evolution, marking its transition from red, orange, yellow, green, blue and purple energy bodies, – to the silvery-white spectrum of plasma radiations.

In general, they adhere to humane Ideas and Aims aimed at strengthening spirituality and power of their civilization, in order to weaken in the Galaxy and in the Universe the destructive influences of Cosmic Evil, which on the Higher Planes of Being is often disguised as Good. They are disposed benevolently and humanely towards humanity, they understand the true causes of our 'fallenness' and are fully interested in our spiritual development and prospects of using (in fighting the negative side-effects of the Material Creation) those unique qualities which are possessed by an immortal Spirit, which has stood the test of the human cycle of its earthly Evolution.

I am rather awkward to speak with such an enlightening tone about these Cosmic superconsciousnesses because in comparison to us they stand aloft on the Evolutionary ladder, while we ourselves are merely rummaging aimlessly in the mud at its foot. But what can I do, there is no other way of giving information about Them using only human images and concepts. And may They forgive me for that. There is nothing in the structure and the way of Life of these highly evolved Beings to which our habitual earthly Being can be compared. Even each of the seven energy bodies of one sphere we have listed has a kind of individual Consciousness, and all together these 'bodies' act as a kind of Consciousness of a 'community' of individuals, connected, in turn, with all other 'communities' of individual spheres of this civilization, which all together constitute a Single Consciousness of this incomprehensible to us cosmic formation.

Thus, this super-civilization consists as if of a whole commonwealth of individual highly developed Spirits, each of which can be equated with a whole highly developed civilization in the level of its Consciousness and power. Each of the spheres-civilizations is completely autonomous in its Existence but all its actions are strictly subordinated to the general Laws that protect the general galactic and universal interests.

They master the Space-Time completely and perfectly and are capable of very swiftly, almost instantly, penetrating with their Consciousness into any spot of our universe. Their main activity is gathering information, keeping a general check on the processes going on in the Universe, ensuring incessant formation and exchange of high-grade spiritual Energy in the Cosmos, as this Energy is what gives them both Power and Might.

Their hierarchical system of subordination is very difficult for us to understand, but the only thing we have come to appreciate is that if a Being has been able to grow large in size through intensive 'parasitization' upon the energy of some highly developed civilization, but has not yet attained a particular colour of His Aura to match the size of this substance, this is tantamount to degradation in our human soul and proof of some destructive energy processes which can bring about the transition even of such a being to the Universe.

But very, very rarely, it also happens **THERE** in the unfathomable spiritual Abyss. If such a Being should suddenly be found, it must immediately be 'atomised' into many smaller beings of the same energy colour, and then each of these Consciousnesses must begin its independent evolutionary path, gradually changing the colour and increasing the size of its energy body.

All this is also monitored by the Supercomputer, which constantly monitors the state and the development of each of the Consciousnesses. But for some reason it also seems to malfunction, as the following information confirms.

## THE MYSTERY OF TUNGUSKA OR ONCE MORE ABOUT THE NON-HUMANS

The appearance of these beings unusual for us in the Earth's Aura is due to the fact that one of such beings, only of red-orange colour, but having managed to build up a very impressive size energy body through parasitizing, and thus attaining great power, upon detection of the process of its spiritual degradation by a computer, refused to disperse itself into many small Consciousnesses and made an attempt to escape outside the boundaries of the Galaxy.

Through the prior absorption of several more smaller orange Consciousnessballs, this gigantic Cosmic Entity managed to accumulate enough Energy to break through their barrier gravity belt, but only managed to reach our Solar System, and more specifically, the Earth's Aura.

Before describing the further events that followed, we must return to our planet, eighteen million Earth years ago. A great event of great significance was taking place here: a gigantic ball of golden colour accompanied by six smaller but smaller purple and silver entity balls arrived in our solar system on behalf of the Hierarchy of the Great Luminosity Ring to lay on the still young planet Earth, which has only recently emerged from the Moon, the foundations of the evolutionary programme of the Higher Mind codenamed "I AM THE CREATOR".

You will learn about all these events in detail in one of our next books. The only thing we can say now is that while saving this programme from breakdown, the main spherical Consciousness, the one which people later called "Lucifer", tried to "burn off" with its high-spiritual plasma energy the coarsely egoistic energy of the first human Race, which was formed in threateningly large quantities.

Unfortunately, the light-bearing archangel didn't succeed in doing so, since he tried to spiritualise the material Creation he had created as fast as possible and to bring it up to the level of God's Primordial Creation, so he tried to employ the False Initiative of Temptation as a spiritual "catalyst", as we had already briefly told you. You also know that with the introduction of a special genetic "ego-code" into the gametes of selected native animals (future humans), the situation on Earth was suddenly complicated and then triggered for hundreds of thousands of years and finally spiralled out of control.

Lucifer the archangel himself, who had misjudged his power and strength, became a victim of his own ego-inoculation of the human Mind. The gross energies gradually took possession of his lower bodies-Consciousnesses and ever since then the overall Aura of his globular body has changed from golden to ruby red, testifying to the great extent of his spiritual fallenness and loss of his power.

Although his higher Consciousness is outside the lower energy of his Material Creation, the Consciousnesses of the red, orange and green of his seven bodies have greatly increased during this time and gained even more power over the total Consciousness of his globular plasma Essence. To give you an idea of what the earlier light-bearing archangel has now become, let us give as an example a little known fact dating back to not so distant times of Moses, who, as is well known, was found floating on the Nile in a basket as a baby and was adopted by an Egyptian.

It is well known that when the future prophet grew up, the Egyptian priests initiated him into the innermost secrets of the ritual magic, which allowed him at his will to excite the necessary vibration of the natural elements and to cause various natural phenomena controlled by these Forces. As an Egyptian by adoption only, and a Jew by birth, Moses was passionate about freeing his people from Egyptian oppression and finding them "the Promised Land".

It was for this purpose that he decided to use all his magical powers and knowledge, for which he had to collude with the Master of the planet, the "Prince of this World", to give his blessing and patronage. What happened next is known only to the Initiated Ones.

When Moses had performed all the magic ritual and uttered the words of the mighty incantation, strange atmospheric phenomena suddenly began to occur around him, in the background of which a very terrible and very powerful being of extraordinarily huge dimensions suddenly appeared, who introduced himself as the Master of the Earth. It agreed to help Moses and demanded complete and unconditional obedience from him in return.

Events then unfolded as described in the books of the Bible. Moses, who had received supernatural abilities and great powers from his Master, performed all kinds of miracles and caused many natural disasters and diseases in Egypt. Thus – on the mountain and suffering of hundreds of thousands of innocent people – Moses started the forty-year exodus of Jews from Egypt. This was the beginning of the heaviest Karma of the Jews, which haunts this people and the Souls of people incarnated in it to this day.

During his arduous wanderings in the desert, Moses repeatedly appealed to his patron for help, begging him to put an end to human suffering, but the Master's attitude towards his servant strangely changed and he began demanding bloodshed in his honour. Only now the prophet understood what a monstrous and irreparable mistake he had made: for an Angel of Light he mistook a powerful demon Gagtungr, an Angel of Darkness, who fed on human blood, or rather, its subtle energies charged with energies of Divine Fire. But the "covenant" with the Devil had been made and the deceived Moses had no choice but to obey the lord of the shadow army, the bloody vampire. This is why the entire path of the Jews was littered with a multitude of bloodshed, subconsciously committed by them to please him, to whom not only their Souls, but also the Souls of the "twelve tribes of Israel" had been sold. The "covenant" of Moses with the "prince of this world" set in motion a new bloody era in the history of mankind.

For the Jews, however, times of great suffering, sorrow and widespread persecution have come, because negative Karma can only be worked out in this way: tears for tears, blood for blood... This explains the terrible calamities that have befallen the entire Jewish people. Remember this story when you pray to the Jewish "god" – Jehovah. It was not in vain that Jesus convinced the Jews that His Father was not their father, because they themselves were children of the devil.

So, escaping the persecution of the Beings of his civilization who knew what misfortunes a spiritually underdeveloped sphere with a powerful energy can bring, the escapist space balloon reached our planet whose young Spirit for 18 million years has been in the power of another powerful sphere-like Being – the main hypostasis of Lucifer and his protege, the demon Gagtungr, who has a ruby-coloured Aura.

The Gagtungr calculated in advance the approach of an unwanted enemy to the Earth and timely reinforced the so-called "mirror layer" of the near-Earth Space with coarse-material dynamism, instantly combining for that into a peculiar powerful and impenetrable shield the coarse energy of all its astral structures – Egregors.

In order to attack Gagtungr at once and penetrate its energy shield, the alien balloon greatly increased its speed, but it failed to calculate the peculiarities of the Earth's spatial-energetic structure and was caught in an energy trap with High-Density Matter: during its swift entry into the Earth's dense atmosphere, its speed decreased significantly, it used up a huge amount of Energy to overcome the frictional forces and was counterattacked by the elemental forces of Gagtungr himself at this time.

The energy charge of the Angel of Darkness penetrated his energy structure and almost at the surface of the planet (at a height of about six kilometers) tore his body into hundreds of thousands of tiny red-orange living balls, each of which was no bigger than a tennis ball. The event took place in the summer of 1908, over the Siberian river Podkamennaya Tunguska.

These small astral beings posed no threat to the Prince of this World, because they could not associate and multiply with each other due to a lack of inner Energy. In time, however, being under the constant care and control of Gagtungra, they very well adapted to vampire not only the psychic energy of humans, but also atomic, electrical and bioenergy.

Gradually these beings formed a rather powerful layer in the Earth Space, where they still try to reproduce something similar to the former planet of their habitat. The chief source of Energy for these parasitic astral beings is still mankind, with its inexhaustible supply of psychic and other forms of energy of the widest range of vibrations.

The Earth-master, the demon Gagtungra, lets them do this through two of his three hypostases, Gisturg and Fokerma, since they themselves have already become a part of his energy structure and actually work as energy vampires for him and under him. But by communicating with humans, many of these parasitic creatures have grown not only in their size, but also in the quality of their energy component.

Their society, in terms of their level of development and power, has divided into three main classes, which we will discuss in more detail in one of our next books. The main purpose of their existence is the reunification of individual beings-balls by type of energy into separate, and therefore more powerful, Consciousness-balls with greater power in their World.

But this process requires an enormous amount of Energy, ranging from the coarsest – electrical, magnetic, atomic and psychic. Over the past centuries, the morbid and pernicious activity of the parasitic orbs who seek to nurture and multiply those psychic dynamisms which can become their instruments of coercion and power, has developed very strongly.

Suffering from these activities they also very quickly adapted themselves to regenerating themselves through psychic vampirism, and stimulated in themselves the continuing need for a recharge at the expense of those who often fall prey to their escalating need. To a spiritually evolved person, because of the great difference in vibrations in the energy composition, the balloon-entity cannot cause any appreciable harm.

If this happens, a person can do what a **REAL** person cannot do, which is to separate their mental body from the Consciousness of the physical body, psychically isolating themselves from any external influences and mentally creating a protective barrier in their astrosome. And to imperfect **MENTALS** who are unable to defend themselves in such a way because of underdevelopment of the mental body, the Consciousness-balls treat them ruthlessly and aggressively, perceiving them no more than we perceive our pets, i.e. no more than sources of our own energy supply.

The thing is that being on the Subtle plane they very well see that huge energetic difference between true people and astral beings just pretending (sometimes quite skillfully) to be people – the **NON-HUMANS**, about which we have already written in the section on Egregors. For them who do not perceive the Physical World in that variety of its forms as we do, these representatives of pseudo-humanity are seen in their real state, i.e. they are the same astral animals as they really are: selfish, self-separated, evil and cowardly.

It is the Energies of such qualities that are most easily and quickly assimilated by these astral spherical beings. They respect and venerate highly developed people and consider themselves their helpers, real toilers and sanitarians of the humankind. Their tactics are very simple and effective: having chosen a victim whose egoistic vibrations prevail in the Aura, they start pumping out its energy through the Manipura or the Svadhisthana-chakra, from which the **UNITED** being in a physical human body starts to manifest itself very aggressively and in order to protect itself from the attacker, it shoots powerful splashes of anger and hatred into the nearest Space, and the bullets are immediately absorbed by the Consciousness-balls.

This happens until the victim is almost completely de-energized, after which the orb leaves the victim for some time, moving on to the next **INDEPENDENT**. Usually, during one such exit to our dimension, the "balloon" sucks psychic energy from more than 10-12 pseudo-humans, and then returns to its own layer of Space.

Absorption of psychic energy from NON-people by balloon-like beings entails growing psychophysical weakening and with it inevitable neurological dystonia in incarnate NON-people. On the Physical plane, in Life, this process of astral struggle between a non-human and a sphere being looks like the following:

- The "person" suddenly, for no apparent reason, becomes nervous at first, picking on the people around them, becoming more and more "wound up" and inflamed;
- Any attempt to calm him down will only have the opposite effect vicious swearing, undeserved insults, far-fetched accusations, etc.;
- This is usually followed by aggression in the form of violent movements

   trying to hit someone, break something, smash something, wanting to
   destroy everyone and everything;
- the last phase, showing that the orb has practically taken all it can out of the UNITED STATES – a sudden depression, indicating that the victim is energetically de-energized.

The longer this unequal struggle persists, the more selfish, cruel and cynical the "man" becomes, displaying his true creaturely self to those nearest to him and becoming more and more fixated on his personality; the more he feels care and concern for himself, the worse and harsher his reaction will be. In the end he turns into a docile "zombie" parasitic ball, and to those who know him he presents himself in his true form as an imperfect creature who tries to show himself in human form.

According to our example-scheme you will be able to rid yourself (though it is not always as easy as it may seem) of a certain number of non-humans surrounding you. Look closely and remember the expression of their eyes – coldness, cynicism, hatred, cowardice, narcissism and cruelty – these marks will help you to avoid being deceived by appearances and communicating with these impudent and undeveloped astral creatures, which pose much greater danger to the spiritual people than the parasitic orbs.

In addition, hydrogenous beings like the "Silver Globules-Humanoids" are in fact Universal Rulers, created by the Divine Idea. Our Sun is also the Logos of the Divine Idea and its Christian Law, as it is a manifestation of the Supreme Creating Will (the Father of all things).

## CIVILIZATION OF GREEN "HUMANOID-BALLS"

Representatives of this formation, active on Earth, with whom I have had only one occasion to come into telepathic contact, teleported about themselves rather reluctantly and unilaterally (or rather, sparingly, briefly and without emotion), so the information about them is of purely general nature, which allows one to form some idea about them. This civilization is about 20-25 billion years older than ours.

They have also passed through the human cycle of Evolution at the beginning of this Manvantara, and now they occupy very high levels of the Causal and Buddhic Planes of the Universe, and stand in the positions of the civilizations which belong to the Commonwealth of the 'Light Ring'. They are located somewhere in the central part of our Universe, but they manage not only the Time but also the Space, which gives them an opportunity to be always practically everywhere and to be vanguard of the Forces of Light when a threat from the Forces of Darkness appears.

They are loyal to humanity and to the evolutionary experiment conducted on Earth, acting as friendly mentors, but at the same time, they have their own interests here on Earth, which are purely evolutionary and research in nature. This civilization – a community of spherical blobs of energy that contain within their bodies, the size of which can be compared to the size of our Sun, a certain amount of biomatter.

There are seven of these Entities interconnected by peculiar energy bundles-corridors. Each of these beings of a poisonous green colour can within a small range change its globular shape and – if necessary – create for some time new specialized energy-information structures for accumulating and processing certain information of a very high level of complexity even for Them.

It was exactly such detached, empowered individualized structures which always remained in contact with the common centre of management, that my Consciousness encountered in one of the higher layers of the Mental in summer 1996. They could not take any specific and familiar to us form – due to their high Evolution – anymore, but during the contact I felt as if the **WHO**, though giving a bright-green colour, pleasantly and comfortingly enveloped my Consciousness and seemed to be personally aware of all my Thoughts.

It was as if someone very dear and close to me was gently caressing my Soul with tender and loving touches, reassuring and soothing everything inside. No sooner had I thought about something, than the answer immediately, as if of its own accord, arose in my Consciousness, complementing it with vivid images and pictures from a completely unknown to people area of Knowledge about other cosmic Worlds, as if infinitely far away, and, at the same time, as if penetrating us from all sides.

Materialization on the highest possible level of difficulty in our universe is an absolutely real and ordinary fact, which they apply in their daily work. We have already pointed out that the control of Light is the foremost indication of the creative powers of any civilization.

Some of them, irrespective of whether they belong to the "Dark" or "Light" Rings, are brought to a developmental level which is beyond humanity's imagination. They are the Masters of the materiality which creates around us the Illusion of the Physical and Astral Planes.

The radiations which we call "Light" are completely under their control and they can give it any shape they wish. It is in their power to create structures of any physical or dynamic type, which gives them almost unlimited possibilities in our Universe.

Their intelligence is simply incomprehensible to us. While not possessing a material body, they nevertheless possess materialization to the extent that it can be present at all in the Idea. If necessary, in spite of their global dimensions, each of these Seven Divine beings can quickly and easily make Himself visible to our psychic sight, and can also enter into a psychic contact, if only the high spiritual vibrations of man himself can contribute to this. Otherwise, contact with Them threatens man with immediate destruction (burning) not only of the physical but even of the astral shell of his Soul.

## **CHRIST THE SUPERSTAR**

We would also like to add to the above said that all we humans are but a tiny little part of the Infinite Cosmos. The anatomy of our energy body, the structure of our field shell-Soul, the specifics of functioning of our Consciousness reflect the same Universal Laws of the Cosmos upon which the whole Universe is based. Therefore, when we affirm the existence of consciousness in ourselves, we cannot deny the existence of that in Whom (or That) we are a part. The consciousness of each individual, the collective Consciousness of the entire human civilization, just as the Consciousness of an atom, a planet, a solar system or a galaxy, is only a part of the manifestation of the Consciousness of What we mean by the limiting terms "Universe", "Space", "God", "Absolute"...

Religious ideas about the Cosmic Christ as some Divine Entity having a human form are criminally primitive and ignorant. As the Galaxy consists of separate stars, as the World Ocean consists of separate oceans, seas, rivers and lakes, as the surface of the Earth consists of inseparably linked continents and islands, thus we are used to consider the Truth, the Consciousness of Christ as a sum of separate particular Truths and personal Consciousnesses which make up the Cosmic Mind of our Solar system.

But thinking so we are sadly mistaken as we have lost the most important thing: the Whole is not merely the sum of all its constituent parts; the Whole includes also an infinite multitude of intangible connections which unite **ALL** into **ONE**, but the most important thing is that unified, animating source, unknowable and infinite which is reflected in infinite multitude of **EVERY** separate elements, fills them all with its Breath and brings forth Life.

As it was given to me to see – although, as I have already said, any reflection in Consciousness is only a part of Truth – the Cosmic Christ is a huge, much larger than the Earth in size, hydrogen "ball of Consciousness" radiating a blinding plasma emission of silvery white Light, which would be simply impossible to look at not only with our physical organs of vision, but even with our astral. Christ is the Superstar! "Our God is a consuming Fire"...

Christ is the Highest Divine Being who, by His evolutionary development, occupies a high level in the Cosmic Hierarchy of our Galaxy to which very few of us will be able to rise in many millions of years. This Extrinsic Spiritual Being who, according to Christian tradition, occupies the highest rank of the Archangel, owing to a long and successful individual Evolution, was able to attain a high and mighty spirituality for our Solar system. Christ is the Starry Spirit who has descended from Heaven to reveal to the World the supreme Power of God the Creator and to turn people's Consciousnesses away from the one who has not justified the trust placed in him by the Creator and has fallen low. Jesus and Christ are two different persons, the first human and the second divine.

Jesus-Man was genetically very carefully selected and prepared for realization of the spiritual-evolutionary mission not only by the Powers of our Planetary Hierarchy but also by the Spiritual Teachers from the Pleiades, Sirius and Andromeda, For he had to accommodate in himself powerful Forces and at the same time not only energetically but also physically not to die before the pressure of vibrations of great spiritual power, which appear during a short act of incarnation into a physical human body even of one of the aspects of the Higher Spirit.

The power of these vibrations can literally explode the unprepared physical body in a matter of seconds. That is why the incarnation of Jesus Christ could be achieved only through the preliminary painstaking work of the Forces of Light on the various levels of the density of the Matter, as a result of a very careful and long selection of the genes of the most spiritually advanced people of our civilization. In fact, all known miracles through Jesus were performed by the Cosmic Christ Himself, just as through the Soul and the physical body of a spiritually evolved person, an individual human Spirit, the Highest Divine Consciousness, manifests itself on the Physical plane.

However, there is also "Jesus", who is created by human imagination based on the icons and pictures; this is nothing more than an astral-mental Archetype that is spatially situated in the energy body of the Christian Egregor. This Christ, too, has many of the superhuman qualities and attributes given to him by the imagination of people who believe in him, and performs very important spiritual functions in the Astral, being an intermediary link in the circulation of psychic Energy inside the Christian Egregor.

But this, we repeat, is not the Cosmic Christ and not even the Soul of the man who was crucified two thousand years ago on Mount Calvary. By the way, the Archetype and Idea of this Crucifixion containing all details and elaboration of this historical event described in many books and modelled in hundreds of billions of Consciousnesses of people incarnated on Earth within two thousand years, is also present in Astral and accessible to contemplation of all Souls of dead and believers in Christ.

This – God forbid! – does not mean that we should not pray to Jesus Christ, since He "has no" human form. Pray, and as often as possible! Those vibrations of Goodness and Love, with which you overflow when praying, with time will definitely lead your Consciousness first to the Highest Spheres of the Christian Egregore, and through it – to Christ the Living, Cosmic One. Our misfortune lies in the fact that we have unilaterally paraphrased the Emerald Tablet of Hermes Trismegistus: "As above, so below" – to a totally erroneous, false and very harmful interpretation: "As above, so below", thus lowering all consciousnesses above us to our own, deeply limited perception level.

Therefore those people who are now ready to explore with their minds in the more distant corners of our universe must have a deeper, more esoteric outlook and understanding of all the processes taking place on the physical plane, rather than that of the ignorant multitude who unjustly and presumptuously allowed themselves the right to represent the Truth in its last resort. The consciousness of the living must always be directed towards the future, not only beyond the reality around us but also beyond the celestial vault.

"As above, so below". All phenomena of physics, biology, economy and even politics are just crude reflections of rhythms, principles of cosmic ethics and laws of circulation of Higher Energies in Space and the dense body of the Earth. The highest forms of psychic Energy: Love, Kindness, intuition, self-sacrificing courage and self-sacrifice in the name of the highest ideals – these qualities have not originated on the Earth itself, but are a Divine gift.

The One Law governs everything that exists, both the shining of the Stars and the Lives of people. Everything in the world is in a constant process of exchange and transformation of energies of different levels and types. The scale of Evolution is the same for all Consciousnesses. All that we used to consider inferior: the microcosm, the Mineral, the Plant and the Animal Kingdoms of Nature, is our past. All the majestic and distant that surrounds us: Stars, Galaxies, Quasars – this is our future.

You must clearly understand that the Destiny of all Beings who have completed the earthly, and then the planetary cycle of their Evolution, and who have left the state of 'cosmic infancy', is to become Stars, full and perfect Entities of the Cosmos. The purposes of human Life and that of the Stars are quite comparable: to gather in oneself all kinds of Matter and Energy of the Universe, and together with them – dust floating around in the Space, all kinds of cosmic slags, darkness and Light, – in order to melt it all in the fiery furnace of Love and to charge with the life-giving energy of new Life.

Our Earth is also what once was, many billions of years ago, a human being in the understanding not as a separate equivalent of it, but in the truest sense of the word. We have already said that reincarnations do not happen to all the people around us, but only to those of us who possess originally (through genetic purity from the consequences of original sin) or have developed through hard work outside the physical body certain properties which enable them to withstand astral death.

Unfortunately, the term "humans" is still used to refer to all human beings, although many of them display too many animal characteristics not peculiar to the One who we mean by the word "Man". A human being is first of all not a body, not a form, but the Consciousness that has reached a certain level of evolutionary development.

It is not so important in what body this Consciousness lives: sick or healthy, crippled or beautiful, whether it walks on the ground on two legs or moves in the Space-Time in the plasma, in disembodied state, what is important is what it thinks about and to what goals it directs its Will and energy of its thought-making. A true man who has reached in his spiritual development even the middle level of subhumanity acquires the ability to reincarnate consciously, without changing either his personality or the memory of his past incarnations (to a certain extent).

With each new incarnation the spiritual power of such a person will grow rapidly and his or her Divine Spirit will become stronger, until the time comes when the habitual form of the human body cannot provide the normal activity of such a powerful and developed Consciousness. This is when a human Spirit has to move to a new physical body corresponding to its tremendous energy.

The human spirit which has reached such a level of development of Consciousness starts its new cycle of Evolution in a body of one of the young planets and thus continues its development individually, incomprehensible to our present state of mind. Likewise once a super-developed human Being incarnated into the physical body of the young planet Earth (Ales) which has the most perfect (within our Universe) form – a spherical form consisting of the same basic elements as our present physical body.

Dense Matter itself is entropic: not being spiritualized by the Fire of Thought, it tends to decay, to decompose. By the Sound of Thought and Word the Creator created the Worlds, and we, His creatures, are also commanded to create the World around us by the rays of our Thoughts. The cosmic Creation of the luminaries is also not so much in the generating of the energy of their radiations and gravitation fields into the surrounding Spaces, as in the incomprehensible chemistry of their mental emanations which create matter to be enlivened by Life.

So lifeless and empty at first glance interstellar expanses, in reality, are filled to the utmost with a cool soup of Thoughts, which energy the Stars, absorbing it in themselves, feed upon, breathe and exist by. Our planet has all the same properties as we, its people. This Essence breathes, moves, thinks and feels, it has an extremely developed circulatory, digestive, respiratory, water-exchange, sexual and other systems and organs.

The blood of the Earth is oil, and the food is the energy given off by men and animals; the lungs are all our plant life, which we are now so thoughtlessly and ruthlessly destroying. Sexually, the Earth is a hermaphrodite with male and female hemispheres.

Our human Thoughts participate in the existence and creation of our home planet: reaching harmony with the music of the Higher Spheres, they beautify the Earth, and coming into dissonance – destructively destroy it. The chemistry of mutual radiation of the Consciousnesses of many Stars actively controls the chemistry of the thinking process of the earthly humanity and the Evolution of the Earth itself. Man is the very Grail Chalice in which the transmutation reaction of all the Energies of the Universe is being carried out.

The Gospel says: "Man has not dreamed of that which God has prepared for his children. Human beings are none other than the future starry seed, carefully and patiently nurtured on the Earth by Spiritual Teachers-Creators for millions of years. And the more "rubbish" around a man is, excuse me, in the form of waste products of human Evolution or elementary entities just beginning their human Evolution as "non-humans", the sweeter the grounds for faster cultivation of Spirit.

Now we stand on the brink of accomplishing an event of global cosmic scale, the formation of a new Galaxy with millions of Stars which will be the bodies of incarnations of former human Beings. All these Stars will be lit up by the purest psychic Energy of former Humans, by the Fire of their Hearts. K. E. Tsiolkovsky is credited with the prophetic words: "Earth is the cradle of mankind, but one cannot live forever in a cradle. The word "protoplasm", the basis of existence of living organisms, can be broken down into two words, the meaning of which would be: "the state preceding plasma".

The vast majority of the matter of the universe-the interstellar medium, the galactic nebulae, and the stars themselves-is in a plasma state, so we humans living now will one day also become the superintelligent, thinking plasma of Stars-being much closer to the Creator than we are in our current state. Men are like Stars: there are some who by their evil Thoughts and words ruin the blood of others, and there are some whose mere presence inspires others to Love, Joy and Sympathy.

Some people merely glow dimly with the reflected Light, others emit spiritual Light and through their self-generating glow they break through the darkness. Stars are like people: there are stellar Consciousnesses in the Cosmos whose destructive emanations and radiations, penetrating into the Spaces-Consciousnesses of the Earth or other planets, poison them and thereby oppress the mental state of their inhabitants; and there are Stars whose life-giving Rays fill the Spaces of Galaxies with life-giving spiritual Energy, giving harmony of Life and creative prosperity to all the beings. The nature of cosmic and terrestrial vampires is one and the same: by decomposing the poison of their emanations into the energy of other Consciousnesses and thus poisoning their blood – the carrier of Life – they themselves live on the death of others.

People are like Stars: invisibly bestowing their Light and Love upon others, some of us are our true Saviors, not allowing the darkness to draw our Souls into the utter darkness of ignorance and soullessness. Such Luminaries of the Spirit, being among us and close to us, by the Light of their Knowledge and Thoughts pierce the darkness of our Souls, but how often we do not want not only to listen, but even just to notice them, as if the distance in hundreds parsecs separates us.

They, like bright Stars, generously send us their Rays, but we prefer to shy away from the dazzling light of Knowledge, hiding from it in the stinking pit of our own imperfect feelings and envious Thoughts. And yet in many Hearts, thanks to their Light, kindred sparks of the Spirit, reflecting one another, do kindle, illuminating the World around them with Love, a type of starry brilliance.

The age of the Holy Spirit is at the threshold. The new age has prepared for the people of the Earth new tests of the Spirit so that we ourselves, as well as our entire planet, may soon become a shining Sun, illuminating the denser Worlds with the Knowledge of the Cities of Light. Your Consciousness must be ready for this both evolutionarily and spiritually. The Gospel says, "For God so loved the world that He gave His only begotten Son, that no one should perish but have everlasting life.

Every MAN (but not THAT which only hides its beastly essence under the guise of a human), having undergone a mysterious transmutation in the Sixth Human Race, will have to continue its individual Evolution as a planet and then as a Star. The world of Stars is vast and beautiful.

It is a multi-dimensional World, a Fiery World, a perfect World. And we humans are the children of this World, for thousands of years on our way to our true birth, to the unspeakable happiness of the future, the dream of which – as a premonition of  $\mathbf{ALL}$  – lived in the fiery human Heart.

"We shall become Stars, Fire, Let us enter the holy flame. And forever shall we live in Him As members of the Universe".



100

Books are available in the following languages:









russian

english

german

bulgarian

### About the author

During his creative life Oris has written about 100 books on spiritual-philosophical and esoteric topics, as well as on the mental and spiritual relationship between the human energy-structure and the energy-structure of the universe.

A large part of Oris's life is devoted to spiritual creativity through writing books on cosmological subjects. In them the author uncovers such matters, which no one has ever touched so deeply and in such detail before. As early as 1996 Oris managed to find his Spiritual Mission, which he is tirelessly pursuing to the present day.



Oris was born on 25 January 1954 in small Ukrainian village of Maryinka in the Donetsk region in the family of a miner and a nurse.

From an early age (at the age of three) Oris developed an intuitive gift for writing poetry. Oris read out his first poem «Zhen-shen» at the age of 3 to his mother, who wrote it down, because he couldn't write yet.

He also possessed medial abilities from an early age: he could spontaneously «see» dynamic pictures of events and episodes from other people's personal lives, the authenticity of which was often later proven.

As a preschooler, Oris would periodically warn the children of impending contingencies when they were up to some mischief, and at school he knew who would be called to the blackboard and warned his classmates about it. He also knew in advance which boys and girls would be sympathetic to one another and which not.

Oris's first poems, from the age of 6, were published in the Maryinsky district

newspaper. In addition, Oris was good at drawing: 14 portraits of Ukrainian and Russian writers, which he painted in the 3rd grade, decorated the walls of the school corridor.

In 1971, Oris graduated from the 10th grade, worked as an instructor of physical education in Maryinsky Raypotrebsoyuz, and in 1973 he entered the Faculty of Agronomy of the Crimean Agricultural Institute, graduating in 1978. After 4 years of professional activity on the South Coast of Crimea (Yalta), he became the director of sports and recreation base (village of Ponizovka), belonging to two Moscow research and production associations - «Measuring Equipment» and «Energy», serving the space industry. He resigned in 1990 to pursue his literary career.

As a teenager, Oris became very interested in martial arts: karate (Kyokushinkai), kung fu (dim mak - «the art of the poisonous hand», Wing Chun, Zui Quan), judo, sambo and others. Later, in 1975 he achieved a black belt in martial arts and in 1979 in Yalta at the Ministry of Internal Affairs he opened a martial arts section and hand-to-hand fighting.

From this period (1975), while still a student at the Institute, he worked for 15 years on writing several books series about martial arts. Three volume textbook on karate and Dim-Mak Art titled «Karate Way - from Student to Master» was colourfully designed and published in Moscow in 1992. During these years a separate book «Dim Mak - the art of poisonous hand» was published in Moscow. A second cycle consisting of more than 20 books under the general title «Initiation or the Path of a warrior» was written during this period, but it was not published in the USSR because the author had no higher physical education. For this reason in 1982 Oris entered Simferopol State University, but in the 4th year he left the University for family reasons (due to the birth of his son Yaroslav in 1983) and because of perestroika.

During his work on the book cycle 'Initiation or the Path of a Warrior', Oris (in a state of deep meditation) first inadvertently came into Contact with his Spiritual Teachers, after which he regularly received the information that formed the basis of the most unique book series 'Life between Live's and all the books subsequently written by him.

Then begins a more intense Spiritual Path for Oris, marked by a turning point in his life due to the urgent need arising in his Consciousness to find Himself and his Spiritual role in life.

He went as a hermit to a cave in 1996 from which he had no plans to return. There, in the cave, deep Spiritual revelations came to him, as well as information about his past (parallel) lives. Some of these inner experiences Oris described in poems, which have been published in a separate collection. On the basis of the contacts with his Spiritual Teachers during this period (after 40 days of taking only water), having learned his Purpose in life, he returns home with a renewed Self-consciousness, after which a new Spiritual phase begins in his life: within four years he writes more than 40 books, which are combined into several cycles with the following

titles: «Life Between Lives», «The Art of Dying» and «Extraterrestrial Contacts».

After 2000 he began to write texts to the melodies of Soviet hit songs, in which he expressed the whole quintessence of his spiritual conclusions and thoughts, emphasizing the role of Love, Kindness, Mercy and all Human qualities and feelings, which people so often forget in their everyday life.

Also after 4 consecutive Spiritual Initiations (from 1996 to 2000) Oris gets access to more true and authentic information about the structure of the Universe and the role of human in it, which he reveals in the book series called «lissiidi», «The Great Message», «Immortality is available to everyone» and «lissiidiology Fundamentals». These book series are written as the quality of information that Oris received becomes more and more complex because it comes from deeper and deeper levels of the collective Subconsciousness. These more profound and insightful conceptions form basis of his own Self-Consciousness and he begins to find answers to complex cosmological questions that until then were expected to remain unanswered for people for many decades to come.

A more detailed and complete list of all books written by Oris is set out below. They are presented in chronological order as books were written.

All Oris's books in all available languages can be downloaded for free from **www.orisbooks.ru**.

Compilation and preparation of material, layout design, translation: Astiyraalls

# 1992

# Three-volume book «The karate Path - from apprentice to Master»

Moscow, 1992 Pages: 759

For the first time in our country is being taken an attempt to summarize the personal experience of the author, who gave most of his life to the study of the theory and practice of martial arts. The original materials concerning the psycho-physical training of adepts of martial arts are being presented. This books also touches the moral problems, traces the philosophical origins of karate-do, which have their origin in the teaching of Buddha. Even with the most detailed textbook it is impossible to become a master of karate. For this you need a Teacher. Then what is this book about? It contains the information, without which you cannot become a Master.

The author has for many years been seriously and deeply involved in the study of oriental martial arts: karate, judo, kung fu, dim mak (the art of delayed death). This three-volume book covers all stages of karate training - from the basics to the highest mastery, including dim mak and no-touch kicks (energy blows). It is an encyclopedic edition in three volumes. The basic techniques of defensive movements, hand and foot strikes are presented in detail. Also are being analyzed the mechanics of each movement, internal mental components, technique of passing relaxation phases and the concentration of energy. The book contains numerous photographs, diagrams and engravings.

#### VOLUME 1, CONTENTS:

SECTION 1.	The Path of Buddhism
SECTION 2.	The path of developing Eastern martial arts
SECTION 3.	Breath exercises in martial arts systems
SECTION 4.	Martial arts training systems
SECTION 5.	Theory and practice of basic karate and kung fu postures
SECTION 6.	A brief overview of some of the major natural weapons and how they are used

#### VOLUME 2, CONTENTS:

SECTION 1. Theory and practice of «Uke-Waza» - defense techniques

- SECTION 2. Theory and practice of hand striking techniques «Zuki-Waza» the technique of penetrating punches with hands
  - «Uchi-Waza» the technique for delivering chopping punches with hands



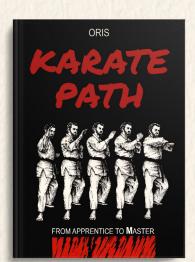
SECTION 3. The theory and practice of «Geri-Waza» — techniques of making leg kicks

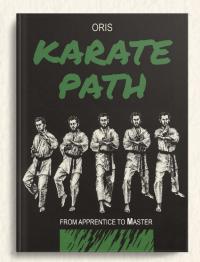
Kick forward — «mae-geri» Side kick — «mawashi-geri» Kick to the side — «yoko-geri» Kick backwards — «ushiro-geri»

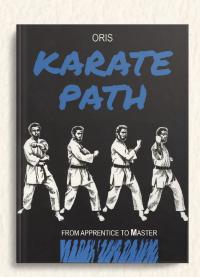
#### VOLUME 3, CONTENTS:

- SECTION 1. Practicing combat with multiple opponents
- SECTION 2. Pre-hospital care in karate classes
- SECTION 3. Some ways to increase athlete's performance
- SECTION 4. The Path from «the touch of delayed death» to no-touch kicking

A brief glossary of basic terms, names, and designations









# 1996



#### «Dim Mak - the art of the poisonous hand»

*Moscow, 1996* **Pages: 211** 

The uniqueness of this book lies in the fact that it is the first attempt to combine the basics of energetics of martial arts, as well as a very specific technique of influence onto human nerve centers and the energy defeat of enemy at a distance.

The psychological, reflex-therapeutic and mechanical methods of increasing the athlete's capacity for work under increased loads are discussed in great detail.

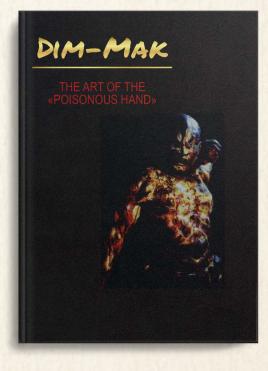
Extensive Russian-Japanese and Japanese-Russian dictionaries are designed for masters who communicate with Japanese karatekas.

#### CONTENTS:

- SECTION 1. Practicing combat with multiple opponents
- SECTION 2. Pre-hospital care in karate classes
- SECTION 3. Some ways to increase athlete's performance

SECTION 4. The Path from «the touch of delayed death» - to no-touch kicking

A brief glossary of basic terms, names, and designations





# Book series «Initiation or the Path of a Warrior»

This series of books about «The Art of Dim Mak - the Art of Delayed Death» was written by the author in order to reveal all the nuances and details associated with the Kung Fu - Dim Mak fighting style, which previously in such depth and detail have not been described anywhere else.

«The Path of the Warrior and the Spirit of Initiation»
«The Spirit of Thought and the path to Meditation»
«Sickness and its healing with a Thought»
«The Spirit of sound»
«Healing with sound»
«The Spirit of Energy»
«Healing with Energy»
«The Spirit of breath»
«Healing with breath»
«The Spirit of movement»
«Healing with movement»

Yalta, 1991-1996

# Separate books



#### «Wandering of the Soul» or «Life between Lives»

Moscow, Kiev, 1996 Pages:

The book not only introduces the reader to the problem of Death, but also considers the place of human in the Cosmic Hierarchy. You will learn about the Path of warrior and his attitude to Death, about the septenary composition of a human, about the overcoming the fear of Death, about the relationship between man and Egregors, about chakrams as natural channels of communication with other worlds. The book contains techniques and methods of entry into inner spaces and transition to other worlds.

#### **CONTENTS:**

Foreword Other Worlds **ORIS ORIS** Warrior and Death Meditation is «Death» Fear of Death The Art of Dying Human - Space Space and Time. Guide to other Worlds The Material Universe Man and Egregor Non-humans Cleansing from evil during life-time Journey in Time and Space Technique for entering inner spaces Methods of transition to other worlds Auto- or self- hypnosis Conscious dreaming The second way of exit Chakrams - natural channels of communication with other Worlds Muladhara Svadhisthana Manipura Anahata Vishuddha Ajna Sahasrara Composition of the human The septenary composition of human From the author





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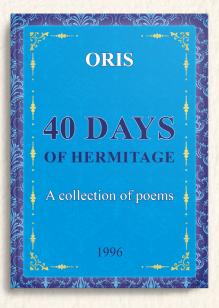
#### A collection of poems «40 days of Hermitage»

Yalta, 1996 Pages: 47

All poems in this book were written by Oris in 1996 in the Ai-Petri mountains, when he voluntarily took a vow of silence and lived for 40 days in a mountain forest, in a small space dug with a tin can between two rocks supporting each other, completely refusing food and any communication with people.

His inner reason for going to the mountains was the pressing, unyielding need in his Soul to try to cognize the Meaning of his present existence as deeply as possible and, if possible, to try to find the Essence of his own Spiritual Destination by conducting an inner dialog with his «Higher Self» and seeking opportunities to understand himself...

This book also contains an audio recording of these poems, which Oris recorded onto a tape recorder during this act of hermitage.



# 1997-2000



#### **Thought and Meditation**

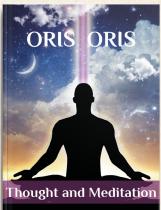
Yalta, 1997 Pages:

Thoughts, unlike objects, do not belong to you: they come from somewhere else all the time, stay and interact with your Consciousness for a while, and then imperceptibly disappear to somewhere. Your thinking is the process of continuously synthesizing in your reality newer and newer Forms from the already known to you mental and sensual experience. Therefore for you the thinking process represents the «beginning» and the «end» of absolutely all of your desires - from getting some material benefits to achieving «higher» (according to your concepts) spiritual goals.

By mastering the art of mental transformations, you will have an absolutely real means of consciously controlling the material conditions of your earthly existence. By improving in this direction, your mentality can reach the point where it becomes possible to control the powerful factors of the natural elements of Nature, influencing not only the weather, but also such destructive phenomena as tornadoes, tornadoes, earthquakes, tsunamis with the power of your Mind...

#### CONTENTS:

Life is a product of the creative movement of thought Every thought is material Working with Thoughts The Adept's teaching How to become an observer About conducting concentration classes In life, we build everything with our Thoughts and Consciousness About the practice of dream formation Thought is a product of time A technique for opening the «third eye» Everyone lives in the world of their own dreams How to go beyond Thought About the creation of a Thought Form in Meditation Practice





#### «Soul in the Zodiac»

Moscow, 1999 Pages:

The book «Soul in the Zodiac» continues and develops the subjects, raised in the book «Wandering of the Soul». In this book the author tells about his experience of Contacts with extraterrestrial civilizations, considers the model of the structure of the universe, in particular the worlds of spirits, hellish worlds, worlds of the solar system and other worlds and hierarchies.

The existence of the Soul in the transition between worlds, the archetypes of the astral and subtle worlds are covered in detail. In this book the reader will find the most complete answers to the eternal questions of human Existence.

#### CONTENTS:

Part One. Worlds of the Solar System Worlds of Religions Worlds of vedanta Worlds according to Buddhism The worlds of human **Descending Worlds** Ascending Middle Worlds Worlds of «doubles» The World of perfect Spirits Part Two. Extraterrestrial Civilizations Civilization from the planet «Ceres» Civilization from the constellation Andromeda Civilization from the constellation Pleiades Civilization of silver «humanoids-balls» Civilization of green «humanoids-balls» Star Spirit Christ **Guardian Angels** Part Three. The physical world Etheric layer Physical body Etheric body Animal community archetypes Astral body The Astral Aura of the Soul Evolution of the Spirit



# Book series «Life between Lives»

Yalta, 1997-1998

What Oris writes about in this book series is the most detailed description ever written by human about the entire sequence of events undergone by the Consciousness of a dead person when he returns to his Heavenly Home, which has so many «abodes» that it is impossible for an ordinary person to even imagine.

Oris, using his many years of individual experience of astral travel, describes in detail the Astral and Mental realities he has explored, transforming the Incomprehensibly-Cognizable Existence into Knowledge that is comprehensible to almost every person, which leads readers to a gradual realization of the immutable Truth of their infinite Cosmic Existence.

Yalta, 1997 **Pages:** 

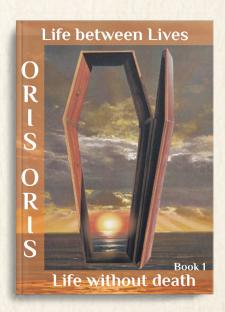
Who are you? How and why did you come to this cruel and alien world? Where will you go and how will you live after your loved ones have said good-buy to you on this earth? And will you really exist after that? These are constant questions. But they have answers. The secret of life and death irresistibly draws man to the realization of what he has long known, but what has remained a mystery and unknown.

Book 1. «Life without death» («The spirit of death»)

If you need answers to these eternal questions, if you can no longer live without understanding them, then this source of knowledge is for you.

#### CONTENTS:

Death is the beginning of Life Death and religion Life is the path to immortality Death is the form of Life Dialogue with the Teacher Warrior and Death Warrior and suicide The fear of Death





#### Book 2. «Soul and the Cosmos»

Yalta, 1997 Pages:

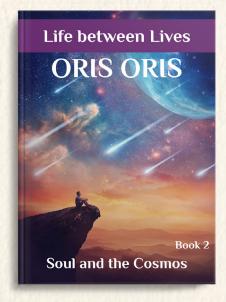
When confronted with the constant choice between Good and Evil, man is lost and does not always think about whom exactly with his every choice and action he serves: God or Satan? To help the reader to choose, the author tells in details about Egregors - astral entities, adapted to living in both as in positive so and in negative poles of Existense, which are mainly determined by the nature of Egregor itself.

The author helps to understand all the subtleties of this topic, showing using examples the activity of «devil's Egregors», explains to what can lead the spiritual ignorance and thoughtless worship of material symbols, which all lower the human consciousness to the level of sorcerers, magicians and so-called non-humans.

How can we cleanse ourselves from the astral dirt of our own ignorance, which degrades our spiritual Essence and puts us on the same level as wild animals? How can we in Life take care of favorable conditions of our postmortem existence? This and much more is discussed by Oris in his second book «Soul and the Cosmos».

#### CONTENTS:

From the author Man - Cosmos Space-Time Time is a thought River of Time Time factors «Black holes» - sources of Matter of the Anti-World Material Universe The Soul in the Egregor Egregors and people The Devil and his demonic Egregors Egregors and the Soul





#### Book 3. «Soul in other Worlds»

Yalta, 1997 Pages:

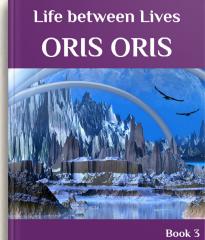
Always when people speak of «other cosmic thinking civilizations» they usually mean either the intelligent populations of other planets, the so-called «brothers in mind» or something very abstract and vague. But for some reason no one ever thought that these very «thinking civilizations» could be OURSELF, but only OURSELF located at other levels of OUR development, in other conditions of Existence, in the past or future space-time structure, in other circles of OUR human civilization's time field.

All so-called «other worlds» should not be perceived as something alien and unknown. There is no dividing barrier between «this World» and the many «other Worlds». On the contrary, all that exists is one single Divine Being.

You will learn about this and much more from the third book «Soul in other Worlds».

#### CONTENTS:

From the author Worlds of Solar systems Worlds of Religions Worlds of Vedanta Worlds of human Worlds of heaven The worlds of those who listen to the voice Worlds of self-directed to enlightenment Bodhisattva's Worlds Buddhas 's Worlds Descending Worlds Hell Worlds Ascending Middle Worlds Worlds of «doubles» The World of perfect Spirits



#### **Book 4. «Aliens»**

Yalta, 1998 Pages:

This book may seem unbelievable and dreamy to the reader, but those who have ears to hear will find confirmation of their thoughts and hopes and proof that we are not the only people in the cosmos.

The time has come to meet those who have been invisibly present around us for millions of years, sending signals of their invisible existence. May each of you perceive this book the way he or she feels! For some, it may be perceived as a fairy tale, and for others, as information for reflection or as a guide. In this way, the main goal of this book will be achieved, because you will know the Truth, and what to do with that Truth is everyone's personal choice.

This book represents the least amount of information about the author's many Contacts with other cosmic civilizations and the information that has been received from Those whom the author calls The Universal Teachers.

#### CONTENTS:

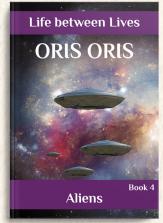
From the author Message from the Demiurge of the World Humanoids of the constellation Regulus Civilization from the planet Ceres Civilization from the constellation Andromeda Civilization from the constellation Pleiades An urgent message to earthlings from representatives of the constellation of Pleiades Ora's Message to the Earthlings Aalan informs the people Civilization of silver «humanoids-balls» The Tunguska Mystery or once again about non-humans Civilization of green «humanoids-balls» A message from Lord Maitreya Christ the Superstar Aliens testify Albellic's Messages Ramasanta reports Makkearland reports Araaragot reports Oris's dialogue with Allaagor the andromedian

#### **Guardian Angels**

Message from Archangel Michael Message from ELOCHEM to the

People of the Earth

Message from Archangel Uriil Message from Archangel Gabriel Message from Archangel Metatron Message from the God of the Sun Ascending worlds





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#### Book 5. «The technique of Astro-Travel. Chakrams»



Yalta, 1998 Pages:

In this book the author continues his exploration of the world around us and tries to unravel one of the most unexplored mysteries of nature – the human. After all, only by knowing ourselves we can come closer to knowing God and His Mysteries.

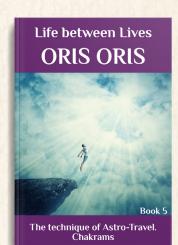
Who are you and what are you doing on this planet? What is the point of your being here? Where will you go after people say about you, «He's dead...»? And in general, will there be anything left after Death other than the memory of you? All these questions will be answered through the author of this book by his Teacher, who has undertaken the mission to give a thorough introduction to the mankind on Earth to the problem of so called «post-death existence» of a human.

#### CONTENTS:

The double of human and the Earth's Noosphere The travel in Time and Space Techniques for Entering Inner Spaces Methods of Consciousness Transition to Other Worlds Relaxation Auto- or self- hypnosis General scheme of self-hypnosis Conscious dreaming

The second way of exit Danger of possession during astro-travel Chakrams are natural channels of communication with other Worlds

Muladhara Svadhisthana Manipura Anahata Vishuddha Ajna Sahasrara Composition of human



#### Book 6 «Man and his Soul»

Yalta, 1998

#### CONTENTS:

Composition of the human The septenary composition of human The physical World Etheric layer Physical body

Etheric Body Archetypes of the Ethereal World Archetypes of animal communities The Astral Body The Astral

#### Book 7. «Soul in the Zodiac»



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### Yalta, 1998

Pages:

In this book the author tells us that the entire world around us is a single system, and the parts of which are in very close relationships and interconnections, and that the entire Universe is subject to unified rhythms and unified cycles. Some of these cycles began at the creation of the Worlds and determine the Evolution of the Universe as a whole. Others determine the course of geological processes that change the face of our planet and, in turn, also affect the development of all mankind, the emergence and collapse of terrestrial civilizations.

The nature of all these influences, both global and individual rhythms, on the objects of the World is determined by the laws of the Zodiac, whose symbolism is much deeper than many novice astrologers think. In addition, in each cycle we can distinguish twelve basic and twelve current phases or micro-cycles, the characteristics of which are also associated with the passage of the Soul along different qualities and with the zodiac symbolism.

This book, as well as all the other books by Oris, is intended for those readers who seriously, deeply and with a sincere desire want to understand on their own everything that relates to the problems of Life and Death, who see in their impend-

ing Death not the most terrible and dangerous enemy, but on the contrary, a reliable adviser and a friend.

With Oris's books, Death is transformed from a frightening adversary, from an unfortunate failure or fatal mistake in the Universe into one more, another Transfiguration, to which we have already been subjected more than once.

#### CONTENTS:

#### Soul in the Zodiac

The Fiery face of God: Leo, Sagittarius, Aries The Airy face of God: Aquarius, Libra, Gemini The Watery face of God: Scorpio, Cancer, Pisces The Earthly face of God: Taurus, Virgo, Capricorn

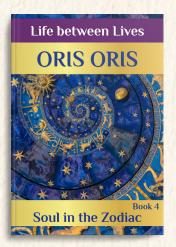
### Book 8. «The art of dying»



This book consists of 5 parts. Pages:

The author has tried to give the most detailed answers to specific questions through his many years of experience of independent out-of-body explorations of the Ethereal World: how to die correctly? How to learn to accept your death in time? How the transformation of subtle bodies takes place during the postmortem transition?

This book, describing in the most detailed way the changing state of a person's Consciousness during the process called «dying» and his Soul's presence in various



vibrations of the energies of the Astral, is also a kind of manual of religious therapy and eschatological psychosurgery, carried out through the most detailed texts of "Instructions" read by relatives for the dying ones or an already dead person in order to strengthen and awaken his Consciousness before the Transition to the Other World.

Among other things, this book can safely be classified as one of the most detailed travel guides to the many realms and spheres of the Ethereal World, which we commonly refer to as the «afterlife».

#### «The art of dying-1»

Yalta, 1998 Pages:

#### CONTENTS:

The Author's Foreword Meditation on Death Meditation on Dying Jati Smaran Introduction Jati Smaran Meditation The Astrosome and Meditation

#### «The art of dying-2»

Yalta, 1998 Pages:

#### CONTENTS:

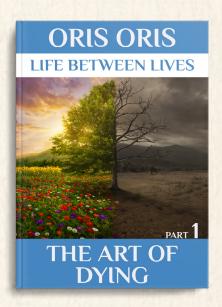
The Author's Foreword The Mystery of Death The Postmortal Path The Egyptian Book of the Dead The Tibetan Book of the Dead «Mors certa, hora incerta» The Fear of Death Overcoming the Fear of Death

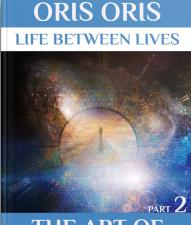
#### «The art of dying-3»

Yalta, 1998 Pages:

#### CONTENTS:

The Author's Foreword Metamorphosis of Death The Preparation for Death Nobody Dies





#### THE ART OF DYING

Dying Stages of dying The moment of death Signs of the coming of Death A conversation with the Teacher

#### «The art of dying-4»

Yalta, 1998 Pages:

#### CONTENTS:

A Brief review of the diversity of Forms and types of dying

Dying is a completion of the Earth's form of suffering

Death is not the end of dying but the beginning of a new Life

Death of the non-humans

The Soul and its impulse Ring

The first phase of the transition: «The point of silence» The second phase of transition: The tunnel effect, the bright light The Assistants

Gradual awakening

Parting words to the dying person

For the dying one The following text may be read for the one who has deceased The funeral

> The prayer for the deceased The prayer for the release of the Soul The prayer for the after the release of the Soul

#### «The art of dying-5»

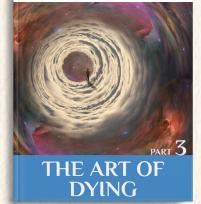
Yalta, 1998. Pages:

#### CONTENTS:

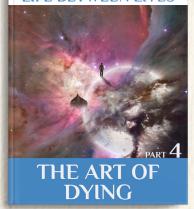
The first steps of the soul in its postmortal life Planes and levels «of the other World» Some peculiarities of Existence «in the other World» Meetings with my mother Love «beyond the veil» Spiritual Families The description of «a City of Light» What do the deceased do? Awakening First hours after death

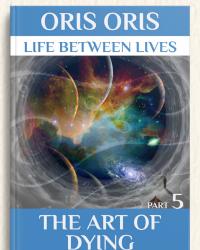
Death is the return to God, return to Love

#### ORIS ORIS LIFE BETWEEN LIVES



## ORIS ORIS





### 20



#### Book 9. «Soul in the Astral»

Yalta, May 1999 Pages:

Although much has been written about the Ethereal Worlds, none of it corresponds to even a thousandth of what these levels of ethereal reality actually represent, where the human soul also enters after its final release from the heavy anchor of the physical body. It took Oris years of Life to begin more or less freely navigate among the countless realities of the so-called "other World".

The author generously shares these observations and out-of-body explorations of the Astral World with readers on the pages of this book.

#### CONTENTS:

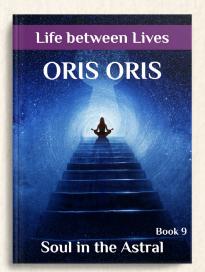
Realities of the Ethereal World The Mobius sphere and wave length Thought and Reality Structure of the Astral Inhabitants of the Astral The thought-sensory basis of the Astral Structure of the Earth's Astral Inferior parallel worlds Types of possessions The Demonic army of the Astral Demons Incubi and Succubi Lilith Imps Golem Dubbuk Homunculus Mermaids Gremlins Vampires Werewolves Astral Activity of the ones who are alive

#### Book 10. «Inhabitants of the Astral»

Yalta, May 1999

#### CONTENTS:

Elementals Elementers The Thought-Forms



#### Book 11. «The evolution of humanity»

Yalta, May 1999



#### Book 12. «Anti-Worlds and Purgatory»

Yalta, April 1999 Pages:

In our truly apocalyptic and mind-blowing age of an unprecedented crisis of conscience in the spiritually and morally bankrupt humanity, which is writhing and fooling around on the fire-breathing volcano of the Transfiguration of the Earth, Ori's books about the immortality of the human Soul act as a sobering and saving call, trying to wake the dormant hearts.

On the pages of this book you will find for yourself spiritual pearls with the simplest and clearest answers to many eternal questions about man's true place in the Universe and about the higher meaning of human existence on Earth.

This book talks about the nature of the Earth's anti-Worlds and their inhabitants.

#### CONTENTS:

The Anti-Worlds Hoahs and Ungs Structure of the Anti-World Hierarchy of the Anti-World Administration of the Anti-World Demons - the masters of Nature Demons of local influence Realities of the Anti-World Features of the Anti-World The races of Antics Distinguishing Characteristics of Incarnated Ungs Magic of the Anti-World

Life between Lives ORIS ORIS Development Book 12 Anti-Worlds and Purgatory

Purgatory

Maflocks are the fallen spirits Spheres of the Hell Spheres of the anger and rage

#### Book 13. «Ordeal of the Soul»



Yalta, August 1999 Pages:

As long as man is alive, he gives little thought to WHAT awaits him, perhaps in the next second: after all, how many beautiful lines broke off in mid-sentence, and how many good deeds were not destined to come true only because people in their busy every-day life keep putting off all the best and the most necessary, forgetting that in the next moment they may not have that «later» at all. How many lost opportunities for the most simple manifestation of Kindness and Love towards each other have never been realized, and how many unspoken beautiful words have fallen into nothing!

This book is not about Death, but rather about HOW to restructure your whole life now, immediately, so that you can meet every next moment of your earthly existence without disappointment, despair and grief.

#### CONTENTS:

Peculiarities of reincarnation Peculiarities of thinking The Sphere hungry spirits

The post-mortem fate of gluttons The post-mortem fate of drunks The post-mortem fate of vivisectors and flayers The post-mortem fate of women who had abortions The post-mortem existence among the mafloks Suiciders and the victims of «accidents» The history of suicide The nature of suicide The post-mortem fate of accident victims The principles of exiting Hell The Neutral Zone Collective animal Souls

The World of «Doubles». The mafits The Fourth Division of the Astral. The mahoits The Third Division of the Astral. The lamites The Second Division of the Astral The First Division of the Astral

#### Book 14. «Hell and Purgatory»

Yalta, 1999 Pages:

#### CONTENTS:

The Soul in the Nine Circles of Hell Inhabitants of Hell The mafloks The mafits The machoites The lamites The Neutral Zone Collective animal souls

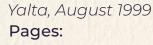
# Life between Lives

# Book 13 Ordeal of the Soul





#### **Book 15. «Soul in the Higher Worlds»**



What Oris writes about in the book series «Life Between Lives» is the most detailed description, ever written by man, of the entire sequence of events undergone by the Consciousness of a dead person when he returns to his Heavenly Home, which has so many «abodes» that it is impossible for an ordinary person to even imagine.

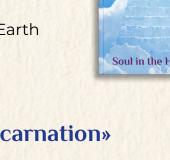
Oris, using his many years of individual experience as an astrologer, describes in detail the Astral and Mental realities that he has explored, transforming the Incomprehensible-Cognizable Existence into Knowledge that is comprehensible to virtually every person and leads to a gradual realization of the immutable Truth of human's infinite Cosmic Existence.

#### **CONTENTS:**

Harmonious Realities of the Mental The Paradise Life activity and thought-creativity in the Paradise The energy structure of the MENTAL BODY Characteristics of people with an underdeveloped mental body Characteristics of people with a moderately developed mental body Spatial «geography» of the area of a specific thought Prototypes of terrestrial forms Mental compensation levels The «Second Heaven» of Christians Characteristics of the main Energy-Informational Spheres of the Mental The seventh sphere (outer) The sixth sphere (preparatory) Life between Lives The fifth sphere (balancing) **ORIS ORIS** The fourth sphere (central) Realities of the levels of abstract thought The «Third Heaven» The Cities of Light Descriptions of some of the Cities of Light Higher causal realities of the Second and Third Earth Book 1 Globes of the Earth Soul in the Higher Worlds Afterword

#### Book 16. «Soul's preparation for a new incarnation»

Yalta, 1999



#### **Book 17. «Apocalypse»**

Yalta, August 1999

#### СОДЕРЖАНИЕ:

Earth's future until 2147 Cataclysms The coming of the Forerunner and the Antichrist to the Earth The Fate of Russia The Golden age The Sixth human Race

#### **Book 18. «Humans and Non-Humans»**



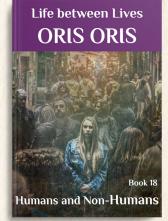
Yalta, 1998 Pages:

Never before has the Mystery of the Creation of our World and the tragic role that Lucifer, one of the most highly spiritual First Consciousnesses of the Logos of our Universe, played in the history of the birth and development of mankind on our planet in such detail been revealed to people.

The purpose of this book is to give you the Knowledge which will help you to understand who is the God and what place in Him belongs to the forces which people call «Satan», «devil», etc. What energy-informational niche do they occupy in the Earth's Space and what form do they take (and if they have a form?) in reality?

#### CONTENTS:

Non-humans The Mystery and Tragedy of Lucifer Cleansing from evil during life-time





#### Book 19. «Soul in Hell»

Yalta, 1998 Pages:

Fear of Death is the individual's fear of losing himself, the fear of the need for further evolution. Man is most afraid of the unknown, but it is the unknown that makes a man to conquer his fear again and again. Many people are totally unaware of the infinite variety of levels of Consciousness in their own nature and whatever the author of this book may say to them about it, it will still not help them to understand it. But there is still a small, even a tiny one-thousandth part of humanity which is the reason why all this knowledge about the true picture of Existence after Death is given. For the Transfiguration of this small part of mankind a small group of Star-Born Ones have specially incarnated and agreed to become conductors between the awakening Consciousnesses of the Earth and the Consciousnesses of the spiritual Teachers from Sirius and Pleiades. To each thousandth of the incarnate Earth's humanity Oris addresses in his books.

#### CONTENTS:

Life of the Soul on Different Planets

- Pluto
- Uranus
- Moon Mars
- Neptune The Hell and Purgatory

«Astral shells» and ghosts

The Hell

The «geography» of hell

The Nine Circles of Hell Soul in the first circle Soul in the second circle Soul in the third circle Soul in the fourth circle Soul in the fifth circle Soul in the sixth circle Soul in the seventh circle Soul in the eighth circle



#### Book 20. «Soul in Other Worlds 2»

#### Yalta, 1998 Pages:



#### CONTENTS:

Stereotypical worlds of the Astral («maklaks», «vergons», «Glumids» and «mafits»)

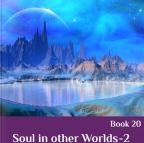
The fourth division of the Astral («shorts», «kloks», «glepmins» and «mahoits») The third subdivision of the Astral (»pravinians», «eldonians»,

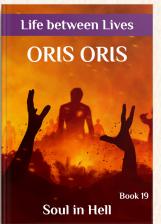
«kakrikons» and «lamites»)

The second sub-division of the Astral. First Heaven The first sub-plane of the Astral. Second Heaven

> Jupiter Saturn Mercury Venus Proserpine The Mental Laws of the mental







## **Book series «Extraterrestrial Contacts»**

In today's world there is a lot of information about UFOs, about the meetings of individuals and even whole governments with aliens, as well as materials of telepathic Contacts with representatives of various extraterrestrial civilizations, etc. Unfortunately this information, while passing through different dimensions to us, in our three-dimensional world, is often subject to very strong distortions and is very often misunderstood by us due to the specifics of our three-dimensional way of thinking.

Offered to you materials of Oris's Contacts with the commanders and crew members of the Sirius-A and Sirius-B starships, as well as with other extraterrestrial Consciousnesses and Civilizations, including the Consciousness of Christ, Lord Maitreya, God of the Sun (the Logos of our Solar System), Elohim (the Creators of our Universe), and the four Archangels (Michael, Uriil, Gabriel and Metatron), are unique because they are literally received «first-hand» and contain very valuable information, useful for all humanity, which lives on the eve of the Transfiguration of the Earth.

The Pleiadians and Siriusians, who are the true spiritual Teachers of Earth's humanity, are happy to share with us the knowledge without which we earthlings cannot emerge from the endless series of earthly incarnations and join as equals the extraterrestrial civilizations that are part of the «Commonwealth of the Light Ring» on the expanses of Cosmic and Galactic Creativity.

About this and much more you can learn from this book series called «Extraterrestrial Contacts».

#### **Book 1. «Teachers from Pleiades report»**



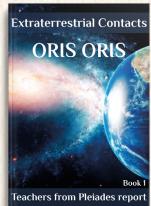
#### Yalta, 1998 **Pages:**

Such concepts as «Cosmos», «Higher Intelligence», «UFOs», «aliens», etc. have now firmly established in our Consciousness, and we can no longer imagine ourselves, our planet and our entire existence in isolation from the rest of the universe, from the hope of a promising direct contact with brothers in Mind.

Who are they, our teachers, what do they teach, what do they look like, and what do they want from us? In this book you will find answers to these and many other questions.

#### CONTENTS:

From the author Teachers from Pleiades report First Appeal of The Demiurge of the World Appeal to earthlings from representatives of the Constellation of Pleiades Ora's Appeal to the earthlings Aalan's Appeal to people Albellic's first Message Albellic's second Message



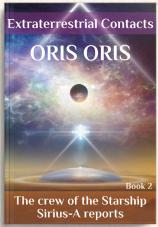
#### Book 2. «The crew of the Starship Sirius-A reports»

#### Yalta, 1998 Pages:

In this book, the Pleiadians and Siriusians, who are the true spiritual Teachers of mankind, gladly share their knowledge with us, without which we, the earthlings, would not be able in the very short time that remains before the Transfiguration to come out of the many thousands of years of hibernation and to make the necessary number of timeless passages in the impermeable thickness of the Collective Consciousness, necessary for the so called «shift of the paradigm».

#### CONTENTS:

The crew of the starship «Sirius-A» reports Albellic's third Message Ramasanta's first Message Ramasanta's second Message The First Universal Law of Cosmos The Second Universal Law of Cosmos The Third Universal Law of Cosmos The Fourth Universal Law of Cosmos Albellic's fourth Message

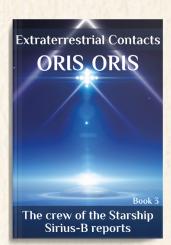


#### Book 3. «The crew of the Starship Sirius-B reports»



#### Yalta, 1998 Pages:

The next ten to fifteen years are predicted by extraterrestrials to be very informative and interesting for humanity. We will see how our so-called «unshakable reality» will begin to be rapidly turned upside down before our very eyes. Already the world does not seem as solid and unbreakable as it once did. And very soon we will all be witnesses and direct participants in a worldwide spectacle of Chaos and Confusion. The foundations of all our cultural, religious, philosophical, and scientific Paradigms, which have served us so far invariably as an image of the «real» World, in a matter of years, will crack and begin to crumble before our very eyes.



The reality of the New Age is within us, and main changes that

we have to make must affect primarily our inner content, which, by freeing the Divine Light of our Souls from the millennia-old oppression of the Matter, will turn the mustiness and decay of our earthly cities into the unearthly glow of Beauty, which overflows the Cities of Light of the new, transfigured Earth.

#### CONTENTS:

The crew of the starship «Sirius-B» reports First Makkearland's message Second Makkearland's message Third Makkearland's message Fourth Makkearland's message Fifth Makkearland's message Sixth Makkearland's message Eighth Makkearland's message

#### Book 4. «The Teachers of the humanity report»



Yalta, 1998 Pages:



Throughout all the history the humanity has been narrowing its perception of the Worlds from multidimensional, which includes all the subtle-material Spheres of the Astral, to three-dimensional, rough-material Level, thus not only limiting itself in the better understading of the world around, but also completely destroying the possibility of free contact with the Consciousnesses of hundreds of thousands of other space civilizations, who actively create and work in the Cosmos.

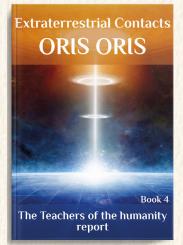
Representatives of many of these Intelligent Civilizations have practically never left our planet, while other Higher Entities have been incarnated among people only for several millennia. 30

They have voluntarily shared and continue to share with us all the burdens of earthly incarnations and the very heavy human Karma, only to help with their

Knowledge of the Truth and their personal experience, so that the people of Earth could more rapidly climb the steep steps of the Evolution Stairs.

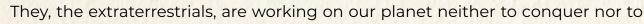
#### CONTENTS:

The Teachers of the humanity report
Araaragot reports
Oris's Dialogue with Allaagor the Andromedian
The «Wanderer» reports
The first Message of the Wanderer
The second Message of the Wanderer
The third Message of the Wanderer
First Message of Christ, Lord Maitreya
Message from the God of the Sun
Message from Elohim to the people of Earth
Message from Archangel Michael
Message from Archangel Gabriel
Message from Archangel Metatron



#### **Book 5. «Extraterrestrials»**

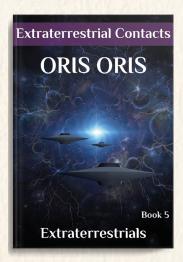
Yalta, 1998 Pages:



enslave it, but with one single goal in mind: to slow down our rapid fall into the abyss of self-destruction, trying to bring to our Consciousnesses the moral, spiritual, social and scientific values accepted in the civilized Cosmos.

Those few people who are able to perceive their Word of Truth do everything possible, even impossible, to bring it to the halfasleep Consciousnesses of the rest of mankind.

Many «extraterrestrials» from Pleiades, Sirius, Andromeda and other civilizations of the «Light Ring» have been living among us for thousands of years, voluntarily giving up being in the Worlds of higher dimensions, just so that we, people of Earth, did not remain completely cut off from the Source, from Which all of us have come out, and to illuminate with the Knowledge



of Truth the Path of spiritual ascent for Consciousnesses who no longer wish to



abide in the sleep of illusion and the darkness of ignorance. The Books of Oris are an example of this Service.

#### CONTENTS:

Extraterrestrials

Humanoids from the constellation Regulus Mars and Martians Civilization from the planet Ceres Civilization from the constellation Andromeda Civilization from the constellation Pleiades Civilization of silver «humanoids-balls» The mystery of Tunguska or once more about the non-humans Civilization of green «humanoids-balls» Christ the Superstar

#### Book 6. «On the eve of Armageddon»

Yalta, August 1998 Pages:

0

This book, in its uniqueness and value of the information it contains, is on par with the other Oris's books, continuing the subject of Contacts with Representatives of Worlds of Higher Levels of Existense.

Does The Christ Himself communicate with many people on the eve of the socalled «Last Judgment» transmitting specific recommendations? Has the Mother

of God appeared to many to show them the way to salvation through Her Word in these terrible days of the approaching disasters and cataclysms? You just stop for a minute and delve into the rank of Those Who appeal to you – the Christ and the Queen of Heaven!

To ignore this information would be to close one's eyes, on the edge of the precipice, at the risk of being crushed to death. Is that what you want? Then read carefully, absorb and, opening the eyes of your Heart, draw your own conclusions.

#### CONTENTS:

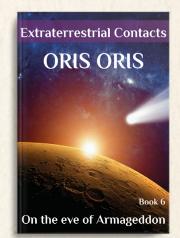
On the Eve of Armageddon

Second Message of Christ, Lord Maitreya

Commandments of Christ

The Word of the Queen of Heaven to the Adam's family

Oris's answers to the questions of the Swiss group of Star-Born



#### Book 7. «The beginning of Armageddon»

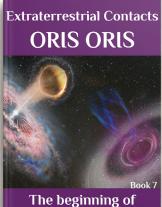


Yalta, September 1998 Pages:

The beginning of the Age of Aquarius. Nostradamus wrote: «I see a reborn and renewed Christ coming. And then there will come a long peace, unity and harmony among the generations of several races».

The process of division of people depending on the quality of their Consciousness has already begun rapidly around the world. It will soon lead to the final separation of mankind not by national, religious or party affiliation, but by the quality of their spiritual vibrations. People had more than enough time to change their lives for the better. But now there is no time even for a reflection.

Very soon there will be the first cataclysm of an unprecedented force, which will not only change the circumference of the Earth, but will also shift its magnetic poles. The Earth's axis, which is already in an unbalanced state, will change



he beginning of Armageddon

and all this will cause continuous, endless cataclysms. Earthquakes and floods will become a common thing, and long and extensive fires will engulf the entire planet.

Today we are no longer «slipping into the abyss» or «standing on its edge», as economists and politicians reassure us; we are already flying into the abyss with great acceleration, and no one gave us wings to wave and soar upward to avoid death, or rather, God in fact did, but we have all forgotten about them.

#### CONTENTS:

The Beginning of Armageddon

Ramasanta's third Message

- Albellic's fifth Message
- Oris's answers to questions from the Swiss group of Star-Born



#### Book 8. «Quo Vadis»

Yalta, January 1999 Pages:



The crew commander of the Sirius-A starship Albellic continues to share with humanity on Earth through Oris the knowledge about the last times of the physical incarnation of the Planetary Entity and its preparation for the spiritual Transfiguration.

By answering Oris's questions, Albellic describes in detail WHAT a human being really is, what are his true capabilities and what



are his immediate prospects on this planet.

#### CONTENTS:

Quo Vadis Albellic's sixth Message Albellic's seventh Message From Oris's letters to the incarnate Star-Born

#### **Book 9. «The Word of Transfiguration»**

#### Yalta, 1999 Pages:

Holy Mother of God, save us! - This is what the prayer to the Blessed Virgin asks for. But the same people disbelieve and slander, avoid and remain indifferent when the Living Virgin herself speaks to them and tells them about the ways of

their salvation. «Hypocrites», says the Queen of Heaven to them, «get to know what Heaven looks like, and why do you not know the signs of the times? Prepare yourselves, people, as truly the day and hour of the Judgment of this world has already come».

In August Our Lady transmitted the first part of Her «WORD» through Oris, and on January 13 and 19, 1999, through the same channel She transmitted the next two parts and commanded to compose from Her «Word» a supranational «Gospel of Transfiguration», which was published as a separate book «The Gospel of Transfiguration by the Mother of God» (see below).

#### CONTENTS:

The Word of Transfiguration

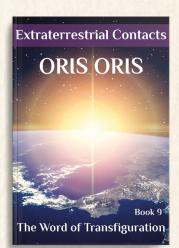
The Word of Proclamation of the Mother of God The Word of Transfiguration of the Mother of God Second Message of the Demiurge of the World From the prophecies of the end times

#### Book 10. «The New Earth»

Yalta, June 1999 **Pages:** 

After the release of previous books in this series, letters to Oris from all over Russia, Belarus, Ukraine, and after the publication of his books in German and English - from Europe, England and the United States, come in an endless stream.

Because of lack of time, the author is not able to answer all of the numerous questions asked by readers. But the more important questions are answered in





this and the following books of this series.

Also in this book the author publishes the Third Message of Christ-Maitreya on the eve of the Transfiguration of the Earth.

#### CONTENTS:

The New Earth

Third Message of Christ, Lord Maitreya Oris's Answers about the Transfiguration Immediate perspectives of humanity Physical atlas of the New Earth

Analogies of human death with Earth's Transfiguration Processes Meditative practice of working with the elements The genetic diversity of humanity Questions and answers

### Book 11. «Messages from Heaven»

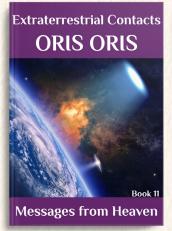
Yalta, July 1999 Pages:

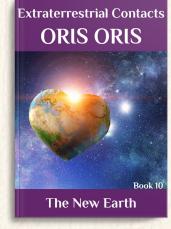
This book by Oris introduces the reader to another set of Messages from the Representatives of the Supreme Cosmic Mind on Earth - Lord Christ-Maitreya and the Commander of the crew of the Sirius-A starship Albellic.

This is the most recent material of Oris's Contacts, received by him on the eve of his departure, along with six other Star-Born, for a 44-day Meditation and purification of body (the energy conductors) with the water on the Ai-Petri Plateau.

#### CONTENTS:

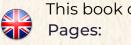
Messages from Heaven Fourth Message of Christ, Lord Maitreya Albellic's eighth message







### Book 12. «The Transmutation Diary»



This book consists of four parts.

From 7.07 to 19.08.1999 a group of Star-Born Consciousnesses under the leadership of Oris, implementing specific recommendations received from Albellic during Oris's Contacts with Him (choice of place, modes of accommodation, stay and meals, exercises, themes and methods of work in Astral, etc.), was in Crimea, on the plateau Ai-Petri, to conduct general Meditations and joint work on the Subtle Plane with Jupiterians - Intermediaries of the First Order from the Pleiadeans side.

This diary was kept by Firoxanta and thoroughly edited by Oris before publication.

About what happened to them during this period, about transmutation, about the incredible events that happened on the Ethereal Plane, you will learn from this Diary.

#### «The Transmutation Diary. Part 1»

#### Yalta, 1999

#### Pages:

Tells about the events that took place from 07.07.1999 to 19.07.1999.

#### «The Transmutation Diary. Part 2»

#### Yalta, 1999

#### Pages:

Tells about the events that took place from 20.07.1999 to 31.07.1999.

#### «The Transmutation Diary. Part 3»

Yalta, 1999 Pages: Tells about the events that took place from 08.01.1999 to 13.08.1999.

#### «The Transmutation Diary. Part 4»

#### Yalta, 1999

#### Pages:

Tells about the events that took place from 14.08.1999 to 19.08.1999.

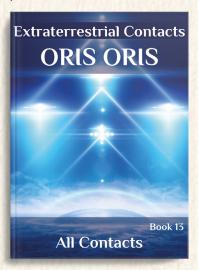




#### **Book 13. «All Contacts»**

Yalta, 1999 Pages:

Out of all the huge number of Extraterrestrial Contacts made by the author, this collection contains the most relevant Contacts, in the author's opinion.



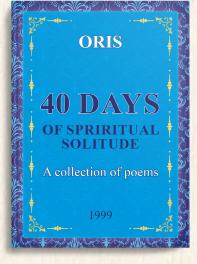
#### A collection of poems «40 days of Spiritual Solitude»

Yalta, 1999 Pages: 20

Poems presented in this collection are written by Oris during the period from the 7th of June until the 19th of August 1999, when he was on Ai-Petri Plateau with six other like-minded people, having once again taken a vow of silence and physical fasting.

This period is described in great detail in the book series consisting of 4 books under the general title «Transmutation Diary».

This book also contains an audio recording of these poems recited by Oris onto a tape recorder during this very act of Spiritual Solitude.



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### **Book series «The Gospels»**



#### «The Gospel of the Transfiguration from the Mother of God»

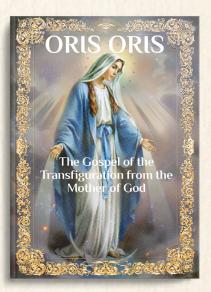
#### Yalta, 2002 Pages:

The word of the «Gospel of Transfiguration» was dictated to Oris by the Living Blessed Virgin Mary herself during Oris's meditations on January 13 and 19, 1999.

#### CONTENTS:

The Gospel of the Transfiguration from the Mother of God

The Word about enemies The Word about murmur The Word about Compassion The Word about Compassion The Word about Repentance The Word about Repentance The Word about Antichrist The Word about Love The Word about Love The Word about Antichrist The Word about Antichrist The Eve of the Last Judgment The Last Judgment The Beginning of the Last Judgment The Word of Proclamation The Crying of Our Holy Lady The Transfigured World



#### «The Gospel of the Transfiguration from the Christ»

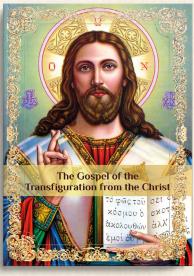


#### Yalta, 2002 Pages:

Information received by Oris during direct Contact with the Christ Consciousness on August 19, 2000 and published by him on January 7, 2002

#### CONTENTS:

God's Word about the Transfiguration God's Word about Love God's Word about Wisdom God's Word about Death God's Word about the enemy of the human race God's Word about suffering God's Word about suffering God's Word about non-judgment God's Word about Faith God's Word about Repentance God's Word to My faithful ones God's Word about the Salvation of the Soul



# 2000 - 2008

## **Book series «Working notes»**

In this book series are being published Oris's working notes made during his work on the book series called «lissiidi». Most of information outlined in these 4 books did not eventually make it into the final version of «lissiidi» series, hence it was decided to publish it separately.



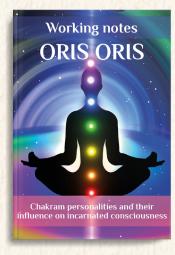
# «Chakram personalities and their influence on incarnated consciousness»

Yalta, 2000 Pages:

The author describes the essence of the concept of «Chakram personalities» and their influence on human consciousness through the psychic centers (chakras).

#### CONTENTS:

Chakram personalities and their influence on the consciousness of incarnated person Padma and flames A person's time field and the structure of his bilateral connection with chakram personalities «You will not die, but you will change» A new view on the human physical body Spiritual and cosmic essence of a human Significance of the vibrations of the tone names of the starborn for the acceleration of spiritual development Chakram meditation



#### «Muladhara chakra (Argllaamuni-lissiidi)»



Yalta, 2000 Pages:



Functionally, the Argllaamuni-center (Muladhara) is closely connected with the psychological abilities of the physical body, which provide survival of the physical body and protection of a person from unfavorable external influences. A big role in the activation of the whole immune system belongs to this lower center. Its normal functioning gives a sense of physical health, well-being, self-confidence and stability.

Imbalance and all kinds of muladhara «breakdowns» in the Aura, lead to the constant outflow of these energies and can cause a feel of insecurity, deep depression, lack of willpower, a sharp decline and energy loss, increased soreness in the lower and middle parts of the body, despondency and melancholy. This is particularly

typical for those, who have not yet opened the karmic channels of the heart center or if karmic channels of the heart center are very weakly activated, which in order to switch the person to completely higher, spiritual levels of feeling and thinking. In such cases a person loses the purpose of his Life, as if he loses his roots and, purely intuitively, following the consciousnesses of the organs and body systems, completely surrenders himself to the satisfaction of his own lower desires in order to replenish the energies of the Argllaamuni center.

# Working notes ORIS ORIS

Muladhara chakra (Argllaamuni-lissiidi)

#### CONTENTS:

Muladhara chakra (Argllaamuni-Iissiidi)

The colors, hues, and swirl sounds of Argllaamuni The influence of the chakram mantra onto the consciousness and life of a person

Influence of word and music vibrations onto consciousness

Peculiarities of the geometry of Argllaamuni space

The «Lord» of the chakram

The specifics of the relationship of an incarnate person with the fragmented consciousnesses of the Argllaamuni-Iissiidi

Qualitative Characteristics of the Levels of Fragmented Consciousnesses of Argllaamuni- iissiidi from first through seventh qualitative levels of Argllaamuni energies

Consciousnesses of the First Qualitative Level of Argllaamuni Energies Consciousnesses of the Second Qualitative Level of Argllaamuni Energies Consciousnesses of the Third Qualitative Level of Argllaamuni Energies Consciousnesses of the Fourth Qualitative Level of Argllaamuni Energies Consciousnesses of the Fifth Qualitative Level of Argllaamuni Energies Consciousnesses of the Sixth Qualitative Level of Argllaamuni Energies Consciousnesses of the Sixth Qualitative Level of Argllaamuni Energies

Work Methodology with Argllaamuni-Iissiidi Chakram Personality About the discharge of negative emotions



#### «Svadhisthana chakra (Inglimilissa-lissiidi)»

Yalta, 2000 Pages:

The weaknesses of our sex education have led to the fact that most people, even if they feel a deep sensual attraction, instead of beginning a heartfelt spiritual exploration of each other in the process of intimate interaction and accumulation of sexual energy, instead, close their heart centers and turn the unique opportunity of highly sensual admiration into a trivial sexual act.

Unfortunately, the creators of the lower-astral and dense-material types of Reality benefit greatly from the fact that the prevailing majority of people completely incorrectly and perversely understand the very essence of SEXUAL INTERACTION. Sexual interaction in fact is a spiritual intimate process which, if properly understood, contributes to a stronger contact between a person and his inner Essence and contributes to a more highly-sensual and deeply soulful manifestation of the person.

Love is the real Symbol of the Age of Transfiguration that is coming on Earth! And the mysterious «sacred key» to the Gate of Spiritual Transformation is not somewhere in the cosmic infinity and unfathomable unknown, beyond our psychic capabilities, but in fact is located quite «nearby», or rather, in our own heart center AIGLILLIA, which is filled with the highest vibrations of Love literally towards every manifested aspect of the Life around us, including the strongest of all – the sexual one.

#### CONTENTS:

Svadhisthana-chakra (Inglimilissa-Iissiidi)

Mandala of Inglimilissa and its cosmic essence

Twelve-year chakram cycles

Sex and Astro-travel

Some notes for the section «Interaction of the sexes»

Some notes for the section «Sex and the pathological features of individual physiology»

Family, Sex and Spiritual Development

The technique of sexual-hearty transmutation of chakram energies

Sexual transmutation without a partner

Sexual transmutation with any partner

Sexual transmutation through watching erotic movies

Sexual transmutation with a loved one

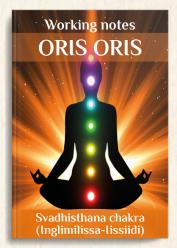
A brief description of the main qualities of fragmented Consciousnesses Inglim-

ilissa-Iissiidi from first through seventh Energy-Informational Levels of Realities of Inglimilissa-Iissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the FIRST Energy-Informational Level of Realities of Inglimilissa-Iissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the SECOND Energy-Informational Level of Realities of Inglimilissa-Iissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the THIRD Energy-Informational Level of Realities of Inglimilissa-Iissiidi



A Brief Characteristic of the Basic Qualities of Fragmented Consciousnesses of the FOURTH Energy-Informational Level of Realities of Inglimilissa-Iissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the FIFTH Energy-Informational Level of Realities of Inglimilissa-lissiidi

A Brief Characteristic of the Basic Qualities of the Fragmented Consciousnesses of the SIXTH Energy-Informational Level of Realities of Inglimilissa-lissiidi

A Brief Characteristic of the Basic Qualities of Fragmented Consciousnesses of the SEVENTH Energy-Informational Level of Realities of Inglimilissa-lissiidi

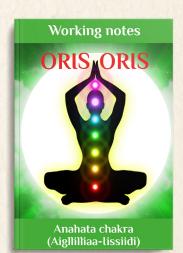
Methods for sustained alienation of self-embedded Chakram Consciousnesses from own astrosome

#### «Anahata chakra (Aigllilliaa-lissiidi)»



Yalta, 2000 Pages:

Oris describes his reflections about the so-called Anahat states and deepens the concepts of Kindness and Love, revealing their different shades depending on the presence of a greater or lesser selfish component in each of such manifestations.



### **Book series «ISSIIDI»**

This series of books, from the first to the last pages, includes the most unique in meaning and the most important information, accepted by Oris after the year 2000 during his next direct Contacts with the Creators of Humanity: Algellis (Argllaamuni and Inglimilissa iissiidi centers), lillgmmii-I, (Aigllilliaa and Orlaaktor iissiidi) Lua-Andis (Ulgluu and Ssaassfati iissiidi), Greyli-Vin (Olgoolloni and Aani Iissiidi), Slliargsmiii (Raaklima and Uluuguma Iissiidi), Sslaaiingsa (Svaagali and Eyyaaa Iissiidi) and Ssniillgsa. These Cosmic Entities represent personal Interpretations of Oris at the levels of the collective Subconsciousness, Supraconsciousness, Ultraconsciousness, Superconsciousness, Hyperconsciousness, Proconsciousness and Protoconsciousness ness. The detailed Knowledge of such a high Buddhist level, for many evolutionary reasons, has never before was accessible to humans or even the spiritual Initiates of the 3-4 Planetary Initiations.

Only because of the spiritual transformations which have intensively begun on Earth and because of the preparation of the collective Consciousness of mankind for the act of Transfiguration this Knowledge is now being transmitted to those of earthmen who are ALREADY spiritually mature for its proper understanding and comprehension and who are eager to use it to continue their further Path of mastering and accumulating the entire experience of incarnated earthly existence as swiftly and as effectively as possible.

In none of the astral or written sources on our planet there is even a mention or a distant analogy of this Teaching, because the degree of admission to it requires from the spiritual seeker an active self-discovery and prolonged experience of conscious existence at the causal-buddhich level, as well as an experience of being outside the physical shell for long time.

Oris deliberately integrated all the Knowledge he received - the «Teaching about chakram personalities» - only onto the highest ajna-vishuddha levels of the collective Consciousness of the planet, because further adaptation of these highly spiritual codes to the generally accessible understanding would lead to a significant decrease in their degree of authenticity. Therefore this information can be productively assimilated only by people with actively developed over diaphragmatic psychic centers. For them and ONLY FOR THEM the Spiritual Teachers from Pleiades transmit this newest spiritual Teaching.

# Book 1. «The teaching of what does not exist, but what is the most real»

Yalta, 2001 Pages: 159

#### CONTENTS:

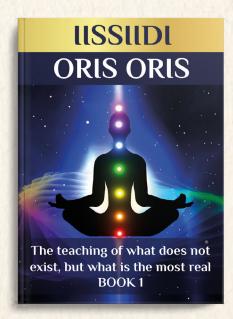
From the author Illusions and metamorphosis of the Universe Objective realities of the Earth «There is a lot of us, but we are one» Chakrams of the Soul The twelve energy-informational levels Twelve types of Energy-Matter The twelve main Chakrams Spiritual-synthesizing role of Kundalini energies The Cosmic-transforming essence of the «Nadi» channels

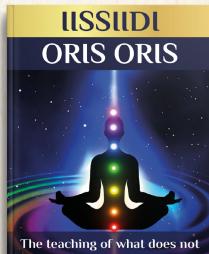
# Book 2. «The teaching of what does not exist, but what is the most real»

Yalta, 2003 Pages: 137

#### CONTENTS:

The Spiritual-Cosmic Essence of human Chakram personalities and their influence on human Consciousness Padma and flames





exist, but what is the most real BOOK 2

# IISSIIDI. «The teaching of what does not exist, but what is the most real». Dictionary

Yalta, 2003 Pages: 150

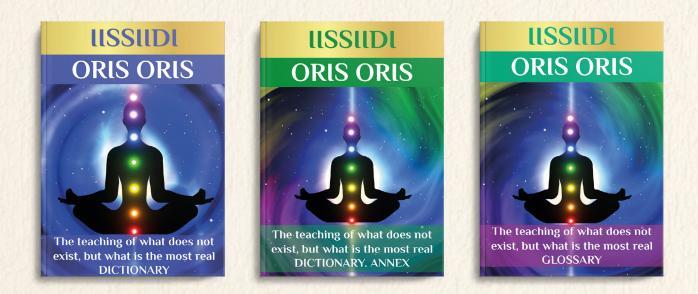


# IISSIIDI. «The teaching of what does not exist, but what is the most real». Dictionary. Annex

Yalta, 2003 Pages: 55

IISSIIDI. «The teaching of what does not exist, but what is the most real». Glossary

Yalta, 2003 Pages: 25



### «The Great Message»

In 2006 two volumes of Oris's books were published, reflecting the results of his further Contacts with the Teachers of Humanity, which represent the highest personal Interpretations of his Ultraconsciousness and Superconsciousness, under the general title «The Great Message». Its contents marked the beginning of the creative stage of work with information of a principally new, more qualitative level.

As a result of numerous answers to reader's questions on the materials of these volumes a new series of books «Immortality is accessible to everyone» was published as part of the lissiidiological Knowledge - the newest spiritual-cosmological conceptions about the Universe and the human being.

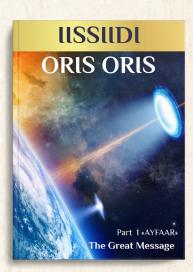


#### The Great Message – Part 1 «AYFAAR»

Yalta, 2006 Pages: 507

#### CONTENTS:

Connecting Consciousness to the «IISSIIDI Teaching» Illusions and metamorphosis of the Universe DDIIUYYI (The Universe) The energy-plasmic and space-time structure of the Universe Ayfaar (The Higher Intelligence of the DDIIUYYI) TLAASSMA-A (The Cosmic Spirit) SSMYIYSMAA-A (The Cosmic Spirit) GOOLGAMAA-A (The Soul-Analogue» of Cosmic Spirit) LLUU-VVU («human personality»)

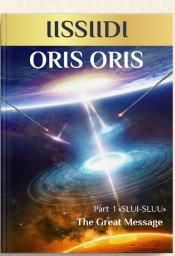


#### The Great Message – Part 2 «SLUI-SLUU»

Yalta, 2007 Pages: 498

#### CONTENTS:

Connecting Consciousness to the «IISSIIDI Teachings» Illusions and metamorphosis of the Universe Universal Cosmic Laws All-Unity of Multiplicity Individual Forms of creative «personalities» SLUI-SLUU, realized through IISSIIDI-Centers of AIY-YYA Cosmic Classification of the Forms of Creative Realization AIY-YYA Brief Characteristics of Some Forms of Creative Realization of LLUU-VVU Brief Characteristics of Some Forms of Creative Realization of AIY-YYA LLAA-GRUAA, FFLATTMA, and GLOA ILLGRII-TO-O LAANGH-KRUUM, UUN-GLIIRIDA, OOL-GOO-LTR



### **Book series «My Covenant»**

(New title - Volumes 7 and 8 of the series «lissiidiology Fundamentals») Pages: 1,469

From 2001 to 2022 Oris has written over 1600 song lyrics to popular tunes of the 20th and 21st centuries. The first 555 songs were combined in two collections called «My Testament». The lyrics of all subsequent songs are published on the Ayfaar Songs website <u>ayfaarpesni.org</u>.

These songs tune to a positive perception of life circumstances, an altruistic way of life and unconditional love for everything, as well as a deep understanding of the fact that everything that happens to a person as a good thing.

#### My Covenant 1

Yalta, 2002

#### CONTENTS:

A word from the author Texts to the most popular songs of the 20th century Let's Sing a Song in Love and Light! Songs that revive the Star Memory Let the Songs of Ayfaar be heard!



#### My Covenant 2 Yalta, 2002

#### CONTENTS:

Preface Texts to the most popular tunes of the 20th century Songs that revive the Star Memory Let the Songs of Ayfaar be heard!



# 2009 - 2022

# Book series «lissiidiology»

From 2009 to the present, Oris has been working on the book series called «lissiidiology».

This series consists of the following books:

- · lissiidiology Fundamentals (Volumes 1-6)
- Texts of Ayfaar Songs (Volumes 7-8, previously published under the general title «My Covenant»)
- Dictionary of terms (Volume 9)
- «Immortality is Available to Everyone» (Volumes 10-15),
- «Commentaries to the Fundamentals» (vols. 16-20), which were compiled from the author's written answers to reader's questions
- «Kollokviums on Fundamental Concepts» (volumes 21-22), compiled from the author's oral answers to various lissiidiology questions

This book series is being continually updated with new Oris's answers to reader's questions, which are being subsequently formed into new lissibility volumes or added to existing volumes according to their subject.

This series of books reflects the author's latest iissiidiological insights, which deepen, expand and supplement the information published in the previous book series «lissiidi».

# IISSIIDIOLOGY

# Volume 9. Glossary of terms

Moscow, 2010 Pages: 725

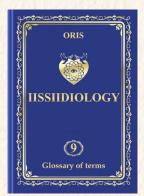
IISSIIDIOLOGY terminology has its own individual specificity of spelling.

Also, each of the terms includes a much deeper meaning than might seem at first glance, because it is rooted in more qualitative levels of this Knowledge, which, without sufficiently developed extrasensory abilities, is not yet available for access to the current creative dynamics of the Self-Consciousness of an average person.

This publication contains only short vocabulary articles to facilitate the process

of understanding the material, at least at the most elementary level. More detailed information on each of the terms can be found in other lissiidiology books.

Some terms are very difficult to describe and have absolutely no analogues in the habitual human associative perception, so it is an extremely difficult task for the Author to formulate a dictionary article within the limits of an ordinary person's comprehension.





### Volume 10. Immortality is accessible to everyone. «Fundamental Principles of Immortality»

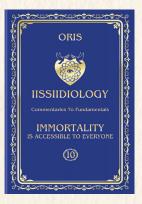
Moscow, 2010 Pages: 521

In this book, Oris continues to give full answers to inmost and fundamental questions of cosmic and human existence: about Earth and universal destinies, the nature of life and death, Soul and God, good and evil, about our relations with one another, the nature of Space-Time and how the entire visible and invisible-to-us reality is formed. The Universal Knowledge given by Oris offers the fundamentals of a new and unique world view for all of us. It allows us to penetrate the mystery of eternal existence to an extent inaccessible before, reasonably and substantially solving the problems therein, offering convincing answers which are not available in any religious world view, philosophical movement or scientific theory. Oris's Information expands the limits of human experience and perception literally to infinity!

### CONTENTS:

Preface. About IISSIIDIOLOGY Editor's Foreword Proofreader's Foreword

- SECTION I. Fundamental principles of Immortality in the system of «personalized» Perception
- SECTION II. The newest spiritual-cosmological Conceptions of the Universe and the human being



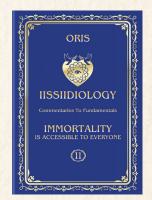


- SECTION III. A brief description of the main principles of energy-information structuring of multidimensional creative dynamics of the variable ethereal component of LLUU-VVU-Forms
- SECTION IV. The newest Conceptions of dynamics of energy-information structures of Creation
- SECTION V. Each of us has a great number of Destinies
- SECTION VI. Peculiarities of functioning of space-time and energy-information structures of «personalized» Self-Consciousness

### Volume 11. Immortality is accessible to everyone. «Energy and biological mechanisms of refocusings of Self-Consciousness»

*Moscow, 2010* **Pages: 6**91

In the first Chapter of Volume, Oris describes in detail functioning of Formo-Creators of the brain, how the memory is accessed, how biological structures of the brain are associated with energy-informational structures of Self-Consciousness, how various Self-Consciousness Levels are differentiated and reprojected at the moment of so-called «Death». This Chapter also describes functioning of «the intestinal brain», how it becomes possible to cure at a distance (the technique of ethereal projection), gives the meaning of the esoteric term the «Astral Plane» from the point of view of lissiidiology.



The second Chapter tells us that biological Forms can exist in different Continuums and explains the interrelationship between our lifespan and quality of active Levels of our Self-Consciousness. It also provides information on the following subjects: it is possible to «live one's Life many times» in higher-quality scenarios, cycles of changing male and female manifestations within the structure of a multidimensional human Form, physical principles of organization of higher-frequency levels of the Universal Reality with a detailed description of the nature of boson and fermion fields, and types of particles that are carriers of such interaction.

#### CONTENTS:

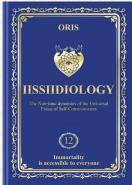
#### Preface

- SECTION VII. Objective mechanisms of a phenomenal manifestation of the Illusion of «Death» of any «personality» in the dynamics of Formosystems of the Worlds
- SECTION VII. Duration of existence of «a human personality» as the continuous dynamics of manifestation of different-qualitative NUU-VVU-Forms in Space-Time

### Volume 12. Immortality is accessible to everyone. «The Noo-time dynamics of the Universal Focus of Self-Consciousness»

Moscow, 2011 Pages: 733

Volume 12 is devoted to the diversity of the Self-consciousness manifestation forms in the infinite variety of the Form-Systems of the Worlds. Tell me, what do you know about the universal properties of Space and Time? About the illusory nature of our existence? About the Essence of «development» of each «personality»? It's not easy to answer any of these age-old questions.



But Oris, with all possible detail and thoroughly, goes on to answer not only these, but many other equally urgent and vital questions that trouble us and compel every seeker to learn, to give up something, and to gain something...

### CONTENTS:

SECTION IX.	Possibilities of extending Life through another Form
SECTION X.	UU-VVU and Stereo-Types of LLUU-VVU-Forms
SECTION XI.	Interrelationships of a «personality», UU-VVU-Forms and
	their Form-Copies in the Form-Systems of Worlds and OL-
	LACT-DRUOTMM-Systems

### Volume 13. Immortality is accessible to everyone. «Psychogenetic conditionality of the manifestation of the «human» form»

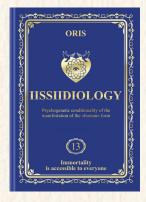
Moscow, 2011 Pages: 700

In the 13th volume of the commentaries, Oris answers the vital questions of mental and physical health, medicine, psychology, psychiatry, genetics, somnology, pharmacology, and reveals the psychogenetic features of the manifestation of the «human» Form.

Our biological Existence is a continuous process - when we feel, think and experience something, we immediately become part of those groups of the Worlds, Realities and Continuums whose synthetic dynamics correspond exactly to the quality of these infinite processes.

### CONTENTS:

- SECTION XII. The influence of the fear of «Death» on the effectiveness and quality of Self-Consciousness Refocuses
- SECTION XIII. The different-qualitative Dynamics of the Form-Creators of Self-Consciousness is the main Principle of Refocusing

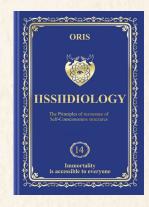


SECTION XIV. Form-copies, UU-VVU conglomerates, factor Axes and DNA SECTION XV. The experience of subjective experience of «terminal» illnesses, preagonal states and dreams

### Volume 14. Immortality is accessible to everyone. «The Principles of rezonance of Self-Consciousness structures»

Moscow, 2011 Pages: 798

In this volume the author allows the reader to delve into the subtlest and most complex mechanisms of its manifestation details of synthetic formation processes not only in the three-dimensional range of Energy Plasma, but also in all the multidimensionality of energy-information structures of the universe.



Every reader with an inquisitive mind and an appetite for knowledge will discover the mysteries of the physical laws of our material

reality and the mechanisms of dimensional formation of spatial and temporal structures of the inertial ranges of the universe.

#### CONTENTS:

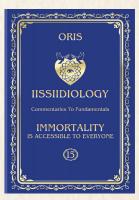
SECTION XVI.	The synthetic dynamics of Thought-Forms, Sense-Forms, and SFUURMM-Forms (unstable Karmo-Forms)
SECTION XVII.	Influence of causal processes of Self-consciousness onto the dynamics of the manifestation of the Forms of the surround-ing reality
SECTION XVIII.	GLEIIYO- and UDDVOO-types of dimensions, Worlds, their an- tipodes and «anti-Worlds»



### Volume 15. Immortality is accessible to everyone. «The Conscious Path to Human Worlds of «personal» Immortality»

Moscow, 2012 Pages: 648

«The Conscious Path to the Human Worlds of «personal» Immortality» - this is the name of the new volume from ORIS book cycle «Immortality is accessible to everyone». At first glance, this may seem like an invitation to a philosophical contemplation. But by appealing to his devoted readers, the author hopes for the consideration and perception of this issue in a broader or, if you like, deeper understanding. Philosophical concepts offer to us only sensory-contemplative,



mostly associative images regarding a particular issue. The author, however, presents in this work, as a logical continuation of previous volumes, a detailed consideration of the practical prospects for the development of a personality into a true Human, who explores his own spirituality.

In addition to the mechanisms of working with own Self-Consciousness, which will lead people as Humans to «personal» conscious Immortality, ORIS describes the «Worlds of our Future», the prospects for the manifestation of the coming times. And in order for everyone to develop an understanding of their own Path, a comprehension of the choice of their spiritual development, the author not only describes «bright» prospects, but also specifies in detail the obstacles that each of us may face and, by not noticing or not determining the nature of which, to unconsciously, under the influence of particular reasons, deviate from the development in the Human direction.

With the help of this book, you will be able to determine the qualities that are truly inherent in people, and you can finally figure out how to form in yourself these qualities that are truly Human - with a capital letter. Having experienced what a highly sensual Intellect is, you will then understand why only with the help of highly intellectual Altruism you can find the Path to the cherished Goal of your spiritual future!

#### CONTENTS:

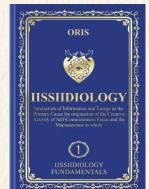
SECTION XIX.	Obstacles on the path of realization of «individual» Immortality
SECTION XX.	The Specific States of uoldmiism (high-sensual Intellect) and stoollmiism (High-Intellectual Altruism) synthesized in the Hu- man (Iluuvvumic) development Direction
SECTION XXI.	Specificities of Iluuvvumic transformation of human features
SECTION XXII.	Our «future» Worlds. Perspectives of the approaching times



# Volume 1. lissiidiology Fundamentals. «Interaction of Information and Energy as the Primary «Interaction of Information and Energy as the Primar Cause for origination of the Creative Activity of Self-Consciousness Focus and the Macrocosmos in whole»

Moscow 2013 Pages: 312

This book presents the beginning of an overall 20-volume information series titled «The Great Message», which consists of «IIS-SIIDIOLOGY. Fundamentals», «Commentaries to Fundamentals» and author's Song lyrics with a highly-spiritual content written to popular and all-loved melodies.



From the very beginning, the author pinpoints the reader's atten-

tion upon fundamental notions of IISSIIDIOLOGY starting from basic, axiomatic Conceptions. The book contains the newest interpretation of formation of the outer reality based on the Self-Consciousnes's Focus Dynamics as the main functional mechanism of the Macrocosmo'ss Creative Activity. A detailed comparison of the author's hypotheses with existing scientific conceptions allows to draw parallels with the current worldviews about nature, space, time, energy and to find the ways for their radical transformation and potential development.

In this volume, the author introduces the conceptual foundation necessary for an adequate understanding of all other IISSIIDIOLOGY books of this series. Hierarchy of Self-Consciousness Levels, dimensional differentiation of manifestation Forms, classification of elementary (and other) particles as structural components of the Universal Plasmic-Differentiation Emission, information theory of the formation of Energy in the Macrocosmos are described in order to form necessary notions that will serve as the basis for further more complex iissiidiological Categories: Universal Cosmic Laws and their Principles, Diapasons of Plasmic Forces, Evolutional and Involutional Branches of development, and many others. The first volume of Fundamentals is the required minimum for any reader who wants to thoroughly study iissiidiological conceptions.

#### CONTENTS:

Intuition and its role in scientific cognition

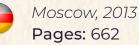
lissiidiology, its goals, objectives and perspectives in the development of humankind

Author's Foreword

SECTION I. Integral concepts that form the basis of lissiidiological Notions

- SECTION II. The multilevel structure of Self-Consciousness
- SECTION III. Energy and different-qualitative Levels of manifestation of Self-Consciousnesses Forms that form various types of «materiality» (...doollses — waves — flakses...)
- SECTION IV. Energy-Plasma as a transcendental basis of interaction between Energy and Information within the structures of the Macrocosmos

### Volume 2. lissiidiology Fundamentals. «Cosmic Qualities as the Basis for energy-informational manifestation of all the Form-systems of Macrocosmos»



Many scientists may consider this volume of «Fundamentals of IISSIIDIOLOGY», as well as all the other books of this twenty-volume series titled «The Great Message», no more than «science fiction» — each of us has the right to believe in what is the most convincing. However, every intelligent person who possesses at least

the rudiments of cognitive intuition can discover in this information those more Qualitative characteristics of the objective truth, thanks to which continuous eglleroliftive Amplification of all Self-Consciousnesses Forms is carried out.

Catastrophism periodically appearing in the process of human self-cognition is always accompanied by the radical breaking of many old Conceptions, which by its radicalism surpasses greatly all theoretical forecasts. Fanatical belief in dogmas and postulates established once, as well as the clear tendency for idolatry — these are obvious characteristics of degradation and regression that converge modern academic science with paganish religion. Yet, the eglleroliftive Amplification process and harmonious evolution both of a separate personality and human population in general is impossible without breaking down old stereotypes and establishing — on the basis of deep cognition of Wisdom of previous and future generations — much more universal conceptions about ourselves and our surrounding reality.

This uneasy, but grandiose on its depth and scale Task of prompt and Qualitative transformation of human community is assigned by the Evolution Itself to the universal knowledge of IISSIIDIOLOGY, absolutely new to people, which is received for the first time and entirely by one person only by means of the intuitive way of cognition. We offer you to find out more about its newest fundamental Conceptions in the second volume.

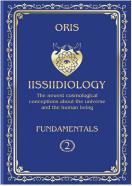
Besides, the IISSIIDIOLOGY offers to Collective Consciousness of humankind a totally new paradigm that gives new and fresh view of the multitude of clinical phenomena studied by psychotherapists. It gives a theoretical model for understanding the changes in the mentality of a patient and the hope on clarifying mechanisms of effectiveness of psychotherapeutic method.

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# Volume 3. lissiidiology Fundamentals. «Variety of Forms of Creative Realization of the Cosmic Human»

Moscow, 2014 Pages: 780

The third volume of «IISSIIDIOLOGY Fundamentals» allows readers to go deeper into yet completely unexplored by us structures that provide functioning of human Self-Consciousness and its interconnections with Self-Consciousnesses Forms focused by it. First two volumes of «IISSIIDIOLOGY Fundamentals» thoroughly describe the deep Nature of Causes and Mechanisms of Creative Activity of everything manifested in multidimensional and different-Qualitative Macrocosmos, including also qualitative Basis of Focus Dynamics of Form-Creators of Universal Structures. The third volume in its turn focuses on the detailed description of basic Principles of exhiberation of Human and other Self-Consciousnesses Forms in all the diversity of different-dimensional diapasons of the Tertiary Illusion.

To allow the reader to fully comprehend the essence of the notion «Self-Consciousness Form,» the author describes realization functions of these structures at the example of subjective formation — as a result of life creativity of every personality — of so called personalistic Worlds, which goes far beyond existing scientific notions about the surrounding reality and peculiarities of interaction between Forms structuring it, whether it is a human, a planet, or an elementary particle. Furthermore, he describes different-dimensional variety of Forms of Iluuvvumic Direction of development and characteristics of focal realization of Humankind Collective Cosmic Intelligence as a unified the LLUU-VVU-Entity.

The third volume ends with a detailed description of multi-level manifestation of Plasmic Forces Diapasons of our Universe, which are described from a position of their subjective interpretation through the specific peculiarities of human Perception systems. Endless inner transformations of Universal Illusion, as mechanisms of evolutional growth of the Cosmic Human on its Way to its Universal Future, lets inquisitive readers to form in their Self-Consciousness own highly intuitive conceptions about endless varieties of all possible variants of development, where goes the process of eternal multidimensional Existence of every human personality.

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# Volume 4. lissiidiology Fundamentals. «Structure and Laws of implementation of Macrocosmos skrruullerrt system energy-informational dynamics»

Moscow, 2015 Pages: 748

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In the beginning of the volume, the author recalls generation principles and mechanisms of the human subjective Realities, explains interconnections between the Tertiary and the Secondary Illusions Form-Creators, while describing thoroughly Fields-Consciousnesses structure, defines birvulyarity and its Qualitativeness types conception. The main part of the volume is devoted to description of the Reasons and principles of the Universe Cosmic Entity Focus Dynamics, various energo-informational structures of Its Self-Consciousness, and also to disclosure of SFUURMM-Forms human-type realization process and Form-Creators Focus Dynamics amplificational aggradation process.

This volume concludes with summarizing, integration of everything described

— with Information about Universal Cosmic Laws and Their Principles providing fundamental basis for generation of all Self-Consciousnesses Forms in Macrocosmos Tertiary, the Secondary, and the Primary Illusions.

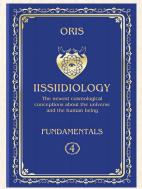
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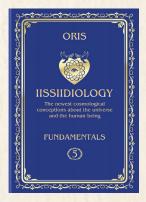


# Volume 5. lissiidiology Fundamentals. «Basic creative possibilities of the realization of lluuvvumic Creators in mixtum NUU-VVU Forms»

Moscow, 2017 Pages: 791

Thoughtful study of this material allows the reader to get a more objective idea of the material basis of idealism by developing, in particular, quantum theory of

Consciousness on the example of «microtubule concept». The reader will also learn about chakram determinacy of Focus Dynamics of all Self-consciousness Forms, will get an understanding of primary connections of thought formation, will get unique information about informational-energy conditionality of ontogenesis and embryogenesis, pathogenesis in general and hereditary diseases in particular, and finally will discover the universal etiological model of one of the most complex human feelings - the feeling of love.



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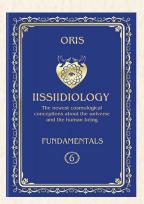
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### Volume 6. lissiidiology Fundamentals. «Bioenergy processes of Self-Consciousness Focus Dynamics formation»

Moscow, 2017 Pages: 772

This new volume of the series «lissiidiology Fundamentals» is a reasonable consequence of consideration of biological mixtum NUU-VVU-Form-Types that was started in the previous volume. For our deeper understanding, it draws our attention even more at iissiidiological approach to the matters, which are related discretely by contemporary scientific community to philosophic anthropology in general and to behavior theories of personality in particular.



At more objective, transcendent, gabitual (primordial, objectively deep) discussion, it becomes clear that the given material leads a reader maximally to objectivization of own conceptions about relations among personalized, unconscious, and subconscious levels of Self-Consciousness at the background of developing invizusal (imperceptible by our sensor systems and measuring devices) mechanisms of anatomy and brain neurophysiology, accompanied by dominant dynamics of the first IISSIIDI-Centers pair.

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### Volume 16. Commentaries to lissiidiology Fundamentals. «Self-development»

Crimea, 2018 Pages: 535

This volume contains Oris's written answers to reader's questions on the subject of spiritual self-improvement.

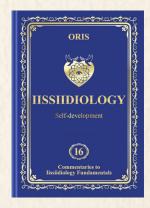
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# Volume 17. Commentaries to lissiidiology Fundamentals. «Biochemistry of mixtum Forms»

Crimea, 2018 Pages: 275

This volume contains Oris's written answers to reader's questions about the biochemistry of physical human forms.

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### Volume 18. Commentaries to lissiidiology Fundamentals. «Cosmological aspects of lissiidiology»

Crimea, 2018 Pages: 404

This volume contains Oris's written answers to reader's questions about the cosmological aspects of lissiidiology.

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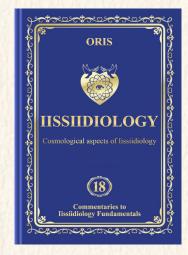
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### Volume 19. Commentaries to lissiidiology Fundamentals. «Cosmic evolution of human»

Crimea, 2019 Pages: 619

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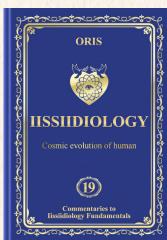
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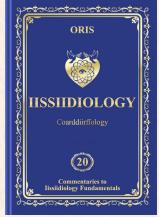
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# CONTACTS

#### **Orisoris.com**

Here you will find all Oris's books in all available languages and formats which can be downloaded for free.

On this website you can also ask the author himself any question in relation to any information mentioned in his books.

#### Ayfaar.org

This website is dedicated to the overview of the Spiritual Idea of building the Human Community based on Iissiidiological Knowledge and building many «Ayfaars» on Earth.

#### Ayfaarpesni.org

The website "Ayfaar Songs" which are written by Oris cultivate highest Human qualities in the most educated people, and promote effective Spiritual self-development. Ayfaar Songs are the second part of the Iissidiological Knowledge and greatly assist in its productive study.

As at the end of 2022 Oris has written over 1600 songs.